

Correlation Analysis Between Antioxidant Activity and Phytochemicals in Korean Colored Corns Using Principal Component Analysis

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Abstract

The colored corns are used as food as well as for feed in Asian countries; however, the active component of antioxidant activity in Korean colored corns has not been investigated. Thus, we measured the total content of carotenoids, phenols, flavonoids, and anthocyanins from 40 Korean colored corn genotypes for correlation analysis between antioxidant activity and these phytochemicals. The ferric reducing ability power (FRAP) and 2,2'-azinobis (3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS) activity were measured in order to study this correlation. As a result, there was large variation in total anthocyanin (coefficient of variation, CV 85.0%) and total carotenoid contents (CV 87.8%), while CVs of total phenol, total flavonoid contents, ABTS and FRAP was relatively low (CV 15.0%, 22.8%, 15.5%, and 16.3% respectively). There were meaningful correlations between ABTS and anthocyanins, phenols, and flavonoids, as well as correlations between FRAP and phenols as well as FRAP and flavonoids. We also obtained a more informative and easily visualized result by using principal component analysis (PCA). Anthocyanins and carotenoids showed a large variation as compared to other compounds. Anthocyanins are a good target to increase antioxidant activity in colored corns.

Keywords: corn, ABTS, FRAP, antioxidant, phenolics, flavonoids

1. Introduction

Corn is widely considered an important crop across the world. It is not only an important staple food, but also an outstanding feed for livestock, offering high energy, a low amount of fiber and high digestibility. According to Liu (2007), corn contains the highest antioxidant activity among selected crops and has significant total phenol content. Corn contains various antioxidant compounds such as anthocyanins, carotenoids, phenols, and flavonoids. Anthocyanins are responsible for the purple or red color in corn. Previous studies have revealed antimutagenic, antioxidant, and cancer chemopreventive properties of colored corn (Lopez-Martinez, Parkin, & Garcia, 2011; Mendoza-Díaz et al., 2012; Pedreschi & Cisneros-Zevallos, 2006). Carotenoids are the precursor of vitamin A that can be converted to retinal. They absorb damaging blue and ultraviolet light and also act as antioxidants. Polyphenol and flavonoids are closely related with chemopreventive activity as ROS scavengers (K. W. Lee & H. J. Lee, 2006; Moon, Wang, & Morris, 2006). Reactive oxygen species (ROS) are involved in mediating various pathological processes including cancer, aging, and atherosclerosis (Valko, Izakovic, Mazur, Rhodes, & Telser, 2004). Reducing the chance of chronic diseases can be achieved by scavenging ROS. Several studies have shown that an increased dietary intake of polyphenol and flavonoids correlates with reduced oxidative stress, inflammation, tumor, and coronary heart disease (Laranjinha, Almeida, & Madeira, 1994; Moon, Wang, & Morris, 2006; Poulsen, Prieme, & Loft, 1998)

Corn could be a good source of antioxidants for daily consumption considering its high polyphenol content, but it has not received much attention. There were a few studies on the antioxidant activity of corn which have looked at genotype (Li, Wei, White, & Beta, 2007; Lopez-Martinez et al., 2011), heat process (Dewanto, Wu, & Liu, 2002; Lopez-Martinez et al., 2011), and maturity effect (Xu et al., 2010). It is important to study what the most important

antioxidant compounds in corn are and their variations. From a practical perspective, such information can be applied in order to breed better corns that contain compounds which promote the health of consumers.

Unlike sweet corn which is popular as a food in most western countries, colored waxy corn has been eaten for a long time in South American and some Asian countries, such as China and Korea. As such, various colored waxy corns are available in the Korean market, such as purple, red, blue, and bicolor purple and yellow (composite of purple waxy and dent). The variation of antioxidant compounds of Korean purple corn has not yet been investigated, although there have been several intensive studies on colored corn from the South American region (Cevallos-Casals & Cisneros-Zevallos, 2004; Lopez-Martinez et al., 2011; Lopez-Martinez et al., 2009; Mendoza-Díaz et al., 2012; Pedreschi & Cisneros-Zevallos, 2006). For the purpose of this study, we obtained a wide range of colored corns by crossing waxy and dent genotypes and collecting unique accessions. We then measured their antioxidant activity and the level of antioxidant compounds in order to analyze the correlation between antioxidant activity and phytochemicals. Multivariate analysis was used to visualize the data for correlation as well.

