Research article

# GSTM1-null and GSTA1-low activity genotypes are associated with enhanced oxidative damage in bladder cancer

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**Objectives:** To examine the association between gene variants of the detoxifying and antioxidant enzymes glutathione transferase M1 (GSTM1) and glutathione transferase A1 (GSTA1) and the extent of oxidative damage in patients with transitional cell carcinoma (TCC) of the urinary bladder.

**Methods:** GSTM1 deletion polymorphism was identified by polymerase chain reaction, and the restriction fragment length polymorphism method was used for the single nucleotide polymorphism of GSTA1. Enzyme immunoassay was used to determine markers of DNA (8-hydroxy-2'-deoxyguanosine, 8-OHdG) and lipid (8-epiprostaglandin F2 $\alpha$ ) oxidative damage in the urine of 80 TCC patients and 60 age-matched controls.

**Results:** Urinary 8-OHdG and 8-epi-prostaglandin F2a concentrations in TCC patients were significantly higher than in controls (P = 0.043 and 0.001, respectively). GSTM1 and GSTA1 polymorphisms influence vulnerability to both DNA and lipid oxidation, with the GSTM1-null gene variant having a more pronounced effect. A significant effect of combined GSTM1 and GSTA1 genotypes on the extent of oxidative damage was found only for 8-OHdG (P = 0.018). In addition, TCC patients with the most malignant tumors exhibited significantly higher frequencies of GSTM1-null or GSTA1-low activity genotypes, associated with a twofold increase in urinary 8-OHdG concentration (P = 0.044).

**Conclusions:** Our results suggest that absent GSTM1 or reduced GSTA1 antioxidant activity may increase the accumulation of oxidative DNA damage, thereby contributing to the malignant potential of TCC.

Keywords: Bladder cancer, DNA damage, Deoxyguanosine, Glutathione Transferase, Lipid peroxidation

# Introduction

The cytosolic glutathione transferase (GST) family of enzymes has attracted significant attention because of its association with various tumors, including bladder cancer.<sup>1,2</sup> These enzymes are able to detoxify numerous genotoxic compounds and possess strong antioxidant activity toward reactive oxygen species (ROS).<sup>3</sup> Almost all members of the GST family exhibit genetic polymorphism, resulting in a complete lack or lowering of enzyme activity. Owing to a homozygous deletion for a 15-kb allele of the GSTM1 gene, approximately half of the population of different racial groups lacks active GSTM1 enzyme.<sup>4</sup> Among the GST polymorphisms of interest in genetic epidemiological studies, the role of GSTA1 polymorphism has emerged relatively recently. It is represented by three, apparently linked single nucleotide polymorphisms, resulting in differential expression with lower transcriptional activation of the variant GSTA1\*B than the common GSTA1\*A allele.<sup>5</sup> Besides the well-documented role of the GSTM1-null genotype in the risk of bladder cancer,<sup>1,6,7</sup> recent investigation indicates that the GSTA1-low activity genotype in combination with the GSTM1-null genotype significantly increases the risk of bladder cancer in smokers.<sup>8</sup> These results are biologically plausible in the light of the role of both GSTM1 and GSTA1 in the detoxification of carcinogens and free radicals in tobacco smoke.<sup>3,5,9</sup> Until now, the relationship between GST genotypes and

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oxidative DNA damage has been demonstrated in healthy GSTM1-null smokers.<sup>9</sup> Still, the assumption that GSTM1-null and/or GSTA1-low activity genotypes are associated with increased oxidative damage of macromolecules, with special emphasis on DNA, has to be addressed in conjunction with bladder cancer. In addition to the risk of cancer, these findings may help to further explain already known redox perturbations which contribute to the progression of transitional cell carcinoma (TCC) of the urinary bladder.10-12

With regard to bladder cancer, the data on byproducts of oxidative damage are limited. Using immunocytochemical analysis, Soini et al.<sup>13</sup> have shown that expression of nitrotyrosine, a marker of protein oxidative damage, as well as 8-hydroxy-deoxyguanosine (8-hydroxy-2'-deoxyguanosine, 8-OHdG), a reliable marker of oxidative DNA damage, in tumor tissue of the urinary bladder is associated with a poor prognosis in these patients. These results are in agreement with findings on the significant role of 8-OHdG as a potential biomarker of risk and prognosis in several solid tumors, including breast and non-small cell lung cancer.<sup>14,15</sup> However, there are only few studies showing elevated urinary and serum 8-OHdG levels in bladder cancer,<sup>16,17</sup> and the byproducts of oxidative damage to lipids, such as urinary isoprostanes, have not so far been determined.

