

**Review** 



# Nanomaterial-based Microfluidic Chips for the Capture and Detection of Circulating Tumor Cells

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#### Abstract

Circulating tumor cells (CTCs), a type of cancer cells that spreads from primary or metastatic tumors into the bloodstream, can lead to a new fatal metastasis. As a new type of liquid biopsy, CTCs have become a hot pursuit and detection of CTCs offers the possibility for early diagnosis of cancers, earlier evaluation of chemotherapeutic efficacy and cancer recurrence, and choice of individual sensitive anti-cancer drugs. The fundamental challenges of capturing and characterizing CTCs are the extremely low number of CTCs in the blood and the intrinsic heterogeneity of CTCs. A series of microfluidic devices have been proposed for the analysis of CTCs with automation capability, precise flow behaviors, and significant advantages over the conventional larger scale systems. This review aims to provide in-depth insights into CTCs based on the specific biochemical and physical properties of CTCs. The current developmental trends and promising research directions in the establishment of microfluidic chips for the capture and detection of CTCs are also discussed.

Key words: circulating tumor cells; nanomaterial; microfluidic chips; cancer.

# Introduction

Cancer has become a leading cause of death and expected to grow worldwide with population aging and growth [1, 2]. The major cause of death in patients with cancer is tumor metastasis, accounting for approximately 90% of the mortality. The mechanism of tumor metastasis has not been fully understood, but an important step of the metastatic process is the transport of cancer cells that spread through the blood from the primary tumor site [3-6].

Ashworth reported that tumor cells in human blood samples of patients with cancer were analogous to those in tumor tissue, standing for the first discovery of circulating tumor cells (CTCs). CTCs, defined as the small number of cancer cells spreading from primary tumor sites or metastatic lesions into the blood circulation, are responsible for the spread of cancer to distant sites [7]. Numerous clinical studies has indicated that levels of CTCs are an indicator of survival in metastatic cancer patients, indicating CTCs can act as a biomarker in cancer diagnosis and therapy assessment [8-10]. For example, if CTCs count is more than 5 CTCs per 7.5 mL of whole blood for patients with metastatic cancer, the patients have a lower survival rate [11]. There are currently over 270 clinical trials that validate CTCs as biomarkers based on the registration at ClinicalTrials.gov, and numerous studies confirm that CTCs could be acted as prognostic markers for cancer (the survival time is longer when the CTC concentration is lower) [9-13].

In addition, capturing of CTCs directly from blood samples of cancer patients is a noninvasive method. As a new type of liquid biopsy, it does not require the extraction of tumor tissues from the cancer patients, but still offers some information about the cancer for early diagnosis of cancers and choice of individual sensitive anti-cancer drugs. Hence, it is highly essential for capturing CTCs directly from the patient's blood in cancer research.

However, capturing CTCs with high purity and efficiency is still a challenge [14, 15]. Firstly, compared to a great deal of normal blood cells, CTCs are extremely rare in the patient blood stream (about one CTC in a billion blood cells can be found in patient's blood) [16]. Secondly, as there is no unique biomarker for the identification of CTCs, the intrinsic heterogeneity of CTCs exhibits a challenge. And the last challenge is that the isolated CTCs should remain viable and pure, and be detachable for subsequent cellular characterization and functional analysis.

To date, various approaches have been developed for CTC capture and detection [17-21]. However, there is only one product that has been approved by the US food and drug administration (FDA) for detecting CTCs in 2004. CellSearch, an immunomagnetic enrichment method, relies on targeting the epithelial cell adhesion molecule (EpCAM) specific to epithelial cells [22-24]. It has been the most widely used approach and is still the only CTC detection approach with FDA clearance in clinical applications. In CellSearch, anti-EpCAM-coated magnetic beads capture CTCs of epithelial origin upon passing through the magnetic field. After capture, the retained cells will subsequently be treated with fluorescent antibody conjugates against epithelial markers (EpCAM<sup>+</sup>), a nuclear stain (DAPI+), cytokeratins (CK+), and a leukocyte marker (CD45-) for distinguishing CTCs from leukocytes, enabling the observation of the differences between CTCs and normal cells. CellSearch can reach an average recovery rate of blood samples by spiking with different numbers of tumor cells of no less than 80% [25-27].

Although many platforms have successfully established for the capture and detection CTC, the low sensitivity and selectivity, the high detection cost and the complicated detection process of these approaches are matters of concern [28, 29]. Hence, it is necessary to perform advanced material interfaces to improve efficient capture and sensitive detection of rare CTCs for clinical cancer studies and applications. Moreover, microfluidic chip has become one of the mainstream technologies for CTC study due to some advantages including miniaturization, portability, cost-effectiveness and the abilities of single cell analysis and online isolation/detection [30-33]. And a variety of microfluidic chip platforms have been developed for CTCs analysis [34-38].

In this paper, we review recent significant progress in nanomaterial-based microfluidic chip for CTCs analysis. Firstly, we introduce the biochemical and physical properties of CTCs and the features were used for the design of microfluidic chip. Secondly, we will summarize the representative nanomaterialbased microfluidic chips performed for capture, detection and release of CTCs, with focus on the biochemical properties of CTCs (Figure 1). Lastly, the challenges and potential promising research directions regards microfluidic chips for CTCs capture and detection are also discussed.