2. Method

2.1 Sample Preparation and Extraction

Pictures of Korean colored corn samples from Dr. Soon Kwon Kim's lab in Kyungpook National University and their color phenotype are presented in Figure 1. Corn samples were ground enough to pass through a 100-mesh screen. Fifty grams of each of the dried corns were finely ground and mixed into 300 mL of 60 % methanol containing 1% HCl. In order to increase the yield of phenol and flavonoid, the mixture was boiled at 50°C for 1 h. The extracts obtained were used for the determination of the total phenol content and total flavonoid content.

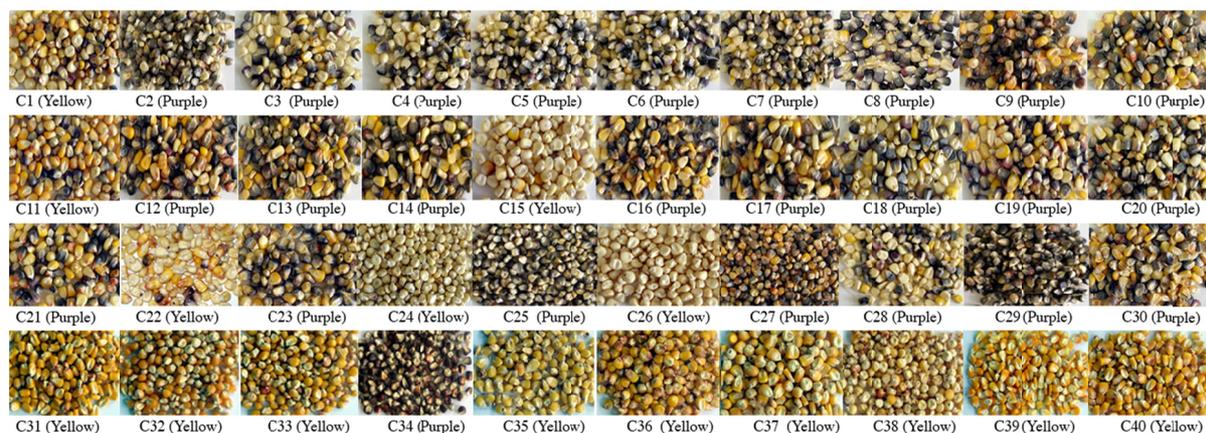


Figure 1. Sample images and color phenotype for principal component analysis

2.2 Determination of Total Anthocyanin Content (TAC)

Total anthocyanin was determined using the spectrophotometric method adapted from that of Abdel-Aal and Huel (1999). A 0.5 g corn sample was weighed in a 50 mL centrifuge tube and 10 mL of chilled, acidified methanol (95% methanol and 1 N HCl 85:15, v/v) was added. The tube was flushed with nitrogen gas, agitated for 30 min, and centrifuged at 3000 g for 10 min before the supernatant was collected. Absorbance of the solution was measured immediately at 535 nm and corrected for background absorbance at 700 nm (due to turbidity). Anthocyanin content was calculated by $C = [(A_{535nm} - A_{700nm}) / \epsilon] \times (\text{total vol of extract}) \times MW \times (1 / \text{sample wt})$ where C is the concentration of total anthocyanin (mg of cyanidin 3-glucoside equivalents per g of sample). ϵ is the molar absorptivity (cyanidin-3-glucoside=25965/cm/M), and MW is the molecular weight of cyanidin-3-glucoside, 449.2.

