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Stress granules (SGs) and processing bodies (PBs) are non-membrane-enclosed RNA granules that dynamically sequester translationally inactive messenger ribonucleoprotein particles (mRNPs) into compartments that are distinct from the surrounding cytoplasm. mRNP remodeling, silencing, and/or storage involves the dynamic partitioning of closed-loop polyadenylated mRNPs into SGs, or the sequestration of deadenylated, linear mRNPs into PBs. SGs form when stress-activated pathways stall translation initiation but allow elongation and termination to occur normally, resulting in a sudden excess of mRNPs that are spatially condensed into discrete foci by protein:protein, protein:RNA, and RNA:RNA interactions. In contrast, PBs can exist in the absence of stress, when specific factors promote mRNA deadenylation, condensation, and sequestration from the translational machinery. The formation and dissolution of SGs and PBs reflect changes in messenger RNA (mRNA) metabolism and allow cells to modulate the proteome and/or mediate life or death decisions during changing environmental conditions.

Tight control of messenger RNA (mRNA) processing, trafficking, degradation, and translation are important in regulating gene expression. These processes are controlled by specific RNAbinding proteins (RBPs) that bind the mRNA within larger complexes called messenger ribonucleoprotein particles (mRNPs) (Mitchell and Parker 2014). In eukaryotes, such mRNPs are often localized to specific cellular compartments, both as a part of mRNA biogenesis under optimal conditions, and as a part of response to changing conditions. Recent data suggest that self-organization of mRNPs into various non-membrane-enclosed subcellular compartments, termed RNA granules, plays critical roles in mRNA metabolism (Shin and Brangwynne 2017). Two of the best-studied RNA granules are stress granules (SGs) and processing bodies (PBs), membraneless cytoplasmic foci formed by the condensation of translationally inactivated mRNPs. Although the composition of sequestered mRNAs and RBPs differs between SGs and PBs (Fig. 1), both RNA granules are linked to translational control events that modulate the proteome and/or influence cell survival. The accumulation and condensation of untranslating

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Figure 1. Selected stress granule (SG)- and processing body (PB)-associated proteins. Proteins (partial list) found exclusively in SGs (blue box), in both SGs and PB/GW-bodies (GWBs) (green box), or predominantly in PB/GWBs (red box). Image obtained using arsenite-treated U2OS cells stained for eukaryotic initiation factor 3b (eIF3b) (blue), DCP1a (red), and eIF4E (green).

mRNPs into these discrete cytoplasmic granules are governed by similar events that are intimately connected to various aspects of translational control.

The term "stress granules" was first used to describe phase-dense cytoplasmic particles that appeared in mammalian cells subjected to heat shock. These granules contained various heatshock proteins (HSPs) (Collier and Schlesinger 1986; Collier et al. 1988), and similar particles were observed in heat-shocked tomato cells (Nover et al. 1983, 1989). Although initial compositional analysis revealed the presence of both HSPs and mRNAs in tomato "heat SGs" (Nover et al. 1983, 1989), later reports clarified that these SGs did not actually contain RNA and thus cannot be classified as RNA granules (Weber et al. 2008). However, before this revised report, the term "stress granules" was also used to describe cytoplasmic foci containing the translational repressor T-cell intracellular antigen 1 (TIA1), the translational enhancer poly(A)binding protein (PABPC1), and polyadenylated mRNAs. Colocalization of these factors in discrete cytoplasmic granules was triggered by either heat-shock stress or sodium arsenite-induced oxidative stress (Kedersha et al. 1999). Unlike plant heat-shock granules, these mammalian mRNA-containing stress granules strictly required phosphorylation of eukaryotic translation initiation factor 2α (eIF2 α) (Kedersha et al. 1999), thus linking SGs to translational control.

PBs were first described as "XRN1 foci" because of the granular cytoplasmic localization of the exoribonuclease XRN1 (Bashkirov et al. 1997). Subsequent observations revealed that other RNA decay-associated proteins were colocalized in these foci (Ingelfinger et al. 2002; van Dijk et al. 2002; Fenger-Gron et al. 2005; Wilczynska et al. 2005; Yu et al. 2005; Eulalio et al. 2007), leading to their designation as mRNA "processing bodies" (Sheth and Parker 2006). Proteins associated with mRNA silencing, such as the argonautes and glycine-tryptophan protein of 182 KDa (GW182)/trinucleotide repeat containing 6A, were also found in

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organized puncta described as "GW-bodies" (GWBs), which were often coincident with PBs (Eystathioy et al. 2003). For the purposes of this review, we will include GWBs under the umbrella term PBs, but note that they are not identical (reviewed in Stoecklin and Kedersha 2013).

