

OPEN

Crosstalk between hydroxytyrosol, a major olive oil phenol, and HIF-1 in MCF-7 breast cancer cells

Jesús Calahorra¹, Esther Martínez-Lara¹, José M. Granadino-Roldán ², Juan M. Martí³, Ana Cañuelo¹, Santos Blanco ¹, F. Javier Oliver³ & Eva Siles ^{1*}

Olive oil intake has been linked with a lower incidence of breast cancer. Hypoxic microenvironment in solid tumors, such as breast cancer, is known to play a crucial role in cancer progression and in the failure of anticancer treatments. HIF-1 is the foremost effector in hypoxic response, and given that hydroxytyrosol (HT) is one of the main bioactive compounds in olive oil, in this study we deepen into its modulatory role on HIF-1. Our results in MCF-7 breast cancer cells demonstrate that HT decreases HIF-1 α protein, probably by downregulating oxidative stress and by inhibiting the PI3K/Akt/mTOR pathway. Strikingly, the expression of HIF-1 target genes does not show a parallel decrease. Particularly, adrenomedullin and vascular endothelial growth factor are up-regulated by high concentrations of HT even in HIF-1 α silenced cells, pointing to HIF-1-independent mechanisms of regulation. In fact, we show, by *in silico* modelling and transcriptional analysis, that high doses of HT may act as an agonist of the aryl hydrocarbon receptor favoring the induction of these angiogenic genes. In conclusion, we suggest that the effect of HT in a hypoxic environment is largely affected by its concentration and involves both HIF-1 dependent and independent mechanisms.

Breast cancer is the most common cancer diagnosed in women and the second leading cause of death from cancer among them¹. Approximately 25%–40% of invasive breast cancers exhibit hypoxic regions in which oxygen pressure is diminished². This hypoxic microenvironment favors cancer progression and metastasis and should be taken into account in cancer research.

Hypoxia inducible factor-1 (HIF-1) is the key factor in the adaptive response to hypoxia. The binding of HIF-1 to hypoxic response elements (HREs) regulates the transcription of a plethora of genes involved, among others, in glucose metabolism, cell proliferation, cell survival and angiogenesis³. Therefore, HIF-1 overexpression is strongly related with poor prognosis and resistance to chemotherapy and radiotherapy^{4,5}. HIF-1 is a heterodimeric transcription factor composed by an oxygen-sensitive α subunit, HIF-1 α , and a constitutive subunit, ARNT. HIF-1 α transcription, translation and stability are highly regulated in an oxygen-dependent and independent manner. At the transcriptional level, HIF-1 α expression is regulated by different transcription factors such as Sp1, NF- κ B, Erg1 and by HIF-1 itself^{6–8}. The translation of HIF-1 α mRNA can be upregulated through the PI3K/Akt/mTOR pathway. Particularly, mTOR when activated by Akt, mediates the phosphorylation of p70 S6 kinase (S6K) that induces HIF-1 α translation through the ribosomal protein S6⁹. Once translated, and under normoxic conditions, HIF-1 α subunit is quickly degraded due to the activity of the prolyl-4-hydroxylases (PHDs) that label HIF-1 α enabling its ubiquitination by the pVHL and its degradation in the proteasome. Conversely, hypoxic conditions inhibit PHDs activity and promote HIF-1 α stabilization. Besides this oxygen-dependent regulation of HIF-1 α , reactive oxygen species (ROS) and nitric oxide (NO), crucial in tumorigenesis and particularly high in cancer cells, also contribute to the stabilization of HIF-1 α by inhibiting PHDs activity under both hypoxic and normoxic conditions^{10,11}. Finally, the transcriptional activity of HIF-1 can be modulated by the factor inhibiting HIF-1 (FIH) which hydroxylates a critical asparagine residue (Asn-803), in an oxygen-dependent manner, blocking coactivator recruitment¹². HIF-1 α is also dependent on the expression and activity of Poly(ADP-ribose) polymerase-1 (PARP-1)^{13,14}, a nuclear, zinc-finger, DNA-binding protein activated in response to oxidative and nitrosative stress. This enzyme plays an important role in a number of processes such as DNA repair, chromatin

¹Departamento de Biología Experimental, Universidad de Jaén, Campus Las Lagunillas s/n, Jaén, 23071, Spain.

²Departamento de Química Física y Analítica, Universidad de Jaén, Campus Las Lagunillas s/n, Jaén, 23071, Spain.

³Instituto López Neyra de Parasitología y Biomedicina, IPBLN, CSIC PTS-Granada, Armilla, 18016, Spain. *email: esiles@ujaen.es

remodeling, transcription or regulation of the cell cycle, among others¹⁵. PARP inhibition has been demonstrated to exert beneficial effects hindering prometastatic activities and adaptation of tumor to different microenvironments such as hypoxia¹⁶.

Lifestyle factors play a significant role in the risk of suffering breast cancer¹⁷. The PREDIMED study, a large dietary intervention trial, showed the beneficial effect of a Mediterranean diet supplemented with extra-virgin olive oil (EVOO) in the primary prevention of breast cancer¹⁸. Olive oil is mainly composed of fatty acids, particularly oleic acid, but its mechanical extraction at temperatures lower than 30 °C also afford a high concentration of different minor components, such as phenols. The main phenolic alcohol is hydroxytyrosol (HT). Several studies have demonstrated the beneficial properties of this compound in a number of models and cancer linked events¹⁹, particularly in breast cancer^{20–22}. In fact, we have recently described that hypoxia modulates the anti-oxidant effect of HT in MCF-7 breast cancer cells²³. With this background, and considering the importance of hypoxia and HIF-1 in breast cancer progression and response to anticancer treatments, the aim of the present study is to investigate the effect of HT in the expression and transcriptional activity of this protein. Our results indicate that in hypoxic MCF-7 breast cancer cells, HT decreases the expression of HIF-1 α , an effect probably linked to its antioxidant action and to the down-regulation of the PI3K/Akt/mTOR pathway. Moreover, we show that at high concentrations HT can even act as an AHR agonist.

Results

Effect of HT on hypoxic MCF-7 cell viability. We previously reported²³, by using the sulforhodamine B assay, that the treatment of hypoxic MCF-7 cells with concentrations of HT up to 400 μ M did not affect cell proliferation. In order to further corroborate the absence of toxicity of the HT concentrations used in this study (0–200 μ M), we performed trypan blue exclusion (cell viability, Fig. 1a) and Annexin-V/IP FACS (apoptosis, Fig. 1b) assays. The results revealed no significant changes in viable nor apoptotic or necrotic cells, confirming the absence of a toxic effect of HT in our experimental conditions.

HT does not affect nitric oxide levels during hypoxia. We have described²³ that a sub-cytotoxic treatment of hypoxic MCF-7 cells with HT (5–200 μ M, 16 h) decreased the oxidative stress level. NO is also crucial in the response to hypoxia. Therefore, we have evaluated the effect of those same concentrations of HT in NO production. Conversely to what we previously described for ROS, HT did not affect NO levels in a significant manner (Fig. 1c).

PARP-1 activity is decreased by high doses of HT. ROS and NO damage DNA and modulate the activity of PARP-1, a protein largely involved in cancer progression that also regulates HIF-1 α response. To assess whether the antioxidant effect of HT treatment decreased the expression and activity of this enzyme, we evaluated PARP-1 levels and PARylated proteins by using specific antibodies. As shown in Fig. 2, the expression of PARP-1 was increased in hypoxic conditions but returned to basal levels when cells were treated with concentrations of HT equal to or greater than 75 μ M. Similarly, PARylated proteins in hypoxic cells were also decreased by HT but only at 200 μ M.

HT reduces HIF-1 α stability in a dose dependent manner, in part, through the mTOR pathway. Although no changes were detected in NO levels (Fig. 1c), the impact of HT treatment on both oxidative stress and PARP-1 led us to evaluate the mRNA and protein level of HIF-1 α . No effects were detected on the expression of HIF-1 α mRNA, suggesting that HT does not modulate the transcription of this gene (Fig. 3a). However, the western-blot analysis revealed that HT was able to reduce HIF-1 α protein levels in a dose dependent manner from 50 μ M to 200 μ M (Fig. 3b). In order to further investigate the mechanism underlying this effect, we analyzed the impact of HT on the activation of the mTOR pathway. The active form of mTOR (p-mTOR) was decreased by treatment with HT 200 μ M (Fig. 3c and Supplementary Fig. 1a). Its downstream activated target p-S6 (Fig. 3d and Supplementary Fig. 1b) was reduced even at lower concentrations (HT 75, 100 and 200 μ M).

HIF-1 targets are up-regulated by high concentrations of HT. We next evaluated the effect of HT on the transcriptional activity of HIF-1. For that purpose, we analyzed the mRNA levels of the angiogenic targets adrenomedullin (AM) and vascular endothelial growth factor (VEGF), and of the metabolic targets glucose transporter-1 (GLUT-1) and lactate dehydrogenase A (LDHA). As expected, the expression of all these genes was up-regulated under hypoxia (Fig. 4). Surprisingly, and despite HIF-1 α protein was down-regulated by HT treatment, the two highest concentration of this phenol (100 and 200 μ M) promoted the up-regulation of AM, VEGF and GLUT-1. Hence, the transcriptional activity of HIF-1 and the protein levels of HIF-1 α do not follow a similar pattern of response when MCF-7 cells are treated with high concentrations of HT.

The up-regulation of HIF-1 α targets by HT is not due to FIH inhibition. The transcriptional activity of HIF-1 is modulated by FIH. The opposite effect of HT in the expression and transcriptional activity of HIF-1 led us to evaluate the influence of this phenol on FIH (Fig. 4e). No changes in the expression of this protein were observed suggesting that the up-regulation of AM, VEGF and GLUT-1 cannot be attributed to a lower expression of FIH.

GLUT-1 but not AM and VEGF overexpression by HT, is HIF-1 α dependent. AM, VEGF and GLUT-1 have been consistently described as HIF-1 target genes. However, the HIF-1 pathway did not seem to explain their overexpression after treatment with HT 100 and 200 μ M. In order to determine the implication of HIF-1 in such overexpression we analyzed whether the up-regulation of AM, VEGF and GLUT-1 persisted after knocking down HIF-1 α (Fig. 5a). As shown in Fig. 5b, the silencing of HIF-1 α abrogated the HT-induced overexpression of GLUT-1. However, AM and VEGF genes remained overexpressed in HT-treated cells after silencing

