

## Species specificity of an adrenal androgen-mediated kill-switch triggered by p53 inactivation

Jonathan W. Nyce

Advanced Canine Genetic Testing,  
Collegeville, PA, USA

### Abstract

Glucose-6-phosphate dehydrogenase (G6PD) is an oncoprotein that is regulated by the p53 tumor suppressor. Mutant p53 loses the ability to inhibit G6PD, and loss of G6PD control clearly plays a role in oncogenesis. The steroid hormone precursor dehydroepiandrosterone (DHEA) is an endogenous uncompetitive inhibitor of G6PD. In humans, and a few other species, the sulfated circulatory form of DHEA (DHEAS) is present at extremely high concentrations – much higher than can be accounted for by DHEA's function as a precursor to steroid hormones. Uncompetitive inhibition is extremely rare in natural systems because it is irreversible in the presence of high concentrations of substrate and inhibitor. What has gone unappreciated is that such uncompetitive inhibition can quickly lead to cell death when the target is an obligatory housekeeping gene such as G6PD. Cells with inactivated p53 not only lose control over G6PD, but also over hexokinase (HK), the enzyme that converts glucose into glucose-6-phosphate (G6P), the substrate of G6PD. Furthermore, loss of p53 function de-represses NFκB activity, resulting in the upregulation of steroid sulfatase (SS) which converts circulating DHEAS into active DHEA. We propose that inactivation of p53 rapidly elevates G6P and DHEA concentrations in affected cells, driving uncompetitive inhibition of G6PD to lethal irreversibility. In animals with circulating DHEAS, this *kill-switch* mechanism may prevent most cases of p53 inactivation from becoming tumorigenic. Tumors would thus represent instances in which this mechanism had not been triggered, but which might still be triggered by application of DHEA sufficient to uncompetitively inhibit tumor G6PD. To test this hypothesis, we performed a pilot study in which dogs with cardiac hemangiosarcoma were treated with high dose (HD) DHEA supplemented with isoprene precursors to maintain geranylation of Rac GTPase. Tumor regression and longevity observed in these dogs supported the concept that some tumors retain extraordinary sensitivity to uncompetitive inhibition by DHEA.

### Introduction

Primates are distinguished from most other animals by undergoing adrenarche, a developmental phase in which secretion of large amounts of DHEA heralds the onset of puberty. Adrenarche coincides with the development of the *zona reticularis*, a thin layer of tissue in the adrenal gland the sole function of which appears to be the synthesis of DHEA. The *zona reticularis* expresses high levels of CYP 17 required to synthesize DHEA from pregnenolone, and steroid sulfotransferase, which produces DHEA sulfate (DHEAS), the circulating form of DHEA. Due to the lack of 3β-hydroxysteroid dehydrogenase (3βHSD), which is necessary to further metabolize DHEA to androstenedione and androstenediol—the proximate precursors of testosterone and estrone synthesis— DHEAS is secreted from the adrenal gland into the circulation.<sup>1</sup> Circulating DHEAS is then transported into the testes and ovaries and a variety of peripheral tissues by the action of organic anion-transporting polypeptides (OATPs); thereafter, steroid sulfatase converts DHEAS into active DHEA. In sex steroid generating tissues, 3βHSD activity then converts DHEA to androstenedione and androstenediol; subsequently, aromatase, 17β-HSD and steroid 5α-reductase further convert these ultimate precursors to 17β-estradiol, testosterone and 5α-dihydrotestosterone, respectively. In the cytoplasm, the receptors for these sex steroids are bound to heat shock proteins that prevent their translocation into the nucleus. Testosterone and estrogen bind to their respective steroid receptors, effecting a conformational change in the receptors that causes heat shock proteins to release and diffuse away. The steroid bound receptor then transports into the nucleus, where it functions as a transcription factor. Following adrenarche, peripheral tissues such as the mammary gland in females and striatal muscle in males respond to activated steroid receptor, and cascades of gene expression changes bring about the secondary sexual characteristics associated with puberty. All during life in humans, the adrenal secretion of DHEAS and its conversion in peripheral tissues to DHEA by steroid sulfatase, permits tissue-specific synthesis of the appropriate intracellular amounts of DHEA required by cells. As noted above, in some tissues, DHEA is converted to sex steroids.<sup>2</sup> But the extremely high levels of circulating DHEAS in humans and some other long-lived primates far exceeds that required for sex steroid synthesis. Thus, the reason underlying such extraordinary levels

Correspondence: Jonathan W. Nyce, Advanced Canine Genetic Testing, 399 Arcola Road, P.O. Box 26219, Collegeville, PA 19426-3998, USA.  
Tel: +1-484-255-1319.  
E-mail: nyce.jonathan@acgt.us

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Conflict of interest: Professor Nyce is among listed inventors on several pending and issued patent applications on ACGT 011.

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of circulating DHEAS remains a mystery. Circulating levels of DHEAS are higher in males than in females in humans and chimpanzees, and decline with age in humans and chimpanzees.<sup>3,4</sup> Such age-related decline appears to be the result of a decrease in the number of functioning cells within the *zona reticularis*. This decline in circulating DHEA is associated temporally with an increase in risk in humans for such age-related diseases as cancer. A corresponding age-related decline in immune function also occurs, known as immuno-senescence. DHEA is known to stimulate the innate immune system,<sup>5</sup> and acts as a general counterbalance to anti-inflammatory glucocorticoids.<sup>6</sup> As humans age, an imbalance in the Hypothalamic/Pituitary/Adrenal (HPA) axis occurs such that the DHEA to cortisol ratio dramatically decreases, contributing to immuno-senescence and degrading the immune surveillance that keeps most cancers at bay for the first two-thirds of the human lifespan.<sup>7</sup> As we shall discuss below, high circulating levels of DHEAS may serve an even more fundamental anti-cancer role as a back-up for p53 tumor suppressor function, such that most instances of p53 inactivation may be prevented from leading

to malignancy.

