

# Simple and Sensitive Multi-Components Detection Using Synthetic Nitrogen-Doped Carbon Dots Based on Soluble Starch

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#### Research Article

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Simple and sensitive multi-components detection using synthetic

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**ABSTRACT:** Although carbon dots (CDs) as fluorescent sensors have been widely

exploited, multi-component detection using CDs without tedious surface modification

is always a challenging task. Here, two kinds of nitrogen-doped CDs (NCD-m and

NCD-o) based on soluble starch (SS) as carbon source were prepared through one-pot

hydrothermal process using m-phenylenediamine and o-phenylenediamine as

nitrogenous dopant respectively. Through fluorescence "on-off" mechanism of CDs,

NCD-m and NCD-o could be used as a fluorescence sensor for detection of Fe 3+ and

Ag + with LOD of 0.25 and 0.5 μM, respectively. Additionally, NCD-m could be used

for indirect detection of ascorbic acid (AA) with LOD of 5 µM. Moreover, fluorescence

intensity of NCD-m also exhibited the sensitivity to pH change from 2 to 13. More

importantly, Both NCD-m and NCD-o had potential application for analysis of

complicated real samples such as tap water, Vitamin C tablets and orange juice.

Ultimately, the small size of NCD-m could contribute to reinforcing intracellular

endocytosis, which allowed them to be used for bacteria imaging.

Key words: Carbon dots. Metal ions. Ascorbic acid. Sensor. Bioimaging

1. Introduction

Metal ions are essential for versatile physiological processes. Dysregulation of specific

metal ion levels in living organisms is known to have an adverse effect on normal

biological events. Owing to the pathophysiological significance of metal ions, sensitive

and selective methods to detect these ions in biological systems, environment, food and

water are in high demand. Fluorescent sensors have attracted increasing attention for

detection of metal ions in vitro and vivo, owing to their rapidity, simplicity, high

selectivity and sensitivity, and possibility for real-time monitoring [1,2]. Generally,

most widely used fluorescent sensors include organic dyes [3], semiconductor quantum

dots (QD)[4], fluorescent metal nanoclusters[5] and fluorescent metal organic

frameworks[6], etc. However, their defects such as photo instability, complex

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equipment and treatment processes, high costs, environmental unfriendliness and cytotoxicity also hinder their practical applications.

As a new class of zero-dimensional spherical nanomaterials in carbon family, carbon dots (CDs) have attracted wide attention due to their merits of multiple optical and electrochemical properties, chemical stability, photostability, biocompatibility, easy functionalization and low toxicity. Therefore, CDs are applied in the fields of sensing, electrochemistry, nano-catalysis, and bioimaging, etc. [7-9] However, there is still a mutual defect due to lack of sufficient theoretical and experimental knowledge on fluorescence origins in CDs, which is low quantum yields (QYs) among most asprepared CDs and significantly limits the development and application of CDs as fluorescence materials [10,11]. By far, one of the most striking ways is the doping of atoms (like N, S, P and B) [12]. Plenty of works have been focused on the N or S- doped CDs. In the process of N doping, π-conjugate domain of pyridone-like structures formed by condensation reaction are most likely cause of high QYs [13].

Some metal ions (Fe <sup>3+</sup>, Ag <sup>+</sup>, Mo <sup>6+</sup>, Cr <sup>6+</sup>, Hg <sup>2+</sup>, Pb <sup>2+</sup>, Cu <sup>2+</sup>, etc.) can interact with functional groups on the surface of some CDs to change their fluorescence properties. For example, Fe <sup>3+</sup> leads to fluorescence quenching of N-doped CDs (NCDs) [14-20]. And Ag <sup>+</sup> causes fluorescence quenching of NCDs and N-other atom co-doped CDs [21-24]. Moreover, fluorescence of some NCDs is able to be effectively retained when Fe <sup>3+</sup> is reduced to Fe <sup>2+</sup> by reductants such as ascorbic acid (AA) [25,26]. Therefore, NCDs as fluorescence sensors of metal ions and other analytes have been widely developed.

In this study, two kinds of soluble starch-derived NCDs (NCD-m and NCD-o) were doped by m-phenylenediamine and o-phenylenediamine respectively. Fe <sup>3+</sup> and Ag <sup>+</sup> ions were effectively able to quench fluorescence of NCD-m and NCD-o respectively. Therefore, fluorescence sensors based on NCD-m and NCD-o for detecting Fe <sup>3+</sup> and Ag <sup>+</sup> ions were respectively established with acceptable detection limits and linear ranges. Additionally, NCD-m could be used indirectly to detect ascorbic acid (AA) on the basis of reduction of Fe <sup>3+</sup> to Fe <sup>2+</sup> by AA. More importantly, these sensors based on

as-prepared NCDs could be applied to multi-components detection of Ag <sup>+</sup>, Fe <sup>3+</sup> and AA in real samples. Moreover, fluorescence intensity of NCD-m was sensitive to pH change, which makes them had a potential as pH sensor. Finally, NCD-m showed their excellent biocompatibility, along with their optical merits, strongly reinforced their applicability potential as bacteria (*E. coli*) imaging agent.

#### 2. Materials and methods

#### 2.1. Chemicals

M-phenylenediamine (MPD), o-phenylenediamine (OPD), AgNO<sub>3</sub>, CaCl<sub>2</sub>, CdCl<sub>2</sub>, CoCl<sub>2</sub>, CuCl<sub>2</sub>, FeCl<sub>3</sub>, FeCl<sub>2</sub>, Hg (NO<sub>3</sub>)<sub>2</sub>, Mg (OAc)<sub>2</sub>, MnCl<sub>2</sub>, NiCl<sub>2</sub>, Pb (NO<sub>3</sub>)<sub>2</sub>, Zn (OAc)<sub>2</sub>, Na<sub>2</sub>SO<sub>4</sub>, Na<sub>2</sub>SO<sub>3</sub>, Na<sub>2</sub>CO<sub>3</sub>, NaNO<sub>3</sub> and ascorbic acid (AA) were purchased from Aladin Ltd. (Shanghai, China). Additionally, Vitamin C (ascorbic acid) assay kit (colorimetric method) was purchased from Jiancheng Bioengineering Institute (Nanjing, China) while Vitamin C tablets were purchased from a local pharmacy. Finally, soluble starch (SS) and orange juice were purchased from a local supermarket.

