

## Effectiveness of zinc oxide nanoparticles against helminthiasis: a preliminary investigation conducted on *Pheretima posthuma*

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### ABSTRACT

Based on paralyzed and death time, zinc oxide (ZnO) nanoparticles (NPs) were preliminarily investigated for possible biological effectiveness of anthelmintic activity on *Pheretima Posthuma*. After synthesizing ZnO NPs by low-temperature precipitation method with slight modification, size, morphology, and shape evaluation of these nanoparticles were characterized by scanning electron microscopy and annealing temperature in the range 400–700 °C. In this anthelmintic assay, the paralyzed time (PT) was gradually shorter with the increase of the sample concentration, for instance, when high concentration (40mg/ml) sample was applied on adult worms the paralyzed time was 35.6 minutes only. The death time (DT) was 450 and 80 minutes when the sample concentration was 20 and 40 mg/ml respectively. These results were compared with albendazole as a reference showed PT and DT 378.6 and 402.3 minutes, respectively, and showed maximum dose-dependent anthelmintic activity. Finally, at higher concentration paralytic effect (PE) was showed much earlier and subsequently, it is important to note that the time taken for death observation was shorter.

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## 1. Introduction

The field of technological application of nanoparticles called nanotechnology plays a significant role directly or indirectly in human civilization, which encompasses science, engineering, and the technology involves not only nanometer-sized materials but also devices and systems at the nano-size level. The interest for nanoparticles has increased in the past years due to their pliability in structure, size, biocompatibility, high surface area, and versatile functionalization, which have led to their universal application in diverse areas. Because of the wide range of applications, metal oxide NPs have appeared great attention.<sup>1</sup> Before using the nanoparticles of inorganic metal oxide such as TiO<sub>2</sub>, CaO, ZnO, MgO, etc. it is necessary to ensure its safety, toxicity and biocompatibility to human beings<sup>2,3</sup> and recently scientists identified and regarded those as a safe material for human health, especially MgO and CaO are essential because of minerals source of the human body.<sup>4–7</sup>

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ZnO NPs are one of the most reliable, unique and versatile important material both in the form of ceramic or powder. This form exhibits several outstanding characteristics such as optical transparency, electric dynamism and potential, piezoelectric effect, nonpoisonous, wide accessibility, economical and stability.<sup>8,9</sup> Nanostructure (intermediate size between microscopic and molecular structure) ZnO can be applied in various fields for its numerous characteristics such as high frequency filtering application (surface acoustic wave device)<sup>10</sup>, photocatalysis reaction<sup>11</sup>, photodetectors<sup>12</sup>, varistors<sup>13</sup>, solar cells<sup>14</sup>, biosensors<sup>15</sup>, gas sensors<sup>16</sup>, nanogenerator<sup>17</sup>, ultraviolet nanolasers<sup>18</sup> etc. The interest for ZnO has grown over the years since it has been shown to have unique properties which can be easily applied in case of biomedical application such as antibacterial, antifungal, anticancer agent (drug delivery) and also applicable in different industrial application for example superior catalytic, UV filtering properties and photochemical activity. Different availability morphologies of ZnO nanostructure have appeared as nanorods, nanosphere, nanowires, nanotubes (dimension less than 100 nm), nanoneedles, nanorings have been easily synthesized.<sup>19</sup> Recently, many methods are being applied to prepare the various nanostructures of ZnO. Last decade researchers tried to establish different synthesis methods and recently different modified synthesis techniques have been established for ZnO NPs such as chemical vapor transport (CVT) techniques<sup>20,21</sup>, sol-gel method<sup>22</sup>, direct precipitation (low temperature) and co-precipitation (room temperature) synthesis<sup>23-25</sup>, sonochemical or microweb assisted synthesis<sup>26,27</sup>, RF plasma synthesis<sup>28</sup>, hydrothermal process<sup>29</sup> etc. To synthesize ZnO NPs into various complicated structures such as floweret style and web (network) type conglomerates can be prepared from developed physical vapor transport (vacuum deposition) and chemical vapor deposition (surface modification) method.<sup>23</sup> Besides, various steps, complicated equipment, and high temperature are normally required for these methods, but on the contrary, most cost-effective, simple and easy to make a change in a specific size and able to be scaled in some of the methods are precipitation, hydrolysis and hydrothermal process that all are expressed in low-temperature wet chemical processes.<sup>23</sup>