STRESS GRANULES: COMPOSITION AND INITIATION

SGs consist of stalled preinitiation complexes that include small (40S), but not large (60S), ribosomal subunits, translation initiation factors eIF4F, eIF3, and PABP, and polyadenylated mRNAs (reviewed in Anderson and Kedersha 2009). Condensation of stalled preinitiation complexes (PICs) into SGs is mediated by specific RBPs, some of which show sequence-specific binding to mRNAs, and others that interact with the translational machinery. These two components, stalled PICs and SG-nucleating RBPs, together determine a threshold at which SGs form or disperse. Some SG-associated RBPs are shared with PBs, whereas other components are limited to SGs or PBs only. In terms of mRNA, SGs contain poly(A) mRNA, whereas PBs contain largely deadenylated mRNA. Figure 1 shows the SG/PB distribution of some of the best-characterized SG-specific proteins (blue), proteins common to both SGs and PBs (green), and proteins specific to PBs (red).

SGs and PBs are dynamic entities that are in equilibrium with polysomes (Kedersha et al. 2000, 2005). SG-associated mRNPs and RBPs dynamically shuttle between SGs and polysomes. Increasing the pool of translationally inactivated mRNA promotes SG assembly, whereas reducing the pool of untranslated mRNA causes SG disassembly. This balance is reflected by the antagonistic effects of the translation inhibitors emetine or cycloheximide and puromycin (Kedersha et al. 2000). Emetine and cycloheximide inhibit translation elongation, allowing slowly initiating/stalled PICs to complete initiation and be trapped in polysomes, reducing the free mRNP pool available for SGs. In the continued presence of stress, emetine treatment rapidly disassembles SGs, whereas PBs remain (see online Movie 1). In the absence of stress, PBs are disassembled by 10–40 min of cycloheximide treatment (Andrei et al. 2005), suggesting that their steady-state integrity requires ongoing mRNP input. Conversely, puromycin-induced premature termination of translating mRNAs promotes SG formation (Kedersha et al. 2000). Mitotic cells do not form SGs or PBs, at least in part because of arrested elongation that prevents polysome disassembly (Sivan et al. 2007). The effects of these drugs highlight the link between SGs/PBs and translation, and distinguish them from other RNA granules (see online Movie 1).

SG disassembly occurs when cells adapt to stress, or when stress is removed and normal translational equilibrium is restored. Although SG assembly requires translationally stalled PICs, formation of SGs themselves is not required for translational arrest in the cells; specific stresses or knockdown of specific SG-associated proteins and SG nucleators uncouple SG formation from translational arrest (Ohn et al. 2008; Kedersha et al. 2016). Thus, a separate step beyond translational arrest is required for SG formation. For example, energy starvation induced by cold shock stalls the translational cycle, induces eIF2α phosphorylation, and triggers slow SG formation that takes hours rather than minutes, but these cold-shock SGs rapidly dissolve (5-10 min) when cells are warmed up, although dephosphorylation of eIF2a, polysome formation, and restoration of full translation take several hours (Hofmann et al. 2012). In this case, SG dissolution seems to result from a "decondensation" of mRNPs rather than restored translation that depletes the untranslated pool of mRNPs. Inhibiting the energy-sensing 5'AMP-activated protein kinase (AMPK) prevents cold-shockinduced SG formation, suggesting that as-yetunidentified AMPK targets regulate the SG condensation event. In support of this idea, ubiquitin-specific peptidase 10 (USP10) is a protein that inhibits SG condensation but not translational arrest (Kedersha et al. 2016), and is both an activator and a substrate of AMPK (Deng et al. 2016).

Although SGs form over the course of minutes to hours, most SG protein components are in much more rapid dynamic equilibrium with the cytosol. Fluorescent recovery after photo-

bleaching (FRAP) analysis indicates that the fluorescence recovery of SG proteins ranges from seconds to minutes. Rapidly shuttling SG RBPs include the translation silencers TIA1, Ras GTP-activating protein-binding protein 1 (G3BP1), tristetraprolin (TTP), and cytoplasmic polyadenylation element-binding protein (CPEB), which recover from bleaching within 10-30 sec. Fluorescence recovery of PABP is somewhat slower (30-60 sec), and recovery of Fas-activated serine-threonine kinase (FASTK) and the fragile-X proteins, fragile-X mental retardation protein (FMRP) and FMRP autosomal homolog 1 (FXR1) is very slow (minutes) (Kedersha et al. 2005; Bley et al. 2015). Thus, proteins that shuttle in and out of SGs show fast, medium, and slow recovery kinetics (Kedersha et al. 2000, 2005; Leung et al. 2006; Mollet et al. 2008). PB components also show a range of kinetics for eIF4E (fast), Lsm1 (medium), and eIF4E-T (slow) (Andrei et al. 2005), and support a model in which SG/PB structure arises from phase-transition-driven events (see below) rather than classic protein-based scaffolding or membrane-mediated partitioning. It must be noted that these FRAP studies used overexpressed, tagged proteins for measurements and used different cell lines; hence, some kinetic differences reported for specific situations may not be universal. As more SG proteins are knocked out and replaced by tagged versions using new technologies, better relative measurements should become available.