#### 2.2. Instrumentation

JEM-F200 transmission electron microscope (TEM) (JEOL, Japan) was used to obtain morphological images of as-prepared NCDs. In addition, F-4600 spectrofluorometer (Hitachi, Japan) was used to measure fluorescence intensity and steady-state emission spectra. UV-2600 spectrophotometer (Shimadzu, Japan) was applied to gather UV-Visible absorption spectra. Moreover, FT-IR spectra were obtained using KBr pellets on IR Affinity-1S FT-IR spectrophotometer (Shimadzu, Japan) to identify functional organic groups within a spectral window of 650–4000 cm<sup>-1</sup>. X-ray diffraction pattern was measured on AXS-D8 X-ray diffractometer (Bruker, Germany). Finally, bacteria imaging was performed by A1+/A1R+ laser scanning confocal microscope (Nikon, Japan).

#### 2.3. Synthesis of NCDs

Nitrogen-doped carbon dots (NCDs) were prepared using one-pot hydrothermal method. In brief, SS (0.25 g) was dissolved in ddH<sub>2</sub>O (50 ml) with MPD and OPD (0.5 g) respectively before transferring the mixture into a Teflon-lined autoclave and heating at 160 °C for 10 h. After cooling down to room temperature, the supernatant was collected by removing large insoluble dots through centrifugation at 10,000 rpm for 30 min and then filtered using 0.22 μm syringe filters. Subsequently, the preprocessed supernatant was dialyzed against ddH<sub>2</sub>O for 24 h and then lyophilized. Finally, the residues of NCDs powder were stored in 4°C until use. NCDs prepared from SS and MPD were named NCD-m while those obtained using SS and OPD were labelled NCD-o.

## 2.4. Fluorescence detection of Fe 3+, Ag + and AA

In order to detect Fe  $^{3+}$  and Ag  $^+$ , NCD-m and NCD-o (0.2 mg/mL) were respectively mixed with Fe  $^{3+}$  and Ag  $^+$  at various final concentrations ranging from 0  $\mu$ M to 1000  $\mu$ M (0,0.125,0.25,0.5, 1, 2, 3,

4,5,10,15,20,25,50,75,100,125,150,250,350,450,550,650,750,~850 and  $1000~\mu M)$  in 2 mL ddH<sub>2</sub>O. Their fluorescence spectra were collected at room temperature.

Fluorescence quenching of as-prepared NCDs follows Stern-Volmer equation [27]. Therefore, Relative Fluorescence Intensity  $(F_0/F - 1)$  was calculated to be the signal output value where  $F_0$  and F respectively represented fluorescence intensity at Ex=445 nm of NCD-m or 405 nm of NCD-o in the absence and presence of Fe  $^{3+}$  or Ag  $^+$ .

In order to detect AA, Fe  $^{3+}$  (500  $\mu$ M) were mixed with AA at various final concentrations ranging from 0  $\mu$ M to 850  $\mu$ M (0,0.125,0.25,0.5, 1, 2, 3, 4,5,10,15,20,25,50,75,100,125,150,250,350,450,550,650,750 and 850  $\mu$ M) in 2 mL HAc-NaAc buffer (20 mM, pH=3.0). Afterwards, NCD-m (0.2 mg/mL) were added into Fe  $^{3+}$  + AA and their fluorescence spectra were collected at room temperature. Relative Fluorescence Intensity ( $F/F_0$ ) was calculated to be the signal output

value where  $F_0$  and F respectively represented fluorescence intensity at Ex=445 nm of NCD-m in the absence and presence of Fe  $^{3+}$  + AA.

In addition, the selectivity of as-prepared NCDs towards Fe  $^{3+}$ , Ag  $^+$  and AA was examined by adding different interferents under the same test conditions. (Concentration of NCD-m and NCD-o was 0.2 mg/mL; Concentration of Fe  $^{3+}$ , Ag  $^+$ , AA and all interferents was 500  $\mu$ M).

The reaction time in each step of the above experiments was 10 min.

## 2.5. Fluorescence detection of Fe <sup>3+</sup>, Ag <sup>+</sup> and AA in real samples

In order to detect Fe  $^{3+}$  and Ag  $^+$  in real samples, tap water obtained from our lab was analyzed using the present methods. The water samples were spiked with Fe  $^{3+}$ /Ag  $^+$  at different concentrations without any pretreatment.

On the other hand, VC tablet sample was prepared by dissolving one Vitamin C Tablet (Instruction: 100 mg of AA/Tablet) in 100 mL ddH<sub>2</sub>O. It is noteworthy that orange juice (Instruction: 2 mg of AA/100 mL) did not need any pretreatment. VC tablet sample and orange juice were spiked with AA at different concentrations. Testing and data processing were based on the present method.

#### 2.6. Bacteria imaging

Escherichia coli (*E. coli* DH5 $\alpha$ ) bacteria were grown overnight at 37 °C in Luria-Bertani medium. Subsequently, 1 ml bacterial culture medium were placed into 2 mL Ep tube. The bacteria were collected by removing the medium through centrifugation at 10,000 rpm for 1 min and then washed twice using ddH<sub>2</sub>O. The purified bacteria were incubated with NCD-m (0.2 mg/mL) at 37 °C for 12 h in 500  $\mu$ L mixed solution (v/v phosphate buffered solution: DMSO = 3:2). Afterwards, the bacteria were collected by removing the unbound NCD-m in supernatant through centrifugation at 10,000 rpm for 1 min and then washed twice using ddH<sub>2</sub>O. Finally, bacteria imaging was performed using confocal fluorescence microscopy.

