

HLA-B*5801 allele as a genetic marker for severe cutaneous adverse reactions caused by allopurinol

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Allopurinol, a commonly prescribed medication for gout and hyperuricemia, is a frequent cause of severe cutaneous adverse reactions (SCAR), which include the drug hypersensitivity syndrome, Stevens–Johnson syndrome, and toxic epidermal necrolysis. The adverse events are unpredictable and carry significant morbidity and mortality. To identify genetic markers for allopurinol–SCAR, we carried out a case-control association study. We enrolled 51 patients with allopurinol–SCAR and 228 control individuals (135 allopurinol-tolerant subjects and 93 healthy subjects from the general population), and genotyped for 823 SNPs in genes related to drug metabolism and immune response. The initial screen revealed strong association between allopurinol–SCAR and SNPs in the MHC region, including *BAT3* (encoding HLA-B associated transcript 3), *MSH5* (mutS homolog 5), and *MICB* (MHC class I polypeptide-related sequence B) ($P < 10^{-7}$). We then determined the alleles of HLA loci A, B, C, and DRB1. The HLA-B*5801 allele was present in all (100%) 51 patients with allopurinol–SCAR, but only in 20 (15%) of 135 tolerant patients [odds ratio 580.3 (95% confidence interval, 34.4–9780.9); corrected P value = 4.7×10^{-24}] and in 19 (20%) of 93 of healthy subjects [393.51 (23.23–6665.26); corrected P value = 8.1×10^{-18}]. HLA alleles A*3303, Cw*0302, and DRB1*0301 were in linkage disequilibrium and formed an extended haplotype with HLA-B*5801. Our results indicated that allopurinol–SCAR is strongly associated with a genetic predisposition in Han Chinese. In particular, HLA-B*5801 allele is an important genetic risk factor for this life-threatening condition.

adverse drug reactions | genetic polymorphism | Stevens–Johnson syndrome | toxic epidermal necrolysis | pharmacogenetics

Allopurinol is widely used for hyperuricemia-related diseases, such as gout, Lesch–Nyhan syndrome, and recurrent urate kidney stones (1). Although alternative uric-acid lowering agents, such as probenecid and sulfinpyrazone, are available at the present time, allopurinol is still the most frequently used antihyperuricemic agent because of its convenient once-daily regimen and its advantages to treat both urate overproduction and urate underexcretion (2). However, allopurinol is also one of the most frequent causes of adverse drug reactions, accounting for 5% of all cases of severe cutaneous adverse reactions (SCARs) (3).

Allopurinol–SCAR includes drug hypersensitivity syndrome (HSS), Stevens–Johnson syndrome (SJS), and toxic epidermal necrolysis (TEN). Even though rare, the mortality rate can be as high as 26% (4, 5). SJS/TEN is characterized by a rapidly developing blistering exanthema of macules and target-like lesions accompanied by mucosal involvement and skin detachment. HSS has systemic manifestations with multiorgan involvement, in addition to the exanthema (5). Currently, there are no

tests that can be used to predict who will develop SCAR from allopurinol.

The manifestations of these serious, life-threatening reactions are likely to be immune-mediated, because rechallenging with the same drug typically shortens the incubation period and results in more severe manifestations. There is also evidence supporting that the pathogenesis of SCAR involves MHC-restricted presentation of drug or drug metabolites for T cell activation (6). Furthermore, cell-mediated immunity to allopurinol and its metabolite, oxypurinol, has been demonstrated in immunohistochemistry studies and *in vitro* lymphocyte stimulation (7).

Susceptibility to such idiosyncratic reactions is thought to be genetically determined, and familial predisposition to allopurinol hypersensitivity has been reported (8). However, the responsible genetic factors for allopurinol–SCAR have yet to be identified. As genetic factors influencing immune response and drug metabolism may be involved in the pathogenesis of the severe cutaneous adverse reactions, we hypothesize that the genetic polymorphisms of these genes might confer the susceptibility of adverse events. We aimed in this study to identify genetic markers for allopurinol–SCAR.