ERSPECTIVES

STRESS GRANULES AND TRANSLATIONAL MECHANISMS

Stress-induced phosphorylation of eIF2 α (phospho-eIF2 α) is necessary and sufficient for SG assembly (Fig. 2) (Kedersha et al. 1999, 2002). Early compositional analysis revealed that phospho-eIF2 α -induced SGs contain most PIC factors but lack eIF5 and eIF2, proteins necessary for conversion of ribosomal preinitiation complexes into translationally competent ribosomes (Kedersha et al. 2002; Kimball et al. 2003). Mechanistically, stress-induced phospho-eIF2 α inhibits translation initiation by depleting the eIF2•GTP-Met-tRNA_i^{Met} ternary complex that





loads initiator Met-tRNAi Met onto the AUG start codon (reviewed in Jackson et al. 2010; Merrick and Pavitt 2018; Wek 2018). This results in assembly of a translationally stalled 48S initiation complex as shown in Figure 3 (yellow region), and allows elongating ribosomes to "run off" the mRNA, converting polysomes into the closed-loop mRNPs that are the core components of SGs (Kedersha et al. 2002; Kimball et al. 2003). During stress, transcripts bearing elements that evade phospho-eIF2a-mediated translational arrest (e.g., those possessing internal ribosome entry sites or upstream open reading frames) are selectively translated as they produce proteins that protect cells from stressinduced damage. For example, heat shock causes SG formation but HSP70 mRNAs (Kedersha and Anderson 2002) are selectively translated and excluded from SGs. Similarly, HSP90 mRNA is largely excluded from arsenite-induced SGs (Stohr et al. 2006). Thus, SGs are composed of translationally arrested mRNAs released from polysomes and remodeled into mRNPs, but mRNAs that remain actively translated are not remodeled.

Stress and eIF2α phosphorylation are linked by a family of eIF2 α kinases that comprise the integrated stress response (ISR), an intracellular surveillance system that monitors different parameters relevant to translation (see Wek 2018). Levels of charged transfer RNAs (tRNAs) are sensed by GCN2 (Wek et al. 1995), redox state and heme availability by HRI (McEwen et al. 2005), endoplasmic reticulum (ER) stress/unfolded protein levels by protein kinase R (PKR)-like ER kinase (PERK) (Harding et al. 2000), and double-stranded RNA (dsRNA) by PKR (Srivastava et al. 1998). Different stresses activate each kinase (reviewed in Donnelly et al. 2013), triggering eIF2 phosphorylation and initiating subsequent SG formation. Deletion or inactivation of any single eIF2a kinase renders cells unresponsive to the corresponding stress, for example, deletion of HRI prevents sodium arsenite-induced eIF2 α phosphorylation and subsequent SG formation, but HRI knockout cells still respond to ER stress and PERK activation by both eIF2a phosphorylation and SG formation (Aulas et al. 2017). Knockout cells

from mouse embryos homozygous for nonphosphorylatable mutant eIF2 α (eIF2 α [S51A], see below) evade stress-induced translational arrest and SG formation (Scheuner et al. 2001; McEwen et al. 2005).

Mechanistically, $eIF2\alpha$ phosphorylation does not directly impact eIF2 function in the preinitiation complex (recognition of an AUG initiation codon on an mRNA). Instead, it inhibits eIF2B, the guanine nucleotide exchange factor that reloads eIF2 with GTP. As eIF2B is limiting in cells, even a small amount of phospho-eIF2a efficiently inhibits eIF2B activity, causing a consequent depletion of the ternary complex that inhibits translation and initiates SG assembly (Jackson et al. 2010; Merrick and Pavitt 2018; Wek 2018). Consequently, pharmacological manipulations targeting eIF2a phosphorylation and eIF2B also modulate SG assembly/disassembly. Integrated stress response inhibitor (ISRIB), a chemical inhibitor of PERK signaling, reverses the inhibitory effects of phospho-eIF2α (Sidrauski et al. 2013, 2015a) by activating eIF2B and antagonizing phosphoeIF2 α effects. Treatment with ISRIB reverses the ISR by rapidly restoring translation and causing SG disassembly, despite continuously elevated phospho-eIF2α (Sidrauski et al. 2015a,b). As in the case of emetine-enforced SG disassembly (see online Movie 1), ISRIB treatment disassembles SGs but not PBs (Sidrauski et al. 2015a).

Although stress-induced translational repression triggers synchronous SG assembly in cultured cells, it is less recognized that isolated cells in otherwise healthy cultures can transiently form SGs. Online Movie 2 shows individual cells displaying transient SG formation and resolution while neighboring cells divide and grow normally, suggesting that SG formation occurs during metabolic changes associated with normal growth but is often overlooked. In support of this idea, SG-positive cells have been found in a subset of hypoxia-sensitive neurons in intact brain (DeGracia et al. 2007), in cochlear hair cells exposed to ototoxins (Mangiardi et al. 2004), in individual cells in hypoxic tumors (Moeller et al. 2004), and in virally infected cell cultures (reviewed by Lloyd 2013). In hepatitis C virus (HCV)-infected cultures, individual



