1	EFFECT OF TOCOPHEROL EXTRACT, STAPHYLOCOCCUS
2	<b>CARNOSUS</b> CULTURE AND CELERY CONCENTRATE ADDITION
3	ON QUALITY PARAMETERS OF ORGANIC AND CONVENTIONAL
4	DRY-CURED SAUSAGES
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22	<b>RUNNING TITLE: ORGANIC DRY-CURED SAUSAGES PRODUCTION</b>
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- 24 ABSTRACT
- 25

26 The effect of the addition in the sausage mix formulation of tocopherols (200 mg/kg), a 27 conventional starter culture with or without Staphylococcus carnosus, celery concentrate 28 (CP) (0.23% and 0.46%) and two doses of nitrate (70 and 140 mg/kg expressed as NaNO<sub>3</sub>) on 29 residual nitrate and nitrite amounts, instrumental CIE Lab color, tocol content, oxidative 30 stability and overall acceptability were studied in a fermented dry-cured sausage after 31 ripening and after storage. Nitrate doses were provided by the nitrate rich-CP or a chemical 32 grade source. The lower dose meets the maximum ingoing amounts in EU for organic meat 33 products. Tocopherol addition protected against oxidation whereas either the nitrate dose, 34 nitrate source or starter culture had no influence on secondary oxidation values. The residual 35 nitrate and nitrite amounts found in the sausages that had the lower nitrate dose were below 36 the allowed limits in the EU for organic meat products and residual nitrate can be even much 37 more reduced by the presence of the S. carnosus culture. The low dose CP does not affect 38 color measurements and any of the studied factors affect negatively on product consumer 39 acceptability. The two nitrate sources behave similarly for the studied parameters and, in 40 consequence, CP is a useful alternative to chemical ingredients for organic dry-cured sausage 41 production.

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45 KEYWORDS: dry-cured sausages, organic production, nitrate and nitrite reduction, celery
46 concentrate, *Staphylococcus carnosus*

#### 48 INTRODUCTION

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Ancient Greeks and Romans used salt to preserve fish and meat through the curing process and this type of food products are still present in our diets. Salt was historically believed to be responsible for obtaining cured meat products, however, it has been demonstrated that nitrate impurities are crucial for curing (1).

Nowadays, it is completely understood that sausages like the Spanish *salchichón* or the Italian *salame* are dry-fermented cured meat products that require the presence of several ingredients such as salt, sweeteners, a nitrate or nitrite source as well as a bacterial culture to develop their distinctive color, flavor and texture properties (2). The addition of nitrate, which is first reduced to nitrite, or directly the addition of nitrite is completely necessary to develop the typical color and flavor, in addition, acts as an antimicrobial to control *Clostridium botulinum* and also helps to prevent oxidation (1, 3).

61 However, the health concern about nitrite because of the carcinogen nitrosamine formation 62 ended up with the reduction of their content in cured meats since mid-1970s (4, 5) and with 63 the application of regulations about the amounts of nitrate and nitrite to be added or to be 64 found in the cured product (6). The endogenous and/or exogenous microbiota present in the 65 sausage mix is of interest for the industry since nitrate and nitrite amounts can be reduced 66 thanks to the action of some specific bacteria while allowing the curing process. In relation to 67 this, many starter cultures include Staphylococcus sp. since the nitrate reductase activity is 68 typically present in Micrococcaceae (2). The formation of nitrite can exert an antioxidative 69 effect by preventing the release of iron from the porphyrin molecule, estabilization of 70 unsaturated lipids within membranes against oxidation, interaction of nitrite as a metal chelator, and formation of nitroso and nitrosyl compounds acting as radical scavengers (1).
Therefore, the reduction of nitrite levels may affect the susceptibility to oxidation thus
making necessary to protect these meat products with antioxidants.

74 However, most of the formed nitrite is reduced to nitric oxide either by nitrite reductase 75 activity or by chemical reactions favored by exogenous and endogenous reductants (2). 76 Myoglobin reacts with nitric oxide producing nitrosylmyoglobin, but this can be also formed 77 through an indirect way in which nitrites oxidize myoglobin into metmyoglobin and, 78 subsequently, reacts with nitric oxide thus producing nitrosylmetmyoglobin (1, 7). In the 79 presence of exogenous and endogenous reductants, nitrosylmetmyoglobin is able to 80 autoreduce to the more stable form nitrosylmioglobin (1). The formation of this heme 81 complex gives the typical color of dry-cured meat products.

82 Nowadays, there is an increase in demanding healthier and organic food products in which 83 any chemical preservative is desired. In traditional cured meat products, however, consumers 84 dislike those in which nitrite has not been added (8). As a consequence, EU regulates the 85 nitrate and nitrite maximum amounts to be added (80 mg/kg of either NaNO<sub>3</sub> or NaNO<sub>2</sub>) and 86 the maximum residual amounts to be found (50 mg/kg of either NaNO<sub>3</sub> or NaNO<sub>2</sub>) in organic 87 meat foods (9). An alternative to the addition of chemical grade nitrates or nitrites is the 88 addition of natural sources containing these compounds thus acting like in those ancient times 89 when former curing salts contained nitrate impurities necessary for the curing process. In this 90 frame, some vegetable sources such as celery powder concentrates (CP) are known to be rich 91 in nitrate (10) so they can be used as substitutes of the chemical addition of nitrate or nitrite 92 when making cured sausages (11, 12).

93 The aim of this work is to assess the possibility to reduce nitrate and nitrite amounts by 94 studying how are affected different quality parameters of sausages produced under different 95 conventional and organic strategies.

96

### 97 MATERIAL AND METHODS

98

# 99 Reagents and Standards

100 Tocopherol extract (Guardian<sup>™</sup>, 70% of mixed tocopherols) was from DANISCO 101 (Copenhagen, Denmark). Conventional starter culture containing Lactobacillus sakei and 102 Staphyloccocus xylosus (SM-181 Bactoferm<sup>TM</sup>), a nitrate reductase-active culture containing 103 Staphylococcus carnosus (CS 299 Bactoferm<sup>™</sup>) and CP were from CHR Hansen (Hørsholm, 104 Denmark). Potassium nitrate (Suprapur®), cadmium (coarse powder), copper(II) sulfate 105 pentahydrate, sodium nitrite and N-1-napthylethylenediamine dihydrochloride (NED) were 106 from Merck (Darmstadt, Germany). Sulphanilamide was from Carlo Erba (Milano, Italy). 107 Sodium ascorbate, dextrose and lactose were from Espècies Teixidor (Manresa, Spain). 108 Tocopherol analogs standard was from Calbiochem (San Diego, CA). All chemicals used 109 were of ACS grade with the exception of the solvents used in induced ferrous oxidation-110 xylenol orange (FOX) method and the tocols determination that were of HPLC grade.

111

# 112 Experimental Design

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114 Sixteen treatments resulted from a 2x2x4 factorial design (Table 1) planned to study the 115 influence of the addition of a tocopherol extract in the sausage mix formula (0 and 200 mg of 116 mixed tocopherols/kg meat), two starter cultures (conventional and conventional plus 117 Staphylococcus carnosus) and 4 different sources of nitrate (either KNO<sub>3</sub> or CP sources 118 providing 70 and 140 mg of nitrate/kg expressed as NaNO<sub>3</sub>) on several cured meat quality 119 parameters. These two nitrate levels were chosen according to the maximum level of ingoing 120 sodium nitrate allowed in meat products (6, 9). Meat with the ingredients was stuffed into 121 natural casing and allowed to be dry-cured for 48 days. Finally, the storage time factor of the 122 dry-cured sausage, sliced and packed in modified atmosphere 0 or 45 days, was added to this 123 design thus resulting in 32 treatments.

