Influenza immunization among Canadian health care personnel: a cross-sectional study

Sarah A. Buchan MSc, Jeffrey C. Kwong MD MSc

Abstract

Background: Influenza immunization coverage among Canadian health care personnel remains below national targets. Targeting this group is of particular importance given their elevated risk of influenza infection, role in transmission and influence on patients' immunization status. We examined influenza immunization coverage in health care personnel in Canada, reasons for not being immunized and the impact of "vaccinate-or-mask" influenza prevention policies.

Methods: In this national cross-sectional study, we pooled data from the 2007 to 2014 cycles of the Canadian Community Health Survey and restricted it to respondents who reported a health care occupation. Using bootstrapped survey weights, we examined immunization coverage by occupation and by presence of vaccinate-or-mask policies, and reasons for not being immunized. We used modified Poisson regression to estimate the prevalence ratio (PR) of influenza immunization for health care occupations compared with the general working population.

Results: For all survey cycles combined, 50% of 18 446 health care personnel reported receiving seasonal influenza immunization during the previous 12 months, although this varied by occupation type (range 4%–72%). Compared with the general working population, family physicians and general practitioners were most likely to be immunized (PR 3.15, 95% confidence interval [CI] 2.76–3.59), whereas chiropractors, midwives and practitioners of natural healing were least likely (PR 0.17, 95% CI 0.10–0.30). Among those who were not immunized, the most frequently cited reason was the belief that influenza immunization is unnecessary. Introduction of vaccinate-or-mask policies was associated with increased influenza immunization among health care personnel.

Interpretation: Health care personnel are more likely to be immunized against influenza than the general working population, but coverage remains suboptimal overall, and we observed wide variation by occupation type. More efforts are needed to target specific health care occupations with low immunization coverage.

easonal influenza causes substantial morbidity and mortality for high-risk groups such as older adults, young children and those with underlying medical conditions. These high-risk groups have frequent contact with the health care system and health care personnel. Health care personnel are at higher risk of influenza infection compared with people who work in non-health care settings, and may be a source for influenza transmission in health care settings. Previous studies have suggested that there is an inverse relationship between health care personnel immunization and nosocomial infections. Furthermore, immunization beliefs and status of health care providers influence patient decisions about immunization.

Canada's National Advisory Committee on Immunization (Public Health Agency of Canada) recommends annual seasonal influenza immunization for health care personnel as part of the standard of care for protecting patients, 12 with a national target of 80% coverage for health care personnel

who have close contact with patients.¹³ The term "health care personnel" includes many diverse occupations, and studies estimating influenza immunization coverage among health care personnel have not commonly reported about specific occupations.^{14,15} Some studies in the United States have used large national surveys, but those results may not be generalizable to the Canadian context.^{16,17}

Numerous organizations in the US have introduced mandatory influenza immunization policies for health care personnel, with subsequent notable increases in coverage. ^{18,19} In

Competing interests: None declared.

This article has been peer reviewed.

Correspondence to: Jeffrey C Kwong, jeff.kwong@utoronto.ca

CMAJ Open 2016. DOI:10.9778/cmajo.20160018

© 2016 Joule Inc. or its licensors CMAJ OPEN, 4(3) **E479**

Research

recent years, several Canadian jurisdictions have implemented health care personnel "vaccinate-or-mask" influenza prevention policies, which require hospital-based health care personnel to either receive seasonal influenza immunization or wear a surgical mask during periods of influenza activity. Such policies were introduced in British Columbia and 1 of New Brunswick's 2 regional health networks (Horizon Health Network) in 2012–13, Saskatchewan in 2014–15 and selected hospitals across Ontario from 2012–13 to 2014–15.^{20,21}

Our objectives for this study were to examine influenza immunization and the reasons for not being immunized, by health care occupation group and specific occupation. Additionally, we aimed to determine the impact of the introduction of vaccinate-or-mask influenza prevention policies on health care personnel influenza immunization coverage.

Methods

Study population

We used nationally representative data from the 2007 to 2014 cycles of the Canadian Community Health Survey (survey).²² Conducted annually by Statistics Canada since 2007 through telephone and in-person interviews, this cross-sectional survey contains questions related to health status, health care utilization and health determinants.²² Using a multistage stratified cluster design, each cycle includes a sample of about 65 000 respondents aged 12 years and older. The survey excludes persons living on Aboriginal reserves, full-time members of the Canadian military, institutionalized persons and 2 remote health regions in Quebec (with all of these exclusions representing < 3% of the population).²²

We restricted our study to respondents 15–75 years of age who reported having a job during the week before being asked to respond to the survey. We assessed influenza immunization among those working in health care occupations. Response rates ranged from 65.6% to 77.6% across the survey cycles.²³

Sources of data

We defined the dependent variable as self-reported influenza immunization within the past 12 months, determined through responses to the questions "Have you ever had a (seasonal) flu shot?" and "When did you have your last (seasonal) flu shot?". Respondents who reported receipt of their last flu shot during the preceding 12 months were considered immunized. These respondents were also asked "In which month did you have your last flu shot?." Those whose response matched the month of the survey date were then asked "Was that this year or last year?". We considered respondents who reported receipt of influenza vaccine during the same month as the survey date but in the preceding year as not immunized. Respondents who reported not receiving influenza immunization during the last 12 months were asked a series of questions related to their reasons for not being immunized.

