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Transfer of hexabromocyclododecane flame retardant isomers from captive American kestrel eggs to feathers and their association with thyroid hormones and growth

Reference:

Marteinson Sarah C., Eulaers Igor, Jaspers Veerle, Covaci Adrian, Eens Marcel, Letcher Robert J., Fernie Kim J..- Transfer of hexabromocyclododecane flame retardant isomers from captive American kestrel eggs to feathers and their association with thyroid hormones and grow th Environmental pollution - ISSN 0269-7491 - 220:A(2017), p. 441-451 Full text (Publisher's DOI): https://doi.org/10.1016/J.ENVPOL.2016.09.086 To cite this reference: http://hdl.handle.net/10067/1363230151162165141

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1	Transfer of hexabromocyclododecane flame retardant isomers from captive								
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3	growth								
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23 Abstract

24 Feathers are useful for monitoring contaminants in wild birds and are increasingly 25 used to determine persistent organic pollutants. However, few studies have been 26 conducted on birds with known exposure levels. We aimed to determine how well 27 nestling feather concentrations reflect in ovo exposure to hexabromocyclododecane (α -, 28 β - and γ -HBCDD), and to determine if feather concentrations are related to physiological 29 biomarkers. Captive kestrels (n=11) were exposed in ovo to maternally transferred 30 HBCDD-isomers at concentrations of 127, 12 and 2 ng/g wet weight of α -, β - and γ -31 HBCDD (measured in sibling eggs), respectively, and compared to controls (n=6). 32 Nestling growth was monitored at 5 d intervals and circulating thyroid hormone 33 concentrations assessed at d 20. Tail feathers were collected prior to the first molt and 34 analyzed for HBCDD isomers. The mean Σ HBCDD concentration in feathers was 2405 35 pg/g dry weight (in exposed birds) and α -, β - and γ -HBCDD made up 32%, 13%, and 36 55%, respectively of the Σ HBCDD concentrations. This isomer distribution deviated 37 from the typical dominance of α -HBCDD reported in vertebrate samples. Exposed chicks 38 had significantly higher feather concentrations of β - and γ -HBCDD compared with 39 controls (p=0.007 and p=0.001 respectively), while α -HBCDD concentrations did not 40 differ between the two groups. Feather concentrations of α -HBCDD were best explained 41 by egg concentrations of β - or γ -HBCDD concentrations (w_i =0.50, 0.30 respectively), 42 while feather concentrations of β - and γ -HBCDD were influenced by growth parameters 43 (rectrix length: $w_i=0.61$; tibiotarsus length: $w_i=0.28$). These results suggest that feather α -44 HBCDD concentrations may reflect internal body burdens, whereas β - and γ -HBCDD 45 may be subject to selective uptake. The α -HBCDD concentrations in the feathers were

46	negatively associated with the ratio of plasma free triiodothyronine to free thyroxine
47	(T ₃ :T ₄ ; $p=0.020$), demonstrating for the first time that feather concentrations may be used
48	to model the effect of body burdens on physiological endpoints.
49	
50	Keywords: HBCD; Feathers; Thyroid hormones; Growth; Bird
51	
52	Capsule Abstract:
53	Feathers of kestrels exposed to 90% α -HBCDD in ovo were dominated by γ -HBCDD; α -
54	HBCDD in feathers was correlated with the circulating thyroid hormone ratio
55	

56 Introduction

57 Birds of prey are valuable as indicators for the impact of organohalogen 58 compounds on wildlife and human health [1]. However, employing them as 59 environmental sentinels is accompanied by ethical and logistic sampling challenges. As 60 feathers grow they are connected to the blood supply, and as a result, contaminants are 61 deposited during this time. Consequently, feathers can act as an archive of contaminant 62 exposure for the individual bird during the time of feather growth [2-4]. Feathers are thus 63 an attractive body compartment for examining and monitoring contaminant exposure in 64 raptors for several reasons. Perhaps most importantly, feathers allow for non-destructive 65 sampling, which is useful for wildlife, particularly protected species. They are also easy 66 to collect and transport, can be collected from carcasses, do not have special storage 67 requirements [5], and only one flight feather is required (for larger birds such as raptors 68 [6, 7]), which reduces many of the logistical restraints of fieldwork.

69 Feathers have been used to monitor contamination in birds for decades, 70 particularly heavy metals [2-4]. The use of feathers for monitoring anthropogenic 71 persistent organic pollutants (POPs) is more recent, but is also a confirmed strategy that is 72 becoming more widely used. Feathers have been successfully analyzed for several 73 organochlorines (OCs), including polychlorinated biphenyls (PCBs) and other 74 organochlorine pesticides (OCPs) [6-8]), and more recent contaminants such as poly- and 75 perfluoroalkyl substances (PFASs) [9], and the brominated flame retardants (BFRs), 76 polybrominated diphenyl ethers (PBDEs) [6, 7], hexabromocyclododecane (HBCDD) 77 [10] and others [10]. For current-use contaminants, which are generally present at considerably lower concentrations than for OCs (e.g. [7]), this is particularly interesting
because these small concentrations can still be detected in feather samples.

