

This is an electronic reprint of the original article. This reprint may differ from the original in pagination and typographic detail.

Molecular interactions in N-[(2-hydroxyl)-propyl-3-trimethyl ammonium] chitosan chloride-sodium alginate polyelectrolyte complexes

Yang, Xiaodeng; Wang, Beibei; Qiao, Congde; Li, Zhi; Li, Yan; Xu, Chunlin; Li, Tianduo

Published in:
Food Hydrocolloids

DOI:
[10.1016/j.foodhyd.2019.105400](https://doi.org/10.1016/j.foodhyd.2019.105400)

Published: 01/03/2020

Document Version
Accepted author manuscript

Document License
CC BY-NC-ND

[Link to publication](#)

Please cite the original version:

Yang, X., Wang, B., Qiao, C., Li, Z., Li, Y., Xu, C., & Li, T. (2020). Molecular interactions in N-[(2-hydroxyl)-propyl-3-trimethyl ammonium] chitosan chloride-sodium alginate polyelectrolyte complexes. *Food Hydrocolloids*, 100, Article 105400. <https://doi.org/10.1016/j.foodhyd.2019.105400>

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

Take down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

12

13 **List of the subdivisions**

14 HTCC: *N*-[(2-Hydroxyl)-propyl-3-trimethyl ammonium] chitosan chloride

15 DS: degree of substitution

16 FTIR: Fourier transform infrared spectroscopy

17 SEM: scanning electron microscopy

18 DSC: differential scanning calorimetry

19 DMA: dynamic-mechanical analysis

20 $m_{\text{HTCC}}/m_{\text{SA}}$: mass ratio of HTCC to SA

21 PEC: polyelectrolyte complex

22 SA: sodium alginate

23 EPTAC: 2,3-epoxypropyltrimethyl ammonium chloride

24 $-\text{N}(\text{CH}_3)_3^+$: N,N,N-trimethylammonium group

25 $-\text{COO}^-$: carboxyl group

26 ATR: attenuated total reflectance

27 T_g : glass-transition temperature

28 LJ: Lennard-Jones

29 SPC: simple point charge

30 CVFF: consistent valence force field

31 LAMMPS: large-scale atomic/molecular massively parallel simulator

32 G' : storage moduli

33 G'' : loss moduli

34

35 **Abstract**

36 Several *N*-[(2-Hydroxyl)-propyl-3-trimethyl ammonium] chitosan chlorides
37 (HTCCs) with various degree of substitution (DS) were synthesized. The interaction of
38 these compounds with sodium alginate(SA) in solutions and films was studied by
39 rheology, Fourier transform infrared spectroscopy (FTIR), scanning electron
40 microscopy (SEM), differential scanning calorimetry (DSC), and dynamic-mechanical
41 analysis (DMA). The effects of some key factors such as DS, mass ratio of HTCC to
42 SA ($m_{\text{HTCC}}/m_{\text{SA}}$), and temperature on the intermolecular interactions were investigated.
43 The rheological results revealed the polyelectrolyte complex (PEC) solutions to be non-
44 Newtonian fluids in all cases, showing a shear-thinning behavior. The apparent
45 viscosity and viscoelastic properties of these HTCC compounds were observed to
46 depend on DS and $m_{\text{HTCC}}/m_{\text{SA}}$. Thus, a high DS and low $m_{\text{HTCC}}/m_{\text{SA}}$ resulted in low
47 apparent viscosities, which was ascribed to a shielding effect of N,N,N-
48 trimethylammonium ($-\text{N}(\text{CH}_3)_3^+$) on the carboxyl ($-\text{COO}^-$) groups. Below the critical
49 temperature (25 °C), intermolecular interactions were dominated by hydrogen-bonds,
50 while above this temperature electrostatic interactions prevailed. Both
51 biomacromolecules showed maximum synergic effects and resulted in optimum
52 HTCC/SA PEC structures for DS, $m_{\text{HTCC}}/m_{\text{SA}}$, and temperature of 96%, 1/10, and
53 25 °C, respectively. The properties of the HTCC-SA films confirmed a strong
54 hydrogen-bonding and electrostatic interaction synergy between both
55 biomacromolecules. The intermolecular interactions were elucidated by molecular
56 dynamics studies. These results can provide a theoretical approach for synthesizing
57 HTCC-SA based edible packaging films.

58 **Keywords:** *N*-[(2-Hydroxyl)-propyl-3-trimethyl ammonium] chitosan chloride,
59 sodium alginate, synergistic effect, rheological properties, film properties

60

61 **1 Introduction**

62 Natural polymers including chitin/chitosan, sodium alginate, cellulose, starch,
63 protein are ideal raw materials for composite biomaterials owing to their

64 biodegradability, biocompatibility, low toxicity and renewability. Polyelectrolyte
65 complex (PEC) based biomaterials represent an innovative concept for coating and
66 packaging production to be used in a wide range of food products (Costa-Almeida,
67 Gasperini, Borges, Babo, Rodrigues, Mano, et al., 2017; Marciel, Chung, Brettmann,
68 & Leon, 2017; Rodrigues, Oliveira, Costa, & Mano, 2016).

69 Sodium alginate (SA), extracted from sea weeds having (1,4)-linked β -D-
70 mannuronate(M) and α -L-glucuronate (G) residues is widely used in the food
71 packaging(Oliveira Filho, Rodrigues, Valadares, Almeida, Lima, Takeuchi, et al., 2019;
72 Yao, Zhou, Chen, Ma, Li, & Chen, 2018), drug delivery(Agüero, Zaldivar-Silva, Peña,
73 & Dias, 2017), textile(Li, He, & Huang, 2017), and cosmetic fields(Bae, Nam, & Park,
74 2019), among others. Owing to its polyanionic nature, SA can form PECs with
75 positively charged polymers in the absence of organic solvents(Doi & Kokufuta, 2011;
76 Paques, van der Linden, van Rijn, & Sagis, 2014). Based on these advantages, SA-
77 based PECs are commonly used as bone tissue engineering scaffolds, drug
78 packaging/controlled release agents, and functional food additive carriers(Mirpoor,
79 Hosseini, & Yousefi, 2017; Xiao, Yu, & Yang, 2011; Zimet & Livney, 2009).

80 Among the numerous SA-based PECs, SA-chitosan PECs are typical examples of
81 structures having superior flexibility and thermochemical/mechanical properties than
82 their corresponding counterparts with pure SA and chitosan (Basim; & Deeb, 2013;
83 Dominika Kulig, Anna Zimoch-Korzycka, Andrzej Jarmoluk, & Krzysztof Marycz,
84 2016). For instance, the strong interactions between SA and chitosan induced the
85 formation of a SA-chitosan complex structure, which resulted in significant increases
86 of the Young's modulus (by 280%) and the yield strength (by 219%) (Li, Ramay, Hauch,
87 Xiao, & Zhang, 2005). Based on the intermolecular interactions, SA-chitosan hydrogels
88 (Baysal, Aroguz, Adiguzel, & Baysal, 2013; Lv, Liu, Song, Tong, Shi, Zhao, et al.,
89 2019), SA-chitosan biguanidine hydrochloride bioactive edible films (Salama, Aziz, &
90 Sabaa, 2018), SA-chitosan porous membranes (Ma, Yu, & Ma, 2007), SA-chitosan
91 nanoparticles (Liu, Xiao, Li, Shi, Li, & Huang, 2018; Motwani, Chopra, Sarmiento,
92 Ribeiro, Veiga, Sampaio, Neufeld, & Ferreira, 2007, Talegaonkar, Kohli, Ahmad, &
93 Khar. 2008), and similar PECs have been prepared. The intermolecular interactions

94 including hydrogen bonding, electrostatic interaction, Van der Waals interaction
95 provide SA-chitosan PECs with excellent properties. The properties of SA-chitosan
96 PECs were dependent on the crosslinking density between SA and chitosan (Baysal,
97 Aroguz, Adiguzel, & Baysal, 2013), the polymer ratio, the binding degree(Dominika,
98 Anna, Andrzej, & Krzysztof, 2016), the net charge ratio, the molecular weights, and the
99 preparation method of the samples (Sæther, Holme, Maurstad, Smidsrød, & Stokke,
100 2008). However, chitosan only dissolves in acidic solutions, which affects negatively
101 to the functions and properties of the SA-chitosan PECs, limiting wide applications
102 (Jiao, Niu, Ma, Li, Tay, & Chen, 2017). To overcome these drawbacks, hydrophilic
103 modification of chitosan is required.