Figure 3. Regulatory stalling points in the translational cycle leading to stress granule (SG) formation. A closedloop messenger RNA (mRNA) can stall at different points in the translation cycle, resulting in messenger ribonucleoproteins (mRNPs) of different composition eligible for condensation (mediated by GTP-activating protein-binding protein 1 [G3BP]) into SGs. Type I, or canonical SGs, result when eukaryotic initiation factor 2α (eIF 2α) phosphorylation inhibits recharging of eIF2•GTP-Met-tRNA_i^{Met}, resulting in mRNPs that lack eIF2/5. Type II SGs form when eIF4A activities are inhibited and can be induced in cells lacking phospho-eIF2 α , generating SGs that contain eIF2/5. Type III SGs result from xenobiotic stress, and lack eIF3. The mechanism shown here is hypothetical. Not shown are hyperosmotic/G3BP-independent SGs thought to arise from molecular crowding.

cells show oscillating cycles of SG formation/ disassembly that parallel eIF2 α phosphorylation and dephosphorylation, and global protein translation. These cycles result from the opposing effects on translation of the eIF2 α kinase PKR and the eIF2 α phosphatase protein phosphatase 1 (PP1), respectively (see online Movie 2) (Ruggieri et al. 2012).

In situ metabolic labeling using the methionine analog L-azidohomoserine (AHA) reveals the tight correlation between SG formation, eIF2α phosphorylation, and translational arrest (Fig. 2). However, other noncanonical modes of SG formation are triggered by phospho-eIF2αindependent mechanisms. A model summarizing the major stalling points in the translational cycle linked to SG formation depicts a closedloop mRNA that can be paused at different checkpoints, initiating polysome disassembly at these points and resulting in SGs of different composition (Fig. 3). Whereas phospho-eIF2 α depletes ternary complex to promote the assembly of canonical "type I" SGs lacking eIF2, other agents (pateamine A [Low et al. 2005], hippuristanol [Mazroui et al. 2006)], rocaglates [Sadlish et al. 2013]) or lipid mediators (15-deoxy- $\Delta^{12,14}$ -prostaglandin J₂, or 15-d-PGJ2 [Kim et al. 2007]) inactivate the eIF4A helicase that helps unwind the 5' untranslated region (UTR) of mRNAs to promote translation initiation. Failure of translation initiation via this mechanism triggers the formation of phospho-eIF2 α independent "type II" SGs that contain eIF2 and eIF5 (Fig. 3, blue), and can be triggered in the absence of phospho-eIF2α. Whereas type I SGs are generally cytoprotective, type II SGs may be cytotoxic (Fujimura et al. 2012; Anderson et al. 2015), although the mechanisms by which these compositionally distinct granules mediate opposing effects on cell survival are not known. Another subclass of SGs lacks eIF3, and is induced by chemotherapeutic drugs such as selenite, UV, or other xenobiotic agents (Fujimura et al. 2012; Anderson et al. 2015). UV-induced SGs do not require phospho-eIF2 α but are disassembled by cycloheximide (Moutaoufik et al. 2014). We suggest that these eIF3-negative "type III" SGs may result from stalling before the recycling of terminating 40S subunits into new

43S preinitiation complexes at the 5' end of the mRNA, a process that requires eIF3 (Pisarev et al. 2007, 2010) and is the commitment step to another round of translation (Fig. 3, top gray-shaded area). Finally, hypertonic conditions trigger assembly of another noncanonical, phospho-eIF2 α -independent SG (Bevilacqua et al. 2010; Bounedjah et al. 2012); the mechanism for their formation is related to molecular crowding, but the details are unknown.

Many stresses that trigger the ISR, such as UV irradiation, heat shock or oxidative stress, also activate endogenous RNases such as angiogenin (Lyons et al. 2017), which cleaves tRNAs in their anticodon loops to produce tRNA halves (Fu et al. 2009; Yamasaki et al. 2009) known as tiRNAs (tRNA-derived, stress-induced small RNAs) (Yamasaki et al. 2009). A subset of tiRNAs (5' tiRNAs derived from tRNA^{Ala} and tRNA^{Cys}) inhibit translation (Emara et al. 2010) by displacing the eIF4F complex from the m⁷GTP cap, a step that is required for cap-dependent translation (Ivanov et al. 2011a, 2014). Transfected 5' tiRNA^{Ala} and 5' tiRNA^{Cys} induce SG assembly that does not require phosphoeIF2α (Emara et al. 2010; Ivanov et al. 2011b), but does require the SG protein YB-1 (Lyons et al. 2016), a cold-shock, domain-containing protein also found in PBs (Yang and Bloch 2007). The mechanisms whereby tiRNAs collaborate with YB1 to induce SGs are unknown, but are under active investigation.

SG/PB CONDENSATION

In addition to stalled PIC mRNPs, SG formation also requires SG-nucleating proteins (Panas et al. 2016). Overexpression of any of these SG nucleators drives "spontaneous" SG assembly (Kedersha and Anderson 2007; Reineke et al. 2015), and knockdown of SG nucleators can impair SG formation. SG nucleating proteins include CAPRIN1, G3BP1, and G3BP2 (collectively referred to as G3BP), TIA1 and TIAR, FMRP, FXR1, and FXR2, TTP, BRF1, FASTK, and CPEB (reviewed in Anderson and Kedersha 2008). Many of these proteins act as translational silencers and display high-affinity, sequencespecific RNA-binding activity, and most require

concurrent activation of PKR to trigger eIF2 α phosphorylation to induce SGs (Kedersha and Anderson 2007). Figure 2 shows that overexpressed TIA1 (A) or FXR1 (B) nucleates SGs in cells that display both elevated phosphoeIF2 α and globally repressed translation (white arrows). In the case of G3BP, overexpressed protein localizes to granule-like regions before activating the eIF2 α kinase PKR (Reineke et al. 2012) in a feedforward manner (Fig. 2C,D). Cells lacking G3BP (G3BP-null cells) are unable to assemble mRNPs into SGs, despite overexpression of other SG nucleating proteins (Kedersha et al. 2016); hence, G3BP appears to play a direct role in SG condensation (see below) in addition to activating PKR.

