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## Highly compacted DNA nanoparticles with low MW PEG coatings: *in vitro*, *ex vivo* and *in vivo* evaluation

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### Abstract

Highly compacted DNA nanoparticles, composed of single molecules of plasmid DNA compacted with block copolymers of poly-L-lysine and 10 kDa polyethylene glycol (CK<sub>30</sub>PEG<sub>10k</sub>), mediate effective gene delivery to the brain, eyes and lungs *in vivo*. Nevertheless, we found that CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles are immobilized by mucoadhesive interactions in sputum that lines the lung airways of patients with cystic fibrosis (CF), which would presumably preclude the efficient delivery of cargo DNA to the underlying epithelium. We previously found that nanoparticles can rapidly penetrate human mucus secretions if they are densely coated with low MW PEG (2–5 kDa), whereas nanoparticles with 10 kDa PEG coatings were immobilized. We thus sought to reduce mucoadhesion of DNA nanoparticles by producing CK<sub>30</sub>PEG DNA nanoparticles with low MW PEG coatings. We examined the morphology, colloidal stability, nuclease resistance, diffusion in human sputum and *in vivo* gene transfer of CK<sub>30</sub>PEG DNA nanoparticles prepared using various PEG MWs. CK<sub>30</sub>PEG<sub>10k</sub> and CK<sub>30</sub>PEG<sub>5k</sub> formulations did

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not aggregate in saline, provided partial protection against DNase I digestion and exhibited the highest gene transfer to lung airways following inhalation in BALB/c mice. However, all DNA nanoparticle formulations were immobilized in freshly expectorated human CF sputum, likely due to inadequate PEG surface coverage.

## Keywords

Mucus; Sputum; Cystic Fibrosis; Gene Therapy

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## 1. Introduction

Cystic fibrosis (CF) is the most prevalent lethal genetic disorder among Caucasians, occurring in 1 in 3500 births in the US [1]. CF is caused by a mutation in the cystic fibrosis transmembrane conductance regulator (CFTR) gene, which codes for a chloride ion channel located in the apical membrane of epithelial cells [2]. The consequent imbalanced ion and water transport across the epithelium in CF leads to decreased airway mucus hydration and increased mucus viscoelasticity. In the CF lung, the hyperviscoelastic mucus secretions are less efficiently cleared by mucociliary action and, thus, accumulate in the airways. Mucus accumulation can be severe, leading to airway obstruction, especially during exacerbations triggered by viral infections [3–4]. Reduced mucus clearance causes chronic bacterial infection and inflammation, two major causes of CF-related morbidity and mortality [5–6]. Thus, the lung airways are an important therapeutic target for CF.

The goal of CF lung gene therapy is to restore expression of functional CFTR in the lung epithelium. Despite over two decades of research, development and clinical testing, no patient has yet been cured of CF. A number of synthetic (non-viral) systems have shown promise for CF gene therapy, including the highly compacted rod-shaped DNA nanoparticles composed of block copolymers of poly-L-lysine and polyethylene glycol (CK<sub>30</sub>PEG<sub>10k</sub>) and single molecules of plasmid DNA [7–8]. CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles traffic to the nucleus in primary airway epithelial cells grown under air-liquid culture within 1 hour [9], and transfect non-dividing cells [8]. These DNA nanoparticles are stable for at least 2 years at 4°C [7], and were non-toxic, non-inflammatory, and non-immunogenic in the human nares [10]. In a Phase I/IIa study in CF subjects, the level of gene transfer to human nasal mucosa mediated by these DNA nanoparticles, as measured by PCR analysis of vector DNA, was comparable to the highest levels observed in an AAV intranasal trial [10]. Despite these promising results, efficacy has not yet been established in the CF lung airways.

Numerous reports highlight poor sputum penetration as a barrier to successful CF gene therapy [11–13]. Sputum is a porous mesh of biomacromolecules, including mucins, proteins, lipids and DNA [14]. Gene carriers deposited in the airways upon inhalation must penetrate the hyper-viscoelastic sputum layer to reach underlying epithelial cells. However, most synthetic nanoparticles are immobilized in CF sputum [15–17]. We previously found that polymeric particles as large as ~ 200 nm can rapidly penetrate CF sputum if they are densely coated with polyethylene glycol (PEG) with MW between 2–5 kDa [18], whereas nanoparticles coated with 10 kDa PEG were mucoadhesive [19]. Thus, we sought to engineer highly compacted DNA nanoparticles coated with 2 and 5 kDa PEG, and to examine DNA nanoparticle morphology, colloidal stability, nuclease resistance, gene transfer efficiency in mice, and mobility in human CF sputum.

## 2. Materials and methods

### 2.1. Materials

All chemicals were purchased from Sigma-Aldrich (St. Louis, MO) and used as received, unless stated otherwise. The trifluoroacetate (TFA) salt of poly-L-lysine of exactly 30 lysine residues in length with an N-terminal cysteine (CK<sub>30</sub>) was synthesized by Fmoc-mediated solid-phase peptide synthesis using an automated peptide synthesizer (Symphony Quartet, Protein Technologies, Tucson, AZ). CK<sub>30</sub> was purified by HPLC and identity confirmed by mass spectrometry. Thiol reactive PEG, methoxy-PEG-maleimide, MW 10, 5, and 2 kDa, was purchased from Rapp Polymere (Tübingen, Germany). Diamine PEG, 2 kDa, was purchased from Nektar Therapeutics (San Carlos, CA). Tissue lysis and luciferase assay reagents were obtained from Promega (Madison, WI). Protein concentration assays were performed using the BCA Protein Assay Kit from Pierce (Rockford, IL). Rhodamine labeled ellipsoidal and rod-shaped CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles (provided by Copernicus Therapeutics, Cleveland, OH) were produced by compacting rhodamine labeled DNA with CK<sub>30</sub>PEG<sub>10k</sub> associated with either trifluoroacetate or acetate as the counterion, respectively, as previously reported [7–8].