In this study, we aimed to establish whether there is an association between GSTM1 and GSTA1 polymorphism and oxidative damage to DNA and lipids in patients with TCC of the urinary bladder. We hypothesized that a GSTM1-null and/or GSTA1low activity genotype in patients with TCC results in increased oxidative damage that might contribute to a higher malignant potential of these tumors.

## Materials and methods

#### Study subjects

In this hospital-based case-control study, we enrolled 80 patients (61 men and 19 women) newly diagnosed with TCC and 60 age-matched controls from the Clinics of Urology and Nephrology, Clinical Centre of Serbia, Belgrade. Pathological verification of TCC was carried out by routine urological practice, including endoscopic biopsy or surgical resection of urinary tract tumors followed by histopathological examination by board-certified pathologists. Inclusion criteria were no administration of systemic or intravesical immuno- or chemotherapy or surgical treatment at the time of sampling. The control group (38 men and 22 women) were individuals with nephrolithiasis admitted to the same hospital during the same time period and had no history of malignant diseases. Patients with TCC and the corresponding controls did not differ with respect to mean age and gender. All the participants provided written informed consent. The study protocol was approved by the Ethical Committee of the Medical Faculty, University of Belgrade, and the research was carried out in compliance with the Declaration of Helsinki.

After giving informed consent, each participant was interviewed by well-trained interviewers using a standard questionnaire to collect information including demographic characteristics, history of cigarette smoking, and lifetime occupational history. Smoking status was categorized into never smokers and eversmokers according to the answer to the following question 'Have you smoked at least 100 cigarettes in your life?' Ever-smokers included light smoker (reported consuming between 1 and 10 cigarettes/day), moderate smoker (reported consuming between 11 and 19 cigarettes/day), heavy smoker (reported consuming 20 cigarettes or more per day), occasional smoker (respond 'occasionally' to the question 'At the present time, do you smoke cigarettes every day, occasionally or not at all?') and former smoker was not smoking at the time of the interview. The bladder cancer high-risk occupations were a priori defined and are listed elsewhere.<sup>6</sup> All patients were asked whether and for how long they had had these employments and patients were considered to be 'exposed' if they had occupied one or more of these jobs for  $\geq 1$  year in the past 10 years.

#### GST genotyping

Genomic DNA was isolated from whole blood using the QIAGEN QIAmp (Qiagen, Inc., Chatsworth, CA, USA) 96-spin blood protocol according to the manufacturer's instructions.

GSTM1 genotyping was performed by multiplex polymerase chain reaction (PCR) as described by Garcia-Closas et al.<sup>18</sup> Primers used were GSTM1 forward: 5'-GAA CTC CCT GAA AAG CTA AAGC-3' and GSTM1 reverse: 5'-GTT GGG CTC AAA TAT ACG GTGG-3'. Exons 7 of CYP1A1 genes were co-amplified and used as an internal control using the following primers: CYP1A1 forward: 5'-GAA CTG CCA CTT CAG CTG TCT-3' and CYP1A1 reverse: 5'-CAG CTG CAT TTG GAA GTG CTC-3'. The presence of a GSTM1active genotype was detected by the band at 215 bp, as the assay does not distinguish heterozygous or homozygous wild-type genotypes. An internal positive control (CYP1A1) PCR product corresponded to 312 bp. Depending on their GSTM1 genotype, patients were dichotomized into the GSTM1 active or the GSTM1-null group.

