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Recent advances in graphene quantum dot-based optical and electrochemical (bio)analytical sensors

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Since the day of their origin, the graphene quantum dots (GQDs) have been considered a predominant material for biosensing applications in view of their unique and exciting electronic, physicochemical and optical properties. By combining the quantum-confinement and edge effects of carbon dots with the graphene structure, GQDs have emerged as a wonder material. These photoluminescent QDs possess remarkable biocompatibility, high current density, fast electron mobility, high water solubility, good photochemical stability, and low cytotoxicity, thereby prevailing in the field of sensing. Moreover, the high electron-transfer and easy biomolecule-immobilization capabilities of GQDs make them suitable for developing efficient (bio)analytical sensors. In this direction, the review is proposed to enlighten the scope of GQDs in a variety of optical and electrochemical chemosensors as well as biosensors. Recent advancements pertaining to their synthesis methods, unique properties, and their regulation through heteroatom-doping and surface-functionalization strategies are discussed, along with the current challenges and future prospects.

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1. Introduction

The emergence of nanostructured materials has generated enormous research interest for biomedical, printing, and optoelectronic applications in view of their interesting optical, electronic, and physicochemical properties.¹⁻⁷ Over the past decade, these materials have been broadly utilized toward the fabrication of electrochemical and optical biosensors.8-11 Among them, the newly emerging zero-dimensional derivative of graphene, widely regarded as graphene quantum dots



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(GQDs), has itself provided increased advancements over the past decade. GQDs are essentially a subset of fluorescent carbon dots (CDs) and consist of the graphene structure (single or multiple layers of graphene) irrespective of the dot's size. 12-16 Graphene is known for its exceptional set of tunable properties: high mechanical strength, high elasticity, thermal stability, large surface area, and good electrical conductivity. 17,18 However, compared with graphene, GQDs have the added advantages of higher aqueous solubility, a tunable bandgap, and ease of surface functionalization due to edge and quantumconfinement effects. 13,19,20 Additionally, GQDs have excellent biocompatibility and the existence of multiple functional groups (hydroxyl, carboxyl, carbonyl, or epoxide) on their surface, which act as active sites on the edges or the basal plane and thus offer unparalleled benefits in the fabrication of biosensing platforms.²¹⁻²³ GQDs can interact with various biomolecules and other substrates using these active sites through π - π , electrostatic and covalent interactions. 11,24,25 Apart from the mentioned structural, biocompatible, and functional properties, GQDs provide inherent photoluminescence (PL) along with the capability to regulate their properties during or after synthesis, making them the most prominent candidate amongst the carbon family. The PL properties of GQDs remain the most fascinating that help in the fabrication of optical biosensors for the direct investigation of numerous target analytes in multifaceted biological matrices.26

Despite numerous interesting properties, the short fluorescence lifetime and relatively low quantum yield (QY) of GQDs hamper their commercial aspects in developing different biosensing platforms. To overcome these limitations, surface functionalization



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Gopinath Packirisamy

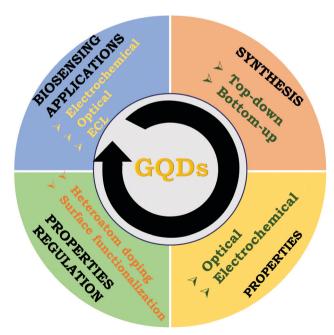
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and heteroatom doping have emerged as the main approaches, which can help in regulating the electronic and optical characteristics of GQDs.²⁷ These property regulations can be accomplished during or after the synthesis of GQDs. In this context, different top-down and bottom-up synthesis approaches such as physical grinding, hydrothermal methods, electrochemical methods, incomplete carbonization, thermal pyrolysis, microwave methods, etc., have been employed for controlling the size, structure, and optical properties of nanomaterials, including GQDs. 18,28 For instance, surface functionalization of GQDs with amine groups has been found to be very advantageous to improve their electronic and optical properties. Similarly, the heteroatom doping through sulfur (S), phosphorus (P), nitrogen (N), boron (B), fluorine (F), chlorine (Cl), selenium (Se), silicon (Si), etc., have also been reported a powerful strategy to regulate their properties.

Therefore, in this review, efforts have been made to provide several elaborated sections to apprise the readers with a broad view of the implications of GQDs in the development of optical and electrochemical (bio)analytical sensing platforms (Scheme 1). The first appended section describes the various top-down and bottomup synthesis strategies exploited for the preparation of GQDs. The second section elaborates on the optical and electrochemical properties of GQDs. The third section discusses the regulation of the GQD properties through heteroatom-doping and surfacefunctionalization strategies. The fourth section outlines the current advancements in GQD-based optical, electrochemiluminescent, and electrochemical biosensors. Finally, future prospects and current challenges pertaining to GQDs are summarized.



Scheme 1 Pictorial representation of various topics discussed in this review article: GQD synthesis strategies, properties as well as their regulation through heteroatom doping/surface functionalization, and (bio)analytical sensors (optical, electrochemiluminescence (ECL), electrochemical)

2. Synthesis strategies

The existing procedures for GQD synthesis can be structured into two broad aspects: top-down (the breakdown of bulk carbon materials) and bottom-down (the carbonization of small carbon-containing moieties) approaches.29 Most synthetic processes under these two categories use commonly available precursors and are facile and inexpensive. These synthetic approaches and precursor materials play a pivotal role in regulating the properties of GQDs. The synthesis of GQDs in top-down approaches requires multifarious reaction stages, longer reaction times, and low production yields. On the other hand, bottom-up approaches use inexpensive organic precursors, require shorter reaction times, provide relatively higher production yields, and show ease of heteroatom doping during synthesis. In the following section, the recent progress in these two strategies has been delineated.

2.1 Top-down approaches

There are several processes for top-down approaches of GQD synthesis, such as oxygen cutting, physical grinding, hydrothermal/ solvothermal methods, reductive cutting, electrochemical methods, etc. Oxygen cutting is one of the utmost used techniques, also known as chemical oxidation. 30-33 In this technique, bulk carbon materials (graphite, carbon black, charcoal (CC), carbon fiber (CF), graphene, graphene oxide (GO)) are typically cleaved to small fragments using sulfuric acid (H2SO4), nitric acid (HNO3), or other oxidants. In this context, Ye et al. synthesized size-tunable GODs using different types of coal as the starting material. Besides, the authors mentioned that coal is a better source compared with other sp² carbon allotropes for GQD synthesis because carbon within the coal structure can be easily cleaved via the oxidation process.³⁴ In another study, Dong et al. reported the chemical oxidation of CX-72 carbon black to synthesize single- and multi-layered GQDs. 35 Next, Zhang and co-workers demonstrated the synthesis of uniformly sized GQDs utilizing HNO3 as a strong oxidant to remove oxygencontaining groups. The obtained GQDs were found to possess ample active sites and prevented the restacking of integral graphene nanosheets.36 Maiti and colleagues described the preparation of GQDs having excitation-independent PL emission through the acidic exfoliation and oxidation of GO using perchloric acid. The obtained GQDs revealed a high QY of 14% with an average size of around 5.6 nm.37 However, the safety of the oxygencutting procedure is not ascertained because of the use of strong oxidants, and the resultant extra substances can cause environmental pollution. To overcome this issue, Liu et al. reported (Fig. 1A) a novel acid-free method for obtaining GQDs from hydrogen peroxide (H2O2) and coal tar pitch (CTP) under ambient conditions.³⁸ Similarly, Lu et al.³⁹ manufactured GQDs with carbon black and H₂O₂ as the precursor and oxidant, respectively, providing GQDs with a diameter of 3.0-4.5 nm. The entire procedure takes around 90 min and the GQDs have the added advantages of high stability and reduced cytotoxicity. Following the particular study, Halder et al.40 utilized GO as the precursor to synthesize GQDs in 2 hours through oxidation with H₂O₂ without the requirement of any post-purification procedure. Similar to

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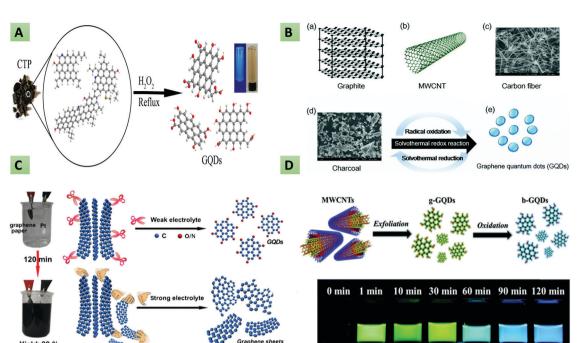


Fig. 1 Synthesis of GQDs via top-down approaches. (A) Oxygen cutting of coal tar pitch using H_2O_2 for obtaining blue fluorescent GQDs (republished from ref. 38, copyright 2018 MDPI). (B) Solvothermal reduction of graphite, MWCNT, and CF to GQDs (reproduced from ref. 53 with permission from the Royal Society of Chemistry). (C) Electrochemical exfoliation of graphene paper to GQDs (reprinted with permission from ref. 66, copyright 2018 American Chemical Society). (D) PLA process for the synthesis of blue- and green-colored GQDs from MWCNTs (reproduced from ref. 79 with permission from the PCCP owner societies).

oxygen cutting, reducing agents are also utilized to cleave the C-O bond in larger precursors. For instance, Giri and Gone demonstrated the synthetic mechanism of GQDs prepared using oxidized GO as the raw material. 41 Apart from this, it has been reported that the hydrothermal method is one of the simplest methods for manufacturing GQDs, which is also known as the solvothermal method. 42-45 In this context, Pu et al. first, in 2010, synthesized blue fluorescent ultrafine GQDs by cutting preoxidized graphene sheets using the hydrothermal method.46 Later, the same group reported the synthesis of green fluorescent colloidal GQDs by improving the earlier method.⁴⁷ In recent times, numerous studies have reported the synthesis of GQDs via the hydrothermal method using graphene powder or GO as the precursor material. 48-51 Fan and coworkers described the large-scale synthesis of highly luminescent biocompatible and surface-functionalized GQDs via an environmentally friendly, low-cost, and facile hydrothermal method. The authors mentioned that GQDs, despite their remarkable optical properties, lack targeted specificity, restricting their biomedical application. In line with this, GQDs were surface-functionalized with polyethyleneimine (PEI) and then conjugated to (3-carboxyl) phenyl bromide phosphine (TPP) through amide linkage for their utilization in targeted bioimaging.⁵² Shin et al. described (Fig. 1B) the solvothermal synthesis of GQDs utilizing CF, CC, graphite, and multiwalled carbon nanotubes (MWCNTs) as raw precursors.⁵³ Wu and their team reported the production of tunable PL emission GQDs via the hydrothermal treatment of ammonia (NH₃) and nanosized GO. It was mentioned that by varying the concentration of NH₃ in solution, the PL emission wavelength could be easily tuned.⁵⁴ Luo et al. demonstrated the hydrothermal treatment of GO

and GODs for modifying the electrochemical properties by incorporating GQDs into a three-dimensional graphene framework. The resultant nanohybrid exhibited increased supercapacitance owing to larger surface area and superior conductivity with the incorporation of GQDs.55 In the hydrothermal/solvothermal method, the principle followed is to cause disruption of the bonds between graphene or GO sheets to produce GQDs at high pressure and temperature. 56-58 The experimental setup is eco-friendly, easy, cost-effective, and without the use of harsh oxidants. This particular technique has been successfully utilized in several biomedical sensors for the synthesis of highly fluorescent and biocompatible GQDs.^{33,59,60} However, because of high applied temperature, pressure, and longer reaction time, there are several safety issues associated with this technique. In another method, Gao et al. reported three different kinds of GQDs, namely, pristine GQDs (PGQDs) from natural graphite, expanded GQDs (EGQDs) from expanded graphite, and GO quantum dots (GOQDs) from GO in a supercritical CO₂/H₂O medium aided by ultrasonic exfoliation.⁶¹ This is a unique procedure aided by ultrasound wherein millions of bubbles created in the carbon or graphene sheet generate a mechanical force that destroy the carbon bonds inside, leading to the formation of the GQDs. The investigational consequences have demonstrated that this technique can provide an alternative green route as this is an eco-friendly, cost-effective, and quick synthesis method for GQDs, which may also be scaled up easily. In another article, Lu et al. described the synthesis of defect-controlled GQDs via an ultrasonic-assisted liquid-phase exfoliation strategy. In this method, nano-graphite and acetylene black were used to provide low-defect GQDs and high-defect GQDs, respectively.

