# Substance use confounds associations between peer victimization and aggression in adolescence with mental disorders in adulthood: A prospective birth cohort study

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# Declarations of interest: none.

# **Ethics Committee Statement**

Northern Ostrobothnia Hospital District Ethical Committee 108/2017.

# **Data Availability Statement**

NFBC data is available from the University of Oulu, Infrastructure for Population Studies. Permission to use the data can be applied for research purposes via electronic material request portal. In the use of data, we follow the EU general data protection regulation (679/2016) and Finnish Data Protection Act. The use of personal data is based on cohort participant's written informed consent at his/her latest follow-up study,

which may cause limitations to its use. Please, contact NFBC project center (<u>NFBCprojectcenter(at)oulu.fi</u>) and visit the cohort website for more information.

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## Abbreviations

95% CI 95% confidence interval
AUD Alcohol use disorder
HR Hazard ratio
ICD-10 The International Classification of Disease, 10th revision
NFBC1986 The Northern Finland Birth Cohort Study 1986
SUD Substance use disorder

#### ABSTRACT

**Introduction:** Peer victimization and aggression in adolescence are associated with later mental health morbidity. However, studies examining this association have not controlled for adolescent substance use. We aimed to study the associations between peer victimization, peer aggression, and mental disorders in adulthood, adjusting for substance use in adolescence.

**Methods:** Participants were from the prospective Northern Finland Birth Cohort 1986. Data were available for 6,682 individuals (70.8% of the original sample). Peer victimization and peer aggression were assessed with items from the Achenbach Youth Self Report at ages 15-16 years. Outcomes were non-organic psychosis, anxiety disorder, mood disorder, substance use disorder and any mental disorder (a none-vs-any indicator) at age 33 years collected from nationwide health care, insurance and pension registers. Family structure, alcohol intoxication frequency, daily smoking, illicit drug use and baseline psychopathology using Youth Self-Report total score, and parental mental disorders were considered as confounding factors.

**Results:** In multivariable analyses, the association between peer victimization and psychosis (HR 2.9, 95% CI 1.2-6.9, p=0.020) and mood disorder (HR 1.7, 95% CI 1.2-2.4, p=0.012) in females remained significant after adjusting for confounders. Other associations between female and male peer victimization or aggression and the studied outcomes attenuated after adjustments.

**Conclusions:** Some associations between peer victimization and aggression and later mental health morbidity are explained by adolescent substance use. For females, substance use does not account for the increased risk of psychosis and mood disorder in

those who experience peer victimization.

**Keywords:** peer victimization, peer aggression, bullying, substance use, adolescent, mental disorders

#### **INTRODUCTION**

Problematic peer interactions are common experiences during childhood and adolescence, sometimes having long lasting consequences in later. Peer victimization refers to the experience of being a target of intentionally harmful/hurtful behavior by peers, whereas peer aggression describes the behavior of the perpetrator aggressing in an intentionally harmful/hurtful way towards a peer victim (Moore et al., 2014; Thomas J. et al., 2015). The high prevalence is demonstrated by s study of school students aged 12-17 years from 83 low and middle income and high-income countries in the six World Health Organization regions. Almost one in three (30.5%) adolescents were subjected to this behavior on one or more days in the previous month (Biswas et al., 2020). In prospective longitudinal studies, victimization by peers in childhood is associated with psychotic symptoms, anxiety and mood disorders in adulthood (Bowes et al., 2015; Copeland et al., 2013; Sourander et al., 2016; Stapinski et al., 2014; Takizawa et al., 2014; van Dam et al., 2012; Wolke et al., 2013). Furthermore, peer victimization and aggression and concurrent victimization and aggression towards peers ('victim-perpetration') at age 14-15 years has been associated with increased risk of substance use at age 26–27 years (Copeland et al., 2013; Sigurdson et al., 2014; Sourander et al., 2007; Wolke et al., 2013; Wolke & Lereya, 2015).

When examining females and males separately, frequent peer victimization and victimperpetration in childhood predicted use of prescription medicine, panic disorder and agoraphobia especially in young women (Copeland et al., 2013; Sourander et al., 2009). In males, childhood peer victimization and victim-perpetration were associated with later depression, anxiety disorder, panic disorder and heavy daily smoking, but not illicit substance misuse (Boden et al., 2016; Copeland et al., 2013; Haavisto et al., 2004; Klomek et al., 2008; Niemelä et al., 2011; Sourander et al., 2007).