Methods

Patients and Control Subjects Recruitment. From 1996 to 2004, 93 individuals who fulfilled the diagnostic criteria of SJS, TEN, or HSS induced by allopurinol were identified in Chang Gung Memorial Hospital (CGMH) Health System, National Taiwan University Hospital, Taipei Medical University Hospital, and Taichung Veterans General Hospital in Taiwan. Among them, 51 patients agreed to participate in the study. All patients were assessed by two dermatologists, who reviewed photographs, pathological slides, and medical records. The diagnostic criteria of SJS/TEN were based on the clinical morphology defined by Roujeau (9). We define SJS as skin detachment of <10% of body-surface area, overlap SJS/TEN as skin detachment of 10–30%, and TEN as >30%. The criteria for HSS were cutaneous rash (e.g., diffuse maculopapular, exfoliative dermatitis), plus two of the following symptoms: eosinophilia, atypical circulating lymphocytes, leukocytosis, acute hepatocellular injury, or worsening renal function (5). In all enrolled cases, allopurinol was regarded as the offending drug if the onset of

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Abbreviations: SCAR, severe cutaneous adverse reaction; HSS, hypersensitivity syndrome; SJS, Stevens–Johnson syndrome; TEN, toxic epidermal necrolysis; Pc, corrected P .

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Table 1. Clinical characteristics of patients with allopurinol-induced SCAR