# Physical and Biochemical Properties of CTCs

The key technical challenge in CTC study is isolation and detection and many CTC capture and detection platforms utilize the physical and biochemical features of CTCs [39]. CTCs were first described in 1869 by Prof. Ashworth, when he microscopically observed the blood of a patient with cancer. CTCs identification was initially done by trained cytologists in term of fragmentation and elongated nuclei of the chromatin because of the similarity of CTC to the metastatic cancer cells. [40]. Then many researchers investigated the gravity of CTCs. The specific gravity of CTCs and leukocytes in gravity gradient centrifugation was studies by Seal et al., and the results demonstrated that the specific gravity of CTCs was bigger than leukocytes and the method of gravity gradient centrifugation has become to be a potential method for CTCs capture and detection [41]. In addition to the physical features of cell gravity, recent data suggested that CTC clusters may have 50 times greater metastatic potential than individual CTCs [42-44]. With the development of fluorescent staining and microscopy technologies, more insight into the physical features of CTCs including cell deformability and cell size were studied recently. Many studies in breast cancer demonstrated that the size of CTCs was typically larger than normal blood cells, which was utilized as a criterion for CTCs detection [45, 46]. Besides, high deformability is an anther significant mechanical feature for CTCs, especially for CTCs in order to go through the small-diameter capillaries and successfully metastasize [47]. All the differences of physical features including size, gravity, and deformability between normal blood cells and CTCs, could be utilized for the enhanced capture of CTC from blood samples.

In addition, CTCs also express some unique biochemical properties that can be used for enhanced CTCs analysis. EpCAM is the most commonly used biochemical markers for the capture and detection of CTCs [48]. EpCAM is a transmembrane glycoprotein mediating Ca<sup>2+</sup>-independent cell-cell adhesion in epithelia [49, 50]. EpCAM is absent in blood cells, but it is overexpressed on the human adenocarcinoma cells. Therefore, EpCAM is one of the CTC-associated tumor markers, and CTC capture techniques are widely performed based on anti-EpCAM antibodies [51, 52]. The CellSearch system employs a conjugation of EpCAM antibodies to magnetic beads for capturing CTCs through a magnetic field [25-27, 53].

For instance, one of the CTC affinity-based microfluidic chip platforms showed the remarkable gains in performance that could be achieved with a microfluidic chip approach. Toner's group reported a microfluidic chip platform based on anti-EpCAM antibody-coated microposts for CTCs capture and detection (Figure 2A) [54]. Based on the specific interactions between the anti-EpCAM antibody-coated microposts and target CTCs, viable CTCs capture can be achieved from whole blood samples under precisely controlled laminar flow conditions. The results demonstrated that this microfluidic chip successfully captured CTCs from patients' blood samples with high sensitivity and without requisite pre-labelling or processing of samples. Toner's group also reported а herringbone-based microfluidic chip for CTCs analysis (Figure 2B) [55]. The herringbone-based microchip consisted eight microchannels with patterned herringbone structures to generate microvortices for disrupting the laminar flow streamlines. The interactions between EpCAM

antibody-coated surface and CTCs can be enhanced by providing passive mixing of blood cells in this microchip. Consequently, the high efficiency of CTCs capture was obtained in the artificial CTCs blood by spiking blood with different densities of tumor cells and clinical blood samples from cancer patients.

Many studies have also demonstrated that human epidermal growth factor receptor 2 (HER2) and epithelial growth factor receptor (EGFR) are expressed in CTCs of both early and metastatic cancer patients. The change of HER2 expression from low level to high level also occurred along with breast cancer progression and recurrence [48, 56, 57]. Molecular analysis of CTCs from the blood sample of patients with lung cancer offers the possibility of monitoring changes in EGFR expression during the course of treatment [58]. Therefore, HER2 and EGFR are considered to be CTCs-related tumor markers. and have also been widely developed for the capture and detection of CTCs. For example, Yu et al. have performed evidence of epithelial-mesenchymal transition (EMT) in human breast cancer specimens [48]. Epithelial and mesenchymal markers were expressed in rare primary tumor cells, but mesenchymal cells were highly enriched in CTCs. And using a novel approach of three antibodies (EGFR, HER2, and EpCAM), breast cancer cells can be captured more efficiently.

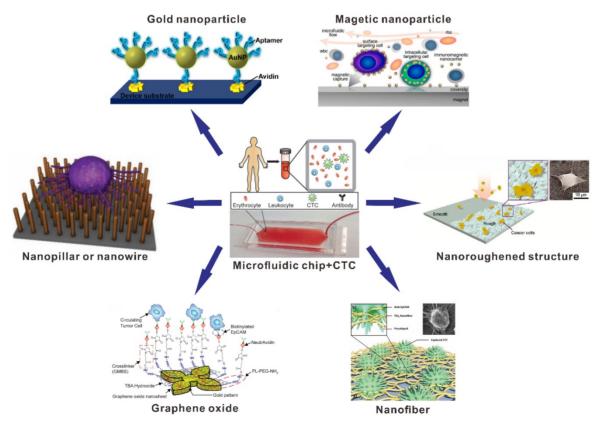


Figure 1. Schematic illustration of nanomaterial-based microfluidic chips (nanopillar, nanowire, gold nanoparticle, magnetic nanoparticle, graphene oxide, nanofiber and nanoroughened structure) for the capture and detection of circulating tumor cells (CTCs). Reprinted with permission from ref. [34, 67, 70, 75, 87, 88, 95, 96].