The resultant GQDs were utilized as a potential fluorescent nanoprobes for bioimaging application in view of their controllable fluorescent performance, excellent biocompatibility and high water dispersibility.⁶² Zhou et al. described the preparation of carboxyl GQDs using Fenton's reagent (Fe²⁺/Fe³⁺/H₂O₂) and GO under UV irradiation. This method was found to be suitable for the massscale production of GQDs.⁶³ Similarly, in another method, Lin et al. reported the high-yield synthesis of GQDs through the disintegration and exfoliation of MWCNTs and graphite flakes.⁶⁴ Another important method for GQD synthesis is electrochemical exfoliation, which is advantageous in some aspects compared with previously discussed methods. For instance, this method requires neither the use of strong acid nor conditions of high temperature and pressure. Besides, the method provides the benefit of cost-effectiveness and being environmentally friendly.65 In this context, Hung and coworkers reported (Fig. 1C) the weak-electrolyte-based electrochemical synthesis of GQDs from graphene paper having a size from 3 to 8 nm.66 Similarly, Li and their team synthesized P-doped GQDs through the electrochemical exfoliation of carbon electrodes. 67,68 Recently, Kalita et al. described the roomtemperature synthesis of GQDs from GO utilizing the widely known three-electrode setup (working, counter, and reference electrodes) with 3 mM lithium perchlorate (LiClO₄) in propylene carbonate as the electrolyte. It was mentioned that the size of the GQDs can be regulated by optimizing different parameters viz. the supporting electrolyte concentration, the oxidation/ reduction time and the applied voltage.⁶⁹ Ahirwar and coworkers demonstrated an electrochemical exfoliation route for the preparation of tunable GQDs wherein sodium hydroxide (NaOH) along with citric acid (CA) in water and graphite rods were utilized as the electrolyte and electrode, respectively. By keeping the concentration of CA fixed and varying the NaOH concentration, four types of GQDs (GQD1-GQD4) with tunable oxygen functional groups were obtained. 70 Yan and their team described an industrially promising, fast, and environmentally friendly electrochemical-exfoliation method for the production of functionalized GQDs using an ionic liquid (IL) and CF as the starting materials.⁷¹ This procedure is also applicable to several other weak electrolytes and other anode precursors to create different kinds of GQDs. The drawbacks associated with the process include the tedious pretreatment of raw ingredients and the longer time duration involved in the purification of the GQDs. Additionally, the relatively low QY of the process makes it difficult to attain the large-scale synthesis of GQDs. Further, Yan et al. described the solution-processed synthesis of black GQDs having a uniform size for solar-cell applications.⁷² Similarly, the synthesis of colloidal stable GQDs with desirable structures and sizes has been reported via a solubilization strategy by Yan and co-workers.⁷³ Apart from the above-mentioned techniques, some other popular techniques are chemical vapor deposition (CVD)74 and the pulsed laser ablation (PLA) method. 75,76 Deka et al. reported highly stable hydrophobic GQDs using CVD that differentiated between aromatic and nonaromatic amino acids without any post-functionalization.⁷⁷ Kumar et al. described the fast, environmentally friendly, and simple synthesis of heteroatom-doped GQDs on copper foil

employing the CVD technique and using chitosan as the starting material.⁷⁸ The PLA method was introduced in order to find a clean and novel way of synthesizing GQDs. In this context, Santiago et al. reported (Fig. 1D) the synthesis of green- and blue-colored GQDs utilizing carboxyl-modified MWCNTs as the precursor by regulating the time of the PLA process. 79 In a similar manner, the same group described the preparation of N-doped GQDs employing the PLA technique and using diethylenetriamine (DETA) as the starting material.80 More recently, Kang et al. demonstrated the production of S-doped GQDs via the PLA method to tune the optoelectronic properties. Besides, it was observed that, compared with chemical methods, the PLA method provides more efficient doping of the carbon framework with S atoms.81

2.2 Bottom-up approaches

These methods generally utilize small molecules like amino acids or small sugar molecules as the starting material for GQD synthesis. These approaches primarily include cage opening, incomplete carbonization, thermal pyrolysis, microwave, and hydrothermal processes. For example, Gu et al. reported (Fig. 2A) the IR-assisted process for the preparation of N and S co-doped GQDs (N,S-GQDs) and N-doped GQDs (N-GQDs) utilizing CA, ammonium sulphate, and urea as precursors.82 Chua and co-workers demonstrated the alteration of C₆₀ into photoluminescent GQDs via a cage-opening procedure using concentrated H2SO4, sodium nitrate, and potassium permanganate.83 Over the past decade, several studies have reported the synthesis of GQDs via carbonization or the pyrolysis method. 18,20,27,84-88 In line with this, first, Dong et al. tuned the carbonization degree of the carbon precursor (i.e., CA) for the preparation of blue fluorescent GQDs (Fig. 2B).89 The method has been reported as a cost-effective and green procedure that is used substantially to produce high-yield GQDs. The principle involved is to dehydrate organic biomolecules and then subject them to carbonization. The process involves hydrothermal reaction to dehydrate carbon bonds, followed by the interfacing of hydrogen bonds of one carbon-containing molecule to adjacent one forming water molecule and final interfacing with covalent bonds to form GQDs. 90-92 Next, Qu and colleagues demonstrated a hydrothermal route to prepare N-GQDs and N,S-GQDs using CA, urea, and thiourea as the source of C, N, and S, respectively.93 Further, Zhang et al. prepared blue luminescent GQDs using aspartic acid as the raw precursor through a one-pot pyrolysis method.⁹⁴ Similarly, another group described the synthesis of N,S-GQDs via carbonization of CA and L-cystine.95

Likewise, the synthesis of sulphur-doped GQDs has been reported by Kadian et al. using CA and 3-mercaptopropionic acid (MPA) as raw precursors. 20 Liu and team described the pyrolysis of hexa-peri-hexabenzocoronene (Fig. 2C) into multicolor photoluminescent GQDs. 96 Recently, Gu et al. described the preparation of N-doped GQDs with tunable optical properties via infrared carbonization by using CA and urea as the starting materials. 98 Lee and co-workers demonstrated the production of the finest GQDs with fewer impurities and high crystallinity via

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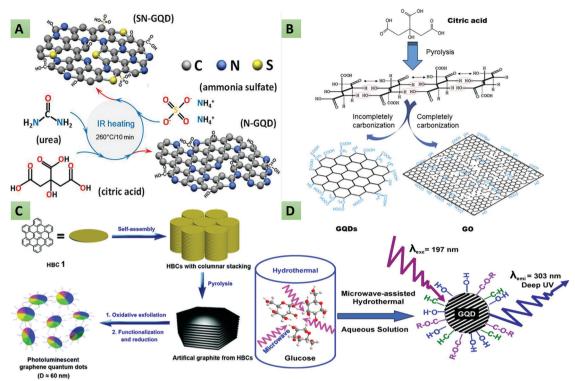


Fig. 2 Synthesis of GQDs *via* bottom-up approaches. (A) IR-assisted method for the synthesis of N-GQDs and N,S-GQDs using CA, ammonium sulphate, and urea as precursors (reproduced with permission from ref. 82, copyright 2019 American Chemical Society). (B) Carbonization of CA to provide blue fluorescent GQDs (reproduced with permission from ref. 89, copyright 2012 Elsevier B.V.). (C) Pyrolysis of hexa-*peri*-hexabenzocoronene into photoluminescent GQDs (reproduced with permission from ref. 96, copyright 2011 American Chemical Society). (D) Microwave-assisted hydrothermal synthesis (reproduced with permission from ref. 97, copyright 2012 American Chemical Society).

the hydrogen-assisted pyrolysis of silicon carbide.⁹⁹ Ping and their team synthesized p-penicillamine and pentaethylenehexamine (PEHA) co-functionalized GODs via two-step pyrolysis using CA as the carbon source. The resultant GQDs offered a high QY (90.91%) and were used for the selective detection of glutathione (GSH) and mercury ions (Hg²⁺).¹⁰⁰ More recently, Kalkal et al. reported amine-functionalized and N-doped GQDs via the hydrothermal carbonization of DETA and CA.²⁷ Hong and co-workers executed the thermal pyrolysis of trisodium citrate (Na₃C₆H₅O₇) at 200 °C for 4 min for the synthesis of monolayer GQDs having an ultra-small lateral size (1.3 \pm 0.5 nm). The formation of GQDs was shown by the color change of Na₃C₆H₅O₇ from white to deep brown. ¹⁰¹ Li et al. described the preparation of carboxyl GQDs via the pyrolysis of CA and sodium chloroacetate under strongly basic conditions. The resultant GQDs were functionalized with folic acid for utilization in targeted photothermal therapy. 102 The use of these methods (thermal pyrolysis and hydro/solvothermal methods) is pretty challenging since they exhibit a change in reactor temperature, thereby providing uncontrolled size and structure.18 To overcome these issues, microwave-assisted bottom-up synthesis has gained increased interest in view of its various benefits such as high yield, energy saving, reproducibility, low impurity and short reaction time. 94,103-106 From this perspective, Tang et al. reported a microwave-assisted synthetic method wherein glucose solution was irradiated with microwaves

in an NH₃ environment (Fig. 2D). Besides, the authors mentioned that the optical properties of the as-synthesized GQDs could be regulated *via* the microwave reaction time and power.⁹⁷ In this method, Kumawat et al. demonstrated the preparation of selfassembled GQDs by employing the microwave-assisted one-pot method using grape seed extract as the starting carbon source. Owing to their remarkable optical properties, these GQDs were used for photoluminescent sensing, nucleus imaging, and cell proliferation applications. 107 Cardenas et al. utilized low-cost organic precursors (glucose and urea) in the presence of phosphoric acid toward the production of porous GQDs architecture via microwave-assisted synthesis. 108 Similarly, Yao et al. used glucose and ethylene glycol as the precursors in their bottom-up microwave-assisted technique for the synthesis of stable GQDs. 109 The microwave procedure has shortened the reaction time considerably. Moreover, this technique enables doping of the GQDs with numerous elements, which can play an essential role in drug delivery, cancer detection, and environmental analyte sensing via multicolor visible/near-infrared (NIR) fluorescence imaging. In line with this, Hasan and co-workers reported the facile microwave-assisted production of N,S-GQDs, and N-GQDs utilizing thiourea and glucosamine as precursors.91 The assynthesized GQDs showed varying optical characteristics in both the visible and NIR ranges. Pham and co-workers introduced the ultra-fast (within 5 min) synthesis of N-doped GQDs via a microwave method that uses CA and urea as the carbon and

Table 1 Summary of synthesis strategies of GQDs along with different characteristics

Method	Technique	Carbon source	Advantage	Disadvantage	Time (h)	Quantum yield (%)	Size (nm)	Ref.
Top-down	Oxygen cutting	Bituminous-coal Carbon black	High stability Cost-effective precursors	Lengthy process Require strong oxidants	1.5-2	51 2.29 4.04	2.9 18 15	34 35
	Hydrothermal	Oxidized GO Graphene sheets	Simple and facile method Cost-effective Environmentally friendly Narrow size distribution	Lengthy process Safety issue	12-24 15-20	6.9	2-5 10	41 46
	Solvothermal	CF, C, G, MWCNTs	Simple and facile method Eco-friendly	Lengthy process Low QY	10	0.05-0.31	2-8	53
	Ultrasound-assisted exfoliation	Graphite	Low cost High quality	Low yield Lengthy process to obtain precursors	2	1.86	2-4	61
	Electrochemical	Graphite	High QY Narrow size distribution	Tedious pretreatment of raw ingredients Longer time duration	8.5	14	5-10	111
	Pulsed laser ablation		One step Minimal experimental set-up Good reproducibility Shorter synthesis time	Costly	0.08-0.6	7–11	2-5	112
Bottom-up	Cage opening Carbonization.	C ₆₀ CA	Smaller size distribution	Lengthy process Limited precursors	20-24 0.5	<u> </u>	2-3 15	83 89
	Thermal pyrolysis	CA	Easy and cost-effective method Controllable size and morphology Small reaction time	Limited precursors	0.5	9	15	89
	Hydrothermal	CA + DETA	High QY Narrow size distribution	Lengthy process	5	76.8	3	27
	Microwave-assisted hydrothermal	Glucosamine HCl and thiourea	One step Eco friendly High QY Smaller synthesis time	_	0.6	22-60	4-5	113

N dopants, respectively. 110 In another study, Li et al. described the scalable, superfast and simple preparation of single-crystalline and yellow fluorescent N-doped GQDs via the microwave strategy using 1,3,6-trinitropyrene as the starting material. 106

In all, GODs can be synthesized using both the bottom-up and top-down approaches. Table 1 summarizes the different synthesis strategies along with their different characteristics, advantages, and disadvantages. The vital benefits of the topdown strategies are the economics of scale, simplicity of the process, and plentiful availability of the raw materials. By contrast, the low production yield, usage of strong acids during synthesis, and longer reaction times hamper mass-scale production. Comparatively, hydrothermal/solvothermal methods are extensively utilized among several top-down strategies. Conversely, the bottom-up strategies are beneficial for synthesizing in situ functionalized, doped, and size-controllable GQDs with shorter reaction times. Microwave-assisted hydrothermal preparation is stated to be an environmentally friendly, quick, and in-expensive process for high-quality GQD synthesis via bottom-up approaches.