The reported associations between peer aggression at the age of 8-16 years and later mental health and behavioral outcomes are mixed. In one study, female and male perpetrators of peer aggression were not more likely to experience later anxiety, depressive, alcohol or cannabis use disorders (Copeland et al., 2013). Similarly, no association was reported in adolescent males who perpetrated peer aggression and later adverse outcomes including depression (Haavisto et al., 2004; Sourander et al., 2009). In contrast, prospective longitudinal studies have shown males who perpetrated frequent peer aggression were at increased risk of depression and illicit substance use (Klomek et al., 2008; Niemelä et al., 2011). Experiences of peer victimization and involvement in peer aggression and their longitudinal consequences have been extensively studied in elementary school male children. Studies of adult mental health outcomes of adolescents who have had problematic peer interactions especially among females are less common, although females are associated with higher vulnerability to poor mental health (Copeland et al., 2013).

Confounding factors are a plausible explanation for the reported associations between peer victimization and perpetration and subsequent mental disorder. However, these associations are evident even after consideration of relevant confounding factors, such as family background and childhood and parental mental health problems (Boden et al., 2016; Bowes et al., 2015; Copeland et al., 2013; Haavisto et al., 2004; Kerr et al., 2017;

Klomek et al., 2008; Niemelä et al., 2011; Sourander et al., 2007, 2009, 2016; Takizawa et al., 2014). Adolescent substance use may be a mediator leading to later negative outcomes of adolescent peer violence. However, substance use in adolescence is also well known to be associated with both adolescent peer victimization/aggression and also adult mental disorders. In previous studies examining the mental health outcomes associated with peer aggression, there has been limited attention to the potential confounding role of adolescent substance use. To the best of our knowledge, there are only two previous studies that adequately adjusted for adolescent onset substance use (Copeland et al., 2013; Moore et al., 2014), despite it being identified as being a potential risk factor for mental disorders in young adults (Moylan et al., 2013; Mustonen et al., 2018; Sarala et al., 2020). Moore et al. (2014) observed an association between being a perpetrator of peer aggression at 14 years and harmful alcohol use at 17 years after adjusting for baseline substance use problems (Moore et al., 2014). However, no associations were found between victims or perpetrators of peer aggression at 14 years and harmful cigarette smoking and cannabis use at 17 years after the same adjustments. Copeland et al. (2013) reported an attenuated association between peer victimization and later depression after adjusting for substance abuse and dependence. A better understanding of the role of adolescent substance use in these associations may inform future interventions to support victims and prevent peer aggression.

We used data from the Northern Finland Birth Cohort 1986 to study the prospective associations between peer victimization, aggression and victimization-perpetration in adolescence and a wide range of register-based mental disorders diagnosed by the age of 33 years. We hypothesize that the associations between peer victimization or aggression and subsequent mental disorders attenuate in both sexes after adjusting for substance use and mental health symptoms in adolescence as well as parental mental disorders.

# **METHODS**

#### **Participants**

Participants were drawn from the Northern Finland Birth Cohort (NFBC) 1986, a sample consisting of 99% of all births from the two northern-most provinces in Finland, including all live born children (n=9,432) with an expected birthday between July the  $1^{st}$ 1985 and June the 30<sup>th</sup> 1986. Data were collected in two parts in 2001-2002 from the participants at age 15-16 years using questionnaires: First, a postal questionnaire including Youth Self-Report (YSR) questions was sent to the study members which was completed by consenting participants (n=7182, 77.9%). These individuals were invited to a field study, where they completed another questionnaire including questions on peer aggression and victimization (n=6974, 74%). Those who moved abroad (n=268, 2.8% of the original participants) or were deceased (n=60, 0.6% of the original sample) after participating in the study at age 15-16 years were included in the study. These participants were censored according to the day of death or moving to abroad. Individuals who did not answer peer aggression and victimization questions and those who had mental disorders before age 16 years or intellectual disability (ICD-10; F70-F79) were excluded. The final cohort consisted of 6,682 individuals (70.8% of the original sample, 45.2% boys; Figure S1, available online). For more information about the study design, see NFBC data collection page (University of Oulu: Northern Finland Birth Cohort 1986. University of Oulu., n.d.). Information on mental health diagnoses was

cumulatively collected from the four national registries from the participant's age 16 years through to 33 years, i.e., until the end of 2018. Only the time of the first diagnosis was included if the same disorder was diagnosed twice or more in the same patient during the data collection period. The study was approved by the Ethical committee of the Northern Ostrobothnia Hospital District 108/2017.