2.3 Determination of Total Phenol Content (TPC)

Total phenol content was measured by the published method (Isabelle, Lee, Ong, Liu, & Huang, 2008). The assay conditions were as follows: 10 μ L of sample was added to 160 μ L of 0.2 Folin-Ciocalteu's phenol reagent (Sigma, St. Louis, MO, USA) in 96 wells. After 3 min, 30 μ L of saturated sodium carbonate solution was added to the mixture and then incubated at room temperature for 30 min. Absorbance of the resulting mixture was

measured at 760 nm. The total phenol contents were calculated using a standard curve with different concentrations of gallic acid ranging from 62.5-1000 µg/mL. Results were expressed in µg/mL of gallic acid (Sigma) equivalents (GAE).

2.4 Determination of Total Flavonoid Content (TFC)

Total flavonoid content was measured by the Abeysinghe et al. (2007) method with minor modifications using naringin (Sigma) as the standard. Each 10 µL sample was added to one of 96 wells. 180 µL of 90% diethylene glycol (Sigma) was added into the microplate agitater and shaken for 3 min (Titamax 101, Heidolph, Schwabach, Germany). 10 µL of 1 N NaOH was mixed into each of the sample wells. The absorbance was measured at 427 nm after 1 h. A standard curve was carried out with naringin standard solutions in concentrations ranging from 62.5-1000 µg/mL. Results were expressed in µg/mL of naringin equivalents.

2.5 Determination of Total Carotenoid Content (TCC)

The carotenoid extraction procedure involved the employment of a method established by Kurilich and Juvik (1999). Six hundred mg of ground corn samples were mixed with a 5 min ethanol precipitation (6 mL of ethanol containing 0.1% butylated hydroxytoluene (BHT, Sigma)) in an 85°C water bath before being subjected to a 10 min saponification with 120 µL of 80% potassium hydroxide (KOH). All samples were vortexed once during saponification. Upon removal they were immediately placed in an ice bath where 3 mL of cold deionized distilled water was added. Each sample then received 3 mL of hexane, was vortexed, and then was centrifuged for 10 min at 1200 g. The upper layer was pipetted into a separate test tube and total carotenoid content was determined using formula (Rodriguez-Amaya & Kimura, 2004):

$$\text{Absorbance at 450 nm} \times \text{volume (mL)} \times 10^4 / [2500 (\text{absorption coefficient}) \times \text{sample weight (g)}]$$

2.6 Determination of the Antioxidant Activity

The 2,2'-azinobis (3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS) assay was measured as described by previous study (Ku et al., 2010). 7 mM of ABTS ammonium was dissolved in water and treated with 2.45 mM of potassium persulfate, and the mixture was then allowed to stand at room temperature for 12-16 h to obtain a dark blue solution. This solution was diluted with ethanol until the absorbance reached 0.7 at 734 nm. 190 µL of resulting solution was mixed with 10 µL of sample. The absorbance was read at room temperature. ABTS activity was expressed as a percentage of scavenging activity compared to the control. The antioxidant capacity of samples was also estimated in another assay according to the procedure described by previous study (Ku et al., 2010). Briefly explained, 190 µL of Ferric Reducing/Antioxidant Power (FRAP) reagent, freshly prepared and kept at room temperature, was mixed with 10 µL of test sample, extract solutions as appropriate for the reagent blank. The absorbance was measured at 593 nm after 4 min using a spectrophotometer. The FRAP reagent contained 2.5 mL of a 10 mmol/L 2,4,6-tripyridyl-s-triazine (Sigma) solution in 40 mmol/L HCl plus 2.5 mL of 20 mmol/L FeCl₃·6H₂O and 25 mL of 0.3 mol/L acetate buffer, pH 3.6. The FRAP values were calculated from a standard curve of Trolox concentrations ranging from 62.5-500 µmol/L.

2.7 Multivariate Analysis

Multivariate analysis was performed using MetaboAnalyst (Xia, Psychogios, Young, & Wishart, 2009) to create a principal component analysis (PCA) biplot. The unit scaling column-wise normalization was used before the analysis. In order to achieve clustering, ward and pearson algorithms were used for clustering and distance measure. Pearson's correlation analysis was conducted using the SAS 9.1 software (SAS institute Inc., Cary, NC).