3. Optical and electrochemical properties of GQDs

3.1 Optical properties

GQDs have a high optical absorption when irradiated with UV light, producing different colored fluorescence (red, yellow,

green, blue, etc.). 114,115 The PL emission spectrum can be excitation-independent (Fig. 3A) (i.e., no shift in the emission peak with varying the excitation wavelength), which occurs due to the uniformity of surface states and the size of sp² clusters89,116 or the excitation-dependent (a shift in the emission peak with varying the excitation wavelength) (Fig. 3B) that occurs due to the presence of free zigzag sites, electronic conjugate structures, emissive traps and detects. 97,117,118 The conversion between the lowest unoccupied molecular orbital (LUMO) and the highest occupied molecular orbital (HOMO) can be shown as the PL spectrum. It has been reported that the size of the graphene fragments is dependent on the LUMO-HOMO gap. 6,119,120 Besides, owing to the variable HOMO/LUMO levels with respect to the variation in sizes, GQDs exhibit different excitation and emission spectra. It has also been mentioned that, along with the size, the pH of the GQD colloidal solution also influences the optical properties. In general, GQDs exhibit strong fluorescence at alkaline pH, whereas they show significant fluorescence quenching at acidic pH. These fluorescence changes might occur due to deprotonation and protonation of free zigzag sites present in the GQD structure. 18 By contrast, Shen and co-workers reported that polyethylene glycol (PEG)passivated GQDs provide a maximum PL intensity at pH 7, which decreases marginally under both acidic and alkaline conditions. 121 The emission quantum energy within GQDs can be confined due to surface passivation and hence provide a higher PL intensity. The thickness of the graphene sheets in the GQDs structure has also been reported for varying the



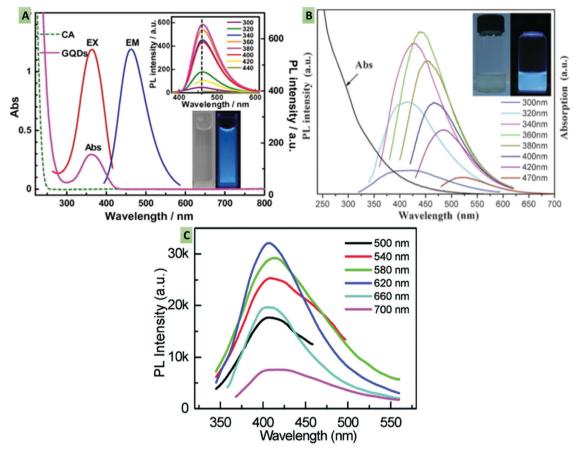


Fig. 3 (A) Excitation-independent emission spectra of blue photoluminescent GQDs under different excitations (300–440 nm), indicating no shift in the emission peak with varying the excitation wavelength (reproduced with permission from ref. 89, copyright 2012 Elsevier B.V.). (B) Excitation-dependent emission spectra wherein there is a shift in the emission peak with varying the excitation wavelength (reproduced with permission from ref. 121, Royal Society of Chemistry). (C) Upconverted emission spectra at different excitation wavelengths (reproduced with permission from ref. 123, copyright 2012 American Chemical Society).

optical properties. 122 It has been observed that the fluorescence intensity is directly proportional to the thickness of the GQDs. In multilayered GQDs, the fluorescent intensity of the topmost layer may be quenched by the untreated lower layers. 122 Another important aspect of the optical properties of GQDs is upconversion luminescence (Fig. 3C). 123 However, the upconversion luminescence phenomenon of GQDs has not yet been explored systematically. Upon excitation with a 900 nm laser, the emission spectrum of GQDs exhibits upconverted green fluorescence. In addition, the emissive peak shifted from 390 to 468 nm when the excitation wavelength was altered from 600 to 800 nm. Furthermore, to approve and clarify these experimental elucidations, a structural model of the GQDs with different energy levels was recommended to investigate the upconversion PL properties. It was explained that electrons in the GQDs were excited to the HOMO level by the laser, and when they revert back to LUMO they emit upconverted PL. 121 Similar to GQDs, CDs have also been found to be highly photoluminescent when excited with an ion laser (458 nm) or via two-photon excitation with a femtosecond pulsed laser in the near-infrared region (800 nm). These CDs were used for in vitro cell imaging by internalizing them in cancerous cells. 117 Similarly, upconverted

PL was observed by Li *et al.*, which was perhaps due to the increased multiphoton activity, as mentioned above. 124

3.2 Electrochemical properties

Mimicking metallic nanomaterials, graphene has been reported as a zero bandgap material. However, this zero bandgap restricts graphene from emitting light and generating an electron-hole pair upon excitation. If we cut graphene into nanometer sized materials, say GQDs, they can have a non-zero variable bandgap depending upon their size, thereby can emit light upon excitation. 125 Moreover, one of the favorable features of graphene is its lateral conduction in 2D sheets. This property helps in designing electrochemical biosensors for various biomedical applications. However, the difficulty lies in creating electrodes from a single sheet of graphene. By contrast, chemically modified multilayered graphene has numerous defects owing to the introduction of oxygen-containing groups that decrease its lateral conductivity.14 GQDs, as a derivative of graphene, also possess edge defects, surface-active sites, and a larger surface area. Besides the optical properties, electrochemical properties such as a high current density, fast electron transferability, and good conductivity are widely possessed by GQDs due

to the quantum-confinement and edge effect. 126 Hence, GQDs have been reported to be good transducer material for the development of various electrochemical biosensors with improved signal-to-noise ratio and heterogeneous electron transfer rate. 127,128 Additionally, GQDs are highly dispersible in an aqueous medium owing to the presence of surface functionalities. Furthermore, GQDs can be easily immobilized with biological, inorganic, and organic moieties, essential for the development of numerous electrochemical-sensing platforms. 117

4. Property regulation of GQDs

Over the past decade, GQDs have received enormous attention from the scientific community owing to their unique optical. biological, electrochemical, and physical characteristics. Further, due to their ease of modification or regulation of these characteristics depending on the specific application, GQDs have emerged as an exciting and indispensable material. In this section, strategies, namely heteroatom doping and surface functionalization, used to regulate the properties of GQDs will be discussed.

4.1 Heteroatom doping

The characteristic features of the GODs, as we have seen, are primarily due to the physical defects of the graphene sheets. These defects bring about changes in the structural, chemical, and physical properties of graphene nanosheets. These defects are classified into structural, topological, and high-strain folding defects, which mainly occur due to high-temperature annealing, non-sp² carbon moieties, and heteroatom doping. ¹⁸ The dopinginduced effects arise due to the substitution of heteroatoms into

the graphene sheets. 129 Depending on the dopants and doping conformations, heteroatom doping facilitates GQDs in providing unique structural and optical properties. A worthwhile method for amending the characteristics of GQDs along with several other nanomaterials is doping them with heteroatoms. The doping process involves the substitution of some C atoms in the GQD matrix with different elements like Si, Se, Cl, S, N, B, P, and F, although it is not limited to these only. 18 The doping crucially enhances the QY, PL intensity, catalytic features, and electrical conductance of GQDs. 95,130-132 In addition, doping has been reported to be advantageous in tailoring the energy bandgap and surface properties of GQDs. 18 There are several methodologies for the incorporation of heteroatoms, which may either be during synthesis (an in situ process) or after synthesis (an ex situ process). Out of several heteroatoms, N is the most frequently utilized element in GQDs heteroatom doping. This might be ascribed to the greater electronegativity (3.04) of N in comparison with C (2.55), along with the size compatibility (referred to as lesser strain in the lattice) of GQDs. 133 N-GQDs can be synthesized through several processes such as electrochemical, solvothermal/hydrothermal, pyrolysis, microwave methods, etc. For example, Kalkal et al. described the in situ hydrothermal preparation of N-GQDs using CA and DETA as the source of carbon and N dopant, respectively (Fig. 4A). Doping with N enhanced the QY of bare GQDs from 14.57% to 78.83%.²⁷ Similarly, Hou et al. synthesized multilayered N-GQDs that showed intense green fluorescence via a microwave-assisted hydrothermal procedure utilizing glucose and urea as the precursors. 134 Li et al. reported the preparation of oxygen-rich and electrocatalytically active blue fluorescent N-GODs via an electrochemical method. Compared with their un-doped

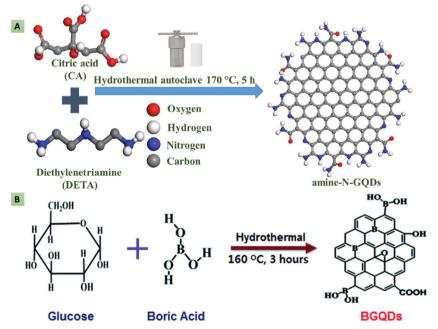


Fig. 4 (A) Nitrogen doping of GQDs using CA and DETA as the C source and N dopant, respectively (reproduced with permission from ref. 27, copyright 2020 American Chemical Society). (B) B-doped GQDs obtained using glucose and H₃BO₃ as the starting materials (reproduced from ref. 130 with permission from Royal Society of Chemistry).

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counterparts, the obtained N-GQDs offered an enhanced electrocatalytic activity that was found comparable to the commercially available Pt/C catalyst. 135 Qu et al. described the synthesis of a series of N-GQDs via hydrothermal method using CA as the carbon source and urea, ethylene diamine (EDA), ethanolamine (EA), diethylene amine (DEA), and hexamethylenetetraamine (HMTA) as the N dopants. It was observed that N-doping considerably increased the QY compared with bare GQDs. Among the different amines, primary diamine (EDA) provided the highest QY of 94%. 136 Recently, Kaur and co-workers reviewed N-doped graphene and GQDs for their utilization in photocatalysts, solar cells, fuel cells, sensors, batteries, and supercapacitors. 137 More recently, Shah et al. demonstrated the preparation of green and blue fluorescent N-GQDs employing the oxidative cutting top-down method. Herein, H₂O₂, graphite, methyl-2-pyrrolidone, and ammonium persulfate were used as the oxidizing agent, precursor, solvent, and nitrogen source, respectively. The resultant N-GQDs exhibited good biocompatibility, low toxicity, and superior PL properties. 138 Similarly, Algarni et al. synthesized yellow fluorescent N-GQDs by thermally driven oxidation, wherein H₂O₂, GO, and EDA were used as an oxidizing agent, C source, and N dopant, respectively. The obtained N-GQDs were utilized for dopamine (DA) detection after functionalization with β -cyclodextrin. Tam and colleagues synthesized B-doped GQDs (Fig. 4B) via the hydrothermal treatment of boric acid (H₃BO₃) and glucose. It was observed that the existence of B atoms generated multiple active sites, thereby improving the electrocatalytic activity. 130 Budak et al. demonstrated the preparation of dual-emissive B- and N-doped GQDs employing the bottom-up hydrothermal method, using 3-aminophenylboronic acid as the boron, nitrogen, and carbon source. Later, H₃BO₃ was added to increase the B-doping content that regulated the dual-emissive property of the B,N-GQDs. 140 In another study, Gu et al. reported the synthesis of B and N co-doped GQDs via the solvothermal method for electrocatalytic glucose oxidation. The resultant GQDs showed a considerably higher catalytic activity compared with N-GQDs. 141 Zhang et al. produced B-GQDs via a hydrothermal method by cutting B-doped graphene. It has been mentioned that the B doping enhances the optical properties by introducing a new kind of surface state. Following the principle of aggregation-induced PL enhancement, B-GQDs were utilized in selective glucose detection. 142 Apart from B and N, additional doping agents such as F, P, S, etc., have been reported to modulate the GQD properties. In line with this, Li and co-workers reported the preparation of S-doped GQDs (S-GQDs) via the electrolysis of graphite in sodium p-toluenesulfonate solution. The S-GQDs were found to possess improved chemical and electronic properties. 143 Similarly, Kadian et al. synthesized S-GQDs by the direct pyrolysis of CA and MPA, and discussed the effect of S doping on the QY and fluorescence of the GQDs through both theoretical and experimental investigations. The authors demon-

In another study, Atar et al. utilized the S-GQD based nanocomposite in the detection of interleukin 6 (IL-6) using a

strated that the S doping considerably improved the fluorescence

quartz crystal microbalance (QCM) immunoassay. 144 Jlassi and their team synthesized N,S-GQDs using graphite waste as the starting material. The obtained GQDs after treatment with NH₃ were spin-coated on an indium tin oxide (ITO)-coated glass substrate for their usage in humidity sensing application. 145 Sangam and co-workers utilized the second-generation (2G) bio-waste (sugarcane molasses) in a hydrothermal method toward the production of highly crystalline, catalyst-free, economical, and large-scale S-GQDs. The as-synthesized GQDs exhibited excellent biocompatibility, and a high QY along with a longer decay time, and were utilized in bioimaging applications. 146 Nair et al. demonstrated the rapid production (within 5 min) of S-GODs via a microwave-based sonochemical approach, using GO, KMnO₄ and H₂SO₄ as the precursor, oxidizing agent, and the S dopant, respectively (Fig. 5A). The resultant S-GQDs were employed for the highly sensitive detection of carbamate pesticides. 147

Mondal et al. described the hydrothermal synthesis of N and S co-doped GQDs using GO and thiourea as the starting materials. The N,S-GQDs showed an enhanced fluorescencequenching effect in contrast to monoatomic-doped GQDs for trinitrophenol (TNP) detection. 148 In another study, Li et al. reported the electrochemical synthesis of P-doped GQDs (Fig. 5B) utilizing a carbon electrode and sodium phytate as the C source and P dopant, respectively.⁶⁸ These reports showed that the type of dopant, particularly its size and charge, influences the properties of the GQDs, and further these dopants have the ability to tailor the energy bandgap as well as the surface properties of GQDs, thereby augmenting the QY and photoelectric attributes of GQDs. 143 Wang et al. demonstrated the preparation of S and P co-doped GQDs via a one-pot, non-toxic, and rapid hydrothermal approach using CA, anhydrous sodium sulfate and sodium phytate as the C, S, and P sources, respectively. The as-prepared GQDs revealed a high tolerance of ionic strength, pH sensitivity (in the range of 8.0-13.0), excitationdependent behavior, and an improved QY compared with individual S- or P-doped GQDs. 149 Instead, Liu and co-workers described the synthesis of P,N-GQDs based on EDA end-capped polyethylenimine (PEI) and hydroxymethyl phosphonium chloride as the precursors. The obtained GQDs showed remarkable concentrationbiocompatibility, and excitation-dependent behavior, a high QY and good water dispersibility.