#### 3. Results and Discussion

#### 3.1. Characterization of NCDs

Morphology of as-prepared NCDs were observed using Transmission electron microscopy (TEM). Fig. 1a and b show that both NCD-m and NCD-o had good uniformity and dispersibility, and the average particle size was 5±0.5 nm. HRTEM images of NCD-m and NCD-o are shown in the insets of Fig. 1a and b, indicating that lattice spacing was 0.2 nm, which was consistent with the (100) plane spacing of sp<sup>2</sup> carbon [28,29]. Additionally, Fig. 1c indicates that the measured XRD pattern of NCD-m and NCD-o demonstrated the similar peaks centered at  $2\theta = 22.3$  Å, which was corresponding to a representative graphite structure [30]. Moreover, functional groups on the surface of as-prepared NCDs were identified using FT-IR spectra. NCD-m and NCD-o had similar FT-IR spectra as demonstrated in Fig. 1d. The broad band centered at 3,271 cm<sup>-1</sup> was contributed by the stretching vibrations of O-H/N-H. On the other hand, the absorption at 2,925 cm<sup>-1</sup> was attributed to the stretching vibration of C-H due to hydrogen-atom-rich periphery of benzene ring structure to be retained. Additionally, the peak at 1,633 cm<sup>-1</sup> belonged to C=C stretching vibration of polycyclic aromatic hydrocarbons. Moreover, the bands at 1,330 and 1,014 cm<sup>-1</sup> were attributed to the C-N(amine) and C-O (alcohols or phenols) stretching vibration, respectively. The above results indicated that NCDs with the lattice structures were successfully synthesized and possessed many chemical groups on the surface including hydroxyl, carboxyl and amine groups.

#### 3.2. Optical properties of NCDs

Fluorescence and UV-vis spectra were employed to investigate the typical optical properties of as-prepared NCDs. As shown in the insets of Fig. 2a and b, NCD-m and NCD-o respectively emitted green and yellow fluorescence under 365 nm UV lamp. Fig. S1a and b show that an increase in excitation wavelength resulted in a gradual and slight redshift in emission wavelength of both NCD-m and NCD-o. In addition, emission intensity changed according to variations in excitation intensity in certain

ranges. Maximum excitation wavelength for NCD-m and NCD-o was 445 nm and 405 nm respectively while corresponding emission wavelength was 527 nm and 561 nm respectively. Evidently, both NCD-m and NCD-o exhibited the excitation-dependent emission behavior, which is ascribed to different band gaps from various defect/surface states of CDs [31]. Moreover, NCD-m and NCD-o displayed different UV-vis absorption as illustrated in Fig. 2. UV-vis spectrum of NCD-m indicated an absorption peak at 290 nm, corresponding to  $n-\pi^*$  electronic transition. UV-vis absorption spectrum of NCD-o had three characteristic peaks at 237, 257 and 282 nm in UV region and a broad peak at 416 nm in visible region. The two absorption peaks located at 237 nm and 257 nm were attributed to  $\pi$ - $\pi^*$  transitions of aromatic sp<sup>2</sup> domain from the carbon core typically, and the other two absorption peaks located at 282 nm and 416 nm were assigned to n- $\pi^*$  transitions of C=N/C=O and/or C-N from surface moieties [32-34].

#### 3.3. Stability of NCDs

Stability of as-prepared NCDs is important to evaluate their practical applications in chemical and biological sensing. The effect of storage time, ionic strength and pH on stability of as-prepared NCDs was investigated. Fig. S2a shows that there was no significant change in fluorescence intensity of NCD-m and NCD-o aqueous solutions within 1 to 6 months of storage. As shown in Fig. S2b, fluorescence intensity of NCD-m decreased to some extent with an increase of ionic strength, indicating that high ionic strength leaded to the partial fluorescence quenching of NCD-m. Meanwhile, fluorescence intensity of NCD-o was stable in high salt solutions even when the concentration of NaCl was up to physiological ionic strength (~ 200 mM), indicating that NCD-o was able to resist comparatively high ionic strength. Moreover, fluorescence intensity of as-prepared NCDs was sensitive to pH variation. Fig. 3a and c indicate that fluorescence intensity of NCD-m gradually and significantly decreased with pH change from 2 to 13. However, NCD-o exhibited a different sensitivity toward pH variation. Fig. 3b and d demonstrate that fluorescence intensity of NCD-o

was comparatively stable under neutral conditions (pH=7) but significantly decreased under acidic (pH=6-2) and alkaline conditions (pH=8-13). Some researchers speculated that protonation—deprotonation occurring on the surface of these CDs with pH variation induced the changes in surface charges, resulting in pH dependence[35-37]. Therefore, NCD-m might have a potential application of monitoring pH change in vitro or vivo. In addition, a neutral pH condition was important to the further application of NCD-o as fluorescence senor or bioimaging agent.

## 3.4. Fluorescence response of NCDs to a variety of analytes

19 kinds of analytes (Ag +, Ca <sup>2+</sup>, Cd <sup>2+</sup>, Co <sup>2+</sup>, Cu <sup>2+</sup>, Fe <sup>3+</sup>, Fe <sup>2+</sup>, Hg <sup>2+</sup>, Mg <sup>2+</sup>, Mn <sup>2+</sup>, Ni <sup>2+</sup>, Pb <sup>2+</sup>, Zn <sup>2+</sup>, SO<sub>4</sub> <sup>2-</sup>, SO<sub>3</sub> <sup>2-</sup>, CO<sub>3</sub> <sup>2-</sup>, NO<sub>3</sub> -, Cl - and AA) at a concentration of 500 μM were chosen to test the selectivity of as-prepared NCDs (0.2 mg/mL) as exhibited in Fig. 4. Compared with the other analytes, fluorescence of NCD-m and NCD-o was effectively quenched by Fe <sup>3+</sup> and Ag + respectively. Therefore, NCD-m and NCD-o displayed obvious selectivity toward Fe <sup>3+</sup> and Ag + respectively and this provided the study with a possibility of monitoring Fe <sup>3+</sup> and Ag + through as-prepared NCDs. It was worth noting that Fe <sup>2+</sup> could not effectively quench fluorescence of NCD-m, which provided a possible mean of detecting reducing agents those could reduce Fe <sup>3+</sup> to Fe <sup>2+</sup>. Moreover, the responsive time of as-prepared NCDs toward Fe <sup>3+</sup> and Ag + was measured and the result was shown in Fig. S3, which indicates that the response of NCD-m toward Fe <sup>3+</sup> was balanced within 5 min, and the response of NCD-o toward Ag + was balanced within 6 h.