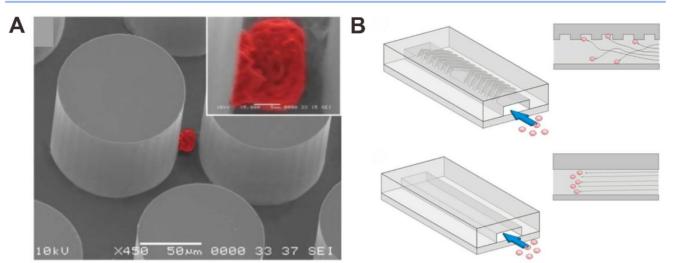


Figure 2. Anti-EpCAM antibody-based representative microfluidic chips for CTC capture. (A) CTC-chip. Reprinted with permission from ref. [54]. (B) Herringbone-chip. Reprinted with permission from ref. [55].

# Nanomaterial-Based Microfluidic Chip for CTC Capture

Nanomaterial-based nanostructured platforms have been performed to mimic the basement membrane and natural extracellular matrix [59, 60]. The major advantage of the nanomaterial-based nanostructured surface is the enhanced local topographic interactions between nanoscale components of the cellular surface and nanostructures, resulting in improving the affinity of cell capture [61, 62]. Therefore, nanostructured substrates can be combined with the affinity interactions-based CTC capture strategy in the microfluidic chip, which can enhance CTC capture efficiency and emerge as a promising approach for CTCs analysis. Different types of nanomaterial-based with microfluidic chips for CTCs capture and detection will be briefly introduced, including common nanopillar, nanowire, gold nanoparticle, magnetic nanoparticle, graphene oxide, nanofiber and nanoroughened structure.

#### Nanopillar and Nanowire

The nanopillar or nanowire-based substrates have been performed and utilized to enhance the CTCs capture in blood by using the surface adhesion of the cells. For instance, Wang *et al.* used anti-EpCAM antibody-modified silicon nanopillars (SiNPs) to enhance CTCs capture and detection (Figure 3A) [63]. Firstly, nanopillars were prepared on silicon wafers by using a wet chemical etching approach. In addition, they can control the length of the nanopillars by changing the etching times. In order to test the performance of cell capture on the SiNPs, the MCF-7 cell line (an EpCAM-positive

breast-cancer cell line) was introduced onto the SiNPs substrate and flat silicon substrates. The results demonstrated that the cell capture efficiency was 45-65% on SiNPs compared to only 4-14% on flat silicon substrates, showing that nanopillars with antibodies are available for improving cell capture. The performance of SiNPs on CTCs analysis was tested in the artificial CTCs blood samples by spiking different numbers of cancer cells into blood and the platform provides a convenient alternative for CTCs detection. Compared with SiNPs, quartz nanowires were also fabricated and developed for CTCs capture and detection in the artificial CTCs blood samples to evaluate the performance for clinical study [64]. Besides, a uniform multiscale TiO<sub>2</sub> nanorod array is fabricated to provide a "multi-scale interacting platform" for cell capture, which exhibits excellent capture specificity and sensitivity of the target cancer cells after modification with bovine serum albumin (BSA) and DNA aptamer [65]. The capture yield of artificial blood samples on the BSA-aptamer TiO<sub>2</sub> nanorod substrates is up to 85-95%, revealing the potential application of the TiO2 nanorods on efficient and sensitive capture of rare CTCs.

Furthermore, higher CTC capture efficiency could be achieved by increasing the contact frequency between nanopillar substrate and tumor cells in the microfluidic chip. Wang et al. also integrated SiNPs into a microfluidic chip with serpentine chaotic micromixers, obtaining a high capture efficiency of tumor cell (Figure 3B) [66]. The CTCs capture microfluidic chip platform integrates two functional components: a long chaotic mixing channel in cell-substrate contact frequency and a patterned anti-EpCAM SiNPs substrate with antibody modifying for capturing EpCAM-expressing cells. In

order to evaluate the CTCs capture performance of the integrated microfluidic chip platform, CTCs samples were prepared by spiking EpCAM-positive cancer cell lines into three kinds of solutions (PBS buffer, lysed blood, and whole blood). The results demonstrated that more than 95% of target tumor cell capture efficiency was performed in CTCs samples by the chip, providing an efficient approach for capturing and detecting of CTCs.

For nanowire surfaces-based CTCs capture methods, different approaches have been reported for CTCs capture and release. Hou *et al.* developed a microfluidic chip for CTC capture and release based on thermally responsive Poly(Nisopropylacrylamide) brushes-modified silicon nanowires (SiNWs) substrate (Figure 3C) [67]. This approach showed

perfect performances in capturing tumor cells at 37 °C with great efficiency, and releasing the captured tumor cells at 4 °C with high viability. At 37 °C, anti-EpCAM and hydrophobic domains of the polymer brushes are present on the surfaces of substrates, enabling CTC capture. When the temperature is reduced to 4 °C, the conformational change of the polymer brushes induces an internalization of anti-EpCAM, leading to CTC release. In another report, Shen *et al.* have developed an inexpensive and efficient CTC analysis capable of enriching, identifying and enumerating CTCs in blood samples from patients with prostate cancer (Figure 3D) [68]. In the paper, by integrated CTC selective DNA aptamer with the SiNWs substrates, a novel integrated SiNWs microfluidic chaotic mixture