Attrition from the 15-16-year follow-up study is presented elsewhere (Miettunen et al., 2014). In summary, fewer adolescents with mental disorder (65.1% v.74.2%, p<0.001), parental mental disorder (58% v. 69%, p<0.001), males (64% v. 71%; p<0.001) and individuals living in urban areas (66% v. 71%, p<0.001) were retained in the follow-up study. Participants with missing data were excluded from the study, but this did not have major impact on the distribution of covariates within outcomes apart from anxiety disorders (Tables S2 and S3, available online). Data were not missing completely at random as male victims with an anxiety disorder dropped out from the adjusted model more often than non-victims.

## **Peer Aggression**

Information on peer aggression was assessed with two questions. Victimization was assessed using the item 'I get bullied a lot', and perpetration was assessed by the item 'I bully others a lot'. Response options included i) 'not true', ii) 'somewhat true' and iii) 'very true'. Based on responses to these questions, participants' experiences were classified into two groups if they responded 'somewhat true' or 'very true' on one or both items: i) victimization only, or ii) perpetration only. Participants were otherwise classified as not a victim or not a perpetrator. We also separately studied victimperpetration and a four-class variable was formed: i) victimization only, ii) perpetration only, iii) victim-perpetration, or iv) 'uninvolved'. The questionnaire applied in this study used the term 'bullying', but it did not include information on the two key components of bullying: power differential or repetition of bullying. Therefore, we preferred to use the terms 'peer aggression' and 'peer victimization'.

#### **Mental Disorder**

Information on diagnosed mental disorders was cumulatively collected until age 33 years from nationwide registers: The Register of Primary Health Care Visits 2011-2018 and the Care Register for Health Care 2001-2018 of the National Institute for Health and Welfare, disability pensions of the Finnish Centre for Pensions 2001-2016, and the medication reimbursement register of the Social Insurance Institution of Finland 2001-2005. The Care Register contains data on patients discharged from inpatient care, and since 1998 also data on specialized outpatient care. The Register of Primary Health Care Visits comprises all outpatient primary health care delivered in Finland. For more information about the registers see (Filatova et al., 2017) Supplement 1. There were five mental disorder diagnostic outcomes. The first was "Any mental disorder" which was derived from four classes of disorders collected in the registers. These four classes were constructed by grouping the ICD-10 mental health diagnoses into: 1) Any non-organic psychosis, 2) anxiety disorder, 3) mood disorder, and 4) any substance use disorder (SUD) (Table S1, available online). SUD contained diagnoses of harmful use and dependence of alcohol and/or other drugs, including nicotine. Where a cohort member had multiple diagnoses, they were included in each of the relevant diagnostic groups.

## Confounders

Data on family structure were collected when the cohort member was aged 15-16 years. Family structure was categorized into families with either (1) both parents living with the participant all the time or (2) other type of family, including single parent and blended families.

Information on parental education level was gathered from a parent questionnaire when participants were aged 15-16 years. Education level of both parents separately was divided into two groups: (1) schooling for less than 12 years and (2) schooling for 12 years or more.

Information on frequency of alcohol intoxication, daily smoking and illicit drug use at age 15-16 years was collected with self-reported questions. Regarding intoxication frequency the study members were asked: 'How many times have you been drunk during the past 30 days?' with options: Never, 1-2, 3-5, 6-9, 10-19, 20-39 or 40 times or more. A two-class variable of being intoxicated (1) 0-2 times and (2)  $\geq$ 3 times during the past 30 days was formed. For smoking the questions were: 'Do you smoke now?' with options: (1) not at all, (2) occasionally, (3) once a week, (4) on 2-4 days, (5) 5-6 days, or (6) 7 days a week. This item was categorized as a two-class variable of (1) no daily smoking, (options 1 -5) and (2) daily smoking. Regarding illicit drug use the study members were asked: 'Have you used marihuana or hashis?', 'Have you used ecstasy, heroin, cocaine, amphetamine, LSD or other similar drugs?', 'Have you sniffed thinner, glue, etc. for intoxication?' and 'Have you used medicines (sedatives, sleeping pills, or pain killers without alcohol) for intoxication?' The answers were combined as a two-class variable: Illicit drug use (no/yes). A person was classified to the yes-group, if

she/he had reported using any of these substances at least once by the age of 15-16 years.

Information on parental mental health diagnoses was based on parental diagnoses in the nationwide registers. These registers include: (1) Register of Health Care during the years 1969-2016 (Hospital Discharge Register until 1994). This register comprises inpatient care and visits to specialized outpatient health care since 1998. (2) The Register of Primary Health Care Visits (2011-2016); and (3) disability pensions of the Finnish Centre for Pensions (1965-2016).

