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## Anatomical Variations of Aortic Arch Branching Pattern Among the Chinese

Research Article

Zhang Y1\*, Kaka A.K. Katiella1, Wang li2, Zhang H3, Afzal F4, Sun H1, Xing YH1

<sup>1</sup>School of International Education Zhengzhou University, Zhengzhou-Henan, P.R.China.

<sup>2</sup> Department of Interventional Radiology Zhengzhou University, Zhengzhou-Henan, P.R.China.

<sup>3</sup> Department of Orthopaedics Zhengzhou University, Zhengzhou-Henan, P.R.China.

<sup>4</sup> Department of Obstetrics and Gynaecology-Fourth Affiliated Hospital Zhengzhou University, Zhengzhou-Henan, P.R.China.

#### Abstract

Either from congenital or ischemic problems, difficulties in aortic bypass surgery are usually caused by the unrecognized variation of aortic arch anatomy.

**Objective:** To investigate the frequency and anatomical basis of the aortic arch branching pattern from the world largest hospital.

**Materials and Methods:** Thirty eight adult human preserved cadavers, and one thousand fifty three aortic arches analyzed from images of computerized tomography and aortic angiography were used. Occurrence among gender, branching pattern of the aortic arch was studied; number of branches and distance from their origin to the mid-vertebrae line were measured. **Results:** In 81.3% of the cases, the main most common brachiocephalic trunk, left common carotid and left subclavian artery originate independently. From the remaining variants of the aortic arch: 13.2% have two branches, an independent left subclavian artery and a common trunk for the brachiocephalic trunk and left common carotid. 4.8% has four branches with the left vertebral artery; 0.4% having the left common carotid artery originating from a common trunk. Any other variation falls within 0.1%. However, a strong significant positive correlation was found between the diameters of left common carotid artery and left subclavian artery.

**Conclusion:** The results in this study provide accurate information on aortic arch variations considered vital for academic purpose, and clinical vascular surgery and a primary data among the Chinese.

Keywords: Aortic Arch; Anatomical Variations; Branching Pattern; CT Scans; Academics; Chinese.

#### Introduction

From the arch of aorta (AA) arise most commonly three branches known from right to left as follows: (i) the brachiocephalic trunk (BT), (ii) the left common carotid artery (LCA), (iii) the left subclavian artery (LSA) as reported most workers. This pattern occurs in 65-80% of the cases [5, 20]. The final configuration of the AA and its branches is probably related to the associated "migration" and "merging" of the branches, together with the different growth rates in the various arteries [15]. Nevertheless, the aortic arch is a challenging site for endovascular repair [8]. Anomalies of AA are also associated with chromosome 22q11 deletion [21]. Different variations concerning the origin and number of the branching pattern of the AA of its major branches were considered as normal variants [8]. The anatomic and morphologic variations of the AA and its branches are significant for diagnostic and surgical procedures in the thorax and neck [16]. With advances in technology, a patient could be operated either for a graft, a total arch replacement, a bypass or survive under stenosis of the AA (or of any of its branches). But techniques remain costly or not easily performed. Some abnormalities are discovered after operation [17], some stay unknown to the subjects due to financial problems or some, until studied on cadavers without a known history in the cause of death. Internal cerebrovascular injury still stays a cause of death and tough to be managed. Despite unpredictable complications, the use of

\*Corresponding Author: Zhang yanru, Ph.D, Associate Professor, Research Direction, Nerve Regeneration, Director Anatomy Department, School of International Education, Zhengzhou University, Zhengzhou-Henan, P.R.China.
Tel: (+86)155-14521367
Fas: (+86)0371-66658656
E-mail: jaoxueban2010@126.com

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Copyright: Zhang Y<sup>e</sup> 2016. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution and reproduction in any medium, provided the original author and source are credited. stent through the brachial artery or the femoral artery is the main techniques used to avoid open chest surgery, but requires a well experienced surgeon.