3. Results and Discussion

3.1 Total Anthocyanin Content (TAC)

The TAC varied significantly among samples ranging from 0 to 90 mg/100 g of dry corn ($F_{39,80}=1118$, $p<0.001$). The average TAC was 30 mg/100 g of dry corn (Table 1). C29 showed the highest TAC. The coefficient of variation (CV) of TAC was 85.0% (Table 1). We assume that significant variation of TAC can contribute to the antioxidant activity of Korean colored corn because the previous studies have reported that anthocyanins could considerably contribute to the antioxidant activity in corns, wine and the common fig (Žilić, Serpen, Akıllıoğlu, Gökmen, & Vančetović, 2012; Rivero-Perez, Muniz, & Gonzalez-Sanjose, 2008; Solomon et al., 2006). Recently, it was reported that total anthocyanin contents of anthocyanin-rich colored corn genotypes ranged from 2.5 to 696 mg cyaniding 3-glucoside equivalent/kg d.m. with cyaniding 3-glucoside as the most abundant form (Žilić et al., 2012).

Table 1. Antioxidant compounds and antioxidant activity of Korean colored corn

	Pedigree	Kernel phenotype ^a	TAC ^b	TPC ^c	TFC ^d	TCC ^e	ABTS ^f	FRAP ^f
C1	601-309	Yellow and purple (Y)	34 ± 2	289 ± 14	224 ± 29	11 ± 4	10.3 ± 0.7	7.7 ± 0.7
C2	601-321	Yellow and purple (P)	44 ± 1	362 ± 17	272 ± 43	63 ± 2	12.6 ± 0.3	9.6 ± 0.6
C3	602-117	Yellow and purple (P)	20 ± 1	311 ± 40	202 ± 30	103 ± 2	9.7 ± 0.2	7.4 ± 0.5
C4	602-304	Yellow and purple (P)	30 ± 1	361 ± 47	256 ± 36	89 ± 12	10.8 ± 0.3	9.4 ± 0.5
C5	602-305	Yellow and purple (P)	43 ± 1	362 ± 44	282 ± 21	63 ± 23	11.8 ± 0.3	9.5 ± 0.7
C6	602-306	Yellow and purple (P)	30 ± 2	372 ± 46	264 ± 23	99 ± 16	10.0 ± 1.2	9.9 ± 0.4
C7	602-307	Yellow and purple (P)	43 ± 1	325 ± 46	254 ± 25	92 ± 4	11.3 ± 0.4	8.3 ± 0.6
C8	602-312	Yellow and purple (P)	38 ± 1	300 ± 32	218 ± 19	133 ± 9	12.0 ± 0.5	8.1 ± 0.4
C9	604-117	Yellow and purple (P)	34 ± 1	384 ± 58	307 ± 30	164 ± 4	13.3 ± 0.4	11.6 ± 0.9
C10	604-118	Yellow and purple (P)	53 ± 3	421 ± 65	366 ± 18	240 ± 8	12.8 ± 0.4	12.2 ± 0.8
C11	604-122	Yellow (Y)	11 ± 0	428 ± 56	307 ± 26	564 ± 11	12.0 ± 0.1	12.6 ± 0.2
C12	604-202	Yellow and purple (P)	51 ± 2	427 ± 38	300 ± 34	237 ± 18	12.5 ± 0.3	10.1 ± 0.7