### 2.2. Formulation of rod-shaped DNA nanoparticles

**2.2.1. Preparation of CK<sub>30</sub>PEG**—A block co-polymer of poly-L-lysine and polyethylene glycol, CK<sub>30</sub>PEG, was prepared as previously described [8], with two exceptions: (1) the MWs of PEG used were 10, 5, and 2 kDa, and (2) TFA counterion was replaced with acetate by size-exclusion chromatography on Sephadex G-25.

**2.2.2. Preparation of fluorescently labeled CK<sub>30</sub>PEG**—CK<sub>30</sub>PEG polymers were fluorescently labeled by conjugating the amine reactive probe Alexa Fluor 488 sulfodichlorophenol (5-SDP) ester (AF488; Invitrogen Corporation, Carlsbad, CA) to the epsilon amines of lysine following manufacturers protocol (reaction stoichiometry: 1 AF488 per CK<sub>30</sub>PEG). Unreacted AF488 was removed by fractionating the reaction mixture on a Sephadex G25 column (GE Healthcare, Piscataway, NJ) pre-equilibrated with 50 mM ammonium acetate (AA).

**2.2.3. Plasmid propagation**—The plasmid pd1GL3-RL (7.9 kbp) containing two CMV promoted Luc genes, firefly (GL3) and *Renilla* (RL), was propagated in *Escherichia coli* DH5 $\alpha$  (Kan/Neo selection). Plasmid DNA was collected and purified using Qiagen EndoFree Plasmid Giga kits (Qiagen Inc., Valencia, CA) per manufacturer's protocol.

**2.2.4. Production of DNA nanoparticles**—Rod-shaped DNA nanoparticles were manufactured by the drop-wise addition of 9 volumes of DNA solution (0.222 mg/ml in water) to 1 volume CK<sub>30</sub>PEG solution at a rate of 1 ml/min while vortexing at room temperature. The final ratio of positively charged primary amines (N) contributed by CK<sub>30</sub>PEG to negatively charged DNA phosphates (P) was 2:1. After incubating at room temperature for 30 minutes, aggregates were removed by syringe filtration (0.2  $\mu$ m). To remove free polymers and exchange water for physiologic saline, DNA nanoparticles were diluted 10-fold with 0.9% NaCl and re-concentrated to 0.2 mg/ml using a Vivaspin 6 ultrafiltration device (100,000 MWCO, Vivaproducts, Inc., Littleton, MA) two times. For *in vivo* experiments, DNA nanoparticles were concentrated to 1 mg/ml and administered the same day. For long-term stability studies, DNA nanoparticles were stored at 4°C.

### 2.3. Physicochemical characterization of DNA nanoparticles

Rod-shaped DNA nanoparticles were tested for quality assurance by transmission electron microscopy, turbidity, and sedimentation, as described previously [7]. Size and  $\zeta$ -potential

(surface charge) were measured by dynamic light scattering and laser Doppler anemometry, respectively, using a Zetasizer Nano ZS90 (Malvern Instruments, Southborough, MA). Samples were diluted to 0.1 mg/ml in 10 mM NaCl pH 7.1 (viscosity 0.8894 cP and Refractive index 1.33 @ 25°C). Size measurements were performed at 25°C at a scattering angle of 90°. The zeta-potential values were calculated using the Smoluchowski equation.

To determine whether DNA nanoparticles remain stable in presence of CF sputum, dual labeled CK<sub>30</sub>PEG DNA nanoparticles were formulated by labeling DNA with Cy3 (Mirus Bio LLC, Madison, WI) followed by compaction with AF 488-labeled CK<sub>30</sub>PEG polymers. Dual labeled DNA nanoparticles were incubated in CF sputum for 30 min and the co-localization of the polymer and DNA was monitored via an inverted epifluorescence microscope (Marianas, Zeiss, Thornwood, NY) equipped with dual Cascade II 512 EMCCD cameras (Photometrics, Tucson, AZ).

#### 2.4. Protection against DNase I

Ten microliters containing 0.5 µg of DNA were incubated with 1 µl recombinant DNase I (0.5 U; RNase free; Roche Diagnostics GmbH, Mannheim, Germany) at 37°C for varying durations. After DNase treatment, DNase was inactivated by addition of 5 µl 0.5 M EDTA followed by 15 minute incubation at room temperature. To release DNA for gel electrophoresis, DNA nanoparticles were incubated with 1 µl of 0.25% Trypsin at 37 °C for 10 min. Gel electrophoresis was carried out on a 1% agarose gel containing 50 µg/ml ethidium bromide.

#### 2.5. Polystyrene nanoparticle preparation and characterization

Fluorescent carboxyl-modified polystyrene nanoparticles 200 nm in size (Molecular Probes, Eugene, OR) were covalently conjugated with 2 kDa diamine PEG, as described previously [20]. Size and ζ-potential were determined using a Zetasizer Nano ZS90 (Malvern Instruments, Southborough, MA).