## 3.5. Fluorescence detection of Fe 3+ and Ag +

Considering that different concentrations of Fe <sup>3+</sup> and Ag <sup>+</sup> could result in different levels of fluorescence quenching of as-prepared NCDs, this study tested the capability of NCD-m and NCD-o to detect Fe <sup>3+</sup> and Ag <sup>+</sup> respectively.

The findings revealed that fluorescence intensity of as-prepared NCDs gradually decreased with an increase of tests-related metal ions concentration from  $0~\mu M$  to 1000

μM as shown in Fig. 5a and b. Stern-Volmer equation was used to calculate fluorescence quenching. Notably, the plot of Relative Fluorescence Intensity  $(F_0/F - 1)$ against the concentration of test-related metal ions did not fit a linear Stern-Volmer equation in their entire concentration ranges. Additionally, Fig. 5c shows that there was a good linear relationship between  $F_0/F - 1$  of NCD-m and the concentration of Fe <sup>3+</sup> within the range of 0.5–20  $\mu$ M with correlation coefficient ( $R^2$ ) of 0.9861. The linear equation was fitted as  $F_0/F - 1 = 0.007 c + 0.026$  (c representing the concentration of Fe <sup>3+</sup>) and limit of detection (LOD) was calculated to be 0.25 μM based on three times the standard deviation rule (LOD = 3Sd/s). Moreover, Fig. 5d highlights that there was a good linear relationship between  $F_0/F - 1$  of NCD-o and the concentration of Ag  $^+$  within the range of 5–125  $\mu$ M with  $R^2$  of 0.9936. The linear equation was fitted as  $F_0/F - 1 = 0.002 c + 0.070 (c representing the concentration of Ag^+)$  and LOD was calculated to be  $0.5 \mu M$  based on three times the standard deviation rule (LOD = 3Sd/s). A comparison between the proposed methods based on as-prepared NCDs with the previously reported methods based on other CDs are listed in Table S1 and S2. The comparison suggested that the proposed methods for detection of Fe <sup>3+</sup> and Ag <sup>+</sup> were comparable or even better than those previously reported in literatures.

Given that as-prepared NCDs might be applied for detection of Fe <sup>3+</sup> and Ag <sup>+</sup> in real samples, tap water samples were spiked with Fe <sup>3+</sup>/Ag <sup>+</sup> at different concentrations without any pre-treatment. Afterwards, the spiked samples were analyzed by the proposed methods based on as-prepared NCDs. Table 1 and 2 shows that recoveries from the spiked Fe <sup>3+</sup> samples were in the range of 96.0-111.0 % with Relative Significant Difference (RSD) of 2.8–4.2 % and recoveries of the spiked Ag <sup>+</sup> samples were in the range of 96.6-106.0 % with RSD of 2.1–4.5 %, This result suggested that NCD-m and NCD-o could be employed as the promising fluorescence sensors for quantitative detection of Fe <sup>3+</sup> and Ag <sup>+</sup> in real water samples, respectively.

#### 3.6. Possible mechanism of fluorescence quenching

Fluorescence of CDs can be generally quenched by dynamic or static quenching.

These two quenching can be theoretically described by Stern-Volmer equation by ground-state complex formation model [27]:  $F_0/F - 1 = K_{sv}c$ where  $F_0$  and F are fluorescence intensity before and after quencher addition, respectively.  $K_{sv}$  is Stern-Volmer constant, and c is the concentration of quencher. In this study, there were good linear relationships between Relative Fluorescence Intensity  $(F_0/F - 1)$  of as-prepared NCDs and the concentration of Fe  $^{3+}/Ag^+$  (Fig. 5c and d), indicating that quenching mechanism was dynamic or static quenching. Combined with FT-IR results that there were hydroxyl, carboxyl and amine groups on the surface of NCD-m, it was able to infer that NCD-m could form stable complex with Fe 3+ through these functional groups, resulting in fluorescence quenching due to photo-induced electron or energy transfer and high selectivity of NCD-m to Fe  $^{3+}$ [38,39]. Moreover, the mechanism by which Ag + quenched fluorescence of NCD-o was also dynamic or static quenching [40,41]. To further understand this kind of fluorescence quenching mechanism, fluorescence lifetime experiments were performed. As shown in Fig. S4, fluorescence lifetime of NCD-m and NCD-o barely changed after they were reacted with Fe <sup>3+</sup> and Ag <sup>+</sup> respectively. This suggested that the mechanism by which tests-related metal ions quenched fluorescence of asprepared NCDs could be attributed to static quenching. In detail, static quenching occurred when the fluorescent material formed a complex in the ground state with the quencher. Fluorescent quenching behavior involved the transfer of electrons from the excited state of as-prepared NCDs to the unfilled orbital of tests-related metal ions, leading to a nonradiative electron transfer process [42].

#### 3.7. Fluorescence detection of AA

Most of current methods for detecting AA based on CDs are "on-off-on" strategies where fluorescence of CDs is first quenched by Fe  $^{3+}$  then recovered from the reduction of Fe  $^{3+}$  to Fe  $^{2+}$  in the presence of AA [43-46]. But Fig. S5b suggests that fluorescence of NCD-m quenched by Fe  $^{3+}$  (500  $\mu$ M) couldn't be recovered significantly even when the concentration of AA was up to 1000  $\mu$ M. Additionally, the concentrations of AA

were not positively correlated with fluorescence intensity of NCD-m when using "onoff-on" methods. Fig. S5a shows a speculation as to the cause of this unsatisfactory result. Fe  $^{3+}$  first bound to functional groups on the surface of NCD-m, which might cause them to inadequately react with AA. Therefore, "on-off" method was used as an alternative in this work (Fig. S5c). Fe  $^{3+}$  (500  $\mu$ M) first reacted with AA at various concentrations. NCD-m (0.2 mg/mL) were then added into Fe  $^{3+}$  + AA for fluorescence measuring. As shown in Fig. S5d, there was a good positive correlation between the concentrations of AA and fluorescence intensity of NCD-m. Moreover, most fluorescence of NCD-m was retained when the concentration of AA was up to 500  $\mu$ M. Obviously, the critical step of AA detection based on NCD-m was to ensure sufficient reaction between Fe  $^{3+}$  and AA.