C13	604-204	Yellow and purple (P)	51 ± 3	411 ± 36	281 ± 23	128 ± 14	12.7 ± 0.4	9.8 ± 0.5
C14	604-205	Yellow and purple (P)	47 ± 0	436 ± 63	292 ± 39	139 ± 5	13.4 ± 0.5	9.5 ± 0.4
C15	604-208	Light yellow (Y)	0 ± 0	369 ± 12	287 ± 23	16 ± 17	10.3 ± 0.3	8.8 ± 0.7
C16	604-212	Purple (P)	57 ± 1	377 ± 19	275 ± 14	75 ± 5	12.6 ± 0.3	9.5 ± 0.8
C17	603-109	Yellow and purple (P)	49 ± 2	337 ± 56	256 ± 18	95 ± 5	11.9 ± 0.4	9.0 ± 0.9
C18	603-115	Yellow and purple (P)	19 ± 0	320 ± 50	240 ± 14	23 ± 2	11.3 ± 0.6	9.2 ± 0.4
C19	603-214	Yellow and purple (P)	36 ± 1	338 ± 42	261 ± 24	32 ± 4	10.9 ± 0.4	8.7 ± 0.5
C20	603-309	Yellow and purple (P)	37 ± 1	410 ± 32	307 ± 37	84 ± 4	12.3 ± 0.2	11.0 ± 0.6
C21	603-310	Yellow and purple (P)	36 ± 1	400 ± 37	247 ± 25	115 ± 6	12.5 ± 0.5	9.9 ± 0.3
C22	603-314	Yellow (Y)	2 ± 0	390 ± 17	277 ± 24	41 ± 6	10.1 ± 0.6	9.4 ± 0.4
C23	603-316	Yellow and purple (P)	21 ± 1	347 ± 18	260 ± 3	85 ± 6	10.6 ± 0.5	8.4 ± 0.5
C24	wx-3	Light yellow (Y)	1 ± 0	467 ± 39	394 ± 32	20 ± 4	11.0 ± 0.4	12.7 ± 0.8
C25	Black waxy	Purple (P)	68 ± 1	315 ± 43	251 ± 33	45 ± 2	11.6 ± 0.8	8.7 ± 0.5
C26	White waxy	Light yellow (Y)	5 ± 0	303 ± 39	297 ± 28	57 ± 9	9.7 ± 0.2	9.6 ± 0.7
C27	601-110	Purple (P)	63 ± 2	296 ± 31	220 ± 21	108 ± 7	10.6 ± 0.8	7.1 ± 0.6
C28	601-313	Purple (P)	80 ± 3	385 ± 32	301 ± 31	44 ± 4	12.5 ± 0.4	9.9 ± 0.7
C29	601-320	Purple (P)	90 ± 1	394 ± 30	515 ± 47	29 ± 6	14.4 ± 0.4	10.2 ± 0.6
C30	601-322	Yellow and purple (P)	28 ± 1	319 ± 27	241 ± 25	323 ± 15	11.0 ± 0.4	7.7 ± 0.4
C31	70B	Yellow (Y)	1 ± 0	290 ± 23	180 ± 14	316 ± 7	9.2 ± 0.6	8.2 ± 0.4
C32	NKE5	Yellow (Y)	6 ± 0	275 ± 20	203 ± 17	361 ± 10	8.6 ± 1.1	7.7 ± 0.3
C33	NKE3	Yellow (Y)	1 ± 0	308 ± 19	238 ± 19	235 ± 24	9.9 ± 0.5	8.8 ± 0.5
C34	Cheongdo	Purple (P)	85 ± 4	352 ± 21	255 ± 19	44 ± 22	12.8 ± 0.5	8.4 ± 0.2
C35	69B1	Yellow (Y)	5 ± 0	395 ± 34	325 ± 29	49 ± 5	9.4 ± 0.4	10.1 ± 0.3
C36	70A1	Yellow (Y)	1 ± 0	307 ± 32	194 ± 19	335 ± 6	9.1 ± 0.5	6.8 ± 0.2
C37	72A	Yellow (Y)	1 ± 0	290 ± 44	189 ± 14	241 ± 13	8.7 ± 0.8	6.4 ± 0.3
C38	wx-7-sh8-c	Yellow (Y)	1 ± 0	395 ± 50	313 ± 58	136 ± 0	12.8 ± 0.3	10.5 ± 0.5
C39	69B1-P45	Yellow (Y)	0 ± 0	334 ± 56	269 ± 16	257 ± 8	10.1 ± 0.2	10.4 ± 0.6
C40	66B2	Yellow (Y)	0 ± 0	223 ± 17	178 ± 18	27 ± 6	5.1 ± 0.9	6.7 ± 0.3