104 In our previous work, we reported the synthesis of water-soluble *N*-[(2-Hydroxyl)-
105 propyl-3-trimethyl ammonium] chitosan chloride (HTCC) at different solvent pH
106 values (Yang, Zhang, Qiao, Mu, Li, Xu, et al., 2015). HTCC is the best candidate for
107 preparing HTCC-SA PECs. However, to our knowledge, there are no studies on HTCC-
108 SA PECs at present, as well as the effect of HTCC in HTCC-SA PECs. To reveal the
109 relationship between the intermolecular interactions and the PEC properties, the
110 HTCC-SA PEC solutions were studied systematically by rheology. The HTCC-SA PEC
111 films were also prepared and characterized by Fourier transform infrared spectroscopy
112 (FTIR), scanning electron microscopy (SEM), differential scanning calorimetry (DSC),
113 and dynamic-mechanical analysis (DMA). We believe that this research can provide
114 information at the molecular level, providing a theoretical guideline for preparing
115 HTCC/SA PECs for food packaging applications.

116

117 **2 Experimental**

118 **2.1 Materials**

119 We used the same chitosan (degree of deacetylation: 91.2%, determined by
120 elemental analysis; viscosity: 200 mPa·s, provided by a vendor), 2,3-
121 epoxypropyltrimethyl ammonium chloride (EPTAC), and HTCC as those in our
122 previous work(Wang, Yang, Qiao, Li, Li, & Xu, 2018). HTCC with varying degree of
123 substitution (DS, 50%, 83%, and 96%) were used herein. SA (food grade, viscosity: 60

124 mPa·s, M/G ratio of 1.5, provided by the vendor), was kindly supplied by the Qingdao
125 Brightmoon Seaweed Group Co., Ltd.

126 **2.2 Preparation of the HTCC-SA PECs solutions**

127 Mother solutions of HTCC and SA with the same concentrations of 40 g/L were
128 prepared. Typically, 8 g SA powder was added into a 200 mL beaker with 100 mL
129 deionized water. To speed up the dissolution of SA, the beaker was sealed with
130 preservative film, placed in a water bath at 60 °C and electromagnetically stirred for 12
131 h. The mother solutions were then left settled down at room temperature for 24 h.

132 Before preparing the HTCC-SA PECs solutions, the mother solutions of HTCC
133 and SA were heated to 60 °C and electromagnetically stirred for 2 h, respectively. And
134 then, a certain amount of HTCC and SA mother solutions, and deionized water were
135 mixed and loaded in a series of 50.0 mL bottles with caps. To improve the formation of
136 optimum HTCC-SA PEC structures, the corresponding sealed bottles were placed in a
137 water bath at 60 °C and electromagnetically stirred for another 4 h. The mixed solutions
138 were left settled down at room temperature for 12 h.

139 The total weight was set up to 25.0 g, and the concentration of SA was fixed at 20
140 g/L in all cases. The $m_{\text{HTCC}}/m_{\text{SA}}$ used herein were 0/10 (pure SA), 1/10, 2/10, 4/10
141 and 10/0 (pure HTCC).

142 **2.3 Preparation of the HTCC-SA PECs films**

143 HTCC-SA PEC films were prepared by casting the as-prepared HTCC/SA
144 solutions with various mass ratios in Teflon plates (inner diameter of 80 mm) and
145 subsequent drying at 40 °C for 24 h. A ventilated oven (DHG-9023A, Shanghai Yiheng
146 Scientific Instrument Co., China) was used.

147 The as-obtained sample films were vacuum-dried at 80 °C for 60 min to obtain
148 dry sample films. These dried films were conditioned at 25 °C in desiccators for at least
149 two weeks at a relative humidity of 60 % for further analysis. The moisture contents of
150 the films are indeed a critical parameter, which are determined by gravimetrically. The
151 moisture contents are 22% (pure SA), 20% ($m_{\text{HTCC}}/m_{\text{SA}}=1/10$), 21% ($m_{\text{HTCC}}/m_{\text{SA}}=4/10$) and
152 15% (pure HTCC), respectively.

153 The thickness of the films was measured using an electronic digital Vernier caliper
154 (Shenzhen Duliang Precision Machinery Co., Ltd.) with a sensitivity of 0.01 mm at 5
155 random positions for each film. The average thickness was 0.32 (pure SA), 0.17
156 ($m_{\text{HTCC}}/m_{\text{SA}}=1/10$), 0.15 ($m_{\text{HTCC}}/m_{\text{SA}}=1/10$) and 0.15 mm (pure HTCC), respectively.

157 **2.4 Characterization of the HTCC-SA PECs**

158 **2.4.1 Rheological measurements**

159 The rheological properties of the HTCC, SA, and HTCC-SA PEC solutions were
160 studied on a DHR-2 rheometer (TA Instrument, USA) with a parallel plate geometry
161 (45.0 mm in diameter and 1.0 mm in gap). Briefly, a fixed angular frequency (ω) of 1.0
162 rad/s was used to determine the linear viscoelastic region (i.e., the region in which the
163 storage and loss moduli were independent of the strain). The storage modulus (G') and
164 the loss modulus (G'') were measured within an angular frequency range of 0.1-100
165 rad/s at 25 °C (unless special notification). When measuring the apparent viscosity, the
166 shear rate was typically increased from 0.1 to 100 s⁻¹ within 15 min.

167 The influence of the temperature, $m_{\text{HTCC}}/m_{\text{SA}}$, and the DS of HTCC on the
168 rheological properties were investigated. The temperature was controlled with a Peltier
169 temperature controller.

170 **2.4.2 FTIR spectra**

171 A Nicolet iS10 infrared spectrometer (Thermo Fisher Scientific Inc., Waltham,
172 MA) with an attenuated total reflectance (ATR) accessory was used to obtain the FTIR
173 spectra of the HTCC-SA PEC films. The samples were scanned from 4000 to 400 cm⁻¹
174 64 times and the resolution ratio was 4 cm⁻¹.

175 **2.4.3 Morphologies**

176 An EVO18 field-emission scanning electron microscope (Carl Zeiss, AG,
177 Germany) provided with a field-emission source was used to characterize the cross-
178 section morphologies of the PEC films. The microscope was operated at an accelerating
179 voltage of 5.0 kV. The HTCC-SA PEC samples were freeze-dried and sputtered with
180 gold before the observations.

181 **2.4.4 DSC measurements**

182 The DSC measurements were performed on a Q2000 TA instrument. All samples
183 were heated from -50 to 175 °C with a heating rate of 10 °C/min. High purity nitrogen
184 was used as the purge gas at a flow rate of 50 mL/min.

185 **2.4.5 DMA**

186 A DMA Q800 instrument (TA instruments, U.S.) was used to determine the
187 dynamic mechanical properties of the HTCC-SA PEC films. The tests were carried out
188 under the tensile mode from -50 to 160 °C at 1.0 Hz and with a strain amplitude of 0.1%.
189 The heating rate was 3.0 °C/min. The dimensions of the PEC films were fixed at 20.0
190 × 10.0 mm. The glass-transition temperature (T_g) was obtained from the $\tan\delta$ -
191 temperature curve.

192 **2.5 Molecular simulations**

193 The size of the simulation box was 34.0 Å × 34.0 Å × 34.0 Å and periodic
194 boundary conditions were employed in three dimensions. The model of the SA solution
195 system consisted of 1000 water molecules and 10 SA repeated units. To study the effect
196 of HTCC on the properties of the HTCC-SA PEC solution, a certain amount of HTCC
197 repeat units with different DSs were added to the SA solutions. The Lennard-Jones (LJ)
198 potential was used to describe the molecular interaction. A simple point charge (SPC)
199 model was used to describe the water molecules, and the consistent valence force field
200 (CVFF) and the corresponding atomic charges were used to describe the SA and HTCC
201 molecules. The standard Lorentz-Berthelot mixing rules were used to calculate the LJ
202 parameters between the different atoms. All electrostatic interactions were handled
203 using the Ewald summation technique.

204 Molecular dynamic simulations were conducted on an NPT (T=298 K, P=1 atm)
205 ensemble to simulate the dynamic process of the SA and HTCC/SA solution systems
206 by using the large-scale atomic/molecular massively parallel simulator (LAMMPS)
207 code. The entire simulation process was conducted for 80 ns. During the simulation
208 process, the Nosé-Hoover thermostat and a barostat were chosen to keep the
209 temperature and pressure constant. The damping constant of temperature and pressure
210 was 0.1 ps.