To identify health care personnel, we used the National Occupation Classification for Statistics, established by Human Resources and Social Development Canada in partnership with Statistics Canada.²⁴ Eligible respondents were asked

about their specific occupation, which was coded and organized into a predefined hierarchy of 10 broad categories (1 of which comprises all health occupations) that are subdivided into health occupation groups and specific health occupations. We adapted this classification structure, making changes based on sample size and cohesiveness of the group (e.g., we combined chiropractors and practitioners of natural healing with midwives because both groups were too small on their own to produce sufficiently stable estimates to be reported and their coverage levels were similar).

We defined presence of a vaccinate-or-mask influenza prevention policy based on jurisdiction and influenza season (i.e., year). We considered British Columbia and the Horizon Health Network in New Brunswick to have this policy for 2012–13 and 2013–14. We included the survey health region that exclusively comprises Horizon Health Network and excluded Moncton because this city is split between Horizon Health Network and Vitalité Health Network. We also excluded Ontario from this analysis, because we could not align hospitals that introduced these policies with survey health regions.

To determine the presence of chronic medical conditions, respondents were asked whether they had been diagnosed by a health professional with asthma, chronic obstructive pulmonary disease, heart disease, stroke, diabetes or cancer, conditions for which influenza vaccines are recommended. The definitions for education, household income, smoking status, body mass index, immigration status, marital status, rural residence, self-reported health, and having a regular doctor were described previously. We combined the 3 territories because of their small sample sizes.

Statistical analysis

We pooled individual-level responses from all survey cycles, with the final data set considered a sample from an average population observed over time.²⁷ Using cross-tabulations, we estimated the overall proportion of health care personnel who reported seasonal influenza immunization during the previous year by various sociodemographic characteristics (i.e., age, sex, education, income and location), as well as by province and season. We also examined influenza immunization coverage by health occupation group and by specific occupation, looking at both whether the respondent had been immunized during the last 12 months and whether they had ever been immunized. Cross-tabulations were also used to examine the reasons provided by respondents who were not immunized and to compare jurisdictions that had introduced vaccinate-or-mask policies for health care personnel with those that had not.

We chose modified Poisson regression over logistic regression to estimate the prevalence of influenza immunization in specific health care occupations compared with other occupations outside of health care. Logistic regression analyses would have overestimated this relationship because of the high frequency of the outcome. Using modified Poisson regression also allows for the prevalence ratios to be interpreted as a relative risk. We used the Hosmer–Lemeshow goodness-of-fit test forward model-building strategy to

develop our multivariable model.³⁰ We performed univariable regression analysis for all variables that were identified a priori to be of potential importance, and they were entered into the model based on their effect size. Variables that had a significant impact on the prevalence ratio for vaccination of health care personnel were kept in the model, with a verification step at the end to ensure no important variables were missed. Given its importance on influenza immunization uptake, age was forced into the model. After applying this model-building strategy, only age and sex remained in the model.

We used sampling weights to account for the unequal probability of selection in the sample and bootstrap survey weights to calculate variance estimates. We used normalized weights for the multivariable regression analysis. All tests were 2-sided and used a significance level of p < 0.05. We used SAS statistical software (version 9.4, SAS Institute Inc.) for all analyses.

Ethics approval

This study was approved by the Ethics Review Board of Public Health Ontario.

Results

Our total sample included 249 607 respondents (weighted n = 16524003) aged 15–75 years who reported having a job during the previous week; of these, 18 446 (weighted n = 130731) were classified as having a health care occupation. Most health care personnel were female, had attained high levels of education and had high household income (Table 1).

Influenza immunization by occupation

Overall, 50% (95% confidence interval [CI] 49%–51%) of health care personnel reported receiving seasonal influenza immunization during the past 12 months, and 77% (95% CI 76%–79%) reported ever receiving immunization, compared with 21% (95% CI 20%–21%) and 51% (95% CI 50%–51%), respectively, in the general working population. Immunization coverage in health care personnel varied between provinces (range 37%–62%) and influenza seasons (range 43%–55%).

We observed a wide range of coverage by health occupation group (range 4%–58%) and by specific occupation (range 4%–72%) (Table 2). The extent of variability was not consistent across health occupation groups: for example, coverage levels were similar between the 3 types of nurses (53% for head nurses and supervisors, 58% for registered nurses and 59% for licensed practical nurses) but ranged from 36% to 61% among allied health professionals. Family physicians and general practitioners had the highest reported occupation-specific coverage (72%, 95% CI 65%–79%), whereas chiropractors, midwives and practitioners of natural healing had the lowest (4%, 95%CI 1%–7%).