#### 2.6. CF sputum collection

Sputum spontaneously expectorated from male and female CF patients ages 21 – 44, was collected at the Johns Hopkins Adult Cystic Fibrosis Program. The procedures conformed to ethical standards and the sputum collection was performed under informed consent on a protocol approved by the Johns Hopkins Medicine Institutional Review Board. Two to three samples were acquired from the weekly CF outpatient clinic, placed on ice upon collection and during transport, pooled together to minimize patient-to-patient variation, and studied the same day. The total number of individual samples used for the present studies was 12.

#### 2.7. Multiple particle tracking in CF sputum

Nanoparticles were added to CF sputum (3% v/v) and equilibrated for 30 min at 37 °C prior to microscopy. The dynamics of nanoparticles were quantified using multiple particle tracking (MPT) [18, 20]. Briefly, 20 s movies at 67 ms temporal resolution were acquired via dual Cascade II 512 EMCCD cameras on an inverted epifluorescence microscope (3-I Marianas, Zeiss; Thornwood, NY) with 100X/1.4 NA objective. Movies were analyzed with Metamorph software (Universal Imaging, Glendale, WI) to extract x, y positional data over time. Time-averaged mean square displacement (MSD) and effective diffusivity ( $D_{\text{eff}}$ ) for individual DNA nanoparticles were calculated as a function of time scale ( $\tau$ ) [21–23]. CF sputum was assumed to be locally isotropic but not necessarily homogeneous; thus, 2D diffusivity is equal to 3D diffusivity [21]. Bulk transport properties were calculated by geometric ensemble-averaging of individual transport rates. The tracking resolution was 10 nm, determined by tracking the displacement of particles immobilized with a strong

adhesive [24]. Particle transport mechanism (immobile, hindered, and diffusive) was classified as discussed previously [23]. The fraction of gene carriers expected to penetrate a 10  $\mu\text{m}$  CF sputum layer was calculated as previously reported [18, 25].

## 2.8. *In vivo* airway gene transfer

All procedures performed with mice were approved by the Johns Hopkins University Animal Care and Use Committee. BALB/c mice (female, 6–8 weeks old) were anesthetized by intraperitoneal (IP) injection of tribromoethanol (Avertin) at a dose of 250 mg/kg. Pulmonary administration was performed by oropharyngeal aspiration, as previously described [26]. Briefly, anesthetized mice were suspended at a 45° angle by their incisors on a plexiglass stand. The tongue was gently pulled aside and maintained in full extension by forceps. DNA nanoparticles or naked DNA in saline (1 mg/ml) were pipetted (50  $\mu\text{l}$ ) at the base of the tongue and tongue restraint was continued until 2 deep breaths were completed. Control mice were treated with saline. To examine airway gene transfer, we measured the luciferase activity of lung tissue homogenates. Mice were euthanized 24 hrs post pulmonary administration. Hearts were perfused with 3 ml PBS and lung tissues were harvested and homogenized in 1ml of reporter lysis buffer (Promega, Madison, WI) using the TissueLyser LT (Qiagen, Valencia, CA). The homogenates were subjected to a freeze-thaw cycle and supernatants were obtained by centrifugation. Luciferase activity in the supernatant was measured using a standard luciferase assay kit (Promega, Madison, WI) and a 20/20n luminometer (Turner Biosystems, Sunnyvale, CA). Each sample was read in duplicate. Data are shown as relative light unit (RLU)/mg protein.

## 2.9. PEG conformation comparison

The ratio  $[\Gamma/\text{SA}]$  of total unconstrained PEG surface area coverage  $[\Gamma]$  to total particle surface area  $[\text{SA}]$  indicates whether the PEG coating is in a mushroom or brush conformation,  $[\Gamma/\text{SA}] < 1$  or  $[\Gamma/\text{SA}] \geq 1$ , respectively [27]. To determine the conformation of PEG as a function of MW, the surface area occupied by an unconstrained PEG chain was calculated by random-walk statistics and given by a sphere of diameter ( $\xi$ )

$$\xi_{m_b} = 0.76m_b^{1/2} [\text{\AA}], \quad (\text{Eqn 1})$$

where  $m_b$  is the molecular weight of the PEG chain [28]. From the sphere diameter, the area occupied at the surface is  $\pi(\xi/2)^2$ . Thus, the surface area occupied by unconstrained PEG of MWs 10, 5 and 2 kDa is 45, 23 and 9  $\text{nm}^2$ , respectively. The total unconstrained PEG surface area coverage  $[\Gamma]$  was then calculated by multiplying the area occupied at the surface per PEG chain by the total number of PEG chains per DNA nanoparticle, estimated by calculating the number of positively charged DNA binding domains ( $\text{CK}_{30}$ ) bound per single plasmid DNA. Kim *et al.* recently reported that poly(L-lysine)-b-poly(ethylene glycol) binding to DNA is complete at a nitrogen to phosphate ratio (N:P) of 1.5 [29]; our calculations for  $[\Gamma]$  are based on N:P ratios in the range from 1 to 2. Next, the surface area  $[\text{SA}]$  on a single DNA nanoparticle was calculated from the TEM size data and assuming cylindrical geometry. It is important to note that PEG moieties are not stained by uranyl acetate, thus only the poly-L-lysine/DNA core contribute to the size as measured by TEM [8].

## 2.10. Statistical Analysis

Statistical analysis of data was performed by one-way analysis of variance (ANOVA) followed by Tukey HSD test using SPSS 18.0 software (SPSS Inc., Chicago, IL). Differences were considered to be statistically significant at a level of  $P < 0.05$ .