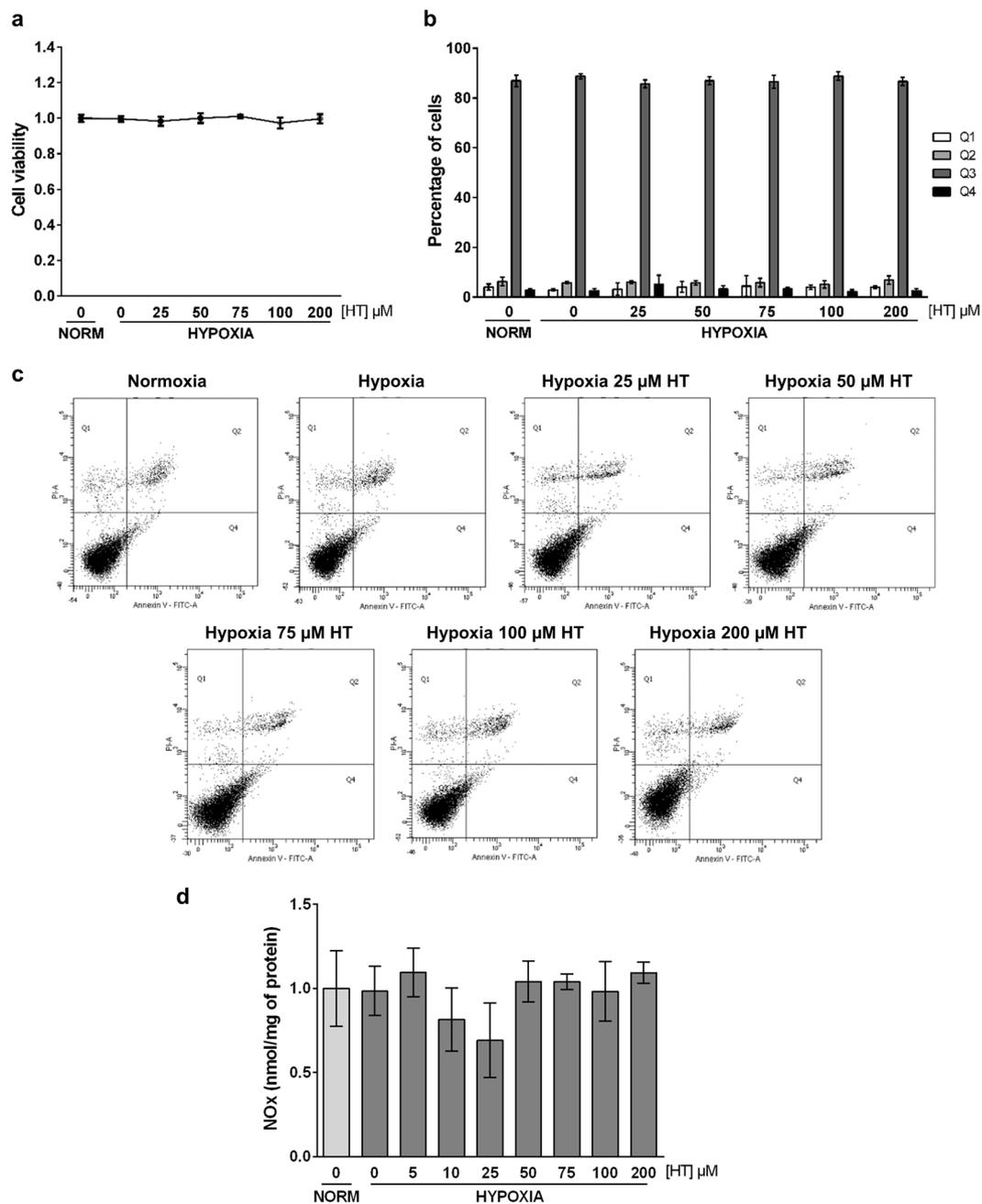


Figure 1. HT does not affect cell viability or nitric oxide levels in hypoxic conditions. (a) Cell viability measured as ratio of living cells (trypan blue unstained cells) relative to normoxic non HT-treated cells. (b) Representative dot plots of Annexin V/PI FACS analysis: Q1, necrotic cells (Annexin V negative and PI positive); Q2, late apoptotic cells (Annexin V and PI positive); Q3, viable cells (Annexin V and PI negative cells) and Q4, early apoptotic cells (Annexin V positive and PI negative cells). (c) NO levels (nmol/mg of protein) relative to normoxic HT-untreated cells. Values represent the mean \pm SD from three independent experiments.

HIF-1 α (Fig. 5c, d). These results indicate that HT exerts its transcriptional regulation of AM, VEGF through HIF-1-dependent and independent mechanisms.

HIF-1-independent pathways also mediate the effect of HT on the hypoxic response. Apart from HIF-1, HIF-2 is also involved in the up-regulation of certain genes in response to a hypoxic stimulus. Thus, we next addressed the possible involvement of HIF-2 in the transcriptional response to HT. For that purpose, we quantified the expression of the specific HIF-2 target Oct-4 in hypoxic HT-treated cells. As shown in Fig. 6a, HT produced no effect on the mRNA level of this gene, suggesting that HIF-2 α is not involved in the up-regulation of AM and VEGF. It has been previously reported that AM and VEGF genes contain xenobiotic response elements (XRE)^{24,25} and therefore can be regulated by the aryl hydrocarbon receptor (AHR). CYP1A1 is a sensitive marker of AHR activation and we found that it was intensely overexpressed at high HT doses (Fig. 6b). The AHR

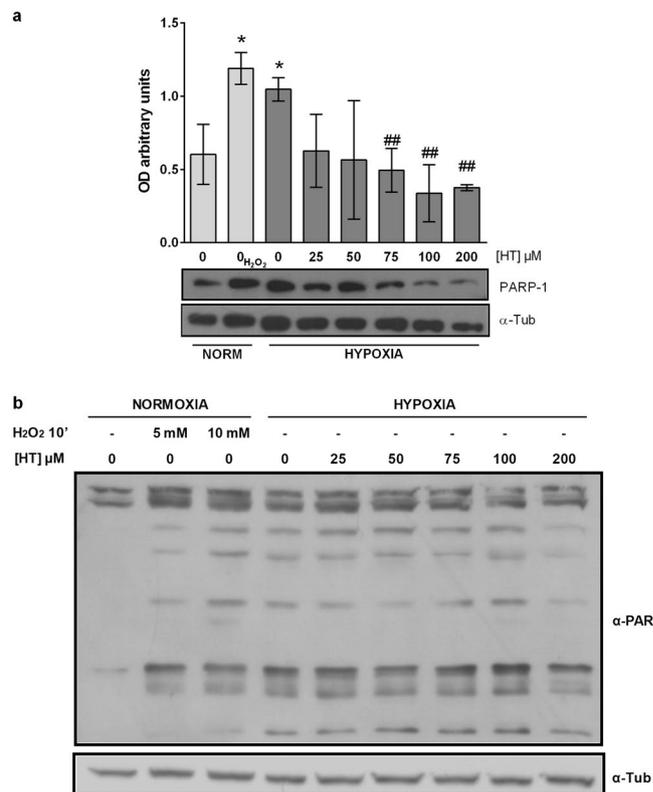


Figure 2. HT decreases PARP-1 protein level and activity. **(a)** Densitometric quantifications of PARP-1, protein level relative to α -tubulin (α -Tub). A representative immunoblot is shown. Values represent the mean \pm SD from three independent experiments. Statistically significant differences with the corresponding non-treated normoxic cells: * $p < 0.05$. Statistically significant differences with the corresponding non-treated hypoxic cells: ## $p < 0.01$. **(b)** α -PAR representative immunoblot.

repressor (AHRR) is also known to be induced in response to AHR activation²⁶ and, in agreement with the previous result, its expression was also induced at high HT concentrations (Fig. 6c). These results seem to indicate that at high concentrations HT could act as an AHR ligand, inducing AM and VEGF expression. AHR and HIF-1 α must heterodimerize with ARNT to carry out its transcriptional activity. Therefore, by silencing ARNT the effect of both HIF-1 and AHR would be concomitantly abolished. As shown in Fig. 7b, the effect of HT on CYP1A1 was almost completely abolished in ARNT-silenced hypoxic cells, further corroborating that at high concentrations HT binds and activates the AHR pathway. However, the effect of HT on AM or VEGF although significantly decreased was not completely abrogated (Figs. 7c and 7d), suggesting the involvement of additional mechanisms of regulation, not linked with ARNT.

In silico modelling of HT interaction with AHR. The large central pocket of the AHR PAS-B domain has been shown to promiscuously bind a number of toxic halogenated aromatic hydrocarbons, polycyclic aromatic hydrocarbons, and other natural, endogenous or synthetic agonists and antagonists^{27–29}, being 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD) the most potent ligand. In order to support our results pointing that HT is an AHR ligand, we performed a docking analysis. As it has been shown that there exist important differences between the *apo* and *holo* structures of the HIF-2 α PAS-B domain, used as template for homology modelling of the AHR PAS-B domain^{30,31}, we obtained a model for our docking analysis using three *holo* structures of the HIF-2 α domain³². We have used and compared two different docking methodologies, one rigid docking that uses a pre-defined binding cavity and the Autodock Vina program³³, and another one that does not need the binding pocket to be defined, based on deep neural networks, using the web program Bindscope³⁴. The first methodology rendered ten possible poses that were scored both with the Autodock Vina scoring function and with 3D-convolutional neural networks, using the web program K_{DEEP}³⁵. The two best-scored consensus poses are shown, together with the pose obtained by Bindscope, in Fig. 8. Interestingly, Bindscope, which is not biased by a pre-defined binding site, predicted HT to interact with the same parts of the protein of our defined binding site, although this pose reflects a different orientation as compared to those obtained with Autodock Vina, which showed two poses in which the main difference is which OH group is establishing a hydrogen bond with GLY321. In all cases, the poses predicted for HT establish interactions with residues which have been proven to form the so-called TCDD binding fingerprint³⁶ or others proved to be important for binding^{37,38} (3, 4 and 5 of these residues interacting with HT for the two poses from Autodock Vina and the pose from Bindscope, respectively). The poses obtained with Autodock Vina agreed in exhibiting a previously described crucial π - π interaction between

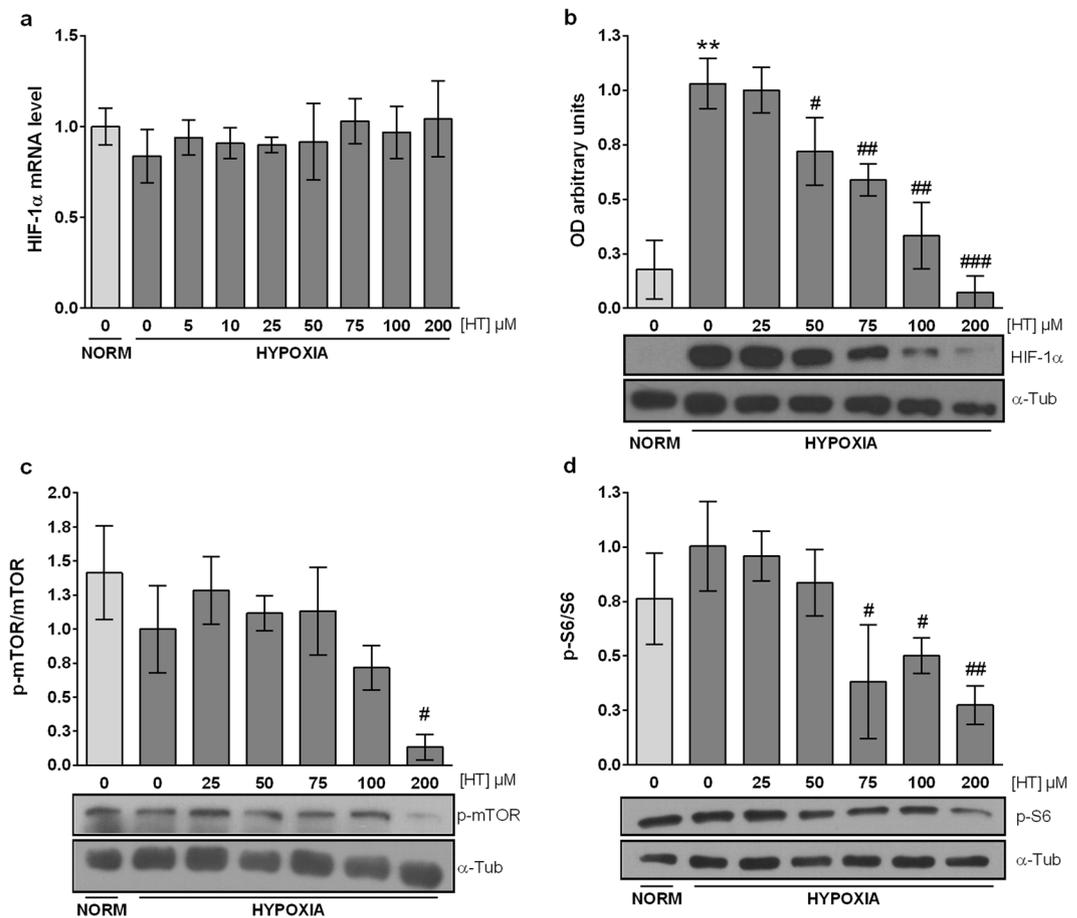


Figure 3. HT down-regulates HIF-1 α in a dose dependent manner: m-TOR pathway involvement (a) Effect of HT on HIF-1 α mRNA levels relative to hypoxic non HT-treated cells after normalization against PPIA. (b) Densitometric quantifications of HIF-1 α relative to α -tubulin protein level (α -Tub). Densitometric quantifications of p-mTOR (c) and p-S6 (d) relative to unphosphorylated corresponding proteins (Supplementary Fig. 1). A representative immunoblot is shown. Values represent the mean \pm SD from three independent experiments. Statistically significant differences with the corresponding non-treated normoxic cells: ** $p < 0.01$. Statistically significant differences with the corresponding non-treated hypoxic cells: # $p < 0.05$, ## $p < 0.01$, ### $p < 0.001$.