In this investigation, zinc nitrate hexahydrate ( $\text{Zn}(\text{NO}_3)_2 \cdot 6\text{H}_2\text{O}$ ) and sodium hydroxide (NaOH) were used without any posterior treatment by low reaction temperature to synthesize ZnO NPs with the help of applying knowledge of simple precipitation and sonochemical process. But some instrumental modification was added to run the synthesis in a cheap, simple, better and easy way in which the configuration and dimension of the ZnO NPs were estimated by Scanning Electronic Microscopy (SEM). Apart from this, ZnO NPs were used as a test sample and examined to identify the anthelmintic activity on *Pheretima posthuma* (earthworm). Parasitic helminths not only affect animals but also man and causing considerable hardship which infections spread throughout the world and inhibit the growth and also responsible for huge economic losses.<sup>30,31</sup> Overall, it may be said that the antihelminthic effect might be due to the creation of reactive oxygen species (ROS) which affects and targets different macromolecules.<sup>31</sup> So different medicine has been progressed from the last decade by scientists, pharmacists, and doctors to treat this. But in this big issue, the availability of effective medicine can fight to solve the crisis<sup>30</sup> In this investigation, we evaluated the antihelminthic activity of ZnO NPs against *Pheretima posthuma* in which paralyzed time as well as mortality time activity was marked perfectly to understand the result with the ZnO NPs.

## 2. Experimental

### 2.1. Chemical reagents and Instruments

Analytical grade (98% AR) zinc nitrate hexahydrate ( $\text{Zn}(\text{NO}_3)_2 \cdot 6\text{H}_2\text{O}$ ), sodium hydroxide (45% AR NaOH), deionized water, saline water, carboxymethylcellulose (CMC), were purchased from Loba Chemie Co. (India). Albendazole (400 mg/tablet) was purchased from the local market. SEM (Hitachi S-3400, Hitachi, Japan), UV spectrophotometer (1650 PC, Shimadzu, Japan), weighing machine (AGN 220C, AXIS, Poland), etc. were also used.

## 2.2. Synthesis

The ZnO nanoparticles (NPs) were prepared according to a simple low reaction temperature precipitation and sonochemical process<sup>32,33</sup>, but some modifications were added in this experiment. Firstly, at room temperature 0.5M Zn(NO<sub>3</sub>)<sub>2</sub>.6H<sub>2</sub>O solution was prepared by dissolving it in 100 ml deionized water and 1.0M NaOH solution was also prepared by dissolving it in 200ml deionized water. Both of the solutions were freshly prepared and used immediately. All the chemicals were used in this experiment, NaOH and Zn(NO<sub>3</sub>)<sub>2</sub>.6H<sub>2</sub>O were of analytical grade (98% AR) and utilized without any further treatment. Sodium hydroxide (NaOH) solution was put on a magnetic stirrer at 70°C and waited till temperature sets and then rotation of the stirrer was started. Zinc nitrate solution was added by using a burette dropwise very slowly at a speed of 1 drop in 3 seconds and continued stirring at 70°C temperature. Then, this full solution was added to the alkaline solution slowly, at that moment stirring was kept continued for 3 hrs. As a result, a suspension was produced and the mixture was cooled at room temperature overnight for precipitation. Then finally the suspension was filtered & washed with deionized water & ethanol several times. Subsequently, the dryer was used to convert ZnO NPs in powder form at 65°C temperature.

## 2.3 Anthelmintic Assay

The anthelmintic assays were accomplished as per the method of Ajaiyeoba<sup>34,35</sup> with minor modifications.<sup>36,37</sup> For this experimental observation, adult Earthworms (*Phertima posthuma*) were collected from the muggy soil on the campus of NSTU, Noakhali. Then normal saline water was used on the surrounding body of *Pheretima posthuma* to remove all the solid or liquid waste. The length, width and weight of collected *Pheretima posthuma* were 3–5 cm, 0.1–0.2 cm and 0.8–3.04 g respectively and used for all standard protocols. The anatomical and physiological characteristics of the intestinal roundworm parasites of the human being are approximately the same as the adult *Pheretima posthuma* (earthworm)<sup>38–40</sup> and hence were used to investigate the antihelminthic potential. Albendazole was used as a reference standard.<sup>41</sup>