211

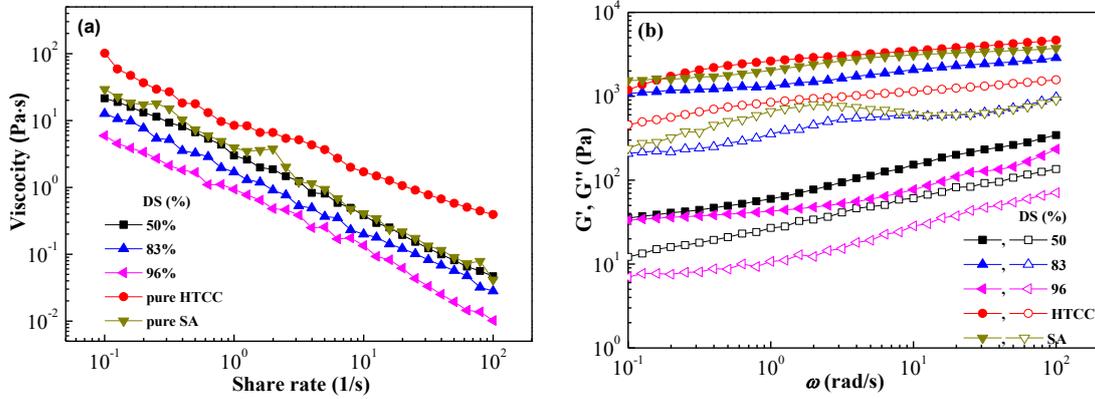
212 3. Results and discussion

213 3.1 Effect of the HTCC DS on the rheological properties

214 At $m_{\text{HTCC}}/m_{\text{SA}}$: 1/10, c_{SA} : 20 g/L and 25 °C, all the sample solutions showed a
215 shear-thinning behavior(Fig.1a). The DS of HTCC in the pure solution was 50%, while
216 those in HTCC-SA PEC solutions were 50, 83, and 96%. The apparent viscosities of
217 the PEC and pure SA solution were all lower than that of the pure HTCC solution. The
218 viscosity of the PEC solutions decreased with the DS of HTCC. According to our
219 previous study(Wang, Qiao, Gao, Yang, Li, & Li, 2017), the high apparent viscosity of
220 the pure HTCC solution can be attributed to the presence of stretched HTCC molecules
221 as a result of electrostatic repulsion between $-\text{N}(\text{CH}_3)_3^+$ groups. The addition of
222 small amounts of HTCC to the SA solution resulted in $-\text{N}(\text{CH}_3)_3^+$ groups replacing
223 $-\text{COO}^-$ groups, which favored intermolecular aggregation and decreased the apparent
224 viscosity. At fixed $m_{\text{HTCC}}/m_{\text{SA}}$, the HTCC with DS of 50% possessed a limited number
225 of $-\text{N}(\text{CH}_3)_3^+$ groups to replace $-\text{COO}^-$ groups, resulting in minor intermolecular
226 aggregation. Therefore, the apparent viscosity of HTCC (DS 50%)-SA PECs was only
227 slightly lower than that of pure SA. Higher HTCC DS increased the number of
228 $-\text{N}(\text{CH}_3)_3^+$ groups replacing $-\text{COO}^-$ groups, promoting the formation of large
229 amounts of aggregates with more ordered structures and resulting in a low apparent
230 viscosity. This phenomenon indicated that the increasing of DS led to a good miscibility
231 between HTCC and SA. These results were in the line with those reported by Yang et
232 al. (Yang, Chen, & Fang, 2009) and Wyatt et al. (Wyatt, Gunther, & Liberatore, 2011).
233 As revealed by Wyatt et al., the salt molecules generated repulsive interactions between
234 the polymer chains, allowing close contact between chains and reducing viscosity.

235 The relationship between the apparent viscosity and the shear rates could be
236 described by the Cross model (Wang, Qiao, Gao, Yang, Li, & Li, 2017; Wang, Yang,
237 Qiao, Li, Li, & Xu, 2018). The fitted values of m for the HTCC-SA PECs were 0.35
238 (DS 50%), 0.38 (DS 83%) and 0.36 (DS 96%). These values were lower than those of
239 the pure HTCC (0.79 at DS 50%) (Wang, Qiao, Gao, Yang, Li, & Li, 2017), SA

240 (0.65)(Ma, Lin, Chen, Zhao, & Zhang, 2014) and HTCC-CMC systems (0.41)(Wang,
 241 Yang, Qiao, Li, Li, & Xu, 2018). As reported elsewhere(Le Goff, Gaillard, Helbert,
 242 Garnier, & Aubry, 2015), low m values are indicative of shear-thinning behavior and
 243 weak gel properties for the HTCC-SA PEC solutions.



244
 245 Fig.1 (a) Viscosity vs. shear rate and (b) storage (G' , filled symbols) and loss (G'' , open symbols)
 246 moduli vs. ω for HTCC and HTCC-SA PEC solutions at 25 °C.

247 Fig.1b shows the viscoelastic properties of HTCC-SA PECs with different HTCC
 248 DS values. In all cases, the storage moduli (G') were significantly higher than the loss
 249 moduli (G''), and both values were slightly dependent on ω . These results indicated that
 250 the HTCC-SA PEC solutions showed high elasticity and were comprised by gel-like
 251 structures (Dai, Zhan, Wei, Sun, Mao, McClements, et al., 2018). The low G''/G' ratios
 252 (Table 1) confirmed the high elasticity of the solutions(Le Goff, Gaillard, Helbert,
 253 Garnier, & Aubry, 2015). The G' of pure HTCC was slightly higher than that of pure
 254 SA, followed by those of HTCC(DS 83%)/SA, HTCC(DS 50%)/SA, and HTCC(DS
 255 96%)/SA PEC solutions. These results were consistent with the apparent viscosities
 256 obtained. Thus, $-N(CH_3)_3^+$ groups shielded $-COO^-$ groups, favoring the formation
 257 of HTCC-SA intermolecular aggregations, which were prominently elastic at the
 258 frequency investigated herein(Lozano-Vazquez, Lobato-Calleros, Escalona-Buendia,
 259 Chavez, Alvarez-Ramirez, & Vernon-Carter, 2015).

260 Table 1 G''/G' ratios for HTCC-SA PECs with different HTCC DSs at four angular frequencies.

HTCC DS (%)	$G''/G' \pm$			
	0.1 rad/s	1 rad/s	10 rad/s	100 rad/s
50	0.34±0.004	0.45±0.005	0.40±0.005	0.39±0.006

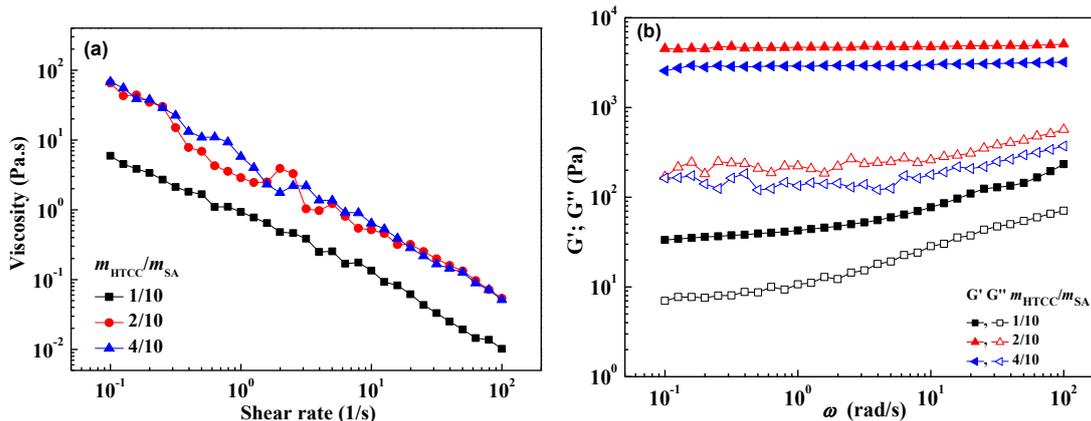
83	0.19±0.002	0.27±0.003	0.28±0.005	0.34±0.004
96	0.21±0.004	0.25±0.004	0.37±0.005	0.30±0.003
96 ^a	0.38±0.006	0.32±0.003	0.33±0.004	0.33±0.003
SA	0.16±0.002	0.32±0.005	0.20±0.004	0.24±0.004

261 ^a- pure HTCC solution(Wang, Qiao, Gao, Yang, Li, & Li, 2017).

