The main spoilage-related psychrotrophic bacteria in refrigerated raw milk

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ABSTRACT

Refrigerated raw milk may contain psychrotrophic microorganisms that produce thermoresistant exoproteases and lipases, which may compromise the quality of processed fluid milk and dairy products during storage. The aim of this work was to quantify and identify the deteriorating psychrotrophic microbiota in Brazilian refrigerated raw milk using genetic diversity analysis. The mean psychrotrophic count was 1.1×10^4 cfu/mL. Of the total isolates, 47.8 and 29.8% showed deteriorating activity at 35°C within 48 h and 7°C within 10 d, respectively. Among the proteolytic species, more isolated by this study were Lactococcus lactis (27.3%), Enterobacter kobei (14.8%), Serratia ureilytica (8%), Aerococcus urinaeegui (6.8%), and Bacillus licheniformis (6.8%). Observed among lipolytics were $E.\ kobei$ (17.7%), L. lactis (15.6%), A. urinaeequi (12.5%), and Acinetobacter lwoffii (9.4%). The isolates S. ureilytica, E. kobei, Pseudomonas spp., and Yersinia enterocolitica potentially produced alkaline metalloprotease (aprX). Despite the low counts, a considerable portion of the psychrotrophic microbiota presented spoilage potential, which reaffirms the need for rigor in the control of contamination and the importance of rapid processing as factors that maintain the quality of milk and dairy

Key words: alkaline metalloprotease, lipolytic, milk spoiler, proteolytic

INTRODUCTION

The cooling of raw milk allows for control of the multiplication of mesophyll microbiota, predominantly saccharolytic microorganisms (Das et al., 2015; Erich et al., 2015). These microorganisms are responsible for the acidification and thermal instability of milk proteins, as the hydrolysis of lactose produces lactic acid as a by-product (McAuley et al., 2016).

Received April 24, 2017. Accepted August 21, 2017. Some mesophilic microorganisms, called psychrotrophs, adapt to refrigeration temperatures by synthesizing phospholipids and neutral lipids containing increased proportions of UFA, resulting in a reduction in the melting point of the lipids. This phenomenon serves to maintain their fluidity, thus allowing the continued functionality, solute transport, and secretion of extracellular enzymes (de Oliveira et al., 2015).

Some psychrotrophs produce and release proteases and lipases to the external environment and absorb the products of their hydrolysis (Cousin, 1982). In addition to compromising the integrity of the milk constituents, the microbial proteases and lipases are thermostable and can remain active even after the elimination of the vegetative microorganisms by heat treatments applied to the milk by the industry (Samarzija et al., 2012; de Oliveira et al., 2015; Baglinière et al., 2017). Prolonged action of proteases and lipases may cause organoleptic changes in fluid milk or dairy products, such as a bitter or rancid taste in cheeses or gelation and sedimentation in UHT-treated milk (Fairbairn and Law, 1986; Matéos et al., 2015; Zhang et al., 2015).

There is a global demand for dairy products with good quality and a long shelf-life. For pasteurized milk, which best preserves the nutritional and organoleptic aspects of raw milk (Andersson and Öste, 1994), there is an expectation of increased shelf life. For this to happen, it is necessary to keep contamination to a minimum and to control for specific microorganisms with high potential for spoilage.

Several studies evaluated the composition of psychrotrophic microbiota in raw milk and its deteriorating activity (Hantsis-Zacharov and Halpern, 2007; McPhee and Griffiths, 2011; Gargouri et al., 2013; von Neubeck et al., 2015; Vithanage et al., 2016; Xin et al., 2017). However, different microbial community structures are found in raw cow milk samples from different geographical areas (Xin et al., 2017), and under good environmental hygiene conditions in obtaining raw milk, other proteolytic and lipolytic psychrotrophic microorganisms can become important for milk quality. Studies that verify the diversity of these other microorganisms are essential to determine their dairy farm of origin and

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refine hygiene practices used to further reduce these specific microorganisms in raw milk. These practices could result in minimizing the effect of proteases and lipases in processed milk, thereby increasing its shelf life, the integrity of its constituents, and consequently, the industrial yield.