124

# 125 Sausage Preparation

126 A meat mix consisting of 91.7% diced pork meat plus 8.3% of diced back fat from organic 127 pigs was used to prepare the ground meat. After homogenization, the raw mix batter was then 128 divided in 2 sets of 24 kg. Subsequently, the following common ingredients were added to 129 each set: 0.5 g/kg of sodium ascorbate, 3 g/kg of dextrose, 5 g/kg of lactose, 3 g/kg ground 130 black pepper, 22 g/kg of salt and 0.25 g/kg of a conventional starter culture. Natural spring 131 water was used to deliver the sodium ascorbate (100 mL) and the starter culture (100 mL) into the mix. In each set, 100 mL of sunflower oil with or without tocopherol extract 132 133 supplementation were added. After the addition of all these ingredients samples were mixed 134 during 4 min. Samples from these 2 mixes, with and without tocopherol extract, were finely 135 ground and vacuum-packed in high-barrier multilayer bags (Cryovac BB325; approximately 136 20 g of meat/bag) and stored at -25 °C until analysis.

Each mix batter set was divided again into two more subsets resulting in four different groups
of 12 kg of meat in which 100 mL of natural spring water with or without the *Staphylococcus*

139 *carnosus* culture (1.33 g) were added according to the experimental design (Table 1). The resulting mixes were homogenized during 2 min. According to the experimental design mixes 140 were subdivided in 16 batters of 3 kg in which CP (added at the following amounts: 6.9 g or 141 142 13.8 g) or chemically pure KNO<sub>3</sub> (>99.99%) (added at the following amounts: 253 mg or 506 143 mg) were added previously being all dissolved in 50 mL of double deionized water. These 144 amounts were added to provide, respectively, the doses of 70 and 140 mg of nitrate/kg 145 expressed as NaNO<sub>3</sub>. The resulting 16 different raw mix batters were mixed manually during 146 2 min and stuffed into natural casings (40-45 mm diameter). In order to check the nitrate 147 dosage, samples from these 16 mix batters were finely ground and vacuum-packed in high-148 barrier multilayer bags (Cryovac BB325; approximately 20 g of meat/bag) and stored at -25 °C until nitrate and nitrite analysis. Also, samples from these mix batters were aseptically 149 taken for microbiological analysis and stored at 4 C until the analysis which was initiated 150 151 within the same day.

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# 153 Sausage Dry-Curing and Sample Preparation

154 Sausages were hanged for 48 days in a ripening chamber at 14±2 C and 75-85% moisture. At 155 this time (storage time 0) half of the sausages were ground and vacuum-packed in highbarrier multilayer bags (Cryovac BB325; 180 x 200 mm; permeability to oxygen, 25 cm<sup>3</sup> x m<sup>-</sup> 156 <sup>2</sup> x day<sup>-1</sup> x bar<sup>-1</sup> at 23 C and 0% RH, DIN 53380; approximately 20 g of meat/bag) and stored 157 at -25 °C until analysis. The remaining sausages were sliced (2 mm thickness) and packaged 158 159 in sealed metallized polyester/polyethylene bags [Termopack PETM/PE; 300 x 200 mm; permeability to oxygen, nitrogen and carbon dioxide was respectively 50, 10 and 150  $\text{cm}^3$  x 160 m<sup>-2</sup> x day<sup>-1</sup> x bar<sup>-1</sup> at 23 C and 0% RH, DIN 53380; approximately 20 slices/bag] containing 161

162 80% N<sub>2</sub> and 20% CO<sub>2</sub> during 45 days at 4 C (storage time 45). After this period samples were 163 ground, vacuum-packed in high-barrier multilayer bags and stored until analysis as done at 164 time 0. For the microbiological analysis, samples were aseptically taken at the different 165 storage times, 0 and 45 days, and stored at 4 C before analysis which was initiated within the 166 same day.

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# 168 Moisture Determination

169 The ISO 1442 procedure (13) was used to determine the moisture of the samples. Those 170 results expressed as dry matter basis were calculated taking into account the sample moisture. 171

## 172 Determination of Crude Fat Content and Fatty Acid Composition

The fat content of the raw mix batters was measured according to AOAC Official Method 991.36 (14) whereas the fatty acid composition was as described elsewhere (15). Fat content was expressed in fresh weight basis whereas fatty acid composition was expressed as area normalization in percent.

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## 178 Nitrite and Nitrate Determination

Ten g of sample were weighed in a 250 mL beaker and approximately 80 mL of distilled water were added. Then, Carrez I and Carrez II solutions (3 mL each) were added and the solution was filled up to 100 g. Subsequently, this solution was homogenized using a high speed homogenizer (Ultraturrax T25 basic with a dispersing tool S25N-18G, IKA-Werke GmbH, Germany) at 3500 rpm for 75 sec. The homogenate was then centrifuged at 4350 g for 20 min and the supernatant was used for nitrate and nitrite analyses.

185 Nitrate and nitrite analyses were performed on a segmented continuous flow system 186 (AutoAnalyzer 3 model, SEAL Analytical, UK). However, each determination was carried 187 out in a different analytical unit. Nitrate content of the clarified samples was reduced to nitrite 188 using a copperized cadmium reduction column. Subsequently, nitrite reacted with 189 sulfanilamide for diazotization and coupling with NED forms a purple azo dye. The dye 190 absorbance was then read through at 550 nm. Nitrite was determined in another analytical 191 unit using the same reaction although omitting the previous reduction step. Nitrate amounts 192 were calculated by difference. Results for raw mix batter were expressed as NaNO3 or 193 NaNO<sub>2</sub> per kg of in fresh weight basis whereas results for sausage were expressed as mg of 194 NaNO<sub>3</sub> or NaNO<sub>2</sub> per kg in dry weight basis.

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### 196 Microbiological Analyses

197 Twenty five grams of either raw batter or sausage samples, the latter previously diced in 198 small pieces, were aseptically taken and homogenized with 75 mL of buffered peptone water 199 (BPW; OXOID, Basingstoke, UK) for 2 min in an IUL masticator (IUL S.A., Barcelona, 200 Spain). Serial decimal dilutions were made in sterile Ringer 1/4 solution (Scharlau, Barcelona, 201 Spain). The following foodborne pathogens were determined in raw sausages. Escherichia 202 coli were enumerated on McConkey agar (OXOID, Basingstoke, UK) and the population of 203 sulfite-reducing clostridia by counting in SPS agar (Scharlau, Barcelona, Spain) anaerobically, 204 both agars were incubated at 37 C for 48 h. The absence of Salmonella was determined by 205 preenrichment in BPW 16 h at 37 C, enrichment in Selenite Cystine broth (OXOID, 206 Basingstoke, UK) 24 h at 37 C and Rappaport Vassiliadis broth (OXOID, Basingstoke, UK) 207 24 h at 42 C, and isolation on SS agar (OXOID, Basingstoke, UK) and DCLS agar (OXOID,

Basingstoke, UK) both agars were incubated 48 h at 37 C. Kligler Iron agar (OXOID, Basingstoke, UK), Lysine Iron agar (OXOID, Basingstoke, UK), Urease broth (OXOID, Basingstoke, UK) and API 20E<sup>®</sup> system (bioMérieux España, Madrid, Spain) were used to identify colonies grown on SS agar and/or DCLS agar. Starter bacteria were analyzed by spread plating on MRS agar (OXOID, Basingstoke, UK) for lactic acid bacteria and on Mannitol Salt agar (Cultimed, Barcelona, Spain) for staphylococci, both cultures were incubated at 30 C for 3 days. Results were expressed in dry weight basis.

215

### 216 Color Measurements

Color measurements were conducted using a Konica Minolta Chroma-meter (model CR-410;
Konica Minolta Sensing, Inc., Osaka, Japan) based on the CIE L\*a\*b\* color space. CIE
(Commission International de L'Eclairage) lightness "L\*", redness "a\*", and yellowness "b\*"
values were determined from four random different surfaces of the ground samples. The
instrument was set for illuminant D-65 and 10° observer angle, and standardized using a
white standard plate.