Given that fluorescence of NCD-m was quenched by approximately 55.6 % in the presence of Fe  $^{3+}$  (500  $\mu$ M) and the continuous increase in the concentration of Fe  $^{3+}$  was not able to significantly change fluorescence of NCD-m, Fe  $^{3+}$  (500  $\mu$ M) was chosen to react with AA at different concentrations (Fig. 5a). Thereafter, NCD-m (0.2 mg/mL) were added into Fe  $^{3+}$  AA and emission spectra were recorded at Ex=445 nm. Fig. 6a indicates that fluorescence intensity of Fe  $^{3+}$  + AA + NCD-m gradually increased with an increase in AA concentration from 0  $\mu$ M to 850  $\mu$ M. In addition, the plot of Relative Fluorescence Intensity ( $F/F_0$ ) against the concentration of AA did not exhibit a linear correlation in the entire concentrations range. However, Fig. 6b shows that there was a good linear relationship between  $F/F_0$  and the concentration of AA within the range of 15–250  $\mu$ M with  $R^2$  of 0.9855. The linear equation was fitted as  $F/F_0 = 0.002$  c + 0.472 (c representing the concentration of AA). LOD was calculated to be 5  $\mu$ M based on three times the standard deviation rule (LOD = 3Sd/s). According to the above results, NCD-m had a potential as fluorescence sensor in detection of AA.

In order to study the selectivity of NCD-m toward AA, this study selected 15 analytes including Na  $^+$ , K  $^+$ , Ca  $^{2+}$ , Glu, Fru, Suc, Chol, BSA, Lys, Trp, Tyr, Cys, TA, CA, and GSH at a concentration of 500  $\mu$ M and observed the changes in fluorescent intensity after NCD-m were added into analyte  $^+$  Fe  $^{3+}$  solution. The result (Fig. 7)

revealed that cations (Na <sup>+</sup>, K <sup>+</sup>, Ca <sup>2+</sup>), carbohydrates (Glu, Fru, Suc), amino acids (Lys, Trp, Tyr), Chol and BSA had ignorable reducibility of Fe <sup>3+</sup> to Fe <sup>2+</sup>, which made most fluorescence of NCD-m to be quenched by Fe <sup>3+</sup>. Additionally, the chemical structures of AA, Cys, TA, CA and GSH contained reducing groups such as carboxyl and thiol[47], which results in the striking conversion of Fe <sup>3+</sup> to Fe <sup>2+</sup>. Due to the different reducibility of these reductants, fluorescence of NCD-m was preserved to varying degrees. Therefore, Cys, TA, and CA have some interference since they are usually used as reducing agents. In particular, GSH, a well-known reducing agent, has better reducibility of Fe <sup>3+</sup> to Fe <sup>2+</sup> compared to AA. This phenomenon was previously employed in designing fluorescence sensors for GSH detection [48-50].

A comparison between the proposed method based on NCD-m with the previously reported methods based on other CDs are listed in Table S3, which suggests that the proposed method for detections of AA was comparable or even better than those previously reported in literatures.

Practical application of NCD-m for detection of AA in real samples including VC tablets and orange juice were carried out using a VC assay kit for comparison. The samples were pretreated as indicated in section 2.5. and spiked with AA at different concentrations. Fluorescence intensity of Fe  $^{3+}$  (500  $\mu$ M) + real samples + NCD-m (0.2 mg/mL) was recorded at 445 nm (Fig. 8a). The concentrations of AA were then calculated using the linear equation (Fig. 8b). It was shown that the data detected using NCD-m was comparable to that calculated from the instructions compared to that detected using VC assay kit.

Moreover, Table 3 indicates that when NCD-m were used to analyze the spiked samples, recoveries from the spiked VC tablet samples ranged between 92.6–106.5 % with RSD of 2.6–3.8 %. On the other hand, recoveries from the spiked orange juice samples ranged between 98.2–108.5 % with RSD of 2.7–4.5 %. Therefore, NCD-m displayed an acceptable precision of AA detection in real samples.

#### 3.8. Bacteria imaging

To evaluate whether fluorescence sensor based on NCD-m was applicable to bacterial field, *E. coli* DH5α were used as a model to explore the possibility of using greenemitting NCD-m for bacteria imaging. Firstly, *E. coli* bacteria were incubated with NCD-m solution (0.2 mg/mL) at 37 °C for 12 h. Fluorescent signal in bacteria was then confirmed by confocal fluorescence microscope. Bright green fluorescence in *E. coli* bacteria and the uniform morphology of *E. coli* bacteria were observed in Fig. 9, which indicated high quantum yield of NCD-m and high vitro cellular uptake of NCD-m by *E. coli* bacteria.

#### 4. Conclusions

This study used a hydrothermal method to synthesize Fe <sup>3+</sup>-sensitive NCD-m and Ag +-sensitive NCD-o from soluble starch as carbon source and two isomers as nitrogen dopants. These as-prepared NCDs had the potential as fluorescence sensors to detection of Fe <sup>3+</sup> and Ag <sup>+</sup> in aqueous solution. This is because NCD-m and NCD-o were selective toward Fe <sup>3+</sup> and Ag <sup>+</sup> in aqueous solutions with fluorescence "on-off" mode, respectively. Additionally, a good linear relationship was observed between Relative Fluorescence Intensity  $(F_0/F - 1)$  of NCD-m/NCD-o and the concentration of Fe <sup>3+</sup>/Ag <sup>+</sup> within the available range. This indicated that as-prepared NCDs are able to be used for qualitative and quantitative detection of Fe <sup>3+</sup> and Ag <sup>+</sup>. Besides, Fe <sup>2+</sup> which resulted from the reduction of Fe <sup>3+</sup> by ascorbic acid (AA) was not able to effectively quench fluorescence of NCD-m. This phenomenon was therefore applied in detection of AA. In addition, a good linear relationship was observed between Relative Fluorescence Intensity  $(F/F_0)$  of NCD-m and the concentration of AA within the available range. In real samples, as-prepared NCDs showed acceptable precision in detection of Fe  $^{3+}$ , Ag  $^{+}$ and AA. Finally, NCD-m were able to be successfully taken by E. coli DH5α bacteria and used for fluorescence imaging. Therefore, the sensors based on NCD-m and NCD-o, which utilized the economical materials, extremely simple preparation and "on-off" fluorescence strategy, provided the simple methods for multi-component (Fe 3+, Ag + and AA) detection in real

samples and bacteria imaging.