Patient no.	Age/sex	Phenotype	Dose, mg/d/ duration of drug exposure, days	Exanthema %/blister or detachment, [†] %	Mucous membrane erosions, number:site	Systemic manifestations
1	80/F	SJS	100/33	31–50/2	(+) 2: Oral, eyes	None
2	47/F	HSS	100/23	31–50/0	(+) 2: Oral, eyes	Fever, LFI, worsening RF
3	60/F	SJS	100/14	31–50/5	(+) 2: Oral, eyes	Fever, worsening RF, leukocytosis, atypical lymphocytosis [§]
4	25/M	SJS	200/24	51–70/5	(+) 1: Oral	Fever, LFI, leukocytosis, eosinophilia
5	50/F	HSS	300/33	51–70/0	(+) 1: Oral	Fever, LFI, eosinophilia
6	74/F	HSS	100/22	31–50/0	(+) 2: Oral, eyes	Fever, worsening RF, eosinophilia, atypical lymphocytosis
7	78/M	HSS	NA/21	71–90/0	(–)	Worsening RF, eosinophilia
8	37/F	SJS/TEN	100/38	51–70/10	(+) 3: Oral, eyes, genital	Fever, LFI, leukocytosis, eosinophilia
9	18/F	HSS	200/21	51–70/0	(–)	LFI, worsening RF, leukocytosis, eosinophilia
10	63/F	SJS	200/37	51–70/5	(+) 2: Oral, genital	LFI, worsening RF, eosinophilia
11	55/F	HSS	100/35	51–70/0	(–)	Fever, LFI, leukocytosis
12	70/F	HSS	NA/56	31–50/0	(+) 2: Oral, eyes	Fever, LFI, leukocytosis, eosinophilia
13	52/F	SJS	100/35	51–70/5	(+) 3: Oral, eyes, genital	Fever, LFI, eosinophilia
14	29/F	SJS	NA/28	51–70/5	(+) 2: Oral, eyes	None
15	73/M	SJS	200/30	51–70/1	(+) 3: Oral, eyes, genital	Fever
16	78/M	SJS	100/1 [‡]	51–70/1	(+) 1: Oral	Worsening RF, eosinophilia
17	70/M	SJS/TEN	NA/27	51–70/10	(+) 2: Oral, eyes	Fever
18	69/F	HSS	100/53	31–50/0	(+) 1: Oral	LFI, worsening RF, eosinophilia
19	91/F	TEN	100/26	71–90/30	(+) 2: Oral, eyes	Atypical lymphocytosis
20 [§]	60/M	SJS/TEN	200/21	51–70/15	(+) 2: Oral, eyes	Fever, LFI, worsening RF, eosinophilia
21	77/F	SJS	NA/14	51–70/5	(+) 2: Oral, genital	Worsening RF
22	62/F	HSS	100/38	51–70/0	(+) 2: Oral, eyes	Fever, LFI, worsening RF
23	41/M	HSS	200/32	51–70/0	(+) 1: Oral	LFI, leukocytosis
24	72/F	HSS	100/45	>90/0	(+) 2: Oral, eyes	Fever, LFI, worsening RF
25	51/M	SJS	200/2 [‡]	51–70/5	(+) 3: Oral, eyes, genital	None
26	35/M	HSS	NA/30	31–50/0	(–)	Fever, leukocytosis, eosinophilia
27	65/F	HSS	300/49	51–70/0	(–)	Leukocytosis, eosinophilia
28 [§]	54/F	SJS	100/14	51–70/3	(+) 2: Oral, eyes	Fever, worsening RF, eosinophilia
29	51/M	SJS	NA/21	51–70/5	(+) 1: Oral	Fever, LFI, atypical lymphocytosis
30	52/F	HSS	NA/45	51–70/0	(+) 1: Oral	Fever, LFI, leukocytosis, severe myositis
31	50/M	HSS	50/15	31–50/0	(–)	LFI, worsening RF
32	80/M	SJS	NA/12	31–50/5	(+) 2: Oral, genital	None
33	80/M	HSS	100/21	31–50/0	(–)	LFI, worsening RF, leukocytosis, eosinophilia
34	70/M	HSS	50/18	31–50/0	(–)	LFI, leukocytosis, eosinophilia, atypical lymphocytosis
35	52/M	HSS	100/7	71–90/0	(–)	Leukocytosis, eosinophilia
36	63/M	HSS	100/52	31–50/0	(–)	LFI, eosinophilia
37	67/F	HSS	100/21	51–70/0	(–)	Fever, worsening RF, eosinophilia
38	55/M	HSS	100/14	51–70/0	(–)	Fever, worsening RF, eosinophilia
39 [§]	66/F	TEN	100/23	71–90/30	(+) 3: Oral, eyes, genital	Leukopenia
40	62/M	HSS	300/30	71–90/0	(–)	LFI, worsening RF, eosinophilia
41	73/F	HSS	100/39	71–90/0	(+) 2: Oral, eyes	Fever, worsening RF, eosinophilia
42	84/M	HSS	100/30	51–70/0	(–)	Worsening RF, eosinophilia
43	24/M	HSS	NA/28	51–70/0	(–)	Fever, worsening RF, eosinophilia
44 [§]	78/F	HSS	100/30	71–90/0	(+) 1: Oral	Fever, worsening RF, eosinophilia, leukocytosis
45	69/F	HSS	100/26	51–70/0	(–)	Worsening RF, leukocytosis, eosinophilia
46	73/M	SJS/TEN	100/1 [‡]	51–70/10	(+) 3: Oral, eyes, genital	LFI, worsening RF
47 [§]	73/F	HSS	100/30	71–90/0	(+) 1: Oral	Fever, LFI, worsening RF, leukocytosis, eosinophilia
48	70/F	SJS/TEN	200/12	51–70/15	(+) 2: Oral, eyes	Fever, leukocytosis
49	70/M	HSS	100/20	51–70/0	(+) 3: Oral, eyes, genital	LFI, worsening RF, eosinophilia, atypical lymphocytosis
50	71/M	TEN	100/26	71–90/30	(+) 1: Oral	Fever, LFI, worsening RF
51	71/M	HSS	100/7	51–70/0	(+) 1: Oral	Fever, LFI, worsening RF, eosinophilia

See *Methods* for the diagnostic criteria. NA, data not available; RF, renal function; LFI, liver function impairment; M, male; F, female.