### 3. Results

#### 3.1. Physicochemical characterization of rod-shaped DNA nanoparticles

We prepared nanoparticles composed of DNA compacted with CK<sub>30</sub> peptide conjugated to PEG of varying MWs (10 kDa, 5 kDa, or 2 kDa). Following purification by syringe filtration (0.2 μm), the yield for CK<sub>30</sub>PEG<sub>10k</sub> and CK<sub>30</sub>PEG<sub>5k</sub> DNA nanoparticles were both > 95 percent, whereas the yield for CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles was ~ 85 percent. Following ultrafiltration, the final formulation yield for CK<sub>30</sub>PEG<sub>10k</sub> and CK<sub>30</sub>PEG<sub>5k</sub> DNA nanoparticles were both ~ 70 percent, whereas the yield for CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles was only ~ 20 percent. Morphological examination via transmission electron microscopy (TEM) revealed that all formulations produced flexible rod like nano-structures, similar to previous reports for CK<sub>30</sub>PEG<sub>10k</sub> (Figure 1) [7]. However, a significant fraction of CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles remained in small aggregated clusters. There was a statistically significant correlation between PEG MW and DNA nanoparticle length/width; as PEG MW increased, nanoparticle length increased while width decreased. The average dimensions were ~ 220 × 15 nm, ~ 300 × 13 nm and ~ 350 × 11 nm for CK<sub>30</sub>PEG<sub>2k</sub>, CK<sub>30</sub>PEG<sub>5k</sub> and CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles, respectively (Table 1). All formulations had near neutral surface charge (as measured by ζ-potential), whereas DNA compacted with CK<sub>30</sub> (i.e. no PEG) exhibited a highly positive surface charge (Table 1). We monitored the colloidal stability in saline after storage at 4°C for 6 months using turbidity and sedimentation assays, dynamic light scattering, and laser Doppler anemometry. CK<sub>30</sub>PEG<sub>10k</sub> and CK<sub>30</sub>PEG<sub>5k</sub> DNA nanoparticles both exhibited acceptable turbidity parameters indicative of negligible aggregation (Figure 2A), which is in good agreement with results from a sedimentation assay that indicated < 6% of DNA compacted with CK<sub>30</sub>PEG<sub>10k</sub> or CK<sub>30</sub>PEG<sub>5k</sub> sedimented (Figure 2B). In comparison, CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles exhibited a significantly higher turbidity parameter, indicative of particle aggregation, as supported by sedimentation assay results where ~ 15% of DNA compacted with CK<sub>30</sub>PEG<sub>2k</sub> sedimented. The size, particle size distribution (PDI), and ζ-potential of CK<sub>30</sub>PEG<sub>2k</sub>, CK<sub>30</sub>PEG<sub>5k</sub> and CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles did not change significantly after storage at 4°C for 6 months (Supplementary Table S1). However, the distribution of particles sizes for CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles was significantly higher than that for CK<sub>30</sub>PEG<sub>5k</sub> or CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles, before and after storage at 4°C.

#### 3.2. Protection against DNase I

To assess the ability of nanoparticles, composed using PEG of various MWs, to protect DNA against DNase digestion, we incubated free DNA and rod-shaped DNA nanoparticles with DNase I for various durations before gel electrophoresis. Free DNA was completely degraded within 30 minutes of incubation with DNase I (Figure 3). DNA compacted with CK<sub>30</sub>PEG<sub>10k</sub> or CK<sub>30</sub>PEG<sub>5k</sub> was partially protected from DNase I digestion for at least 2 hrs, as shown by the increasing ratio of nicked vs. supercoiled DNA. In contrast, DNA compacted with CK<sub>30</sub>PEG<sub>2k</sub> was completely degraded by 2 hrs.

#### 3.3. Gene transfer in mice

To determine *in vivo* gene transfer efficiency, we administered various rod-shaped DNA nanoparticles composed of compacted pd1GL3-RL plasmids encoding luciferase via oropharyngeal aspiration to the lungs of BALB/c mice. We first tested CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles at a dose of 50 μg DNA per mouse to determine the duration of luciferase gene expression. We observed maximum luciferase enzyme activity at 24 hrs post administration, with declining activities at later time points likely due to silencing of the CMV promoter (data not shown). Mice receiving either CK<sub>30</sub>PEG<sub>10k</sub> or CK<sub>30</sub>PEG<sub>5k</sub> DNA nanoparticles exhibited the highest overall expression of luciferase (Figure 4), significantly higher ( $P < 0.01$ ) than both naked DNA and CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles. The reduced

gene transfer by CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles may be a result of their increased susceptibility to nuclease attack and/or their tendency to aggregate, which may hinder efficient cellular uptake and/or trafficking to the nucleus.