4.2 Surface functionalization

The other strategy that influences the optical, physical, and electrochemical properties of GQDs is surface- or edge-modification with electron-donating/accepting, hydroxyl (–OH), carboxyl (–COOH) and amine (–NH₂) groups and other biomolecules. The surface modification of GQDs can be performed either during their synthesis by introducing raw materials that contain the required functional groups, or after synthesis, *via* attachment of the desired functionalities. Initially, Qian *et al.* demonstrated (Fig. 6A) that the functionalization of GQDs with diamine significantly regulates their optical characteristics and QY due to their unique protonation phenomenon. It has also been observed that primary aminefunctionalized GQDs also possess improved optical properties

intensity and quantum yield.20

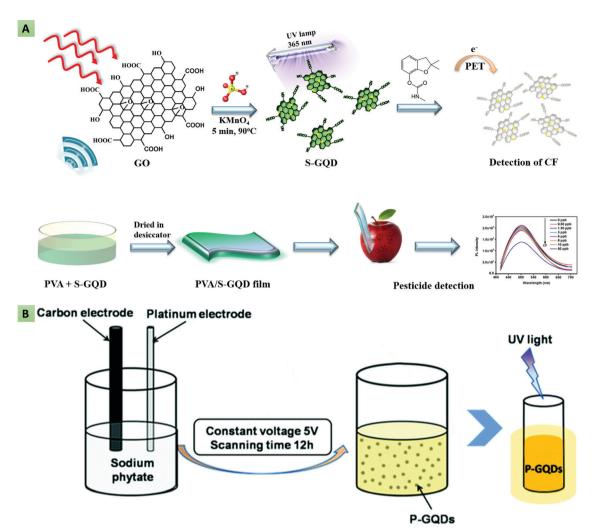


Fig. 5 (A) Synthesis of S-doped GQDs via a microwave approach for pesticide detection (reproduced with permission from ref. 147, copyright 2020 Elsevier B.V.). (B) Electrochemical synthesis of P-doped GQDs using a carbon electrode as the C source and sodium phytate as the P dopant (reproduced from ref. 68 with permission from the PCCP owner societies).

compared with bare GQDs. In line with this, Sun et al. reported the amine functionalization of GQDs in the presence of NH3 via a hydrothermal route. The amine functionalization converted the yellow-green fluorescent GQDs having low QY (2.5%) to blue fluorescent GQDs having an improved QY (16.4%). Similarly, in order to tailor the optical and electronic properties, Tetsuka and co-workers described the synthesis of amino-GQDs (Fig. 6B) using GO and NH₃ as precursors. 153

In another study, Wang et al. described the preparation of yellow fluorescent amino-GQDs via the hydrothermal method by utilizing NH₃ as the N source and asphalt as the precursor material. The amino functionalization enriched $n-\pi^*$ electron transitions, leading to improvement in the PL QY from 4.7% (bare GQDs) to 13.8%. 154 Tam and Choi reported a one-pot, simple, and green hydrothermal method toward the production of bright green fluorescent amino-GQDs without using any toxic chemical reagent, oxidant, or strong acid. Glucose and ammonium were utilized as the C source and in situ functionalizing agent, avoiding the need for post-surface passivation or modification. The obtained amino-GQDs indicated a better QY along with an improved quenching ability for the efficient detection of copper (Cu²⁺) ions.¹⁵⁵

Moreover, PEI and polyethylene glycol (PEG) have been found to be useful passivating moieties, which, apart from improving the optical properties of GQDs, generate supplementary binding sites for further biomolecule immobilization. In this context, Jin et al. reported that GQDs surface-functionalized with PEG-diamine indicate a red shift in their PL emission spectra. 156 This shift can be accredited to the prominent charge transfer between the GQDs and the amino functional groups. Wang and colleagues loaded an anti-cancer drug on the binding sites produced by the PEG functionalization of green-fluorescent GQDs. 157 Similarly, Shen and co-workers described the synthesis of PEG-functionalized GQDs via the hydrazine hydrate (N2H4) reduction of oxidized PEG-GO. The resultant GQDs revealed upconversion green fluorescence under 980 nm laser irradiation and intense blue fluorescence under 365 nm excitation. 121 Later the same group also reported the hydrothermal synthesis of PEG

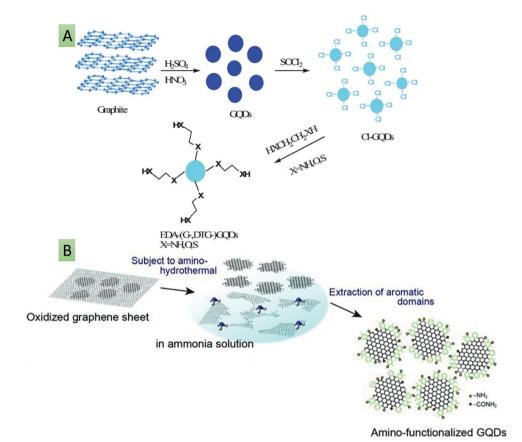


Fig. 6 (A) GQD surface functionalization with dithioglycols, glycols, and diamines for the tuning of optical properties (reproduced from ref. 151 with permission from Royal Society of Chemistry). (B) Synthesis of amino-GQDs using GO and NH₃ as precursors (reproduced with permission from ref. 153, copyright 2012 Wiley-VCH).

surface-passivated GQDs utilizing GO and PEG as the starting materials. The as-synthesized GODs exhibited upconversion blue fluorescence under 808 nm laser irradiation. Besides, the PEG-GQDs indicated a better photocurrent generation ability and double QY compared with the bare GQDs. 118 Lou and their team described the hydrothermal treatment of cane molasses to obtain PEG-GQDs for metal-ion detection. The PEG functionalization provided intense blue fluorescence along with an improved QY in contrast to bare GQDs. 158 Wang et al. demonstrated the hydrothermal preparation of GQDs using coffee grounds and N₂H₄ as the starting materials. The as-prepared GQDs were further surface-functionalized with PEI and revealed enriched band-edge PL characteristics. Besides, the prepared PEI-GQDs were utilized for sensing and bioimaging applications owing to their high selectivity and low cytotoxicity. 159 Likewise, Achadu et al. synthesized PEI-GQDs for the development of a fluorescent turn-on sensing probe for the detection of biothiols. The surface functionalization of GQDs with PEI bestowed positive charge and surface passivation, enabling the efficient fluorescence quenching with the Au@Ag core-shell nanomaterial. The addition of biothiols restored the quenched fluorescence in view of the strong metal-thiol (Au-S and Ag-S) interactions. ¹⁶⁰ Further, Li et al. used chlorosulfonic acid to synthesize sulfonated GQDs (S-GQDs) for catalytic applications. It was observed that the as-prepared S-GQDs impart enhanced catalytic activity for the

degradation of carbohydrates including fructose, glucose and cellulose. 161 Chowdhury et al. described the DA functionalization (Fig. 7) of blue-fluorescent GQDs for determining ferric (Fe³⁺) ions. 162 Furthermore, the functionalization of GQDs with targeting ligands has been explored for targeted bioimaging and drugdelivery applications. 163,164 In this context, Li and colleagues demonstrated the functionalization of GQDs with folic acid (FA) for cancer-cell imaging. 165 Similarly, Kadian et al. reported FA functionalized S-GQDs (FA-SGQDs) for the targeted bioimaging of cancer cells via the endocytosis process. 166 Abdullah et al. described the hyaluronic acid functionalization of GQDs for targeted cancer-cell imaging and drug-delivery applications. 164 He and co-workers described the synthesis of heminfunctionalized GQDs in fabricating a highly specific and sensitive glucose biosensor. The hemin functionalization enabled H₂O₂ to disturb the passivated GQDs surface, resulting in substantial PL quenching for selective glucose detection. 167

In another study, Arunragsa et al. employed the bottom-up hydrothermal route using pyrene as the starting material for preparing hydroxyl-functionalized GQDs (OH-GQDs). The prepared OH-GQDs were utilized for the rapid, selective, and ultrasensitive detection of NH₃ owing to the presence of -OH groups (Fig. 8). 168 Guo et al. described the surface functionalization of GQDs with rhodamine B in developing a selective and sensitive nanosensor for Fe3+ ion detection. The resultant GQDs showed better

Fig. 7 Surface functionalization of GQDs with DA using EDC/NHS chemistry by activating the -COOH groups of GQDs and coupling with the -NH₂ groups of DA (reproduced with permission from ref. 162, copyright 2016 American Chemical Society).

biocompatibility, sensitivity, photostability, and water solubility for efficient Fe³⁺ ion detection with a limit of detection (LOD) of 0.02 µM. 169 Recently, Park et al. described the surface functionalization of GQDs with hexadecylamine (HDA), PEG, and polyhedral oligomeric silsesquioxane (POSS) for reducing aggregationcaused PL quenching. 170 Thus, it may be conferred that the properties of GQDs can be regulated by the addition of raw precursors during or after synthesis as per the desired application.

5. Biosensing applications of GQDs

GQDs have been considered as a predominant material in the fabrication of advanced optical and electrochemical biosensors in view of their exciting properties such as an abundance of active sites, remarkable biocompatibility, high current density, fast electron transferability, desired aqueous solubility, good photochemical stability, ease of surface regulation and high QY. GQDs can interact with different biological, inorganic, and organic molecules through electrostatic interactions and π - π conjugation, making them viable for fabricating biosensing platforms. 171 Various biomolecules can be covalently immobilized to GQDs, preventing their aggregation and providing minimum steric hindrance to their active sites. Besides, GQDs can act as either an electron-transfer mediator or an electric wire for enhancing the electron-transfer rate between the electrode surface and the active sites of biomolecules. In the case of optical-biosensing platforms,

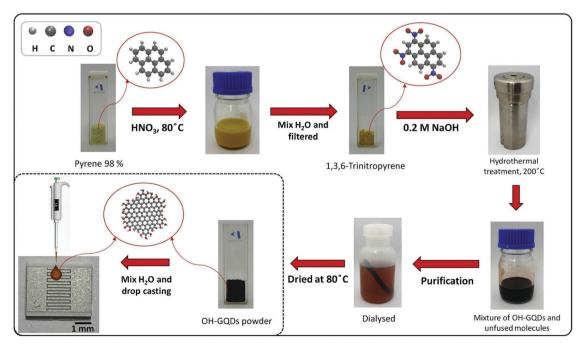


Fig. 8 Preparation of OH-GQDs and their utilization for NH₃ detection (reprinted with permission from ref. 168, copyright 2020 Elsevier B.V.).

GQDs are used as efficient fluorescent donors. The current section will highlight the recent advancements in GQD-based fluorescent, electrochemiluminescent, and electrochemical bio-

5.1 Optical biosensors

sensing platforms.