The aims of this study were to quantify psychrotrophic microorganisms in Brazilian refrigerated raw milk, to verify the proteolytic and lipolytic activity of the isolates at mesophilic and psychrotrophic temperatures, to ascertain the potential of alkaline metalloprotease production, and to identify these contaminant microorganisms.

MATERIALS AND METHODS

We evaluated 20 refrigerated raw milk samples produced in the municipalities of Castro and Arapoti, in the central region of the state of Paraná, Southern Brazil. Each sample was collected from a different farm. These dairy farms were previously characterized (Ribeiro Júnior et al., 2015) and are part of the largest association of milk producers in southern Brazil. The milk produced on these farms is sent to the dairy company of the association for the production of noble dairy products and fluid milk. The samples were aseptically collected from the bulk tanks on the dairy farms and transported under refrigeration to the Laboratório de Inspeção de Produtos de Origem Animal of the State University of Londrina, Paraná, Brazil.

The raw milk samples were diluted until 10^{-3} in saline (0.9%) and peptone (0.01%) for total bacterial count (**TBC**), performed by seeding into Petrifilm AC (3M Microbiology, Maplewood, MN), followed by incubation at $35 \pm 1^{\circ}$ C for 48 h. The psychrotrophic count was performed by adding samples (0.1 mL) in duplicate on the surface of plate count agar (Oxoid, Basingstoke, UK). The plates were inverted and incubated at 7°C for 10 d.

All bacterial colonies on the plates used for counting psychrotrophs (one plaque from the duplicate) were purified in plates of standard agar and were retested on milk agar (Acumedia, Baltimore, MD) supplemented with 10% reconstituted skim milk powder solution (10%) and on tributyrin agar (HiMedia, Mumbai, India) supplemented with 1% tributyrin (HiMedia) to verify the proteolytic and lipolytic potential, respectively (Hantsis-Zacharov and Halpern, 2007). Plates were incubated for 48 h at 35°C and for 10 d at 7°C.

The isolates that presented with proteolytic or lipolytic activity (or both) were cultured in brain heart infusion broth (Acumedia, Baltimore, MD), incubated at 35°C for 48 h, and subjected to genomic DNA extraction by simple boiling as in Ribeiro Júnior et al.

(2016). The products of the extraction of the isolates that presented proteolytic activity in the plates were subjected to PCR for the aprX gene to verify the alkaline metalloprotease production potential (Table 1).

All extracts were subjected to amplification of the internal transcribed spacer (ITS) region 16–23S rRNA using the primers and conditions described in Table 1. The PCR was performed with approximately 50 ng of DNA template, 100 nM of each deoxynucleotide, $5 \mu L$ of $10 \times buffer$, $75 \text{ mmol} \cdot L^{-1}$ of $MgCl_2$, 20 pmolof each primer, and 2.5 U of Platinum Tag DNA polymerase (Invitrogen, Carlsbad, CA). Amplification was performed in a thermocycler (Aeris Thermal Cycler, Esco Micro Pte. Ltd., Singapore) and the PCRamplified DNA samples were loaded onto a 1% agarose gel (Invitrogen) to be subjected to electrophoresis for 1 h at a constant voltage of 90 V. The gels were stained with an ethidium bromide solution of 0.2 mg/mL for 20 min before visualization. Images were saved after UV transillumination.

The amplicons of the ITS region were subjected to restriction by 2 U via the enzyme Cfo I (Promega, Madison, WI), using the reaction protocol described by the manufacturer (https://www.promega.com/-/media/files/resources/protocols/technical-manuals/101/restriction-enzymes-protocol.pdf). The amplified DNA and enzyme mixtures were incubated for 1 h at 37°C in a thermocycler. Restriction products were subjected to agarose gel electrophoresis (1.5%) for 1 h at a constant voltage of 70 V. The gels were stained with an ethidium bromide solution of 0.2 mg/mL and documented.