HT and PHE295³⁶, also obtained in previous docking experiments³⁹. Overall these docking results support the findings of HT as ligand of human AHR.

Discussion

The Mediterranean diet has been linked to a lower incidence of different types of cancer, and particularly of breast cancer^{18,20,22,40}. In a previous study we demonstrated that HT, the main EVOO phenolic compound in olive oil and a recognized nutraceutical, modulates the oxidative response to hypoxia of MCF-7 cells²³, a breast cancer cell line consistently used in the literature to assess the effect of this phenol. In the present study, and considering the crucial role of HIF-1 in hypoxia and in cancer prognosis, we have deepened into the modulatory effect that this phenol exerts in the response of the HIF-1 pathway.

NO and ROS up-regulates HIF-1 α levels by impairing PHDs and its pVHL-mediated degradation^{11,41}. The effect of HT on the production of NO has been previously reported in a number of studies. Although some of them show that HT results ineffective in reducing NO production⁴², most of them demonstrate that this phenol down-regulates NO levels, and point to the inhibition of the iNOS isoform as the plausible mechanism underlying this effect⁴³. However, these studies were carried out in cells grown in normoxia and the data about the effect that HT exerts in NO production in hypoxic cells are scarce. We reported⁴⁴ that in hypoxic non tumor cells NO levels were decreased by treatment with this phenol (100 and 200 μM). Breast cancer cells exhibit NO levels that are particularly high, and decreasing those level would help to counteract several malignancy-related effects including angiogenesis, apoptosis, cell cycle, invasion, and metastasis⁴⁵. In this study we show that HT is unable to exert any effect on NO levels, suggesting that the plausible inhibition of iNOS is overwhelmed in hypoxic MCF-7 cells.

PARP-1 is the funding and most studied member of a family of proteins which catalyzes the synthesis and transfer of negatively charged ADP-ribose moieties to a number of target protein substrates that result PARylated. PARP-1 activity is induced by oxidative and nitrosative stress and the crucial role of this protein in the response to hypoxia, both in non-tumor and tumor cells, has been extensively described by our group^{14,46,47}. Particularly,

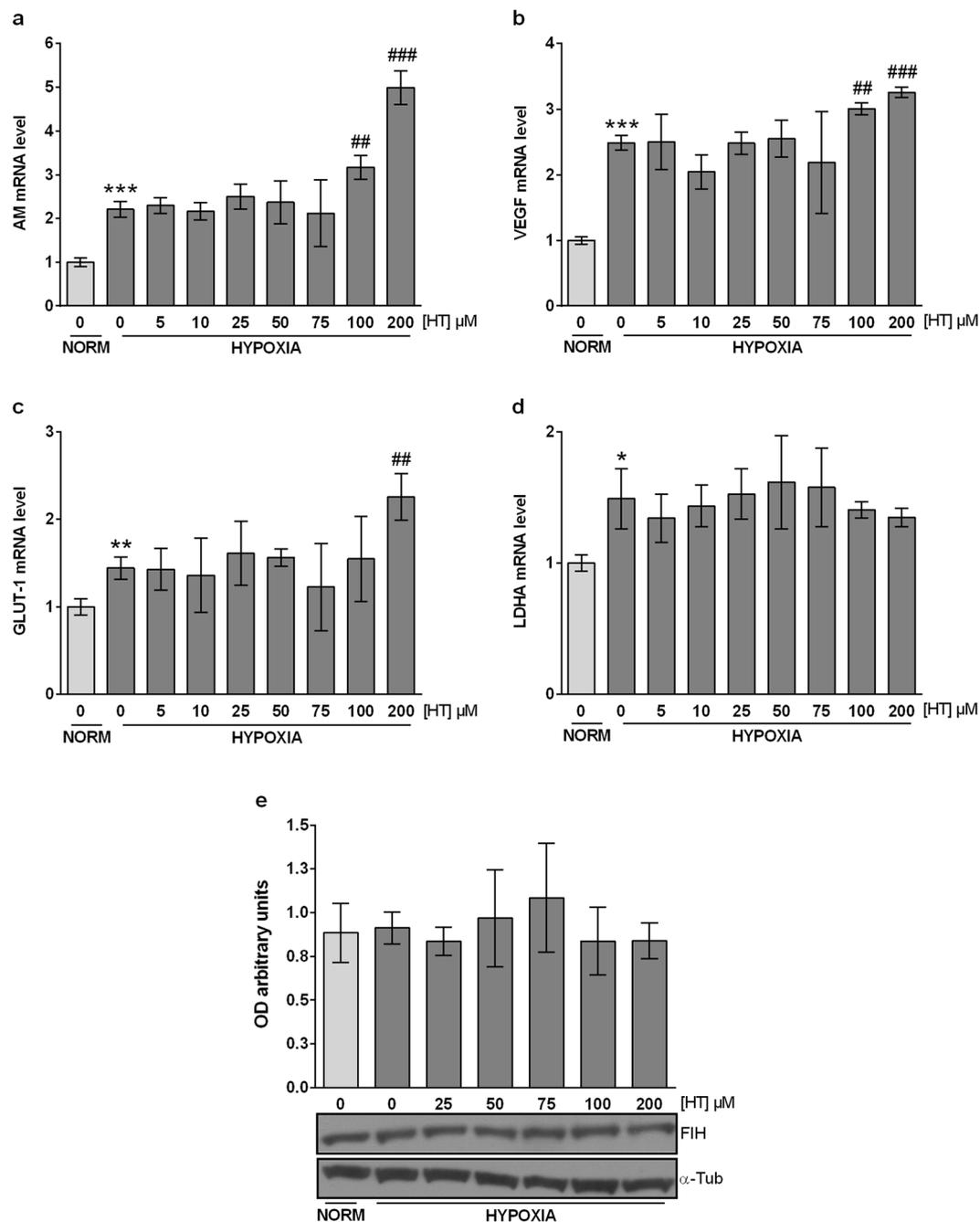


Figure 4. The effect of HT on HIF-1 targets does not parallel HIF-1 α expression. AM (a), VEGF (b), GLUT-1 (c) and (d) LDHA mRNA levels. Results are expressed as mRNA expression relative to normoxic non HT-treated cells after normalization against PPIA. (e) The up-regulation of HIF-1 α targets by HT is not due to FIH inhibition. Densitometric quantifications of FIH protein level relative to α -tubulin (α -Tub). A representative immunoblot is shown. Values represent the mean \pm SD from three independent experiments. Statistically significant differences with the corresponding non-treated normoxic cells: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. Statistically significant differences with the corresponding non-treated hypoxic cells: ## $p < 0.01$, ### $p < 0.001$.

we have reported that the inhibition of PARP-1 decreases the response of HIF-1 α . Pharmacological inhibition of PARP-1 provides protection from oxidative stress-associated tissue injury, down-regulates the inflammatory response and is also beneficial in cancer treatment by mechanisms such as selective killing of homologous recombination-deficient tumor cells, down-regulation of tumor-related gene expression (e.g. AP-1 and NF- κ B-mediated transcription) and apoptotic threshold in the co-treatment with chemo and radiotherapy⁴⁸. In fact, it is currently being used to treat some breast cancers. There is strong evidence in support of the concept that hypoxia increases both the expression and the activity of PARP-1, contributing to tumor malignancy. Hence, the down-regulation of PARP-1 by HT would be potentially beneficial in cancer patients, e.g. it could counteract the cardiovascular and musculoskeletal complications associated to anti-cancer therapies. Our results corroborate

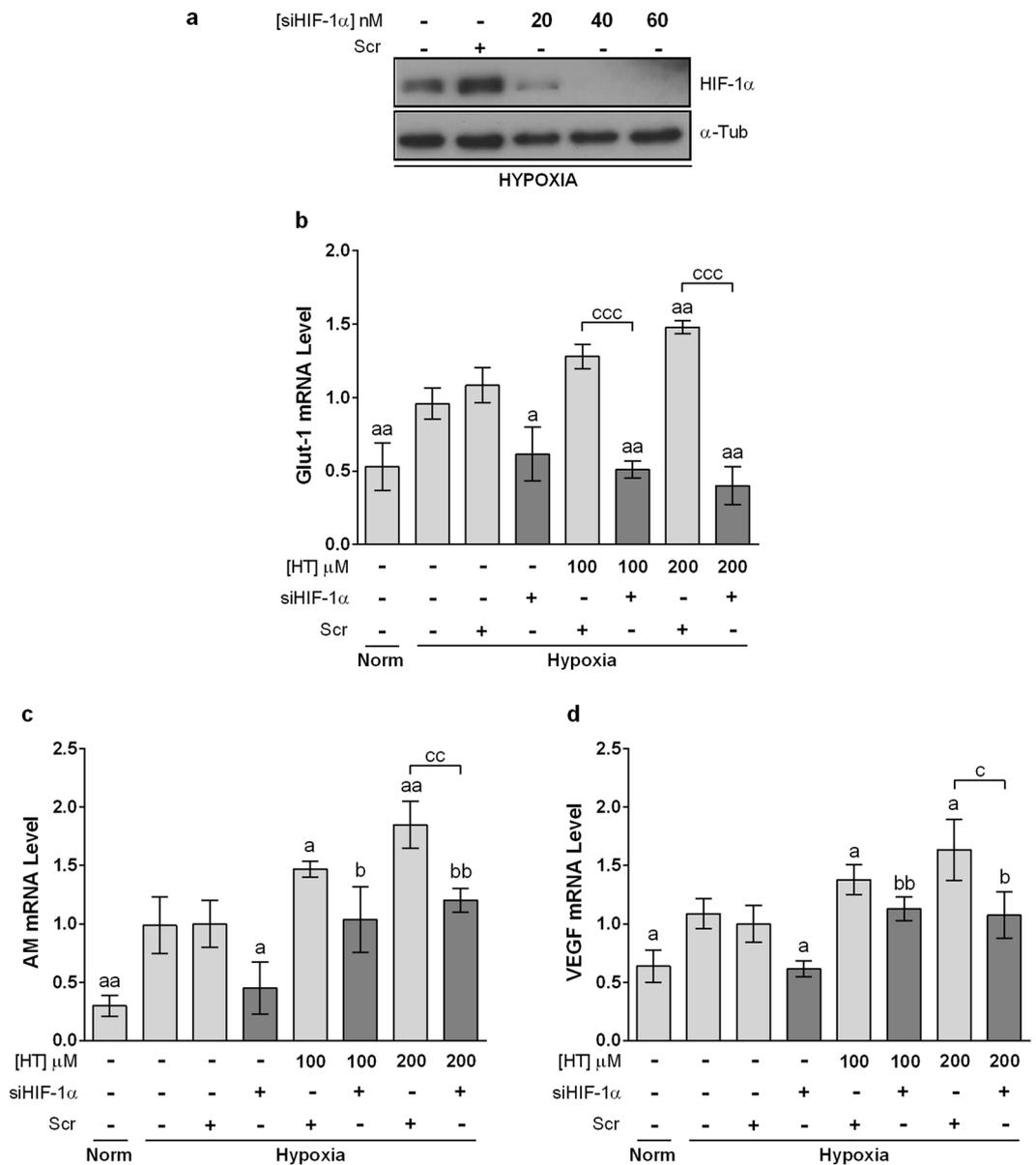


Figure 5. HIF-1 α silencing abolishes HT-dependent GLUT-1 upregulation but not AM and VEGF induction. (a) Representative immunoblot of HIF-1 α knockdown with different concentrations of siHIF-1 α . Effect of HIF-1 α silencing (siHIF-1 α 40 nM) on the transcription level of (b) GLUT-1, (c) AM and (d) VEGF in hypoxic cells after treatment with HT 100 and 200 μ M. Results are expressed as mRNA levels relative to Scr hypoxic cells after normalization against PPIA. Values represent the mean \pm SD from three independent experiments. Statistically significant differences with the corresponding Scr-siRNA transfected hypoxic cells: ^a $p < 0.05$, ^{aa} $p < 0.01$. Statistically significant differences with the corresponding HIF-1 α -silenced cells: ^b $p < 0.05$, ^{bb} $p < 0.01$. Statistically significant differences with the corresponding HT treated-non-silenced cells: ^c $p < 0.05$, ^{cc} $p < 0.01$, ^{ccc} $p < 0.001$.

the up-regulation of PARP-1 expression and activity in hypoxic MCF-7 cells, and demonstrate that HT treatment decreases both. However, these results although positive, cannot be exclusively linked to the antioxidant effect of HT, as they are achieved at concentrations ($\geq 75 \mu\text{M}$) clearly over the antioxidant ones ($\geq 5 \mu\text{M}$)²³. PARP-1 is also regulated by a number of microRNAs^{49,50}, and HT is known to modulate the expression of these small non-coding RNA molecules⁵¹. Thus, this mechanism could be a plausible additional contributor to PARP-1 down-regulation. Strikingly, PARylated proteins did not decrease in the same manner as PARP-1. This unparallel response could be due to the activity of other PARP proteins, such as PARP-2, also involved in DNA repair and gene transcription.