[†]Exanthema, erythematous or purpuric macules/papules; blister or detachment, extent of blisters or epidermal detachment; both exanthema and blister/detachment were expressed as % of total body surface area.

[‡]Second attack on reexposure.

[§]Cases deceased.

allopurinol–SCAR (18). In addition to the tolerant control group, 93 subjects who were randomly selected from the general population of Taiwan were served as an additional control.

Association Screen for Candidate Gene SNPs. We initially screened 30 patients with allopurinol–SCAR and 60 tolerant subjects for SNP association. Of the total of 823 SNPs screened (197 SNPs

Table 3. Frequencies of individual or combined loci of HLA-B*5801 extended haplotype in patients with allopurinol-induced SCAR, allopurinol tolerant control, and general population control

Genotype	Allopurinol- SCAR (n = 51)	Tolerant control (n = 135)	Odds ratio	Pc value*	General population control (n = 93)	Odds ratio	Pc value*
B*5801	51 (100)	20 (15)	580.3	4.7×10^{-24}	19 (20)	393.5	8.1×10^{-18}
Cw*0302	48 (94)	19 (14)	97.7	1.4×10^{-19}	19 (20)	62.3	2.5×10^{-13}
A*3303	34 (67)	24 (18)	9.3	2.2×10^{-4}	20 (22)	7.3	4.7×10^{-2}
DRB1*0301	33 (65)	17 (13)	12.7	2.8×10^{-6}	14 (15)	10.3	8.5×10^{-4}
B*5801, Cw*0302	48 (94)	19 (14)	97.7	1.4×10^{-19}	19 (20)	62.3	2.6×10^{-13}
B*5801, Cw*0302, A*3303	34 (67)	17 (13)	13.9	5.4×10^{-7}	16 (17)	9.6	1.7×10^{-3}
B*5801, Cw*0302, DRB1*0301	30 (59)	11 (8)	16.1	7.4×10^{-7}	10 (11)	11.9	7.8×10^{-4}
B*5801, Cw*0302, A*3303, DRB1*0301	21 (41)	9 (7)	9.8	0.039	9 (10)	6.5	>0.05

Numbers in parentheses indicate percentage.

*The Pc values were adjusted by using Bonferroni's correction for multiple comparisons to account for the observed alleles.

icantly increased frequencies among the allopurinol-SCAR patients compared to the two control groups. In particular, the HLA-B*5801 was present in all 51 (100%) patients with allopurinol-SCAR, but in only 15% (20 of 135) of the allopurinol-tolerant group (odds ratio, 580.3; 95% CI, 34.4–9780.9; $P_c = 4.7 \times 10^{-24}$), and 20% (19 of 93) of the general population (odds ratio 393.5; 95% CI, 23.2–6665.26; $P_c = 8.1 \times 10^{-18}$). This association was only seen with allopurinol-SCAR and not with the patients' underlying diseases, such as gout, renal insufficiency, or autoimmune disease, etc. (data not shown).

Guided by five patients (nos. 5, 14, 18, 19, and 35) who were homozygous for the HLA-B*5801 alleles, we analyzed the allele distribution of the combined HLA loci and defined the extended haplotype. The HLA-B*5801 extended haplotype was formed by conserved alleles at closely linked loci as HLA-A*3303-Cw*0302-B*5801-DRB1*0301. This extended haplotype was present in 21 (41%) of the 51 patients with allopurinol-SCAR (Table 3), 7% of the tolerant patients, and 10% of the healthy subjects. This extended haplotype has been reported in Taiwanese in a study of nasopharyngeal carcinoma (19).