The amplification profiles of the ITS regions of each isolate, together with its product of restriction by the enzyme *Cfo* I, were used as genomic variables to construct a dendrogram of phylogenetic similarity (Ranjard et al., 2001) using Bionumerics v. 1.50 software (Applied Mathematics, Kortrijk, Belgium). The similarity matrix Dice coefficient (Dice, 1945) and the unweighted pair group mean averages algorithm (Sneath and Sokal, 1973) were used. To determine the clusters, a minimum of 70% phylogenetic similarity was used.

A representative sample from each cluster was selected for partial amplification of the 16S rRNA gene using the primers and conditions described in Table 1. The products of this PCR were purified (PureLink Genomic DNA Purification Kit, Invitrogen) and quantified (Qubit dsDNA HS Assay Kit, Invitrogen) for DNA sequencing using the Sanger method (ABI 3500 Genetic Analyzer, Applied Biosystems, Foster City, CA), which was completed in both directions.

The quality of the sequences was evaluated by the software BioEdit v. 7.2.5 (Hall, 1999), and the consensus sequences were generated by CAP 3 (Huang

		Size		
Gene	Primers $(5'-3')$	(dq)	PCR cycling conditions	Reference
aprX	TAYGGBTTCAAYTCCAAYAC VGCGATSGAMACRTTRCC	194	94° C for 5 min 30× $(94^{\circ}$ C for 30 s, 53°C for 30 Bach et al. (2001) s. 72°C for 20 s) 72°C for 10 min	Bach et al. (2001)
${ m ITS^1}$ region of 16–23S rRNA	CCGGGTTTCCCCATTCGG AAGGAGGTGATCCAGCCGCA		94°C for 5 min $40 \times (94$ °C for 30 s, 60 °C for 30 s, 72 °C for 1 min) 72 °C for 5 min	Normand et al. (1996 Edwards et al. (1989)
$16S\ rRNA$	GAGTTTGATCMTGGCTCAG GGYTACCTTGTTACGACTT	1,465	94°C for 5 min 35× (94°C for 1 min, 58°C for 1 min, 72°C for 1 min) 72°C for 10 min	
1 ITS = internal transcribed spacer.				

 Table 1. Primers and PCR cycling conditions

and Madan, 1999). These sequences were individually aligned using Clustal W and the representative sequences of each genus available in the Ribosomal Database Project, and genetic similarity was analyzed via the neighbor joining method and the Tamura-Nei model using bootstrap support for 1,000 replications in the MEGA v. 7.0 software (Kumar et al., 2016).

RESULTS AND DISCUSSION

The TBC of the raw milk samples varied from 6.8×10^2 to 1.5×10^5 cfu/mL, with a mean of 1.5×10^4 cfu/mL. It was observed that 95% of the 20 milk samples have a TBC of less than 10^5 cfu/mL. Psychrotrophic counts ranged from 10^1 to 2.1×10^5 cfu/mL with a mean of 1.1×10^4 cfu/mL. Considering the mean values, the psychrotrophic count represents 78.3% of the TBC.

These results demonstrate the high microbiological quality of the samples, since the psychrotrophic count, a parameter considered by Ercolini et al. (2009) to determine the quality of raw milk samples in Italy, was higher than 10⁵ cfu/mL in only one sample. According to Matta et al. (1997), the deterioration of milk by psychrotrophs is perceptible when the count reaches 10⁶ cfu/mL.

Of the plaques used to count the 20 milk samples evaluated in the present study, only 295 isolates of psychrotrophic bacteria were obtained. The low recovery of strains was proportional to these low bacterial counts: of the 5 milk samples, only 3 isolates were obtained from each plate with no diluted raw milk samples. In total, 141 (47.8%) colonies showed deteriorating milk activity at mesophilic incubation (35°C/48 h), 43 (30.5%) were both proteolytic and lipolytic, and 45 (31.9%) and 53 (37.6%) were exclusively proteolytic or lipolytic, respectively (Table 2). At refrigeration temperature (7°C/10 d), 88 (29.8%) colonies showed spoilage potential in the milk, 29 (20.6%) and 38 (27%) were proteolytic or lipolytic, respectively, and 21 (14.9%) presented both deteriorating activities.