00

80 While the usefulness of feathers for assessing contaminant exposure has been well 81 established, few studies have determined how well feathers reflect and model internal 82 body burdens and environmental exposure concentrations of bioaccumulative 83 contaminants. European starlings (Sturnus vulgaris) exposed to CB-153 by silastic 84 implants showed significant correlations between feather concentrations of CB-153 in 85 feathers and other body compartments (muscle, liver, brain, and blood) [8]. Additionally, 86 a few studies on wild birds have demonstrated that some chlorinated and brominated 87 contaminant levels detected in feathers are related to concentrations in tissues used more 88 frequently for biomonitoring including liver and plasma in adult [6-8, 11] and nestling 89 birds [10, 12, 13]. These studies confirm that feathers can be useful indicators of 90 exposure to POPs, but more research would be beneficial.

91 Studies reporting how feather concentrations relate to standard physiological 92 biomarkers such as hormone concentrations, as well as reproductive and developmental 93 parameters, are fewer still. Reductions in immune and growth biomarkers have been 94 linked to heavy metal concentrations in feathers of two heron species [14, 15], suggesting 95 that they may be as useful for this purpose as conventionally used tissues. Additionally, 96 feather heavy metal concentrations were positively associated with feather corticosterone 97 concentrations in urban dwelling common blackbirds (Turdus merula) [16]. However, 98 considerably more research is needed particularly for xenobiotics, and information on the 99 associations between feather contaminant levels and other biomarkers is required. 100 Controlled experiments where contaminant exposure concentrations are known are 101 critical to further our understanding of how POPs are taken up or deposited in bird
102 feathers, and how these concentrations may relate to internal health biomarkers.
103 However, to our knowledge, no studies have yet examined these questions.

104 HBCDD, as a high-production volume additive BFR, is a xenobiotic contaminant 105 that is detectable in bird feathers [10]. It is globally distributed in the environment and 106 wildlife (reviewed in [17]), including birds of prey [10], where relative to all other biota, 107 maximal levels were reported in peregrine falcon (Falco peregrinus) eggs in Canada [18]. 108 HBCDD demonstrates endocrine disrupting potential *in vitro* since it binds to estrogen, 109 androgen and progesterone receptors causing inhibition, and binds to the thyroid receptor 110 causing potentiation, of the ensuing pathways [19]. In captive American kestrels (Falco 111 sparverius), in vivo exposure to the technical mixture of HBCDD (HBCDD-TM) causes 112 changes in reproduction compared to controls including earlier lay dates and lighter eggs 113 [20], and reductions in courtship and parental behaviors [21]. Compared to controls, 114 adult male kestrels exposed to HBCDD demonstrated increased testicular mass and 115 changes in histology as well as moderate increase in circulating testosterone and 116 reductions in thyroxine, supporting the *in vitro* endocrine disrupting potential of HBCDD 117 [22].

In the present study, we measured the concentrations of the major α -, β - and γ -HBCDD isomers in feathers of captive American kestrel juveniles exposed *in ovo* through direct maternal transfer from females exposed by diet to environmentally relevant levels of the HBCDD-TM [20]. The behavioral, reproductive and physiological effects of exposure to HBCDD have been previously reported for the parents of these birds [20-22], as has its uptake, distribution and depletion in adult kestrel tissues [23]. 124 Our objectives in the current study were twofold: first to determine how well nestling 125 kestrel feather concentrations reflect in ovo exposure concentrations of HBCDD isomers, 126 and second to determine if feather concentrations may be related to the growth and 127 thyroid hormones (which are affected by exposure to HBCDD in kestrels [22]). To the 128 best of our knowledge, this is the first report of feather concentrations in nestling birds 129 experimentally exposed to any xenobiotic, and the first time feather contaminant 130 concentrations have been examined in conjunction with detailed growth and endocrine 131 data collected during the time of feather growth and contaminant deposition.

132

133 Materials and methods

134 Animal treatment and exposure protocol

135 Captive American kestrels from McGill University (Montreal, QC, Canada) were 136 used for this experiment. Breeding pairs were housed in separate enclosures and the 137 present study subjects were reared naturally by their parents in an attached nest box. 138 Twenty-one of the initial 30 pairs (N = 20 HBCDD-exposed, 10 control) hatched and 139 raised nestlings: 16 pairs from the HBCDD-exposed group (from which 11 were 140 randomly selected for the present study due to logistical restraints) and 6 from the control 141 group [20]. All experimental procedures, protocols and care of the birds followed Canadian Counsel on Animal Care guidelines and were approved by the Animal Care 142 143 Committee of McGill University.