In the multivariable analysis, healthcare personnel overall had significantly higher influenza immunization coverage than the general working population both before (prevalence ratio [PR] 2.43, 95% CI 2.36–2.51) and after adjustment (PR 2.26, 95% CI 2.19–2.34). This was also true for all health occupation groups except dental technicians and chiroprac-

tors, midwives and practitioners of natural healing (Figure 1). Higher coverage was not observed for certain specific occupations (i.e., optometrists, veterinarians, veterinary technicians, dental hygienists and dental therapists, opticians, and those belonging to the other category of technical occupations in health care). Family physicians and general practitioners were most likely to receive influenza immunization (PR 3.15, 95% CI 2.76–3.59), followed by licensed practical nurses (PR 2.69, 95% CI 2.46–2.95), dieticians and nutritionists (PR 2.67, 95% CI 2.29–3.20) and specialist physicians (PR 2.63, 95% CI 2.29–3.02). In contrast, chiropractors, midwives and practitioners of natural healing were the least likely to receive influenza immunization (PR 0.17, 95% CI 0.10–0.30).

Reasons for not receiving influenza immunization

Among those not immunized (n = 8354; weighted $n = 537\,674$), the most frequently cited reason, consistent across all occupations, was believing influenza immunization to be unnecessary (all health care personnel = 67%) (Table 3). Family physicians and general practitioners had the lowest percentage of citing this reason (52%) among respondents, whereas chiropractors, midwives and practitioners of natural healing had the highest percentage (92%). The other most frequently cited reasons included "not getting around to it" (14%), "having a previous bad reaction" (10%), and fear (5%). This order was consistent across health occupation groups, except for nurses, for whom having a previous bad reaction was the second most frequently cited reason.

Impact of vaccinate-or-mask policies on influenza immunization among health care personnel

In areas where vaccinate-or-mask policies were implemented, influenza immunization among health care personnel increased from 52% (95% CI 49%–56%) before the 2012–2013 influenza season to 68% (95% CI 62%–74%) after 2012–2013 compared with a change from 47% (95% CI 44%–49%) to 46% (95% CI 43%–50%) in areas that did not implement such policies (Figure 2).

Interpretation

Main findings

Immunization coverage among Canadian health care personnel remains below the national target, with large variations by specific occupation. Family physicians and general practitioners are most likely to receive influenza immunization, whereas chiropractors, midwives and practitioners of natural healing are least likely.

Comparison with other studies

Past studies of influenza immunizaton among health care personnel using Canadian Community Health Survey data considered health care personnel as a single entity and were based on industry classification rather than occupation type. Johansen and colleagues reported that 46% of people in health care industries in 2003 received their influenza vaccine. Holmour and Hofmann examined uptake of H1N1 influenza vaccine in

Research

2010 and found that health care workers had significantly higher uptake than non-health care workers (65.9% v. 34.8%).³¹ Some organization-specific studies have provided data on a limited number of subgroups but have focussed more on understanding attitudes and motivators of workers within these organizations.^{32,33} Saluja and colleagues noted variation in uptake among those who worked in emergency departments; however, they only reported on 4 health care worker groups.³⁴

In the US, opt-in surveys of health care personnel have been conducted annually, with the most recent data reporting that 75.2% were immunized in 2013–14.³⁵ This was highest

for physicians (92.2%) and for health care professionals whose employers required them to be immunized (97.8%).³⁵ The finding that physicians have the highest influenza immunization coverage among health care personnel is echoed in our study, as well as other national surveys.³⁶ Additionally, our finding that influenza immunization coverage among health care personnel overall is suboptimal is also consistent with other research.³⁶⁻⁴⁰

We found that chiropractors, midwives and other practitioners of natural healing had the lowest uptake of influenza immunization. A previous survey of Ontario midwives also

Characteristic	n , unweighted \P	n, weighted (%)	Influenza immunization, % (95% CI)	
All health care personnel	18 446	1 130 731 (100)	50 (49–51)	
Sex				
Female	15 645	914 069 (80.8)	50 (49–51)	
Male	2800	216 662 (19.2)	51 (48–54)	
Age, yr				
15–29	3485	232 521 (20.6)	45 (43–48)	
30–49	8280	560 815 (49.6)	48 (46–50)	
50–64	6080	312 206 (27.6)	56 (53–58)	
65–75	600	25 188 (2.2)	70 (65–76)	
Education				
Some secondary	365	16 271 (1.4)	39 (31–48)	
Secondary	855	53 360 (4.7)	47 (40–53)	
Some postsecondary	485	32 473 (2.9)	38 (31–45)	
Postsecondary	16 660	1 024 262 (90.6)	51 (50–52)	
Not stated	80	4365 (0.4)	56 (39–72)	
Household income				
Lowest*	335	18 363 (1.6)	42 (33–51)	
Lower middle†	1345	80 223 (7.1)	46 (40–52)	
Upper middle‡	4845	274 579 (24.3)	45 (43–48)	
Highest §	11 035	696 155 (61.6)	53 (51–54)	
Not stated/missing	890	61 411 (5.4)	51 (45–57)	
Location				
Urban	13 735	935 286 (82.7)	51 (49–52)	
Rural	4710	195 445 (17.3)	48 (46–51)	
Health occupation group				
Diagnosing and treating professionals	1405	110 499 (9.8)	58 (53–62)	
Chiropractors and midwives	250	18 852 (1.7)	4 (1–7)**	
Allied health professionals	1580	99 048 (8.8)	48 (44–53)	
Nurses	6665	387 740 (34.3)	57 (55–60)	
Medical technologists and technicians	1545	99 112 (8.8)	43 (39–47)	
Dental technicians	450	31 248 (2.8)	23 (17–29)	
Other technical occupations in health care	1020	58 719 (5.2)	27 (23–32)	
Assisting occupations in support of health services	5535	325 513 (28.8)	51 (49–53)	