Breast cancer patients exhibit significantly high HIF-1 α levels, which correlate with more aggressive cancer features, and particularly with a poor disease free and overall survival⁵². Our results showed that HT (50–200 μM) decreased HIF-1 α protein level without modulating its mRNA expression. These data resemble those previously observed by our group in hypoxic non-tumor renal cells⁴⁴ and by others in human colon adenocarcinoma HT-29

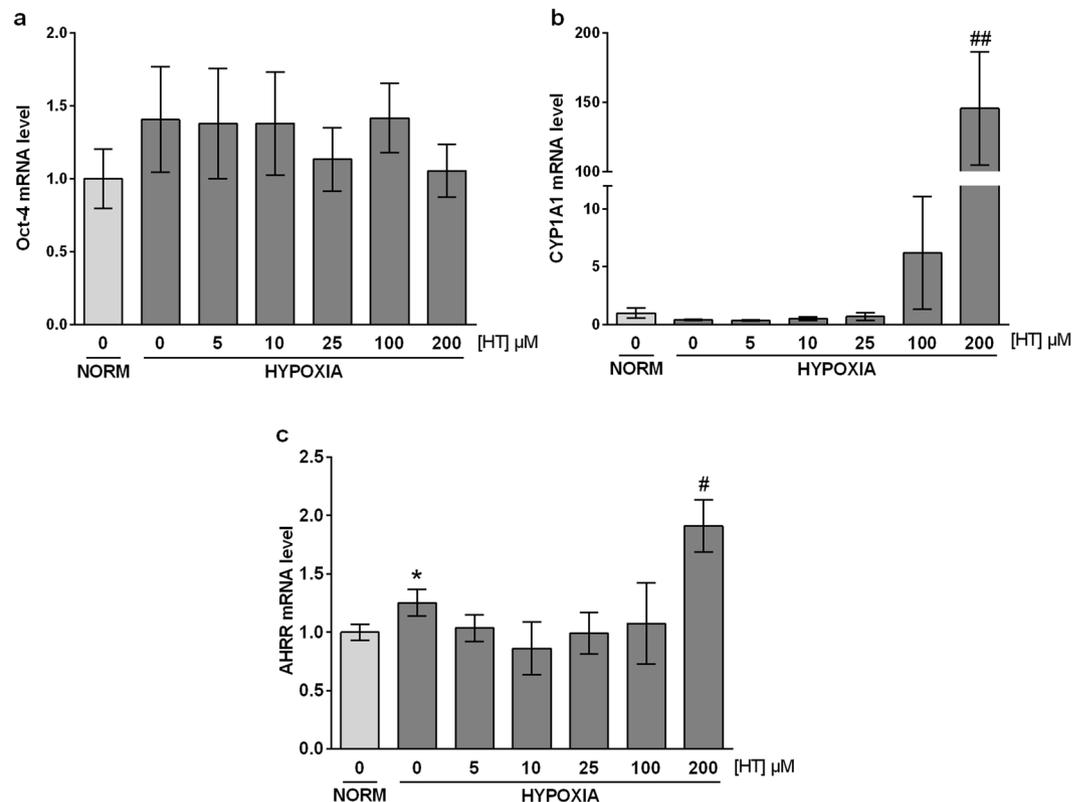


Figure 6. HT does not modulate HIF-2 but activates AHR at high concentrations. mRNA levels of Oct-4 (a), CYP1A1 (b) and AHRR (c). Results are expressed as mRNA expression relative to normoxic non HT-treated cells after normalization against PPIA. Values represent the mean \pm SD from three independent experiments. Statistically significant differences with the corresponding non-treated normoxic cells: * $p < 0.05$. Statistically significant differences with the corresponding non-treated hypoxic cells: # $p < 0.05$, ## $p < 0.01$.

cells grown *in vitro* and *in vivo* in a xenograft model⁵³, however the *in vitro* results were obtained after treatment with much higher concentrations of this phenol (400–800 μM)⁵⁴. Although HT induced no changes in NO levels in MCF-7 hypoxic cells, the down-regulation of HIF-1 α by HT treatment can be attributed to the antioxidant effect of HT, which reactivates PHD activity. As mentioned above, PARP-1 protein and enzymatic activity have also been linked to lower HIF-1 levels^{14,47}. In a skin carcinogenesis model, HIF-1 α was one of the genes decreased after pharmacological inhibition of PARP-1¹³. Although the particular mechanism underlying such effect has not been completely elucidated, the inhibition of inflammatory processes, and particularly of NF- κ B, has been proposed to play a critical role. The PI3K/Akt/mTOR pathway, an upstream inducer of NF κ B, can also regulate HIF-1 α expression. Besides, mTOR activity is also modulated by PARP-1. Particularly, upon PARP-1 activation, AMPK α results PARylated and is exported to cytosol where it is phosphorylated by LKB1, a kinase presumably modified in a PARylation-dependent manner as well. Finally, the phosphorylated AMPK α inhibits mTOR⁵⁵. According to the literature, the effect of HT on these pathways is controversial. Some authors have pointed that HT upregulates AMPK⁵⁶ and inhibits Akt phosphorylation in tumor and non-tumor cells at 50, 100 and 200 μM ^{57–59}. However, HT has also been shown to promote Akt phosphorylation⁶⁰. The data presented here support the hypothesis that high concentrations of HT, shown to decrease PARylation, inhibit the activity of this pathway as lower levels of p-mTOR and p-S6 were observed in hypoxic 200 μM HT-treated cells. Altogether, these results suggest that the down-regulation of HIF-1 α by HT is not only achieved post-translationally, through ROS decrease, but also at a translational level through the inhibition of the PI3K/Akt/mTOR pathway. This modulatory effect of HT could contribute to counteract breast cancer progression as high levels of PI3K, pAkt and p-mTOR are predictors of an adverse outcome in breast cancer patients^{61,62}. Besides, autophagy, a process of cellular self-digestion, is inhibited by mTOR activation and AMPK inhibition. The predictive value of autophagy for breast cancer prognosis remains unclear. However, inactivation of autophagy has been associated with shortened survival of breast cancer patients⁶³ and the loss of autophagy-related genes increases the aggressive development of HER2-positive breast cancer⁶⁴. Several reports point to HT as an inducer of autophagy^{65,66}. Although the study of the effect of HT on autophagy in hypoxic conditions is beyond of this work, our results seem to indicate that HT could affect this process. Further studies would be necessary in order to demonstrate this effect.

HIF-1 plays a central role in the adaptive response to hypoxia. It therefore appears crucial to investigate the effect of HT in the expression of some HIF-1 target genes. The induction of angiogenesis and an increased glucose uptake are two key molecular pathways that favor cell survival in a hypoxic environment. Those pathways are induced, among others, by the angiogenic factors VEGF and AM and by the metabolic proteins GLUT-1 and

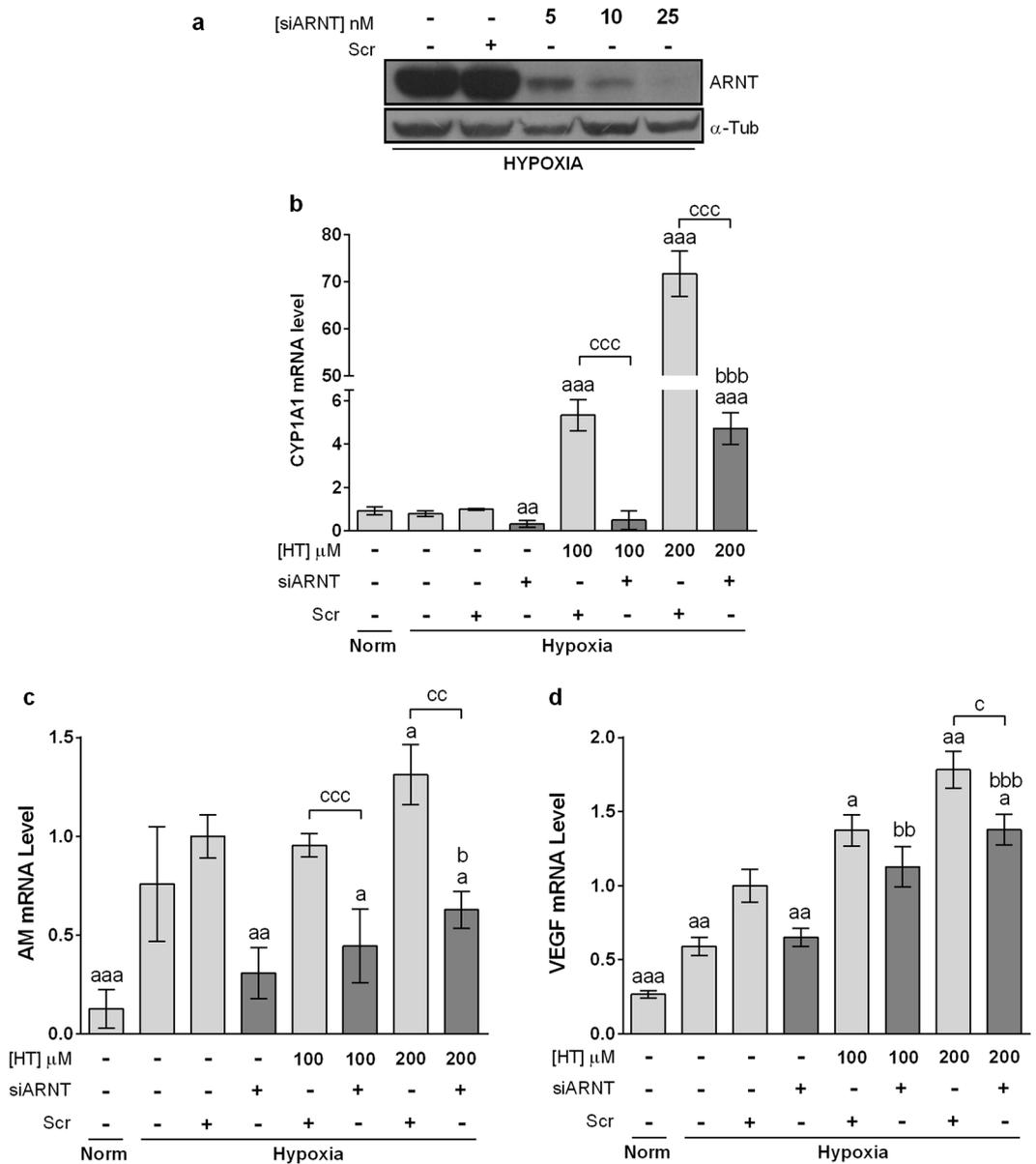


Figure 7. ARNT seems to be involved in the effect of HT. (a) Immunoblot of ARNT knockdown with siARNT. Effect of ARNT silencing on the transcription level of (b) CYP1A1, (c) AM and (d) VEGF in hypoxic cells after treatment with HT 100 and 200 μ M. Results are expressed as mRNA levels relative to Scr hypoxic cells after normalization against PPIA. Values represent the mean \pm SD from three independent experiments. Statistically significant differences with the corresponding Scr hypoxic cells: ^a $p < 0.05$, ^{aa} $p < 0.01$, ^{aaa} $p < 0.001$. Statistically significant differences with the corresponding ARNT-silenced cells: ^b $p < 0.05$, ^{bb} $p < 0.01$, ^{bbb} $p < 0.001$. Statistically significant differences with the corresponding HT treated-non-silenced cells: ^c $p < 0.05$, ^{cc} $p < 0.01$, ^{ccc} $p < 0.001$.