223

# 224 Content in Lipid Hydroperoxides and Susceptibility to Oxidation

As reviewed elsewhere the FOX method measures lipid hydroperoxides (16). However, the same method can be used to determine the existing content in these primary oxidation compounds when it is measured after 30 min of incubation and also to determine the susceptibility to oxidation when the method is carried out over longer periods of incubation then working as an induced method (16). 230 Both the content in lipid hydroperoxides and the susceptibility to oxidation of the sausage 231 samples can be determined by carrying out the same assay. Briefly, 2 g of sample were mixed 232 and homogenized with cold methanol. Extracts were added to an acid ferrous medium 233 containing xylenol orange. The measurement after 30 min of incubation at room temperature 234 was used to determine the lipid hydroperoxide content (LHPC) expressed as mmol cumene 235 hydroperoxide (CHP) eq /kg in dry weigh basis. The time course of lipid hydroperoxides 236 formed after incubation over a time of 210 hr was used to calculate of the induced-FOX 237 parameters. Those parameters were maximum lipid hydroperoxide value (MAXLHP), time in 238 which the maximum lipid hydroperoxide value was achieved (TMAX), oxidation rate (OR), 239 lipid hydroperoxide value obtained at the end of the incubation period (Final LHP) and area 240 under the curve (AUC), and were calculated as described elsewhere (17) with the difference 241 that parameters were expressed in dry weight basis.

242

### **TBA Determination**

The TBA values of samples were determined through third-derivative spectrophotometry after acid aqueous extraction (18). Results were expressed as µg of malondialdehyde per kg of sausage in dry weight basis.

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# 248 **Tocopherol and Tocotrienol Analogs Determination**

Tocopherol and tocotrienol analogs were determined as described elsewhere (19). Results for raw mix batter as mg of each tocol per kg in fresh weight basis whereas results for sausages were expressed as mg of each tocol per kg in dry weight basis.

## 253 Sensory Analyses

254 The following different tests were carried out:

Overall Acceptability. The 16 treatments were randomly presented to the consumers in a balanced incomplete block design (20): 16 blocks, 6 samples per block, and 6 replicates for each sample. This design was duplicated. In addition, each panelist evaluated the acceptability of a blind control (total samples presented to each panelist = 7), which was the treatment number 4. Panelists were asked to rank the overall acceptability of the product using a 9-point scale (1 = very bad; 9 = very good). Thirty two volunteers were used to evaluate the overall acceptability of the product.

*Color Triangle Test.* Samples of treatment 3 and 14 (see Table 1 for sausage formulation
factors) were used to perform this test to asses whether a difference existed in the color of the
samples. Twenty four panelists were used to perform this test.

*Color Intensity Ranking Test.* Samples of treatments 1, 2, 3, 4, 8, 12 and 16 (Table 1) were randomly presented to the panelists and they were asked to rank the color intensity. Thirty panelists were used to perform this test. Along with this test panelists were asked to select their preferred sample.

In each test, several slices of sample sausages were placed in white plastic dishes, identified by random three-digit numbers and served to the consumers' panel at room temperature. Water and unsalted crackers were provided to panelists to cleanse their palates between samples.

273

274 Statistical Analyses

275 A multifactor ANOVA was carried out to determine significant differences produced by the 276 different factors on sample moisture, microbial determinations, nitrate and nitrite content, 277 color measurements, tocopherol and tocotrienol analogs, TBA values, LHPC and induced 278 FOX parameters. Factors were tocopherol addition (0 and 200 mg of tocopherol analogs/kg), 279 starter culture (conventional and conventional plus S. carnosus), nitrate source (70 mg of 280 NaNO<sub>3</sub>/kg and 140 mg NaNO<sub>3</sub>/kg, each dose provided by the addition of CP or chemical 281 grade  $(ANO_3)$  and time (after ripening, hereafter referred as day 0 or time 0, and after 45 days 282 of storage under a modified atmosphere). Because microbiological determinations were 283 carried out at three different periods (after starter culture inoculation in raw mix batter, 0 and 284 45 days) these periods were included for the time factor. Interactions between more than two 285 factors were ignored. When main effects were significant, the least squares means were 286 separated using the Scheffé's test ( $\alpha = 0.05$ ).

As for consumer's acceptability sensory analysis, the storage time factor was not studied. The significance estimation in triangle and ranking tests was analyzed using tables (21, 22).

Spearman correlation coefficients between sausage TBA values and color measurements; and between tocopherol analogs and FOX parameters were calculated. In all cases,  $P \le 0.05$  was considered to be significant.

292

#### 293 **RESULTS**

294

# 295 Moisture, Crude Fat Content and Fatty Acid Composition of Raw Mix Batters

296 The moisture average of the raw mix batters with and without the addition of the tocopherols

extract are  $61.86 \pm 0.13$  and  $62.19 \pm 0.07$ , respectively. The crude fat content average of the

raw mix batters with and without the addition of the tocopherols extract are  $17.2 \pm 0.29$  and 16.7 ± 0.27, respectively. The relative percents of saturated fatty acids, monounsaturated fatty acids and polyunsaturated fatty acids of the raw mix batter without the addition of the tocopherols extract are 40.2%, 40.8% and 19.0%, respectively whereas for the raw mix batter with the addition of the tocopherols extracts are 40.5%, 40.7% and 18.8%, respectively. A table including all the quantified fatty acids in these mixes is available as Supporting Information. These results demonstrate the homogeneity of these two mixes.

305

# 306 Microbiological analyses

The presence of food poisoning bacteria was checked in the 16 raw mix batter samples. *E. coli* was less than 100 CFU/g, *Salmonella* sp. was absent in 25 g and sulfite-reducing clostridia was less than 10 CFU/g for the sixteen sausages. All samples accomplish microbiological standards for raw minced meat.

311 Lactobacilli and total staphylococci bacteria were analyzed in raw mix batter samples just 312 before stuffing as well as after curing (0 days) and after 45 days of storage at 4 C in sealed 313 bags under modified atmosphere (Table 2). Lactobacilli and staphylococci bacteria were only 314 affected by time. During fermentation the population of lactic acid bacteria increased at the 315 initial stages and then it began to decrease slowly along the processing of a fermented meat 316 product (2, 23) thus explaining that at time 0 the levels of *Lactobacillus* sp. were higher than 317 in raw mix batter samples. In both cases a reduction in the population during the storage time 318 was observed. These results are in agreement with those reported by Marco et al. (24). The 319 environmental conditions during storage, such as low temperature, moisture, nitrate 320 concentration and a reducing atmosphere could have enhanced the decrease of starter321 population.

322

# 323 Nitrate and Nitrite Residual Amounts

Nitrate amounts in raw mix batters, expressed in fresh weight basis, averaged  $127 \pm 13$  mg NO<sub>3</sub> / kg and  $66 \pm 5.8$  mg / kg for those treatments containing the higher and lower dose of nitrate, respectively. Therefore, the nitrate dosage was well-done. Raw mix batters contained trace amounts of nitrite which means that the detected amounts were between the quantification and detection levels.

A significant interaction was found between nitrate source x starter culture for nitrate content in sausages ( $P \le 0.001$ ). When the ANOVA was run again taking into account the two doses instead of nitrate source no interactions were found (data not shown) whereas the dose effect was significant thus indicating that nitrate source effect is also explained by the two levels of nitrate.

The higher dose of nitrate added in the raw mix batters led to sausages with higher residual nitrate content whereas no differences were observed between CP and chemical sources of nitrate (Table 3). In addition, *S. carnosus* decreased the residual nitrate content in the sausage because of its reported nitrate reductase activity (2). As expected, tocopherol addition had no effect on residual nitrate content. Likewise, storage time under modified atmosphere did not influence on the residual nitrate content Table 3).

340 Neither the different ingredients added in the raw mix batter formulation nor the storage341 under modified atmosphere affected the residual nitrite content (Table 3).

# 343 Sausage Color

Several interactions were found between different factors for L\*, a\*, and b\* values (Table 3). When ANOVA was run again taking into account dose of nitrate added and source of nitrate separately, instead of their combination, L\* and b\* were significantly higher with higher doses and with the addition of CP, thus explaining some of those significant interactions. For a\* values the significant interactions always included the nitrate source and starter culture factors.