DHEA and DHEAS are also synthesized in the brain, where they function as neurosteroids. The neurogenic effects of DHEA and DHEAS were first reported by Roberts *et al.* who demonstrated that when dissociated rat brains growing in culture were exposed to either DHEA or DHEAS, prominent increases in the numbers of neurofilament-positive neurons and glial fibrillary acid protein-positive astrocytes were observed, with extensions of the processes of both types of cells.<sup>8</sup> Compagnone and Mellon extended these results, demonstrating that the developmentally regulated, region-specific expression of CYP17 in the rat embryo is involved in brain development. Thus, CYP17 is expressed in neurons of the cortical sub-plate, a region involved in the guiding of thalamic fibers to their cortical targets. Compagnone and Mellon demonstrated that, in cultures of neocortical neurons of embryonic 16.5 day rats, DHEA selectively increased the length of neurites containing the axonal marker Tau-1, and the incidence of varicosities and basket-like process formations, whereas DHEAS selectively increased the length of neurites containing the dendritic marker MAP-2.<sup>9</sup> In humans, also, DHEA appears to shape amygdala-dependent cortical plasticity as measured by functional magnetic resonance imaging studies.<sup>10,11</sup>

### DHEA supplementation in clinical and epidemiological studies

As described elegantly by Labrie and Labrie, while synthesis of androgens and estrogens have an evolutionary history that is several hundred million years old, the advent of high levels of circulating DHEAS is a recent evolutionary event, originating primarily in primates and a very few other mammalian species about 20 million years ago.<sup>12</sup> DHEAS can circulate in high concentrations systemically because it is *safe*, essentially inactive as a steroid, and yet can be rapidly transformed into DHEA and then into steroids on an *as needed* basis in various peripheral tissues. This evolutionary advance has been mimicked in certain treatments for menopausal women in whom circulating DHEAS levels are sub-normal. For example, the U.S. Food and Drug Administration has recently approved an intravaginal suppository form of DHEA for the treatment of women experiencing dyspareunia, a symptom of vulvar and vaginal atrophy due to menopause.<sup>13-</sup>  
<sup>15</sup> In this way, providing local DHEA at the site where it is needed overcomes the sub-normal levels of DHEAS present in some post-

menopausal women, and avoids the potential risks of estrogen exposure to other tissues.

Clinical supplementation with oral DHEA has also been shown to improve fertilization results in women with Diminished Ovarian Reserve (DOR). In a double-blind randomized, placebo-controlled clinical trial, Zhang and colleagues demonstrated that DHEA administration significantly improved embryo score in infertility patients with DOR, as compared to controls<sup>16</sup> (but see also Yeung *et al.*<sup>17</sup>). In a double-blind, placebo-controlled clinical trial of the use of oral DHEA to modify drug abuse behavior, DHEA administration had a long-lasting preventive effect on relapse to drug use. In a 16-month follow-up, relapse rates of DHEA-treated patients were one-third those of the placebo-treated group.<sup>18</sup> Also, it appears that Selective Serotonin Uptake Inhibitors (SSRIs) used in major depression may function in relation to endogenous levels of serum DHEA. Thus, Hough *et al.* found that serum DHEA levels were positively correlated with response to SSRI treatment in patients with major depression.<sup>19</sup> Similarly, Schmidt and colleagues, at the National Institutes of Health Clinic in Bethesda, Maryland, used a double-blind, randomized, placebo-controlled cross-over study of DHEA vs placebo in patients with midlife-onset depression, and observed a significant improvement in patients receiving oral DHEA for six weeks.<sup>20</sup> Dumas de la Roque and colleagues demonstrated a significant improvement in pulmonary hypertension in patients with chronic obstructive pulmonary disease (COPD) treated with oral DHEA. Pulmonary hemodynamics and 6-minute walk test were also improved.<sup>21</sup>

Taken together, these data suggest that endogenous DHEA and DHEAS serve important functions both in the brain and in peripheral tissues of humans, and that pharmacological administration of DHEA can correct certain aspects of aberrant physiology both in the brain and in peripheral tissues. However, all of these uses and known functions of DHEA relate to its role as a precursor for steroid hormone synthesis, or as an immune modulator. Neither of these roles can account for the extremely high levels of circulating DHEAS that exist in humans, and neither address the most unusual and least explained feature of DHEA—its function as an uncompetitive inhibitor of G6PD.

### DHEA, p53 and Glucose-6-phosphate dehydrogenase

One of the most fascinating things about DHEA is that it is an endogenous,

*uncompetitive* inhibitor of the enzyme G6PD. G6PD is gaining increasing recognition as an oncoprotein, as demonstrated by the fact that all that is necessary to transform a non-tumorigenic cell into one capable of forming tumors *in vivo* is to insert additional active copies of G6PD into it.<sup>22</sup> G6PD is also upregulated in most, perhaps all tumors, and appears to be a key determinant of the Warburg effect, a hallmark of the neoplastic state.<sup>23</sup> G6PD is the rate-limiting enzyme of the Pentose Phosphate Pathway (PPP), the main source of cellular NADPH. Transformed cells require excessive amounts of NADPH to fuel their enhanced rate of growth, to maintain glutathione and thioredoxin in the reduced state necessary to detoxify reactive oxygen species (ROS), and for the epigenetic inactivation of tumor suppressor genes using S-adenosylmethionine (SAM) as the methyl donor. Perhaps the single most important piece of evidence implicating G6PD as an oncoprotein critical to the transformed state is the fact that the p53 tumor suppressor, the most frequently mutated locus in human and animal cancer, has as one of its main functions the inhibition of this enzyme. Mutant p53 proteins lose their ability to inhibit G6PD, removing intracellular NADPH availability as a constraint upon tumor growth.<sup>24</sup> The uncompetitive type of inhibition of G6PD mediated by DHEA is extremely rare in nature. Unlike a competitive inhibitor, an uncompetitive inhibitor can bind only to the enzyme substrate complex (E-S) because E-S binding flexes the protein, creating the binding site for such an inhibitor. This type of enzyme inhibition can exert extreme effects upon metabolic intermediates compared to other forms of inhibition. Thus, any type of inhibition will tend to increase the concentration of substrate. With competitive inhibition, this increasing amount of substrate will eventually out compete the inhibitor, returning the system toward normal. But with uncompetitive inhibition, the increasing concentration of substrate creates a feed-forward inhibition such that an uncompetitive inhibitor cannot be overcome, as both  $V_{max}$  and  $K_m$  are equally reduced.<sup>25</sup> This is modeled by the equation:

$$V = \frac{V_{max}^{app} [S]}{K_m^{app} + [S]}$$

where  $V_{max}^{app}$  is the apparent  $V_{max}$  given by:

$$V_{max}^{app} = \frac{V_{max}}{1 + \frac{[I]}{K_i}}$$

And  $K_m^{app}$  is the apparent  $K_m$  given by:

$$K_m^{app} = \frac{K_m}{1 + \frac{[I]}{[K_i]}}$$

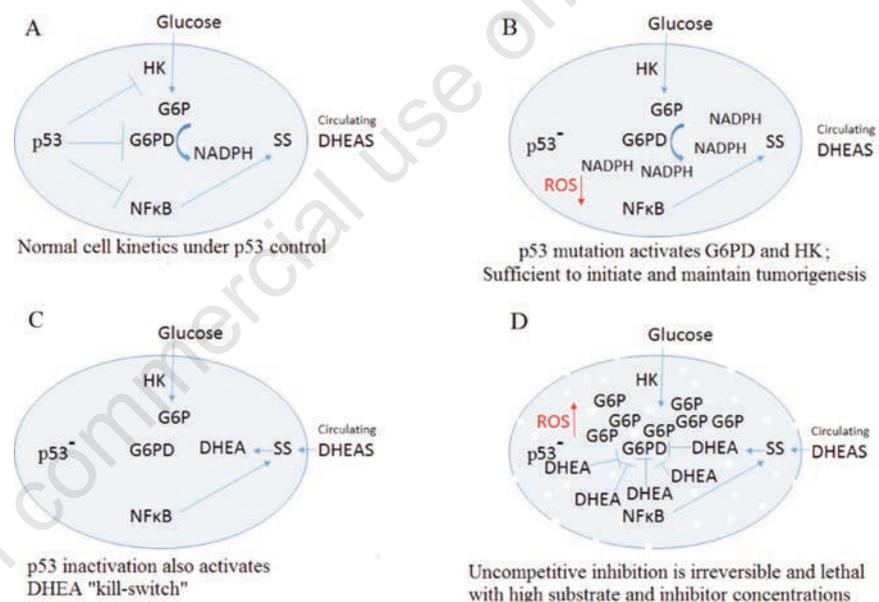
We propose that the uncompetitive inhibition kinetics of DHEA enable it to rapidly degrade G6PD activity in cells in which p53 function has been compromised, providing a *kill-switch* mechanism that induces cell death in most instances of p53 inactivation. In support of this proposal, consider these facts. Glucose uptake is regulated by p53 by inhibiting glucose transport proteins.<sup>26</sup> Cells with mutant p53 thus lose the capacity to regulate glucose uptake, and internalized glucose is rapidly phosphorylated to Glucose-6-phosphate (G6P) by hexokinase (HK) enzymes. P53 also regulates HK activity by enhancing the maturation of miR-143, a potent inhibitor of HK expression.<sup>27,28</sup> In cells in which p53 has been inactivated, G6P levels will rise because of loss of miR-143 regulation of HK, and most or all G6PD enzymes will consequently be sequestered within an E-S complex sensitive to uncompetitive inhibition by DHEA. The *kill-switch* mechanism that we propose depends upon simultaneous rapid upregulation of DHEA concentrations upon p53 inactivation in a cell. Under normal circumstances, p53 inhibits NFκB,<sup>29,30</sup> a pro-inflammatory mediator that activates steroid sulfatase,<sup>31</sup> the enzyme that converts circulating DHEAS to active DHEA in peripheral tissues. In cells with inactivated p53, loss of p53-mediated NFκB inhibition will result in upregulation of steroid sulfatase, increasing intracellular DHEA concentrations which will accelerate the feed forward uncompetitive inhibition of G6PD. Intracellular DHEA potentiates this process still further by inducing GLUT4 and HK activity,<sup>32</sup> raising G6P levels, and by enabling G6P to accumulate by inhibiting Glucose-6-phosphatase.<sup>33</sup> This would represent a sort of dead man switch for p53 in which its inactivation activates its back-up, DHEA. In cells in which the primary tumorigenic lesion is inactivation of p53, by its uncompetitive kinetics DHEA may be able to drive the feed forward inhibition of G6PD so rapidly and potently that cell death ensues (Figure 1). This back-up mechanism depends upon there being circulating DHEAS that can be accessed by cells anywhere in the body that have experienced p53 inactivation (Figure 2). The ubiquitous expression of OATPs<sup>34</sup> and steroid sulfatase<sup>35</sup> in virtually all tissues of the human body, and of a much more limited expres-

sion of 3β-HSD, aromatase, 17β-HSD and steroid 5α-reductase, point to a non-steroidogenic role for circulating DHEAS, such as the one we are proposing, in addition to its function as a steroid hormone precursor. Further support for this idea comes from the fact that serum DHEAS levels decline with age in human males at a rate that is almost three times faster than that for testosterone.<sup>36</sup> Clearly, if circulating DHEAS was limited to its role as a precursor for sex steroids, its levels would parallel those of the steroids for which it acts as precursor. Also consider that, in contrast to castrated dogs which have a significantly increased risk of cancer, castrated male humans do not have an elevated risk of cancer.<sup>37</sup> While the testes are the source of

DHEA in dogs (see below), in humans DHEA is synthesized and secreted by the *zona reticularis* in the adrenal glands. Castration thus prevents DHEA synthesis in the dog, but not the human.