During the field study at age 15-16 years, data were gathered on the adolescent's emotional and behavioral problems using the total score of the Youth Self-Report (YSR) questionnaire (Achenbach & Rescorla, 2001). This is a 118 item self-report questionnaire which consists of 8 DSM orientated subscales. For the purpose these analyses, we used the total YSR score but excluded the two questions relating to peer aggression and victimization.

#### Statistical methods

Cross-tabulation and Chi-square-tests were used for exploring the associations of potential confounders and peer victimization and perpetration. For exploring the association of exposures and YSR total score, Mann-Whitney's U-test was used. The first study design involved a cox regression analysis with hazard ratios (HR) and their 95% confidence intervals (95% CI) to examine the association between peer victimization or aggression and mental disorders separately for females and males. The

reference groups were the non-victims or non-perpetrators (study design 1, Tables 1-4). A second study design again using cox regression analysis explored the association between peer victimization, peer aggression, and victim-perpetration and mental disorders for females and males combined. The reference groups were the uninvolved female or male adolescents (study design 2, Supplementary tables 4-6). Two study designs were used because there were small numbers in some groups of participants involved in peer aggression who later experienced mental health diagnoses. The separate study designs enabled exploration of associations stratified by gender and by involvement in peer aggression (victim, perpetrator or victim/perpetrator). The hazard of receiving a mental health diagnosis in the victim or perpetrator or victim-perpetrator groups (yes/no) was determined with unadjusted and adjusted cox regression survival analyses from age 16 to 33 years. We adjusted cox regression survival analyses for victims or perpetrators or victim-perpetrators and mental disorders with family structure, alcohol intoxication frequency, daily smoking, illicit drug use and psychopathology at age 15-16 and parental mental health diagnoses. Interactions between peer victimization or aggression and background variables in relation to mental disorders were studied with logistic regression analysis. The results were considered statistically significant at level p < 0.05. All statistical tests were two-tailed and performed with SPSS software (version 25).

#### RESULTS

At age 16 years, 5.0% of females and 5.4% of males were exposed to peer victimization and 9.2% of females and 12.0% of males reported peer aggression towards others (Table 1). At age 33 years, 40.8% (n=71) of female and 26.6% (n=46) of male victims

and 31.3% (n=100) of female and 19.8% (n=76) of male perpetrators were diagnosed with any mental disorder. In addition, we examined those participants who were both victims and perpetrators (data shown in Table S4, available online).

\*\*\*Please, insert Table 1 here\*\*\*

Peer victimization experiences were statistically significantly associated with all mental disorder outcomes among female adolescents (Table 2). Also, peer aggression was associated with all outcomes except psychosis among females. Being a male victim was associated with any mental disorder, mood disorder and psychosis, but not with anxiety disorder or SUD. Peer aggression among males was associated with all the studied outcomes except psychosis. Furthermore, there was an association between female victim-perpetration and any psychosis, anxiety disorder, mood disorder and SUD (Table S5, available online). No associations were found between male victim-perpetration and the studied outcomes.

\*\*\*Please, insert Table 2 here\*\*\*

In adjusted Cox regression analyses, the associations between female and male victims or perpetrators and all the mental disorder outcomes attenuated after adjusting for adolescent psychopathology, intoxication frequency, daily smoking, illicit drug use and parental psychiatric disorders at age 16 years (Tables 3 and 4). This attenuation of associations was also seen with female victim-perpetrators (Table S6, available online). However, the association between female victimization and subsequent non-organic psychosis and mood disorder remained statistically significant after adjusting for the covariates (HR 2.9, 95% CI 1.2-6.9, p=0.020 for psychosis and HR 1.6, 95% CI 1.2-2.4, p=0.012 for mood disorder).

\*\*\*Please, insert Table 3 here\*\*\*

\*\*\*Please, insert Table 4 here\*\*\*

# DISCUSSION

In this large birth cohort study using register-based follow-up into adulthood, the associations between adolescent peer victimization and perpetration, and young adult mental disorders attenuated in both females and males after adjusting for alcohol intoxication frequency, daily smoking, illicit drug use and psychopathology at age 16 years as well as parental mental disorders. Substance use in adolescence is associated with peer aggression and victimization. In males, it may be the associated substance use in adolescence rather than the peer victimization and aggression that is responsible for the increased risk of later mental disorders in adulthood. However, for females, peer victimization was associated with increased risk of later psychosis and mood disorder independent of substance use in adolescence. To our knowledge, this is the first study in which adolescent substance use was considered as a confounding factor when studying peer aggression and victimization in adolescence and mental disorders in adulthood.