Characteristic	n, unweighted¶	n, weighted (%)	Influenza immunization % (95% CI)
Province/territory			
Newfoundland and Labrador	585	19 891 (1.8)	37 (32–43)
Prince Edward Island	315	5 575 (0.5)	55 (47–62)
Nova Scotia	840	39 513 (3.5)	62 (58–67)
New Brunswick	785	26 715 (2.4)	50 (45–54)
Quebec	3405	268 993 (23.8)	40 (37–43)
Ontario	5810	396 944 (35.1)	52 (50–54)
Manitoba	1325	49 681 (4.4)	41 (36–46)
Saskatchewan	1250	38 231 (3.4)	59 (55–63)
Alberta	1650	125 895 (11.1)	56 (52–60)
British Columbia	2095	157 119 (13.9)	57 (53–60)
Territories combined	380	2 174 (0.2)	58 (51–64)
nfluenza season			
2006–07	1860	99 821 (8.8)	52 (48–55)
2007–08	2455	139 235 (12.3)	51 (48–55)
2008–09	2300	144 191 (12.8)	53 (50–57)
2009–10	2320	143 398 (12.7)	43 (40–47)
2010–11	2345	148 604 (13.1)	51 (47–54)
2011–12	2400	141 030 (12.5)	47 (43–50)
2012–13	2415	155 749 (13.8)	49 (46–53)
2013–14	2345	158 702 (14.0)	55 (51–58)

Note: CI = confidence interval.

*Based on the following categories: 1–2 people in household, household income < \$15 000; 3–4 people in household, household income < \$20 000; > 5 people in household, household income < \$30 000.

†Based on the following categories: 1–2 people in household, household income \$15 000–\$29 999; 3–4 people in household, household income \$20 000–\$39 999; > 5 people in household, household income \$30 000–\$59 999.

‡Based on the following categories: 1–2 people in household, household income \$30 000–\$59 999; 3–4 people in household, household income \$40 000–\$79999; > 5 people in household, household income \$60 000–\$79 999.

\$Based on the following categories: 1-2 people in household, household income > \$60 000; > 3 people in household, household income > \$80 000.

¶As per Statistics Canada confidentiality rules, unweighted n values have been rounded to the nearest 5.

**Use with caution (coefficient of variation 16.6%–33.3%).

found that midwives were less likely to receive influenza immunization than other health care personnel. ⁴¹ The use of alternative practitioners has become increasingly common in Canada. ^{42,43} Like other health care personnel, they may have patients who are considered to be at high risk of serious complications from influenza infection, and, by not being immunized each year, they may be placing their patients at risk of serious morbidity and mortality from influenza infection. Given the burden of influenza during pregnancy and the effectiveness of influenza immunization in preventing influenza infection in both pregnant woman and their infants, ^{44,45} and acknowledging the increasingly important role of midwives in pregnancy care, efforts are needed to promote influenza immunization within this group in particular.

Although some recent studies attempted to identify effective measures for promoting immunization of health care personnel in hospitals or primary care settings, results varied.^{32,46–50} Some research highlighted the beneficial impacts of enhanced education and the use of "champions" to increase

coverage,^{49,50} whereas others suggested the need for a larger paradigm shift to a culture of vaccine promotion.^{32,48,51} Despite this research at the organizational level, further studies focused on individual health care occupations, such as those identified here, and their specific concerns are needed; targeted strategies can then help bolster immunization coverage within the respective group.^{52,53}

Limitations

Our outcome measure, influenza immunization during the past 12 months, is self-reported and may be subject to reporting bias. Although past studies showed this outcome to be a valid measure of influenza immunization status, ^{54,55} social desirability bias may have had a greater impact on health care personnel compared with the general population. Our study may also be limited in its ability to capture the full range of people who have patient contact but might not be classified as having a health care occupation. For example, we may have missed important groups, such as administrative or support