Mean ± SD	30 ± 26	353 ± 53	270 ± 62	135 ± 119	11 ± 2	9 ± 2
Max	90	467	515	564	14	12.7
Min	0	223	178	16	5	6.4
CV (%)	85.0	15.0	22.8	87.8	15.5	16.3
F-test	F _{39,80} =1118***	F _{39,120} =7.4***	F _{39,120} =15.2***	F _{39,80} =415***	F _{39,120} =11.2***	F _{39,120} =30.0***

^aKernel phenotype, letter in parenthesis indicate Y=yellow and P=purple, respectively for principal component analysis. ^bThe total anthocyanin content is expressed as milligrams of cyanidin-3-glucoside equivalent concentration per 100 g of dry corn. ^cTotal phenol content is expressed as milligrams of gallic acid equivalent (GAE) concentration per 100 g of dry corn. ^dThe total flavonoid content is expressed as milligrams of naringin equivalent (NE) concentration per gram of 100 g of dry corn. ^eThe total carotenoid content is expressed as micrograms per 100 g of dry corn. ^fABTS radical scavenging activity and FRAP values were expressed as Trolox equivalent concentration millimols per g of dry corn. All are expressed as the mean±SD of three (TAC, TCC) or four replicates.

3.2 Total Phenol Content (TPC)

The TPC varied significantly among samples ranging from 223 to 467 mg/100 g of dry corn ($F_{39,120}=7.4^{***}$, $p<0.001$). The average TPC was 353 mg/100 g of dry corn. The CV of TPC was 15.0% (Table 1). According to the previous study, TPC found in corn was significantly higher than in wheat, oats, and rice (Adom & Liu, 2002). It has been reported that *trans*-ferulic acid was the predominant phenol compound derived from corn (Sosulski, Krygier, & Hogge, 1982).

3.3 Total Flavonoid Content (TFC)

The TFC varied significantly among samples ranging from 178 to 515 mg/100g of dry corn ($F_{39,120}=15.2^{***}$, $p<0.001$). The average level of TFC was 270 mg/100 g of dry corn (Table 1). The CV of TFC was 22.8% (Table 1). Some flavonoids are known as cancer chemopreventive agents that induce quinone reductase (Moon et al., 2006). Flavonoids also have strong antioxidant properties (Kim & Lee, 2004). C29, having the highest content of TFC, would be a good material for corn which promotes good health.

3.4 Total Carotenoid Content (TCC)

There was significant variation of TCC among the samples ($F_{39,80}=415^{***}$, $p<0.001$). The TCC ranged from 16 to 564 µg/100 g of dry corn. The average level of TCC was 135 µg/100 g of dry corn. The CV of TCC was 87.8% (Table 1). Unlike other secondary compounds in corn, the function of carotenoids in the human body is crucial because it is converted to and acts as Vitamin A. It is an important compound for preventing degenerative eye diseases (Kurilich & Juvik, 1999).

3.5 Determination of the Antioxidant Activity Using ABTS and FRAP

The ABTS result did not demonstrate as great of a variation as anthocyanin or carotenoid contents but was significantly different among samples ($F_{39,120}=11.2^{***}$, $p<0.001$). The CV of ABTS was 15.5% (Table 1). C29 displayed the highest level of ABTS scavenging activity (Table 1). Interestingly, C29 was also the compound with the highest levels of TAC and TFC. The result of FRAP, like the ABTS result, did not show much variation compared to anthocyanin or carotenoid contents but was significantly different among samples ($F_{39,120}=30.0^{***}$, $p<0.001$). The CV of FRAP was 16.3% (Table 1). C24 showed the highest FRAP antioxidant activity and contains the highest level of TPC (Table 1). Moreover, the overall rank of the FRAP assay is not the same as the ABTS assay. This indicates that the ABTS radical scavenging based assay is different from FRAP assay although both assays are based on electron transfer-based antioxidant assay (Huang, Ou, & Prior, 2005).