All deteriorating milk isolates were subjected to amplification of the ITS region, restriction digestion with the Cfo I enzyme, phylogenetic grouping for subsequent sequencing of the 16S rRNA gene, and identification by clustering. The similarity dendrogram for the isolates that presented proteolytic activity is represented in Figure 1, where it is possible to observe the determination of 36 clusters with 70% similarity. Figure 2 shows the phylogenetic similarity dendrogram for the lipolytic microorganisms, in which 47 clusters were determined. Identification at the species level was not possible in 4 of the isolates (2 Pseudomonas, 1 Acinetobacter, and 1 Pantoea), as shown in Table 2.

Table 2. Identification of spoilage microorganisms (n = 141) among the total psychrotrophic microbiota (n = 295) with proteolytic and lipolytic potential at 35 and 7°C of the strains from high microbiological quality Brazilian refrigerated raw milk

	Total		Proteolytic		Lipolytic		Proteolytic and lipolytic	
16S rRNA clustering identification	No.	%	35°C/48 h, no. (%)	7°C/10 d, no. (%)	35°C/48 h, no. (%)	7°C/10 d, no. (%)	35°C/48 h, no. (%)	7°C/10 d, no. (%)
Lactococcus lactis	35	24.5	20 (57.1)	18 (51.4)	11 (2.9)	6 (17.1)	4 (11.4)	3 (8.6)
Enterobacter kobei	22	15.4	5 (22.7)	2 (9.1)	9 (40.9)	7 (31.9)	8 (36.4)	3 (13.6)
Aerococcus urinaeequi	12	8.4	, ,	3 (25)	6 (50)	1 (8.3)	6 (50)	1 (8.3)
Acinetobacter lwoffii	9	6.3		2 (22.2)	7 (77.8)	8 (88.9)	2 (22.2)	` ′
Kurthia qibsonii	8	5.6	4 (50)	, ,	3 (37.5)	1(12.5)	1 (12.5)	
Serratia ureilytica	8	5.6	, ,		1 (12.5)	1(12.5)	7 (87.5)	6 (75)
Bacillus licheniformis	7	4.9	5 (71.4)		1 (14.3)	2 (28.6)	1 (14.3)	` /
Staphylococcus epidermidis	7	4.9	2 (28.6)		4 (57.1)	2 (28.6)	1 (14.3)	1 (14.3)
Macrococcus caseolyticus	6	5.6	4 (66.6)	2(33.3)	1 (16.7)	` /	1 (16.7)	2(33.3)
Streptococcus parauberis	5	3.5	2 (40)	2 (40)	1 (20)	1(20)	2 (40)	1 (20)
Enterococcus faecium	4	2.8	. /	` ′	3 (75)	3 (75)	1 (25)	1 (25)
Acinetobacter johnsonii	3	1.4			3 (100)	2 (66.7)	` ′	` /
Enterococcus thailandicus	2	1.4	1 (50)		, ,	` /	1 (50)	
Pseudomonas spp.	2	1.4	. /				2 (100)	2 (100)
Stenotrophomonas rhizophila	2	1.4					2 (100)	` /
Yersinia enterocolitica	2	1.4	1 (50)			1 (50)	1 (50)	
Acinetobacter bouvetii	1	0.7	. /		1 (100)	` ′	` ′	
Acine to bacter spp.	1	0.7			1 (100)	1 (100)		
Bacillus cereus	1	0.7	1 (100)		, ,	1 (100)		
Bacillus pumilus	1	0.7	,			` /	1 (100)	
Enterococcus hermanniensis	1	0.7				1 (100)	1 (100)	
Pantoea spp.	1	0.7			1 (100)	` /	,	
Staphylococcus warneri	1	0.7			, ,		1 (100)	1 (100)
Total	141	100	45 (31.9)	29 (20.6)	53 (37.6)	38 (27)	43 (30.5)	21 (14.9)

Regarding cluster dynamics, Figures 1 and 2 verify that the same species were identified in different clusters, representing the different genetic profiles of the isolates determined by the polymorphic profile variables in the amplicons of the ITS region and, consequently, by the restriction products from the enzyme *Cfo* I. The high genetic variability of deteriorating psychrotrophs was also observed by Martins et al. (2006) using genetic grouping by profile in random amplified polymorphic DNA.