144 Throughout the study, parent birds were fed day-old frozen-thawed cockerels 145 (*Gallus domesticus*) under *ad libitum* conditions. For the exposure group, the HBCDD-146 TM was injected into the cockerel feed daily, immediately prior to feeding. The exact 147 exposure procedures are detailed elsewhere [20, 21]. Briefly, the kestrel parents were 148 exposed to $0.52 \ \mu g \ HBCDD-TM/g \ kestrel/d \ for the four weeks preceding pairing through$ 149 until 2 days before the chicks hatched (~ 75 days). Comparisons were made to control 150 pairs exposed to safflower oil vehicle only. Egg HBCDD concentrations resulting from 151 direct maternal transfer from the above exposure regime were determined for the first-152 laid egg of each brood: means \pm standard error about the means (SEM) were 163.5 ± 75.1 ng/g wet weight (ww) for α -HBCDD, 13.9 ± 5.6 ng/g⁻¹ ww for β -HBCDD/g ww and 2.5 153 \pm 3.8 ng/g ww for γ -HBCDD in eggs of exposed pairs, and 0.3 \pm 0.4 ng/g ww, 0.2 \pm 0.1 154 155 ng/g ww and 0.2 ± 0.1 ng/g ww for the same isomers in controls, respectively. These egg 156 concentrations of the exposed pairs were similar to those measured in wild free-ranging 157 peregrine falcon eggs from Canada [18]. Since the dosing of the parent birds ceased 2 158 days prior to their chicks hatching, the nestlings, including the present study subjects, 159 were not exposed to HBCDD by dietary input, but only by maternal transfer of HBCDD 160 isomers into the eggs (in ovo). The measured in ovo concentrations of HBCDD isomers 161 from the first egg were used as an estimate of exposure for the 1-4 sibling nestlings that 162 hatched within the same brood.

163

164 Feather collection

165 The levels of HBCDD isomers deposited in feathers were assessed in 11 166 HBCDD-exposed birds, each of which had been the oldest chick from their randomly 167 selected brood (9 males, 2 females). The feathers were collected from these nestlings 168 following their euthanization at 9 months of age when it was determined that no further *in* 169 *vivo* studies would be conducted. This occurred before the first set of feathers was 170 molted, allowing for the testing of HBCDD isomers that would have been deposited in 171 them between d 10-12 and 35 of the nestling phase when feathers grow. Following 172 euthanasia the kestrels were frozen at -20 °C for preservation until the time of analysis. 173 Before analysis, carcasses were thawed and one tail feather (right central rectrix) was 174 collected. Unlike the HBCDD-exposed kestrels, control birds (n=6) were not euthanized 175 at the end of the study as these individuals were saved for future research and propagation 176 within the colony. Thus, control feathers were gathered opportunistically from control 177 birds hatched in the same year that died of natural causes prior to their first feather molt 178 (2-11 months of age). Three of these birds were control young from the HBCDD 179 exposure study exposed in ovo to safflower oil vehicle only, and for which in ovo 180 exposure concentrations were measured (1 male, 2 females). Three other controls were 181 young produced in another study (not relating to chemical exposure) at the same facility, 182 which were fed an identical diet (though not exposed to vehicle and HBCDDs were not 183 tested in sibling eggs) [24]; thus they were not expected to demonstrate differing HBCDD 184 concentrations from the other controls.

185

186 *HBCDD isomer analysis and quality control of eggs*

The first egg of each clutch was analyzed for α-, β- and γ-HBCDD in Letcher/Organic Contaminants Research Lab (Environment and Climate Change Canada) by methods that have been fully reported elsewhere. [20, 23]. Briefly, injection stock solution and tissue samples were taken and spiked with 10 ng of three internal standards $(^{13}C_{12}$ -labeled surrogates of all three HBCD isomers; Wellington Laboratories, Guelph, ON, Canada). Subsequently, samples were subjected to an accelerated solvent extraction 193 (ASE200; Dionex) using dichloromethane:hexane (50:50, v:v i.e. vol:vol). Sulfuric acid 194 silica (50%) was used to concentrate and clean up the extract. The target compound-195 containing eluant was collected and concentrated, and finally solvent-exchanged to 196 methanol to prepare it for analysis. HBCDD isomer analysis was conducted using high-197 performance liquid chromatography-tandem quadrupole mass spectrometry using 198 electrospray ionization in the negative ion mode (LC-ESI(-)-MS/MS). The neat HBCDD-199 TM solid and safflower oil solutions were also analyzed for α -, β - and γ -HBCDD isomers 200 to determine the original isomer compositions and whether any isomerization had 201 occurred during the preparation process. Contaminant levels in the cockerel diet are 202 reflected by those in the eggs laid by control females. The mean method detection limit 203 for all three isomers was 0.01 ng/g ww and recovery efficiencies were 89%, 98%, and 204 101%, for α -, β - and γ -HBCDD, respectively. A blank sample and in-house reference 205 material (egg homogenates of double-crested cormorant (*Phalacrocorax auritus*; DCCO) 206 were analyzed with batches of 8 samples.