LDH. As shown above, the treatment of MCF-7 cells with HT decreases the expression of HIF-1 α . Thus, we expected those genes to follow a similar pattern of response and to be down-regulated in HT-treated hypoxic cells. Our findings showed that HT exerts no effect on the mRNA levels of LDHA whereas, strikingly, high doses of this phenol up-regulates the transcription of AM, VEGF and GLUT-1, suggesting that HT does not reduce but induces the transcriptional activity of HIF-1. While this result does not match previous studies showing lower levels of VEGF in different models^{53,67,68}, it supports our previous findings in renal cells⁴⁴. FIH, through its ability to hydroxylate HIF-1 α Asn-803, depresses HIF-1 transcriptional activity³. Thus, a plausible decrease in this protein could be responsible for the higher transcriptional activity of HIF-1. However, as the expression of FIH does not seem to be modulated by HT, we suggested that other regulatory pathways, different to HIF-1, are probably underlying the up-regulation of these genes. In order to corroborate the particular involvement of HIF-1 in the response of AM, VEGF and GLUT-1 to HT treatment, we silenced HIF-1 α expression by siRNA. The induction of GLUT-1 by HT was completely abolished in these cells, suggesting that its up-regulation after HT treatment is

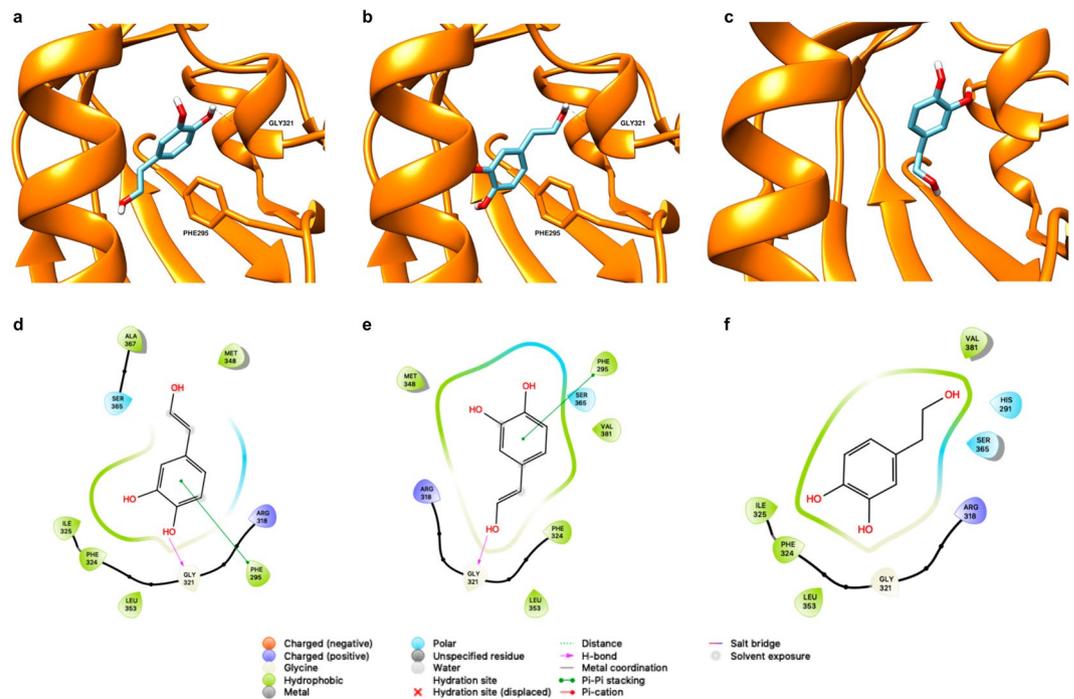


Figure 8. HT docked into human AHR as predicted by Autodock Vina (**a,b**) or BindScope (**c**), hydrogens other than those of the OH groups of HT are omitted for clarity. (**d–f**) 2D representations of the corresponding docked poses highlighting the interactions established between the ligand and the protein.

highly dependent on HIF-1 transcriptional activity. However, AM and VEGF were only partially down-regulated, corroborating the involvement of other regulatory mechanisms, additional to HIF-1, in the HT-mediated induction of those genes. HIF-2 is another member of the HIF family also involved in the response to hypoxia. The effect of HT in the activity of this transcription factor is largely unknown. Hence, we wonder whether the reported increase in AM and VEGF could be mediated by HIF-2⁶⁹. To test this hypothesis, we assessed the impact of HT in the transcriptional activity of HIF-2. Erythropoietin or angiopoietin 2 are canonical HIF-2 targets but they are very poorly expressed in MCF-7 cells⁷⁰, therefore we evaluated the mRNA levels of another specific HIF-2 α target, Oct-4⁷¹. HT did not affect Oct-4 transcription so HIF-2 does not seem to be involved in the response of AM and VEGF to HT. AM and VEGF can also be up-regulated by the hydrocarbon receptor (AHR)^{24,25,72,73}. AHR is a cytoplasmic bHLH-PAS transcription factor that can be activated by diverse chemicals. Upon ligand binding, and similarly to HIF-1 α , AHR is translocated to the nucleus where it dimerizes with HIF- β (ARNT) and forms an active transcription factor that regulates the expression of several genes involved in detoxification, angiogenesis, cell proliferation, adhesion and migration, among others processes⁷⁴. CYP1A1 is classically induced in response to AHR activation and, according to our results, the treatment of hypoxic MCF-7 cells with high concentrations of HT dramatically up-regulates the transcription of this protein involved in the metabolism of exogenous chemicals. These data appear to indicate that, at those concentrations, HT acts as an AHR ligand and promotes the expression of AM and VEGF through binding to their AHR-responsive elements. Although a complete view of the role of AHR in breast tumor growth is not currently available, AHR activation has been extensively linked with malignant transformation. In fact, a recent study in a cohort of 439 breast tumors showed that high AHR expression correlated with the up-regulation of genes involved in inflammation, metabolism, invasion and growth factor signaling while high AHRR mRNA levels correlated with good-metastasis free survival²⁶. Ligands for AHR are diverse and include not only pharmaceuticals but also dietary compounds such as phenols, natural and synthetic flavonoids⁷⁵. The rank of concentrations at which those compounds exert such effect is highly variable and depends on the chemical structure but also on the biological model used⁷⁶. Our structural modeling of HT binding to AHR supports that this phenol can act as an AHR ligand. In fact, the binding poses found show a π - π interaction proved to be crucial for TCDD binding, together with interactions with residues already shown to be important for TCDD binding to AHR^{36,39}. Moreover, we also addressed the importance of concentration in the AHR agonist activity of HT, as only high levels of this phenol, clearly over its dietary intake, are able to induce CYP1A1. A deeper *in silico* analysis, going from less computationally intensive methods, like MMGBSA⁷⁷, to other requesting much more computational resources such as alchemical free energy calculations^{78,79}, should be necessary to shed light into the molecular basis of the different expected binding free energy of HT as compared to TCDD. However, the fact that the induction of AM and VEGF by HT is not completely abolished in ARNT-silenced cells suggests the involvement of other mechanisms additional to HIF-1 and AHR. ARNT2 is homologous to ARNT protein. Its expression is restricted to neural tissues and the kidney, but it is also found in multiple cancer cells. Although both ARNT and ARNT2 bind equally with HIF- α subunits, ARNT is much more efficient than ARNT2 in the AHR-mediated up-regulation of CYP1A1⁸⁰. Therefore, although further

experiments should be carried out, it could be hypothesized that the transcriptional effect of HT may be exerted through a combination of the AHR-ARNT and HIF-1 α -ARNT/ARNT2 pathways.

To our knowledge, few papers compare the *in vitro* and *in vivo* antitumoral effect of HT in breast cancer. According to the literature, although very high concentrations of HT are necessary to inhibit the proliferation of breast cancer cells *in vitro*, a 0.5 mg HT/kg/day dose is able to significantly reduce breast tumor volume in rats⁸¹. In one study with breast cancer patients, 15 mg HT/day exerted a positive effect in women that received different cycles of combined chemotherapy of epirubicin and cyclophosphamide⁸². HT absorption is good but its total bio-availability is only 5–10%. Therefore, although 100 or 200 μ M are unachievable concentrations with diet intake or nutraceutical presentations of HT, the *in vivo* results seem to indicate that lower doses can attain similar results to those obtained *in vitro* with higher concentrations. The hypoxic environment is crucial in a tumoral context but its particular impact on the response to anticancer treatments has been hardly analyzed. Our study aims to be a first step to shed light into the impact of hypoxia on the molecular response mediated by this phenol. The data we present appear to indicate that, in a hypoxic context, HT modulates different molecular mechanisms involved in tumor malignancy and resistance to therapy. The inhibition of the PI3K/Akt/mTOR pathway can overcome resistance to hormonal and anti-HER2 targeted therapies⁸³, and HIF inhibitors are also promising molecules in cancer treatment⁸⁴. Therefore, our data support that HT could have a chemomodulatory effect in breast cancer. It has already been shown, in an *in vivo* rat breast cancer model, that the co-treatment with paclitaxel and HT (0.5 mg/kg/day) decreases systemic oxidative stress, tumor volume and cell proliferation⁸¹. It would be plausible to hypothesize that some of the molecular mechanisms proposed here could underlie such response.

In conclusion, our results suggest that HT decreases the PI3K/Akt/mTOR pathway and HIF-1 α in hypoxic MCF-7 cells. Moreover, we describe for the first time that high doses of HT, recurrently used in the literature, may act as an AHR agonist favoring the induction of angiogenic genes under hypoxic conditions. Therefore, our results provide new insights into the effect of HT in a hypoxic environment, and point to the importance of concentration in the comprehensive analysis of the biological potential of this compound.

Methods

Chemicals and reagents. HT (purity \geq 98%) was obtained from Extrasynthese, France. Dulbecco's modified Eagle's medium (DMEM) and sodium pyruvate were from Capricorn Scientific, Germany, foetal bovine serum (FBS) was from Sigma, USA, and Trypan Blue Solution, 0.4% from Thermo Fisher, USA. Primary antibodies mTOR (2972 S), p-mTOR (2971 S), S6 (2217 S) and p-S6 (2211 S) were purchased from Cell signaling Technology, USA; HIF-1 α (A300–286A) from Bethyl, USA; PARP-1 (C-2-10) from Calbiochem, Germany; anti-poly(ADP-ribose) (α -PAR) (4355-MC) from Trevigen, USA; α -Tubulin antibody (T5168) from Sigma, USA and FIH-1 (sc-26219) from Santa Cruz, USA. Apoptosis was quantified using the FITC Annexin V Apoptosis Detection Kit with PI (ANXVKE, Immunostep, Spain). RNA was isolated using the RNeasyPlus Mini kit (Qiagen, Germany). cDNA Synthesis Kit for RT-qPCR and iTaq UniverSYBR for Real-time PCR were from Bio-Rad, USA. Primers were synthesized by Biomedal S.L. (Spain). ARNT siRNA (s1613 and s1615), scramble siRNA (sc-37007) and the transfection reagent jetPRIME were from Ambion, Santa Cruz and Polyplus Transfection, USA, respectively. HIF-1 α siRNA was from Sigma (forward 5'-CUGAUGACCAGCAACUUGA-3', reverse 5'-UCAAGUUGCUGGUCAUCAG-3').