Meat lightness (L\*), redness (a\*) and yellowness (b\*) were increased by the addition of tocopherols (Table 3). Lightness and yellowness were also increased in those sausages in which the higher dose of CP had been added in the sausage formulation. In addition, the presence of *S. carnosus* led to sausages with increased L\*, a\* and b\* values whereas these values were decreased after 45 days of storage under a modified atmosphere at 4 C.

355

### **356 Tocol Content**

357 The tocol content was determined in those raw mix batters with and without the tocopherols 358 extract. The  $\alpha$ -tocopherol,  $\beta$ -tocopherol,  $\gamma$ -tocopherol and  $\alpha$ -tocotrienol content in the mix 359 without the addition of the tocopherol extract averaged 7.8  $\pm$  0.93, 0.069  $\pm$  0.011, 0.18  $\pm$ 360 0.015, and 0.36  $\pm$  0.051 mg / kg expressed in fresh weight basis, respectively. On the other hand, the  $\alpha$ - tocopherol,  $\beta$ -tocopherol,  $\gamma$ -tocopherol,  $\delta$ -tocopherol and  $\alpha$ -tocotrienol in the mix 361 containing the tocopherol extract averaged  $26.2 \pm 2.9$ ,  $1.8 \pm 0.23$ ,  $61.3 \pm 2.0$ ,  $9.2 \pm 0.69$  and 362 363  $0.4 \pm 0.28$  mg / g expressed in fresh weight basis, respectively. In both cases, those tocols 364 below the quantification limits were not reported.

Several interactions were found between different factors for the content of the different tocopherol and tocotrienol analogs in sausages (Table 4). When ANOVA was run again taking into account dose of nitrate added and source of nitrate separately, instead of their combination, the dose factor was significant whereas there are no differences between CP and chemical sources. This effect explains many of the interactions and, overall, high doses of nitrate in the sausage provoke high amounts in the different tocopherol analogs.

371 The tocopherol extract is rich in different tocopherol analogs, especially in  $\gamma$ -tocopherol 372 (footnote in Table 1). Therefore, the addition of this supplement in the formulation led to 373 significant changes in the content of the different analogs found in the sausage (Table 4). The  $\beta$ -,  $\gamma$ - and  $\delta$ -tocotrienol analogs were normally below the quantification limits and, in 374 375 consequence, were not reported. The content of  $\alpha$ -tocopherol,  $\beta$ -tocopherol and  $\alpha$ -tocotrienol was lower in those sausages in which the lower dose of chemical nitrate has been added. 376 377 Decreased content in all tocopherol analogs was observed by either the addition of the 378 conventional starter culture or storage time under modified atmosphere (Table 4). This 379 decrease over time can be related to an increased lipid oxidation during storage.

380

# 381 Oxidative Status and Susceptibility to Oxidation

The oxidative status was assessed by measuring primary and secondary oxidation products in sausages. TBA determination measures malondialdehyde which is a typical secondary oxidation product derived from lipid oxidation (25) whereas the FOX method measures lipid hydroperoxides which are primary oxidation products (16). However, it should be noted that this assay was used to measure the current lipid hydroperoxide content in sausages (LHPC values) but it was also used to measure the lipid hydroperoxide formation over time thus assessing the susceptibility of samples to oxidize (16). Various parameters, described
elsewhere (17), had been used when this method was used as an induced method to describe
the susceptibility to oxidation curve fashion.

391 Significant interactions between tocopherols x nitrate source (P = 0.006), tocopherols x 392 storage time (P = 0.007) and nitrate source x storage time (P = 0.047) were found for the lipid 393 hydroperoxide content. In addition, the ANOVA showed that the nitrate source factor was 394 significant (P = 0.020) but the differences between means were not big enough to be separated. This significant effect may in part explain those recorded interactions. The 395 396 addition of tocopherols extracts reduced the lipid hydroperoxide content thanks to its 397 antioxidant activity (Table 5). The storage time also provoked an increase in the lipid 398 hydroperoxides.

As for the secondary oxidation, TBA values showed significant interactions between storage time x tocopherols ( $P \le 0.001$ ), storage time x starter culture (P = 0.013) and starter culture x nitrate source (P = 0.002). As expected, the addition of the tocopherols led to sausages with lowered secondary oxidation values because of its antioxidant activity (Table 5). Lipid oxidation is increased over storage thus recording higher TBA values when samples had been stored for 45 days (Table 5). Neither the starter culture nor the different nitrate sources showed to influence on TBA values.

406 Several significant interactions were found between the different factors for the induced-FOX 407 parameters (Table 6). When ANOVA was run again taking into account dose of nitrate added 408 and source of nitrate separately, instead of their combination, the dose was significant for 409 TMAX and OR whereas source was significant for MAXLHP, TMAX, OR and AUC. 410 Overall, higher doses of nitrate and CP addition provoked a reduction of the susceptibility to411 oxidation. These effects explain many of the recorded interactions.

412 All the defined parameters of the susceptibility to oxidation with the exception of TMAX 413 showed significant differences because of the tocopherol addition in the sausage formula 414 (Table 6). Overall, these results indicate that tocopherols are efficient in delaying lipid 415 oxidation onset. The lower dose of chemical nitrate also showed significant differences with 416 other nitrate sources for all the defined FOX parameters whereas no differences were 417 observed between the other 3 nitrate source combinations. This suggests that the lower dose 418 of chemical nitrate is the least effective in preventing lipid oxidation. The addition of S. 419 carnosus showed increased values for MAXLHP, Final LHP and AUC thus suggesting that 420 sausages in which this culture had been added were more prone to oxidize. All the induced-421 FOX parameters were increased after 45 days of storage under modified atmosphere at 4 C.

422 Oxidation values (Tables 5 and 6) indicate that stored sausages undergo slight oxidation423 during this storage time.

424

# 425 Sensory Characteristics

In table 5, there are shown the results for the overall acceptability test carried out after 45
days of storage under a modified atmosphere in sealed bags. At this time, consumers were not
able to find significant differences between sausage formulations.

In addition to this sensory test, a triangle test was carried out in order to better test whether existed significant differences in color between samples 3 and 14 (see Table 1 for formulation factors) since these samples showed the maximum differences from the data obtained through the colorimeter. In this triangle test, 14 out of 24 panelists ( $P \le 0.5$ ) matched the similar 433 samples. When these panelists were also asked which overall color was preferred, 11 out of 434 14 indicated that the sample without the tocopherols added in the formulation was preferred. 435 Later on, a sensory test was carried out to ask panelists to rank samples by overall color 436 intensity using sausages from the following treatments: 1, 2, 3, 4, 8, 12 and 16 (see Table 1 437 for formulation factors). Treatment 12 was ranked in the first position as the least dark, followed by treatment 16 in 2<sup>nd</sup> position, treatments 3 and 4 in 3<sup>rd</sup> and 4<sup>th</sup> positions 438 indistinctly, treatment 8 was ranked in 5<sup>th</sup> position, treatment 1 in 6<sup>th</sup> position and finally 439 treatment 2 was ranked in as the darkest sample. With the exception of positions 3 and 4, the 440 441 other positions were significant at  $P \le 0.05$ . Collectively from these results it can be observed 442 that the addition of tocopherols in the formulation led to more clear sausages which is in 443 agreement with colorimeter values. Nevertheless, the addition of S. carnosus led to darker 444 sausages when tocopherols had not been added. Finally, according to the panelist, the 445 presence of CP in the sausage formulation led to a darker color. Along with this test, panelists 446 were also asked to indicate their preferred sample according to the appearance (among 447 panelists the 30% preferred sample 3, whereas the 23%, 17% and 13% of the panelists 448 preferred samples 12, 1 and 4, respectively) which was not related with the darkness ranking.