207

208 Chemical analysis and quality control of feathers

The analysis for individual α -, β - and γ -HBCDD isomers in tail feathers was conducted in the Toxicological Centre at the University of Antwerp and was adapted from an earlier described protocol [10]. Briefly, individual tail feathers were thoroughly rinsed with deionised water, and dried overnight at ambient temperatures while being covered with standard laboratory paper in order to prevent dust deposition. The dried feathers, from which the calami (base of feather shaft) were omitted, were cut in ~1 mm pieces, were spiked with ¹³C-labelled internal standards for all three targeted HBCDD 216 isomers and incubated overnight at 45 °C with 5 mL of HCl (4 M) and 5 mL of a mixture 217 hexane:dichloromethane (4:1, *v*:*v*). After liquid-liquid extraction of using 218 hexane: dichloromethane (4:1, v:v), the extracts were cleaned-up with acidified silica (800) 219 mg; 44% H_2SO_4), topped with anhydrous Na_2SO_4 (400 mg), and the analytes eluted with 220 10 mL of hexane: dichloromethane (4:1, v:v). The cleaned eluates were consequently 221 fractionated on silica SPE cartridges (3 mL/500 mg; Varian, Palo Alto, CA, USA). A first 222 fraction was eluted with 6 mL of hexane and then discarded, while the second fraction, 223 containing HBCDD isomers, was eluted with 8 mL of dichloromethane. The eluates were 224 concentrated under a gentle N₂ flow until dryness, and finally reconstituted in methanol. 225 The three isomers were quantified using tandem mass spectrometry (Agilent 6410, Palo 226 Alto, CA, USA) coupled to liquid chromatography (Agilent LC 1100 series) using a Luna 227 C18(2) reversed phase column (150 mm x 2 mm; 3 µm particle size; Phenomenex, Utrecht, the Netherlands). With every 23rd sample, a procedural blank was analyzed. All 228 229 analyte concentrations were blank-corrected using the average procedural blank values. 230 The method limit of quantification (LOQ) was specific to each analyte and set at 3*SD of 231 the values found in the procedural blanks. LOQs for the α -, β - and γ -HBCDD isomers 232 were 0.40, 0.15 and 0.30 ng/g dry weight (dw), respectively.

233

234 *Nestling growth and physiology*

The date that eggs were laid and their fresh mass was recorded and have been previously reported for all pairs in this project [20]. In the larger sample of the overall project, eggs of HBCDD-exposed pairs were smaller compared with controls, and the Julian lay dates of exposed pairs were on average 6 days earlier than controls [20]. The Julian hatch date was recorded for each nestling. All nestlings were weighed and the tibiotarsus length was measured to the nearest mm (using digital calipers) on the day they hatched, as well as every 5 days thereafter based on the age of the oldest chick in the brood to minimize disturbance and cannibalism; hatching within a brood is largely synchronous. Tail feather pins emerged between day 10 and day 15 of nestling age, and the length of the feather was measured to the nearest mm at 5-day intervals thereafter until 30 days of age using a metal ruler.

246 Blood was collected from nestlings at 20 d of age and assessed for plasma 247 concentrations of free thyroxine (FT_4) and free triiodothyronine (FT_3) . Blood was 248 collected between 9:00 AM and 12:00 PM to minimize any diurnal effect on thyroid 249 hormone concentrations. Hormone analyses were conducted identically to Fernie and Marteinson [25] using 125 I-T₃/T₄ solid phase radioimmunoassays kits (Coat-A-Count; 250 251 Siemens Medical Solutions Diagnostics, previously Diagnostic Products Corporation, 252 Canada). Thyroid hormones were assessed in duplicate in one or two nestlings per brood 253 in the larger overall project. Because broods were chosen at random for feather analysis 254 in the present study, hormone concentrations are not available for all of the selected 11 255 treatment birds for which HBCDD isomer concentrations were assessed in their feathers; 256 sample sizes were as follows: FT_4 *n*=8, FT_3 *n*=7. Concentrations were above the detection 257 limit in all cases, and the % Coefficients of Variability between replicates was always 258 below 5%.

259

260 Statistics

261

HBCDD values below the method LOQ were assigned a value equal to LOQ/2 for

all statistics and calculations of means (max 2 out of 11 exposed birds). Concentrations of
individual and total HBCDD isomers were compared between both groups using t-tests
(data were normally distributed). Proportions of HBCDD isomers in feathers of exposed
and control kestrels were compared using Mann-Whitney U tests. Proportions of HBCDD
isomers were compared between feather and sibling eggs using Mann-Whitney U tests
for HBCDD-exposed birds only.

268 To determine which factors best explained the observed variation in feather 269 concentrations of HBCDD-isomers (α -, β - or γ -HBCD), a series of Generalized Linear 270 Models (GLZs) were conducted, one for each isomer (α , β , γ) and ranked using Akaike's 271 Information Criterion corrected for small sample sizes (AIC_c) [26, 27]. Generalized linear 272 models were chosen because they are linear regression models that do not require 273 response variables to have a normal distribution [28]. Models included variables that may affect feather HBCDD concentrations and included *in ovo* concentrations of α -, β - and 274 275 γ -HBCDD, and sum (Σ) HBCDD, Julian lay and hatch dates, fresh egg mass, nestling 276 body mass (d 10 and 25), tibiotarsus length (d 10 and 30), length of the right central 277 rectrix feather (d 10 and 30), mass (d 25, i.e. maximum) as well as the growth rate (for 278 body mass or feather length). Only single variable models were used due to the small 279 sample size; the null model was assessed for comparison, and only models for which the 280 AIC_c was lower than that of the null model (and thus more highly ranked) were 281 examined. For each variable, the ΔAIC_c , and weight (w_i) were calculated [26]. Linear regressions were also conducted for all models ranked better than the null model to 282 generate the associated adjusted R^2 values. These statistics were conducted using IBM 283 SPSS 21[®]. 284