Previous studies report that whilst female victimization in childhood is associated with an increased risk of adult mental health problems (Copeland et al., 2013; Sourander et al., 2009), females who are involved in peer aggression are not at increased risk (Copeland et al., 2013). In our work, peer victimization and peer aggression in adolescent females were associated with future mental disorder diagnoses. However, almost all associations attenuated to non-significance after adjusting for adolescent substance use, psychopathology at age 16 years or parental mental health diagnoses. Of the specific substance covariates, adolescent illicit drug use and daily smoking significantly attenuated the association between female victimization and perpetration and SUD. However, female victimization in adolescence was associated with an elevated risk for later psychosis and mood disorder even after adjustments. Recent meta-analyses have shown victims of peer aggression in childhood and adolescence are more likely to experience later mental illness, including psychosis and mood disorder (McKay et al., 2020; Moore et al., 2017). Our results are in accordance with these previous works. The multiple pathways leading from adolescence peer victimization to development of depression or psychotic symptoms in adulthood may include altered physiological and cognitive responses to stress and threat signals, interaction with preexisting genetic vulnerability to mental disorders, and also direct causal environmental effect of bullying victimization to later psychopathology (Connolly & Beaver, 2016; Guimond et al., 2015; Lecei et al., 2019; Wolke et al., 2014).

Previous studies of male adolescents have shown that peer victimization is associated with anxiety disorder and depression (Haavisto et al., 2004; Klomek et al., 2008; Sourander et al., 2007) and peer aggression with depression and illicit drug use (Klomek et al., 2008; Niemelä et al., 2011). In our work, the associations between male victimization and psychosis and mood disorder and male aggression and anxiety and mood disorders and SUD attenuated after adjustments especially with baseline psychopathology and paternal mental disorder. Concerning mood disorder, adolescent illicit drug use modified the outcome in early adulthood. In addition, adjusting for cooccurring substance use in adolescence attenuated the SUD outcome later in life.

Adolescent illicit substance use has been reported to elevate the risk of anxiety and mood disorder (Fergusson et al., 2002; Sareen et al., 2006; Wang et al., 2018). Moreover, adolescent smoking and frequent intoxication has been associated with SUD in young adulthood (Riala et al., 2004; Sarala et al., 2020). Adolescents with substance use may be predisposed to later psychiatric disorders through the disruption of critical processes of brain development (Lubman et al., 2015). In our work, YSR scores increased the risk for all studied mental disorder outcomes for both females and males. This is consistent with previous studies, which show adolescents with mental health problems having an elevated risk of anxiety and mood disorders and SUD in adulthood (Benjet et al., 2016; Copeland et al., 2009). The psychosocial factors and hormonal, neuroendocrine and other neurophysiological changes that are associated with adolescent mental health problems may be responsible for symptoms persisting or reoccurring throughout adulthood (Faravelli et al., 2013; Leach et al., 2008). In addition, parental mental disorders have been found to increase the risk of anxiety and mood

disorders and SUD in young adult offspring via environmental and genetic factors (Dean et al., 2010). In this work, adolescent psychopathology, daily smoking, illicit drug use and parental mental health diagnoses were significant predictors of mental disorders in young adulthood. Thus, interventions that prevent substance use and peer aggression in adolescence and address the mental health problems of both adolescents and their parents are needed.

# **Strengths and limitations**

This study has major strengths: We used a longitudinal design and prospective data from a large population-based birth cohort with relatively small attrition. Also, a high quality, comprehensive register data enabled detection those with mental disorders until the age of 33 years. Information on participant's substance use and psychopathology at baseline and parental mental disorders were included in the analyses. This study has also limitations: Attrition at the 15-16 years questionnaires may have impacted the work by leading to over or under estimation of the results. Moreover, the questionnaire applied in this study did not include information on power differential between perpetrator and victim or repetition, recency or type of aggression. Furthermore, register data included only those individuals with a psychiatric illness diagnosed in national health care. Those persons who have not sought help for their mental health problems will not be identified by the registers. However, with universal access to health care, the vast majority of participants with significant impairment are likely to have been diagnosed and included.

# CONCLUSIONS

Illicit drug use, daily smoking, and psychopathology at age 16 years as well as parental mental disorders attenuate the associations between adolescent peer victimization and aggression and mental disorders in early adulthood. Accounting for adolescent substance use is essential in studies of adolescent victimization or aggression and later mental health outcomes. In addition, the risk for psychosis and mood disorder of females who experience peer victimization were elevated independent of adolescent substance use or other studied risk factors. The factors leading to these adverse outcomes in female victims need further exploration. Prevention of peer aggression, particularly in females may provide an opportunity to reduce the prevalence of mental disorders in adulthood.