## Of mice and men

While systemic DHEA secreted by the adrenals plays a critical role in the development and physiological homeostasis of humans and some other primates,<sup>38,39</sup> rodents such as rats and mice have not evolved a *zona reticularis*, do not express CYP17 in adrenal or gonadal tissue, and therefore have no circulating DHEAS.<sup>40</sup>

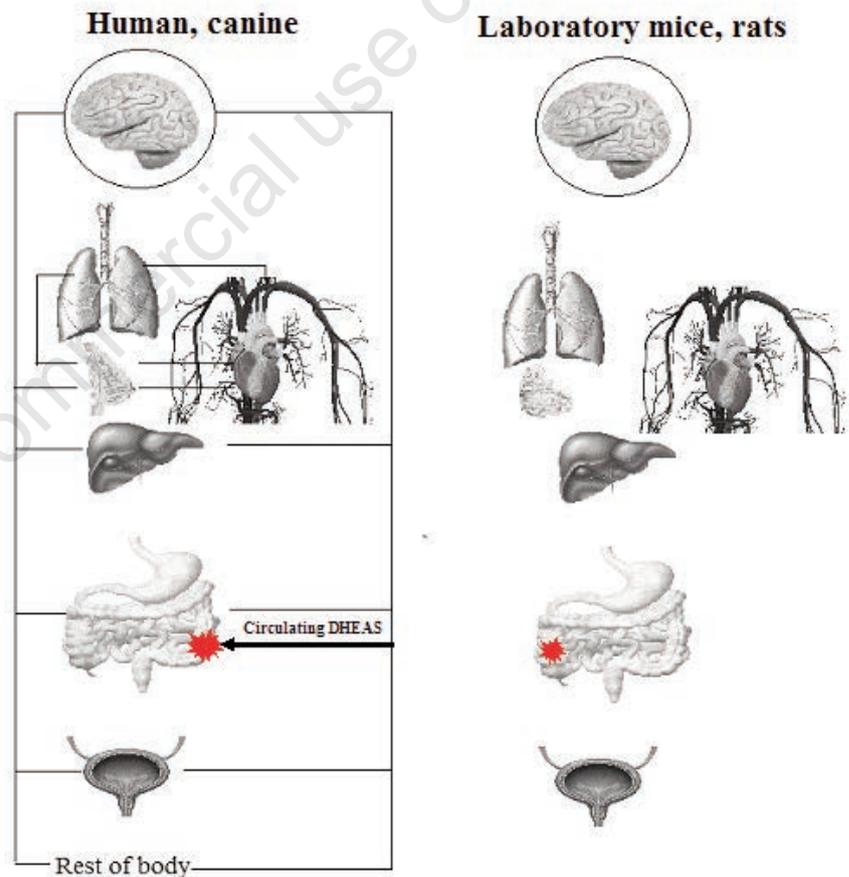


**Figure 1. Mechanism of dehydroepiandrosterone (DHEA) *kill-switch* in cells with p53 mutation.** A) Under normal circumstances, p53 inhibits numerous enzymes and transcription factors, three of which are Hexokinase (HK), Glucose-6-phosphate dehydrogenase (G6PD), and Nuclear Factor κ B (NFκB). NFκB is a potent stimulator of Steroid Sulfatase (SS) activity, the enzyme that activates inactive, circulating DHEA sulfate (DHEAS) into active DHEA. B) When TP53 is inactivated, it loses the capacity to inhibit HK and G6PD. Under such circumstances, HK supplies increased amounts of Glucose-6-phosphate (G6P), the substrate of G6PD. G6PD, released from TP53-mediated repression, produces the excessive amounts of NADPH required by transformed cells for reductive biosynthesis such as nucleotide synthesis; for the S-adenosylmethionine that acts as methyl donor in the DNA hypermethylation reactions that are a hallmark of the malignant state; for the mevalonate pathway products that target oncoproteins such as Ras to their intracellular compartment; and for the maintenance of redox proteins in their reduced state so that reactive oxygen species (ROS) can be kept under control. Loss of G6PD control is sufficient to render a non-tumorigenic cell tumorigenic. C) In humans and other animals with circulating DHEAS, the release of NFκB from p53 control activates SS. Circulating DHEAS is de-sulfated into active DHEA, an uncompetitive inhibitor of G6PD. D) In the presence of de-repressed HK and activated SS, G6P and DHEA levels increase, irreversibly inhibiting G6PD, and depleting NADPH such that control of ROS becomes impossible. Activation of this *kill-switch* in cells with inactivated TP53 prevents most TP53 inactivation events from becoming tumorigenic. This *kill-switch* mechanism can be active only in animals with circulating DHEAS.

Rats and mice do employ DHEA as a neurosteroid, but its use in such rodents appears to be limited to brain development and physiology. These common laboratory species have not evolved adrenal androgens, and thus no mechanism employing systemic DHEAS can exist in them. Despite this limitation of common laboratory rodents as model systems for DHEA in humans, many studies have been performed demonstrating an anticancer effect for DHEA in chemically-induced<sup>41</sup> and gene knock out-mediated rodent cancers.<sup>42</sup> One of the models most commonly used to investigate cancer mechanisms has been the p53 knock out mouse. Such mice are extremely cancer prone, just as humans with genetic mutation of TP53 (Li-Fraumeni syndrome) are extremely cancer prone. This murine mimic of Li-Fraumeni syndrome, by exactly the same mechanism – p53 mutation – has given the research community a sense of comfort that the p53 knock out mouse offers a reasonable model system with direct application to human cancer. However, we believe that this comfort with the p53 knock out mouse as a model for human cancer is not well founded; that in fact, the p53 systems of man and mouse are extremely dissimilar, for the reason that mice do not have circulating DHEAS.