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The interface between biomolecules and GQDs can significantly quench the inherent fluorescence of GODs. Based on this phenomenon, several chemical sensors, chemosensors and biosensors have been developed to detect small molecules, nucleic acids, bioflavonoids, amino acids, vitamins, heavy metal ions, and biomarkers with enhanced sensitivity and selectivity.^{27,84,172} The development of these optical-sensing probes has paved a new pathway for fabricating next-generation point-of-care diagnostic tools to manage several life-threatening diseases and environmental safety. Generally, the optical biosensors include a lightemitting source, a photo-detector for assessing the optical signal, and a bio-receptor. 173 In line with this, Li and co-workers reported the histidine- and pentaethylenehexamine-functionalized GQDs (PEHA-GQD-His) for determining microRNA (miRNA). The PL intensity of the functionalized GQDs was found to be decreased linearly in the dynamic range of 1×10^{-18} to 1×10^{-12} M. The fluorescent biosensor was able to detect the target microRNA-141 in human serum with a LOD of 4.3 \times 10⁻¹⁹ M. 174 It has been mentioned that PEHA-GQDs-His provides improved catalytic activity and strong fluorescence emission. Kermani et al. designed a DNA-functionalized GQD-based optical-biosensing assay for observing the activity of M.SssI methyltransferase (M.SssI MTase). The mentioned assay exhibited interesting biosensing characteristics with a LOD of 0.7 U mL⁻¹ towards M.SssI determination. 175 Ahmed et al. designed a GQD-based aptasensor for the labelfree and rapid detection of tetracycline in food samples with a LOD of 18 ng mL⁻¹. ¹⁷⁶ In this study, GQDs were utilized as the energy donor, and PdNPs were utilized as the energy acceptor. Ruiyi and their team fabricated a sensitive nanoprobe for carbendazim quantification based on histidine and serine co-functionalized GQDs (Ser-GQDs-His). The fabricated probe exhibited a higher sensitivity and selectivity with a LOD of 6.1×10^{-17} M over the linear correlation from 1.0×10^{-16} to $1.0 \times 10^{-9} \text{ M.}^{177}$ Arunragsa et al. employed OH-GQDs for the rapid, selective, and ultrasensitive detection of NH3 in the dynamic range of 10-500 ppm. 168 He and co-workers reported a glucose oxidase (GOx)- and hemin-functionalized GQDsbased highly specific and sensitive glucose biosensor. The hemin functionalization of the GQDs enabled H2O2 to disturb the functionalized GQDs surface, resulting in substantial PL quenching for the selective detection of glucose with a LOD of 0.1 µM. 167 Farahani and co-workers developed a fluorescent nanosensor based on H₃BO₃-functionalized S₂N co-doped GODs for the efficient detection of glucose with a LOD of 5.5 µM. 178 The nanosensor mechanism relies on recovery of the fluorescence intensity after the addition of the target analyte. The addition of glucose restricts non-radiative intramolecular motions due to binding of the H₃BO₃ groups of the GQDs with the cis-diol groups of glucose, resulting in fluorescence recovery. Sun et al. demonstrated (Fig. 9A) a fluorescent biosensor using N-GQDs and chromium picolinate (CrPic) towards the detection of cholesterol with a LOD of 0.4 mM over the dynamic range of 0-520 mM.¹⁷⁹ The N-GQDs offered convenient surface grafting, strong resistance to photobleaching, and the superior biocompatibility required for the fabrication of an efficient fluorescent biosensor. Ryu et al. fabricated a highly selective fluorescent biosensor using europium (Eu)-macromoleculefunctionalized GQDs for detecting Bacillus anthracis spores. The Eu-GQD-based sensor validated the quantity of B. anthracis with a LOD of 10 pM and a detection time of 8 s. This rapid detection was ascribed to the larger surface-area-to-volume ratio of the GQDs, providing efficient contact with the target analyte. 180

Based on the principle of a fluorescence turn-on assay, Liu et al. reported a GQD-based fluorescent probe for the detection of ascorbic acid (AA) in human serum samples. It was observed that the fluorescence intensity varied linearly, with the concentration of H₂O₂ ranging from 3.33 to 500 μM. Similarly, Li et al. reported (Fig. 9B) a GQD and cytochrome c (Cyt c)based turn-on biosensor for the detection of trypsin, showing a LOD of 33 ng mL⁻¹ and a detection range of 1–400 μ M.¹⁸¹ The addition of Cyt c provides the self-assembled aggregation of GQDs, leading to fluorescence quenching, whereas trypsin addition prevents aggregation of the GQDs and hence results in gradual recovery of the PL intensity. Another study by Na et al. reported a novel approach for detecting AA along with the alkaline phosphatase (ALP) enzyme, based on the similar principle of a fluorescence "turn off-on" assay. In this assay, MnO₂ nanosheets quenched the fluorescence of sulfanilic acidfunctionalized GQDs, and the addition of ALP/AA triggered disintegration of the MnO2 nanosheets and resulted in the linear recovery of quenched fluorescence of GQDs. 183 Kongsanan and their team developed a fluorescent switch (turn-onoff) sensing platform based on mercuric cation (Hg²⁺)decorated GQDs toward the selective and simultaneous detection of ferricyanide $[Fe(CN)_6]^{3-}$ and cyanide (CN^-) . The Hg^{2+} decoration quenched the inherent blue fluoresce of the GQDs, termed as the baseline state. The addition of CN- enables restoration of the quenched GQD fluorescence (turn-on), whereas the addition of $[Fe(CN)_6]^{3-}$ again quenched the fluorescence to the turn-off state. The as-fabricated sensing platform exhibited LOD values of 9.48 and 3.10 µM with the linear detection ranges of 10.0-50.0 μM and 5.0-15.0 μM for [Fe(CN)₆]³⁻ and cyanide (CN⁻), respectively. 184 Wang et al. fabricated a glucose-biosensing platform based on the fluorescence quenching and restoration of GOx enzyme-coupled GQDs and exhibited a linear correlation between the glucose concentration and the PL intensity over the dynamic range of 0.2-10 μ mol L⁻¹. Further, Qu *et al.* designed GSH-functionalized GQDs and a Fe3+ ion-based fluorescent "off-on" sensor toward the sensitive detection of phytic acid and H₂O₂. ¹⁸⁶ The asprepared sensing probe exhibited good linearity between the concentration of phytic acid/H2O2 and the GQDs-GSH PL intensity ranging from 0.05 to 3 μ mol L⁻¹ and 0.5 to 10 μ mol L⁻¹, respectively. The interaction between the carboxyl surface groups of GQDs-GSH and Fe³⁺ ions results in the formation of the Fe³⁺/GQDs@GSH complex, wherein electrons

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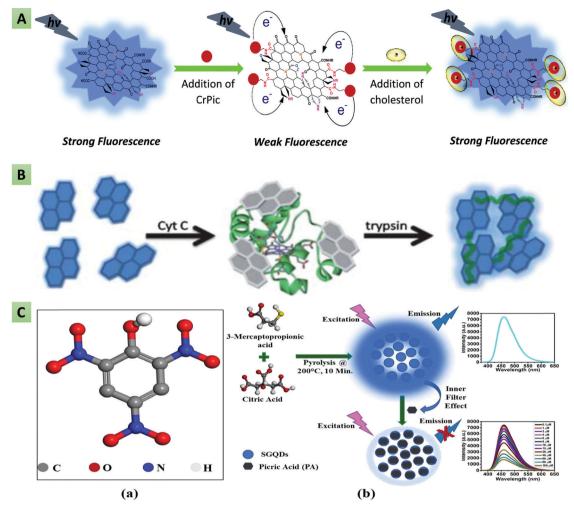


Fig. 9 (A) N-GQD and chromium picolinate-based fluorescent nanoprobe for cholesterol detection (reproduced from ref. 179 with permission from Royal Society of Chemistry). (B) Self-assembled GQDs for trypsin detection (reproduced from ref. 181 with permission from Royal Society of Chemistry). (C) S-GQDs for picric acid detection based on the inner filter effect (reprinted with permission from ref. 84, copyright 2020 Wiley and Sons).

are transferred from GQDs@GSH to the Fe3+ ions, and the fluorescence is quenched via the photo-induced electrontransfer (PET) process. In another study, Guo and co-workers reported the rhodamine B surface-functionalized GQD-based selective and sensitive nanosensor for Fe3+ ion detection in cancer stem cells. The resultant GQDs showed better biocompatibility, sensitivity, photostability, and water solubility for the efficient detection of Fe³⁺ ions with a LOD of 0.02 μM. ¹⁶⁹ Similarly, Lou et al. described the quantification and detection of Fe³⁺ ions using PEG-GQDs as a selective nanoprobe with a LOD of 5.77 µM. 158 Recently, Wu et al. reported a sensitive fluorescent sensing probe for Fe³⁺ ion detection in HeLa cells and water samples with a LOD of 1.43 nM in the dynamic range of 0.02–12 $\mu M.^{187}$

Sahub et al. used GQDs for the development of an optical pesticide sensor through the enzymatic reaction of choline oxidase (CHOx) and acetylcholinesterase (AchE) for the sensitive detection of organophosphate pesticide in water and food samples. 188 Mondal and their team prepared a N,S-GQD-based fluorescent sensing probe for TNP detection with a LOD of

19.05 ppb. 148 Next, Zhang et al. reported the efficient detection of glucose using B-doped GQDs. The presence of boronic groups on the edges of the B-GQDs enabled interaction with the cis-diol units of glucose, forming B-GQDs-glucose aggregates that lead to restoration of the GQDs PL intensity. 142 Ananthanarayanan et al. used electrochemically exfoliated GQDs toward the selective quantification of Fe³⁺ ions (LOD $\approx 7.22 \mu M$). ¹⁸⁹ Similarly, Patra and co-workers prepared a nanohybrid of CdS-doped 2D graphene sheets and GQDs with enhanced optical properties to effectively detect nimesulide in urine, plasma, and blood serum samples with a LOD of 6.65 ng L-1.190 Kadian et al. demonstrated the selective and specific fluorescent sensing probe based on the inner filter effect (IFE) for picric acid (PA) detection (Fig. 9C). The inherent fluorescence of SGQDs decreased gradually with the addition of PA over the detection range of 0.1–100 μM. 84 SGQDs were advantageous in minimizing the effect of autofluorescence during PA detection and revealed excitation-independent emission spectra. Amjadi et al. utilized the strong chemiluminescence (CL) properties of molecularly imprinted polymer-capped N-GQDs (MIP@N-GQDs) for the

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determination of doxorubicin. The doping of GQDs with N atoms provided excellent CL properties. Similarly, Chen and colleagues developed a Cu²⁺ ion-catalyzed N-GQD-based CL sensing system toward the selective determination of AA with a LOD of 0.5 μ M. Hassanzadeh *et al.* designed another nonenzymatic CL sensing probe using a mixture of GQDs and MoS₂ QDs to monitor the cholesterol concentration in human serum with a LOD of 35 nmol L⁻¹. Has analytical figure of merit has been ascribed to the synergetic effect of electronic interactions between the GQDs and MoS₂ QDs. Further, Al-Ogaidi developed a chemiluminescence resonance energy transfer (CRET) based immunosensor for rapid and selective monitoring of ovarian cancer biomarker by using GQDs as an energy acceptor. The asprepared sensing probe revealed good linearity in the range from 0.1 U mL⁻¹ to 600 U mL⁻¹ with a LOD of 0.05 U mL⁻¹. Has and collective monitoring of the range from 0.1 U mL⁻¹ to 600 U mL⁻¹ with a LOD of 0.05 U mL⁻¹.