449

### 450 **DISCUSSION**

451

EU regulates nitrate and nitrite indicative ingoing amounts (each at 80 mg/kg expressed as NaNO<sub>3</sub> or NaNO<sub>2</sub>, respectively) and the maximum residual amounts (each at 50 mg/kg expressed as NaNO<sub>3</sub> or NaNO<sub>2</sub>, respectively) in organic meat products (9). Results showed that when the dose added to the sausage raw mix batter meets the regulation (70 mg 456 NaNO<sub>3</sub>/kg) the residual nitrate and nitrite amounts were far below the limits (Table 3). In
457 addition, no differences were observed in the residual content of nitrate or nitrite when
458 comparing the CP or the chemical source.

459 Nitrate is reduced to nitrite by nitrate reductase activity from bacteria that are either naturally 460 present in the raw mix batter or exogenously added. The conventional starter culture we used 461 in this study contained Lactobacillus sakei and Staphylococcus xylosus. Despite the fact that 462 S. xylsosus possesses nitrate and nitrite reductase activity, this is not as intense as that of S. 463 carnosus (26). Thanks to its high nitrate-reductase activity, the addition of S. carnosus culture 464 to the mix reduced very efficiently the nitrate amounts thus ensuring optimal color formation 465 during initial fermentation stages (11, 27). This activity seems to disappear with storage time 466 which can be due to the environmental conditions after the curing process (Table 3). The 467 formed nitrite is a reactive compound that can be further reduced after reacting with heme 468 moiety and various endogenous and exogenous reductants such as ascorbate (1, 7). This 469 reactivity can explain the recorded residual nitrite decrease after 45 days of storage. 470 Alternatively, Ahn et al. (28) found lower residual nitrite in vacuum packed sausages than 471 those stored under aerobic conditions and they attributed that the reducing environment 472 allowed the conversion of nitrite to nitric oxide.

Nitrite acts as a preservative inhibiting the growth of undesirable microorganisms, especially *Clostridium botulinum*, but their contribution to the typical cured meat flavor and color is crucial (1, 2). The nitrosylmyoglobin formed after reaction of myoglobin with nitric oxide (1) is ensured at 70 mg/kg regardless of the nitrate source and, according to the colorimetric data, this dose seemed to be not significantly different in color in comparison to those sausages that received conventional doses (chemical 140 mg/kg) of nitrate (Table 3). These results are in agreement with other works using CP in cooked ham processing (11). However, in the
present work, the addition of CP at high doses led to sausages with higher lightness and
yellowness which could be due to the intrinsic color of the concentrate powder.

Isabel et al. (29) found that a higher  $\alpha$ -tocopherol concentration in dry-cured hams reduced 482 483 color fading and weight loss thus explaining the higher moisture content found in those 484 sausages receiving the tocopherols extract. Therefore, it is possible that the higher water amounts found in those sausages enriched with tocopherols provoked the increase in L\* a\* b\* 485 486 values (Table 3) since the addition of 200 mg/kg of tocopherols extract in a sunflower oil 487 matrix did not significantly increase these instrumental color values (data not shown). 488 Despite the fact that other authors reported no effect on the color stability of cured pork 489 products from animals that received diets rich in tocopherol (30, 31), the addition of this 490 extract may protect from oxidation thus maintaining color properties during fermented 491 sausage ripening. Meat discoloration because of oxidation and lipid oxidation is a major 492 drawback (32, 33) and the protective effect of tocopherols against lipid oxidation during 493 ripening is clearly observed by looking at primary and secondary oxidation values (Table 5). 494 These two oxidation parameters provided similar information since both showed increased 495 oxidation values after 45 days of storage whereas no differences were found for nitrate source 496 and starter culture factors.

The decrease in redness values and the increase in yellowness values are often related with increased lipid oxidation. After 45 days of storage under a modified atmosphere, all color parameters (L\*, a\* and b\*) were lower in comparison to those found after ripening (Table 3). Rubio et al. (34) studied the effect of storage time on color stability in a conventional drycured sausage stored under the same modified atmosphere (20% CO<sub>2</sub> and 80% N<sub>2</sub>). These authors found that comparing instrumental color values after 0 and 120 days of storage, L\* and a\* values were increased whereas yellowness was decreased. However, they also found that these trends changed at different storage periods. In addition, the recorded interactions between nitrate source and storage time (Table 3) could likely confound some factor effects on color since a positive Spearman correlation between TBA values and yellowness ( $r_s =$ 0.500, *P* = 0.049) was found only when using the data obtained from samples stored during 45 days.

509 In addition to that correlation, and also using the data obtained from samples stored during 45 510 days, TBA values and redness showed a negative Spearman correlation coefficient ( $r_s = -$ 511 0.724, P = 0.002). Redness is being used as an indicator of color stability since oxidative 512 discoloration of cured meats converts nitrosylmyoglobin to nitrate and metmyoglobin (35, 513 36). This phenomenon will explain the recorded decrease in redness during storage (Table 3). 514 It has been reported that red color was more stable over a storage period and lipid oxidation 515 was lower when low nitrite cured pork products (50 mg/kg) came from animals that received 516 500 mg  $\alpha$ -tocopheryl acetate/kg feed supplementation (37).

517 Color influence consumers decisions so these differences in sausage color may be detected by 518 consumers and, eventually, can be associated to product quality and freshness (38). In 519 relation to this, two sensory analyses were carried out in those sausages stored for 45 days to 520 evaluate whether those differences found using a colorimeter could be detected by a sensory 521 panel. Two samples having the maximum difference in instrumental color values were 522 selected for a triangle test. In this test, panelists were able to differentiate a sausage in which 523 neither tocopherols nor S. carnosus had been added in comparison to another sausage in 524 which both were added. This suggests that panelist were able to find differences in color 525 between samples. In order to confirm if there were differences in color between sausages, a 526 ranking test was also carried out. The results of this test confirmed there are differences 527 between samples when assessing sausage overall darkness, but panelists seemed to do not 528 associate their preference according to the color. As for this, overall acceptability was studied 529 after 45 days of storage and consumers did not show differences in preference between 530 treatments for any of the studied factors (Table 5). It should be taken into account that 531 Catalan consumers, thanks to the big quantity of small- and large-scale producers, are used to 532 a broad variability in this type of dry-cured sausages in their local markets. This fact suggests 533 that the panelists have different preferences about color among them and/or appreciate other 534 characteristics apart from the sausage color. This hypothesis is also in agreement with the 535 consumer test which showed that the addition of CP at 2 doses (0.23% and 0.46%) had no 536 influence on overall acceptability (Table 5). In cured cooked ham produced using the same 537 vegetable extract, the addition of CP at 0.2% had no effect on sensory attributes whereas at 538 0.3% the panel described an increased vegetable aroma (11).

539 Apart from color, the addition of the tocopherol extract influences lipid oxidation since it is a 540 good antioxidant. In consequence, the addition of the tocopherol extract reduced the oxidative 541 status (LHPC and TBA values) of the sausages but also reduced all the induced FOX 542 parameters with the exception of TMAX that remains unaffected (Tables 5 and 6). Lipid 543 oxidation is increased with storage time thus the addition of this extract in the formulation 544 can be a useful strategy to prevent lipid oxidation in dry-fermented sausages. The LHPC and 545 the induced FOX parameters are highly correlated between them and, in addition, LHPC, 546 Final LHP, MAXLHP and AUC are highly correlated with the tocopherol analogs amounts 547 found in sausages after 0 (data not shown) and after 45 days of storage (Table 7) thus supporting that these parameters, with the exception of TMAX, can be good markers of lipidoxidation.