In addition to circulating DHEAS, species-specific evolutionary modifications to additional enzyme systems would be required to enable the adrenal androgen-mediated kill switch to operate. For example, Glucose-6-phosphatase catalytic subunit (G6PC) metabolizes G6P to glucose and inorganic phosphate. Its metabolism of G6P thus prevents the formation of an ES complex between G6PD and G6P, which would not permit the function of the described kill switch mechanism requiring uncompetitive inhibition of G6PD. If the adrenal androgen-mediated kill switch evolved in humans but not mice, is there evidence for species-specific evolution of G6PC? Peroxisome Proliferator Activator Receptor Gamma Coactivator-1 $\alpha$  (PGC-1 $\alpha$ ), an important regulator of metabolism, markedly stimulates mouse G6PC activity *via* Hepatic nuclear factor-4 $\alpha$  (HNF-4 $\alpha$ ), a member of the steroid/thyroid hormone receptor superfamily. HNF-4 $\alpha$  binds to an element located between -76 and -64 in the mouse G6PC promoter. It is therefore of interest that even though this -76 to -64 HNF-4 $\alpha$  binding site is perfectly conserved in the human G6PC promoter, PGC-1 $\alpha$  does not stimulate human G6PC activity. Schilling and colleagues demonstrated that this species-specific difference could be explained by a 3 bp sequence variation, located immediately adjacent to a consensus nuclear hormone receptor half-site that is perfectly conserved

between the mouse and human G6PC promoters.<sup>43</sup> With gel retardation experiments, Schilling and her colleagues demonstrated that this 3 bp variation in the human G6PC promoter extinguishes HNF-4 $\alpha$  binding to the half-site. DHEA is a potent peroxisome proliferator and a known inducer of PGC-1 $\alpha$ .<sup>44</sup> In mice, DHEA would therefore stimulate G6PC activity and thereby induce the elimination of G6P substrate, preventing irreversible uncompetitive inhibition of G6PD. In humans, the 3 bp variation in the G6PC promoter permits the adrenal androgen-mediated kill switch to function by enabling the accumulation of G6P substrate in the presence of DHEA. The discovery of this 3 bp difference between human and mouse G6PC promoters that controls G6P substrate accumulation appears to offer an additional window on the species-specific evolution of the adrenal androgen-mediated kill switch in man. It also explains why administration of DHEA to p53 $^{-/-}$  mice is not toxic.



**Figure 2. Circulating dehydroepiandrosterones (DHEAS).** Whereas humans and some animals, such as dogs, have circulating DHEAS (left) available for conversion to DHEA in cells that have undergone p53 inactivation, DHEA and DHEAS are limited to the brain in laboratory mice and rats (right). Circulating DHEAS and activation of STS and HK in cells undergoing p53 inactivation (red symbol) enables the uncompetitive G6PD inhibition kinetics of DHEA to become irreversible, inducing cell death and thereby preventing tumorigenesis. If DHEA is part of such a *kill-switch* mechanism in cells with inactivated p53, such mechanism will not be operative in common laboratory animals such as mice and rats, bringing into question their relevance to human cancer. STS, steroid sulfatase.

*nesis in vitro than mouse DNA, why don't we all die of multiple carcinomas at an early age?*

The answer to Peto's Paradox may be that humans, but not mice, have circulating DHEAS and the appropriate enzymes in all tissues of the body to convert that circulating DHEAS into DHEA in the event of p53 inactivation. Once converted, the uncompetitive kinetics of DHEA's inhibition of G6PD rapidly becomes irreversible in the presence of high intracellular substrate concentrations of G6P caused by de-repression of HK, and of high intracellular concentrations of DHEA inhibitor caused by activation of steroid sulfatase (Figure 1). Because G6PD activity supplies the NADPH reducing power required to detoxify ROS, in the absence of G6PD activity ROS rapidly increase to lethal levels. The beauty of this evolved mechanism is that it will only be activated in cells that have experienced p53 inactivation. This explains why humans, with a thousand times more cells than a mouse, and a life span 30 times longer than that of a mouse, experience no increased risk of dying of cancer compared to a mouse. It also explains why there would exist an uncompetitive inhibitor of a critical housekeeping enzyme like G6PD. So to answer Peto's paradox directly, yes, human stem cells are a billion times more cancer-proof than murine stem cells because human stem cells have a DHEA back-up, should they experience inactivation of their p53, and murine stem cells do not; and the reason that human DNA is no more resistant to mutagenesis *in vitro* than is mouse DNA, is that in the *in vitro* setting, circulating DHEAS has been removed from the equation. In a sense, in the *in vitro* setting, human cells have been de-evolved into the equivalent of mouse cells.