## **Author Declarations**

#### **Funding**

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#### **Competing interests**

The authors declare that they have no competing interests.

#### Ethics approval and consent to participate

Not applicable. This research did not involve clinical trials and animal experiments which were related to humans and animals as the experimental subjects. Currently, our institutions only require employees to get approval from the ethics committee before carrying out the above two kinds of experiments.

#### **Consent for publication**

Not applicable.

#### Availability of data and materials

All data generated or analyzed during this study are included in this published article and its supplementary materials.

#### Code availability

Not applicable

#### **Authors' contributions**

Yuanyuan Hu conceived and designed the study. Jun Luo conducted the literature search. Yuanyuan Hu and Wenxuan Ji performed the related experiments. Yuanyuan Hu, Wenxuan Ji, Jinjuan Qiao, Heng Li, Yun Zhang, and Jun Luo were involved in the analysis and interpretation of data. Yuanyuan Hu and Jun Luo drafted the manuscript. The study was supervised by Jinjuan Qiao, Heng Li and Yun Zhang. All authors read and approved the final manuscript.

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Table 1 Detection of Fe  $^{3+}$  using NCD-m in real samples (n = 5)

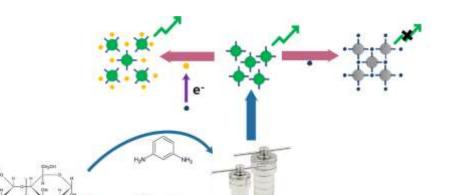
Samples	Add (µM)	Total found (µM)	Recovery (%)	RSD (%)
	5.0	4.8	96.0	3.1
Tap water	10.0	11.1	111.0	4.2
	15.0	16.3	108.7	2.8

Table 2 Detection of Ag  $^+$  using NCD-o in real samples (n = 5)

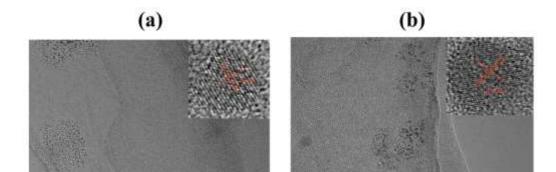
Samples	Add (μM)	Total found (µM)	Recovery (%)	RSD (%)
	10.0	10.6	106.0	2.7
Tap water	50.0	48.3	96.6	2.1
	100.0	97.6	97.6	4.5

Table 3 Detection of AA using NCD-m in real samples (n = 5)

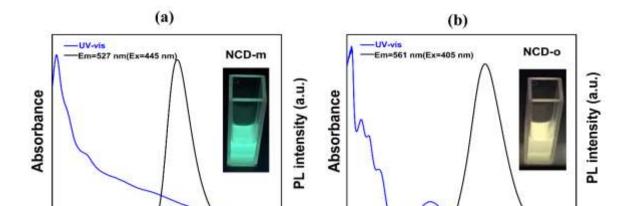
Samples	Found (µM)	Add (µM)	Total found (µM)	Recovery (%)	RSD (%)
VC tablets	98.3	20.0	119.6	106.5	3.5
	97.6	35.0	134.4	105.1	3.8
	102.3	50.0	148.6	92.6	2.6
Orange juice	50.8	20.0	72.5	108.5	4.5
	48.7	35.0	83.8	100.3	2.7
	48.6	50.0	97.7	98.2	2.8



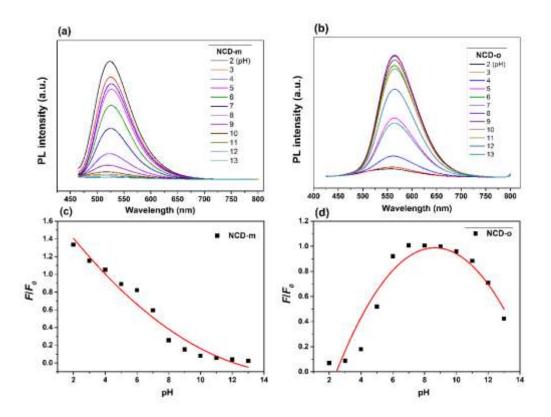
**Graphical Abstract** Strategy for synthesis of nitrogen-doped carbon dots (NCDs) and a schematic for fabrication of as-prepared NCDs for detection of Fe <sup>3+</sup>, Ag <sup>+</sup> and ascorbic acid (AA).



**Fig. 1** (a, b) TEM images (Insets: lattice structures), (c) XRD pattern and (d) FT-IR spectra of as-prepared NCDs.



**Fig. 2** (a, b) UV-visible absorption and fluorescence emission spectra of as-prepared NCDs (Insets are photographs of as-prepared NCDs aqueous solutions under 365 nm UV lamp).



**Fig. 3** Influence of pH change on (a, b) fluorescence emission spectra and (c, d) Relative Fluorescence Intensity of as-prepared NCDs.

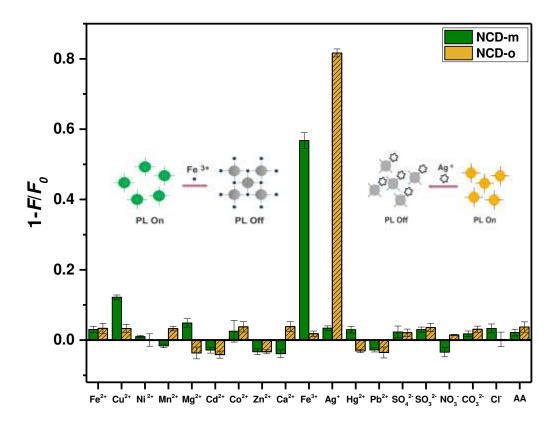
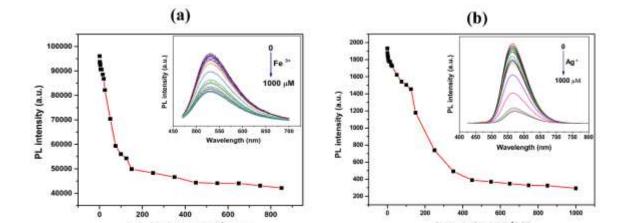
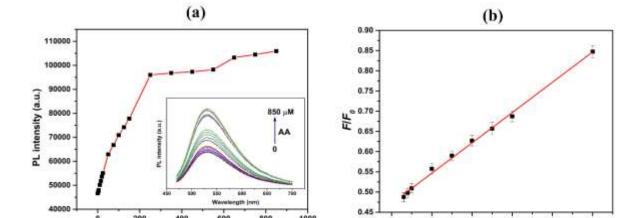


Fig. 4 Selectivity of NCD-m and NCD-o to various analytes.