Similar to CRET, nanosurface energy transfer (NSET) and fluorescent resonance energy transfer (FRET) are other important optical phenomena wherein the energy of the fluorophore (donor) is transferred non-radiatively to nearby acceptor species. These are distance-dependent phenomena that rely on the efficient overlap between the emission spectra of the donor and the absorption spectra of acceptor species. Energy-transfer-based biosensors have been widely used to observe nanoscale information and biomolecular interactions.²⁷ For instance, Qian and colleagues described a reproducible FRET-based sensing system using GQDs and CNTs as the energy donor-acceptor pair for the ultrasensitive quantification of DNA with a LOD of 0.4 nM. 195 The GQDs provided a higher FRET efficiency, strong fluorescence, and good biocompatibility, and hence worked as the excellent fluorophore in the fluorescent biosensor fabrication. Similarly, Na et al. designed another ultrasensitive FRET pair between Nile red (NR) and GQDs through electrostatic interaction via the lecithin/β-cyclodextrin

(lecithin/β-CD) complex for determining the concentration of acid phosphatase with the LOD of 28 μU mL⁻¹. ¹⁹⁶ In this biosensing system, GQDs worked as the fluorescent donor and the support material for attaching the lecithin/β-CD complex through hydrophobic and electrostatic interactions. Next, Yan et al. reported a GQD (donor) and AuNP (acceptor)-based turn-on FRET sensor to determine the concentration of glutathione reductase (GR) in human serum samples. 197 Interaction of the AuNP and GOD colloidal solution initiates the aggregation, leading to GQD fluorescence quenching. The quenched fluorescence was found to recover gradually after the selective addition of GR. Kalkal et al. demonstrated (Fig. 10) the fabrication of an NSET biosensor based on gold nanoparticles (AuNPs) and amine-functionalized N-doped GQDs (amine-N-GQDs) for the ultrasensitive determination of neuron-specific enolase (NSE). The as-fabricated biosensor exhibited remarkable biosensing characteristics, including a low LOD (0.09 pg mL⁻¹), a wide linear detection range (0.1 pg mL⁻¹ to 1000 ng mL⁻¹), and a fast response time (16 min).²⁷ The better sensing characteristics were attributed to in situ -NH2 functionalization and N doping of GQDs providing stable and strong PL, a long fluorescence lifetime, and improved QY. Further, Sun and colleagues developed an ultrasensitive nanoprobe for miRNA-34a detection via an "offon" FRET system between GQDs and gold nanoflowers (AuNFs). 198 Similarly, Shi et al. reported a FRET nano biosensor based on AuNPs and GQDs toward determining the mecA gene sequence of foodborne bacteria. Herein, GQDs were utilized to immobilize the capture probe and fluorescent donor in the FRET system. 199 Poon and co-workers designed a coumarin derivative (CMR2) and GQD-based FRET system for the sensitive detection of trypsin in urine samples.²⁰⁰ Similarly, Laurenti et al. fabricated a fluorescent biosensing platform using single-stranded DNA (ssDNA)-functionalized upconversion nanoparticles and

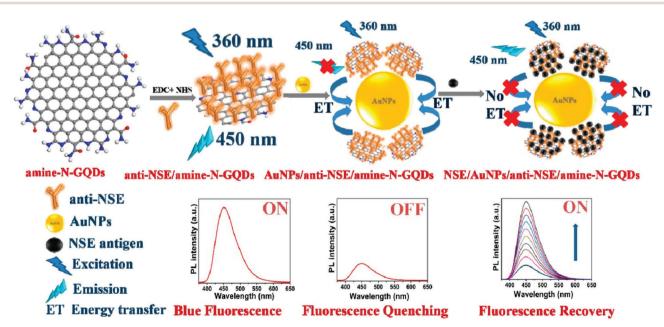


Fig. 10 Amine-N-GQD- and AuNP-based fluorescent turn-on biosensor for neuron-specific enolase (NSE) detection (reproduced with permission from ref. 27, copyright 2020 American Chemical Society).

GQDs for the detection of the miRNA sequence. 201 It was found that the upconversion fluorescence increases in the absence of complementary miRNA. At the same time, the fluorescence intensity decreased linearly upon hybridization with complementary miRNA sequences. The as-proposed sensing probe achieved a LOD of 10 fM. Wang et al. demonstrated a fluorescent turn-on sensing probe for GSH detection using manganese dioxide (MnO₂) and GODs. The blue fluorescence of the GODs was remarkably quenched by the MnO₂ nanoparticles following FRET and IFE mechanisms. Further, the addition of GSH linearly recovered the GQD quenched fluorescence in the dynamic range of 0.07-70 µM.202 Recently, Kamal et al. (Fig. 11) reported a fluorescent immunosensor for Salmonella typhi (S. typhi) detection utilizing iron porphyrin bio-mimicked GQDs (Fe-N-GQDs) and GO as the FRET donor-acceptor pair. The reported immunosensor exhibited efficient sensing characteristics for the detection of S. Typhi with a LOD of 1 pg mL⁻¹ and a linear correlation from 1 pg mL $^{-1}$ to 1 μ g mL $^{-1}$. 203 In another study, Xue and co-workers described the detection of melamine in milk samples utilizing GQDs and protoporphyrin IX (PpIX) as the FRET pair. The binding of PpIX to the GQDs triggered the FRET process, resulting in fluorescence quenching of the GQDs. However, the addition of melamine enabled recovery of the quenched fluorescence by inhibiting the FRET process. This FRET-based sensing platform revealed accurate and quick melamine detection with a LOD of $6 \times 10^{-9} \, \mathrm{mol} \, \mathrm{L}^{-1}$ over a dynamic range from 1.0×10^{-8} to 2.0×10^{-8} 10⁻⁶ mol L⁻¹.²⁰⁴ Table 2 summarizes different GQD-based fluorescent biosensors along with their sensing characteristics.

5.2 Electrochemiluminescence based optical biosensors

Electrochemiluminescence (ECL) is a type of luminescence generated during electrochemical reactions. A basic ECL sensor includes reference, counter, and working electrodes as the necessary components. In a recent study, Lou and coworkers²⁰⁷ demonstrated the role of the GQDs in the development of an ECL-based sensing probe to quantify DNA through sitespecific endonuclease (BamHI) cleavage of the duplex. Next, Tian and colleagues prepared GQDs through the photochemical and

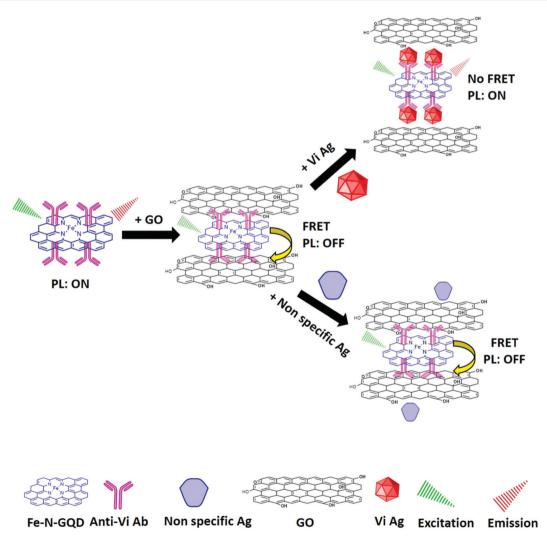


Fig. 11 Schematic representation of the fluorescent immunosensor for Salmonella Typhi (S. typhi) detection utilizing iron porphyrin bio-mimicked GQDs (Fe-N-GQDs) and GO as the FRET donor-acceptor pair (reproduced with permission from ref. 203, copyright 2021 Elsevier B.V.).

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Table 2	Summary of	different GOD	s based fluorescent	hiosensors along	with sensing	characteristics

Sensing platform	Analyte detected	LOD	Time (min)	Detection range	Ref.
PEHA-GQD-His	microRNA	$4.3 \times 10^{-19} \text{ M}$	_	$1 imes 10^{-18}$ to $1 imes 10^{-12}$ M	174
ds DNA/GQDs	M.SssI Mtase	$0.7~{ m U}~{ m mL}^{-1}$	40	$2-30~{\rm U}~{\rm mL}^{-1}$	175
PdNPs/aptamer/GQDs	Tetracycline	18 ng mL^{-1}	5	$40-90 \text{ ng mL}^{-1}$	176
H ₃ BO ₃ -S,N-GQDs	Glucose	5.5 μM		5.5-66 mM	178
N-GQDs/CrPic	Cholesterol	0.4 μΜ	5	0-520 μM	179
Eu-GQDs	Bacillus anthracis	10 pM	0.13	0-5 nM	180
HRP-GQDs	AA	0.32 μΜ	45	1.11–300 μM	182
Cyt c-GQDs	Trypsin	33 ng mL^{-1}	1440	0–400 μΜ	181
MnO ₂ /GQDs	AA	0.045 U L-	10	$0.13-10~{ m U}~{ m L}^{-1}$	183
	Alkaline phosphatase				
GQDs-GOx-HRP	Glucose	$0.08~\mu \mathrm{mol~L}^{-1}$	80	$0.2 10 \; \mu \text{mol L}^{-1}$	205
Ser-GQDs-His	Carbendazim	$6.1 \times 10^{-17} \text{ M}$	_	$1.0 \times 10^{-16} \text{ to } 1.0 \times 10^{-9} \text{ M}$	177
GQDs-GOx-hemin	Glucose	0.1 μΜ	10	9–300 μM	167
GQDs@GSH	Phytic acid	14 nmol L^{-1}	6	0.05 –3 $\mu mol~L^{-1}$	186
	H_2O_2	$0.134~\mu { m mol}~{ m L}^{-1}$	40	$0.5-10~\mu { m mol~L}^{-1}$	
GQDs/AchE/CHOx	Methyl-paraoxon	0.342 μΜ	30	0.40-4.05 μM	188
N,S-GQDs	TNP	19.05 ppb	_	100-25 000 nM	148
SGQDs	Picric acid	0.093 μΜ	_	0.1-100 μΜ	84
MIP@N-GQDs	Doxorubicin	$4.7~\mu\mathrm{g~L}^{-1}$	5	$20-260 \ \mu g \ L^{-1}$	191
MoS ₂ /graphene QDs	Cholesterol	35 nmol L^{-1}	5	$0.08-300~\mu mol~L^{-1}$	193
GQDs-cAb	CA-125	$0.05~{ m U}~{ m mL}^{-1}$	_	$0.1~\mathrm{U~mL}^{-1}$ to $600~\mathrm{U~mL}^{-1}$	194
ssDNA-rGQDs/CNT	DNA	0.4 nM		0–133.0 nM	195
GQDs-NR	Acid phosphatase	$28~\mu\mathrm{U~mL}^{-1}$	90	0–1500 μU mL ⁻¹	196
GQDs-AuNPs	GSH	0.005 mU mL^{-1}	15	$0.005-0.13 \text{ mU mL}^{-1}$	197
Amine-N-GQDs@AuNPs	Neuron specific enolase	$0.09 \ \mathrm{pg} \ \mathrm{mL}^{-1}$	16	0.0001 – 1000 ng mL^{-1}	27
AuNF@GQDs	miRNA-34a	0.1 fM	_	0.4-4 fM	206
GQDs-AuNPs	mecA			100 pM to 400 nM	199
GQDs/UCNP@SiO ₂	Trypsin	0.7 μg mL-	60	$0-23~\mu {\rm g}~{\rm mL}^{-1}$	200
RBD-GQDs	Fe ³⁺	0.02 μΜ		0–65 μM	169
GQDs-Hg ²⁺	$[Fe(CN)_6]^{3-}$ and CN^-	9.48, 3.10 μM	_	0.0-50.0 and 5.0-15.0 μM	184
Fe-N-GQDs	S. typhi	1 pg mL ⁻¹	20	1 pg mL $^{-1}$ to 1 μ g mL $^{-1}$	203
PpIX to GQDs	Melamine	$6 \times 10^{-9} \text{ mol L}^{-1}$	20	1.0×10^{-8} to 2.0×10^{-6} mol L ⁻¹	204

sonochemical treatment of GO sheets with H2O2, and studied their ECL properties for the fabrication of a glucose-sensing platform. It was mentioned that the ECL signal was generated primarily due to the reduction of dissolved oxygen and GQDs. The GQDs provided the cathodic ECL signal that was improved by K₂S₂O₈. ²⁰⁸ Chen et al. developed a polydopamine surfaceimprinted polymer and N-GQDs (PDA-SIP-N-GQDs)-based bioengineered ECL biosensing platform (Fig. 12) for the quantitative detection of Escherichia coli (E. coli).209 The ECL signals were generated via the specific antigen-antibody interactions by binding the SIP-E. coli-modified electrode to pAb-N-GQDs. In another report, Lu et al. synthesized blue-luminescent GODs with graphitic structure nanocrystals having a QY of 15.5% and demonstrated the ECL resonance energy transfer (ECL-RET) phenomenon of the as-prepared GQDs (donor) and AuNPs (acceptor) for the detection of DNA damage (Fig. 13).210 The ECL signal of the GQDs was

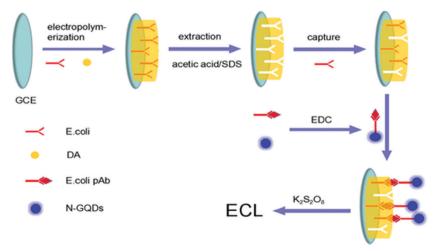


Fig. 12 Schematic representation of the polydopamine-imprinted polymer and N-GQD-based ECL sensing platform toward the quantitative detection of E. coli (reproduced with permission from ref. 220, copyright 2017 American Chemical Society).