There are, of course, animals larger than man and equally long-lived. Such animals, e.g., the elephant, appear to have adopted a different strategy to reduce the cancer risk associated with such enormous body mass, and its vast quantity of cells. Elephants have multiple copies of p53 in their genomes.<sup>47,48</sup> They thus use the same p53 system, but in over-drive, to limit carcinogenic events in their massive bodies. This begs the question of why primates, particularly man, went a different route, evolving circulating DHEA instead of increasing copy number of p53. It may be that increasing p53 copy number is a strategy incompatible with some aspect of human evolution. Alternatively, circulating DHEAS may have opened doors to human evolution in addition to those that we have discussed. For example, because DHEA acts as an anti-glucocorticoid, inhibiting the HPA axis-mediated fight or flight response, it has been suggested that the high, primate-specific

ic levels of DHEA of early humans may have increased social interaction with nonfamiliar individuals, contributing to the ability of our species to commune together in ever larger groups.<sup>38</sup>

If our hypothesis is correct that DHEA acts as a kill-switch for cells that have experienced p53 inactivation, then experiments conducted in p53 knockout mice may have little or nothing to do with human cancer. It is thus an unfortunate accident of history that almost all basic science data utilizing DHEA administration in cancer, and virtually all of the preclinical data exploring the role of p53 in carcinogenesis, have been obtained in species in which systemic DHEA and its function as a back-up for p53 do not exist. Without such evolutionary context, laboratory mice and rats and the tumors that can be made to occur in them by many different means appear to represent exceptionally poor windows on the potential of DHEA to modulate cancer in humans, or to tell us very much that is relevant regarding the role of p53 in human cancer.

## Canines

Dogs do not duplicate primate adrenarche, but they appear to have a homologue of it.<sup>49,50</sup> Thus, juvenile canines have low circulating DHEAS levels, which rise and create peak concentrations prior to puberty, just as in humans and chimpanzees; and male dogs have higher levels of circulating DHEAS than females, just as in humans and chimpanzees.<sup>51,52</sup> Similarly, canines appear to have a functioning adrenal *zona reticularis* capable of producing DHEA, although certainly not at the levels produced in primates.<sup>53</sup> In dogs, as in humans, levels of circulating DHEAS decline with age, with the additional fact that such decline occurs earlier in ovariectomized canines.<sup>54,55</sup> Unlike humans, virtually all the DHEA in male dogs appears to be synthesized in the testes, such that castration leads to a decrease in systemic DHEAS to negligible levels.<sup>50</sup> Recent evidence indicates that castrated male dogs and ovariectomized female dogs are at dramatically increased risk of developing a variety of different cancers.<sup>55</sup> This has led our laboratory to suggest that this increased cancer risk in neutered dogs is due to the loss of circulating DHEAS and the anti-cancer properties that it would otherwise effect.<sup>57</sup> Taken together, these data sets indicate that, unlike common laboratory rats and mice, circulating DHEAS has an evolutionary context in canines. Dogs thus offer a model system for the study of p53

and DHEA that common laboratory rodents cannot approach. As Sa and colleagues have recently demonstrated, additional aspects of canine physiology make them preferred models over many other species for their similarity to man.<sup>58</sup> As we will discuss below, our discovery that a subpopulation of canine tumors exists that is hypersensitive to G6PD inhibition offers additional support for a p53 back-up role for DHEA in animals with circulating DHEAS. As in humans, it may have been the case that circulating DHEAS in dogs served multiple functions. We suggest that DHEA's inhibition of the fight-or-flight response may have contributed to the domestication of the dog by selecting for wolves tolerant of human contact.

We reasoned that if DHEA did act as a kill-switch in cells in which p53 had been inactivated in the initial stage of carcinogenesis, then there might exist a subset of tumors in which this mechanism had failed to trigger (hence the tumor growth), but which might still be able to be triggered if exogenous DHEA were added to the system sufficient to induce G6PD inhibition within the tumor. This mechanism would not be operative in species like laboratory rodents which do not have circulating DHEAS. We therefore identified owners of dogs with various spontaneous tumors who were willing to participate in this research program. After obtaining informed consent, we treated dogs with histologically confirmed spontaneous tumors with oral HD DHEA in divided daily doses.

## Autoinflammatory reaction occurring in dogs treated with high dose DHEA

Our original protocol consisted of HD DHEA (60 mg/kg) and ubiquinone (0.2 mg/kg). In the first dogs treated with this protocol, we observed an autoinflammatory reaction that closely resembled the human autosomal recessive disease Mevalonate Kinase Deficiency (MKD).<sup>59,60</sup> Both our initial canines and people with MKD experienced recurrent febrile episodes, arthralgia, apparent myalgia, severe skin rashes and aphthous ulceration of mucocutaneous tissues, especially about the eyes and mouth.<sup>61</sup> In a series of *in vitro* studies we had previously demonstrated that DHEA, *via* depletion of NADPH, inhibits HMG Co A Reductase (HMGCR) and all downstream enzymes, including mevalonate kinase,<sup>62</sup> and blocked the isoprenylation of the Ras oncoprotein.<sup>63</sup> Both MKD and the autoinflammatory reaction in dogs resulting from

HD DHEA appear to be due to induction of IL1 $\beta$  secretion caused by inhibition of the isoprenylation of the Rac small GTPase.<sup>64</sup> As we had demonstrated *in vitro*, and others have demonstrated in animal models of MKD,<sup>65,66</sup> reconstitution of protein isoprenylation using terpenes (T), prevents this autoinflammatory reaction from occurring.

One important feature of our finding that HD DHEA treatment in dogs leads to the development of an autoinflammatory reaction that closely resembles human MKD, and that it can largely be prevented *via* reconstitution with terpenes capable of enabling protein isoprenylation in a manner analogous to animal models of MKD, is that it provides strong evidence that high dose (HD) DHEA depletes NADPH on a systemic level *in vivo*. It is of interest that extremely high doses of DHEA have been administered to rats and mice without any induction of such an autoinflammatory reaction. This is probably due to the fact that systemic DHEAS has not evolved in common laboratory rodents, and so they cannot and do not respond in the same fashion to the simulation of systemic DHEAS as dogs, and presumably humans, do.