Cell culture and treatments. Human breast cancer MCF-7 cells were grown in 10% foetal bovine serum and 1% sodium pyruvate supplemented DMEM at 37 °C in 5% CO₂ and 21% O₂. Cells were pre-treated or not with different concentrations of HT, prepared in ethanol immediately before use, for 16 h under normoxic conditions (21% O₂), being cultured during the last 4 h either in normoxic or hypoxic conditions (1% O₂). Control cells were treated with an equal ethanol concentration.

Cell viability assay. The ratio of viable cells in each experimental condition was quantified by the trypan blue exclusion assay in a TC20™ Automated Cell Counter (BioRad, USA) according to manufacturer's recommendations. Cell viability was expressed as ratio of viable (non-stained) cells relative to normoxic non HT-treated cells.

Annexin V- propidium iodide double-staining assay. The induction of apoptosis in MCF-7 cells was evaluated by using a FITC Annexin V Apoptosis Detection Kit with propidium iodide (PI) (ANXVKE, Immunostep, Spain) according to the manufacturer's protocol. Data acquisition and analysis were carried out using a flow cytometer (LSR Fortessa, BD Bioscience) and the BD FACSDiva™ software. Cells in upper left column (Q1) represent necrotic cells (Annexin V negative and PI positive cells); cells in upper right column (Q2) represent late apoptotic cells (Annexin V and PI positive cells); cells in lower left quadrant (Q3) represent viable cells (Annexin V and PI negative cells); cells in lower right quadrant (Q4) represent early apoptotic cells (Annexin V positive and PI negative cells).

Measurement of nitric oxide level. Nitric oxide (NO) level was indirectly quantified by determining nitrate/nitrite and S-nitroso compounds (NOx), using an ozone chemiluminescence-based method. For this purpose, cells of each experimental condition were collected and lysed by 3 freeze–thaw cycles. After centrifugation at 14000 g for 30 min, the supernatants were collected and protein was quantified. Samples were deproteinized in a deproteinization solution (0.8 N NaOH and 16% ZnSO₄). The total amount of NOx in the deproteinized samples was determined the purge system of Sievers Instruments, model NOA 280i. NOx concentrations were calculated by comparison with standard solutions of sodium nitrate. Final NOx values were referred to the total protein concentration in the initial extracts.

Western blot. For western blot analysis, equal amounts of denatured total-protein extracts (20 µg) were loaded and separated on a 7.5% (HIF-1 α , p-mTOR, α -PAR and PARP-1), or 10% (FIH-1 and p-S6) SDS-polyacrylamide gel. Proteins in the gel were transferred to a PVDF membrane (Amersham Pharmacia Biotech) and then blocked. Monoclonal antibodies to HIF-1 α (1/5000), m-TOR (1/500), p-mTOR (1/1000), PARP-1 (1/1000), α -PAR (1/5000), FIH-1 (1/7000), S6 (1/1000), p-S6 (1/5000) and to α -tubulin (1/20,000), as a loading control, were used for detection of the respective proteins. Antibody reaction was revealed by means of chemiluminescence detection procedures according to the manufacturer's recommendations (ECL kit, Amersham Corp). Western-blot was quantified by using TotalLab software.

Quantitative Real-time PCR (qRT-PCR). Real-time PCR was performed in a CFX384 Touch Real-Time PCR Detection System (Bio-Rad) using iTaq UniverSYBR. The sequences of the primers are below: *HIF-1 α* , forward 5'-TGCTTTAACTTGGCTGGCCC-3', reverse 5'-GTTTCTGTGTCGTTGCTGCC-3'; *AM*, forward 5'-CTCTGAGTCGTGGGAAGAGG-3', reverse 5'-CCCTGGAAGTTGTTTCATGCT-3'; *VEGF*, forward 5'-TTGTACAAGATCCGCAGACG-3', reverse 5'-TCACATCTGCAAGTACGTTTCG-3'; *GLUT-1*, forward 5'-AGGCTTCTCCAAGTGGACCT-3', reverse 5'-CCTCGGGTGTCTTGTCACTT-3'; *LDHA*, forward 5'-AGGCTACACATCTGGGCTA-3', reverse 5'-CCCAAATGCAAGGAACACT-3'; *Oct-4*, forward 5'-GGCTCGAGAAGGATGTGGTC-3', reverse 5'-CCAGCAGACACCTTAGACGA-3'; *AHRR*, forward 5'-GAAGGAGCAGCAGAGAGAGC-3', reverse 5'-CTTGTGGGTCCTGGAGTCT-3'; *CYP1A1*, forward 5'-CAAGGGGCGTTGTGCTTTTG-3', reverse 5'-GTCGATAGCACCATCAGGGG-3'; *PPIA*, forward 5'-TTCATCTGCCTGCAAGAGC-3', reverse 5'-TCGAGTTGTCCACAGTCAGC-3'. Experiments were performed in triplicate, and the relative quantities of target genes, corrected with the normalizing gene PPIA, were calculated using the Bio-Rad CFX Manager Software.

HIF-1 α and ARNT siRNA transfection. HIF-1 α , ARNT and Scr siRNAs were transfected with transfection reagent according to the manufacturer's instructions. Briefly, MCF-7 cells (11×10^4 /well) were plated into 6-well plates, allowed to adhere for 24 h and incubated with the siRNAs for 24 h. Different concentrations of each siRNA were initially tested (20, 40 and 60 nM of siHIF-1 α ; 5, 10 and 25 nM of siARNTs). Finally, siHIF-1 α 40 nM, siARNTs 25 nM and similar concentrations of Scr-siRNA were used. Two pairs of ARNT siRNAs were used to ensure a maximum silencing. The transfection medium was then replaced with fresh medium for 24 h before further treatment with HT and/or hypoxia. The efficiency of silencing was evaluated by western-blot analysis of HIF-1 α and ARNT.

Modelling of HT binding to AHR. The model of the human AHR PAS-B domain was obtained by homology modelling using as templates three holo structures of the HIF-2 α PAS-B domain, with PDB IDs 3F1O³⁰, 3H7W³¹ and 3H82⁸⁵. The Prime module of the Schrödinger Maestro 2017-1 suite was used to obtain an homology model using the Consensus Homology Model, using as query sequence residues 284–390 of human AHR. The model was subsequently loaded into the web program ProteinPrepare⁸⁶, which protonates at pH=7 and optimizes the hydrogen bond network. The model for HT was manually drawn and imported into UCSF Chimera⁸⁷, where its structure was optimized for 100 steepest-descent followed by 100 conjugate-gradient steps. The HR model, together with the human AHR one, were on the one hand uploaded into Bindscope³⁴, and on the other one prepared with the DockPrep utility of Chimera to be used in a docking calculation with Autodock Vina³³. Amber ff14SB⁸⁸ charges were used for the protein, whilst AM1-BCC^{89,90} charges were assigned to HT. The binding pocket used, which is the same found in other docking experiments, was determined with DeepSite⁹¹. The cartesian coordinates of the center of the binding pocket found with DeepSite were used to define a search box for Autodock Vina of $10 \times 10 \times 10 \text{ \AA}^3$, and for other parameters, defaults were used. Figures were rendered with UCSF Chimera and Maestro.

Statistical analysis. Data are expressed as means \pm SD of at least three independent experiments. Statistical comparisons between the different experimental groups and their corresponding controls were made with Student's t-test, accepting $p < 0.05$ as the level of significance, using GraphPad Prism 6 software (GraphPad Software Inc.).

Experimental methods guidelines statement. All experiments were performed in accordance with relevant guidelines and regulations.

Data availability

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

Received: 28 June 2019; Accepted: 30 March 2020;

Published online: 14 April 2020

References

- Alkabban, F. M. & Ferguson, T. Cancer, Breast. *Treasure Island: StatPearls Publishing* (2018).
- Lundgren, K., Holm, C. & Landberg, G. Hypoxia and breast cancer: prognostic and therapeutic implications. *Cell Mol Life Sci* **64**, 3233–3247, <https://doi.org/10.1007/s00018-007-7390-6> (2007).
- Masoud, G. N. & Li, W. HIF-1 α pathway: role, regulation and intervention for cancer therapy. *Acta Pharmaceutica Sinica B* **5**, 378–389, <https://doi.org/10.1016/j.apsb.2015.05.007> (2015).
- Doktorova, H., Hrabeta, J., Khalil, M. A. & Eckschlager, T. Hypoxia-induced chemoresistance in cancer cells: The role of not only HIF-1. *Biomedical Papers of the Medical Faculty of Palacky University in Olomouc* **159**, <https://doi.org/10.5507/bp.2015.025> (2015).