GSTA1 C-69T polymorphism was determined by PCR-restriction fragment length polymorphism according to Ping et al.<sup>19</sup> Primers used were GSTA1 C-69T forward: 5'-TGT TGA TTG TTT GCC TGA AAT T-3' and *GSTA1 C-69T* reverse: 5'-GTT AAA CGC TGT CAC CCG TCC T-3'. The presence of a restriction site resulting in only two fragments (481 and 385 bp) indicated a mutant allele (B/B), and if A/B polymorphism incurred then it resulted in three fragments of, respectively, 481, 385, and 96 bp.

# Biomarkers of oxidative damage in urine

For the measurement of isoprostane 8-epi-prostaglandin F2a and 8-hydroxy-2'-deoxyguanosine, urine was collected from all patients and controls. Samples were centrifuged, aliquoted, and stored at  $-80^{\circ}$ C. For the purpose of quantifying 8-OHdG and F2-IsoPs, results from spot urines correlated well with those from 24hour collections, in part because of the low variation in excretion of these compounds over the course of a day; therefore, urines were collected from a single sample during the day rather than totals over a 24hour period. 8-OHdG was determined by enzyme immunoassays (Bioxytech 8-OHdG-EIA; Oxis Research, Portland, OR, USA). In brief, 50 µl of primary monoclonal antibody and a 50-µl of sample/standard were added to microtiter plates pre-coated with 8-OHdG, incubated at 37°C for 1 hour and washed with phosphate-buffered saline (PBS). HRP-conjugated secondary antibody was then added, incubated at 37°C for 1 hour and washed with PBS. In the next step, 3,3',5,5'-tetramethylbenzidine was added, incubated at 37°C for 1 hour. The reaction was terminated with 1 M phosphoric acid. Absorbance was read at 450 nm. For each set of measurements a calibration curve was set up using the six concentrations of urinary 8-OHdG standard concentrations. Intra-assay and inter-assay precision were measured as a part of the validation procedure. An intra-assay coefficient of variation was 4.7% and inter-assay 5.6%. The results were standardized against urinary creatinine concentrations and expressed in nanograms/milligrams of creatinine.

8-Epi-PGF2 $\alpha$  was as well determined by enzyme immunoassays (Bioxytech Urinary 8-Epi-prostaglandin F2 $\alpha$ ; Oxis Research, Portland, OR, USA). The results were standardized against urinary creatinine concentrations and expressed in nanograms/milligrams of creatinine.

# Statistical analysis

Statistical analysis was performed using the Statistical Package for the Social Sciences (SPSS, version 15.0; SPSS Inc, Chicago, IL, USA). The differences between groups were tested using the non-parametric Mann–Whitney and Kruskal–Wallis tests. We used a  $\chi^2$  test to determine *P* values for differences in genotype frequencies. For each variable, values were expressed as median and

confidence interval. A P value of <0.05 was considered statistically significant.

# Results

The clinical characteristics of TCC patients and controls, together with the distribution of GST genotypes, are presented in Table 1. As expected, smoking prevalence and occupational exposure were higher among TCC patients than in controls (75% vs. 55% and 44% vs. 20%, respectively). The WHO grading of TCC patients was as follows: 24 patients were G1, 34 G2, and 22 G3. The frequencies of GSTA1-low activity and GSTM1-null genotype were higher in TCC patients than in controls, showing a common pattern already reported for GSTM1 and GSTA1 polymorphism (Table 1).