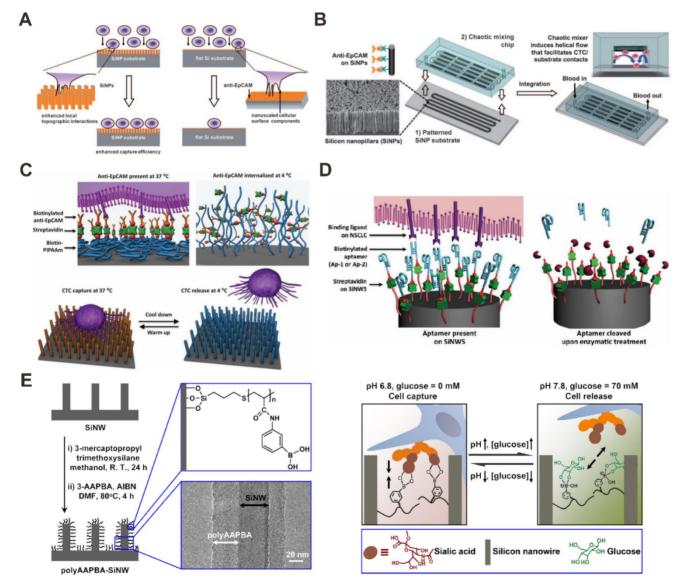


Figure 3. Nanopillar (NP) and nanowire (NW) -based microfluidic chip for CTC capture and detection. (A) Anti-EpCAM antibody-coated SiNP substrate. Reprinted with permission from ref. [63]. (B) Anti-EpCAM antibody -coating SiNP substrate with an overlaid microfluidic chaotic mixing chip. Reprinted with permission from ref. [66]. (C) SiNW-based platform for CTC capture and release with temperature stimulation. Reprinted with permission from ref. [67]. (D) SiNW-based platform for CTC capture and release with enzymatic treatment. Reprinted with permission from ref. [68]. (E) SiNW-based platform for CTC capture and release with enzymatic treatment. Reprinted with permission from ref. [68]. (E) SiNW-based platform for CTC capture and release with permission from ref. [68]. (E) SiNW-based platform for CTC capture and release with permission from ref. [68]. (E) SiNW-based platform for CTC capture and release with permission from ref. [68]. (E) SiNW-based platform for CTC capture and release with permission from ref. [68]. (E) SiNW-based platform for CTC capture and release with permission from ref. [68]. (E) SiNW-based platform for CTC capture and release with permission from ref. [68]. (E) SiNW-based platform for CTC capture and release with permission from ref. [69]

was developed. This SiNWs-based microfluidic chip platform can not only improve CTC capture efficiency, but also realize controllable CTCs release via nuclease treatment. Recently, Liu et al. performed a glucose-responsive and pH strategy for CTCs capture and release based on poly(acrylamidephenylboronic acid)-grafted aligned SiNWs (Figure 3E) [69]. Capturing and releasing of CTCs could be successfully achieved by precisely controlling the glucose and pH concentration in cell samples. With the increase of pH from 6.8 to 7.8 and the presence of glucose, the SiNWs substrate changed the state from cell-adhesive to cell-repulsive. Under the condition of pH 7.8, the substrate became glucose responsive, releasing targeted cells in the presence of glucose and capturing targeted cells in the absence of glucose. The SiNWs-based approach for capture and release of CTCs is available with higher cell viability, showing the potential for cancer diagnosis.

# Nanoparticle

#### Gold Nanoparticle

For the microfluidic chip deposited with by covalent binding nanoparticles or physical adsorption, the effects play a significant role in CTCs capture by enhancing ligand-cell interactions. Sheng et al. performed a novel microfluidic chip device combining multivalent nanoparticles for efficient capture and detection of CTCs (Figure 4A) [70]. Up to 95 aptamer ligands were attached onto each gold nanoparticle (approximately 14 nm). When the microchannel of a microfluidic chip was modified by gold nanoparticles (AuNPs), an increase of 39-fold in binding affinity was developed compared with flat surface coated with aptamer alone. The results showed that efficiency of cell capture increased from 49% by using aptamer alone to 92% by using AuNPs-aptamer, indicating the strong potential of AuNPs-based microfluidic chip device for the analysis of CTCs.

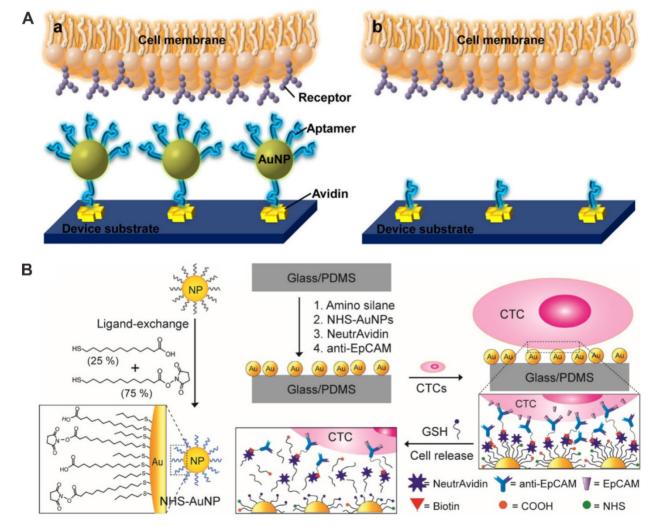


Figure 4. Gold nanoparticle (AuNP) -based microfluidic chip for CTC capture and detection. (A) Aptamer modified AuNP surface. Reprinted with permission from ref. [70]. (B) Anti-EpCAM antibody modified AuNP surface for CTC capture and release by ligand exchange. Reprinted with permission from ref. [71].