5. Harada, H. Hypoxia-inducible factor 1-mediated characteristic features of cancer cells for tumor radioresistance. *Journal of radiation research* **57**, i99–i105, <https://doi.org/10.1093/jrr/rw012> (2016).
6. Minet, E. *et al.* HIF1A gene transcription is dependent on a core promoter sequence encompassing activating and inhibiting sequences located upstream from the transcription initiation site and cis elements located within the 5' UTR. *Biochemical and biophysical research communications* **261**, 534–540, <https://doi.org/10.1006/bbrc.1999.0995> (1999).
7. BelAiba, R. S. *et al.* Hypoxia up-regulates hypoxia-inducible factor-1 α transcription by involving phosphatidylinositol 3-kinase and nuclear factor κ B in pulmonary artery smooth muscle cells. *Molecular biology of the cell* **18**, 4691–4697, <https://doi.org/10.1091/mbc.e07-04-0391> (2007).
8. Sperandio, S. *et al.* The transcription factor Egr1 regulates the HIF-1 α gene during hypoxia. *Molecular Carcinogenesis: Published in cooperation with the University of Texas MD Anderson Cancer Center* **48**, 38–44, <https://doi.org/10.1002/mc.20454> (2009).
9. Agani, F. & Jiang, B.-H. Oxygen-independent regulation of HIF-1: novel involvement of PI3K/AKT/mTOR pathway in cancer. *Current cancer drug targets* **13**, 245–251, <https://doi.org/10.2174/1568009611313030003> (2013).
10. Movafagh, S., Crook, S. & Vo, K. Regulation of hypoxia-inducible factor-1 α by reactive oxygen species: new developments in an old debate. *Journal of cellular biochemistry* **116**, 696–703, <https://doi.org/10.1002/jcb.25074> (2015).
11. Ho, J. D., Man, H. J. & Marsden, P. A. Nitric oxide signaling in hypoxia. *Journal of molecular medicine* **90**, 217–231, <https://doi.org/10.1016/B978-0-12-800254-4.00007-6> (2012).
12. Lando, D., Gorman, J. J., Whitelaw, M. L. & Peet, D. J. Oxygen-dependent regulation of hypoxia-inducible factors by prolyl and asparaginyl hydroxylation. *European Journal of Biochemistry* **270**, 781–790, <https://doi.org/10.1046/j.1432-1033.2003.03445.x> (2003).
13. Martin-Oliva, D. *et al.* Inhibition of poly (ADP-ribose) polymerase modulates tumor-related gene expression, including hypoxia-inducible factor-1 activation, during skin carcinogenesis. *Cancer research* **66**, 5744–5756, <https://doi.org/10.1158/0008-5472.CAN-05-3050> (2006).
14. Martínez-Romero, R. *et al.* Poly (ADP-ribose) polymerase-1 modulation of *in vivo* response of brain hypoxia-inducible factor-1 to hypoxia/reoxygenation is mediated by nitric oxide and factor inhibiting HIF. *Journal of neurochemistry* **111**, 150–159, <https://doi.org/10.1111/j.1471-4159.2009.06307.x> (2009).
15. Weaver, A. N. & Yang, E. S. Beyond DNA repair: additional functions of PARP-1 in cancer. *Frontiers in oncology* **3**, 290, <https://doi.org/10.3389/fonc.2013.00290> (2013).
16. Rodríguez, M. I. *et al.* Deciphering the Insights of Poly (ADP-Ribosylation) in Tumor Progression. *Medicinal research reviews* **35**, 678–697, <https://doi.org/10.1002/med.21339> (2015).
17. Nagini, S. Breast cancer: Current molecular therapeutic targets and new players. *Anti-Cancer Agents in Medicinal Chemistry (Formerly Current Medicinal Chemistry-Anti-Cancer Agents)* **17**, 152–163, <https://doi.org/10.2174/1871520616666160502122724> (2017).
18. Toledo, E. *et al.* Mediterranean diet and invasive breast cancer risk among women at high cardiovascular risk in the PREDIMED trial: a randomized clinical trial. *JAMA internal medicine* **175**, 1752–1760, <https://doi.org/10.1001/jamainternmed.2015.4838> (2015).
19. Echeverría, F., Ortiz, M., Valenzuela, R. & Videla, L. Hydroxytyrosol and cytoprotection: a projection for clinical interventions. *International journal of molecular sciences* **18**, 930, <https://doi.org/10.3390/ijms18050930> (2017).
20. Granados-Principal, S. *et al.* Hydroxytyrosol ameliorates oxidative stress and mitochondrial dysfunction in doxorubicin-induced cardiotoxicity in rats with breast cancer. *Biochemical pharmacology* **90**, 25–33, <https://doi.org/10.1016/j.bcp.2014.04.001> (2014).
21. Cruz-Lozano, M. *et al.* Hydroxytyrosol inhibits cancer stem cells and the metastatic capacity of triple-negative breast cancer cell lines by the simultaneous targeting of epithelial-to-mesenchymal transition, Wnt/ β -catenin and TGF β signaling pathways. *European journal of nutrition*, 1–13, <https://doi.org/10.1007/s00394-018-1864-1> (2018).
22. Martínez, N. *et al.* A combination of hydroxytyrosol, omega-3 fatty acids and curcumin improves pain and inflammation among early stage breast cancer patients receiving adjuvant hormonal therapy: results of a pilot study. *Clinical and Translational Oncology*, 1–10 (2018).
23. Calahorra, J., Martínez-Lara, E., De Dios, C. & Siles, E. Hypoxia modulates the antioxidant effect of hydroxytyrosol in MCF-7 breast cancer cells. *PLoS one* **13**, e0203892, <https://doi.org/10.1371/journal.pone.0203892> (2018).
24. Iwano, S., Ichikawa, M., Takizawa, S., Hashimoto, H. & Miyamoto, Y. Identification of AhR-regulated genes involved in PAH-induced immunotoxicity using a highly-sensitive DNA chip, 3D-Gene™ Human Immunity and Metabolic Syndrome 9k. *Toxicology in Vitro* **24**, 85–91, <https://doi.org/10.1016/j.tiv.2009.08.030> (2010).
25. Chiappini, F. *et al.* Exposure to environmental concentrations of hexachlorobenzene induces alterations associated with endometriosis progression in a rat model. *Food and Chemical Toxicology* **123**, 151–161, <https://doi.org/10.1016/j.fct.2018.10.056> (2019).
26. Vacher, S. *et al.* High AHR expression in breast tumors correlates with expression of genes from several signaling pathways namely inflammation and endogenous tryptophan metabolism. *PLoS one* **13**, e0190619, <https://doi.org/10.1371/journal.pone.0190619> (2018).
27. Poland, A. & Knutson, J. C. 2,3,7,8-tetrachlorodibenzo-p-dioxin and related halogenated aromatic hydrocarbons: examination of the mechanism of toxicity. *Annu Rev Pharmacol Toxicol* **22**, 517–554, <https://doi.org/10.1146/annurev.pa.22.040182.002505> (1982).
28. Safe, S. Polychlorinated biphenyls (PCBs), dibenzo-p-dioxins (PCDDs), dibenzofurans (PCDFs), and related compounds: environmental and mechanistic considerations which support the development of toxic equivalency factors (TEFs). *Crit Rev Toxicol* **21**, 51–88, <https://doi.org/10.3109/10408449009089873> (1990).
29. Denison, M. S. & Nagy, S. R. Activation of the aryl hydrocarbon receptor by structurally diverse exogenous and endogenous chemicals. *Annu Rev Pharmacol Toxicol* **43**, 309–334, <https://doi.org/10.1146/annurev.pharmtox.43.100901.135828> (2003).
30. Scheuermann, T. H. *et al.* Artificial ligand binding within the HIF2 alpha PAS-B domain of the HIF2 transcription factor. *P Natl Acad Sci USA* **106**, 450–455, <https://doi.org/10.1073/pnas.0808092106> (2009).
31. Key, J., Scheuermann, T. H., Anderson, P. C., Daggett, V. & Gardner, K. H. Principles of Ligand Binding within a Completely Buried Cavity in HIF2 alpha PAS-B. *J Am Chem Soc* **131**, 17647–17654, <https://doi.org/10.1021/ja9073062> (2009).
32. Motto, I., Bordogna, A., Soshilov, A. A., Denison, M. S. & Bonati, L. New aryl hydrocarbon receptor homology model targeted to improve docking reliability. *J Chem Inf Model* **51**, 2868–2881, <https://doi.org/10.1021/ci2001617> (2011).
33. Trott, O. & Olson, A. J. AutoDock Vina: improving the speed and accuracy of docking with a new scoring function, efficient optimization, and multithreading. *J Comput Chem* **31**, 455–461, <https://doi.org/10.1002/jcc.21334> (2010).
34. Skalic, M., Martínez-Rosell, G., Jimenez, J. & De Fabritiis, G. PlayMolecule BindScope: large scale CNN-based virtual screening on the web. *Bioinformatics* **35**, 1237–1238, <https://doi.org/10.1093/bioinformatics/bty758> (2019).
35. Jimenez, J., Skalic, M., Martínez-Rosell, G. & De Fabritiis, G. KDEEP: Protein-Ligand Absolute Binding Affinity Prediction via 3D-Convolutional Neural Networks. *J Chem Inf Model* **58**, 287–296, <https://doi.org/10.1021/acs.jcim.7b00650> (2018).
36. Pandini, A. *et al.* Detection of the TCDD binding-fingerprint within the Ah receptor ligand binding domain by structurally driven mutagenesis and functional analysis. *Biochemistry* **48**, 5972–5983, <https://doi.org/10.1021/bi900259z> (2009).
37. Henry, E. C. & Gasiewicz, T. A. Molecular determinants of species-specific agonist and antagonist activity of a substituted flavone towards the aryl hydrocarbon receptor. *Arch Biochem Biophys* **472**, 77–88, <https://doi.org/10.1016/j.abb.2008.02.005> (2008).
38. Goryo, K. *et al.* Identification of amino acid residues in the Ah receptor involved in ligand binding. *Biochem Biophys Res Commun* **354**, 396–402, <https://doi.org/10.1016/j.bbrc.2006.12.227> (2007).