Discussion

To our knowledge, this is the largest pharmacogenetic study of allopurinol-SCAR. In this study, we identified a strong association of the allele HLA-B*5801 with the susceptibility of allopurinol-induced HSS, SJS, and TEN in Han Chinese. In fact, the association is 100% in that the HLA-B allele B*5801 was present in all 51 patients with allopurinol-induced SCAR, with an odds ratio exceeding that reported for the association between HLA-B*27 and ankylosing spondylitis (20, 21). Although other ethnic allopurinol-SCAR patients were not available for our study, the fact that HLA-B*5801 allele is also present in other populations (7% in Africa, ≈ 2 –7% in Caucasian, and 8% in Asian Indian) (22) suggests that this association may also exist in other ethnic groups. However, as pharmacogenetic results can vary by the study populations, it remains to be seen to what extent this study applies to other populations.

A relation between allopurinol-SCAR and decreased creatinine clearance has been documented, and adjusting the dose of allopurinol based on the creatinine clearance has been proposed (23). Our data showed that patients with chronic renal insufficiency had an increased risk for allopurinol-SCAR (4.7-fold). The drug-accumulation hypothesis has been proposed to explain the association of renal insufficiency with allopurinol hypersensitivity (5). However, adjusting allopurinol dosage has no significant effect on reducing allopurinol hypersensitivity (24). Moreover, lowering dosage may lead to inefficient reduction of serum uric acid levels for effective control of gout (25). Our data suggest that genotyping the B*5801 allele may provide a better

guidance of avoiding allopurinol-induced SCAR in patients with renal insufficiency than dosage adjusting.

Associations of particular HLA alleles with adverse events have been reported in patients taking various drugs. For example, HLA-A29, B12, and DR7 were found more frequently in sulfonamide-induced SJS; A2 and B12 were found more frequently in NSAIDs-induced SJS (26, 27); HLA-B59 was found more frequently in SJS with ocular involvement (28); and HLA-AW33 and -B17/BW58 were found more frequently in allopurinol drug eruption (29). However, none of the associations have a sufficiently high predictive value that can be clinically useful for screening before drugs are prescribed. The weak associations in the previous studies could be due to differences in patient ascertainment and/or lack of a precise genotyping method for HLA allele subtypes at that time.

We have recently reported a strong association of a specific HLA-B allele (B*1502) in carbamazepine induced SJS (30). Hypersensitivity to abacavir, a drug for AIDS, was reported to be associated with another HLA-B allele (B*5701) and a haplotypic Hsp70-Hom variant in the MHC region (31, 32). This study, together with the previous reports, suggests that HLA-B alleles and/or other genetic polymorphisms in the MHC region might play a major role in the pathogenesis of immune-mediated SCAR. A specific HLA-B molecule may function as antigenic presentation of certain drug or its metabolite for HLA restricted T cell activation. Further studies along these lines may increase our understanding of the pathogenesis of these potentially life-threatening clinical conditions.

Although all allopurinol-SCAR patients in our study carried at least one HLA-B*5801 allele, there were tolerant patients who also carried the allele. This finding suggests that HLA-B*5801 is necessary but not sufficient for allopurinol-SCAR. There could be other cofactors, such as renal insufficiency or virus infection, which have been implicated to be risk factors for the development of allopurinol-SCAR (5, 33). Our findings provided the evidence that renal insufficiency is indeed a risk factor for allopurinol-SCAR. Furthermore, other genes may also be involved in the mechanism of pathogenesis, such as costimulatory molecules involved in the interaction between antigen-presenting cells and T cell interaction. The present study revealed that CFLAR, an apoptosis regulator, could also be involved in allopurinol-SCAR (34–36).

In summary, we have shown that allopurinol-induced severe cutaneous adverse reactions are associated with a strong genetic predisposition. Genetic polymorphisms in the MHC region, particularly the HLA-B*5801 allele, is highly associated with individuals who are at risk for allopurinol-induced HSS, SJS, or TEN.

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