285 We additionally aimed to determine the effect of growth dilution on HBCDD 286 isomer concentrations in the studied birds, first calculating growth curve parameters 287 following the methods used by Fernie et al. [29]: the growth data were fitted to a logistic 288 growth model [30] using nonlinear regression to estimate the growth rate constant (K), 289 the asymptotic size at d 21 (A), and the inflection point (I; day when maximal growth 290 begins), for each individual nestling. Then, two main assumptions were employed: 1) that 291 nestling HBCDD body burdens at hatching resulted from complete assimilation of 292 measured in ovo concentrations, (from direct maternal transfer) and 2) that additional 293 dietary input of HBCDD isomers during the nestling stage were negligible as exposure to 294 their parents ceased before chicks hatched (see methods). Under these assumptions, three 295 concurrent processes were assumed to alter the maternally transferred HBCDD isomers 296 over the nestling stage, i.e., growth dilution [31], feather sequestration [10, 12, 13], and 297 metabolism [23]. Differences in growth and concentration parameters between 298 experimental treatments, days, and their interactions were tested using Analysis of 299 Variance (ANOVA) on general linear models. The statistics were performed using birds 300 for which *in ovo* concentrations of HBCDD isomers were available (n = 14), including 301 the 11 *in ovo* exposed and 3 control birds from the original HBCDD study only. Data 302 were tested for normality, homoscedasticity, and to determine if there were any outliers, 303 using procedures suggested by Zuur et al [32]. HBCDD isomer concentrations were 304 consequently log-transformed. These statistics were performed using R version 3.2.2 (R 305 Core Team 2015).

To determine if feather concentrations of HBCDD isomers were associated withphysical size and endocrine biomarkers, Spearman's Rank Correlation analyses (due to

308	small sample size) were conducted between feather concentrations of α -, β -, γ - and
309	Σ HBCDDs in feathers and plasma concentrations of FT ₄ and FT ₃ , as well as the FT ₃ /FT ₄
310	ratio. These statistics were conducted using IBM SPSS 21. A significance level of α =
311	0.05 was employed throughout when applicable; all means are depicted with SEM.
312	
313 314	Results
314 315	HBCDD in ovo exposure, uptake and deposition into feathers
316	The mean concentrations of the HBCDD isomers in the sibling eggs for the
317	present HBCDD-exposed kestrels (n = 11) were 127 ± 21 ng/g ww, 12 ± 2 ng/g ww and
318	2 ± 0.5 ng/g ww for mean α -, β - and γ -HBCDD concentrations, respectively,, making up
319	90%, 9%, and 1% of the Σ HBCDD concentrations each (Fig. 1). These concentrations of
320	the three isomers, and the mean Σ HBCDDs concentration of 141 ± 23 ng/g, were similar
321	to those previously published for the overall sample of birds including the current
322	individuals [20].
323	In the current study, all three isomers of HBCDD were detected in the tail feathers
324	of the exposed kestrels and the raw data for each individual is presented in Table 1.
325	Uptake of HBCDD isomers occurred in the tail feathers of all of the exposed individuals
326	(mean \pm SE: Σ HBCDD: 2405 \pm 267 pg/g dw). In these feathers, γ -HBCDD was the
327	dominant congener making up 55% of Σ HBCDDs and was found in all exposed
328	individuals (n = 11), followed by α -HBCDD (32%; n = 10 kestrels) and then β -HBCDD
329	(13%; $n = 9$, Figs. 1, 2). At least one HBCDD isomer was detected in 5 out of 6 control
330	individuals, although only one individual had uptake and deposition of all three isomers
331	in their central rectrix feather (Table 1).

332 The mean Σ HBCDDs concentration in feathers of controls was $860 \pm 310 \text{ pg/g} \text{ dw}$ 333 in which, similar to exposed birds, γ -HBCDD made up the largest proportion (46%; n = 334 4) followed by α -HBCDD (31%) and β -HBCDD (6%; n = 2; Fig. 2). HBCDD-exposed birds had significantly higher levels of γ -HBCDD ($t_{17} = -4.13$, p = 0.001), β -HBCDD 335 336 $(t_{17} = -3.10, p = 0.007)$ and Σ HBCDDs $(t_{17} = -3.53, p = 0.003)$ compared to control 337 individuals. In contrast, feather concentrations of α -HBCDD were similar between 338 exposed and control birds (p = 0.416). The proportions of HBCDD isomers in the 339 feathers were statistically similar between the HBCDD-exposed and control kestrels ($p \ge 1$ 340 0.216).

341 Feather concentrations of α -HBCDD were on average 203 \pm 38 times lower than 342 the *in ovo* sibling egg concentrations of the same isomer for exposed birds. Differences 343 between the *in ovo* and feather concentrations of the γ - or β -HBCDD isomers were much 344 smaller in comparison to the differences in α -HBCDD: γ -HBCDD was 2 ± 1 times 345 greater, and β -HBCDD was 54 \pm 18 times higher, in eggs compared to feathers. The 346 Σ HBCDDs concentrations measured in feathers were 72 ± 16 times lower than those 347 measured in sibling eggs of exposed birds. The proportions of the three isomers differed 348 between feathers and eggs for individual isomers (-4.26 < Z < -2.94, 0.000).349 The isomer profile in the feathers of the kestrels was dominated by γ -HBCDD (55%; Fig. 350 1) while *in ovo* concentrations were highly dominated by α -HBCDD (90%; Fig. 1).