550 Increased amounts in all four tocol analogs were obtained by the addition of S. carnosus 551 (Table 4). This phenomenon might be explained by the rapid reduction of nitrate to nitrite 552 thanks to their nitrate reductase activity which would favor a higher protection against 553 oxidation at the beginning of the curing process. Studying the addition of nitrite instead of 554 nitrate, Walsh et al. (37) found that the dose of 100 mg of nitrite / kg meat in cured pork 555 products reduced TBA values in comparison to those products that only received 50 mg/kg. 556 The significant interactions involving starter culture and nitrate source should be considered 557 since S. carnosus was able to reduce all nitrate when low doses were applied thus provoking 558 no more nitrite supply during long term ripening and/or storage. Likely, the storage under the 559 modified atmosphere at 4 C did not allow a rapid progression of the oxidation since the 560 recorded TBA values were low and showed no differences between the two types of culture. 561 However, carrying out the induced FOX method, a significantly higher MAXLHP, Final LHP 562 and AUC values were recorded when S. carnosus had been added (Table 6) which is likely 563 indicating the protective role of residual nitrite against oxidation. In addition, LHPC, TBA 564 and induced FOX oxidation parameters increased after 45 days of storage which indicates 565 that stored sausages underwent slight oxidation under these conditions (Tables 5 and 6). This 566 could be due to the loss of tocol analogs (Table 4) and other possible reductants present in the 567 sample such as ascorbate during storage.

568 Collectively, these results indicate that organic sausages can be produced without affecting 569 significantly the quality and consumer acceptability of the product. Moreover, the addition of 570 *S. carnosus* is useful in reducing the residual levels of nitrate without any effect on TBA values after 45 days of storage under an atmosphere containing 20% CO<sub>2</sub> plus 80% N<sub>2</sub> at refrigeration. However, according to the induced-FOX values the combination of low doses of nitrate with addition of *S. carnosus* may lead to an increased susceptibility to oxidation. The substitution of chemical grade nitrate source for CP is a useful strategy for organic production and at the lower dose it does not affect color formation or any other parameter in comparison to the conventional procedures.

577

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Treatments	Tocopherols	Starter culture <sup>b</sup>	Type of nitrate source
	(mg/kg) <sup>a</sup>		and dose (mg/kg) <sup>c</sup>
1	0	Conventional	Celery conc. powder 70
2	0	Conventional	Celery conc. powder 140
3	0	Conventional	Chemical grade 70
4	0	Conventional	Chemical grade 140
5	0	S. carnosus	Celery conc. powder 70
6	0	S. carnosus	Celery conc. powder 140
7	0	S. carnosus	Chemical grade 70
8	0	S. carnosus	Chemical grade 140
9	200	Conventional	Celery conc. powder 70
10	200	Conventional	Celery conc. powder 140
11	200	Conventional	Chemical grade 70
12	200	Conventional	Chemical grade 140
13	200	S. carnosus	Celery conc. powder 70
14	200	S. carnosus	Celery conc. powder 140
15	200	S. carnosus	Chemical grade 70
16	200	S. carnosus	Chemical grade 140

# 731 **Table 1**. Sausage formulation treatments

<sup>a</sup> Expressed as sum average of tocopherol analogs. The tocopherol extract contains  $\alpha$ -,  $\beta$ -,  $\gamma$ -733 and  $\delta$ -tocopherol analogs at the concentrations of 109 ± 4, 12.7 ± 0.3, 476 ± 12, and 189 ± 5 734 g/kg, respectively.

- 735 <sup>b</sup> Conventional starter culture includes *Lactobacillus sakei* and *Staphylococcus xylosus*. The
- 736 conventional starter culture was also added in the *Staphylococcus carnosus* treatments.
- <sup>c</sup> Addition of chemically pure KNO<sub>3</sub> or celery concentrate powder providing different doses
- of nitrate, 70 or 140 mg expressed as NaNO<sub>3</sub>/kg

	Microb	ial counts
	(log	CFU/g)
	Lactobacilli <sup>b</sup>	Staphylococci
Tocopherols <sup>d</sup>		
0	8.4	6.9
200	8.2	7.0
SEM <sup>e</sup>	0.085	0.082
Starter culture <sup>f</sup>		
Conventional	8.2	6.9
S. carnosus	8.4	7.1
SEM	0.085	0082
Nitrate source and dose <sup>g</sup>		
Chemical 70	8.3	7.0
Chemical 140	8.3	7.1
Celery 70	8.2	6.9
Celery 140	8.3	6.9
SEM	0.12	0.12
Time		
raw mix batter	8.2 x	7.5 y
0 days	8.6 y	7.2 у
45 days	8.1 x	6.2 x
SEM	0.10	0.10

Table 2. Effect of sausage formulation factors and processing points (after inoculation in the
 raw mix batter, after curing at 0 days and after 45 days storage) on microbial counts<sup>a</sup>

743 <sup>a</sup> Values given in this table correspond to least-squares means obtained from multifactor ANOVA (n = 48).

Teast-squares means within the same column with different letters differ significantly ( $P \le 0.05$ ).

- 745 <sup>b</sup> Microbial counts expressed as the logarithm of lactobacilli colony-forming units per g of dried sample.
- 746 Significant interactions between tocopherols x storage time for lactobacilli (P = 0.005) were found.
- <sup>c</sup> Microbial counts expressed as the logarithm of staphylococci colony-forming units per g of dried sample A
- 548 significant interaction between starter culture x nitrate source (P = 0.001) for staphylococci was found.
- 749 <sup>d</sup> Tocopherol dose expressed in mg of tocopherol analogs/kg meat.
- 750 <sup>e</sup> SEM means standard error of the mean.
- 751 <sup>f</sup> Conventional starter culture includes Lactobacillus sakei and Staphylococcus xylosus. The Staphylococcus
- 752 *carnosus* starter culture also includes the conventional starter culture.
- 753 <sup>g</sup> Type of source and dose of nitrate expressed in mg NaNO<sub>3</sub>/kg meat.

	moisture (%) <sup>b</sup>	Residual nitrate (mg/kg) <sup>c</sup>	<b>Residual</b> <b>nitrite</b> $(mg/kg)^d$	L* <sup>e</sup>	a* <sup>f</sup>	b* <sup>g</sup>
Tocopherols <sup>h</sup>						
0	25.3 x	27	0.36	37.52 x	15.38 x	8.32 x
200	26.0 y	26	0.33	38.36 y	16.21 y	8.61 y
SEM <sup>i</sup>	0.19	1.5	0.012	0.063	0.054	0.019
Starter						
culture <sup>j</sup>						
Conventional	25.8	53 y	0.35	37.85 x	15.71 x	8.43 x
S. carnosus	25.6	Tr x	0.34	38.00 y	15.88 y	8.50 y
SEM	0.19	1.5	0.012	0.063	0.054	0.019
Nitrate source						
and dose <sup>k</sup>						
Chemical 70	25.6	9 x	0.36	37.18 x	15.78 x	8.36 x
Chemical 140	25.3	48 y	0.35	37.85 x	15.77 x	8.43 x
Celery 70	25.7	$Tr^{l} x$	0.34	37.82 x	15.70 x	8.43 x
Celery 140	26.0	49 y	0.33	38.34 y	15.93 x	8.66 y
SEM	0.27	2.1	0.017	0.091	0.077	0.027
Storage time						
0 days	25.8	25	0.38 y	38.17 y	16.30 y	8.52 y
45 days	25.6	28	0.31 x	37.71 x	15.29 x	8.42 x
SEM	0.19	1.5	0.012	0.063	0.054	0.019

**Table 3.** Effect of formulation factors and storage time on sausage moisture, residual nitrate,
residual nitrite and CIE L\* a\* b\* color values<sup>a</sup>