To estimate the oxidant-mediated DNA and lipid damage in TCC patients, we investigated the urinary concentrations of 8-OHdG (Fig. 1A) and 8-epi-prostaglandin F2a (Fig. 1B). Our patients showed increased oxidative damage to DNA and lipids compared with healthy individuals. Specifically, the median levels of oxidative damage biomarkers, 8-OHdG and 8-epiprostaglandin F2a were significantly higher in TCC patients than in controls (7.22 (95% confidence interval, CI = 6.81-9.90) vs. 4.97 ng/mg creatinine (95% CI = 3.14–7.48); p = 0.043 and 2.21 (95% CI = 2.21–3.77) vs. 0.60 ng/mg creatinine (95% CI =0.50-0.66); P = 0.001, respectively). When analyzed in terms of tumor grade, the highest 8-OHdG level was found in patients with grade 3 TCC (Fig. 1A). Specifically, the median 8-OHdG level in G3 patients was more than twice as high as in patients with G2 and G1 (12.11 (95% CI = 8.20–17.33) vs. 5.46 (95% CI = 4.49–7.21) and 5.85 ng/mg creatinine (95% CI =5.01-8.86; p = 0.044). On the other hand, there was no association between isoprostane 8-epi-prostaglandin F2a levels and tumor grade in these patients (Fig. 1B). As shown, the median isoprostane level in G1, G2, and G3 TCC patients was 1.91 (95% CI = 1.54–3.15) vs. 2.54 (95% CI = 2.01-4.10) vs. 2.64 ng/mg creatinine (95% CI = 1.47-6.12), respectively (P = 0.477). Furthermore, in stratified analysis we found that the median levels of 8-OHdG and 8-epiprostaglandin F2a did not differ by smoking exposure or occupational exposure (data not shown).

Results on the degree of oxidative DNA damage in TCC patients stratified according to GST genotype are presented in Fig. 2. Levels of 8-OHdG were significantly higher in patients with GSTM1-null genotype than in those with GSTM1-active genotype (7.60 (95% CI = 7.86-12.52) vs. 4.58 ng/mg cretainine (95% CI = 4.38-7.64); P = 0.001) (Fig. 2). However, no such association was found for 8-OHdG levels in patients with GSTA1-low activity genotype versus more active *GSTA1* carriers (7.43 (95% CI =

Table 1	Characteristics	of transitional	cell carcinoma	patients and	controls
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Characteristics	Patients ( <i>n</i> = 80)	Controls ( <i>n</i> = 60)	Р	
Male, n (%)	61 (76)	38 (63)		
Female, n(%)	19 (24)	22 (37)	>0.05	
Age (years)	$60.7 \pm 10.4$	$59.2 \pm 11.4$	>0.05	
Occupational exposure				
Exposed, n (%)	35 (44)	12 (20)		
Non-exposed, n (%)	45 (56)	48 (80)	0.006	
Smoking status				
Ever-smokers, n (%)	60 (75)	33 (55)		
Light smokers	11 (18.3)	6 (18.2)		
Moderate smokers	4 (6.7)	6 (18.2)		
Heavy smokers	17 (28.3)	9 (27.3)		
Occasional smokers	2 (3.3)	2 (6.1)		
Former smokers	26 (43.3)	10 (30.3)	>0.05	
Never-smokers, n (%)	20 (25)	27 (45)	0.021	
Grade				
G1, n(%)	24 (30)	-		
G2, n(%)	34 (42)	-		
G3, n(%)	22 (28)	-		
GST genotype				
GSTM1, n (%)				
Active*	35 (44)	28 (47)		
Null**	45 (56)	32 (53)	0.851	
GSTA1, n(%)				
GSTA1 AA	27 (34)	26 (43)		
GSTA1 AB + BB***	53 (66)	35 (57)	0.281	

\*Active (present) if at least one active allele present.

\*\*Null if no active alleles present.

\*\*\*Low activity if at least one lower activity allele present.

7.01–10.19) vs. 5.38 ng/mg creatinine (95% CI = 4.62–11.21); P = 0.281) (Fig. 2). The most pronounced effect on 8-OHdG levels was observed in patients with combined GSTM1-null/GSTA1-low activity genotypes. In these patients, urinary excretion of 8-OHdG was twice as high as in carriers of both fully active genes (10.40 (95% CI = 8.50–12.99) vs. 4.03 ng/mg creatinine (95% CI = 2.43–9.24); P = 0.018). No association was found with urinary isoprostane 8-epi-prostaglandin F2a levels and GSTM1 or GSTA1 genotypes (data not shown).

The distribution of GSTM1 and GSTA1 genotypes according to the malignant potential of TCC is presented in Table 2. Based on our results, GSTM1-null genotype was related to the grade of the tumor. Specifically, 77% of G3 TCC patients are carriers of the GSTM1-null genotype, whereas 62% of G2 patients and only 38% of G1 patients carry the GSTM1-null genotype (P = 0.021). A similar pattern of changes was observed for the less active GSTA1 genotype according to tumor grade, but still did not reach statistical significance (P = 0.056).