Occupation	n, unweighted* $n = 18446$	n , weighted $n = 1 \ 130 \ 731$	Flu shot in last 12 mo, % (95% CI)	Ever had flu shot, % (95% CI)
Diagnosing and treating professional	1405	110 499	58 (53–62)	80 (76–84)
Specialist physician	380	31 401	59 (51–67)	85 (80–90)
Family physician or general practitioner	565	46 902	72 (65–79)	86 (80–93)
Dentist	205	17 542	44 (31–57)	75 (64–85)
Optometrist	85	4 323	32 (17–47)†	75 (64–87)
Veterinarian	170	10 331	20 (11–29)†	46 (32–59)
Chiropractor, midwife or practitioner of natural healing	250	18 852	4 (1–7)†	26 (16–35)†
Allied health professional	1580	99 048	48 (44–53)	79 (75–82)
Pharmacist	450	28 134	50 (43–58)	79 (71–86)
Dietitian or nutritionist	165	8 338	61 (50–72)	84 (75–92)
Audiologist or speech language pathologist	195	10 857	36 (26–47)	78 (68–88)
Physiotherapist	405	26 938	44 (36–51)	73 (66–80)
Occupational therapist	265	18 399	51 (39–62)	83 (76–89)
Other professional occupation in therapy and assessment	95	6 382	55 (40–70)	86 (77–95)
Nurse	6665	387 740	57 (55–60)	84 (83–86)
Head nurse or supervisor	485	29 528	53 (45–62)	76 (67–85)
Registered nurse	4970	295 545	58 (55–60)	85 (83–87)
Licensed practical nurse	1210	62 667	59 (54–64)	84 (81–88)
Medical technologist or technician	1545	99 112	43 (39–47)	71 (67–75)
Medical laboratory technologist or pathologist's assistant	420	26 556	54 (46–62)	76 (68–84)
Medical laboratory technician	295	20 207	48 (39–57)	72 (63–81)
Respiratory therapist, clinical perfusionist or cardiopulmonary technologist	125	9 015	47 (34–60)	77 (65–90)
Medical radiation technologist	335	19 385	44 (35–54)	72 (63–82)
Medical sonographer, cardiology technologist, electroencephalographic or other diagnostic technologist, or other medical technologist or technician	130	8 908	35 (23–47)†	67 (54–79)
Veterinary technician	235	15 041	18 (9–27)†	55 (46–65)
Dental technician	450	31 248	23 (17–29)	58 (51–65)
Denturist or dental technologist, technician or laboratory bench worker	90	7 680	33 (20–47)†	56 (41–71)
Dental hygienist or dental therapist	360	23 568	19 (13–26)	59 (51–67)
Other technical occupation in health care	1020	58 719	27 (23–32)	60 (55–65)
Optician	115	7 928	15 (6–25)†	39 (25–53)†
Ambulance attendant or other paramedic occupation	510	25 678	46 (38–53)	83 (78–88)
Other	390	25 113	13 (8–17)†	44 (36–51)
Assisting occupation in support of health services	5535	325 513	51 (49–53)	78 76–80
Dental assistant	370	24 747	32 (24–39)	66 (59–74)
Nurse aide, orderly and patient services associates	4140	237 232	56 (53–59)	82 (80–84)
Other	1030	63 534	38 (33–43)	69 (64–73)

*As per Statistics Canada confidentiality rules, unweighted *n* values have been rounded to the nearest 5. †Use with caution (coefficient of variation 16.6%–33.3%).

staff, who are employed in health care settings and have regular contact with patients. Additionally, the location of employment was unavailable; the importance of health care personnel immunization is expected to vary considerably by patient population and setting (e.g., intensive care unit versus community pharmacy or optical store). For the analysis examining the impact of vaccinate-or-mask policies, we may have misclassified health care personnel who work in 1 health authority in New Brunswick and live in the other, but this number was

expected to be small. Furthermore, although New Brunswick and British Columbia implemented these policies for entire jurisdictions, several individual organizations also imple-

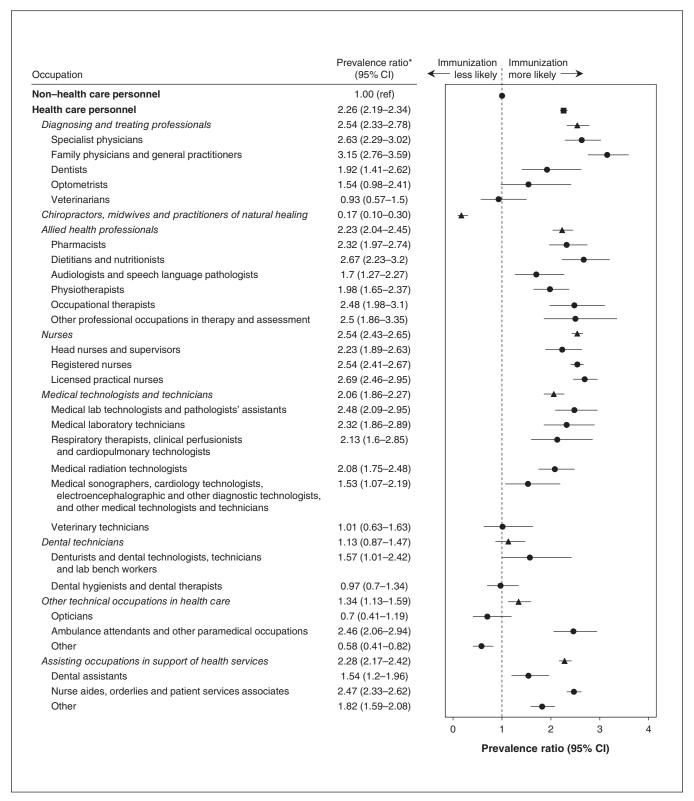


Figure 1: Prevalence ratios for influenza immunization (compared to the general working population) adjusted for age and sex, by health care occupation. Note: CI = confidence interval.

mented policies for their health care personnel, and we were unable to assess the impact of these organization-level policies with the available data. Finally, we were not able to look at trends over time for specific occupations because of sample size limitations.