**Fig. 5** Fluorescence emission spectra and intensity of (a) NCD-m (0.2 mg/mL) + Fe  $^{3+}$  and (b) NCD-o (0.2 mg/mL) + Ag  $^+$ . (c) Linear relationship between Relative Fluorescence Intensity of NCD-m and the concentration of Fe  $^{3+}$  within the range of 0.5-20  $\mu$ M. (d) Linear relationship between Relative Fluorescence Intensity of NCD-o and the concentration of Ag  $^+$  within the range of 5-125  $\mu$ M.



**Fig. 6** (a) Fluorescence emission spectra and intensity of Fe  $^{3+}$  (0.5 mM) + AA +NCD-m (0.2 mg/mL). (b) Linear relationship between Relative Fluorescence Intensity of NCD-m and the concentration of AA within the range of 15-250  $\mu$ M.

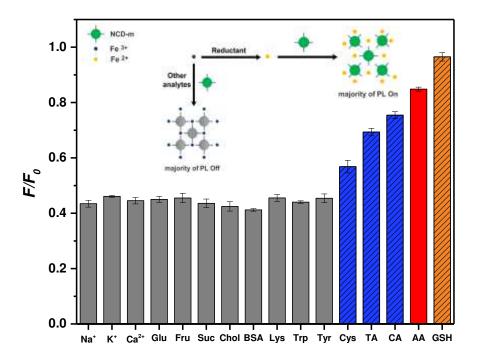
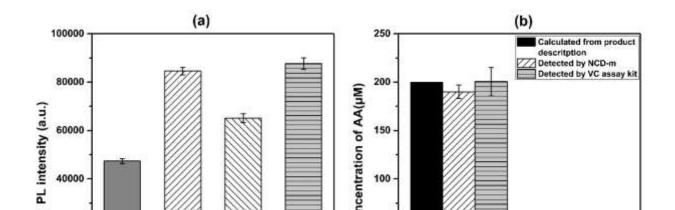
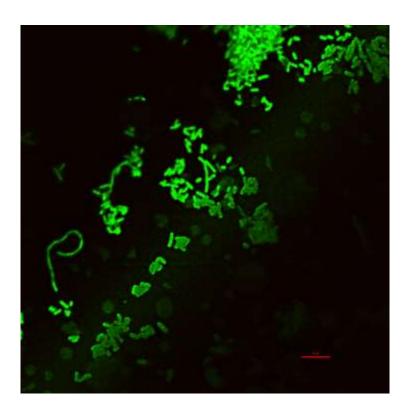


Fig. 7 Selectivity of NCD-m to various analytes.



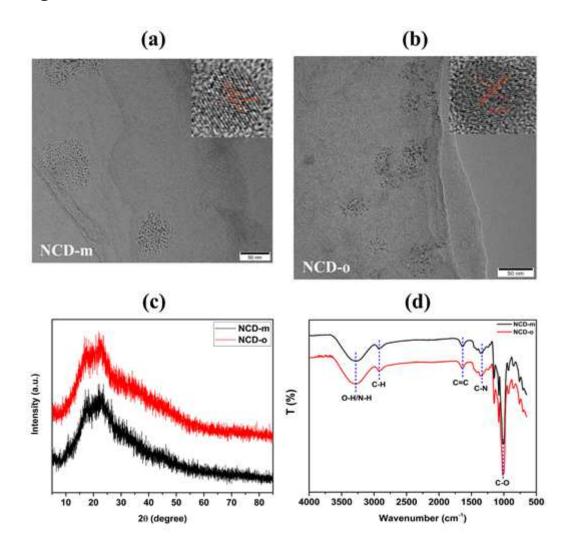
**Fig. 8** (a) Fluorescence intensity of Fe <sup>3+</sup> (0.5 mM) + real samples + NCD-m (0.2 mg/mL). (b) Concentration of AA calculated from product description, detected using NCD-m as sensor, and detected using VC assay kit.



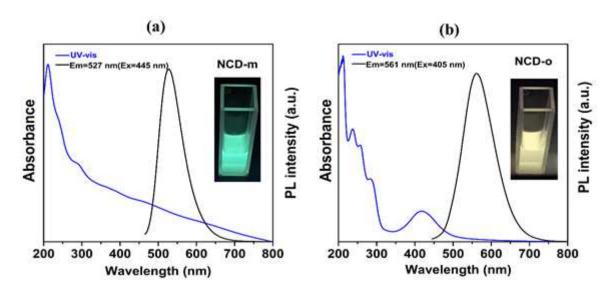
**Fig. 9** Fluorescence image (magnification  $60\times$ ) of *E. coli* DH5 $\alpha$  bacteria treated with NCD-m.

## **Figures**

Figure 1



(a, b) TEM images (Insets: lattice structures), (c) XRD pattern and (d) FT-IR spectra of as-prepared NCDs.



## Figure 2

(a, b) UV-visible absorption and fluorescence emission spectra of as-prepared NCDs (Insets are photographs of as-prepared NCDs aqueous solutions under 365 nm UV lamp).