Moreover, Park et al. utilized a thiolated ligand-exchange reaction with AuNPs on herringbone chip to isolate and release cancer cells from whole blood (Figure 4B) [71]. The AuNPs were composed of mixed monolayer а of 12-mercaptododecanoic acid N-hydroxysuccinimide ester and 11-mercaptoundecanoic acid. Then the functionalized AuNPs were immobilized within the herringbone channels through reactions with amine groups on the surface, and the chip with bound NeutrAvidin-AuNP assemblies was coated with anti-EpCAM antibodies via tetravalent biotin-NeutrAvidin binding to facilitate specific tumor cell binding. Using this microfluidic chip, the isolated cancer cells from mesenchymal and epithelial cancer cell lines as well as metastatic breast cancer patient samples can be recovered through simple thiol exchange reactions without any significant damage.

#### Magnetic nanoparticle

Magnetic nanoparticle (MNP) can be performed to make use of surface expression of biochemical properties of the tumor cell. In the presence of a magnetic field performed with permanent magnets under the chip, MNPs functionalized with anti-EpCAM antibody were utilized to capture target tumor cells. The sample throughput and capture efficiency can be precisely controlled through the design of the microfluidic chips, the magnetic field strength, and the flow rate.

As a breakthrough technology, micro-nuclear magnetic resonance technology detects target with MNPs, showing potential in highly sensitive and rapid detection. Lee *et al.* studied a miniaturized diagnostic magnetic resonance (DMR) platform for analysis of mammalian cells [72]. The handheld DMR device can perform measurements on cancer cells by using magnetic particles as a proximity sensor for amplifying molecular interactions.

Zhang *et al.* have studied both theoretically and experimentally the effects of parameters on the capture efficiency of tumor cell (Figure 5A) [73]. They demonstrated that more than 85% spiked tumor cells in blood samples can be captured with anti-EpCAM antibody modified Fe<sub>3</sub>O<sub>4</sub> nanoparticles using block magnets at a flow rate of 10 mL/h. They also studied that inverting the microfluidic channel (magnet placed on top of the microfluidic chip) can improve the performance of the CTCs separation (Figure 5B) [74]. In this method, the direction of the magnetic field force is opposite to that of the gravity. Hence, the effect of red blood cell sedimentation on the capture of CTC is greatly reduced.

To improve the stability and biocompatibility of the MNPs, some modified methods are used, for example AuNPs modified MNP [75] and graphite-coated MNP [76, 77]. Using Fe<sub>3</sub>O<sub>4</sub>-Au core-shell NPs with the microfluidic chip-based immunomagnetic separation, Wu et al. demonstrated that the capture efficiency of CTC can be highly improved by duplex targeting (Figure 5C) [75]. CTCs were targeted from blood samples by anti-EpCAM antibody-functionalized MNPs and isolated by magnetic force in a microfluidic chamber with high capture efficiency. In order to reduce the need for macroscopic biopsies and generalize the use of fine needle aspirates. Saliba et al. proposed a novel method for cell sorting by using columns of biofunctionalized superparamagnetic beads self-assembled in a channel of microfluidic chip onto an array of magnetic traps prepared (Figure 5D) [78]. On the mixtures of cells from culture cell lines (leukemia cell line and lymphoid cell line), the results demonstrated the cell capture efficiency was better than 94%, and the possibility to cultivate in situ the captured cells.

In some devices, the microstructures are designed to facilitate or enhance cell capture with MNPs in microfluidic chips [77, 79]. For example, using graphite-coated MNP with the microchip-based immunomagnetic separation, Yu et al. reported a micropillar device for capturing and releasing of cancer cells (Figure 5E) [77]. Graphite oxide-modified Fe<sub>3</sub>O<sub>4</sub> MNPs were functionalized with a specific anti-EpCAM antibody. Under magnetic field manipulation, nickel micropillars attracted MNPs for increased interaction with cells and antibody presentation. Greater than 40% efficiency of cell capture in blood sample was achieved. By removing the magnetic field, 92.9% of captured cells were released and 78% of the released cancer cells are viable. A breakthrough in marker-free isolation of CTCs was enabled by an inertial focusing chip and a negative depletion strategy, also developed by Toner's group [80, 81]. The first stage within the chip used hydrodynamic size-based sorting to retain white blood cells (WBCs) and CTCs (Figure 5F) [80]. Firstly, the sample of WBCs or CTCs is incubated with antibody-functionalized MNPs. After labeling, the cells are loaded into the chip and separated into a bulk fraction. If WBCs are captured with MNPs, the CTCs can be isolated without the use of a specific marker for their identification. The combination of а high-throughput, broadly applicable and automatable rare CTCs sorting approach with cytology standards and accepted molecular assays will make the integration of CTC-based diagnostics into the clinical study of cancer.