Conclusion

Given the breadth of occupations represented by health care personnel, influenza immunization coverage should be measured using more specific categories. Our results suggest the need for targeted strategies to promote influenza immuniza-

Occupation	n, unweighted* $n = 8534$	n, weighted n = 537 674	Feels flu shot is unnecessary, % (95% CI)
Diagnosing and treating professional	585	44 499	63 (56–70)
Specialist physician	145	11 275	57 (45–70)
Family physician or general practitioner	125	12 346	52 (35–68)
Dentist	125	9679	72 (59–84)
Optometrist	60	2924	54 (36–71)†
Veterinarian	130	8275	81 (70–92)
Chiropractor, midwife or practitioner of natural healing	225	18 101	92 (87–97)
Allied health professional	760	48 576	66 (61–71)
Pharmacist	185	12 443	63 (52–74)
Dietitian or nutritionist	65	3186	87 (77–97)
Audiologist or speech language pathologist	110	6662	57 (43–71)
Physiotherapist	220	14 642	73 (65–82)
Occupational therapist	130	8989	61 (49–74)
Other professional occupation in therapy and assessment	45	2654	54 (32–77)†
Nurse	2610	153 313	63 (59–66)
Head nurse or supervisor	185	12 504	64 (51–77)
Registered nurse	1915	116 720	63 (59–66)
Licensed practical nurse	510	24 089	62 (55–69)
Medical technologist or technician	815	55 091	76 (72–80)
Medical laboratory technologist or pathologist's assistant	180	11 711	77 (68–86)
Medical laboratory technician	155	10 117	72 (62–82)
Respiratory therapist, clinical perfusionist or cardiopulmonary technologist	60	4635	79 (67–90)
Medical radiation technologist	150	10 736	79 (70–88)
Medical sonographer, cardiology technologist, electroencephalographic or other diagnostic technologist, or other medical technologist or technician	70	5651	75 (62–88)
Veterinary technician	195	12241	75 (64–86)
Dental technician	325	23 189	63 (54–72)
Denturist or dental technologist, technician or laboratory bench worker	60	4972	62 (43–81)†
Dental hygienist or dental therapist	265	18 217	63 (53–73)
Other technical occupation in health care	670	41 155	76 (71–81)
Optician	90	6438	78 (65–90)
Ambulance attendant or other paramedic occupation	260	13 318	69 (59–78)
Other	320	21 399	80 (73–87)
Assisting occupation in support of health services	2540	153 750	66 (63–69)
Dental assistant	255	16 714	71 (62–81)
Nurse aide, orderly and patient services associates	1685	98 569	65 (61–69)
Other	600	38 467	67 (61–74)

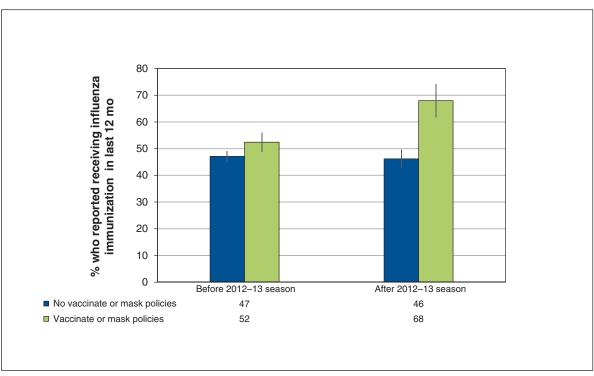


Figure 2: Influenza immunization, by presence of vaccinate-or-mask influenza prevention policies for health care personnel (excluding Moncton Health Region and the province of Ontario).

tion in groups with very low uptake and/or for whom provider protection is of critical importance to the patient population. Members of occupations with high coverage could serve as champions of influenza immunization for other health care personnel and patients.

References

- Thompson WW, Shay DK, Weintraub E, et al. Mortality associated with influenza and respiratory syncytial virus in the United States. JAMA 2003; 280,170.96
- Harper SA, Bradley JS, Englund JA, et al. Seasonal influenza in adults and children — diagnosis, treatment, chemoprophylaxis, and institutional outbreak management: clinical practice guidelines of the Infectious Diseases Society of America. Clin Infect Dis 2009;48:1003-32.
- Molinari NA, Ortega-Sanchez IR, Messonnier ML, et al. The annual impact of seasonal influenza in the US: measuring disease burden and costs. *Vaccine* 2007;25:5086-96.
- 4. Rosella LC, Fitzpatrick T, Wodchis WP, et al. High-cost health care users in Ontario, Canada: demographic, socio-economic, and health status characteristics. *BMC Health Serv Res* 2014;14:532.
- Health care in Canada, 2011. A focus on seniors and aging. Ottawa: Canadian Institute for Health Information; 2011. Available: https://secure.cihi.ca/free_products/ HCIC_2011_seniors_report_en.pdf (accessed 2016 June 23).
- Kuster SP, Shah PS, Coleman BL, et al. Incidence of influenza in healthy adults and healthcare workers: a systematic review and meta-analysis. PLoS One 2011;6:e26239.
- Bryce E, Embree J, Evans G, et al. AMMI Canada position paper: 2012 Mandatory influenza immunization of health care workers. Can J Infect Dis Med Microbiol 2012;23:e93-5.
- Eibach D, Casalegno JS, Bouscambert M, et al. Routes of transmission during a nosocomial influenza A(H3N2) outbreak among geriatric patients and healthcare workers. 7 Hosp Infect 2014;86:188-93.
- Huttunen R, Syrjänen J. Healthcare workers as vectors of infectious diseases. Eur J Clin Microbiol Infect Dis 2014;33:1477-88.
- Salgado CD, Giannetta ET, Hayden FG, et al. Preventing nosocomial influenza by improving the vaccine acceptance rate of clinicians. *Infect Control Hosp Epidemiol* 2004;25:923-8.
- Frank E, Dresner Y, Shani M, et al. The association between physicians' and patients' preventive health practices. CMAJ 2013;185:649-53.
- 12. Statement on seasonal influenza vaccine for 2015-2016. Ottawa: Public Health