Whereas stalling of translation initiates SG formation by promoting polysome disassembly into PIC mRNPs, the physical condensation of these mRNPs into granules is a separate event that requires G3BP. Two proteins, Caprin1 and USP10, competitively bind G3BP to promote (Solomon et al. 2007) or inhibit SG condensation, respectively (Kedersha et al. 2016). G3BPnull cells are unable to assemble either phosphoeIF2a-dependent type I or eIF4A-dependent type II SGs (Kedersha et al. 2016). SG formation is rescued in these cells by expression of either wild-type G3BP, or G3BP containing a point mutation that renders it unable to bind USP10 or Caprin1. Thus, G3BP is uniquely required for the formation of both type I and II SGs, and its activity is regulated by Caprin1 and USP10, but does not require these proteins to cause SG condensation. In addition, several viruses (Semliki Forest, Chikungunya, and herpes simplex) encode SG-inhibiting proteins that share the same binding motif (FGDF motif) within USP10 that binds to G3BP (Panas et al. 2015). The FGDF motif is sufficient to bind (and in some cases relocalize) G3BP, blocking its ability to mediate SG condensation. The importance of G3BP to SG condensation is further illustrated by the number of other viruses (including poliovirus, encephalomyocarditis virus [EMCV], and Coxsackievirus) that encode specific proteases that cleave G3BP to inhibit SG formation and disable the host antiviral response (White et al. 2007; Fung et al. 2013; Ng et al. 2013).

PROCESSING BODIES AND TRANSLATIONAL CONTROL

PBs share some components (Fig. 1) and properties with SGs, but differ from SGs in composition, behavior, and proposed functions (reviewed in Decker and Parker 2012; Stoecklin and Kedersha 2013). Shared components include eIF4E, mRNA, and selected RBPs, but PBs lack SG-associated eIF3, PABP, small ribosomal subunits, and many signaling proteins (Fig. 1). Generally, SGs house proteins involved in mRNA translation (discussed above), whereas PBs house proteins associated with mRNA decay (DCP1, DCP2, XRN1, EDC3, hedls/EDC4) or mRNA silencing (GW182, argonautes). This led to the proposal that PBs are sites of active mRNA decay (reviewed in Decker and Parker 2012). However, subsequent studies showed that repressed mRNAs can move from PBs into the cytosol where they reenter translation (Brengues et al. 2005), and disruption of PBs does not prevent global or specialized pathways of mRNA decay (Eulalio et al. 2007). Recent studies confirm that mRNAs segregated into PBs are translationally repressed but not degraded (Hubstenberger et al. 2017) and represent one-fifth of the mRNA transcriptome. The PB-associated subset of mRNAs is enriched for transcripts encoding regulatory proteins, especially regulatory subunits of multiprotein complexes. The sequestration of these mRNAs in PBs allows for their rapid mobilization into the translationally active pool, bypassing transcription, mRNA processing, and nuclear export, and thus enabling local control of PBlocalized mRNAs (Hubstenberger et al. 2017). As PBs (and related GWBs) are also distinguished by the inclusion of RNA-induced silencing complex components (argonautes, GW182/ TNRC6), at least part of their regulatory control is likely to be miRNA dependent (Eulalio et al. 2008). Importantly, various RBPs cosegregate into PBs with their mRNA targets, providing an alternative mechanism for the transport of specific mRNAs into and out of the PB storage depots to modulate protein production in response to cellular needs (Hubstenberger et al. 2017). A schematic illustrating the relationship

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between polysomes, SGs, and PBs is shown in Figure 4.

SG/PB FORMATION AND THE "LIQUID/ LIQUID PHASE TRANSITION" CONCEPT

As shown in online Movie 2, SGs fuse and show liquid-like behavior, similar to that of other RNA-containing structures (reviewed in Shin and Brangwynne 2017). Although SGs can persist for hours, the residence time of SG proteins (Kedersha et al. 2000, 2005), mRNAs (Mollet et al. 2008), and PB proteins (Andrei et al. 2005) is on the order of seconds to minutes. This dynamic behavior in seemingly stable structures distinguishes SGs and PBs from more static RNA granules and from membrane-bound organelles. SG/PB proteins are highly enriched in intrinsically disordered/low complexity (ID/ LC) regions (reviewed in Uversky 2017), which do not assume classic structured domains. These regions are highly flexible, able to assume multiple conformations influenced by posttranslational modifications or templating interactions with other molecules (reviewed in Kedersha et al. 2013; Shin and Brangwynne 2017; Uversky 2017). The high proportion of ID/LC regions in SG-nucleating proteins supports the hypothesis that SG/PB formation is mediated by a liquid/liquid phase separation event (Han et al. 2012; Kato et al. 2012; Weber and Brangwynne 2012) that drives SG and PB components to condense out of the surrounding cytosol. This model suggests that the rapid shutting of ID/LC proteins into and out of SGs may parallel rapid conformational changes in their ID/LC regions.