262

263 **3.2 Effect of $m_{\text{HTCC}}/m_{\text{SA}}$ on the rheological properties**

264 The variation of the apparent viscosity of HTCC-SA PECs (DS: 96%) with
 265 $m_{\text{HTCC}}/m_{\text{SA}}$ (1/10, 2/10 and 4/10) for several shear rates is depicted in Fig.2a. The
 266 apparent viscosity of the HTCC-SA PEC solution with $m_{\text{HTCC}}/m_{\text{SA}}=1/10$ was
 267 significantly lower than those of other two PEC solutions ($m_{\text{HTCC}}/m_{\text{SA}}=2/10$ and 4/10).
 268 According to supplier, the viscosity of HTCC (200 mPa·s) is ca. 3 times higher than
 269 that of SA (60 mPa·s). Therefore, for a $m_{\text{HTCC}}/m_{\text{SA}}$ of 1/10, the number of
 270 $-\text{N}(\text{CH}_3)_3^+$ groups is relatively low to shield the $-\text{COO}^-$ groups. This favored
 271 HTCC-SA intermolecular aggregation and the apparent viscosity of the HTCC-SA
 272 PECs decreased as a result. A further increase of $m_{\text{HTCC}}/m_{\text{SA}}$ favored the onset of
 273 strong electrostatic interactions between $-\text{N}(\text{CH}_3)_3^+$ and $-\text{COO}^-$, inducing the
 274 formation of large HTCC-SA PEC aggregates and therefore increasing the apparent
 275 viscosity of the solution. These results were similar to those reported by Goycoolea et
 276 al. (Goycoolea, Lollo, Remuñán-López, Quaglia, & Alonso, 2009), Qiao et al.(Qiao,
 277 Ma, Zhang, & Yao, 2017), and Chiappisi et al.(Chiappisi, Hoffmann, & Gradzielski,
 278 2013).



279

280 Fig.2 (a) Viscosity vs. shear rate, and (b) storage (G' , solid symbols) and loss (G'' , empty symbols)
 281 moduli vs. ω for HTCC/SA with different mass ratios at 25 °C.

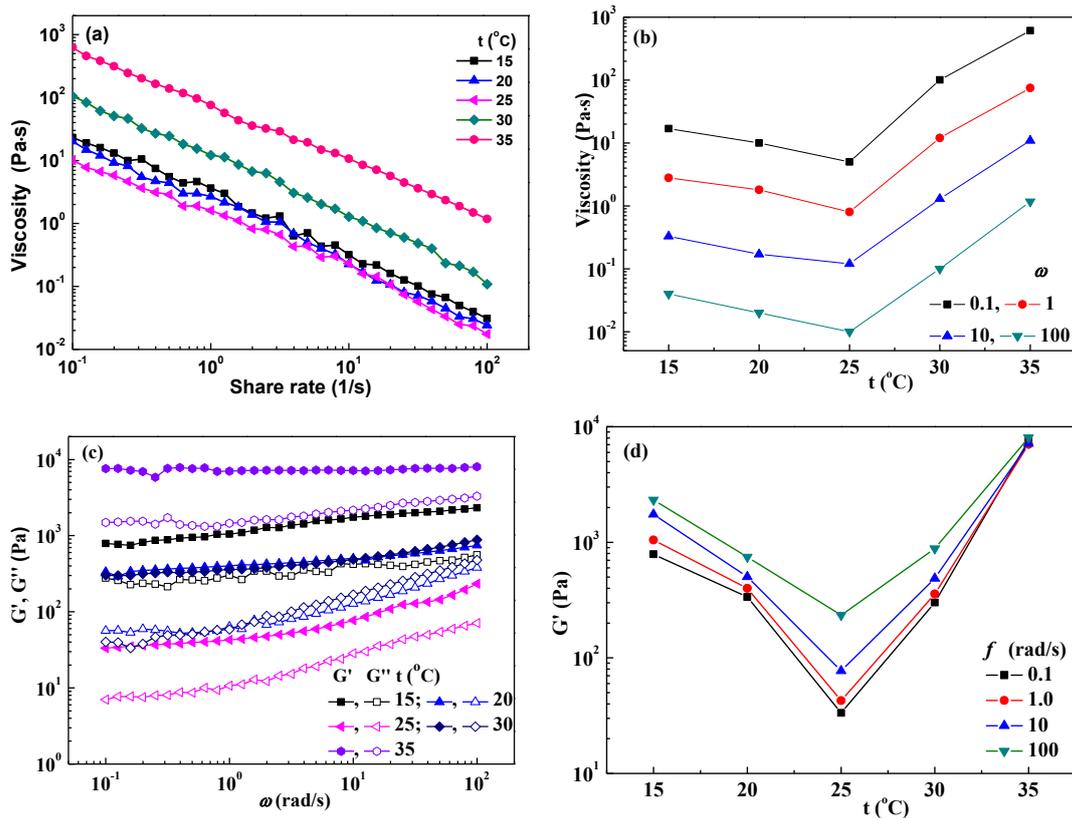
282

283 The elasticity of the HTCC-SA PEC solutions for different $m_{\text{HTCC}}/m_{\text{SA}}$ ratios
 284 (Fig.2b) revealed the presence of a gel-like structure(Jia, Chen, Shi, Ye, Abid, Jabbar,
 285 et al., 2014). The HTCC (1/10)-SA solution showed the lowest G' , while the
 286 HTCC(2/10)-SA PEC solution showed the highest G' value. In the case of
 287 HTCC/SA(1/10), the low G' value could be ascribed to: (i) the aggregation of SA
 288 induced by the shielding effect of $-\text{N}(\text{CH}_3)_3^+$ on $-\text{COO}^-$ groups and (ii) the
 289 presence of hydrophobic interactions. Increasing $m_{\text{HTCC}}/m_{\text{SA}}$ resulted in a higher
 290 number of joint points, which facilitated the formation of HTCC-SA interpenetrating
 291 networks via electrostatic interaction between $-\text{N}(\text{CH}_3)_3^+$ and $-\text{COO}^-$ groups, due
 292 to a good miscibility between the two biomacromolecules. Therefore, the HTCC-
 293 SA(2/10, 4/10) PEC solutions showed much higher G' values than the HTCC-SA(1/10)
 294 PEC solution, and 2/10 was selected as the $m_{\text{HTCC}}/m_{\text{SA}}$ optimum ratio. For the HTCC-
 295 SA(2/10 and 4/10) PEC solutions, the independence of G' on ω confirmed the formation
 296 of gel structures.

297 3.3 Effect of the temperature on the rheological properties

298 At a fixed $m_{\text{HTCC}}/m_{\text{SA}}$ (1/10, DS: 96%), the viscosity decreased slightly with
 299 temperature for the 15-25 °C range, and this increase was significantly higher for

300 temperatures up to 35 °C (Figs.3a and b). The viscoelasticity of the PEC solutions
 301 (Figs.3c and d) showed a similar trend with temperature. On one hand, increasing the
 302 temperature weakened hydrogen-bonding, favoring electrostatic and hydrophobic
 303 interactions(Koussathana, Lianos, & Staikos, 1997) and increasing the viscosity. On the
 304 other hand, higher temperatures promote molecular movement, which decreases the
 305 electrostatic interaction and the viscosity(García-Ochoa, Santos, Casas, & Gómez,
 306 2000; Lu & Weiss, 1992). This trend revealed that hydrogen-bonding was mostly
 307 responsible for viscosity over the 15-25 °C range, electrostatic interaction prevailed
 308 over the range 25-35 °C. The result was consistent with those obtained by Razavi et al.
 309 (Razavi, Alghooneh, & Behrouzian, 2018) and Moreira et al.(Moreira, Chenlo, Silva,
 310 & Torres, 2017). Thus, 25 °C might be the critical temperature at which the viscosity
 311 reached a critical value.



312

313

314 Fig.3 Apparent viscosity vs. shear rate (a), temperature (b) at different shear rates, and (c) storage

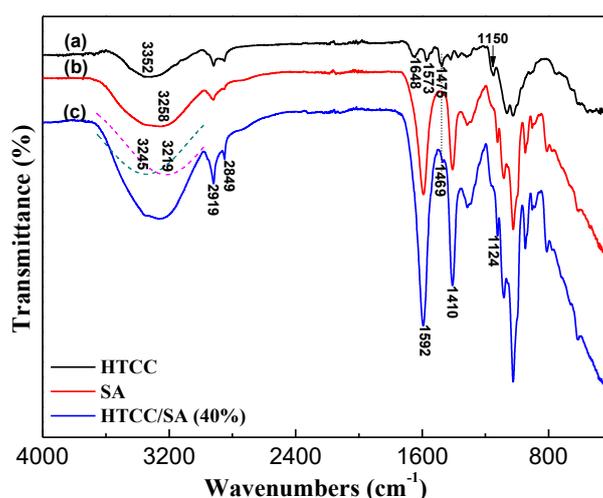
315 (G' , filled symbols) and loss (G'' , open symbols) moduli vs. ω for HTCC-SA ($m_{HTCC} / m_{SA} = 10\%$)