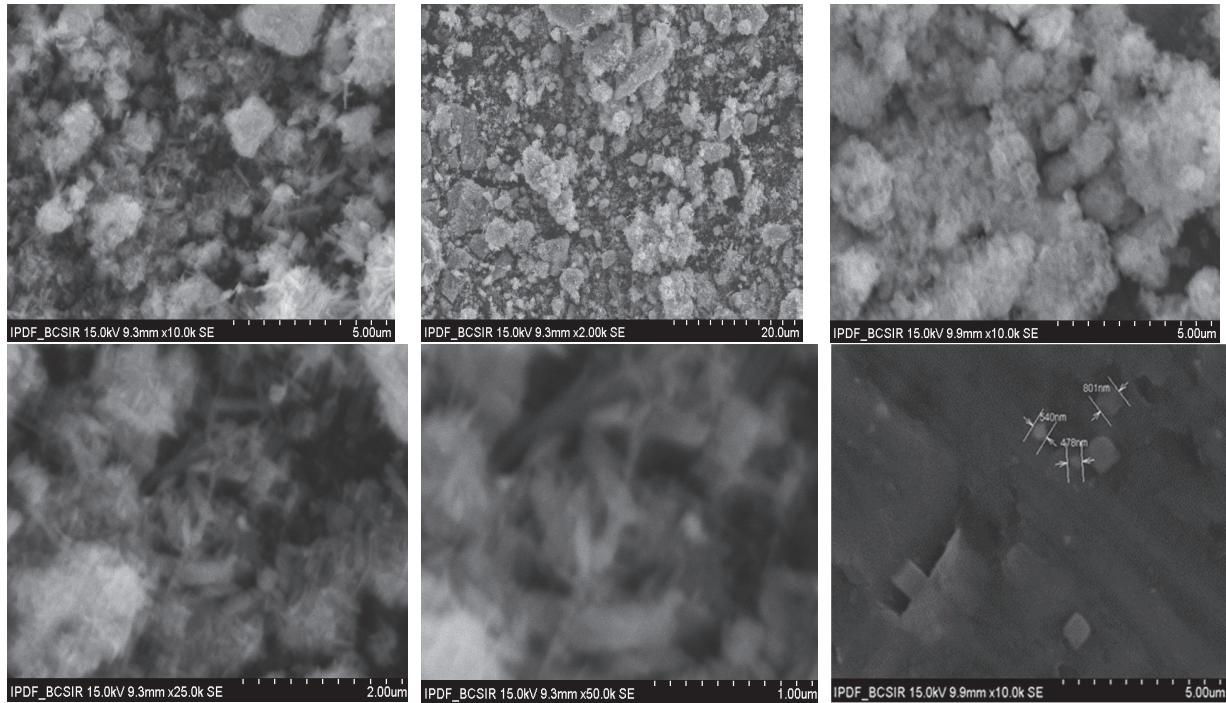
ZnO NPs were used as a test sample and CMC solution was used as a solvent to dissolve ZnO nanoparticles. Then three concentrations (10, 20, 40 mg/ml) of CMC solution were put in an ultrasonic bath for 20 minutes to disperse the test sample solution completely. After that albendazole (a reference drug) dissolved in CMC solution to make a solution which concentrations were 10, 20, 40 mg/ml. This reference solution was also put in an ultrasonic bath for 20 minutes to completely disperse the solution. In this experiment, seven Petri-dishes were used in which two earthworms (*Pheretima posthuma*) were put in every dish. Besides, three groups (each containing two earthworms) were applied to the three concentrations ZnO nanoparticles of test samples and as a reference standard one group was applied in this assay. Only control solution CMC was applied on two earthworms in one petri-dish for showing its effect on earthworms (*Phertima posthuma*). The most important observation in this experiment was the physical change in the earthworms. So continuous observation was performed to notice any change in earthworm's body because physical change relates to movement. The time of paralysis and time for the death of worms were recorded sincerely and perfectly after ascertaining that the worms neither moved when shaken vigorously.<sup>42</sup>