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			Victim			Perpetrator	
	Total		0.4	р-		0 (	р-
Gender <sup>1</sup>	<u>n</u>	n	%	value*	n	%	value*
Female	6682	174	5.0	0.421	320	9.2	<0.001
Male		174	5.0 5.4	0.421	320 384	9.2	<0.001
Family type	5856	175	5.4		504	12.0	
Both parents	5650	231	77.0	0.521	455	75.2	0.038
One parent or other		69	23.0	0.521	150	24.8	0.050
Maternal education level	5828	0)	23.0		150	21.0	
<12 years	5020	224	73.9	0.010	406	67.1	0.293
$\geq 12$ years		79	26.1	0.010	199	32.9	0.275
Paternal education level	5595	12	20.1		177	52.9	
<12 years	0070	241	81.7	0.650	472	81.5	0.588
$\geq 12$ years		54	18.3	0.020	107	18.5	0.200
Intoxication frequency <sup>2,3</sup>	5764	0.	1010		107	1010	
0	0701	182	63.9	0.062	280	47.1	<0.001
1-2		71	24.9	0.002	222	37.4	
3 or more		32	11.2		92	15.5	
Daily smoking <sup>3</sup>	6605					10.0	
No	0002	296	86.8	0.867	526	75.3	<0.001
Yes		45	13.2	0.007	173	24.7	
Illicit drug use <sup>3</sup>	5899	10	10.2		175	2,	
No	5077	237	80.9	0.002	453	75.4	<0.001
Yes		56	19.1	0.002	148	24.6	<b>CO.OOI</b>
Maternal mental disorder	6682	50	17.1		110	21.0	
No	0002	261	75.2	0.245	536	76.1	0.278
Yes		86	24.8	0.215	168	23.9	0.270
Paternal mental disorder	6682	00	2.110		100	-017	
No	0002	276	79.5	0.959	546	77.6	0.145
Yes		71	20.5	0.707	158	22.4	0.110
Any Mental Disorder, female	3491	7.2	2010		100		
No	0.71	103	59.2	<0.001	220	68.8	0.025
Yes		71	40.8	101001	100	31.3	01020
Any Mental Disorder, male	3191	7.2			100	0110	
No	01/1	127	73.4	0.001	308	80.2	0.132
Yes		46	26.6	00001	76	19.8	0.122
Any Psychosis, female	3491					-,	
No	5171	164	94.3	<0.001	313	97.8	0.383
Yes		10	5.7		7	2.2	0.202
Any Psychosis, male	3191	10	5.7		,	2.2	
No	01/1	164	5.2	0.004	371	96.6	0.070
Yes		9	5.2	00001	13	3.4	0.070
Anxiety Disorder, female	3491	,	5.2		10	5.1	
No	0.71	134	77.0	0.001	255	79.7	0.002
Yes		40	23.0	00001	65	20.3	0.002
Anxiety Disorder, male	3191		2010		00	2010	
No	01/1	155	89.6	0.295	342	89.1	0.043
Yes		18	10.4	0.298	42	10.9	
Mood disorder, female	3491					/	
No		129	74.1	<0.001	267	83.4	0.049
Yes		45	25.9		53	16.6	
Mood Disorder, male	3191		,				
No	/-	151	87.3	0.002	346	90.1	0.011
Yes		22	12.7		38	9.9	
Substance Use Disorder, female	3491						
No	-	163	93.7	0.002	304	95.0	0.005

Table 1. Background variables and mental health diagnoses at age 33 years and peer victimization and peer aggression (Study design 1)

Yes		11	6.3		16	5.0	
Substance Use Disorder, male	3191	1.62		0.145	050	02.7	0.001
No		162	93.6	0.145	356	92.7	0.001
Yes		11	6.4		28	7.3	
	_		Victim			Perpetrator	
	Total		Victim	р-		Perpetrator	р-
	Total n	n	Victim Mean ± SD	<i>p-</i> value*	n	Perpetrator Mean ± SD	<i>p-</i> value*
YSR total score <sup>4</sup>		<b>n</b> 342		-		•	-

<sup>1</sup> Information on gender presented as row percentages.

<sup>2</sup> past 30 days.

 $^{3}$  at the age of 15-16 years.

<sup>4</sup>Information for Youth Self-Report (YSR) are reported as continuous variables.