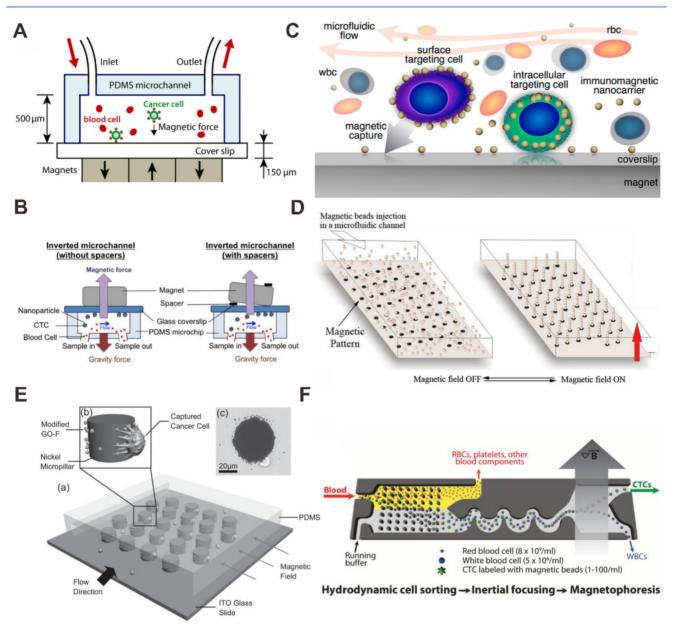


Figure 5. Magnetic nanoparticle (MNP) -based microfluidic chip for CTC capture and detection. (A) Anti-EpCAM antibody functionalized MNP bind to CTCs with the magnet placed on bottom of the channel. Reprinted with permission from ref. [73]. (B) Anti-EpCAM antibody functionalized MNP bind to CTCs with the magnet placed on top of the channel. Reprinted with permission from ref. [74]. (C) Antibody functionalized ANP-FesO4 bind to CTCs. Reprinted with permission from ref. [75]. (D) Antibody functionalized MNP self-assembly for CTC capture. Reprinted with permission from ref. [78]. (E) Graphite oxide (GO) -coated MNPs with a micropillar device for CTC capture and release. Reprinted with permission from ref. [77]. (F) Antibody functionalized MNPs bind to CTCs with a microstructured substrate for CTC cost, capture and detection. Reprinted with permission from ref. [80].

A recent advance in the separation of CTC subpopulations with a microfluidic device was realized by possessing different zones that would selectively capture cells with different levels of surface maker and MNPs. Kelley's group has performed a series of work about this [82-86]. Mohamadi *et al.* analyzed the levels of surface protein expression with MNPs functionalized with specific antibodies using microfluidics, and used this type of phenotypic information to provide a profile of subpopulations of CTCs present in patient samples (Figure 6A) [84]. CTCs with anti-EpCAM antibody

functionalizing MNPs can be sorted corresponding to the levels of a surface marker. Many existing devices seek simply to isolate the set of all CTCs in a sample, do into distinct and not separate them this subpopulations. То address problem, microfabricated X-shaped structures were patterned within the device to create regions of low flow, allowing high EpCAM CTCs to be separated from low EpCAM CTCs. The microfluidic chip has been demonstrated to capture low numbers of CTCs from blood, and was proven to be effective in sorting tumor cells with varying levels of EpCAM expression.

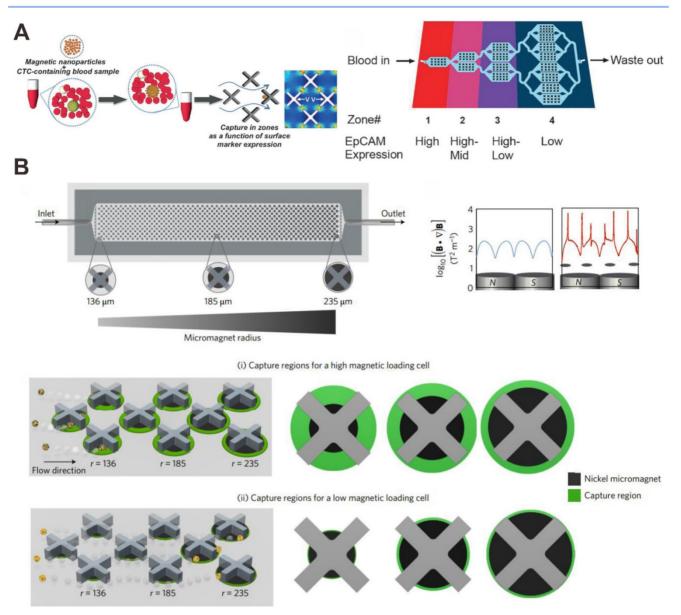


Figure 6. MNP and X-shaped microstructure-based microfluidic chip for CTC capture and detection. (A) Anti-EpCAM antibody functionalized MNP bind to CTCs with X-shaped velocity valleys. Reprinted with permission from ref. [84]. (B) Anti-EpCAM antibody functionalized MNP bind to CTCs with an array of X-shaped structures varied magnetic capture zones. Reprinted with permission from ref. [85].

On the basis of this, Poudineh et al. report a new method for CTC characterization, called magnetic ranking cytometry, which allows us to profile the heterogeneous CTC subpopulations (Figure 6B) [85]. The approach leverages immunomagnetic separation for profiling CTCs as a function of their surface marker expression. X-shaped structures within the microfluidic channel generate regions with slow flow and favorable capture dynamics, a requirement for the capture of cancer cells that are tagged with anti-EpCAM antibody functionalizing MNPs; whereas highly discretized sorting of subpopulations is achieved via the introduction of differently sized nickel micromagnets. The micromagnets are positioned concentrically within the X-shaped

microstructures, creating regions with low flow and high magnetic field gradients that are ideal for capturing CTCs with even low levels of magnetic loading. The approach classifies CTCs with single-cell resolution in accordance with their expression of phenotypic surface markers, even in the presence of whole blood.

Besides, the ability to process whole blood, capture CTCs, lyse the cancer cells, and analyze mRNA expression by using microfluidic chips has been further developed [86]. The CTCs bound to anti-EpCAM antibody-labeled MNPs are captured in microfluidic device with microfabricated the X-shaped structures, analyzed for gene and expression profiles by using nanostructured

microelectrode biosensors. This entire workflow was carried out within a single integrated microfluidic device and was completed within 30 min. The results demonstrate that the gene expression module accurately profiles the expression of prostate-specific genes in CTCs captured from whole blood.