The species Lactococcus lactis, Enterobacter kobei, Aerococcus urinaeequi, Acinetobacter lwoffii, Kurthia gibsonii, and S. ureilytica predominated among the deteriorating psychrotrophic microbiota of the raw milk from this sample unit. It can also be observed that gram-positive deteriorating microorganisms were also predominant (58.2%); these organisms are often related to the initial and desirable microbiota of milk, as well as to the environment of the stables, feed for the animals, and infections of the mammary gland.

In Table 2, it is possible to observe that the species $E.\ kobei\ (18.6\%),\ S.\ ureilytica\ (16.7\%),\ A.\ urinaeequi\ (14\%),\ and\ L.\ lactis\ (9.3\%)$ predominated among the microorganisms that presented simultaneous proteolytic and lipolytic activity at mesophilic incubation. Among the 45 isolates that showed only proteolytic activity, the most frequently observed species were $L.\ lactis$

(44.4%), E. kobei (11.1%), B. licheniformis (11.1%), K. gibsonii (8.9%) and M. caseolyticus (8.9%), and of the 53 purely lipolytic isolates, L. lactis (20.8%), E. kobei (17%), A. lwoffii (13.2%), A. urinaeequi (11.3%), and S. epidermidis (7.5%) predominated.

Considering the deterioration potential at refrigeration temperature, the predominant species were *S. ureilytica* (75%), *A. urinaeequi* (13.6%), and *L. lactis* (8.6%) for simultaneous proteolytic and lipolytic activity, *L. lactis* (51.4%) and *A. urinaeequi* (25%) among the proteolytic psychrotrophs, and *A. lwoffii* (88.9%) and *E. kobei* (31.9%) among the lipolytics.

The 88 proteolytic isolates at mesophilic incubation were tested for alkaline metalloprotease production potential, and 15 (17%) showed a positive PCR reaction for the aprX gene. Of these, 5 (33.3%) were identified as S. ureilytica, 5 (33.3%) as E. kobei, 2 (13.3%) as Pseudomonas spp., 1 (6.7%) as A. urinaeequi, 1 (6.7%) as Y. enterocolitica, and 1 (6.7%) as S. Stenotrophomonas rhizophila.

Alkaline metalloprotease production is generally related to the microorganisms of the genus *Pseudomonas*, and mainly to the species *P. fluorescens* (Scatamburlo et al., 2015). *Pseudomonas* has been reported as predominant among the deteriorating psychrotrophs of refrigerated raw milk (von Neubeck et al., 2015; Xin et al., 2017). In the present study, only 1.4% of the

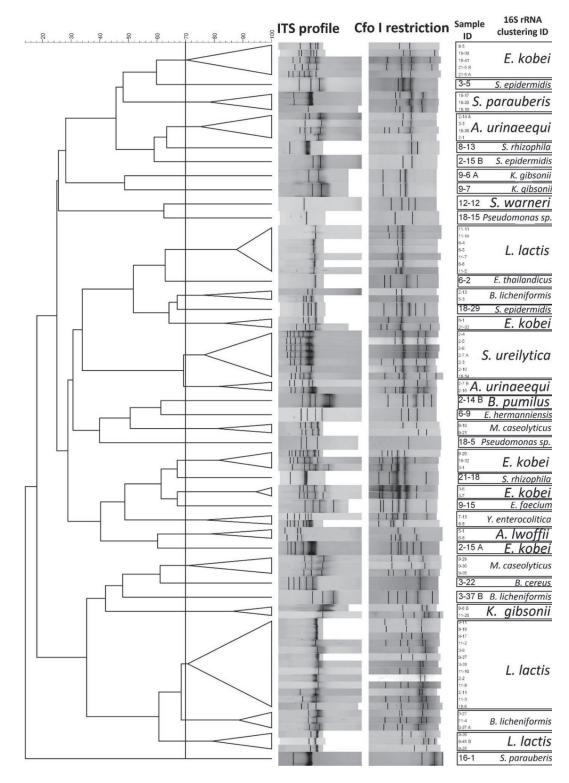


Figure 1. A phylogenetic similarity dendrogram of proteolytic psychrotrophic bacteria isolated from Brazilian raw milk, using the variables of the amplification profile of the internal transcript spacer region 16–23S (ITS profile) and its restriction profile with the enzyme Cfo I, Dice coefficient, and the unweighted pair group mean averages algorithm. The vertical line represents the minimum percentage of similarity (70%) used to determine the 36 clusters.