### Hypersensitivity to G6PD inhibition in a subset of canine tumors

We identified a subpopulation of canine tumors that responded to HD DHEA/T by undergoing complete and durable regression, without the induction of the autoinflammatory reaction. Only a small fraction of most tumor types (e.g., Figure 3), responded to HD DHEA/T with complete and durable regression. This was probably due to the fact that most tumors had advanced to a stage in which many follow-on mutations in addition to p53 mutation had occurred, interfering with the ability of DHEA to trigger irreversible uncompetitive inhibition of G6PD. However, canine cardiac hemangiosarcoma (CCH) was a clear exception. In four consecutive dogs with CCH (hemorrhagic pericardial effusion; right atrial mass), ACGT 011 induced complete and durable tumor regression. Generating survival curves using the product limit method of Kaplan and Meier,<sup>67</sup> we compared our longevity results to those obtained by Yamamoto *et al.*, the group that has published the best results to date.<sup>68</sup> We then individually compared survival curves for G6PD inhibition against each of the Yamamoto treatment groups using the log-rank test of Mantel-Cox, generating the statistical data shown in Table 1. Dogs with CCH treated by inhibition of G6PD had complete or near-complete resolution of

their tumor (Figure 4), and dramatically extended longevity compared to the dogs in the Yamamoto study. Thus, in the Yamamoto study, untreated dogs with CCH had a median survival (MS) of 7.1 days; dogs treated with extensive chemotherapy (cyclophosphamide, vincristine, doxorubicin) had a MS of 27 days; dogs treated with pericardectomy to remove tumor had a MS of 86 days; and dogs treated with a combination of chemotherapy and pericardectomy had a MS of 189 days. This compared to a MS of 1112 days for our dogs treated with G6PD inhibition, with two of

our dogs remaining alive and well at 840 and 1500 days, respectively. It should be noted that we did not observe similar results of G6PD inhibition in splenic hemangiosarcoma (SH), suggesting that different progenitor cells or life histories are involved in CCH and SH.

### Conclusions

Based on our hypothesis that DHEA might play a back-up role for the p53 tumor suppressor protein, we examined the effects

**Table 1. Log-rank (Mantel-Cox) comparison of survival curves of each group following Yamamoto *et al.*<sup>63</sup> with G6PD inhibition data. Hazard ratios (Yamamoto/G6PD inhibition) were computed with GraphPad Prism software Version 7.03.**

Group	Median survival (Days)	Hazard ratio	Chi square	df	P value
Untreated	7.1	10.86 / 0.09204	9.5	1	0.0021
Chemotherapy	27	5.32 / 0.1879	12.72	1	0.0004
Surgery	86	7.26 / 0.1377	10.29	1	0.0013
Chem + Surg	189	14.2 / 0.07041	7.91	1	0.0049
G6PD Inhib	1112*				

df, degree of freedom. \*Since two G6PD inhibition dogs are still alive at the time of this writing (at 840 and 1500 days), their survival data was entered as censored data points.



**Figure 3. Left, histologically verified soft tissue sarcoma creating extreme lameness in female Doberman KC before HD dehydroepiandrosterone (DHEA). Right, complete regression of tumor after HD DHEA. KC conceived and delivered a litter of five healthy puppies while being treated with ACGT 011, demonstrating that properly reconstituted HD DHEA is not cytotoxic to the developing fetus. KC remains alive and well with unfettered mobility and no evidence of recurrence 21 months after cessation of treatment; 25 months after diagnosis.**

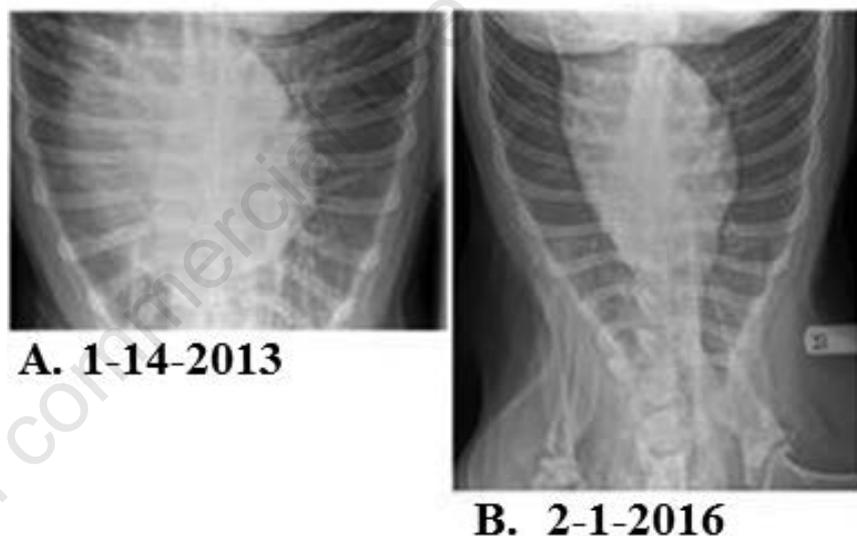
of HD DHEA in dogs with CH. We had previously demonstrated *in vitro* that DHEA inhibits HMGCR indirectly, *via* NADPH cofactor depletion,<sup>62</sup> with consequent inhibition of protein isoprenylation.<sup>63</sup> In the first dogs studied we observed a severe autoinflammatory reaction closely resembling MKD in humans with an inactive mevalonate kinase gene. There appear to be no published accounts of such an MKD-like inflammatory reaction occurring in normal laboratory rats or mice, probably because, unlike humans and canines, these species do not have circulating DHEAS, and therefore lack an evolutionary context to respond to exogenous DHEA in the same way that dogs (and presumably humans) do. When we administered properly reconstituted HD DHEA/T (ACGT 011) to four consecutive dogs with CH, we observed durable tumor regression and survival times an order of magnitude greater than the best published results in canine CH to date. These results provide additional evidence that HD DHEA/T depletes NADPH *in vivo* in a manner analogous to our previous *in vitro* experiments. Other tumor types also demonstrated subpopulations that were hypersensitive to G6PD inhibition, but at much lower frequency than CH. The extreme sensitivity to HD DHEA demonstrated by CH may relate to the special role that ROS and NOS play in endothelial cell physiology. For example, the redox cofactor tetrahydrobiopterin (BH4) requires multiple NADPH-dependent steps in its biosynthesis and is therefore depleted with HD DHEA treatment. BH4 depletion leads to uncoupling of endothelial nitric oxide synthase, resulting in the production of superoxide (O<sub>2</sub><sup>-</sup>).<sup>69</sup> Superoxide further oxidizes BH4, creating a feed forward increase in ROS. This may occur preferentially in the endothelial cells giving rise to CH, making them hypersensitive to further increase in ROS resulting from HD G6PD. Lopez-Marure's group has shown that DHEA inhibits proliferation of human endothelial cells *in vitro* in an androgen and estrogen receptor-independent manner, providing support for this model.<sup>70</sup>