316 PECs at (d) 15, 20, 25, 30 and 35 °C.

317

318 3.4 FTIR analysis

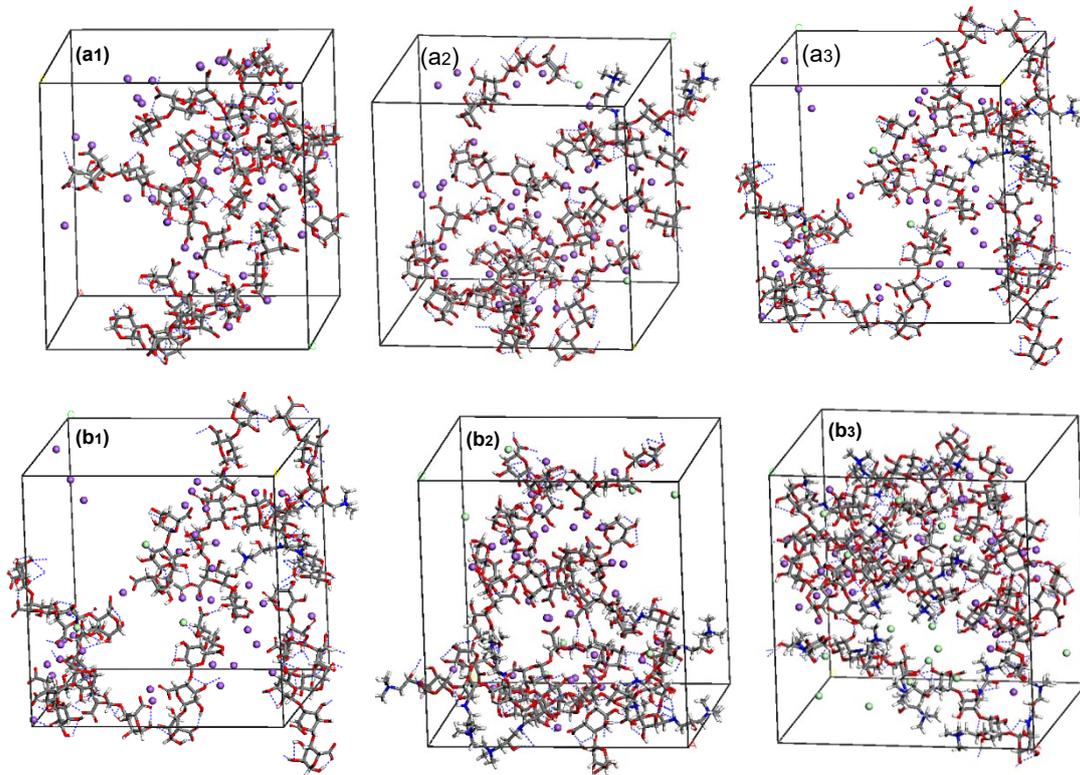
319 To investigate the interaction between the HTCC and SA molecules, pure HTCC,
 320 SA, and HTCC-SA ($m_{\text{HTCC}} / m_{\text{SA}} = 40\%$ as an example) PEC films were prepared and
 321 characterized by ATR-FTIR spectroscopy (Fig. 4). HTCC showed typical adsorption
 322 peaks at 3352 ($\nu_s(-\text{OH})$ and $\nu_s(-\text{NH})$), 3258 ($\nu_s(-\text{CH})$) (Tan, Zhang, Luan, Wei, Chen,
 323 Dong, Li, & Guo, 2017), 2919 ($\nu_s(-\text{CH}_3)$, $\nu_{\text{as}}(-\text{CH}_2)$), 2849 ($\nu_s(-\text{CH}_2)$) (Hu, Wang, &
 324 Wang, 2016), at 1648 ($\nu_s(\text{N-H})$ of HN-C=O), 1573($\nu_{\text{as}}(\text{C=O})$ and $\nu_{\text{as}}(\text{O-H})$ of bound
 325 water), 1475 ($\delta(-\text{CH})$ in $\text{N}(\text{CH}_3)_3^+$)(Yang, et al., 2015). For SA, the characteristic peaks
 326 appeared at 1592 ($\nu_{\text{as}}(\text{C=O})$), 1405 ($\nu_s(\text{C=O})$) and 1124 ($\nu_s(\text{C-C})$)(Liu, Li, & Li, 2017).
 327 These characteristic peaks were also observed in HTCC-SA PEC films, and some of
 328 them were red-shifted. For example, the adsorption peak at 3352 cm^{-1} ($\nu_s(-\text{OH})$) were
 329 red-shifted to 3245 cm^{-1} , and this was ascribed to the formation of hydrogen bonds
 330 between the two biomacromolecules(Wang, Yang, Qiao, Li, Li, & Xu, 2018). The
 331 absorption peak at 1475 cm^{-1} ($\delta(\text{CH})$ in $\text{N}(\text{CH}_3)_3^+$) was red-shifted to 1469 cm^{-1} as a
 332 result of the electrostatic interaction between the $-\text{N}(\text{CH}_3)_3^+$ and $-\text{COO}^-$ groups(Silva-
 333 Weiss, Bifani, Ihl, Sobral, & Gómez-Guillén, 2013). These red-shifting suggested that
 334 the HTCC-SA PECs were formed by electrostatic interaction or hydrogen bonds
 335 between the two oppositely charged biomacromolecules (Baysal, Aroguz, Adiguzel, &
 336 Baysal, 2013).



337
 338 Fig.4 FTIR spectra of HTCC (a), SA (b) and HTCC-SA(4/10) films.
 339

340 3.5 Molecular simulation results

341 Molecular simulations revealed the formation of HTCC-SA aggregates with more
 342 ordered structures compared to pure SA. This was ascribed to electrostatic and
 343 hydrogen bond interactions between HTCC and the SA molecules, as shown in Fig.5.
 344 At a fixed $m_{\text{HTCC}}/m_{\text{SA}}$, the joint points between HTCC and the SA molecules
 345 increased with HTCC DS, promoting the formation of more ordered HTCC-SA
 346 aggregate structures (Fig.5a). Larger HTCC-SA PEC aggregates were formed as
 347 $m_{\text{HTCC}}/m_{\text{SA}}$ increased (Fig.5b). These results were consistent with the apparent
 348 viscosities (Figs.1 and 2). Thus, the apparent viscosity decreased upon increasing
 349 HTCC DS, and increased with $m_{\text{HTCC}}/m_{\text{SA}}$.



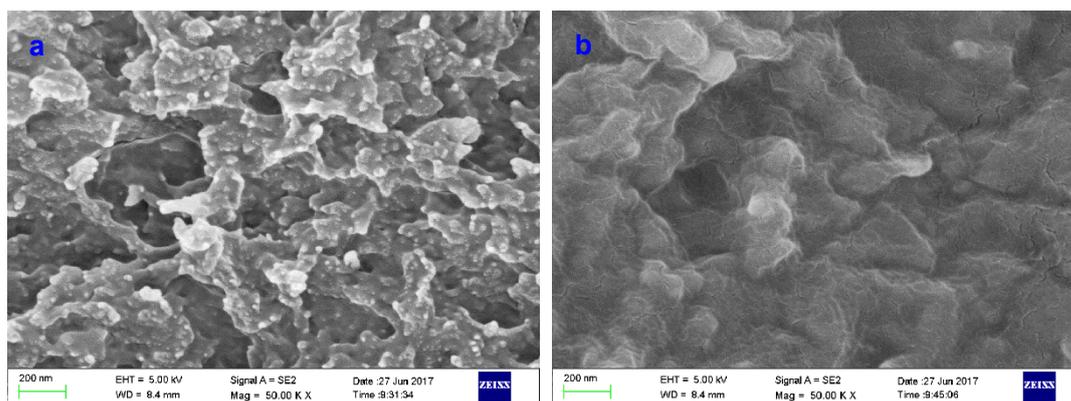
352 Fig. 5 (a) Equilibrium configurations of pure SA(a1), HTCC(50%)-SA(a2) and HTCC(100%)-SA (a3)
 353 samples, and (b) those of HTCC-SA PECs with $m_{\text{HTCC}}/m_{\text{SA}}$ of 1/10(b1), 2/10(b2) and 4/10(b3),
 354 respectively. Red, white, gray, blue, violet and green dots correspond to O, H, C, N, Na^+ and Cl^- atoms
 355 (or ions), respectively. The blue dot lines represent hydrogen bonds.