- Agency of Canada; 2015. Available: www.phac-aspc.gc.ca/naci-ccni/flu -2015-grippe-eng.php (accessed 2016 June 23).
- 13. Vaccine coverage amongst adult Canadians: results from the 2012 adult National Immunization Coverage (aNIC) survey. Ottawa: Public Health Agency of Canada; 2014. Available: www.phac-aspc.gc.ca/im/nics-enva/vcac-cvac-eng.php (accessed 2016 June 23).
- Johansen H, Sambell C, Zhao W. Flu shots: National and provincial/territorial trends. Health Rep 2006;17:43-8.
- Brien S, Kwong JC, Charland KM, et al. Neighborhood determinants of 2009 pandemic A/H1N1 influenza vaccination in Montreal, Quebec, Canada. Am J Epidemiol 2012;176:897-908.
- King WD, Woolhandler SJ, Brown AF, et al. Brief report: influenza vaccination and health care workers in the United States. J Gen Intern Med 2006;21:181-4.
- Walker FJ, Singleton JA, Lu P, et al. Influenza vaccination of healthcare workers in the United States, 1989–2002. Infect Control Hosp Epidemiol 2006;27:257-65.
- Black CL, Yue X, Ball SW, et al. Influenza vaccination coverage among health care personnel United States, 2013–14 influenza season. MMWR Morb Mortal Wkly Rep 2014;63:805-11.
 Miller BL, Ahmed F, Lindley MC, et al. Increases in vaccination coverage of
- Miller BL, Ahmed F, Lindley MC, et al. Increases in vaccination coverage of healthcare personnel following institutional requirements for influenza vaccination: a national survey of U.S. hospitals. *Vaccine* 2011;29:9398-403.
- Ksienski DS. Mandatory seasonal influenza vaccination or masking of British Columbia health care workers: year 1. Can 7 Public Health 2014;105:e312-6.
- Vogel L. Vaccinate or mask pays off. CMAJ 2015;187:19.
- 22. Canadian Community Health Survey annual component (CCHS). Ottawa: Statistics Canada; 2014. Available: www23.statcan.gc.ca/imdb/p2SV.pl?Function=getSurvey&SDDS=3226 (accessed 2016 June 23).
- Canadian Community Health Survey annual component. Ottawa: Statistics Canada; 2016. Available: www23.statcan.gc.ca/imdb/p2SV.pl?Function=get InstanceList&Id=238854 (accessed 2016 June 23).
- National Occupational Classification Statistics (NOC-S). Ottawa: Statistics Canada; 2006. Available: www.statcan.gc.ca/pub/12-583-x/12-583-x2007001eng.pdf (accessed 2016 June 23).
- Kwong JC, Sambell C, Johansen H, et al. The effect of universal influenza immunization on vaccination rates in Ontario. Health Rep 2006;17:31-40.
- Quach S, Hamid JS, Pereira JA, et al. Influenza vaccination coverage across ethnic groups in Canada. CMAJ 2012;184:1673-81.
- Thomas S, Wannell B. Combining cycles of the Canadian Community Health Survey. Health Rep 2009;20:53-8.
- Zhang J, Yu KF. What's the relative risk? A method of correcting the odds ratio in cohort studies of common outcomes. 7AMA 1998;280:1690-1.
- Zou G. A modified poisson regression approach to prospective studies with binary data. Am J Epidemiol 2004;159:702-6.