39. Jogalekar, A. S., Reiling, S. & Vaz, R. J. Identification of optimum computational protocols for modeling the aryl hydrocarbon receptor (AHR) and its interaction with ligands. *Bioorganic & medicinal chemistry letters* **20**, 6616–6619, <https://doi.org/10.1016/j.bmcl.2010.09.019> (2010).
40. García-Segovia, P., Sánchez-Villegas, A., Doreste, J., Santana, F. & Serra-Majem, L. Olive oil consumption and risk of breast cancer in the Canary Islands: a population-based case–control study. *Public health nutrition* **9**, 163–167, <https://doi.org/10.1079/phn2005940> (2006).
41. Metzzen, E., Zhou, J., Jelkmann, W., Fandrey, J. & Brune, B. Nitric oxide impairs normoxic degradation of HIF-1 α by inhibition of prolyl hydroxylases. *Molecular biology of the cell* **14**, 3470–3481, <https://doi.org/10.1091/mbc.e02-12-0791> (2003).
42. Plastina, P. *et al.* Identification of hydroxytyrosyl oleate, a derivative of hydroxytyrosol with anti-inflammatory properties, in olive oil by-products. *Food chemistry* **279**, 105–113, <https://doi.org/10.1016/j.foodchem.2018.12.007> (2019).
43. Zhang, X., Cao, J. & Zhong, L. Hydroxytyrosol inhibits pro-inflammatory cytokines, iNOS, and COX-2 expression in human monocytic cells. *Naunyn-Schmiedeberg's archives of pharmacology* **379**, 581, <https://doi.org/10.1007/s00210-009-0399-7> (2009).
44. Martínez-Lara, E., Peña, A., Calahorra, J., Cañuelo, A. & Siles, E. Hydroxytyrosol decreases the oxidative and nitrosative stress levels and promotes angiogenesis through HIF-1 independent mechanisms in renal hypoxic cells. *Food & function* **7**, 540–548, <https://doi.org/10.1039/C5FO00928F> (2016).
45. Choudhari, S. K., Chaudhary, M., Bagde, S., Gadbail, A. R. & Joshi, V. Nitric oxide and cancer: a review. *World journal of surgical oncology* **11**, 118, <https://doi.org/10.1186/1477-7819-11-118> (2013).
46. Rodriguez, M. I. *et al.* PARP-1 regulates metastatic melanoma through modulation of vimentin-induced malignant transformation. *PLoS genetics* **9**, e1003531, <https://doi.org/10.1371/journal.pgen.1003531> (2013).
47. Gonzalez-Flores, A. *et al.* Interaction between PARP-1 and HIF-2 α in the hypoxic response. *Oncogene* **33**, 891, <https://doi.org/10.1038/onc.2013.9> (2014).
48. Aguilar-Quesada, R. *et al.* Modulation of transcription by PARP-1: consequences in carcinogenesis and inflammation. *Current medicinal chemistry* **14**, 1179–1187, <https://doi.org/10.2174/092986707780597998> (2007).
49. Lai, J. *et al.* MiR-7-5p-mediated downregulation of PARP1 impacts DNA homologous recombination repair and resistance to doxorubicin in small cell lung cancer. *BMC cancer* **19**, 602, <https://doi.org/10.1186/s12885-019-5798-7> (2019).
50. Dluzen, D. F. *et al.* MicroRNAs modulate oxidative stress in hypertension through PARP-1 regulation. *Oxidative medicine and cellular longevity* **2017**, <https://doi.org/10.1155/2017/3984280> (2017).
51. Tomé-Carneiro, J. *et al.* Hydroxytyrosol supplementation modulates the expression of miRNAs in rodents and in humans. *The Journal of nutritional biochemistry* **34**, 146–155, <https://doi.org/10.1016/j.jnutbio.2016.05.009> (2016).
52. Cai, F.-F. *et al.* Prognostic value of plasma levels of HIF-1 α and PGC-1 α in breast cancer. *Oncotarget* **7**, 77793, <https://doi.org/10.18632/oncotarget.12796> (2016).
53. Terzuoli, E. *et al.* Inhibition of hypoxia inducible factor-1 α by dihydroxyphenylethanol, a product from olive oil, blocks microsomal prostaglandin-E synthase-1/vascular endothelial growth factor expression and reduces tumor angiogenesis. *Clinical Cancer Research* **16**, 4207–4216, <https://doi.org/10.1158/1078-0432.CCR-10-0156> (2010).
54. Cárdeno, A., Sánchez-Hidalgo, M., Rosillo, M. A. & de la Lastra, C. A. Oleuropein, a secoiridoid derived from olive tree, inhibits the proliferation of human colorectal cancer cell through downregulation of HIF-1 α . *Nutrition and cancer* **65**, 147–156, <https://doi.org/10.1080/01635581.2013.741758> (2013).
55. Rodríguez-Vargas, J. M., Oliver-Pozo, F. J. & Dantzer, F. PARP1 and Poly (ADP-ribosyl) ation Signaling during Autophagy in Response to Nutrient Deprivation. *Oxidative medicine and cellular longevity* **2019**, <https://doi.org/10.1155/2019/2641712> (2019).
56. Alsemeh, A. E., Samak, M. A. & El-Fatah, S. S. A. Therapeutic prospects of hydroxytyrosol on experimentally induced diabetic testicular damage: potential interplay with AMPK expression. *Cell and Tissue Research*, 1–17, <https://doi.org/10.1007/s00441-019-03143-2> (2019).
57. Zhao, B. *et al.* Hydroxytyrosol, a natural molecule from olive oil, suppresses the growth of human hepatocellular carcinoma cells via inactivating AKT and nuclear factor-kappa B pathways. *Cancer letters* **347**, 79–87, <https://doi.org/10.1016/j.canlet.2014.01.028> (2014).
58. Wang, W. *et al.* Hydroxytyrosol regulates the autophagy of vascular adventitial fibroblasts through the SIRT1-mediated signaling pathway. *Canadian journal of physiology and pharmacology* **96**, 88–96, <https://doi.org/10.1139/cjpp-2016-0676> (2017).
59. Zubair, H. *et al.* Hydroxytyrosol induces apoptosis and cell cycle arrest and suppresses multiple oncogenic signaling pathways in prostate cancer cells. *Nutrition and cancer* **69**, 932–942, <https://doi.org/10.1080/01635581.2017.1339818> (2017).
60. Sun, L., Luo, C. & Liu, J. Hydroxytyrosol induces apoptosis in human colon cancer cells through ROS generation. *Food & function* **5**, 1909–1914, <https://doi.org/10.1039/c4fo00187g> (2014).
61. Gallardo, A. *et al.* Increased signalling of EGFR and IGF1R, and deregulation of PTEN/PI3K/Akt pathway are related with trastuzumab resistance in HER2 breast carcinomas. *British journal of cancer* **106**, 1367, <https://doi.org/10.1038/bjc.2012.85> (2012).
62. Yu, B.-H., Li, B.-Z., Zhou, X.-Y., Shi, D.-R. & Yang, W.-T. Cytoplasmic FOXp1 expression is correlated with ER and calpain II expression and predicts a poor outcome in breast cancer. *Diagnostic pathology* **13**, 36, <https://doi.org/10.1186/s13000-018-0715-y> (2018).
63. Gu, Y. *et al.* Autophagy-related prognostic signature for breast cancer. *Molecular carcinogenesis* **55**, 292–299, <https://doi.org/10.1002/mc.22278> (2016).
64. Vega-Rubín-de-Celis, S. *et al.* Increased autophagy blocks HER2-mediated breast tumorigenesis. *Proceedings of the National Academy of Sciences* **115**, 4176–4181, <https://doi.org/10.1073/pnas.1717800115> (2018).
65. de Pablos, R. M., Espinosa-Oliva, A. M., Hornedo-Ortega, R., Cano, M. & Argüelles, S. Hydroxytyrosol protects from aging process via AMPK and autophagy; a review of its effects on cancer, metabolic syndrome, osteoporosis, immune-mediated and neurodegenerative diseases. *Pharmacological research*, <https://doi.org/10.1016/j.phrs.2019.03.005> (2019).
66. Lu, H. *et al.* Hydroxytyrosol and Oleuropein Inhibit Migration and Invasion of MDA-MB-231 Triple-Negative Breast Cancer Cell via Induction of Autophagy. *Anti-cancer agents in medicinal chemistry*, <https://doi.org/10.2174/1871520619666190722101207> (2019).
67. Lamy, S., Ouanouki, A., Béliveau, R. & Desrosiers, R. R. Olive oil compounds inhibit vascular endothelial growth factor receptor-2 phosphorylation. *Experimental cell research* **322**, 89–98, <https://doi.org/10.1016/j.yexcr.2013.11.022> (2014).
68. Granner, T., Maloney, S., Anteck, E., Correa, J. A. & Burnier, M. N. 3, 4 dihydroxyphenyl ethanol reduces secretion of angiogenin in human retinal pigment epithelial cells. *British Journal of Ophthalmology* **97**, 371–374, <https://doi.org/10.1136/bjophthalmol-2012-302002> (2013).
69. Hu, C.-J., Wang, L.-Y., Chodosh, L. A., Keith, B. & Simon, M. C. Differential roles of hypoxia-inducible factor 1 α (HIF-1 α) and HIF-2 α in hypoxic gene regulation. *Molecular and cellular biology* **23**, 9361–9374, <https://doi.org/10.1128/MCB.23.24.9361-9374.2003> (2003).
70. Keith, B., Johnson, R. S. & Simon, M. C. HIF1 α and HIF2 α : sibling rivalry in hypoxic tumour growth and progression. *Nature Reviews Cancer* **12**, 9, <https://doi.org/10.1038/nrc3183> (2012).
71. Covello, K. L. *et al.* HIF-2 α regulates Oct-4: effects of hypoxia on stem cell function, embryonic development, and tumor growth. *Genes & development* **20**, 557–570, <https://doi.org/10.1101/gad.1399906> (2006).
72. Tsai, M.-J. *et al.* Aryl hydrocarbon receptor agonists upregulate VEGF secretion from bronchial epithelial cells. *Journal of Molecular Medicine* **93**, 1257–1269, <https://doi.org/10.1007/s00109-015-1304-0> (2015).

73. Portal-Núñez, S. *et al.* Aryl hydrocarbon receptor-induced adrenomedullin mediates cigarette smoke carcinogenicity in humans and mice. *Cancer research* **72**, 5790–5800, <https://doi.org/10.1158/0008-5472.CAN-12-0818> (2012).
74. Vorrink, S. U. & Domann, F. E. Regulatory crosstalk and interference between the xenobiotic and hypoxia sensing pathways at the AhR-ARNT-HIF1 α signaling node. *Chemico-biological interactions* **218**, 82–88, <https://doi.org/10.1016/j.cbi.2014.05.001> (2014).
75. Larigot, L., Juricek, L., Dairou, J. & Coumoul, X. AhR signaling pathways and regulatory functions. *Biochimie open*, <https://doi.org/10.1016/j.biopen.2018.05.001> (2018).
76. Zhang, S., Qin, C. & Safe, S. H. Flavonoids as aryl hydrocarbon receptor agonists/antagonists: effects of structure and cell context. *Environmental health perspectives* **111**, 1877–1882, <https://doi.org/10.1289/ehp.6322> (2003).
77. Miller, B. R. *et al.* MMPBSA.py: An Efficient Program for End-State Free Energy Calculations. *Journal of Chemical Theory and Computation* **8**, 3314–3321, <https://doi.org/10.1021/ct300418h> (2012).
78. Michel, J., Foloppe, N. & Essex, J. W. Rigorous Free Energy Calculations in Structure-Based Drug Design. *Mol. Inform.* **29**, 570–578, <https://doi.org/10.1002/minf.201000051> (2010).
79. Granadino-Roldán, J. M. *et al.* Effect of set up protocols on the accuracy of alchemical free energy calculation over a set of ACK1 inhibitors. *PLOS ONE* **14**, e0213217, <https://doi.org/10.1371/journal.pone.0213217> (2019).
80. Dougherty, E. J. & Pollenz, R. S. Analysis of Ah receptor-ARNT and Ah receptor-ARNT2 complexes *in vitro* and in cell culture. *Toxicological sciences* **103**, 191–206, <https://doi.org/10.1093/toxsci/kfm300> (2007).
81. El-Azem, N. *et al.* Modulation by hydroxytyrosol of oxidative stress and antitumor activities of paclitaxel in breast cancer. *European journal of nutrition* **58**, 1203–1211, <https://doi.org/10.1007/s00394-018-1638-9> (2019).
82. Ramirez-Tortosa, C. *et al.* Hydroxytyrosol Supplementation Modifies Plasma Levels of Tissue Inhibitor of Metalloproteinase 1 in Women with Breast Cancer. *Antioxidants* **8**, 393, <https://doi.org/10.3390/antiox8090393> (2019).
83. Miller, T. W., Rexer, B. N., Garrett, J. T. & Arteaga, C. L. Mutations in the phosphatidylinositol 3-kinase pathway: role in tumor progression and therapeutic implications in breast cancer. *Breast cancer research* **13**, 224, <https://doi.org/10.1186/bcr3039> (2011).
84. Yu, T., Tang, B. & Sun, X. Development of inhibitors targeting hypoxia-inducible factor 1 and 2 for cancer therapy. *Yonsei medical journal* **58**, 489–496, <https://doi.org/10.3349/ymj.2017.58.3.489> (2017).
85. Amezcua, C. A., Harper, S. M., Rutter, J. & Gardner, K. H. Structure and interactions of PAS kinase N-terminal PAS domain: model for intramolecular kinase regulation. *Structure* **10**, 1349–1361, [https://doi.org/10.1016/S0969-2126\(02\)00857-2](https://doi.org/10.1016/S0969-2126(02)00857-2) (2002).
86. Martínez-Rosell, G., Giorgino, T. & De Fabritiis, G. PlayMolecule ProteinPrepare: A Web Application for Protein Preparation for Molecular Dynamics Simulations. *J Chem Inf Model* **57**, 1511–1516, <https://doi.org/10.1021/acs.jcim.7b00190> (2017).
87. Pettersen, E. F. *et al.* UCSF Chimera—A visualization system for exploratory research and analysis. *Journal of Computational Chemistry* **25**, 1605–1612, <https://doi.org/10.1002/jcc.20084> (2004).
88. Maier, J. A. *et al.* ff14SB: Improving the Accuracy of Protein Side Chain and Backbone Parameters from ff99SB. *Journal of Chemical Theory Computation* **11**, 3696–3713, <https://doi.org/10.1021/acs.jctc.5b00255> (2015).
89. Jakalian, A., Bush, B. L., Jack, D. B. & Bayly, C. I. Fast, efficient generation of high-quality atomic charges. AM1-BCC model: I. Method. *Journal of Computational Chemistry* **21**, 132–146, [10.1002/\(SICI\)1096-987X\(20000130\)21:2<132::AID-JCC5>3.0.CO;2-P](https://doi.org/10.1002/(SICI)1096-987X(20000130)21:2<132::AID-JCC5>3.0.CO;2-P) (2000).
90. Jakalian, A., Jack, D. B. & Bayly, C. I. Fast, efficient generation of high-quality atomic charges. AM1-BCC model: II. Parameterization and validation. *Journal of computational chemistry* **23**, 1623–1641, <https://doi.org/10.1002/jcc.10128> (2002).
91. Jiménez, J., Doerr, S., Martínez-Rosell, G., Rose, A. S. & De Fabritiis, G. DeepSite: protein-binding site predictor using 3D-convolutional neural networks. *Bioinformatics* **33**, 3036–3042, <https://doi.org/10.1093/bioinformatics/btx350> (2017).

Acknowledgements

This work was partially supported by Universidad de Jaén (Acción 1_PIUJA_2017–2018). Technical and human (Ana Jiménez and Ricardo Oya) support provided by CICT of Universidad de Jaén (UJA, MINECO, Junta de Andalucía, FEDER) is gratefully acknowledged.

Author contributions

E.S., E.M.L. and F.J.O. conceived the experiments, J.C. and J.M.M. conducted the experiments, J.C., E.S. and E.M.L. analysed the results, J.C. prepared the figures, A.C. and S.B. contributed to discussion and suggestions and performed NO quantification. J.M.G.R. performed the docking analysis, J.C. and E.S. wrote the original draft. All authors reviewed the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Supplementary information is available for this paper at <https://doi.org/10.1038/s41598-020-63417-6>.

Correspondence and requests for materials should be addressed to E.S.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2020