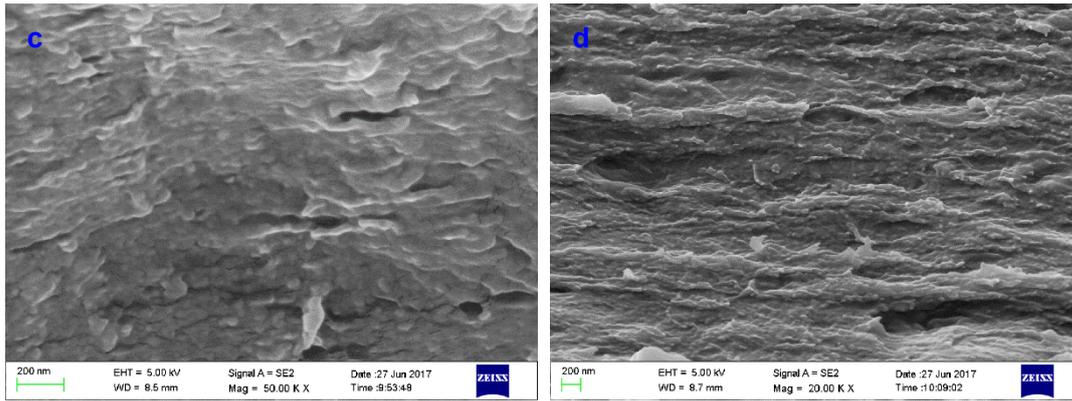
356

357 3.6 SEM observations

358 Cross-section SEM images of HTCC, SA and HTCC-SA PEC films with various

359 $m_{\text{HTCC}} / m_{\text{SA}}$ ratios are shown in Fig.6. The addition of THCC to the SA films having
360 $m_{\text{HTCC}} / m_{\text{SA}}$ of 1/10, 2/10, and 4/10 produced different fractures of the films. Thus, the
361 pure SA film showed a clear three-dimensional network structure which was mainly
362 ascribed to the intermolecular hydrogen bond interactions. At a $m_{\text{HTCC}} / m_{\text{SA}}$ of 1/10,
363 compacted aggregates were observed by the shielding effect of the $-\text{N}(\text{CH}_3)_3^+$ groups
364 over the $-\text{COO}^-$ groups, which resulted in the aggregation of HTCC and SA
365 biomacromolecules(Kulig, Zimoch-Korzycka, Jarmoluk, & Marycz, 2016). When the
366 $m_{\text{HTCC}} / m_{\text{SA}}$ ratio increased to 2/10 and 4/10, the electrostatic interaction between the
367 $-\text{N}(\text{CH}_3)_3^+$ groups of the linear HTCC molecules and the $-\text{COO}^-$ groups of SA
368 molecules stretched the SA chains in the PEC film. This stretching of the SA structure
369 increased with the $m_{\text{HTCC}} / m_{\text{SA}}$ ratio and a laminar structure appeared at a $m_{\text{HTCC}} / m_{\text{SA}}$
370 of 4/10. The variation of the HTCC/SA fracture upon increasing $m_{\text{HTCC}} / m_{\text{SA}}$
371 confirmed the presence of strong intermolecular interactions between the HTCC and
372 SA molecules, as revealed by the rheological studies, (Figs.1, 2, and 4). The
373 intermolecular interactions are schematically illustrated in Figs.1b and 2b.





375

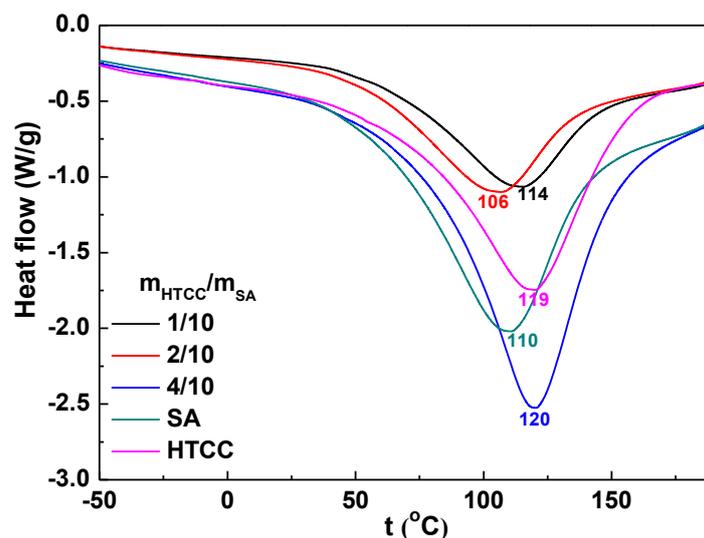
376 Fig.6 Cross-section SEM images of HTCC/SA films with mass ratios of 0%(a), 10%(b), 20%(c),
 377 and 40%(d). The DS of HTCC was 0.96.

378

379 3.7 Thermal properties

380 The thermal properties of the PEC films were characterized by DSC(Fig.7). The
 381 large amount of -OH, -COO⁻, and -NH groups in the HTCC and SA molecules favor
 382 the adsorption of water, which was released with temperature. The broad endothermic
 383 peak at 106-120 °C was attributed to the loss of bonded water. The enthalpy of this peak
 384 has been reported to correspond with content of bonded water, while the temperature
 385 of the peak is related to the structure of the networks (Wang, Yang, Qiao, Li, Li, & Xu,
 386 2018). The HTCC/SA(1/10) film showed higher bonded water vaporization
 387 temperature (*t*) than pure SA, but lower than HTCC (96%) (Table 2). According to the
 388 results of rheology, SEM, and simulation, at a m_{HTCC}/m_{SA} of 1/10, the low amounts
 389 of $-N(CH_3)_3^+$ hardly shielded the relatively surplus of $-COO^-$ groups in SA,
 390 inducing the aggregation of SA molecules. Thus, the bonded water was encapsulated in
 391 these networks and the three-dimensional structure hindered heat transfer, which
 392 resulted in higher bonded water vaporization temperatures. When the m_{HTCC}/m_{SA}
 393 increased to 2/10, the SA molecules stretched and the thermal conductivity increased,
 394 which resulted in lower *t*. As m_{HTCC}/m_{SA} further increased to 4/10, the HTCC and SA
 395 chains in the PEC film were more closely by strong electrostatic interactions(Kulig,
 396 Zimoch-Korzycka, Jarmoluk, & Marycz, 2016), the bonded water was encapsulated in
 397 the network tightly, and this resulted in maximum *t* values. The enthalpy changes (i.e.
 398 the endothermic peak areas) revealed that the HTCC-PEC (4/10) PEC bonded a higher

399 amount of water compared to the HTCC-PEC (1/10 and 2/10) PECs, which is consistent
 400 with the simulated results. The volume of HTCC-SA (4/10) PEC was much larger than
 401 those of the HTCC-SA (1/10 and 2/10) PECs. The high t and large ΔH observed for
 402 pure SA and HTCC were ascribed to the steric-hindrance and the presence of large
 403 amounts of -OH, -COO⁻, and -NH groups.



404 Fig.7 DSC spectra of the HTCC-SA PEC films with different mass ratios.
 405

406

407 Table 2 Bonded water vaporization temperature (t) and enthalpy (ΔH) for the HTCC-SA PEC films
 408 with different mass ratios.

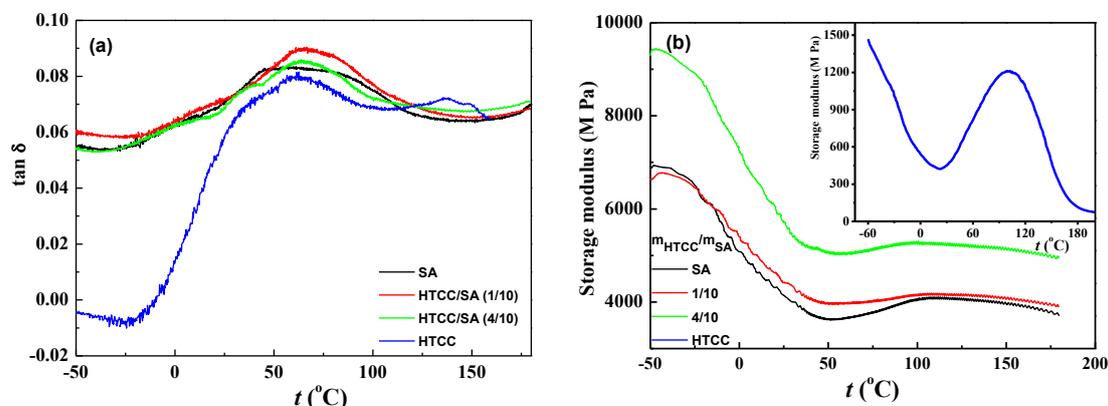
Samples	SA	1/10	2/10	4/10	HTCC
t (°C)	110	114	106	120	119
ΔH (J/g)	295	219	222	323	302

409

410 3.8 DMA

411 DMA is highly sensitive to changes of internal molecular mobility and can be used
 412 to determine the phase structure and morphology of polymers. HTCC showed a broad
 413 peak at ca. 60 °C upon increasing temperature (Fig.8a). According to our previous
 414 study(Yang, et al., 2015), this peak can be ascribed to α relaxation, which is controlled
 415 by partial motion of molecular segments. The temperature was defined as T_g . The T_g of
 416 SA, and the HTCC-SA PEC films was 44, 65 ($m_{HTCC}/m_{SA}=1/10$) and 65 (m_{HTCC}/m_{SA}
 417 =4/10) °C, respectively. The T_g of the HTCC-SA PEC films showed a positive deviation

418 from the linear mixing rule, revealing the miscibility of two molecules via strong
 419 intermolecular interactions, the formation of a PEC structure, and the restriction of the
 420 chain movement(Lu & Weiss, 1992; Xu, Kuo, Lee, & Chang, 2002).