CMAJ OPEN

Research

- Hosmer D, Lemeshow S. Model building strategies for logistic regression. In: Shewhart WA, Wilks SS, editors. Applied logistic regression. 2nd ed. New York: John Wiley; 2000.
- 31. Gilmour H, Hofmann N. H1N1 vaccination. Health Rep 2010;21:63-9.
- Corace K, Prematunge C, McCarthy A, et al. Predicting influenza vaccination uptake among health care workers: What are the key motivators? Am J Infect Control 2013;41:679-84.
- Mah MW, Hagen NA, Pauling-Shepard K, et al. Understanding influenza vaccination attitudes at a Canadian cancer center. Am J Infect Control 2005; 33:243-50.
- Saluja I, Theakston KD, Kaczorowski J. Influenza vaccination rate among emergency department personnel: a survey of four teaching hospitals. CJEM 2005;7:17-21.
- Centers for Disease Control and Prevention. Health personnel still not receiving flu vaccine. JAMA 2014;312:2203.
- Guthmann JP, Fonteneau L, Ciotti C, et al. Vaccination coverage of health care personnel working in health care facilities in France: results of a national survey, 2009. Vaccine 2012;30:4648-54.
- Murray SB, Skull SA. Poor health care worker vaccination coverage and knowledge of vaccination recommendations in a tertiary Australia hospital. Aust N Z J Public Health 2002;26:65-8.
- Abu-Gharbieh E, Fahmy S, Rasool BA, et al. Influenza vaccination: healthcare workers attitude in three Middle East countries. Int J Med Sci 2010; 7:319-25.
- Brunton C, Weir R, Jennings L. Knowledge and attitudes about influenza vaccination amongst general practitioners, practice nurses, and people aged 65 and over. N Z Med 3 2004;118:U1434.
- Müller D, Nguyen-Van-Tam JS, Szucs TD. Influenza vaccination coverage rates in the UK: a comparison of two monitoring methods during the 2002– 2003 and 2003–2004 seasons. *Public Health* 2006;120:1074–80.
- Lee T, Saskin R, McArthur M, et al. Beliefs and practices of Ontario midwives about influenza immunization. Vaccine 2005;23:1574-8.
- 42. Wiles J, Rosenberg MW. 'Gentle caring experience'. Seeking alternative health care in Canada. *Health Place* 2001;7:209-24.
- Williams AM, Kitchen P, Eby J. Alternative health care consultations in Ontario, Canada: a geographic and socio-demographic analysis. BMC Complement Altern Med 2011;11:47.
- Schanzer DL, Langley JM, Tam TWS. Influenza-attributed hospitalization rates among pregnant women in Canada 1994–2000. J Obstet Gynaecol Can 2007;29:622-9.
- 45. Madhi SA, Cutland CL, Kuwanda L, et al. Influenza vaccination of pregnant women and protection of their infants. N Engl 7 Med 2014;371:918-31
- women and protection of their infants. N Engl J Med 2014;371:918-31.
 46. Hollmeyer H, Hayden F, Mounts A, et al. Review: interventions to increase influenza vaccination among healthcare workers in hospitals. Influenza Other Respir Viruses 2013;7:604-21.
- Lam PP, Chambers LW, MacDougall DMP, et al. Seasonal influenza vaccination campaigns for health care personnel: systematic review. CMAJ 2010; 182:E542-8.
- Prematunge C, Corace K, McCarthy A, et al. Qualitative motivators and barriers to pandemic vs. seasonal influenza vaccination among healthcare workers: a content analysis. *Vaccine* 2014;32:7128-34.

- Abramson ZH, Avni O, Levi O, et al. Randomized trial of a program to increase staff influenza vaccination in primary care clinics. Ann Fam Med 2010;8:293-8.
- Slaunwhite JM, Smith SM, Fleming MT, et al. Increasing vaccination rates among health care workers using unit "champions" as a motivator. Can J Infect Control 2009;24:159-64.
- Simeonsson K, Summers-Bean C, Connolly A. Influenza vaccination of healthcare workers: institutional strategies for improving rates. N C Med J 2004;65:323-9.
- Harbarth S, Siegrist CA, Schira JC, et al. Influenza immunization: improving compliance of healthcare workers. *Infect Control Hosp Epidemiol* 1998;19:337-42.
- Ishola DA, Permalloo N, Cordery RJ, et al. Midwives' influenza vaccine uptake and their views on vaccination of pregnant women. J Public Health (Oxf) 2013;35:570-7.
- Mac Donald R, Baken L, Nelson A, et al. Validation of self-report of influenza and pneumococcal vaccination status in elderly outpatients. Am J Prev Med 1999;16:173-7.
- Martin LM, Leff M, Calonge N, et al. Validation of self-reported chronic conditions and health services in a managed care population. Am J Prev Med 2000:18:215-8

Affiliations: Dalla Lana School of Public Health (Buchan, Kwong), University of Toronto; Department of Family and Community Medicine (Kwong), University of Toronto; Institute for Clinical Evaluative Sciences (Kwong), Toronto, Ont.

Contributors: Both authors conceptualized and designed the study, interpreted the results, and drafted the manuscript. Sarah Buchan performed the analyses. Both authors reviewed the manuscript critically for intellectual content, approved the final version to be published and agreed to act as guarantors of the work.

Acknowledgements: Sarah Buchan was supported by a Canadian Immunization Research Network Trainee Award. Jeffrey Kwong was supported by a New Investigator Award from the Canadian Institutes of Health Research and a Clinician Scientist Award from the Department of Family and Community Medicine, University of Toronto. The authors thank David Haans and Joanna Jacob (Statistics Canada Research Data Centre, University of Toronto) for their support and guidance.

Supplemental information: For reviewer comments and the original submission of this manuscript, please see www.cmajopen.ca/content/4/3/E479/suppl/DC1

ICES Disclaimer: This study was supported by the Institute for Clinical Evaluative Sciences, (ICES) which is funded by an annual grant from the Ontario Ministry of Health and Long-Term Care (MOHLTC). The opinions, results and conclusions reported in this article are those of the authors and are independent from the funding sources. No endorsement by ICES or the Ontario MOHLTC is intended or should be inferred.