### 3.4. Effect of PEG MW on the diffusion of rod-shaped DNA nanoparticles in CF sputum

DNA nanoparticles were formulated with CK<sub>30</sub>PEG covalently conjugated with Alexa Fluor 488 (AF488) to allow measurement of their diffusion rates in freshly expectorated human CF sputum. The fluorophores were conjugated to the  $\epsilon$ -amines on the CK<sub>30</sub> peptide and, hence, likely localized only to the core and not the surface of compacted DNA nanoparticles. Physicochemical characterization of AF488 labeled DNA nanoparticles, including TEM (Supplementary Figure S1),  $\xi$ -potential and sedimentation (data not shown), suggested the fluorophore did not alter nanoparticle physicochemical properties. We used multiple particle tracking (MPT) to measure the diffusion rates of hundreds of individual fluorescent DNA nanoparticles in purulent sputum samples freshly expectorated by CF patients. Co-localization experiments with Cy3 labeled DNA confirmed that DNA nanoparticles remained intact in CF sputum (Supplementary Figure S2). Despite having a roughly 4-fold smaller hydrodynamic diameter, the diffusion of DNA nanoparticles, regardless of PEG MW, was 40-fold slower in CF sputum than 210 nm polystyrene nanoparticles densely coated with 2 kDa diamine PEG (PS-PEG<sub>2k</sub>), as measured by geometric ensemble mean-squared displacements ( $\langle \text{MSD} \rangle$ ) at a time scale,  $\tau$ , of 1 second (Figure 5A). Overall, the effective diffusivity ( $D_{\text{eff}}$ ) of DNA nanoparticles at  $\tau = 1$  s was reduced by over 5,000-fold as compared to the theoretical diffusivity of particles with the same hydrodynamic diameter ( $\sim 60 - 80$  nm) in water (Table 2). By fitting  $\langle \text{MSD} \rangle$  to the equation,  $\text{MSD} = 4D_0\tau^\alpha$ , where  $D_0$  is the time scale-independent diffusion coefficient,  $\tau$  is the time scale, and  $\alpha$  ranges from 0 (completely immobile particles) to 1 (unobstructed Brownian diffusion, such as that of a particle in water), the extent of impediment to particle diffusion can be determined. Average  $\alpha$  values were 0.24, 0.25, and 0.17 for CK<sub>30</sub>PEG<sub>10k</sub>, CK<sub>30</sub>PEG<sub>5k</sub> and CK<sub>30</sub>PEG<sub>2k</sub> compacted DNA nanoparticles, respectively, indicative of highly obstructed transport, whereas 210 nm PS-PEG<sub>2k</sub> nanoparticles had an average  $\alpha$  value of 0.71 in the same sputum samples.

To further understand the mechanism of particle transport, we assigned the diffusion of DNA nanoparticles to three non-overlapping transport modes; immobile (I), hindered (H), and diffusive (D) (where the rates of movement  $\sim D > H > I$ ), based on their time scale-dependent effective diffusion coefficients [20]. For all DNA nanoparticle formulations, the large majority of particles (> 99%) were either immobilized or hindered by CF sputum, as indicated by their highly constrained non-Brownian time lapse traces (Figure 5B). Using Fick's second law of diffusion [18, 25] and the measured  $D_{\text{eff}}$  of hundreds of DNA nanoparticles, we estimated that <1% of DNA nanoparticles are expected to penetrate a 10  $\mu\text{m}$  thick CF sputum layer within 2 hrs, compared to  $\sim 40\%$  for PS-PEG<sub>2k</sub> nanoparticles (Figure 5C).

### 3.5. Effect of shape on the diffusion of compacted DNA nanoparticles in CF sputum

To determine if rod-shaped CK<sub>30</sub>PEG DNA nanoparticles were slowed by adhesive interactions or steric obstruction with the sputum mesh, we also measured the mobility of rhodamine labeled ellipsoidal DNA nanoparticles that possessed major diameters ( $\sim 40$  nm) much smaller than the average CF sputum 3D mesh spacing (provided by Copernicus Therapeutics, Cleveland, OH) [8]. Physicochemical characterization of rhodamine labeled DNA nanoparticles, including TEM,  $\xi$ -potential and sedimentation, suggested the fluorophore did not alter nanoparticle physicochemical properties (data not shown). Ellipsoidal and rod-shaped DNA nanoparticles had similar hydrodynamic diameters ( $\sim 60$  nm) and near neutral surface charge ( $\sim -2$  mV). The diffusion of DNA nanoparticles,

regardless of shape, was 60-fold slower in CF sputum than 210 nm PS-PEG<sub>2k</sub> nanoparticles as measured by  $\langle \text{MSD} \rangle$  at a time scale,  $\tau$ , of 1 second (Supplementary Figure S3). Overall, the effective diffusivity ( $D_{\text{eff}}$ ) of DNA nanoparticles at  $\tau = 1$  s was reduced by over 7,000-fold as compared to the theoretical diffusivity of particles with the same hydrodynamic diameter ( $\sim 60$  nm) in water. Average  $\alpha$  values were 0.11 and 0.14 for ellipsoidal and rod-shaped DNA nanoparticles, respectively, indicative of highly obstructed transport. The large majority of particles ( $> 99\%$ ), regardless of shape, were either immobilized or hindered by CF sputum. Using Fick's second law of diffusion and the measured  $D_{\text{eff}}$  of hundreds of DNA nanoparticles, less than 1% of ellipsoidal or rod-shaped DNA nanoparticles are expected to penetrate a 10  $\mu\text{m}$  thick CF sputum layer within 2 hrs.

## 4. Discussion

Hyperviscoelastic sputum coating the airways of CF patients has been cited as a critical barrier to successful CF gene therapy [13]. This is highlighted by our finding that the only polymeric system currently being tested clinically in CF patients, the CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles, are trapped in CF sputum, thereby precluding the carriers from efficiently reaching the airway epithelium. We sought to create DNA nanoparticles with low MW PEG coatings by substituting 10 kDa PEG in CK<sub>30</sub>PEG<sub>10k</sub> with 5 kDa and 2 kDa PEG. We were able to formulate CK<sub>30</sub>PEG<sub>5k</sub> DNA nanoparticles that were stable at 4°C for at least 6 months, resistant against DNase attack and transfected the lungs of mice as well as CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles. However, despite having low MW PEG coatings, CK<sub>30</sub>PEG<sub>5k</sub> and CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles were trapped in CF sputum to the same extent as CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles.