421
 422 Fig.8 Temperature dependence of $\tan\delta$ (a) and storage modulus (b) 1.0 Hz for the HTCC, SA, and
 423 HTCC/SA composite films with mass ratios of 1/10 and 1/40.
 424

425 The storage modulus vs. temperature curves (Fig.8b) revealed the same variation
 426 of T_g with m_{HTCC}/m_{SA} . The storage moduli of pure SA (ca. 6800 MPa) and the HTCC-
 427 SA PEC films (ca. 6800 MPa-9400 MPa) were much higher than that of the pure HTCC
 428 film (ca. 1500 MPa). The storage modulus of the HTCC-SA(4/10) PEC film was
 429 significantly higher than that of the HTCC-SA(1/10) PEC films. Combined with the
 430 SEM results (Fig.6), these data could be ascribed to strong intermolecular electrostatic
 431 interactions between the HTCC and SA molecules. These strong interactions resulted
 432 in a stretched SA conformation and the formation of HTCC/CMC lamellar structures
 433 for a m_{HTCC}/m_{SA} of 4/10.

434 4. Conclusions

435 Hydrogen-bonding and electrostatic interactions were detected between the HTCC
 436 and SA molecules in both aqueous solution and films. At low m_{HTCC}/m_{SA} (e.g., 1/10)
 437 or DS of HTCC (e.g., 50%), the $-(CH_3)_3^+$ groups shielded the $-COO^-$ groups of SA,
 438 and hydrogen-bonding and hydrophobic interactions induced the aggregation of the
 439 HTCC-SA PECs. As a result, the apparent viscosity of the HTCC-SA PECs decreased
 440 and the viscoelasticity increased. In contrast, at high m_{HTCC}/m_{SA} or DS of HTCC
 441 values, the intermolecular electrostatic interaction between the $-(CH_3)_3^+$ and the

442 -COO⁻ groups induced the formation of entanglements, which determined the
443 rheological properties of HTCC-SA PEC solutions. These entanglements formed by
444 intermolecular electrostatic interaction were more stable than those formed through
445 hydrophobic interactions, resulting in higher apparent viscosities and viscoelasticity.
446 The synergetic effect of hydrogen-bonding and the electrostatic interaction depended
447 on the temperature. Thus, below 25 °C, hydrogen-bonding dominated the
448 intermolecular interaction, while above 25 °C electrostatic interaction prevailed.
449 Hydrogen-bonding and electrostatic interactions resulted in the typical absorption
450 peaks (3245, 3219 and 1469 cm⁻¹) to red-shift, while the HTCC-SA PEC steric
451 structures shifted to lamellar ones, which increased the thermal stability.

452

453 Acknowledgments

454 The authors acknowledge the financial support from National Natural Science
455 Foundation of China (21306092 and 21376125), and Program for Scientific Research
456 Innovation Team in Colleges and Universities of Shandong Province.

457 **Conflicts of Interest:** The authors declare no conflict of interest.

458 References

- 459 Agüero, L., Zaldivar-Silva, D., Peña, L. & Dias, M.L. (2017). Alginate microparticles as oral colon
460 drug delivery device: A review. *Carbohydrate Polymers*, 168, 32-43.
- 461 Bae, S.B., Nam, H.C. & Park, W.H. (2019). Electrospraying of environmentally sustainable alginate
462 microbeads for cosmetic additives. *International Journal of Biological Macromolecules*,
463 133, 278-283.
- 464 Basim, A.-J., & Deeb, A.F. (2013). Modification the Rheological Behavior of Sodium Alginate by
465 Chitosan and Multivalent electrolytes. *Italian Journal of Food Science*, 25, 196-201.
- 466 Baysal, K., Aroguz, A. Z., Adiguzel, Z., & Baysal, B. M. (2013). Chitosan/alginate crosslinked
467 hydrogels: Preparation, characterization and application for cell growth purposes. *Int J Biol*
468 *Macromol*, 59, 342-348.
- 469 Chiappisi, L., Hoffmann, I., & Gradzielski, M. (2013). Complexes of oppositely charged
470 polyelectrolytes and surfactants – recent developments in the field of biologically derived
471 polyelectrolytes. *Soft Matter*; 9(15), 3896-3909.
- 472 Costa-Almeida, R., Gasperini, L., Borges, J., Babo, P. S., Rodrigues, M. T., Mano, J. F., Reis, R. L.,
473 & Gomes, M. E. (2017). Microengineered Multicomponent Hydrogel Fibers: Combining
474 Polyelectrolyte Complexation and Microfluidics. *ACS Biomaterials Science & Engineering*,
475 3(7), 1322-1331.

476 Dai, L., Zhan, X., Wei, Y., Sun, C., Mao, L., McClements, D. J., & Gao, Y. (2018). Composite zein
477 - propylene glycol alginate particles prepared using solvent evaporation: Characterization
478 and application as Pickering emulsion stabilizers. *Food Hydrocolloids*, 85, 281-290.

479 Doi, R., & Kokufuta, E. (2011). Conductometric and Light Scattering Studies on the Complexation
480 between Cationic Polyelectrolyte Nanogel and Anionic Polyion. *Langmuir*, 27(1), 392-398.

481 Dominika, K., Anna, Z.-K., Andrzej, J., & Krzysztof, M. (2016). Study on Alginate-Chitosan
482 Complex Formed with Different Polymers Ratio. *Polymers*, 8, 167-284.

483 García-Ochoa, F., Santos, V. E., Casas, J. A., & Gómez, E. (2000). Xanthan gum: production,
484 recovery, and properties. *Biotechnology Advances*, 18(7), 549-579.

485 Goycoolea, F. M., Lollo, G., Remuñán-López, C., Quaglia, F., & Alonso, M. J. (2009). Chitosan-
486 Alginate Blended Nanoparticles as Carriers for the Transmucosal Delivery of
487 Macromolecules. *Biomacromolecules*, 10(7), 1736-1743.

488 Hu, D., Wang, H., & Wang, L. (2016). Physical properties and antibacterial activity of quaternized
489 chitosan/carboxymethyl cellulose blend films. *LWT - Food Science and Technology*, 65,
490 398-405.

491 Jia, X., Chen, Y., Shi, C., Ye, Y., Abid, M., Jabbar, S., Wang, P., Zeng, X., & Wu, T. (2014).
492 Rheological properties of an amorphous cellulose suspension. *Food Hydrocolloids*, 39, 27-
493 33.

494 Jiao, Y., Niu, L.-n., Ma, S., Li, J., Tay, F. R., & Chen, J.-h. (2017). Quaternary ammonium-based
495 biomedical materials: State-of-the-art, toxicological aspects and antimicrobial resistance.
496 *Progress in Polymer Science*, 71, 53-90.

497 Koussathana, M., Lianos, P., & Staikos, G. (1997). Investigation of Hydrophobic Interactions in
498 Dilute Aqueous Solutions of Hydrogen-Bonding Interpolymer Complexes by Steady-State
499 and Time-Resolved Fluorescence Measurements. *Macromolecules*, 30(25), 7798-7802.

500 Kulig, D., Zimoch-Korzycka, A., Jarmoluk, A., & Marycz, K. (2016). Study on Alginate-Chitosan
501 Complex Formed with Different Polymers Ratio. *Polymers*, 8(5), 167.

502 Le Goff, K. J., Gaillard, C., Helbert, W., Garnier, C., & Aubry, T. (2015). Rheological study of
503 reinforcement of agarose hydrogels by cellulose nanowhiskers. *Carbohydrate Polymers*,
504 116, 117-123.

505 Li, J., He, J., & Huang, Y. (2017). Role of alginate in antibacterial finishing of textiles. *International*
506 *Journal of Biological Macromolecules*, 94, 466-473.

507 Li, Z., Ramay, H. R., Hauch, K. D., Xiao, D., & Zhang, M. (2005). Chitosan-alginate hybrid
508 scaffolds for bone tissue engineering. *Biomaterials*, 26(18), 3919-3928.