	A	ny Mental Di	isorder	Any N	Any Non-organic Psychosis			Anxiety Disorder			Mood Disorder			Substance Use Disorder		
Female																
Crude Model	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	
Victim	1.9	1.5-2.4	< 0.001	4.5	2.3-8.9	<0.001	1.8	1.3-2.4	0.001	2.3	1.7-3.2	<0.001	2.7	1.4-5.1	0.002	
Perpetrator	1.3	1.1-1.6	0.015	1.5	0.7-3.3	0.320	1.6	1.2-2.0	0.001	1.3	1.01-1.8	0.043	2.2	1.3-3.7	0.005	
	A	ny Mental Di	tal Disorder Any Non-organic Psychosis			Anxiety Disorder			Mood Disorder			Substance Use Disorder				
Male																
Crude Model	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	
Victim	1.7	1.3-2.3	<0.001	2.7	1.4-5.5	0.005	1.3	0.8-2.1	0.258	2.1	1.3-3.2	0.001	1.5	0.8-2.8	0.249	
Perpetrator	1.3	1.004-1.6	0.046	1.8	0.97-3.2	0.064	1.5	1.05-2.0	0.026	1.6	1.2-2.3	0.005	2.0	1.3-3.1	0.001	

 Table 2. Results of unadjusted cox regression analyses for female and male mental disorder diagnoses at age 33 years (Study design 1)

Abbreviations: HR = hazard ratio, 95% CI = 95% confidence interval.

	Any Non-organic Psychosis			А	Anxiety Disorder			Mood Disorde	r	Substance Use Disorder		
Characteristics	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> - value
Victim	2.9	1.2-6.9	0.020	1.5	1.0-2.2	0.079	1.6	1.1-2.4	0.011	1.5	0.6-3.6	0.378
Family type												
One parent or other	1.3	0.6-2.6	0.495	1.2	0.9-1.5	0.174	1.3	1.01-1.7	0.039	1.4	0.8-2.4	0.243
Intoxication frequency												
1-2	0.9	0.4-2.0	0.858	0.8	0.6-1.0	0.090	0.8	0.6-1.1	0.181	1.2	0.6-2.2	0.641
3 or more	1.9	0.7-4.8	0.196	1.1	0.8-1.7	0.482	1.1	0.7-1.6	0.731	1.2	0.6-2.2	0.702
Daily smoking (yes)	1.7	0.7-4.0	0.206	1.2	0.9-1.7	0.306	1.1	0.8-1.5	0.590	2.7	1.5-5.1	0.002
Illicit drug use (yes)	0.7	0.3-1.7	0.472	0.9	0.7-1.3	0.618	1.3	0.9-1.7	0.110	2.1	1.1-3.8	0.020
Maternal mental disorder												
(yes)	1.4	0.7-2.8	0.348	1.4	1.1-1.7	0.013	1.8	1.4-2.3	<0.001	1.7	1.0-2.9	0.068
Paternal mental disorder (yes)	1.8	0.9-3.5	0.100	1.3	1.0-1.6	0.050	1.3	1.01-1.7	0.043	2.1	1.2-3.6	0.007
YSR total score	1.02	1.01-1.04	0.014	1.015	1.01-1.02	<0.001	1.02	1.015-1.03	<0.001	1.02	1.004-1.03	0.014

 Table 3. Results of adjusted cox regression analyses for female mental disorder diagnoses (Study design 1)

	Any Non-organic Psychosis			A	Anxiety Disorder			Mood Disorde	er	Substance Use Disorder		
Characteristics	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p-</i> value
Perpetrator	0.9	0.3-2.4	0.828	1.2	0.9-1.5	0.244	0.8	0.5-1.2	0.228	0.8	0.4-1.9	0.676
Family type												
One parent or other	1.3	0.7-2.6	0.449	1.2	0.9-1.5	0.171	1.3	1.02-1.7	0.036	1.4	0.8-2.4	0.226
Intoxication frequency												
1-2	0.9	0.4-1.9	0.737	0.8	0.6-1.0	0.077	0.8	0.6-1.1	0.130	1.1	0.6-2.2	0.684
3 or more	1.8	0.7-4.6	0.226	1.1	0.8-1.6	0.517	1.1	0.7-1.5	0.784	1.2	0.5-2.7	0.685
Daily smoking (yes)	1.6	0.7-3.8	0.256	1.2	0.8-1.6	0.331	1.1	0.8-1.5	0.615	2.7	1.4-5.0	0.002
Illicit drug use (yes)	0.7	0.3-1.8	0.495	0.9	0.7-1.3	0.582	1.3	1.0-1.7	0.104	2.1	1.1-3.8	0.020
Maternal mental disorder												
(yes)	1.4	0.7-2.8	0.345	1.4	1.1-1.7	0.013	1.8	1.4-2.3	<0.001	1.7	1.0-2.9	0.066
Paternal mental disorder (yes)	1.8	0.9-3.5	0.093	1.3	1.002-1.7	0.048	1.3	1.01-1.7	0.044	2.1	1.2-3.6	0.007
YSR total score	1.03	1.01-1.05	0.002	1.015	1.01-1.02	<0.001	1.025	1.02-1.03	<0.001	1.02	1.01-1.04	0.007

Abbreviations: HR = hazard ratio, 95% CI = 95% confidence interval, YSR = Youth Self-Report (peer aggression questions excluded).