#### Comment

In this study, we showed that patients with TCC of the urinary bladder exhibit increased urinary levels of the byproducts of oxidative DNA and lipid damage. Oxidative DNA damage in these patients correlates with GSTM1-null or GSTA1-low activity genotype, either alone or in combination. GSTM1-null and GSTA1-low activity genotype, as well as the extent of oxidative DNA damage, is associated with a higher malignant potential of TCC.

Susceptibility to TCC depends on both the expression profile of the enzymes involved in biotransformation of carcinogens and the cumulative/additive effects of cigarette smoke and occupational exposure, as well-documented TCC risk factors.<sup>20</sup> Almost all compounds known to be risk factors for bladder tumors are also important sources of free radicals, which exert their effects either directly, like those present in cigarette smoke, or during the metabolism of carcinogenic agents, such as polycyclic aromatic hydrocarbons (PAHs).<sup>20,21</sup> In particular, the formation of DNA adducts due to increased ROS generation during the conversion of PAHs to quinones is well documented.<sup>22</sup> It can be assumed that during malignant transformation a significant perturbation of cellular redox status occurs, which can result in ROS-mediated DNA damage, gene mutations and structural alterations to the DNA. Moreover, it is important to note that oxidative stress interacts not only with initiation, but also with the promotion and progression of cancer. In the promotion stage, ROS can contribute to abnormal gene expression and modification of signaling pathways, thereby resulting in an increase of cell proliferation or a decrease in apoptosis. Finally, oxidative stress may also participate in the progression stage of the cancer process by adding further DNA alterations



Figure 1 Levels of 8-OHdG (A) and 8-epi-prostaglandin F2a (B) in controls and TCC patients, as well as in TCC patients stratified to tumor grade. The top and bottom lines represent the lowest and highest values, the lower line of the box represents the first quartile (Q1), the upper line represents the third quartile box (Q3), and the line in the box represents the median. The 8-OHdG concentration is expressed as ng/mg creatinine. \**P* < 0.05, according to controls; \**P* < 0.05, according to grades 2 and 1.

that in turn could lead to a more malignant phenotypic behavior of tumors.<sup>23,24</sup>

As the most widely used fingerprint of radical attack towards DNA, 8-OHdG has been strongly implicated in the progression of carcinogenesis. For example, in breast carcinoma 8-OHdG has been reported to be increased 8–17-fold in breast primary tumors compared with non-malignant breast tissue.<sup>25</sup> Our results on significantly higher urinary 8-OHdG concentrations in TCC patients in comparison with healthy controls are in agreement with the recent study of Chung,<sup>17</sup> which examined 8-OHdG levels in bladder cancer patients in relation to arsenic exposure. In



Figure 2 Levels of 8-OHdG in TCC patients stratified according to GSTM1, GSTA1, and combined GSTM1/GSTA1 genotypes. The top and bottom lines represent the lowest and highest value, the lower line of the box represents the first quartile (Q1), upper line represents the third quartile box (Q3), and the line in the box represents the median. The 8-OHdG concentration is expressed as ng/mg creatinine. Active genotype refers to at least one active allele present, null genotype refers if no active alleles present, low activity genotype if at least one lower activity allele present. \*P < 0.05, according to GSTM1 active genotype; \*P < 0.05, according to both active GSTM1 and GSTA1 genotypes.

addition to DNA damage, increased lipid peroxidation in TCC patients was also found, i.e. patients exhibit increased urinary concentrations of isoprostanes, the most reliable markers of lipid oxidative damage. It is important to note that 8-OHdG and isoprostanes are biomarkers of systemic oxidative stress in humans. However, it is tempting to speculate whether in the clinical setting of TCC these oxidative byproducts also reflect local oxidative stress in neoplastic cells. It is likely that, for example, oxidative bursts of macrophages and neutrophils, oncological treatments and various inflammatory conditions may affect both serum and urine 8-OHdG or isoprostane concentrations. However, considering recent imunohistochemical findings on the expression of 8-OHdG in tumor uroepithelial cells,13 it seems reasonable to assume that 8-OHdG and isoprostanes could also reflect oxidative damage in TCC cells. Furthermore, we determined these oxidative byproducts at the time of diagnosis, before surgical or other treatment, such as BCG instillation, which could interfere with the obtained values.<sup>26</sup>