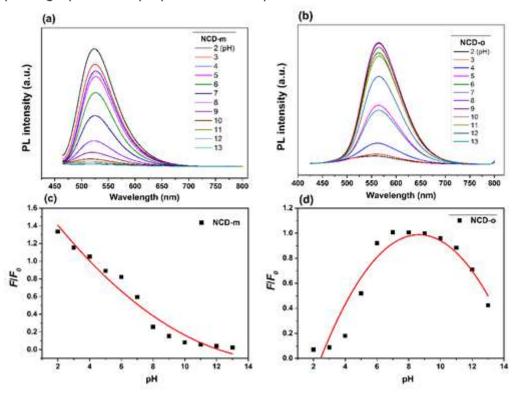
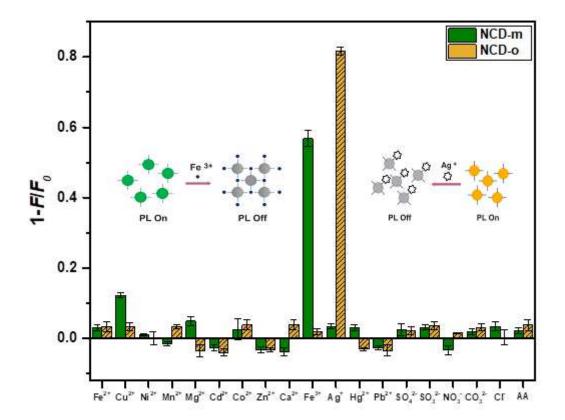


Figure 3

Influence of pH change on (a, b) fluorescence emission spectra and (c, d) Relative Fluorescence Intensity of as-prepared NCDs.



**Figure 4**Selectivity of NCD-m and NCD-o to various analytes.

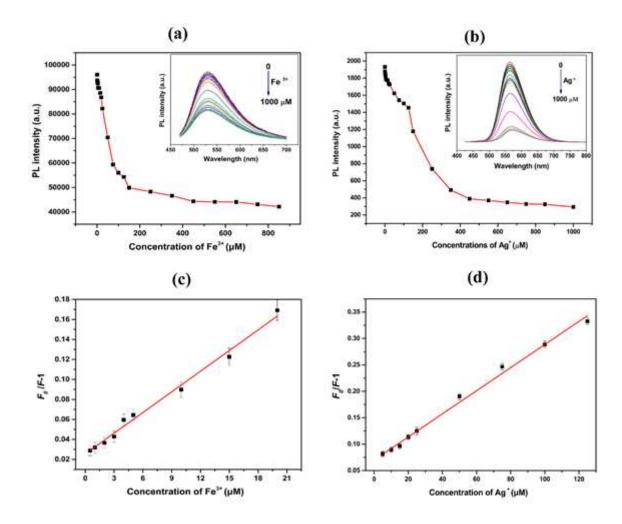


Figure 5

Fluorescence emission spectra and intensity of (a) NCD-m (0.2 mg/mL) + Fe 3+ and (b) NCD-o (0.2 mg/mL) + Ag +. (c) Linear relationship between Relative Fluorescence Intensity of NCD-m and the concentration of Fe 3+ within the range of 0.5-20  $\mu$ M. (d) Linear relationship between Relative Fluorescence Intensity of NCD-o and the concentration of Ag + within the range of 5-125  $\mu$ M.

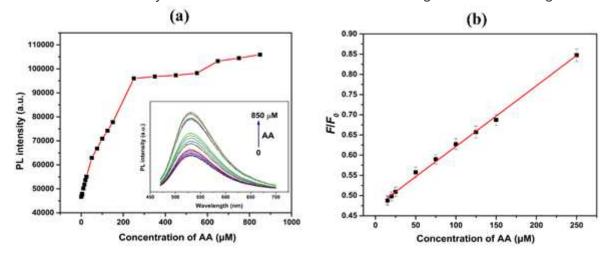


Figure 6

(a) Fluorescence emission spectra and intensity of Fe 3+ (0.5 mM) + AA +NCD-m (0.2 mg/mL). (b) Linear relationship between Relative Fluorescence Intensity of NCD-m and the concentration of AA within the range of 15-250  $\mu$ M.

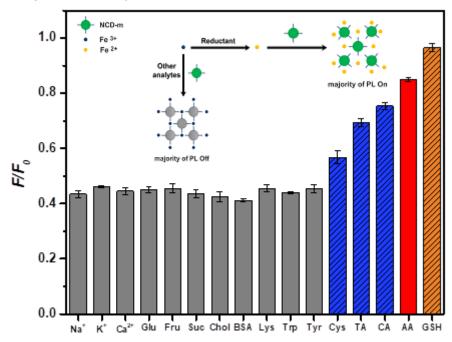


Figure 7
Selectivity of NCD-m to various analytes.

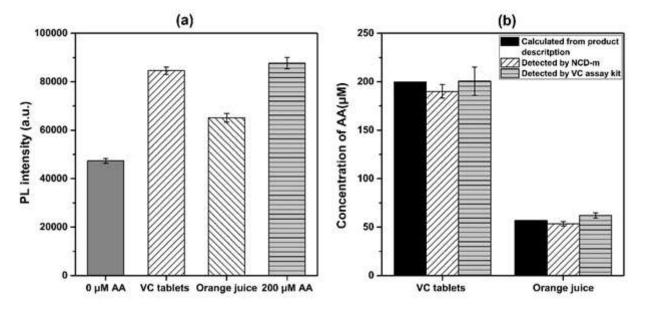


Figure 8

(a) Fluorescence intensity of Fe 3+ (0.5 mM) + real samples + NCD-m (0.2 mg/mL). (b) Concentration of AA calculated from product description, detected using NCD-m as sensor, and detected using VC assay kit.

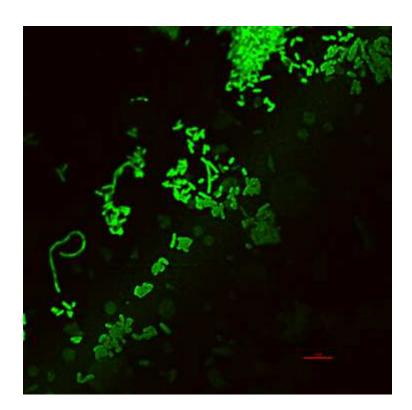


Figure 9  $\label{eq:Fluorescence} Fluorescence\ image\ (magnification\ 60\times)\ of\ E.\ coli\ DH5\alpha\ bacteria\ treated\ with\ NCD-m.$