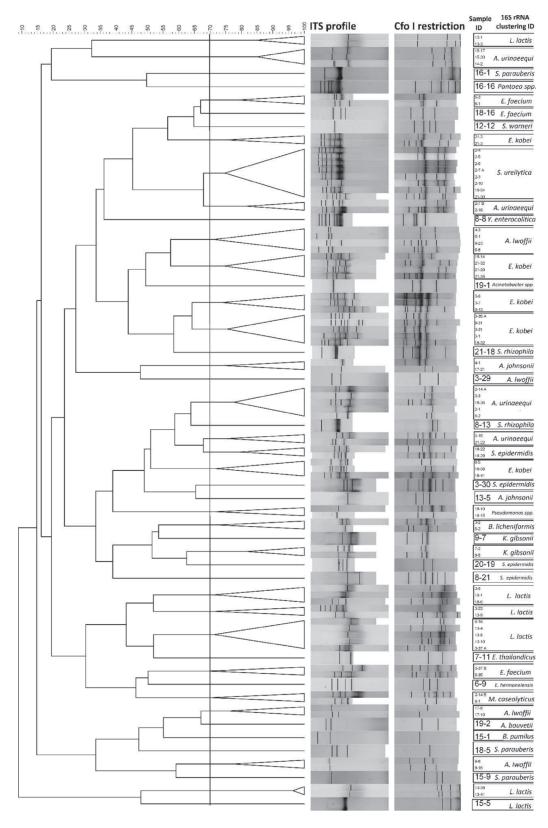


Figure 2. A phylogenetic similarity dendrogram of lipolytic psychrotrophic bacteria isolated from Brazilian raw milk prepared using the variables of the amplification profile of the internal transcript spacer region 16–23S (ITS profile) and its restriction profile with the enzyme *Cfo* I, Dice coefficient, and the unweighted pair group mean averages algorithm. The vertical line represents the minimum percentage of similarity (70%) used to determine the 47 clusters.

deteriorating psychrotrophic microbiota from the milk was of the Pseudomonas genus (Table 2), and the 2 isolates presented a positive result for the aprX gene. The low frequency of the genus Pseudomonas in the evaluated milk samples can be explained by the good microbiological conditions present while obtaining the milk and by the farm properties' use of treated water with low environmental contamination.

Considering the totality of the evaluated psychrotrophic microbiota (141 isolates) from refrigerated raw milk, the predominance of 35 strains (24.5%) identified as $L.\ lactis$ was observed, of which 68.6% presented proteolytic activity and 42.9% presented lipolytic capacity in plaques incubated at mesophilic temperature. In psychrotrophic conditions, 51.4 and 17.1% are proteolytic and lipolytic, respectively. In contrast, Ercolini et al. (2009) did not verify the proteolytic activity of the isolates of $L.\ lactis$, nor their growth at 7°C, demonstrating that the expression of deteriorating enzymes or the temperature of multiplication can vary according to the strain of the microorganism.

The refrigerated raw milk samples evaluated in the present study were obtained from dairy farms that have good hygiene conditions at milking and a consistent investment in milk quality (Ribeiro Júnior et al., 2015). It was expected that lactic acid bacteria such as *L. lactis* (Holzapfel et al., 2001) would predominate, as these microorganisms constitute the autochthonous and desirable microbiota of milk; in contrast, milks with higher TBC generally show a predominance of gramnegative psychrotrophic microorganisms (Sørhaug and Stepaniak, 1997; McPhee and Griffiths, 2011; de Oliveira et al., 2015; Xin et al., 2017).