## 3. Results and Discussion

### 3.1. Scanning Electron Microscopy (SEM)

To observe morphological characteristics and sizes limit of nanoparticles, SEM techniques were used. It is easily done after ZnO powder obtained. An SEM instrument (Hitachi S-3400, Japan) was used for these purposes from BCSIR, Dhaka, Bangladesh. It is mainly designed for the study of solid surface objects in which dimensional images (3D) are understood. SEM analysis using an emission current 5900 nA at a 15 KV voltage of different magnification ranges. SEM of ZnO nanoparticles revealed that some particles are agglomerated & some are well defined. Besides, the complete

separation did not occur and we also examined some particles were of small fibrous characteristics. Because of weak physical forces, the particles are held together also. In addition, plentiful edges and corners also appeared from the SEM images. Besides, agglomeration between nanoparticles and some stick, spherical, solids, and flakes like shapes were observed in the range of 5 and 20 micrometer. It also denoted that the nanoparticles are well dispersed in white powder form. The SEM analysis showed the particle size 478 nm to 801 nm in most cases; however, few particles were larger than 801 nm and also were smaller than 478 nm. Smaller ones formed the aggregation of large particles and most of them are rough and irregular circular in shape. The overall scenario of these SEM images is nonhomogeneous morphology.



**Fig. 1.** SEM of ZnO nanoparticles at different magnifier appearance

### 3.2. Annealing Temperature effect on ZnO nanoparticles by UV-Vis Spectrophotometer

A UV-Vis spectrophotometer (1650 PC, Shimadzu) was used in the university lab for evaluating the temperature effect on ZnO NPs and the initial level of the synthesis of ZnO NPs was confirmed by collecting the absorbance on this instrument. For understanding the characterization of the absorption spectra of the samples were taken 360-380 nm in which the UV-vis absorption spectra of ZnO NPs prepared at different annealing temperatures are shown in Table 1. A broad absorption peak was observed in each spectrum at 360-380 nm. Here ZnO nanoparticles are heated at different temperature and then the measurements of UV results are given below.

**Table 1.** Annealing temperature effects of ZnO nanoparticle in UV-vis Spectroscopy

Temperature (Celsius)	Wavelength (nm)	Absorbance
400°C	368	0.64465
500°C	371.5	0.84366
600°C	374	0.96722
700°C	377	1.00308

From Table 1, it is easily explained that increasing the temperature effects the wavelength and absorbance of ZnO NPs. The wavelength and absorbance are observed in an upward direction when the temperature was increasing.

### 3.3. Anthelmintic investigation result

Earthworm (*Pheretima posthuma*) was kept in petri-dish in which three different concentrations (10, 20, 40 mg/ml) of CMC (control), Albendazole (standard) and ZnO nanoparticles (sample) were applied to observe the experiment. A total of 14 worms were taken in respective solutions.



**Fig. 2.** *Pheretima posthuma* in petri-dish to observe and record paralyzed and death time.

Here the recorded PT and DT of the worm's results were shown in Table 2 below.

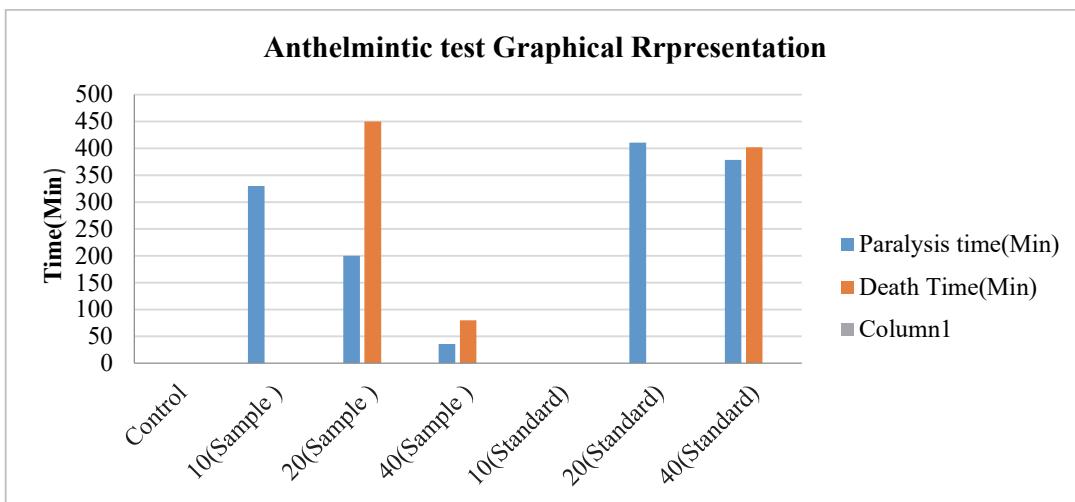
**Table 2.** Anthelmintic effects of ZnO NPS on *Pheretima posthuma* (Earthworms)