#### **Graphene Oxide**

Graphene oxide (GO) is a promising nanomaterial as a component in applications, such as biosensors for cancer cell and DNA detection, polymer composites and paper-like materials. GO sheets have been shown for enhancing cell proliferation due to their biocompatibility with cells. Yoon *et al.* performed the GO-based microfluidic chip for CTCs capture and detection (Figure 7A) [87]. GO nanosheets were able to self-assemble on the patterned gold surface by electrostatic attraction. A series of linker chemistries, such as cross-linker and biotin-avidin chemistry, were utilized to ultimately functionalize the substrate with an anti-EpCAM antibody. Human breast cancer cell lines (MCF-7 and Hs-578T) and a human prostate cancer cell line (PC-3) were spiked into buffer or blood and flowed through the microchip. The captured cells were cultured on the patterned gold surface with GO sheets. Due to the low number of CTCs, the culture of captured CTCs would allow for downstream analysis. The results demonstrated that the microchip can isolate CTCs from early stage cancer patients. However, this microfluidic chip device shares the common drawback across most immunoaffinity based technologies: the limitation of post-capture analysis because of difficulty in releasing viable cells from the capture microfluidic chip.

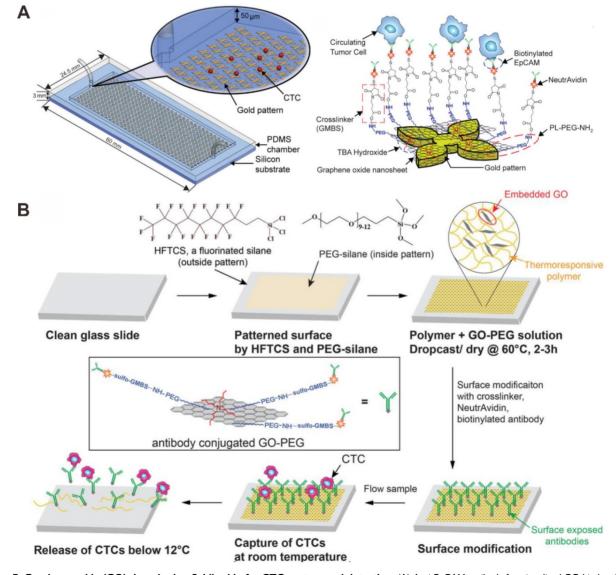


Figure 7. Graphene oxide (GO) -based microfluidic chip for CTC capture and detection. (A) Anti-EpCAM antibody functionalized GO bind to CTCs. Reprinted with permission from ref. [87]. (B) Anti-EpCAM antibody functionalized polymer–GO for the capture and release of CTCs. Reprinted with permission from ref. [88].

Subsequently, Yoon et al. designed a novel microfluidic chip, which was coated with a composite film of functionalized GO dispersed in a matrix of thermal-sensitive polymer with a lower critical solution temperature (Figure 7B) [88]. The polymer matrix provided temperature dependent modulation capture release functionality. of or For EpCAM-positive cancer cells (MCF-7 breast cancer cells, LNCaP prostate cancer cells, and H1650 lung cancer cells), the anti-EpCAM antibody-modified GO-polymer microchip platform achieved high capture efficiency of CTCs (84.93-95.21%). After cell release, the remained cells exhibited 91.68% viability. The microfluidic chip can make it possible for various downstream analyses that require integrity of the targeted cell population.

#### **Other Nanomaterial**

Hou et al. performed a polymer nanofibermicrofluidic chips, embedded abbreviated PN-nanovelcro chip, which were developed for the detection, specific isolation and molecular analysis of single CTC (Figure 8A) [89]. The microchip was composed of two functional components: an overlaid poly(dimethylsiloxane) (PDMS) chaotic mixer and a nanovelcro substrate, which was fabricated by electrospining poly(lactic-co-glycolic acid) (PLGA) nanofibers onto the poly(phenylene sulfide) (PPS) followed by streptavidin-mediated membrane, conjugation of a cell-capture antibody. Target tumor cells were efficiently captured, and cell isolation was subsequently isolated by using the commercial laser microdissection technique with the enhanced local interaction between PLGA nanofibers and tumor cell.

The electrospun nanofibers are easy to fabricate, have a large surface-to-volume ratio and high porosity. Recently, electrospun nanofibers have been used as substrates to capture CTCs [90-94]. For example, Shi's group used hyaluronic acid-functionalized electrospun PLGA nanofibers embedded in a microfluidic chip for the capture and detection of CTCs [94]. The hyaluronic acid was covalently conjugated onto polyethyleneiminemodified electrospun PLGA nanofibers. The results show that the CD44 overexpressing CTCs could be selectively captured by the nanofibers in the microfluidic chip platform and this method effectively captured cancer cells of different origins from blood samples.

Zhang *et al.* developed a new CTC detection assay based on an electrospun  $TiO_2$  nanofibersdeposited substrate (Figure 8B) [95]. The electrospun  $TiO_2$  nanofibers better mimic these horizontally oriented nanostructures for improving cell affinity. The CTCs capture platform was prepared with cell capture agent conjugated onto the surface of  $TiO_2$ nanofibers. Using nanofibers modified nanosubstrates, tumor cells from artificial CTCs blood samples and blood samples of cancer patients were efficiently captured and detected.