DNA nanoparticles may be trapped in CF sputum via steric and/or adhesive interactions. While the length of the shortest CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles ( $\sim 220$  nm) is greater than the average CF sputum 3D mesh spacing of  $\sim 140 \pm 50$  nm [18], well-PEGylated PS-PEG<sub>2k</sub> nanoparticles 210 nm in diameter exhibited markedly higher diffusion rates in the same sputum samples, presumably due to the large range of pore sizes found in CF sputum (60 – 300 nm) [18]. Thus, it is likely that CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles are trapped predominantly by adhesive interactions rather than by steric obstruction. Given their greater lengths, CK<sub>30</sub>PEG<sub>5k</sub> and CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles may be trapped in CF sputum by a combination of steric and adhesive interactions. If steric interactions were responsible for trapping rod-shaped DNA nanoparticles, then ellipsoidal-shaped DNA nanoparticles, with a major diameter ( $\sim 40$  nm) much less than the average CF sputum 3D mesh spacing [8], would be expected to have greater mobility. However, ellipsoidal-shaped CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles were trapped in CF sputum to the same extent as rod-shaped CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles. Furthermore, we recently discovered that N-acetylcysteine (NAC), a mucolytic that increases the average CF sputum 3D mesh spacing [30], enhanced the penetration of rod-shaped CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles through CF sputum [unpublished data]. Nevertheless, a large fraction of CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles remained hindered in CF sputum treated with NAC. These results suggest that adhesive interactions with sputum constituents are most likely the primary factor responsible for the limited mobility of these DNA nanoparticles.

That compacted DNA nanoparticles are likely immobilized by adhesive interactions with sputum constituents suggests that insufficient PEG surface coverage exists on the CK<sub>30</sub>PEG DNA nanoparticles. Insufficient PEG coverage may allow sputum components to adhere to the poly-L-lysine/DNA core via hydrogen bonding, van der Waals forces, polymer chain interpenetration, hydrophobic forces, and/or electrostatic interactions [31]. We estimated the PEG surface density on rod-shaped DNA nanoparticles in this work to be  $\sim 4 - 10$  molecules/100 nm<sup>2</sup> (Table 2), which is roughly 12 – 30-fold less than that estimated to be on

sputum-penetrating 210 nm PS-PEG<sub>2K</sub> nanoparticles. Due to a decrease in surface area by a factor of  $\sim 2$  for ellipsoidal versus rod-shaped DNA nanoparticles, the PEG surface density on ellipsoidal-shaped DNA nanoparticles is expected to be  $\sim 8 - 20$  molecules/100 nm<sup>2</sup>. Previously, Wang et al. reported that as little as a 40% reduction in PEG coverage led to a 700-fold decrease in the average diffusivity of 200 nm PS-PEG<sub>2K</sub> nanoparticles in cervicovaginal mucus [19]. These results suggest that inadequate PEG coatings achieved on DNA nanoparticles, regardless of PEG MW or particle shape, are responsible for particle trapping via mucoadhesion.

We sought to gain improved mechanistic insight into how PEG density may alter the conformation of PEG on the particle surface and, consequently, colloidal stability and mucoaffinity. If the average distance between neighboring PEG chains on a nanoparticle surface is greater than the Flory radius ( $R_F \sim aN^{3/5}$ , where  $N$  is the degree of polymerization and  $a$  is the effective monomer length) of the PEG chain, neighboring PEG chains do not overlap and are in the so-called “mushroom” conformational regime (as illustrated in Figure 6) [32]. In this regime  $[\Gamma/SA] < 1$ , where  $\Gamma$  is the total unconstrained PEG surface area coverage and  $[SA]$  is the total particle surface area. However, when the grafting density or PEG MW increases to an extent such that neighboring PEG chains overlap ( $[\Gamma/SA] > 1$ ), the PEG chains stretch away from the surface, forming a “brush” layer, due to excluded-volume effects [32]. The least stable CK<sub>30</sub>PEG<sub>2k</sub> DNA nanoparticles displayed PEG coatings in the mushroom conformation, as indicated by  $[\Gamma/SA] \approx 0.45 - 0.9$  (Table 2). Increasing the PEG MW to 5 kDa significantly ( $P < 0.05$ ) improved the PEG coating to the brush regime ( $[\Gamma/SA] \approx 0.98 - 2.0$ ), providing improved yield, colloidal stability, DNase resistance and *in vivo* transfection efficiency. DNA nanoparticles formulated with CK<sub>30</sub>PEG<sub>10k</sub> also displayed PEG coatings in the brush regime ( $[\Gamma/SA] \approx 2.1 - 4.1$ ). For comparison, muco-inert 200 nm PS-PEG<sub>2K</sub> nanoparticles ( $[\Gamma/SA] \approx 11$ ) and mucoadhesive PS-PEG<sub>2K</sub> nanoparticles ( $[\Gamma/SA] \approx 7$ ) both have PEG coatings in the very dense PEG brush regime [19]. These results indicate that while a brush conformation is adequate for colloidal stability and protection against DNase, a very dense PEG brush coating, in excess of  $[\Gamma/SA] \approx 7$  for latex particles, may be required to resist mucoadhesion. It is noted that the precise  $[\Gamma/SA]$  required to resist mucoadhesion will likely depend on the material(s) forming the core of the particle.