Groups	Conc. (mg/ml)	PT (Min) Mean± S.E.M	DT (Min) Mean±S.E.M
Control ( 1% w/w CMC)	-	-	-
Sample (ZnO NPS)	10	330±0.33	Not in overnight
Sample (ZnO NPS)	20	200±0.66	450±0.43
Sample (ZnO NPS)	40	35.6±0.53	80±0.45
Standard (Albandazole)	10	Not in overnight	Not in overnight
Standard (Albandazole)	20	410.7±0.3	Not in overnight
Standard (Albandazole)	40	378.6±0.5	402.3±0.4

S.E.M = Standard Error of the Mean

From Table 2, it is clear to say that the gradual increment of sample concentration of ZnO NPs provides the information about paralysis as well as the mortality incident of worms in shorter times. It is the commandments that the control solution which was prepared as a blank does not affect earthworms because of the absence of paralysis and death time showing for this solution. It is very interesting to say that at the concentration of 10 mg/mL of the sample there was no effect on the earthworm in case of death in full night and paralyzed time was so long that was 330 minutes denotable in which results were compared with the paralyzed and death time of standard was also no effect on earthworms.

From Fig. 3 (showed in below), it was understood that at the concentration of 20 mg/ml the time difference between paralysis and death time for the test sample is 250 minutes in which the standard albendazole has a higher difference because of lower concentration. But at the concentration of 40 mg/ml, the difference between paralysis and death time of earthworms for the ZnO nanoparticles sample is approximately 44.4 minutes which is shorter than the concentration of 20 mg/ml is comparable with the standard. For the test sample at the concentration of 40 mg/ml, the paralyzed and death time was 35.6 and 80 minutes respectively.



**Fig. 3.** A Graphical representation of anthelmintic activity of different groups

These results were compared to that of the standard drug of Albendazole at 40 mg/mL concentration showed paralysis time and death time was slightly over 378 and 402 minutes respectively. Thus at the highest dose, 40 mg/ml of sample (ZnO nanoparticles) is more potent than other concentrations of this sample administered in which produced activity is comparable to the reference standard. In addition, we can establish the decision that the different concentrations of ZnO nanoparticles containing 10, 20, 40 mg/ml experienced dose-dependent paralysis ranging from loss of movement to loss of response to external effort, which gradually comes to death. From the above study, it was seen that the ZnO NPS showed dose (concentration) dependent anthelmintic activity showing maximum potentiality at 40mg/ml for one type of worms as compared to standard drug albendazole. It was also observed that higher concentration ZnO nanoparticles produced a paralytic effect much earlier and the time taken for death was shorter for all types of worms. Therefore, further higher study and research must be taken so that the importance of the medicinal activity of these nanoparticles can be applied in the future for the betterment of human civilization and the mass people can get actual benefits from this medicinal property.

#### 4. Conclusions

This current study aims to explore, analyze and prove the anthelmintic activity and some characteristics of ZnO nanoparticles by a simple method. From this investigation, collected and recorded data showed that ZnO nanoparticles exhibited excellent anthelmintic activity against *Pheretima posthuma*. Here one of the important facts is the synthesis process which is very easy and cost-effective to produce ZnO nanoparticles. This study has created a way to form new anthelmintic drugs from the ZnO nanoparticles. In the future, we have a plan to reinforce Ag doping in ZnO nanoparticles for a comparative study between ZnO NPs and ZnO:Ag nanoparticles in case of anthelmintic activity against *Pheretima posthuma*. However, the further experiment is required on the human-based model to establish this finding for potential therapeutic effects. The wormicidal activity of ZnO nanoparticles against *Pheretima posthuma* suggests that they are also considered effective activity against parasitic diseases of humans. So, it can be said that ZnO gives a strong anthelmintic effect.

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