Most SG-nucleating proteins are ID/LC-rich (reviewed in Kedersha et al. 2013; Panas et al. 2016), consistent with a phase transition model. One such protein is the mRNA decay-promoting protein TTP, which nucleates both SGs and PBs. Phosphorylation of TTP by MAPKAP2 (mitogen-activated protein kinase-activated protein kinase 2) promotes TTP binding to 14–3–3 proteins, and this interaction regulates TTP trafficking by eliminating the ability of TTP to condense into SGs (Stoecklin et al. 2004). As seen in online Movie 3, arsenite-triggered

phosphorylation of TTP results in its rapid export from SGs, but not PBs (Lykke-Andersen and Wagner 2005; Franks and Lykke-Andersen 2007). As 14–3–3 binding to TTP does not inhibit its binding to target mRNAs, regulated binding to 14–3–3 proteins may allow TTP to escort its target mRNAs out of SGs and into PBs (Stoecklin et al. 2004). An attractive model to explain this behavior is that the ID/LC regions of TTP are templated into a fixed conformation on binding to the highly ordered 14–3–3 proteins, "freezing" TTP into a state incompatible with the dynamics required for shuttling into SGs (see online Movie 3).

Most SG-nucleating proteins (TIA-1/TIAR, Caprin1, CPEB1) bind mRNAs in a sequencespecific manner, and likely concentrate and selectively condense their target mRNAs when their translation is stalled. In addition to binding a subset of mRNAs, other SG nucleators such as G3BP1/2 and FMR1/FXR1/2 interact with ribosomal subunits. G3BP binds 40S ribosomal subunits (Simsek et al. 2017) through its RGG region (Kedersha et al. 2016; Simsek et al. 2017). Truncated G3BP lacking the RGG region loses both its ribosome-binding ability and its ability to restore SG assembly to the G3BP-null cells. The G3BP-binding protein Caprin1 is unable to nucleate SG formation in the absence of G3BP, thus it seems likely that G3BP:Caprin1 complexes cooperate to recruit Caprin1-specific transcripts into SGs (Solomon et al. 2007). In contrast to G3BP, the FMR/FXR1/FXR2 proteins bind large ribosomal subunits (Chen et al. 2014; Simsek et al. 2017), and paradoxically their overexpression strongly nucleates SGs despite the fact that SGs lack 60S subunits. Higherorder complexes containing the FMRP/FXR1 proteins and G3BP/Caprin1 proteins have been reported (El Fatimy et al. 2012; Baumgartner et al. 2013) that hint at cooperative effects between these two SG nucleating families, but details are not yet clear. A recent paper notes that these two families show mRNA binding that is regulated by adenosine methylation at position N6 (m⁶A). This study finds that m⁶Amodified RNA preferentially binds to FMRP/ FXR1 and is translationally repressed, whereas G3BP preferentially binds and stabilizes mRNA

Active translation Polysome Puromycin Emetine Isolated mRNPs PΒ Stalled (4E(m⁷G m⁷G translation 405 USP10 G3BP Caprin Stress granule

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Figure 4. Relationship between polysomes, stress granules (SGs), and processing bodies (PBs). Polysomes are maintained when translation initiation and termination occur at balanced rates on a single messenger RNA (mRNA). When termination occurs more frequently than initiation, polysome disassembly results, resulting in stalled, circularized messenger ribonucleoproteins (mRNPs). Agents that prevent elongation (such as emetine and cycloheximide) inhibit polysome/mRNP conversion, and hence reduce the pool of mRNPs, whereas puromycin promotes premature termination and accelerates the polysome-mRNP conversion. A pool of free mRNPs is necessary, but not sufficient, for SG assembly, which requires the dynamic condensation of mRNPs out of the surrounding cytoplasm. Condensation (and possibly decondensation) requires the mRNA-binding protein G3BP, and is regulated by G3BP-binding proteins Caprin1 (which promotes) and USP10 (which inhibits) the G3BP-mediated condensation of mRNPs into SGs. PBs contain deadenylated mRNPs and/or mRNAs undergoing deadenylation, and PB condensation requires multiple proteins, including EDC4, LSM14, 4-ET, and DDX6 (reviewed in Luo et al. 2018).

that is not m^6A modified (Edupuganti et al. 2017).