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oxidation 1 H₂SO₄
3 HNO₃
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Fig. 13 Pictorial representation of the ECL biosensor based on GQDs (donor) and AuNPs (acceptor) for the detection of DNA damage (reproduced from ref. 210 with permission from Royal Society of Chemistry).

p53

ECL

quenched by the ECL-RET from GQDs to nearby AuNPs, while the ECL signal recovered linearly upon the addition of target p53 ssDNA over the detection range of 25-400 nM. Similarly, Liang and their team reported another ECL-RET based biosensor, using GQDs and antibody (anti-phosphoserine)-conjugated GO (Ab-GO) as the donor-acceptor pair to monitor the activity of protein kinase. 211 Yan et al. developed a Cu₂O nanosphere and GQDsbased reproducible ECL sensing probe for the effective detection of the pesticide pentachlorophenol (PCP).²¹² The as-prepared ECL system exhibited a detection limit of 6.6 pg mL⁻¹ within the linear range of 0.02-300 ng mL⁻¹. The incorporation of GQDs enhanced the catalytic performance of the Cu₂O nanospheres owing to their excellent electron-transfer capability. Next, Jie and co-workers deposited GQDs on the poly(diallyldimethylammonium chloride) (PDDA)-GO complex for the development of an efficient ECL biosensor to determine DNA through a cycling amplification approach.213 Chen et al. reported the N-GQDs-based dualpotential (cathodic as well as anodic) single-luminophore ECL platform for the ratiometric detection of Co²⁺ ions.²¹⁴ The asprepared ECL sensor displayed good linearity in the concentration range from 1.0 to 70 µM with a detection limit of 0.2 µM. Wu et al. demonstrated the sensitive detection of prostate-specific antigen (PSA) using an electrochemiluminescent immunosensor based on Au/Ag-rGO and functionalized GQDs. Both aminated and carboxylated GQDs were modified on the electrode to provide an improved ECL signal. The proposed biosensor revealed a LOD of 0.29 pg mL⁻¹ and the linear dynamic range from 1 pg mL⁻¹ to 10 ng mL⁻¹ towards PSA detection. Further, Lu et al. reported the highly sensitive detection of aflatoxin B1 by fabricating an ECL biosensor based on gold nanorods (AuNRs), GQDs and the poly(indole-6-carboxylic acid)/flower-gold (PICA/F-Au) nanocomposite. The fabricated biosensor exhibited excellent stability, reproducibility, and selectivity with a LOD and linear range of $0.00375 \text{ ng mL}^{-1}$ and $0.01-100 \text{ ng mL}^{-1}$, respectively.²¹⁶ In another report, Yang et al. utilized GQDs as a signal enhancer in the development of an ECL biosensor for direct glucose detection.

The presence of GQDs offered direct electron transfer between the electrode surface and GOx. This GOx/GQDs-based biosensor demonstrated exciting sensing characteristics with a broader linear range from 5×10^{-6} to 1.5×10^{-3} mol L⁻¹ and a higher sensitivity of 5 \times 10⁻⁶ mol L^{-1,217} Liu and their team demonstrated the detection of AA using an ECL sensing probe based on luminol, and N,S-GQDs as the FRET donor-acceptor pair, respectively. In addition, PEI and PtNPs were utilized as the linker of the FRET pair and the co-reaction accelerator, respectively. It was observed that the ECL intensity of luminol remains constant, whereas the ECL intensity of S-GQDs decreased gradually with increasing AA concentration. 218 Recently, Peng et al. employed S,P-GQDs as ECL immunomarkers toward the sensitive quantification of okadaic acid (OA) in shellfish. The co-doping with S and P significantly improved the ECL performance in contrast to the mono-doped GQDs. Besides, the proposed immunosensor revealed exciting sensing parameters including a lower LOD (0.005 ng mL⁻¹) and a wider linear detection range (0.01-20 ng mL⁻¹) for OA detection.²¹⁹ The sensing characteristics of different GQDs-based ECL biosensors have been summarized in Table 3.

5.3 Electrochemical biosensors

Electrochemical biosensors are the analytical devices that provide quantitative information on an analyte by converting a biological signal into a final readable electrical signal. 11,25 Over the past two decades, the field of electrochemical biosensing has gained extensive research interest toward the detection of various infectious and non-infectious diseases. These are essential for point-of-care testing (POCT) due to their exciting characteristics, including high sensitivity, ease of use, disposability, portability, simplicity, and cost-effectiveness. The components of these biosensors include a bio-recognition element, an immobilization matrix, and a transducer surface. Recently, GQDs have evolved as an outstanding material for the design of various electrochemical biosensors owing to their outstanding properties such as fast transduction, a high electron-transfer rate, inimitable

Table 3 Summary of different GQD-based ECL biosensors along with their sensing characteristics

Sensing platform	Analyte detected	LOD	Detection range	Ref.
BamHI-GQDs	Hepatitis C virus	0.45 fM	5 fM to 100 pM	207
GQDs-chitosan	Glucose	0.3 pM	1.2-120 pM	208
PDA-SIP-N-GQDs	E. coli	8 CFU mL^{-1}	10^{1} – 10^{7} CFU mL ⁻¹	220
GQDs-AuNPs	p53 DNA damage	13 nM	25-400 nM	210
GQDs and GO	Protein kinase	$0.05~{ m U}~{ m mL}^{-1}$	$0.05-5~{ m U}~{ m mL}^{-1}$	211
GQDs-Cu ₂ O	Pentachlorophenol	6.6 pg mL^{-1}	$0.02-300 \text{ ng mL}^{-1}$	221
PDDA-GO-GQDs	DNA	0.1 pM	1.0 pM to 1000 nM	213
N-GQDs	Co^{2^+}	0.2 μΜ	1.0-70 μM	214
GQDs/Au/Ag-rGO	Prostate-specific antigen	0.29 pg mL^{-1}	$\sim 1 \text{ pg mL}^{-1} \text{ to } \sim 10 \text{ ng mL}^{-1}$	222
PICA/F-Au/GQDs/AuNRs	Aflatoxin B1	$0.00375 \text{ ng mL}^{-1}$	$0.01-100 \text{ ng mL}^{-1}$	216
GOx/GODs	Glucose	$5 \times 10^{-6} \text{ mol L}^{-1}$	$5 \times 10^{-6} \text{ to } 1.5 \times 10^{-3} \text{ mol L}^{-1}$	217
NSGQDs-PEI-luminol-Pt	AA	3.3 nM	10-360 nM	218
P,S-GQDs	OA	0.005 ng mL^{-1}	$0.01-20 \text{ ng mL}^{-1}$	219

electrocatalytic characteristics, higher surface areas, ease of surface functionalization, and higher biomolecule loading. These GQD-based electrochemical biosensors have been used for the detection of small molecules, nucleic acids, bioflavonoids, amino acids, vitamins, heavy metal ions, and biomarkers with remarkable biosensing characteristics.²²⁹

Hu et al. developed a GQDs-based electrochemical biosensor for the detection of mi-RNA155, wherein GQDs were utilized for the immobilization of horseradish peroxidase (HRP). The as-fabricated biosensor exhibited the highly sensitive detection of mi-RNA155 with a LOD of 0.14 fM and a dynamic range of 1 fM to 100 pM owing to the excellent compatibility and the higher surface-to-volume ratio of the GQDs. 127 Rezei et al. demonstrated an electrochemical-sensing platform for H₂O₂ quantification by immobilizing hemoglobin (Hb) on a GQDschitosan nanocomposite. This Hb-GQDs-Chit-based biosensor revealed remarkable biosensing characteristics, including a remarkable LOD (0.68 μ M), a high sensitivity (0.53 μ A μ M⁻¹ cm⁻²), a wider detection range (1.5-195 µM), and an improved heterogeneous electron-transfer rate. The excellent sensing characteristics of the designed biosensor were ascribed to the high surface area, and unique electron-transfer ability of the GQDs.²³⁰ Tuteja et al.²³¹ demonstrated a GQDs-deposited screen-printed electrode (SPE)-based efficient biosensor toward the identification of cardiac marker myoglobin (cMyo). The developed biosensor (Ab/ GQDs/SPE) utilized electrochemical impedance spectroscopy (EIS) for cMyo detection and exhibited a linear correlation between impedance and antigen concentration ranging from 0.01 to 100 ng mL⁻¹. GQDs provided a fast heterogeneous electron-transfer rate and an improved biomolecule loading owing to their larger surface area. Similarly, Vasilescu et al. modified the SPE with a nanocomposite of molybdenum disulphide and GQDs. These modified electrodes were immobilized with the laccase enzyme, and the analytical response for the detection of caffeic acid was measured through chronoamperometry. The synergetic effect of the GQDs-MoS2 nanocomposite provided high conductivity, a large surface area, and the good electrocatalytic activity required for the fabrication of an efficient biosensor. The fabricated biosensor exhibited significant biosensing parameters, including a sensitivity of 17.92 nA μM^{-1} , and a LOD of 0.32 µM over a concentration range of 0.38-100 µM.²³² Xi et al. described the electrochemical biosensor based on

palladium (Pd) nanoparticle-loaded N-GODs and N-doped carbon hollow nanospheres (HNS) toward H₂O₂ determination (Fig. 14). This hybrid nanomaterial-based biosensor revealed excellent sensing characteristics, including a low LOD, high stability, selectivity, reproducibility, and sensitivity as well as a fast response time towards the real-time detection of normal and treated (radiotherapy and chemotherapy) cancer cells. The improved sensing characteristics and electrocatalytic activity were attributed to the synergistic effect of the PdNPs and N-GQDs. Specifically, the N-GQDs offered fast heterogeneous electron transfer and excellent peroxidase mimetic activity.²³³ Similarly, Li et al. demonstrated a ternary GQDs-PNF-GO nanohybridbased electrochemical biosensor for H2O2 detection that revealed high selectivity, sensitivity, a low detection limit, and a wide linear range.234 Another efficient aptasensor based on the AgNPs/thiol-GQDs nanocomposite was designed by Roushani and colleagues towards the detection of 2,4,6-trinitrotoluene (TNT). The presence of GQDs offers a higher surface-to-volume ratio that provided increased loading of the TNT-binding aptamer.235 The advantages of this strategy may be extended to other nanoparticles and probable hopeful implications in the

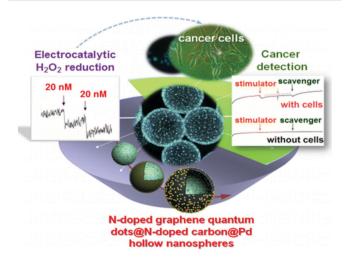


Fig. 14 GQD-based electrochemical biosensors based on palladium (Pd) nanoparticle-loaded N-GQDs and N-doped carbon hollow nanospheres (HNS) for H_2O_2 detection in cancer cells (reproduced with permission from ref. 237, copyright 2016 American Chemical Society).

design of various electrochemical biosensors for target analyte detection. Huang et al. described the detection of DA (Fig. 15) in both live PC₁₂ cells and serum samples via the use of the MWCNT-GQDs nanocomposite as the sensing platform, and revealed a LOD of 0.87 nM. The GQDs provided the anionic groups, which attracted the cationic DA via π - π superposition interactions, thereby enabling the selective determination of DA.²³⁶

In another study, Arumugasamy and co-workers also reported the MWCNT-GQDs nanocomposite for DA detection employing the DPV technique. This nanocomposite-based biosensor revealed noteworthy electrocatalytic activity for DA oxidation in standard as well as spiked samples with LOD values of 95 nM and 110 nM, respectively, over a linear correlation range of 0.25-µM.²³⁸ Gogola et al. employed GQDs as a support material for aptamer immobilization as well as an electrochemical signal amplifier toward the label-free detection of p24-human immunodeficiency virus (HIV) protein. Under optimized conditions, this aptasensor exhibited a LOD of 51.7 pg mL⁻¹ over the dynamic range from 0.93 ng mL⁻¹ to 93 μg mL⁻¹.²³⁹ Cai *et al.* established an electrochemical sensing platform utilizing polyaniline (PANI)-functionalized GQDs toward the quantification of cardiac disease biomarkers. The presence of GQDs provided faster electron-transfer kinetics, enabling the sensitive detection of calycosin. The as-fabricated biosensor revealed a LOD of 9.8 \times 10⁻⁶ mol L⁻¹ over the detection range of 1.1× 10^{-5} to 3.52× 10^{-4} mol L⁻¹.²⁴⁰ GQDs have also been used in the fabrication of electrochemical biosensors for quantifying several metal ions in food samples and the biological environment. In line with this, Lu and colleagues developed a nanochannel-confined GQDs-based ultrasensitive biosensor for the detection of Cd²⁺, Cu²⁺, and

Hg²⁺ ions (Fig. 16A) with a LOD of 4.3 nM, 8.3 pM, and 9.8 pM, respectively. GQDs worked as the signal amplifier and recognition element by interacting with the target ions to provide faster charge transfer and selective enrichment of the analytes.²⁴¹ Recently, Sun et al. demonstrated a sensitive immunosensor for heat shock protein 70 (HSP70) (depression marker) using PANIfunctionalized GQDs (PANI-GQDs) as the sensing material. Owing to the excellent structure, better bioactivity, and large surface-tovolume ratio of the PANI-GQDs, the immunosensor revealed exciting biosensing characteristics, including a lower LOD $(0.05 \text{ ng mL}^{-1})$ and a broader linear correlation 0.0976-100 ng mL⁻¹.²⁴² More recently, Soleimanian et al. reported the sensitive detection of the CD123 marker in leukemia cells by fabricating a GQDs-based cytosensor. The larger surface area of the GODs enables increased biotinylated antibody immobilization, leading to the improved sensitivity of the cytosensor. This GQDsenabled cytosensor exhibited a LOD of 1 cell per mL with a dynamic range of 1-25 cells per mL. 243 Further, Ozcan et al. reported the electrochemical detection of IL-6 using the molecularly imprinted composite of GQDs and MWCNTs (GQDs/f-MWCNTs). The GQDs/ f-MWCNTs provided a higher surface area and prevented the aggregation of GQDs, resulting in a higher sensitivity, good electrocatalytic activity, and faster charge-transfer kinetics. The asfabricated biosensor exhibited a LOD of 0.0030 pg mL⁻¹ in the detection range of 0.01-2.0 pg mL⁻¹.²⁴⁴ Bhardwaj et al. reported the sensitive detection of aflatoxin B1 (AFB1) utilizing GQDs-decorated molybdenum disulfide (MoS2) nanosheets as the electrode material in the detection range of 0.1-3.0 ng mL⁻¹ and a LOD of 0.09 ng mL⁻¹. The conjugation of GQDs with MoS₂ nanosheets offered a higher electrocatalytic activity, improved electrical conductivity, large surface area, and abundant exposed edge sites.245 Recently, Mahmoudi and their team demonstrated an

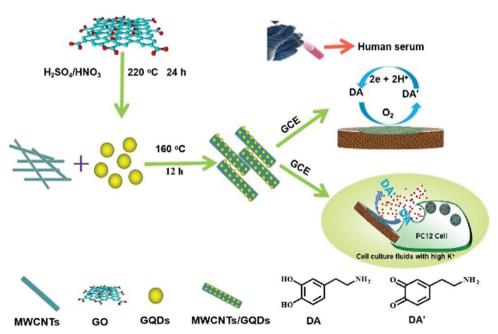


Fig. 15 GQDs/MWCNT based electrochemical biosensor for DA detection in live PC₁₂ cells and serum samples (reproduced with permission from ref. 236, copyright 2020 American Chemical Society).