Compared to normal blood cells, the differential adhesion preference of CTCs makes nanoroughened surfaces as an alternative approach for CTCs detection. The adhesion strength of cancer cells can be affected by nanotopographic sensing, while adhesion of normal blood cells cannot be sensitive to nanotopographic cues. Chen et al. reported an effective and simple strategy for CTCs capture using nanorough glass surfaces (Figure 8C) [96]. The results demonstrated that the cell surface area can be increased with nanoroughened surfaces for cell adhesion, and reactions. When nanoroughened surfaces are performed, the use of capture antibodies for CTC is not necessary. This method is expected to lead to better enrichment and isolation strategies for accurate diagnosis and therapeutic choices.

# **Conclusions and Future Perspectives**

Although CTC has become a hotspot research field and many CTC capture and detection technologies have been developed, translation of these technologies from laboratory to clinical practice is nontrivial. The CellSearch system is the first and only CTC product approved by the FDA for CTC analysis in cancer diagnosis more than a decade ago. In this review, we discussed the existing nanomaterial-based microfluidic chips for CTC detection. Without capture, CTCs cannot be isolated form human blood for subsequent phenotype identification and molecular analysis. With ligand capture, the process of CTC capture and detection is time-consuming and automation is not currently possible. With microfluidic chips and ligand capture, the CTC without expression (or very low expression) of the biomarker (e.g. EpCAM) cannot be captured. With nanomaterial-based microfluidic chips and ligand capture, the CTCs with very low expression of the biomarker (e.g. EpCAM) can be captured, but the slow flow rate of the microfluidic results in a long time for CTC capture and detection.

Nanomaterials, with high surface-area-tovolume ratio, can address the problems of low purity and insufficient cancer cell capture efficiency. While nanomaterial-based nanostructured platforms are promising for the CTC capture and detection, most of them performed perfect in laboratory study. High capture efficiency and purity are still problems for these approaches to be available to clinical practice. In addition, the nonspecific capture of blood cells is still a problem for further enhancing the purity of cell capture. The combination of nanomaterials with microfluidic chip platforms are suggested, and throw light on the capture and detection of CTC.

For future CTC study, microfluidic chip devices are designed to meet the standards: i) shorter analytical time for CTC capture and detection; ii) enhanced capture efficiency, detection specificity and sensitivity; iii) enhanced capability for sequential analysis after capturing and releasing; iv) enhanced capability in operating procedures for highthroughput. For future development, single cell resolution analysis, e.g. single cell sequencing, single cell proteomics, is essential for CTCs characterization, which has significance in biology and clinics. Furthermore, nanomaterial-based microfluidic chip devices will be performed in achieving point-of-care cancer diagnosis and play an important role in developing personalized therapeutics for cancer patients.

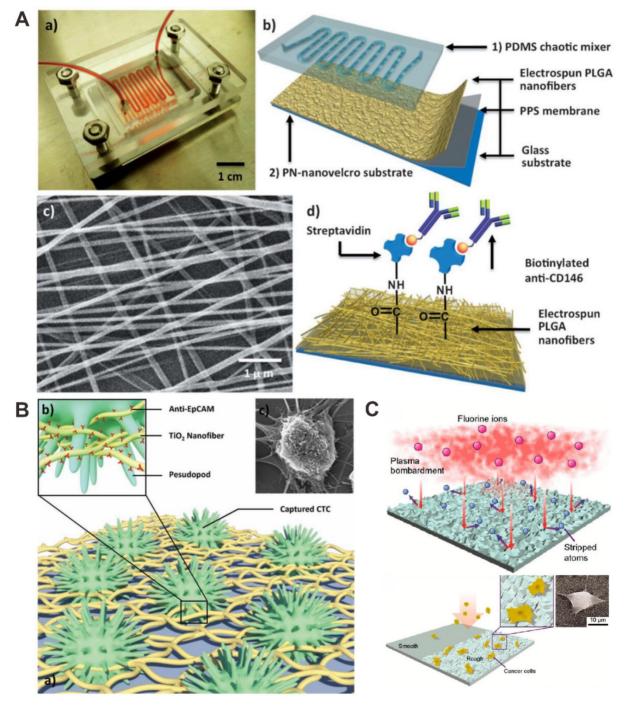


Figure 8. Other material-based microfluidic chip for CTC capture and detection. (A) Anti-CD146 antibody modified polymer poly(lactic-co-glycolic acid) (PLGA) nanofiber for the capture and isolation of CTCs. Reprinted with permission from ref. [89]. (B) Anti-EpCAM antibody modified TiO<sub>2</sub> nanofiber for improved CTC capture. Reprinted with permission from ref. [95]. (C) Nanorough glass surfaces for label-free capture of CTCs. Reprinted with permission from ref. [96].

#### Abbreviations

AuNPs: gold nanoparticles; BSA: bovine serum albumin; CTCs: circulating tumor cells; DMR: diagnostic magnetic resonance; EGFR: epithelial growth factor receptor; EMT: epithelial-mesenchymal transition; EpCAM: epithelial cell adhesion molecule; FDA: food and drug administration; GO: graphene oxide; HER2: human epidermal growth factor receptor 2; MNP: magnetic nanoparticle; PDMS: polydimethylsiloxane; PLGA: polylactic-co-glycolic acid; PPS: polyphenylene sulfide; SiNPs: silicon nanopillars; SiNWs: silicon nanowires; WBCs: white blood cells.

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## **Competing Interests**

The authors have declared that no competing interest exists.

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