PROPOSED ROLES OF SGs IN CELL SIGNALING

Cellular stress requires rapid reprogramming of RNA metabolism as part of the ISR. SG assembly occurs downstream of stress-induced translational arrest, and the resulting pool of translationally arrested mRNAs constitutes a scaffold for RNA-binding proteins that promote SG condensation. Subsequently, specific mRNA-RBP complexes recruit a variety of signaling molecules that can promote cell survival and adaptation/recovery or induce apoptosis, suggesting that granule condensation may assemble signaling centers that allow cross talk between the ISR and other signaling pathways. The interplay between signaling pathways and SGs occurs at many levels (reviewed in Kedersha et al. 2013). First, signaling events directed by eIF2α kinases regulate cellular translation arrest that initiates SG assembly. Second, stress-modulated posttranslational modifications of SG proteins such as phosphorylation, O-GlcNAc addition, poly-ADP-ribosylation, and arginine methylation directly impact SG assembly and disassembly (reviewed in Ohn and Anderson 2010). Third, SGs modulate signaling cascades during stress by forming transient signaling hubs that coordinate signaling events in both the cytoplasm and the nucleus. Such modulation is achieved by selective sequestration of specific signal transduction-related molecules (such as RACK1, TRAF2, RSK2, etc.) into, or their exclusion from, SGs. As signaling centers, SG formation communicates a "state of emergency," and their transient existence rewires the network of signaling events to control cell fate (Kedersha et al. 2013).

SGs, PBs, AND DISEASE

Given the varied effects that RNA granules have on metabolism and cell signaling, it is not surprising that they are also implicated in many diseases. Defects in SG dynamics are found in cancer, neurodegenerative disease, viral infection, and autoimmune disease. Several recent reviews discuss in detail the roles that RNA granules play in disease pathogenesis (Wolozin 2014; Anderson et al. 2015; Shukla and Parker 2016; Taylor et al. 2016; McCormick and Khaperskyy 2017).

Viruses depend on host translational machinery for their propagation, and several aspects of interactions between cellular translation and viruses directly or indirectly impact dynamics of RNA granules (Stern-Ginossar et al. 2018). In response to different viruses, SG and PB formation can be triggered or repressed (Lloyd 2013). Some viruses physically interact with SGs/PBs or hijack specific SG/PB components to favor viral replication. In some cases, SGs sequester key translation components, thus reducing the availability of ribosomal subunits and associated protein synthesis factors needed for translation of viral transcripts. Some viruses (e.g., EMCV, poliovirus) encode proteases that cleave the key SG nucleator G3BP to enforce SG disassembly and enhance viral replication (White et al. 2007; Fung et al. 2013; Ng et al. 2013). Other viruses (such as influenza A virus) block SG formation via expression of viral proteins (NS1) that directly bind and antagonize the eIF2 α kinase PKR, a critical sensor of viral dsRNA (Khaperskyy et al. 2012). Flaviviruses (such as West Nile virus, Dengue virus) hijack multiple SG components (e.g., TIA1, TIAR, G3BP) via their sequestration by viral RNA 3' stem-loop structures, thus suppressing SG formation (Li et al. 2002; Emara et al. 2008). Semliki Forest virus co-opts the SG nucleator G3BP (Panas et al. 2012), whereas HCV recruits both G3BP and multiple PB components and diverts them into lipid droplet-associated foci containing HCV replication/assembly complexes (Ariumi et al. 2011; Pager et al. 2013).

Interactions between viruses, the translational machinery, and RNA granules directly impact immunity. Virus-induced SGs regulate production of interferons that counteract virus propagation, thus identifying SGs as part of the innate immune system (reviewed in McCormick and Khaperskyy 2017). By preventing SG assembly or dissolving existing SGs, viruses evade the host defense. Several innate immune system-

related proteins reside in SGs, including both interferon-inducers (such as PKR, RIG-I, MDA5) and interferon-effectors (RNase L and OASes) (Onomoto et al. 2012). The consequences and importance of colocalization of these factors with SGs for innate immunity are complex and not well understood. SGs may constitute platforms linking immune responses with other cell signaling pathways, or regulate selective production of specific immune factors such as cytokines. However, it is also possible that some SG-associated proteins are directly involved in innate immune responses irrespective of their localization.

SGs are implicated in the pathogenesis of neurodegenerative diseases such as amyotrophic lateral sclerosis, frontotemporal dementia and Alzheimer's disease (reviewed in Wolozin 2012, 2014). The connection between SGs and these diseases comes from histological observations linking SG proteins to intracellular and extracellular protein aggregates that are pathological hallmarks of neurodegeneration (Wolozin 2012, 2014). The finding that mutations in several SG proteins are found in patients with neurodegenerative disease has led to speculation that disease-causing forms of SG proteins (e.g., TDP43, FUS/TLS, hnRNPA1, SMN) modulate SG dynamics in ways that impact neuronal survival (Shukla and Parker 2016; Taylor et al. 2016; Maziuk et al. 2017). Whereas evidence from multiple in vitro and cell culture models using disease-associated mutants of SG-associated proteins supports this hypothesis and shows that SG-related mechanisms can impair neuronal functions leading to neuron loss (Shukla and Parker 2016; Taylor et al. 2016; Maziuk et al. 2017), these studies require further evaluation in humans.