In this study, we outlined the putative significance of both GSTM1 and GSTA1 genotypes in oxidative stress in TCC patients, investigating the influence of their deletion and low activity on the degree of oxidative damage of macromolecules. We showed that TCC patients with the GSTM1-null genotype have

Genotype	GSTM1 genotype			GSTA1 genotype			
Genotype	Active*	Null**	Р	GSTA1AA*	GSTA1AB + BB***	Р	
Tumor grade			0.021			0.056	
G1, n(%)	15 (62%)	9 (38%)		9 (38%)	15 (62%)		
G2, n (%)	13 (38%)	21 (62%)		15 (44%)	19 (56%)		
G3, n (%)	5 (23%)	17 (77%)		3 (14%)	19 (86%)		

Table 2	GSTM1 and GSTA1	genotype of	distributions in	transitional ce	ell carcinoma	patients	according to t	umor grade
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\*Active (present) if at least one active allele present.

\*\*Null if no active alleles present.

\*\*\*Low activity if at least one lower activity allele present.

higher urinary 8-OHdG levels and are more vulnerable to oxidative DNA damage. Furthermore, a combined effect of GSTM1-null and GSTA1-low activity genotype on DNA oxidative damage was demonstrated in these patients. Our data on the correlation between GSTM1-null and GSTA1-low activity genotype and increased oxidative DNA damage prove that increased vulnerability of DNA represents the molecular basis for higher susceptibility of carriers of these genotypes to TCC. Because both enzymes are catalytically active towards free radicals and PAHs metabolites,<sup>4,5</sup> it seems reasonable to assume that greater damage was observed for combined GSTM1null/GSTA1-low activity genotype. The antioxidant and detoxifying activities of both GSTM1 and GSTA1 enzymes could contribute to the protection of DNA from oxidative and genotoxic damage, especially with respect to the GSTM1 isoenzyme expressed by uroepithelial cells.<sup>2,27,28</sup>

Finally, our study demonstrates, for the first time, the significant impact of both GSTM1 and GSTA1 polymorphisms on the malignant potential of TCC, in that the frequency of GSTM1-null or GSTA1-low activity genotypes was significantly higher in TCC patients with advanced histological grade. These results are similar to the association found between GSTM1-null genotype and tumor grade in patients with renal cell carcinoma.<sup>29</sup> Our findings further imply the important role of GSTM1 and GSTA1 gene variants in protection from DNA damage, based on the highest levels of 8-OHdG in G3 TCC patients. What is more, at the molecular level this explains the influence of GST genotype on the prognosis of TCC patients.<sup>30</sup> In this respect, the results of Nørskov et al.<sup>30</sup> on the general population have shown that exact copy number variation (CNV) in GSTM1 gene predicts the 5-year survival of bladder cancer in a gene-dose-dependent manner, with GSTM1-null genotype having the highest risk. Thus, the cumulative 5-year survival after bladder cancer diagnosis decreased with decreasing GSTM1 copy number.30

A limitation of our study is that the number of TCC patients was relatively small. The methods used to determine biomarkers of DNA and lipid oxidative

damage were not standardized, and the values obtained for 8-OHdG and isoprostanes may also be affected by the major confounders, such as age and smoking status. However, this was intended to be a pilot study, as there are no data on the prognostic value of investigated oxidative stress markers. Nevertheless, based on our positive findings, further studies with larger numbers of TCC patients warranted.

### Conclusions

To our knowledge, this is the first study showing a significant impact of both GSTM1 and GSTA1 polymorphisms on the malignant potential of TCC. The results obtained demonstrated that increased urinary 8-OHdG levels correlate with GSTM1-null and GSTA1-low activity genotype in TCC patients. Moreover, increased DNA vulnerability may represent the molecular basis for the higher susceptibility to TCC of carriers of these genotypes.

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