3.6 Correlation Analysis

There were several meaningful correlations (Table 2). First of all, the ABTS assay correlated with FRAP, TAC, TPC, TFC but not TCC. Among them, that relationship between ABTS and TAC was the strongest correlation ($r=0.721$, $p<0.01$) as previously observed in red carrot and pigmented Creole maize races (Leja et al., 2013; Mendoza-Díaz et al., 2012). Žilić et al. (2012) reported significant correlation between insoluble bound ferulic acid and ABTS assay from colored corns. The FRAP assay correlated TPC and TFC, but not TAC and TCC. The lack of correlation between TCC and antioxidant activities may indicate that the antioxidant assays employed

here utilize inappropriate solvent extraction systems for non-polar compounds such as carotenoids. It is worth noting that TAC correlated only with ABTS assay. This suggests that an antioxidant assay such as ABTS may react differently with different classes of compounds even though both ABTS and FRAP assays are electron transfer-based antioxidant assays (Huang et al., 2005). The correlation between TAC and TFC ($r=0.343$, $p=0.06$) is natural because anthocyanins are a subclass of flavonoid. Also, it is natural that TFC correlated with TPC ($r=0.730$, $p<0.01$) because flavonoid is one class of phenol compound. TCC weakly correlated with TAC ($r=-0.386$, $p=0.03$) and TFC ($r=-0.322$, $p=0.08$) but this may be due to chance because their biosynthesis occurs in separate pathways (phenylpropanoid and terpenoid, respectively).

Table 2. Correlation coefficients between bioactivities and functional constituents

Variable	1	2	3	4	5
1. ABTS	1				
2. FRAP	0.553**	1			
3. Total anthocyanin content	0.721**	0.096 ^{ns}	1		
4. Total phenol content	0.640**	0.840**	0.241 ^{ns}	1	
5. Total flavonoid content	0.613**	0.746**	0.343*	0.730**	1
6. Total carotenoid content	-0.222 ^{ns}	-0.075 ^{ns}	-0.386*	0.222 ^{ns}	-0.322 ^{ns}

Pearson's correlation analysis was conducted using averaged values of each variable ($n=40$).

***, **, ^{ns} indicate that significant at $p=0.01$, 0.05 , and non-significant, respectively.

3.7 Principal Component Analysis (PCA)

The yellow corns and corns containing purple are mainly separated by components 1, 2, and 3. The first, second, and third component explained 55.4%, 21.9%, and 13.6% of the overall variation respectively (Figure 2A). This indicates that the phenotypes of corn have a large influence on the chemical composition and antioxidant activity of corn. High phenol and flavonoid groups were separated by PC1 and high anthocyanin and carotenoid groups were separated by PC2 on the biplot (Figure 2B). The groups with high anthocyanin content (C25, C27, C28, C34), high carotenoid content (C11, C31, C32, C33, C36, C37, C40), and high phenol and flavonoid content (C9, C10, C11, C12, C14, C20, C24, C29) were easily visualized on the biplot (Figure 2B). On the biplot, TCC and TAC segregate in opposite directions, meaning these two factors are negatively correlated (Table 2). The angle between FRAP and TPC is very small, indicating that two factors are positively correlated (Table 2). This correlation information is consistent with Table 2. PCA analysis was successfully utilized by Lopez-Galilea, de Pena and Cid (2008) to easily visualize the antioxidant and volatile compounds information of the samples and to successfully pinpoint antioxidant compounds of roasted coffee. Another study also used PCA techniques to describe the antioxidant and polyphenol content of various lettuces (Llorach, Martinez-Sanchez, Tomas-Barberan, Gil, & Ferreres, 2008). The PCA analysis was also very useful in this study for visualizing and allowing much information to be taken in. Moreover, this multivariate analysis has several advantages: coping with missing data, handling many variables and few observations (Eriksson, 2006).

and carotenoids had less correlation with antioxidant capacity. Multivariate analysis also showed same result with the correlation analysis but it allows us to get a lot of information at a glance.

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