SGs are also associated with cancer (Anderson et al. 2015) and are found in tumors of different histological origins including colorectal cancer, carcinomas, and glioblastomas (Adjibade et al. 2015; El-Naggar et al. 2015; Vilas-Boas Fde et al. 2016). Responding and adapting to stress is important for cancer progression as cancer cells encounter hostile tumor microenvironments characterized by hypoxia, nutrient starvation, high levels of reactive oxygen species and hyperosmolarity, all of which trigger SG formation. Importantly, SG formation is often found as a part of the response to both radioand chemotherapies (Moeller et al. 2004; Szaflarski et al. 2016). As SGs are generally prosurvival, their induction by chemotherapy can inadvertently compromise cancer treatment. Therefore, preventing SG assembly may prove to be a valuable therapeutic option in promoting tumor cell death. SGs are also linked to metastasis, where they contribute to cancer cell survival during tumor invasion and dissemination. Mouse xenograft sarcoma models reveal that increased levels of the SG nucleator G3BP1 promote SG formation in sarcoma cells to enhance their survival, resistance to chemotherapy, and metastasis to lungs (Somasekharan et al. 2015). By reducing G3BP1 expression and SG formation, metastasis and tumor invasion are significantly diminished (Somasekharan et al. 2015). Similarly, cancer cells can up-regulate SG assembly and enhance resistance to chemotherapy by producing and secreting the lipid mediator 15-deoxy-Δ12,14-prostaglandin J2 (Grabocka and Bar-Sagi 2016); this stimulates SG formation in an autocrine and paracrine manner to increase adaptation to tumor cell environments (Grabocka and Bar-Sagi 2016).

CONCLUDING REMARKS

Adjusting protein synthesis to adapt to changing conditions is crucial for growth and survival, and requires highly coordinated, rapid, specific, and localized reprogramming of cellular translation. Such regulation requires modulating global translation control as well as selective translation of mRNA subpopulations. Although global translation regulation pathways such as the integrated stress response and the mechanistic target of rapamycin (mTOR)/AMPK nutrient and energy regulatory cascades are understood in some detail, the mechanisms underlying selective translation remain largely unexplored, and RNA granules appear important in these processes. We anticipate that regulatory sequences, modified nucleotides (methylations, editing) (Peer et al. 2018), microRNAs (Duchaine and Fabian 2018), and structures within mRNAs

mediate their selective recruitment to or exclusion from the translation machinery and/or RNA granules. Such regulatory mRNA elements may be recognized by specific RBPs that ferry them into RNA granules, and/or dictate their availability for translation. Posttranslational modifications of RBPs and their interactions with other proteins influence their localization, aggregation, and functions; we are only beginning to catalog these so we can ask larger questions.

Very recent studies using new technologies of proximity labeling are finally cataloging the range of proteins and mRNAs that shuttle through SGs and PBs. Using the BirA/BioID (proximity-dependent biotin identification) enzymatic system that biotin-labels interacting proteins over time (several hours), multiple BirA-tagged SG/PB baits were used to identify complex networks of cumulative protein interactors, but the long labeling period was unable to distinguish between stress-specific and normal interactions (Youn et al. 2018). Another study (Markmiller et al. 2018) used a faster labeling system based on the engineered peroxidase APEX2, revealing a 1-min snapshot labeling of proteins in close proximity to APEX2tagged G3BP. This study detected stress-specific interactions between G3BP and the translational machinery (eIF3, eIF4G), but also revealed a complex network of interactions specific to certain types of stress, interactions that are stressindependent, and many which are cell-type-specific. We eagerly anticipate future studies that marry proximity labeling with techniques such as photoactivatable ribonucleoside-enhanced cross-linking and immunoprecipitation (PAR-CLIP) to obtain a census of SG/PB-associated RNAs under different conditions. Such studies are needed to address global questions such as: How are distinct subsets of mRNAs coordinately regulated in translation? Which signaling pathways regulate cross talk between global and selective translation control mechanisms? How are these integrated with biological outcomes of cell proliferation, motility, and death?

Both SGs and PBs are dynamic, and their contents are in flux. RNA helicases, which are required to facilitate the protein:RNA and RNA: RNA transitions, may play a direct role in remodeling stalled polysomes into mRNPs eligible for condensation into RNA granules. Specific helicases eIF4A, DDX3, and DDX6 contribute to SG and PB formation and resolution (Bordeleau et al. 2006; Dang et al. 2006; Ohn et al. 2008; Shih et al. 2008; Cencic et al. 2009; Ayache et al. 2015; Iwasaki et al. 2016). These play important functions in translational control as well as signaling (reviewed in Heerma van Voss et al. 2017). Future studies will elucidate their specific roles in SG/PB dynamics.

Physiological and environmental changes often trigger pathophysiological events underlying human disorders, ranging from infectious diseases to cancer and neurodegeneration. Translation control maintains homeostasis in response to environment change to ensure survival. RNA granule formation is both a biomarker of stressinduced translational arrest, and a mechanism for regulating selective translation. SGs influence mRNA sorting and sequestration, potentiate eIF2a phosphorylation, and constitute signaling centers that integrate RNA metabolism with other aspects of cellular physiology. PBs contain a subset of mRNAs, but how these are removed from PBs and translationally activated is unknown. We have only begun to elucidate the mechanisms whereby RNA granule-associated proteins and their client mRNAs fine-tune translation in response to environmental and physiological cues.

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