# Materials and Methods

The study was approved by Zhengzhou University Institutional Review Board Committee and it followed strictly the principles outlined in keeping any reference to subjects or cadavers records confidential. It was performed on preserved thirty and eight adult human cadavers of both genders (Department of Anatomy, School of International Education); and one thousand and fifty three computer aided tomographic images (Department of Cardiac Surgery, First affiliated Hospital). Among the thirty and eight cadavers; eighteen were carefully dissected in the year 2013-2014, and twenty in the year 2014-2015 academic calendars. The thoracic cavity was completely open dissected and reflected antero-inferiorly, following the instructions from the Text book of Regional Anatomy Fifth Edition by Wang Huaijing and Liu Yong, and the Cunningham's Manual of Practical Anatomy-Volume three, Fifth Edition by G.J. Romanes. In these dissected cadavers, pericardium was opened, fat and if any blood clots were cleaned, and aortic arch and its main branches [brachiocephalic trunk (BT), left common carotid artery (LCA), left subclavian artery (LSA)] exposed (Figure 1); their diameters and mid vertebral line distance measured, then hearts removed. Thereafter, the complete respiratory tree was removed, assessed the vertebral arteries, the thoracic aorta and or any arising branch from the aortic arch or proximal thoracic aorta. Measurement of the diameters at the site of arteries' origin from the AA was done using a Vernier caliper, accuracy 0.1 mm. (Figure 2). Photographs were taken using digital camera (Canon EOS-60D).

### **Computer Aided Tomography Images**

CT-images were conducted in Software for navigating in multidimensional DICOM images OsiriX MD<sup>®</sup>. Technology of 3D reconstruction surface of axial image to expose the variations in the aortic arch. CT can identify normal and abnormal structures, making it useful tool to guide radiotherapy, needle biopsies, and other invasive procedures. All protocols are respected as described by Alper (2013) [2]. Typically between 75 ml to 150 ml (about 2.5 oz. to 5 oz) of contrast is used depending upon the patient's age, weight, area being imaged and cardiovascular health.

#### Statistical analysis

Data were analyzed using SPSS software version 21.0 and significance set at value of P < 0.05. The study included computerized tomography images (Enhanced CT scan images) from patients with different purposes.

## Results

For any cardiac surgery, 3D computed tomography scanning has nowadays become core prior to intervention. Aortic arch branching pattern is usually detected and addressed; or in the other hand detected during dissection classes. In all subjects included in this study, no case of dextrocardia was recorded. All aortic arches studied have anatomically normal arising pattern from the left ventricle, antero supero-lateral to the right from the left atrium, arching backwards and towards the left side lateral to the trachea. It curves over the pulmonary trunk. Inferiorly the left recurrent laryngeal nerve takes its upward curve. The AA continues as thoracic aorta roughly from the level of the fourth to the twelfth thoracic vertebra. The left surface of the arch was crossed by the left phrenic nerve and pericardiacophrenic vessels. The right posterolateral surface was related to trachea, and the vertebral column. Figures 3; 4 and 5 show the CT scan outcomes of few variations.

In this study the gender repartition of AA branching pattern is shown in Table 1 below, and only one variation (Figure 8 or type II in Figure 9) was encountered from the cadavers.

Overall in 81.3% of the cases the main common brachiocephalic trunk, left common carotid and left subclavian artery originated independently (Figure 2). Others variant proportions on the aortic arch are: 13.2% have two branches, an independent left subclavian artery and a common trunk for the brachiocephalic trunk and left common carotid. 4.8% has four branches with the added left vertebral artery; 0.4% having the right and left common carotid arteries originating from a common trunk. Any other variation falls within 0.1%. However, a strong significant positive correlation was found between the diameters and mid vertebral line distance of left common carotid artery and left subclavian artery (Table 2).

The mean diameter of the BT was  $13.14 \pm 2.08$  mm while the mean mid vertebral line distance was  $10.90 \pm 3.61$  mm. The mean

Figure 1. Showing aortic arch (AA), its main branches: BT: brachiocephalic trunk; LCA: left common carotid artery; LSA: left subclavian artery; PT: pulmonary trunk; LSV: left subclavian vein.