Achieving PEG surface densities on DNA nanoparticles at levels comparable to PS-PEG<sub>2K</sub> particles represents the next step towards developing DNA nanoparticles that can readily penetrate CF sputum. In addition, the effects of high PEG surface density on DNA nanoparticle mediated gene transfer need to be determined, as it is possible that high PEG surface density may alter the cellular uptake, for example through binding of DNA nanoparticles to nucleolin, a cell surface receptor that appears to be involved in CK<sub>30</sub>PEG DNA nanoparticle uptake and trafficking to the nucleus [9, 33]. However, it is unclear whether additional PEG can be incorporated without markedly altering the stability or morphology of CK<sub>30</sub>PEG DNA nanoparticles. The presence of too much PEG may inhibit the stability of DNA nanoparticles if the electrostatic interactions between CK<sub>30</sub> and DNA are not sufficient to maintain the association of PEG to the particle surface. In addition, high PEG content may shield the electrostatic charge on CK<sub>30</sub> and interfere with DNA compaction. In the present study, morphological analysis of DNA nanoparticles via TEM revealed an interesting correlation between PEG conformation and the dimensions of the elongated rod like structures (Figure 1). As PEG conformation transitioned from mushroom to brush, the length of DNA nanoparticles significantly increased while the width decreased (Table 1). This “stretching” phenomenon may be attributed to repulsive forces between neighboring PEG chains on the nanoparticle surface. The hydrophilic and flexible nature of PEG chains is responsible for its extended conformation as a free polymer in solution [34], a maximum entropy state. However, when PEG containing polymers are compacted into nanoparticles, the PEG chains are forced to assume a higher energy conformation with

increasing entropic penalty for greater  $[\Gamma/SA]$ . Thus, as PEG MW increases, the corresponding increase in repulsive forces may cause the carriers to elongate, leading to larger surface areas that minimize the entropic penalty from less favorable PEG conformations. This suggests the morphology of DNA nanoparticles may be further elongated as PEG surface density increases, leading to the formation of long carriers that may be trapped by steric obstruction in CF sputum. This work underscores the importance of considering particle morphology in the development of DNA nanoparticles for CF.

In summary, despite having a surface-density of low MW PEG sufficient to provide long-term (6 month) colloidal stability, stability against nuclease attack, and effective gene delivery to mouse airways, the CK<sub>30</sub>PEG<sub>5k</sub> DNA nanoparticles developed were unable to diffuse through human CF sputum. Insufficient PEG coverage on the DNA nanoparticles, as compared to mucus-penetrating PS-PEG<sub>2K</sub> nanoparticles, suggests that inadequate PEG surface density is the critical limiting factor for the development of sputum penetrating gene carriers. To achieve PEG surface densities comparable to PS-PEG<sub>2K</sub> nanoparticles, the amount of PEG on DNA nanoparticles may need to be increased perhaps as much as 30-fold or more. In addition to treating CF lung airway disease, the development of mucus penetrating DNA nanoparticles may find use for the local delivery of therapeutic DNA at various mucosal sites.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

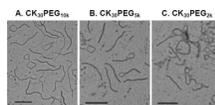
Funding was provided by the National Institutes of Health (NIH R01EB003558 and P01HL51811) and a postdoctoral fellowship from the Croucher Foundation to S.K.L. We thank Professor Alexander Klivanov (Department of Chemistry, the Massachusetts Institute of Technology) for providing the plasmid pd1GL3-RL. We also thank Meghan Ramsay and Sharon Watts at the Johns Hopkins Adult Cystic Fibrosis Center for cystic fibrosis sputum collection. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institute of Biomedical Imaging and Bioengineering, the National Heart, Lung, and Blood Institute, or the National Institutes of Health.

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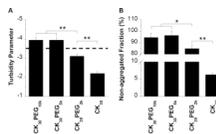
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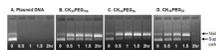
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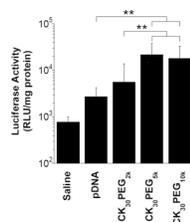
**Figure 1.** Transmission electron microscopy of compacted DNA nanoparticles formulated with (A) CK<sub>30</sub>PEG<sub>10k</sub> (B) CK<sub>30</sub>PEG<sub>5k</sub> and (C) CK<sub>30</sub>PEG<sub>2k</sub>. Scale bar represents 200 nm.



**Figure 2.** Colloidal stability of rod-shaped DNA nanoparticles after storage at 4°C for 6 months. (A) Turbidity parameters, an indicator of colloidal stability, for various DNA nanoparticle formulations. A turbidity parameter less than  $-3.5$  (above the dashed line) indicates DNA nanoparticles that are compacted and non-aggregated, whereas values greater than  $-3.5$  (below the dashed line) indicate significant aggregation of DNA nanoparticles. (B) Non-aggregated fraction of compacted DNA nanoparticles as determined by sedimentation. Data represents the average of 3 independent experiments  $\pm$  the standard deviation. \* denotes statistical significance (\*  $P < 0.05$ , \*\*  $P < 0.01$ ).

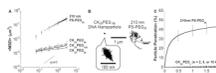


**Figure 3.** Stability against DNase I digestion over time of (A) free DNA, or DNA compacted with (B) CK<sub>30</sub>PEG<sub>10k</sub>, (C) CK<sub>30</sub>PEG<sub>5k</sub>, or (D) CK<sub>30</sub>PEG<sub>2k</sub>. Upper and lower bands represent nicked circular and supercoiled conformations of DNA.



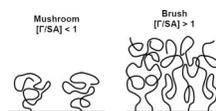
**Figure 4.**

*In vivo* gene expression following pulmonary administration. BALB/c mice (n = 8) received 50  $\mu$ g compacted or naked pd1GL3-RL DNA in saline by oropharyngeal aspiration. Control mice (n=6) received saline alone. Luciferase activity in lung homogenates was measured 24 hrs after pulmonary administration. Data represents the average  $\pm$  the standard deviation. \* denotes statistical significance (\*\*  $P < 0.01$ ).