351

352 Estimated impact of growth on HBCDD isomer body burdens

353 The kestrels grew considerably over the nestling stage gaining significantly in 354 mass ($F_{1,94}$ = 375.36; p < 0.01). Their rapidly increasing body mass has likely resulted in 355 the dilution of the HBCDD burden at hatching. Assuming assimilation of the HBCDD 356 deposited in the entire egg, and that there were no differences in concentrations relating 357 to egg-laying order within the brood, we estimated that the body burdens of the *in ovo* 358 exposed birds contained median Σ HBCDDs concentrations of 2,000 pg ww (range: 1,100 359 - 3,900 pg) at hatching (Table 2). Considerable weight gain over the nestling stage 360 resulted in the dilution of the initial maternal egg yolk burden and subsequent estimated 361 body burdens at hatching by a median factor of 11 (range: 9.5 - 12) after 20-30 days of 362 age (Fig. 3). Assuming minimal metabolic capability and in the absence of excretion and 363 dietary input, such growth dilution resulted in body burdens of fledglings (d 30) having a 364 median Σ HBCDDs concentration of 160 pg ww (range: 84 - 360 pg) (Table 2).

365

366 *Ranking of factors affecting feather HBCDD concentrations*

367 The concentrations of α -HBCDD in tail feathers were best explained by the *in ovo* 368 concentrations of β - or γ -HBCDD ($w_i = 0.50, 0.30$ respectively), each of which explained 369 61% and 57% of the variation in α -HBCDD in the feathers (Table 3; Fig. 4). All other 370 models had Akaike weights considerably lower than the two top models ($w_i = 0.02$ – 0.07). Among these two top models, both the rectrix feather length at d 10 ($R^2 = 0.43$) 371 and the length of the tibiotarsus bone on d 30 ($R^2 = 0.31$), accounted for a considerable 372 373 amount of variation in the α -HBCDD feather concentrations. In contrast, feather 374 concentrations of β - and γ -HBCDD were only influenced by variables related to body or 375 feather size and growth, and not the *in ovo* concentrations of any of the three HBCDD 376 isomers. Feather β -HBCDD concentrations were best explained first by rectrix length on 377 d 30 of age ($w_i = 0.61$) followed by tibiotarsus length on d 10 of age ($w_i = 0.28$) each

accounting for approximately half of the variation in feather β -HBCDD concentrations (Table 3). Feather γ -HBCDD concentrations were best explained by the growth asymptote ($w_i = 0.70$) followed by body mass at d 25 of age ($w_i = 0.30$). However, these variables only accounted for 31% and 24% of the variation respectively (Table 3).

382

383 Associations between feather HBCDD concentrations and thyroid hormone levels

The mean concentrations of FT₃ and FT₄ in the 20 d old exposed nestlings were 2.24 \pm 0.19 pg/mL and 5.51 \pm 0.91 pg/mL and their mean FT₃:FT₄ ratio was 0.52 \pm 0.08. The feather concentrations of α -HBCDD only, were negatively associated with the FT₃:FT₄ ratio (r = -0.82, p = 0.020; Fig. 5). There were no associations between the other two HBCDD isomer concentrations, or Σ HBCDDs concentrations, in the feathers and the circulating concentrations of FT₃ or FT₄ measured in nestlings.

390

391 Discussion

392 This research demonstrates that HBCDD isomers can be transferred into the 393 feathers grown by American kestrels following their in ovo exposure. This confirms a 394 previous report that detected all three HBCDD isomers in the feathers (primary, tail and 395 body) of wild barn owls (Tyto alba) from Belgium and France [10]. As expected, 396 concentrations of HBCDD isomers in the present kestrel feathers were lower than the 397 initial *in ovo* exposure concentrations, by 2 orders of magnitude for α -HBCDD, and one 398 order of magnitude for β -HBCDD (γ -HBCDD was only 2 times lower in feathers). This 399 is consistent with most reports showing that feather concentrations of contaminants, 400 including HBCDD [10], are usually low compared with other tissues (e.g. [6, 8, 9] but see 401 [13]). This study provides the first examination of HBCDD uptake and deposition into
402 feathers of nestling birds for which *in ovo* exposure concentrations prior to feather growth
403 are known, and is only the second laboratory exposure study to evaluate feather uptake
404 and deposition of POPs.

405 First, we want to address the possible impact of external contamination of feathers 406 on their HBCDD profile, which is a recurring concern for the assessment of feather POP 407 concentrations from wild birds [33, 34]. We believe that this is unlikely to have occurred 408 in this captive study because exposure to HBCDD of the parents of these nestlings ceased 409 two days prior to the projected hatch date. Birds were fed ad libitum and typically 410 consumed most of the prey, however, some remains may have been left during the initial 411 days of the hatchling period, leaving a slim chance for the presence of small amounts of 412 HBCDD-TM to be present in the pens although American kestrels are not scavengers. 413 However, this is additionally highly unlikely since the control nestling kestrels 414 demonstrated the same high proportions of γ -HBCDD compared to α -HBCDD in their 415 feather rectrices and the control birds would have had no possibility of external exposure 416 to the technical mixture in their pens having received their background exposure via their 417 cockerel feed. The possibility of exposure to appreciable HBCDD-TM from the indoor 418 environment is also unlikely because birds were housed in wood barns without insulation, 419 electronics or upholstry (products that contain HBCDD-TM). Hence with this 420 experiment, we are able to address uptake and metabolism of *in ovo* exposure to 421 HBCDD, and demonstrate that it can be deposited in feathers.