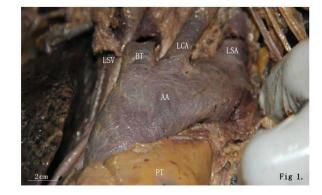


Table 1.	Gender based	cross tabulation	percentages of	the AA	branching variations.
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	Type 1	Type 2	Type 3	Type 4	Type 5-7
Male	82.2	12.2	4.7	0.5	0.2
Female	79.8	14.8	5.1	0.3	0

	Ν	BT	LCA	LSA	BTMVD	LCAMVD	LSAMVD
BT	38	1	0.248	0.22	0.052	0.045	0.05
LCA	38	-	1	0.759**	0.105	-0.142	-0.114
LSA	38	-	-	1	0.002	0.008	-0.015
BTMVD	38	-	-	-	1	-0.09	0.05
LCAMVD	38	-	-	_	_	1	$0.870^{**}$
LSAMVD	38	-	-	-	-	-	1

Table 2. Pearson correlation between the aortic arch branches.

\*\* Strong positive correlation at P < 0.05. MVD: mid vertebral line distance

diameter of LCA was  $10.00 \pm 2.34$  mm and its mean distance to the mid vertebral line was  $20.16 \pm 5.70$  mm. A negative correlation of r = -0.142; -0.114 was respectively found for the LCA, LSA to mid vertebral line (Table 3).

Percentage of age distribution prevalence among the subjects was 4.2% in male vs 3.3% in female at the age of 52 years; while it is 4.6% in female vs 1.5% in male at the age of 58 years.

The correlation of the left common carotid artery and the left subclavian artery was of P < 0.001 while the correlation between the other parameters and to the mid vertebral line was not significant. From the total descriptive statistics, the minimum age of the subject was 18.00, maximum 89.00 and the mean standard of deviation was 52.96 ± 14.39 years (Table 2 above). Figure 9 below represent all types of branching patterns so far described by many authors and to which we gradually made correlations in this study.

#### Discussion

Detection of the anomalous origins of the branches of the AA is attributed to the altered development of certain brachial arch arteries during the embryonic period of gestation [16]. In this study, the three major branches of the AA originated independently in 81.3% of the cases. This corresponds to Type I variation (Type A in Figure 9). This finding is similar to previous studies where 70% [4, 8, 13]; 84% [21] and 65% [18] of patients were reported to have this common branching pattern. Not with standing, the current study showed that the Type 5, 6, and 7 variations were found each one to be of same 0.1%. Type 2 [11] and the rarest Type 8 as shown in Figure 9 and Type 9 [19] were not encountered. Still, incidentally in a CT arch aortography, five branches originated directly from the AA in which an anomalous origin of both vertebral arteries originated beyond the left subclavian artery [22]. However, the approximation of the LCA to the BT is an important observation while invading the AA and its branches with instruments, since all cases are susceptible to surgical attack [6]; but in this study we found it rather for LCA and LSA. Also, in a study on hundred cadavers, the mean transverse distances between adjacent luminal openings of BT, LCA and LSA were found significantly greater than the mean vertical distances (P < 0.001) [7]. They also observed that approximation of LCA to BT trunk was seen in 10.0% specimens. Compared to the results of Shin et al. (2008) [21] who found the mean diameter of the BT, LC and LS respectively been 17.97  $\pm$  $3.85 \text{ mm}, 9.77 \pm 1.91 \text{ mm}, \text{ and } 14.33 \pm 3.09 \text{ mm}, \text{ in this study}$ the values were  $13.14 \pm 2.08$  mm;  $10.92 \pm 2.34$  mm;  $10.00 \pm 2.96$ mm respectively. Genetic, environmental and social factors might have an effect on these deviations. We also found a branching artery from the LCA in one cadaver (0.38%). While the vertebral artery may have duplicate origin from the arch and the subclavian artery [12] as shown in Figure 3 of this study. Supporting the present results (4.7% in male, 5.1% in female), the most frequent variant (2.4-5.8% from their study) is the LVA, arising directly from the AA between LCA and LSA [3, 19]. It was reported a case in which RVA originated directly from the aortic arch [16] while another study found in eight cases that the variant of the RVA originating from the AA was distal to the LSA [9]. For the aberrant origin of the LVA directly from the AA is due to persistence of the 8<sup>th</sup> intersegmental artery [1]. Although many authors reported variations of AA in different populations; the presence of a similar incidence of variation in two closely located populations such as Turks and Greeks may suggest a relationship between the incidence of aortic arch variations and ethnicity [2]; but our result disagrees with these findings. Although the absence of truncus brachiocephalicus and origination of right subclavian artery and right common carotid artery directly from the aortic arch (Type 7 in Figure 9) was first described in the 18th century [5]. They conclude in their study that variations in branching pattern of arcus aorta which have an incidence of 14.7 % are common, and most of them have no clinical importance. The latter and this study are in line with the study of Marital and Chad (2001) [14]. Insight to genetic background and congenital abnormalities will be more helpful [10].