**Figure 5.**

Transport of rod-shaped DNA nanoparticles and PEG coated polystyrene (PS-PEG<sub>2k</sub>) nanoparticles in fresh, undiluted CF sputum. (A) Ensemble-averaged geometric mean square displacement ( $\langle \text{MSD} \rangle$ ) of compacted DNA nanoparticles and PS-PEG<sub>2k</sub> in CF sputum as a function of time scale ( $\tau$ ). The slope of  $m = 1$  corresponds to unobstructed diffusive behavior. Data represents 3 independent experiments, with  $n \geq 120$  particles per experiment. Error bars represent standard error of the mean. (B) Representative trajectories of CK<sub>30</sub>PEG<sub>10k</sub> DNA nanoparticles and 210 nm PS-PEG<sub>2k</sub> particles in CF sputum during 20 s movies. (C) The fraction of particles predicted to penetrate a 10  $\mu\text{m}$  thick CF sputum layer over time using Fick's second law and diffusion coefficients obtained from tracking experiments.



**Figure 6.** Schematic illustration of PEG regimes. The mushroom regime exists when neighboring PEG chains do not overlap,  $[\Gamma/SA] < 1$ , where  $\Gamma$  is the total unconstrained PEG surface area coverage and  $[SA]$  is the total particle surface area [27]. The brush regime exists when neighboring PEG chains overlap,  $[\Gamma/SA] > 1$ , and stretch away from the surface.

**Table 1**Particle Size and  $\zeta$ -potentials (surface charge) for various DNA nanoparticles

Formulation	Length, nm <sup>a</sup>	Width, nm <sup>a</sup>	$\zeta$ -potential, mV <sup>b</sup>
CK <sub>30</sub> PEG <sub>10k</sub>	350 ± 7	11 ± 1	-1.5 ± 3.6
CK <sub>30</sub> PEG <sub>5k</sub>	300 ± 11*	13 ± 0.2	-1.4 ± 0.6
CK <sub>30</sub> PEG <sub>2k</sub>	220 ± 8*	15 ± 0.8*	-3.0 ± 6.0
CK <sub>30</sub>	n/a	n/a	25 ± 2.0

<sup>a</sup>DNA nanoparticle length and width as measured from TEM images, using ImageJ software package. Data represents the average of 3 independent experiments +/- the standard deviation. \* denotes statistical significance ( $P < 0.05$ ) as compared to CK<sub>30</sub>PEG<sub>10k</sub>.

<sup>b</sup>Measured at pH 7.1. Data represents the average of 3 independent experiments +/- the standard deviation.

Table 2

Characterization of nanoparticle PEG surface coverage and nanoparticle diffusivity in human CF sputum ( $D_{\text{eff}}$ ) compared to in water ( $D_{\text{w}}$ )

Formulation	Hydrodynamic Diameter <sup>a</sup> (nm)	PEG Surface Density <sup>b</sup> (molecules/100 nm <sup>2</sup> )	[ $\Gamma$ /SA] <sup>c</sup>	PEG Regime <sup>d</sup>	$D_{\text{w}}/D_{\text{eff}}^e$
CK <sub>30</sub> PEG <sub>10k</sub>	60	4.5 ± 0.4 – 9.0 ± 0.8	2.1 ± 0.2* – 4.1 ± 0.3*	Brush	6,000
CK <sub>30</sub> PEG <sub>5k</sub>	56	4.3 ± 0.2 – 8.6 ± 0.4	0.98 ± 0.05* – 2.0 ± 0.1*	Brush	5,000
CK <sub>30</sub> PEG <sub>2k</sub>	81	5.0 ± 0.1 – 10 ± 0.2	0.45 ± 0.01 – 0.9 ± 0.02	Mushroom	6,000
PS-PEG <sub>2k</sub>	210	120 ± 4**	11 ± 1**	Dense Brush	30

<sup>a</sup>Hydrodynamic diameter measured by dynamic light scattering.

<sup>b</sup>For DNA nanoparticles, PEG surface density calculated assuming stoichiometric ratios of poly-L-lysine  $\epsilon$ -amines to DNA phosphate groups (N:P) in the range from 1 to 2. For PS-PEG<sub>2k</sub>, PEG surface coverage reported previously [19]. \*\* denotes statistical significance ( $P < 0.01$ ) as compared to all other groups.

<sup>c</sup>Ratio of total unconstrained PEG surface area coverage [ $\Gamma$ ] to total particle surface area [SA]. For DNA nanoparticles, [ $\Gamma$ /SA] calculated assuming N:P ratios in the range from 1 to 2. \* denotes statistical significance ( $P < 0.05$ ) as compared to CK<sub>30</sub>PEG<sub>2k</sub> at the same N:P ratio. \*\* denotes statistical significance ( $P < 0.01$ ) as compared to all other groups.

<sup>d</sup>PEG regime defined as being mushroom coverage for [ $\Gamma$ /SA] < 1 and brush coverage for [ $\Gamma$ /SA] > 1, as illustrated in Figure 6.

<sup>e</sup> $D_{\text{w}}$  is the theoretical diffusivity of particles in water calculated from the Stokes-Einstein equation and the hydrodynamic diameter measured by dynamic light scattering.  $D_{\text{eff}}$  is the effective diffusivity in CF sputum measured at a time scale of 1 s. The  $D_{\text{w}}/D_{\text{eff}}$  ratio indicates by what multiple the average particle movement rate in fresh CF sputum is slower than in pure water.