422

423 HBCDD isomer profile in nestling kestrel feathers

424 In the present kestrels, the change in the proportions of HBCDD isomers from 425 90% α -HBCDD dominating the *in ovo* concentrations to 55% γ -HBCDD dominating the 426 feather concentrations (followed by α -HBCDD at 32%), is an unexpected and novel 427 finding. This profile of HBCDD isomers in the nestling feathers is in contrast to findings 428 in the majority of other studies. Though environmental compartments, similar to the 429 commercial mixture, are dominated by γ -HBCDD (70-80%), α -HBCDD makes up 80-430 95% of Σ HBCDDs concentrations in tissues and eggs of vertebrates (reviewed in: [17, 431 35]). The HBCDD isomer profile in the present kestrel nestling feathers is also in contrast 432 to the profile seen in the diet-exposed adult kestrels (similarly exposed to the parents of 433 the current study subjects), in which plasma (after the depuration period), liver and 434 adipose tissue were dominated by α -HBCDD that comprised ~70-80% of Σ HBCDDs 435 concentrations [23], as well as the feathers of barn owls in which α -HBCDD comprised 436 ~60-80% of Σ HBCDD concentrations [10]. This latter study shows that the different 437 HBCDD isomer profile dominated by γ -HBCDD in the present kestrel nestling feathers 438 cannot be simply attributed to the matrix. Other factors must have affected the change in 439 HBCDD isomer profile from α -HBCDD dominating the *in ovo* exposure concentrations 440 to γ -HBCDD dominating in feathers. We hypothesize that the age and/or rapid growth of 441 the nestlings may be at the basis for the 'anomalous' feather HBCDD profile. A number 442 of possible explanations may exist based on whether or not the feathers reflected internal proportions of HBCDD isomers or not. 443

Few studies have compared feather concentrations of contaminants with internal body compartments, however feather concentrations of POPs, which are deposited from blood during their growth, often well reflect concentrations in rapidly perfused tissues 447 (e.g. liver and plasma). Feather concentrations of PCBs, DDTs, and PBDEs in the 448 nestlings of three other raptor species largely correlated with plasma concentrations [12], 449 and European starlings exposed to CB-153 (via silastic implants) had feather 450 concentrations that correlated with plasma and liver concentrations [8]. In relation to 451 HBCDD specifically, feather concentrations of α -HBCDD were correlated with liver 452 concentrations of the same isomer in adult barn owls [10]. If the feather HBCDD profile 453 from the present nestling kestrels reflected their circulating profile, then this study 454 provides evidence of a change from α -HBCDD dominating in eggs (and thus exposure to 455 the chick) to γ -HBCDD dominating by the end of the nestling period. If this were the 456 case, metabolism or isomerization would likely have had to take place in these kestrel 457 nestlings since the entire egg yolk is absorbed by the chick within 3-5 d of hatching, and 458 we can assume complete assimilation of *in ovo* contaminants (90% α -HBCDD) by then 459 or earlier during embryonic development. While we cannot rule out the explanation that 460 feather HBCDD proportions reflect the internal body burden-blood profile without 461 knowing the HBCDD concentrations from other tissues during growth and at the time of 462 feather completion, it may be unlikely for two reasons. First, because of the 463 overwhelming evidence for the dominance of α -HBCDD in animal tissues including 464 several bird species (reviewed in: [17]) as well as in adult kestrels exposed to the same 465 HBCDD-TM mixture [23]. Second, because to date, α -HBCDD does not appear to be 466 isomerized or metabolized in vivo, although only two studies have examined this 467 potential [36, 37]. The dominance of α -HBCDD in animal tissue has been attributed to its 468 longer half-life and thus greater persistence in the body relative to β - and γ -HBCDD 469 (reviewed in: [23]). There is some evidence for isomerization of γ -HBCDD into α - 470 HBCDD in laboratory rodents [38]. There is also some evidence for the metabolism of β -471 and γ -HBCDD by CYP enzymes (into, e.g., OH-HBCDDs: [37]), which would contribute 472 to their shorter half-life. Conversely, α -HBCDD does not appear to be isomerized in the 473 reverse direction [36], nor metabolized by liver enzymes in laboratory rodents [37]. 474 However, though the weight of evidence suggests that this HBCDD isomer profile in the 475 kestrel feathers is highly unlikely to reflect the internal profile, there is not yet enough 476 research on the subject. Indeed, the similarity in feather α -HBCDD concentrations 477 between control and exposed birds may suggest that some isomerization of α -HBCDD 478 did occur in these birds, although the detection rate in controls was much lower (50% 479 compared to 90% in exposed birds). It is possible that HBCDD metabolism could be 480 different in developing nestlings. To date, studies reporting HBCDD concentrations in 481 nestling birds have all published low Σ HBCDD concentrations or concentrations below 482 the detection limit [39-41], thus it is not known if nestling birds show a different HBCDD 483 isomer profile compared to adults in any other species nor in the wild, and further 484 research would be beneficial.