- <sup>a</sup> Values given in this table correspond to least-squares means obtained from multifactor ANOVA (n = 32, 32
- and 135 for moisture, nitrate and nitrite analyses, and color measurements, respectively). Least-squares means
- 760 within the same column for the same factor with different letters differ significantly ( $P \le 0.05$ ).
- <sup>b</sup> Significant interactions between nitrate source x starter culture (P = 0.005) and between nitrate source x tocopherols (P = 0.007) for moisture were found.
- $^{\circ}$  Residual nitrate is expressed as mg of NaNO<sub>3</sub> per kg of sausage in dry weight basis. A significant interaction
- between starter culture x nitrate source ( $P \le 0.001$ ) for residual nitrate was found.
- <sup>d</sup> Residual nitrite is expressed as mg of NaNO<sub>2</sub> per kg of sausage in dry weight basis A significant interaction between nitrate source x storage time (P = 0.0042) for residual nitrite was found.
- <sup>e</sup> Significant interactions between starter culture x nitrate source ( $P \le 0.001$ ), starter culture x storage time (P =
- 768 0.002), nitrate source x tocopherols ( $P \le 0.001$ ) and nitrate source and storage time ( $P \le 0.001$ ) for L\* values 769 were found.
- 770 <sup>f</sup> Significant interactions between starter culture x tocopherols (P = 0.003), starter culture x nitrate source ( $P \le$
- 771 0.001), starter culture x storage time (P = 0.014), nitrate source x tocopherols ( $P \le 0.001$ ) and nitrate source x
- 572 storage time (P = 0.001) for a\* values were found.
- 773 <sup>g</sup> Significant interactions between starter culture x tocopherols (P = 0.002), starter culture x nitrate source ( $P \le$
- 774 0.001), nitrate source x tocopherols ( $P \le 0.001$ ) and nitrate source x storage time ( $P \le 0.001$ ) for b\* values were
- 775 found.
- <sup>h</sup> Tocopherol dose expressed in mg of tocopherol analogs/kg meat.
- <sup>i</sup> SEM means standard error of the mean.
- 778 <sup>j</sup> Conventional starter culture include Lactobacillus sakei and Staphylococcus xylosus, the Staphylococcus
- 779 *carnosus* starter culture also includes the conventional starter culture.
- <sup>k</sup> Type of source and dose of nitrate expressed in mg NaNO<sub>3</sub>/kg meat.
- <sup>1</sup> Tr means traces. The analyte amounts were found between the limits of detection and quantification of the
   method used.
- 783
- 784

	α-tocopherol (mg/kg) <sup>b</sup>	β-tocopherol (mg/kg) <sup>c</sup>	γ-tocopherol (mg/kg) <sup>d</sup>	δ-tocopherol (mg/kg) <sup>e</sup>	α-tocotrience (m/kg) <sup>f</sup>
Tocopherols <sup>g</sup>					
0	18.8 x	0.3 x	1 x	$\mathrm{Tr}^{\mathrm{h}} \mathrm{x}$	0.77 x
200	74.5 y	7.3 у	260 y	47.3 y	1.22 y
SEM <sup>i</sup>	0.91	0.08	3.0	0.38	0.04
Starter culture <sup>j</sup>					
Conventional	45.0 x	3.7 x	126 x	23.0 x	0.96
S. carnosus	48.2 y	3.9 y	136 y	24.3 y	1.04
SEM	0.91	0.08	3.0	0.38	0.04
Nitrate source					
and dose <sup>k</sup>					
Chemical 70	43.3 x	3.5 x	123	22.4	0.83 x
Chemical 140	47.4 xy	3.9 xy	132	24.0	1.10 y
Celery 70	47.2 xy	3.8 xy	130	23.7	1.00 xy
Celery 140	48.7 y	4.0 x	139	24.6	1.06 xy
SEM	1.3	0.11	4.3	0.54	0.06
Storage time					
0 days	52.6 y	4.1 y	140 y	24.8 y	1.16 x
45 days	40.7 x	3.5 x	122 x	22.5 x	0.83 x
SEM	0.91	0.08	3.0	0.38	0.04

785 **Table 4.** Effect of formulation factors and storage time on sausage tocol analogs<sup>a</sup>

<sup>a</sup> Values given in this table correspond to least-squares means obtained from multifactor ANOVA (n = 64). 10.787 Least-squares means within the same column for the same factor with different letters differ significantly ( $P \le 0.05$ ).  $\beta$ -,  $\gamma$ - and  $\delta$ -tocotrienols were normally below the quantification limits and, in consequence, were not 10.789 reported.

<sup>b</sup> Results are expressed as mg α-tocopherol per kg of sausage in dry weight basis. Significant interactions between starter culture x nitrate source (P = 0.030), starter culture x storage time (P = 0.023) and storage time x

792 to copherols (P = 0.015) for  $\alpha$ -to copherol were found.

- 793 <sup>c</sup> Results are expressed as mg  $\beta$ -tocopherol per kg of sausage in dry weight basis. Significant interactions 794 between starter culture x tocopherols (P = 0.046), starter culture x nitrate source ( $P \le 0.001$ ), tocopherols x nitrate source (P = 0.045) and tocopherols x storage time ( $P \le 0.001$ ) for  $\beta$ -tocopherol were found.
- 795
- 796 <sup>d</sup> Results are expressed as mg  $\gamma$ -tocopherol per kg of sausage in dry weight basis. Significant interactions
- 797 between starter culture x nitrate source (P = 0.021), starter culture x tocopherols (P = 0.031), and storage time x
- 798 to copherols ( $P \le 0.001$ ) for  $\gamma$ -to copherol were found.
- 799 <sup>e</sup> Results are expressed as mg δ-tocopherol per kg of sausage in dry weight basis. Significant interactions
- 800 between starter culture x tocopherols (P = 0.032), starter culture x nitrate source ( $P \le 0.001$ ) and storage time x
- 801 tocopherols ( $P \le 0.001$ ) for  $\delta$ -tocopherol were found.
- <sup>f</sup> Results are expressed as mg α-tocopherol per kg of sausage in dry weight basis. Significant interactions 802
- 803 between starter culture x nitrate source (P = 0.003) and starter culture x storage time (P = 0.043) were found for
- 804  $\alpha$ -tocotrienol.
- 805 <sup>g</sup> Tocopherol dose expressed in mg of tocopherol analogs/kg meat.
- 806 <sup>h</sup> Tr means traces. The analyte amounts were found between the limits of detection and quantification of the 807 method used.
- 808 <sup>i</sup> SEM means standard error of the mean.
- 809 <sup>j</sup> Conventional starter culture include Lactobacillus sakei and Staphylococcus xylosus. The Staphylococcus
- 810 carnosus starter culture also includes the conventional starter culture.
- 811 <sup>k</sup> Type of source and dose of nitrate expressed in mg NaNO<sub>3</sub>/kg meat.
- 812
- 813

	LHPC	TBA	Overall
	(mmol CHP eq/kg) <sup>b</sup>	(µg MDA/kg) <sup>c</sup>	acceptability
Tocopherols <sup>d</sup>			
0	352 у	300 y	-0.3
200	73 x	30 x	0.1
SEM <sup>e</sup>	38	22	0.33
Starter culture <sup>f</sup>			
Conventional	203	170	-0.3
S. carnosus	222	170	0.1
SEM	38	22	0.33
Nitrate source and	d		
dose <sup>g</sup>			
Chemical 70	348 x	220	-0.5
Chemical 140	237 x	130	0.4
Celery 70	129 x	140	0.4
Celery 140	134 x	180	-0.7
SEM	54	32	0.46
Storage time			
0 days	138 x	90 x	N.A. <sup>h</sup>
45 days	287 у	240 y	
SEM	38	22	

814 **TABLE 5.** Effect of formulation factors and storage time on sausage lipid hydroperoxide

815 content (LHPC), thiobarbituric acid (TBA) values and consumers' overall acceptability<sup>a</sup>

<sup>a</sup> Values given in this table correspond to least-squares means obtained from multifactor ANOVA (n = 64, 64 and 192 for LHPC, TBA values and consumers' acceptability, respectively). Least-squares means within the same column for the same factor with different letters differ significantly ( $P \le 0.05$ ). <sup>b</sup> Results are expressed as mmol of cumene hydroperoxide equivalents per kg of sausage in dry weight basis.

820 Significant interactions between tocopherols x nitrate source (P = 0.006), tocopherols x storage time (P = 0.007)

821 and nitrate source x storage time (P = 0.047) for LHPC were found.