	Any Non-organic Psychosis				Anxiety Disord	ler		Mood Disord	ler	Subs	stance Use Dis	order
Characteristics	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p-</i> value
Victim	1.3	0.5-3.2	0.551	0.7	0.3-1.4	0.253	1.3	0.7-2.2	0.403	1.0	0.4-2.2	0.975
Family type												
One parent or other	0.9	0.5-1.8	0.759	1.2	0.9-1.7	0.281	1.2	0.8-1.7	0.371	1.8	1.2-2.8	0.009
Intoxication frequency												
1-2	0.9	0.5-1.6	0.652	0.8	0.6-1.2	0.250	1.0	0.7-1.5	0.891	1.2	0.7-2.0	0.424
3 or more	0.7	0.3-2.1	0.558	1.3	0.8-2.1	0.355	1.3	0.7-2.1	0.388	1.9	1.01-3.6	0.046
Daily smoking (yes)	1.1	0.5-2.6	0.787	0.9	0.6-1.5	0.678	1.1	0.7-1.7	0.772	1.5	0.9-2.6	0.142
Illicit drug use (yes)	1.2	0.5-2.7	0.685	1.3	0.8-2.0	0.303	1.8	1.1-2.7	0.010	1.8	1.01-3.1	0.045
Maternal mental disorder												
(yes)	1.1	0.6-2.0	0.797	1.8	1.3-2.5	<0.001	1.4	1.0-2.0	0.055	1.5	1.0-2.4	0.072
Paternal mental disorder (yes)	2.6	1.5-4.5	0.001	2.1	1.5-2.8	<0.001	1.8	1.2-2.5	0.001	2.0	1.3-3.1	0.002
YSR total score	1.04	1.02-1.06	<0.001	1.02	1.01-1.03	0.006	1.02	1.01-1.04	<0.001	1.02	1.01-1.04	0.010
	Any Non-organic Psychosis			Anxiety Disorder			Mood Disorder			Substance Use Disorder		
												<i>n</i> _

Table 4. Results of adjusted cox regression analyses for male mental disorder diagnoses (Study design 1)

	Any Non-organic Psychosis				Anxiety Disord	er		Mood Disord	ler	Substance Use Disorder		
Characteristics	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p</i> -value	HR	95% CI	<i>p-</i> value
Perpetrator	1.1	0.5-2.2	0.847	1.2	0.7-1.8	0.499	1.0	0.6-1.5	0.925	1.2	0.6-2.1	0.633
Family type												
One parent or other	0.9	0.5-1.8	0.770	1.2	0.9-1.7	0.269	1.2	0.8-1.7	0.375	1.8	1.2-2.8	0.009
Intoxication frequency												
1-2	0.9	0.5-1.6	0.615	0.8	0.6-1.2	0.261	1.0	0.7-1.5	0.929	1.2	0.7-2.0	0.447
3 or more	0.7	0.3-2.1	0.563	1.3	0.8-2.1	0.358	1.3	0.7-2.1	0.381	1.9	1.02-3.6	0.045
Daily smoking (yes)	1.1	0.5-2.6	0.793	0.9	0.5-1.4	0.632	1.1	0.7-1.7	0.758	1.5	0.9-2.6	0.153
Illicit drug use (yes)	1.2	0.5-2.7	0.683	1.3	0.8-2.0	0.305	1.8	1.1-2.7	0.010	1.8	1.01-3.1	0.046
Maternal mental disorder												
(yes)	1.1	0.6-2.1	0.781	1.8	1.3-2.5	<0.001	1.4	1.0-2.0	0.050	1.5	1.0-2.4	0.070
Paternal mental disorder (yes)	2.6	1.5-4.5	0.001	2.1	1.5-2.8	<0.001	1.8	1.2-2.5	0.001	2.0	1.3-3.1	0.002
YSR total score	1.04	1.03-1.06	<0.001	1.01	1.001-1.03	0.031	1.03	1.01-1.04	<0.001	1.02	1.003-1.04	0.018

Abbreviations: HR = hazard ratio, 95% CI = 95% confidence interval, YSR = Youth Self-Report (peer aggression questions excluded).