509 Liu, J., Xiao, J., Li, F., Shi, Y., Li, D., & Huang, Q. (2018). Chitosan-sodium alginate nanoparticle
510 as a delivery system for ϵ -polylysine: Preparation, characterization and antimicrobial
511 activity. *Food Control*, 91, 302-310.

512 Liu, S., Li, Y., & Li, L. (2017). Enhanced stability and mechanical strength of sodium alginate
513 composite films. *Carbohydrate Polymers*, 160, 62-70.

514 Lozano-Vazquez, G., Lobato-Calleros, C., Escalona-Buendia, H., Chavez, G., Alvarez-Ramirez, J.,

515 & Vernon-Carter, E. J. (2015). Effect of the weight ratio of alginate-modified tapioca starch
516 on the physicochemical properties and release kinetics of chlorogenic acid containing beads.
517 *Food Hydrocolloids*, 48, 301-311.

518 Lu, X., & Weiss, R. A. (1992). Relationship between the glass transition temperature and the
519 interaction parameter of miscible binary polymer blends. *Macromolecules*, 25(12), 3242-
520 3246.

521 Lv, X., Liu, Y., Song, S., Tong, C., Shi, X., Zhao, Y., Zhang, J., & Hou, M. (2019). Influence of
522 chitosan oligosaccharide on the gelling and wound healing properties of injectable
523 hydrogels based on carboxymethyl chitosan/alginate polyelectrolyte complexes.
524 *Carbohydrate Polymers*, 205, 312-321.

525 Ma, L., Yu, W., & Ma, X. (2007). Preparation and characterization of novel sodium alginate/chitosan
526 two ply composite membranes. *Journal of Applied Polymer Science*, 106, 394-399.

527 Ma, J., Lin, Y., Chen, X., Zhao, B., & Zhang, J. (2014). Flow behavior, thixotropy and dynamical
528 viscoelasticity of sodium alginate aqueous solutions. *Food Hydrocolloids*, 38, 119-128.

529 Marciel, A. B., Chung, E. J., Brettmann, B. K., & Leon, L. (2017). Bulk and nanoscale polypeptide
530 based polyelectrolyte complexes. *Advances in Colloid and Interface Science*, 239, 187-198.

531 Mirpoor, S. F., Hosseini, S. M. H., & Yousefi, G. H. (2017). Mixed biopolymer nanocomplexes
532 conferred physicochemical stability and sustained release behavior to introduced curcumin.
533 *Food Hydrocolloids*, 71, 216-224.

534 Moreira, R., Chenlo, F., Silva, C., & Torres, M. D. (2017). Rheological behaviour of aqueous
535 methylcellulose systems: Effect of concentration, temperature and presence of tragacanth.
536 *LWT*, 84, 764-770.

537 Motwani, S.K., Chopra, S., Talegaonkar, S., Kohli, K., Ahmad, F.J., & Khar, R.K. (2008). Chitosan-
538 sodium alginate nanoparticles as submicroscopic reservoirs for ocular delivery:
539 Formulation, optimisation and in vitro characterisation. *European Journal of*
540 *Pharmaceutics and Biopharmaceutics*, 68, 513-525.

541 Oliveira Filho, J.G, Rodrigues, J.M., Valadares, A.C.F, Almeida, A.B., Lima, T.M., Takeuchi, K.P.,
542 Alves, C.C.F., Figueiredo Sousa, H.A., Silva, E.R., Dyszy, F.H. & Egea, M.B. (2019).
543 Active food packaging: Alginate films with cottonseed protein hydrolysates. *Food*
544 *Hydrocolloids*, 92, 267-275.

545 Paques, J. P., van der Linden, E., van Rijn, C. J. M., & Sagis, L. M. C. (2014). Preparation methods
546 of alginate nanoparticles. *Advances in Colloid and Interface Science*, 209, 163-171.

547 Qiao, C., Ma, X., Zhang, J., & Yao, J. (2017). Molecular interactions in gelatin/chitosan composite
548 films. *Food Chemistry*, 235, 45-50.

549 Razavi, S. M. A., Alghooneh, A., & Behrouzian, F. (2018). Influence of temperature on sage seed
550 gum (*Salvia macrosiphon*) rheology in dilute and concentrated regimes. *Journal of*
551 *Dispersion Science and Technology*, 39(7), 982-995.

552 Rodrigues, M. N., Oliveira, M. B., Costa, R. R., & Mano, J. F. (2016). Chitosan/Chondroitin Sulfate
553 Membranes Produced by Polyelectrolyte Complexation for Cartilage Engineering.

554 *Biomacromolecules*, 17(6), 2178-2188.

555 Sæther, H. V., Holme, H. K., Maurstad, G., Smidsrød, O., & Stokke, B. T. (2008). Polyelectrolyte
556 complex formation using alginate and chitosan. *Carbohydrate Polymers*, 74(4), 813-821.

557 Salama, H.E., Aziz, M.S.A., & Sabaa, M.W. (2018). Novel biodegradable and antibacterial edible
558 films based on alginate and chitosan biguanidine hydrochloride. *International Journal of*
559 *Biological Macromolecules*, 116, 443-450.

560 Sarmiento, B., Ribeiro, A., Veiga, F., Sampaio, P., Neufeld, R., & Ferreira, D. (2007).
561 Alginate/Chitosan Nanoparticles are Effective for Oral Insulin Delivery. *Pharmaceutical*
562 *Research*, 24(12), 2198-2206.

563 Silva-Weiss, A., Bifani, V., Ihl, M., Sobral, P. J. A., & Gómez-Guillén, M. C. (2013). Structural
564 properties of films and rheology of film-forming solutions based on chitosan and chitosan-
565 starch blend enriched with murta leaf extract. *Food Hydrocolloids*, 31(2), 458-466.

566 Tan, W., Zhang, J., Luan, F., Wei, L., Chen, Y., Dong, F., Li, Q., & Guo, Z. (2017). Design, synthesis
567 of novel chitosan derivatives bearing quaternary phosphonium salts and evaluation of
568 antifungal activity. *International Journal of Biological Macromolecules*, 102, 704-711.

569 Wang, A. (2008). *Chitin Chemistry*. Beijing: Chemical Industry Press.

570 Wang, B., Qiao, C., Gao, X., Yang, X., Li, Y., & Li, T. (2017). Rheological properties of N-[(2-
571 hydroxyl)-propyl-3-trimethyl ammonium] chitosan chloride. *Carbohydrate Polymers*,
572 171(Supplement C), 50-58.

573 Wang, B., Yang, X., Qiao, C., Li, Y., Li, T., & Xu, C. (2018). Effects of chitosan quaternary
574 ammonium salt on the physicochemical properties of sodium carboxymethyl cellulose-
575 based films. *Carbohydrate Polymers*, 184, 37-46.

576 Wyatt, N. B., Gunther, C. M., & Liberatore, M. W. (2011). Increasing viscosity in entangled
577 polyelectrolyte solutions by the addition of salt. *Polymer*, 52(11), 2437-2444.

578 Xiao, J., Yu, H., & Yang, J. (2011). Microencapsulation of sweet orange oil by complex coacervation
579 with soybean protein isolate/gum Arabic. *Food Chemistry*, 125(4), 1267-1272.

580 Xu, H., Kuo, S.-W., Lee, J.-S., & Chang, F.-C. (2002). Glass transition temperatures of
581 poly(hydroxystyrene-co-vinylpyrrolidone-co-isobutylstyryl polyhedral
582 oligosilsesquioxanes). *Polymer*, 43(19), 5117-5124.

583 Yang, J., Chen, S., & Fang, Y. (2009). Viscosity study of interactions between sodium alginate and
584 CTAB in dilute solutions at different pH values. *Carbohydrate Polymers*, 75(2), 333-337.

585 Yang, X., Zhang, C., Qiao, C., Mu, X., Li, T., Xu, J., Shi, L., & Zhang, D. (2015). A simple and
586 convenient method to synthesize N-[(2-hydroxyl)-propyl-3-trimethylammonium] chitosan
587 chloride in an ionic liquid. *Carbohydrate Polymers*, 130, 325-332.

588 Yao, J., Zhou, Y., Chen, X., Ma, F., Li, P., & Chen, C. (2018). Effect of sodium alginate with three
589 molecular weight forms on the water holding capacity of chicken breast myosin gel. *Food*
590 *Chemistry*, 239, 1134-1142.

591 Zimet, P., & Livney, Y. D. (2009). Beta-lactoglobulin and its nanocomplexes with pectin as vehicles
592 for ω -3 polyunsaturated fatty acids. *Food Hydrocolloids*, 23(4), 1120-1126.