- 822 <sup>c</sup>Results are expressed as µg of malondialdehyde per kg of sausage in dry weight basis. Significant interactions
- between storage time x tocopherols ( $P \le 0.001$ ), storage time x starter culture (P = 0.013) and starter culture x
- 824 nitrate source (P = 0.002) for TBA were found.
- 825 <sup>d</sup> Tocopherol dose expressed in mg of tocopherol analogs/kg meat.
- 826 <sup>e</sup> SEM means standard error of the mean.
- 827 <sup>f</sup> Conventional starter culture include Lactobacillus sakei and Staphylococcus xylosus. The Staphylococcus
- 828 *carnosus* starter culture also includes the conventional starter culture.
- 829 <sup>g</sup> Type of source and dose of nitrate expressed in mg NaNO<sub>3</sub>/kg meat.
- 830 <sup>h</sup> N.A. means not analyzed at time 0 days.

832	<b>TABLE 6.</b> Effect of formulation factors and storage time on sausage maximum lipid
833	hydroperoxide value (MAXLHP), time to reach the maximum lipid hydroperoxide value
834	(TMAX), oxidation rate (OR), final lipid hydroperoxide value (Final LHP) and area under the
835	curve (AUC) <sup>a</sup>

	MAXLHP	TMAX	OR	Final LHP	AUC (mol CHP eq	
	(mmol CHP eq	$(h)^{c}$	(µmol CHP eq	(mmol CHP eq		
	kg <sup>-1</sup> ) <sup>b</sup>		$kg^{-1} h^{-1})^{d}$	kg $^{-1})^{e}$	$kg^{-1} h)^{f}$	
Tocopherols <sup>g</sup>						
0	2900 у	48	86 y	2190 у	500 y	
200	1500 x	54	26 x	980 x	251 x	
$\operatorname{SEM}^{\operatorname{h}}$	104	2.2	6.6	90	19	
Starter culture <sup>i</sup>						
Conventional	2100 x	50	54	1390 x	343 x	
S. carnosus	2400 у	53	59	1790 y	402 y	
SEM	104	2.2	6.6	90	19	
Nitrate source						
and dose <sup>j</sup>						
Chemical 70	2900 у	39 x	105 x	1900 y	478 y	
Chemical 140	2000 x	54 y	51 y	1500 xy	344 x	
Celery 70	1900 x	56 y	31 у	1400 x	312 x	
Celery 140	2200 x	56 y	38 у	1600 xy	357 x	
SEM	147	3.2	9.4	127	28	
Storage time						
0 days	1700 x	44 x	39 x	1120 x	296 x	
45 days	2700 у	59 y	74 y	2050 у	450 y	
SEM	104	2.2	6.6	90	19	

836 <sup>a</sup> Values given in this table correspond to least-squares means obtained from multifactor ANOVA (n = 64).

837 Least-squares means within the same column for the same factor with different letters differ significantly ( $P \le 0.05$ ).

- <sup>b</sup> Results are expressed as mmol of cumene hydroperoxide equivalents per kg of sausage in dry weight basis.
- 840 Significant interactions between tocopherols x starter culture (P = 0.040), tocopherols x nitrate source (P =
- 841 0.005), tocopherols x storage time ( $P \le 0.001$ ), starter culture x nitrate source (P = 0.004), starter culture x
- storage time (P = 0.006) and storage time x nitrate source (P = 0.007) for MAXLHP were found.
- 843 <sup>c</sup> Significant interactions between nitrate source x tocopherols (P = 0.001), nitrate source x storage time (P =
- 844 0.015) and storage time x tocopherols (P = 0.017) for TMAX were found.
- <sup>d</sup>Results are expressed as µmol of cumene hydroperoxide equivalents per kg of sausage in dry weight basis and
- h. Significant interactions between nitrate source x tocopherols ( $P \le 0.001$ ), nitrate source x starter culture (P =
- 847 0.008), nitrate source x storage time (P = 0.007) and storage time x tocopherols ( $P \le 0.001$ ) for OR were found.
- <sup>e</sup> Results are expressed as mmol of cumene hydroperoxide equivalents per kg of sausage in dry weight basis.
- 849 Significant interactions between starter culture x tocopherols ( $P \le 0.001$ ), starter culture x nitrate source (P =
- 850 0.030) and starter culture x storage time (P = 0.001) for Final LHP were found.
- <sup>f</sup> Results are expressed as mol of cumene hydroperoxide equivalents and h per kg of sausage in dry weight basis.
- 852 Significant interactions between tocopherols x nitrate source (P = 0.009), tocopherols x starter culture (P =
- 853 0.039), tocopherols x storage time ( $P \le 0.001$ ), starter culture x nitrate source (P = 0.009) and starter culture x
- storage time (P = 0.009) for AUC were found.
- <sup>g</sup> Tocopherol dose expressed in mg of tocopherol analogs/kg meat.
- 856 <sup>h</sup> SEM means standard error of the mean.
- 857 <sup>i</sup> Conventional starter culture include Lactobacillus sakei and Staphylococcus xylosus. The Staphylococcus
- 858 *carnosus* starter culture also includes the conventional starter culture.
- <sup>j</sup> Type of source and dose of nitrate expressed in mg NaNO<sub>3</sub>/kg meat.

	LHPC	MAXLHP	TMAX	OR	Final LHP	AUC	α-Τ	β-Τ	γ-Τ	δ-Т	α-Τ3
LHPC	1 <sup>b</sup>	0.75	-0.43	0.73	0.78	0.77	-0.77	-0.75	-0.78	-0.81	-0.69
		0.00	0.10	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	16	16	16	16	16	16	16	16	16	16	16
MAXLHP		1.00	-0.37	0.97	0.98	0.97	-0.79	-0.74	-0.78	-0.69	-0.83
			0.16	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
		16	16	16	16	16	16	16	16	16	16
TMAX			1.00	-0.50	-0.42	-0.45	0.45	0.14	0.41	0.33	0.49
				0.05	0.10	0.08	0.08	0.61	0.11	0.21	0.05
			16	16	16	16	16	16	16	16	16
OR				1.00	0.97	0.97	-0.82	-0.75	-0.82	-0.73	-0.80
					0.00	0.00	0.00	0.00	0.00	0.00	0.00
				16	16	16	16	16	16	16	16
Final LHP					1.00	1.00	-0.80	-0.78	-0.84	-0.72	-0.83
						0.00	0.00	0.00	0.00	0.00	0.00
					16	16	16	16	16	16	16
AUC						1.00	-0.80	-0.77	-0.84	-0.72	-0.84
							0.00	0.00	0.00	0.00	0.00
						16	16	16	16	16	16
							1.00	0.87	0.91	0.90	0.84
α-Τ							•	0.00	0.00	0.00	0.00
							16	16	16	16	16
β-Τ								1.00	0.95	0.93	0.78
								•	0.00	0.00	0.00
								16	16	16	16
									1.00	0.93	0.86
γ-Τ										0.00	0.00
									16	16	16
<b>δ-</b> Τ										1.00	0.82
											0.00
										16	16

 Table 7. Spearman correlation coefficients between lipid hydroperoxide content, induced FOX parameters and tocol content in sausages, after storage for 45 days<sup>a</sup>

# α-Τ3

<sup>a</sup> LHPC = lipid hydroperoxide content, MAXLHP = maximum lipid hydroperoxide value, TMAX = time the maximum lipid hydroperoxide value was achieved,

OR = oxidation rate, Final LHP = the final lipid hydroperoxide value, AUC = are under the curve,  $\alpha$ -T =  $\alpha$ -tocopherol,  $\beta$ -T =  $\beta$ -tocopherol,  $\gamma$ -T =  $\gamma$ -tocopherol,

 $<sup>\</sup>delta$ -T =  $\delta$ -tocopherol and  $\alpha$ -T3 =  $\alpha$ -tocotrienol.

<sup>&</sup>lt;sup>b</sup> Spearman correlation coefficient, P value and number of samples are stated respectively one below the other.