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Α DA Direction of electric field Cu24 GQD@VMSF/Au Pt electrod Hg² Cd2* Direction of electrophoresis Graphene quantum dots Fluorescent biosensor Glucose+O2 luconic Acid Electrochemical biosensor

Fig. 16 (A) Electrophoretic deposition of GQD@mesoporous silica-nanochannel film (VMSF) on the electrode surface for the detection of Cd²⁺, Cu²⁺, and Hg²⁺ ions (reproduced with permission from ref. 241, copyright 2018 American Chemical Society). (B) Glucose detection based on an electrospun GQDs/PVA nanofibrous membrane (reproduced from ref. 254 with permission from Royal Society of Chemistry).

electrochemical sensing platform based on GQDs and an ILmodified carbon paste electrode (CPE) toward topotecan detection and exhibited a LOD of 0.1 µM in the detection range of 0.35-100.0 μM. ²⁴⁶ Ashraf et al. reported an ultrasensitive electrochemical biosensor for bisphenol A (BPA) detection in live cells based on single-crystal Cu₂O nanostructures with GQDs on their surface (Cu₂O-CuO@GQDs). Owing to the mixed copper valences, exposed Cu(111) crystallographic planes, enhanced redox reaction kinetics, and boosted surface area in view of synergistic effects, the proposed sensing platform exhibited a high sensitivity (636 µA mM⁻¹ cm⁻²), a wide linear range (2 nM to 11 mM), and a low LOD (≤1 nM).²⁴⁷ Arab et al. demonstrated the sensitive analysis of 4-aminophenol and paracetamol utilizing a MWCNT and GQDs-based electrochemical biosensing platform and exhibited a LOD of 0.017 μ mol L⁻¹ and 0.010 μ mol L⁻¹ for 4-aminophenol and paracetamol, respectively.²⁴⁸ Similarly, Ghanbari *et al.* demonstrated HCV detection using specific aptamer-functionalized GQDs with a LOD of 3.3 pg mL⁻¹. ²⁴⁹ GQDs possess multiple hydrophobic planes and hydrophilic edges that served as substrates for the

Polyvinyl alcohol

immobilization of aptamers through π - π stacking interactions. Later, the same researchers reported an aptasensor based on AuNPs and thiolated GQDs (GQDs-SH) for detecting streptomycin via the EIS technique and revealed a wide dynamic range of 0.1-700 pg mL^{-1,250} Gupta and co-workers reported the electrochemical detection of ochratoxin-A utilizing GQD-decorated zirconia nanoflowers (GQDs@ZrO2) in the detection range of 1-20 ng mL⁻¹. The decoration of GQDs on ZrO₂ provided enhanced biosensing characteristics and a higher biomolecule loading owing to the superior electrical conductivity and higher surface area of the GQDs.²⁵¹ Further, Yang and co-workers described the functionalized N-GQDs (PtPd/N-GQDs@Au)based label-free electrochemical biosensor toward the sensitive determination of carcinoembryonic antigen (CEA). The proposed biosensor revealed an extreme LOD of 2 fg mL-1 over the dynamic range of 5 fg mL⁻¹ to 50 ng mL⁻¹. 252 More recently, another study by Gangaboina et al. reported the detection of CEA utilizing N,S-GQDs-decorated Au-PANI nanowires, revealing a LOD of 0.01 ng mL⁻¹ over the dynamic range of

Summary of different GQD-based electrochemical biosensors along with their sensing characteristics

Sensing platform	Analyte detected	Sensitivity	LOD	Time (min)	Detection range	Ref.
GQDs-HRP	miRNA-155	_	0.14 fM	60	1 fM to 100 pM	127
Hb-GQDs-Chit	H_2O_2	$0.53 \text{ A M}^{-1} \text{ cm}^{-2}$	0.68 μΜ	0.08	1.5–195 μM	230
GQDs-SPE	Myoglobin		0.01 ng mL^{-1}	_	$0.01-100 \text{ ng mL}^{-1}$	255
MoS ₂ -GQDs	Caffeic acid	17.92 nA μM^{-1}	0.32 μΜ	_	0.38-100 μM	256
Pd-N-GQDs-HNS	H_2O_2	$0.59 \text{ mA cm}^{-2} \text{ mM}^{-1}$	20 nM	240	0-5 mM	237
GQDs-PNF-GO	H_2O_2	_	$0.055 \times 10^{-6} \text{ M}$		$0.01 \times 10^{-3} \text{ to } 7.2 \times 10^{-3} \text{ M}$	257
AgNPs/thiol-GQDs	Trinitrotoluene	_	3.33×10^{-7}	35	$1.00 \times 10^{-6} \text{ to } 3.00 \times 10^{4}$	235
MWCNT-GQDs	DA	_	0.87 nM	_	0.005-100.0 μM	236
MWCNT-GQDs	DA	_	0.095 μΜ	_	0.25-250 μΜ	238
GQDs	p24-HIV	1.293 $\mu A \ dec^{-1}$	51.7 pg mL ⁻¹		$0.93 \text{ ng mL}^{-1} \text{ to } 93 \text{ µg mL}^{-1}$	239
PANI-GQDs	Calycosin	_	$9.8 \times 10^{-6} \text{ mol L}^{-1}$	3	$1.1 \times 10^{-5} \text{ to } 3.52 \times 10^{-4} \text{ mol L}^{-1}$	240
VMSF-GQDs	Hg ²⁺ , Cu ²⁺ , Cd ²⁺ ,	51.2 μA nM ⁻¹	9.8 pM, 8.3 pM,		10 pM to 1.0 nM	241
	and DA		4.3 nM, and 120 nM		10 pM to 1.0 nM	
					20.0 nM to 1.0 μM	
					200 nM to 20 μM	
GQDs/f-MWCNTs	Interleukin-6	_	$0.0030 \text{ pg mL}^{-1}$	15	$0.01-2.0 \text{ pg mL}^{-1}$	244
PANI-GQDs	HSP70		0.05 ng mL^{-1}	30	$0.0976-100 \text{ ng mL}^{-1}$	242
GQDs-AuNPs	CD123	_	1 cell per mL	-	1–25 cells per mL	243
$GQDs-MoS_2$	Aflatoxin B1	44.44 $\Omega (\text{ng mL}^{-1})^{-1} \text{ cm}^{-2}$	0.09 ng mL^{-1}		$0.1-3.0 \text{ ng mL}^{-1}$	245
GQDs-CPE	Topotecan	_	0.1 μΜ	5	0.35-100.0 μM	246
Cu ₂ O-CuO@GQDs		636 $\mu A \text{ mM}^{-1} \text{ cm}^{-2}$	≤1 nM	-	2 nM to11 mM	247
GQDs-GCE	Hepatitis C virus (HCV)	_	3.3 pg mL ⁻¹	40	10-400 pg mL ⁻¹	249
AuNPs/GQD-SH	Streptomycin	_	0.033 pg mL^{-1}	120	0.1–700 pg mL ⁻¹	250
$GQDs@ZrO_2$	Ochratoxin A	$5.62 \ \mu A \ mL \ ng^{-1} \ cm^{-2}$	0.38 ng mL^{-1}	15	1-20 ng mL ⁻¹	251
PtPd/N-GQDs@Au	Carcino-embryonic antigen (CEA)		2 fg mL ⁻¹		5 fg mL ⁻¹ to 50 ng mL ⁻¹	252
N,S-GQDs/Au-PANI	CEA	_	0.01 ng mL^{-1}	_	$0.5-1000 \text{ ng mL}^{-1}$	258
AgNPs/GQD-SH	HCV		3 fg mL ⁻¹	30	0.05 pg mL ⁻¹ to 60 ng mL ⁻¹	234

0.5-1000 ng mL⁻¹.²⁵³ The highly sensitive detection of CEA was primarily ascribed to the excellent electro-conductivity of the N,S-GQDs that provided the faster electron-transfer kinetics. Zhang et al. described the fabrication of a glucose biosensor (Fig. 16B) based on electrospun GQDs and polyvinyl alcohol (GQDs/PVA) nanofibrous membrane. 254 Further, Valipour et al. reported the nanocomposite of Ag nanoparticles and thiolated GQDs (AgNPs/GQDs-SH) in fabricating a highly sensitive immunosensor for the detection of HCV, exhibiting remarkable sensing parameters including a lower LOD (3 fg mL⁻¹) and a broad linear detection range (0.05 pg mL⁻¹ to 60 ng mL⁻¹).²³⁴ The remarkable performance of the designed biosensor was ascribed to the higher surface area and the electronic structure of GQDs-SH that provided the higher electrocatalytic activity. Table 4 summarizes the different GQD-based electrochemical biosensors along with their sensing characteristics including the sensitivity, LOD, response time, and linear detection range.

6. Summary and future prospects

Over the past decade, GQDs has emerged as an indispensable material because of their outstanding properties of chemical stability, desirable aqueous solubility, an abundance of active sites, excellent biocompatibility, tunable photoluminescence, fast transduction rate, the capability of direct electron transfer, electrocatalytic activity, larger surface areas and ease of surface functionalization. GQDs have been surface-functionalized with a variety of biomolecules, including proteins, enzymes, and oligonucleotides, towards the fabrication of optical and

electrochemical biosensing platforms. In this review, the recent progress related to bottom-up (cage opening, incomplete carbonization, thermal pyrolysis, microwave, and hydrothermal processes) and top-down (oxygen cutting, physical grinding, hydrothermal/solvothermal methods, reductive cutting, electrochemical methods, etc.) synthesis strategies, optical and electrochemical properties as well as their regulation through heteroatom doping and surface functionalization have been discussed. Further efforts have been made to enlighten the scope of GQDs in the fabrication of numerous optical and electrochemical biosensors toward the quantification of nucleic acids, bioflavonoids, amino acids, vitamins, heavy metal ions, biomarkers, and other small molecules. Despite tremendous progress, there are still some challenges that need to be resolved. For instance, the mass-scale production of GQDs has not yet been achieved. The currently described methods permit limited production with a wide range of heterogeneity in size, shape, and properties. In addition, the GQDs prepared for a specific application might not be suitable for other desired applications. This is a major drawback while shifting from bench to real-world applications since the production procedure tends to be tedious. Additionally, the biofouling characteristics, reproducibility of the synthesis procedures, and storage stability are some of the points that have not yet been evaluated in detail. Therefore, researchers are engrossed in developing a green and cost-effective synthetic techniques, which, along with maintaining the uniformity in size and excellence in properties, would result in large-scale production. Since GQDs exhibit both excitationdependent and excitation-independent emission spectra, another important challenge related to the mechanism behind their Review **Materials Advances**

inherent photoluminescence properties still requires further theoretical and experimental investigations. Moreover, only a few studies have discussed the mechanism of electron transfer and enhancement in the quantum yield due to heteroatom doping and surface functionalization. Therefore, in the near future, in-depth investigations of these issues will certainly assist researchers and scientists in understanding the optoelectronic characteristics of GODs, which will open a new window towards the development of highly efficient biosensing platforms.

Conflicts of interest

There are no conflicts to declare.

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