In addition to lactic acid bacteria, other microorganisms were evaluated in the present study; these may have originated from cases of mastitis, a common disease in high production animals (such as those in dairy farms) and include *Staphylococcus* (Felipe et al., 2017; Guimarães et al., 2017), *Streptococcus* (Taponen et al., 2017), and *Aerococcus* (Saishu et al., 2015).

Bacillus is another psychrotrophic gram-positive microorganism associated with spoilage identified in the present study; the species B. licheniformis and B. pumilus are psychrotrophic, frequently reported as thermoduric and thermophilic sporulated microorganisms (Huck et al., 2007; Buehner et al., 2014; Pinto et al., 2017), and found in DM such as silage (Gleeson et al., 2013; Buehner et al., 2014). These microorganisms have an influence on the shelf life of pasteurized milk.

Contamination of milk by gram-negative microorganisms is usually associated with a humid environment, equipment, and the water used to clean the systems for obtaining and storing milk (Dogan and Boor, 2003; de Oliveira et al., 2015). The small number of gramnegative microorganisms identified among the spoilage psychrotrophs in the present study reaffirms the good environmental hygiene conditions present while obtaining the raw milk.

It was verified that 87.5% of the isolates identified as S. ureilytica presented proteolytic and lipolytic activity at 35°C/48 h and 75% at 7°C/10 d. This species was also the one showing the highest frequency of the aprXgene, which makes it a potential producer of alkaline metalloprotease. According to Baglinière et al. (2017), Serratia strains are able to synthesize 2 types of proteases, Ser1 and Ser2. Ser2 has an effect similar to the alkaline metalloprotease produced in the expression of the aprX gene, with a broad spectrum of action on caseins and implications for the shelf life of UHT milk. However, a study by Ercolini et al. (2009) reports proteolytic activity of S. marcescens at only 20 and 30°C, not at 7°C. This result demonstrates the intermittence of protease synthesis and the possible temperature interference, among other factors, in the expression of the aprX gene.

Enterobacter kobei was the primary psychrotrophic gram-negative microorganism in the raw refrigerated milk isolated in the present work, representing 15.4% of the microbiota (Table 2). Of the isolates of this species, 22.7% were positive for the alkaline metalloprotease production potential (aprX gene). This species was also the most frequently identified among lipolytic psychrotrophic microorganisms. Considering the totality of the psychrotrophic microbiota of raw milk, Ntuli et al. (2016) identified E. kobei in 0.8% of the 479 isolates. This bacterium belongs to the family Enterobacteriaceae, making it possible that the raw milk in the present study was contaminated directly or indirectly by feces. In confined spaces, which is the condition of the cows in this sample unit, udder contact with feces is frequent, and in these cases, increased attention should be paid to pre-dipping and elimination of the first milk jets.

Another enterobacterium that was found, Y. enterocolitica, is an important pathogen (Oliver et al., 2009),
and usually uses the swine as its reservoir. In fact,
there are several pig farms in the region of the present
study. The proteolytic activity on the plaques and the
alkaline metalloprotease (aprX) production potential
of this microorganism can compromise the quality of
milk and dairy products, and its pathogenicity reaffirms the risk of consuming raw dairy products. In some
regions of Brazil, the consumption of raw milk or of
products made from raw milk is still frequent, as raw
milk consumption is perceived to be safe. The study by
Pieri et al. (2014) reports that 18.5% of the Brazilians
interviewed regularly consume milk and raw products.

CONCLUSIONS

Despite the reduction of initial bacterial counts in raw milk to very low levels, the activity of heat-stable proteases, including alkaline metalloprotease, and of lipolytic enzymes originating from psychrotrophic bacteria is the limiting factor in maintaining the quality of fluid milk and its products. Interestingly, the highest deteriorating activity of the psychrotrophs was verified at mesophilic temperature, and gram-positive microorganisms predominate among the psychrotrophs with spoilage potential, L. lactis being the most prevalent species. Moreover, as expected, infectious agents of mastitis and spore-forming organisms have also been identified among the deteriorating psychrotrophs, and these can also reduce the shelf life of pasteurized milk. Therefore, it is necessary to develop sensitive and efficient tools to monitor and control their presence in raw milk.

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