It is also important to consider other potential sources of NADPH in endothelial and other cell types. Isocitrate Dehydrogenase (IDH), for example, may be capable of producing sufficient NADPH to rescue cells from ROS-mediated cell death. It is thus possible that tumors that do not respond to HD DHEA may have already undergone selection for elevated IDH expression. IDH has been observed to be over-expressed in certain tumors.<sup>71,72</sup> Alternatively, it may be that canine tumors that do respond to HD DHEA with durable

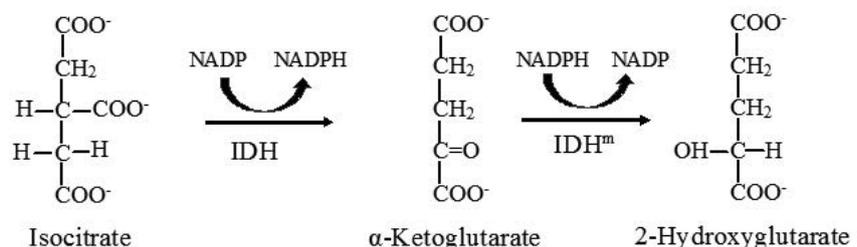
tumor regression, such as CH, may harbor IDH mutations sensitizing them to NADPH depletion. Thus, IDH mutations have been shown to create a gain of function such that  $\alpha$ -ketoglutarate is further metabolized to the oncometabolite 2-hydroxyglutarate in a reaction that consumes, rather than produces, NADPH (Figure 5).<sup>73</sup> Tumors with IDH mutations causing consumption rather than production of NADPH may be particularly sensitive to HD DHEA. Whatever the reason underlying the extreme hypersensitivity of canine CH to HD DHEA, cardiac angiosarcoma is believed to represent the identical disease in humans. Like CH in dogs, cardiac angiosarcoma in humans is a deadly form of cancer that strikes a younger patient population than most other cancers.<sup>74</sup> It will be important to determine if our results in canine CH will translate directly to human cardiac angiosarcoma. If

the reason for hypersensitivity of canine CH to HD DHEA turns out to be that CH tumors have IDH mutations, then our data in canines may translate to a wide array of currently treatment-refractory human tumors known to have such mutations.<sup>75</sup>

The p53 tumor suppressor is the most frequently mutated gene in human cancer,<sup>76</sup> and its experimental manipulation in laboratory mice has provided some of the bedrock theory behind both basic science and treatment models of human cancer. If a p53 back-up role for DHEA is proven, an unfortunate consequence would be that, since much of this bedrock theory of p53 function is based on animal models lacking circulating DHEAS, and therefore the appropriate evolutionary context for human comparison, much of it could be called into question. Despite almost 40 years of intensive research and almost a trillion research dol-



**Figure 4.** Cardiac hemangiosarcoma occurring in a Labrador Retriever (GC) diagnosed by a certified veterinary cardiologist. GC presented with hemorrhagic pericardial effusion and massive right atrial tumor mass (A). After ACGT 011, this tumor mass underwent complete regression (B).



**Figure 5.** Tumors that have undergone selection for high expression of wild type IDH may be resistant to uncompetitive inhibition of G6PD by DHEA because the requirement for NADPH to maintain glutathione and thioredoxin in a reduced state, and thereby control ROS, is met. Tumors which have IDH mutations that consume rather than produce NADPH may be particularly sensitive to G6PD inhibition by DHEA.

lars spent since the discovery of the p53 tumor suppressor gene, the average increase in survival for most cancer patients over this period of time has improved by a mere three months.<sup>77</sup> An example of this relative failure to improve survival is lung cancer. A study of 971 lung cancer patients diagnosed and treated in 2002, compared to 927 patients diagnosed and treated in 1985, showed an improvement over this 17-year period of only 33 days.<sup>78</sup> Ten-year survival in lung cancer, currently at 5% in developed countries, has remained relatively unchanged for more than forty years.<sup>79</sup> Even with the recent breakthroughs in immune checkpoint inhibition in some patients with non-small cell lung cancer, the average improvement in patient survival using this new technology is generally less than four months.<sup>80</sup> It is unsettling to think that, because of a heretofore unrecognized relationship between circulating DHEAS and p53 function, the use of model systems that do not translate to man may have contributed to this overall failure.

John Steinbeck got the idea for the title of his book, *Of Mice and Men*, from a poem by Robert Burns entitled *To a Mouse*. In this poem, Burns refers to *the best laid plans of mice and men...* and how often those plans run aground. If our hypothesis is correct—that endogenous DHEA acts as a kill switch to prevent tumorigenesis in cells that have experienced p53 inactivation—then Burns' poem will apply to a dishearteningly large segment of research conducted in rodents over the past 40 years.

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