### Conclusion

Common among Chinese, recognition of the variations of the aortic arch branching pattern is relevant because of Figure 2. Showing measurement of arteries diameters with Vernier caliper. BT: brachiocephalic trunk; LCA: left common carotid artery; LSA: left subclavian artery; PT: pulmonary trunk; LSV: left subclavian vein; AA: aortic arch.



Figure 3. Aortic arch with corresponding arteries as previous. Arrow showing vertebral artery arising from the aortic arch (type 3 in figure 9) and merging to the origin of left subclavian artery.

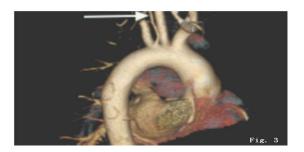
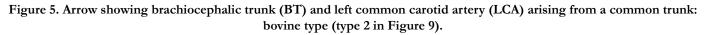


Figure 4. Brachiocephalic trunk and both right and left carotid arteries arising from a common trunk (bracket in black) (type 6 in Figure 9).







tracheoesophageal compression or complications (in case of stenosis, occlusion or accident) during surgical or endovascular interventional procedures; or help determine risk factors or advantages in bypass procedures. However, variations in AA branching patterns are quite safe for the patients' life span, but the knowledge of the morphology are necessary for thoracic surgeons, for academic and professional awareness, and in the understanding of clinical conditions. Currently, CT scan stays still the best safe approach to get the 3D-image of the circulatory system in general for a better surgical procedure. Rare are the books in clinical anatomy addressing these anatomical variations supported by fine images and the knowledge staying more clinical, create the surprise of students during dissection classes. It will be helpful that genetic studies be carried out for a better Figure 6. Shows left common carotid artery (LCA) with smaller diameter. BT: brachiocephalic trunk, LSA: left subclavian artery; AA: aortic arch; PT: pulmonary trunk.



Figure 7. Shows left common carotid artery (LCA) and left subclavian artery (LSA) with same diameter. AA: aortic arch; PT: pulmonary trunk; RA: right atrium, LA: left auricle.



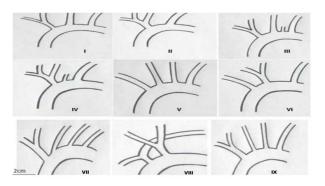
Table 3. Diameters of the three major branches of the aortic arch (in mm).

Parameters	Ν	Minimum	Maximum	Mean	SD
ВТ	38	10	17	13.14	2.08
LCA	38	7	17	10	2.34
LSA	38	1	18	10.92	2.96

Figure 8. Cadaveric findings, showing brachiocephalic trunk (BT) and left common carotid artery (LCA) arising from a common trunk (bracket in white).



Figure 9. Diagrammatic representation of the various types of aortic arch variation patterns.



understanding of human anthropology and efficient clinical management.

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