485 The next possible explanation for the change in HBCDD isomer profiles between 486 sibling eggs and feathers in the present kestrels is that the feather profile of HBCDD 487 isomers did not reflect internal proportions, which has been previously documented in 488 some studies [12, 42]. In such a case, selective uptake or deposition of the different 489 isomers into tail feathers may have occurred, ultimately causing an increase of β - and γ -490 HBCDD relative to α -HBCDD. Interestingly, the profile of HBCDD isomers in the 491 cerebral cortex of chicken (Gallus domesticus) embryos exposed in ovo to the same 492 HBCDD-TM as the parents of the present kestrels, did not differ from the dosing solution at pipping (i.e. fully developed) [43]. The authors attributed this to the lower activity of CYP enzymes in the brain relative to liver and possibly other tissues as well [43]. However, it is possible that there may have also been some form of selective passage of β - and γ -HBCDD though the blood-brain-barrier, which could have been related to their chemistry or other processes.

498 The fact that adult wild barn owls showed α -HBCDD dominance in feathers [10] 499 may seem like evidence against the selective uptake of β - and γ -HBCDD into feathers 500 based on their chemical properties alone, and indicates that the profile of HBCDD 501 isomers seen in the kestrel feathers does not always present itself. It is possible that 502 deposition of POPs into feathers may be different for young and/or growing birds 503 compared to adults. The fact that the β - and γ -HBCDD concentrations in feathers 504 depended on body size measures or growth parameters, and not on *in ovo* exposure (in 505 AIC model selection), suggests that their uptake into feathers may have been affected by 506 the growth phase. We demonstrated a very rapid and steep effect of growth dilution on 507 HBCDD body burdens and this could have impacted the deposition of HBCDD isomers 508 into the feathers. Though very similar HBCDD profiles were seen in primary, tail and 509 body feathers in wild barn owls [10], adults of most species, molt their feathers 510 individually in sequence over 1-2 months [44]. Conversely nestlings grow their entire 511 first set of feathers at once, which may have impacted the distribution and/or deposition 512 of contaminants into the feathers, which could also have differed across feathers in 513 different parts of the body. Eulaers and colleagues have made a similar suggestion, i.e., 514 that the age of the nestlings may have impacted feather concentrations following their 515 study of various chlorinated and brominated POPs in nestling raptor feathers [13]. For 516 nestlings sampled between 1 and 6 weeks of age, when feathers were still connected to 517 the circulating blood stream and growth was ongoing, feather concentrations correlated 518 significantly with plasma concentrations of most POPs [12]. However, in 9 week-old 519 white-tailed eaglets (Haliaeetus albicilla), when growth was complete and feathers were 520 atrophied from the blood stream (similar to the present study birds), single POP 521 contaminant concentrations were not or were less strongly correlated with plasma 522 concentrations [13]. The authors suggested that in addition to feather atrophy, transitional 523 physiological characteristics of fledglings may explain the lack of relationship between 524 feather and plasma POP concentrations in older nestlings [13]. These included 525 differential preening behavior (and thus contribution of contaminants from preen oil) and 526 metabolic changes [13] which are also hypotheses worth investigating in future studies on 527 feather deposition of POPs in young birds. One final possible factor for the unusual 528 dominance of γ -HBCD in the kestrel feather profile versus α -HBCDD in avian tissues in 529 other studies (reviewed in: [17, 35]) is that the current exposed kestrels were subject to an 530 ever-diminishing body burden of HBCDD (both α -HBCDD and Σ HBCDD) over the 531 course of the 28-d nestling period that originated from their embryonic exposure via 532 maternal transfer. In comparison, wild birds could be continuously ingesting 533 contaminated food and hence exposed to HBCDD that would maintain their body 534 burdens of α -HBCDD.

535 Ultimately, a combination of these different hypotheses may explain the HBCDD 536 profiles in the nestling kestrel feathers. The α -HBCDD feather concentrations were best 537 explained by the *in ovo* concentrations of β - and γ -HBCDD, suggesting the concentration 538 of this isomer may reflect internal concentrations, whereas in contrast, those for β - and γ - 539 HBCDD were unrelated to *in ovo* concentrations but were explained by growth and size 540 parameters, thus may have been subject to some form of selective uptake influenced by 541 growth. Regardless, the present study corroborates the cautionary conclusion of Eulaers 542 and colleagues [13]: that nestling tail feathers may not always accurately indicate internal 543 concentrations of POPs and/or exposure levels (body feathers may be better). This 544 appears to be the case particularly for older nestling or juvenile birds, although more 545 studies are needed in general. Further research on concentrations of POPs, including 546 HBCDD, in feathers in conjunction with those in other body compartments of nestlings 547 throughout the growth period is needed. In addition, if some HBCDD isomers were 548 subject to selective uptake in the kestrel feathers, the growth dilutions calculated herein 549 must be interpreted with caution as it was assumed that feather concentrations reflected 550 body burdens in the modeling.

551

552 Use of feather concentrations as indicators of exposure

553 Many studies now demonstrate that a wide variety of contaminants can be 554 measured in bird feathers, and that they are thus useful for biomonitoring purposes. A 555 number of studies further show that feather concentrations correlate with internal 556 exposure concentrations [8, 9, 12] and the present results indicate that feather 557 concentrations can also reflect *in ovo* exposure concentrations (for α -HBCDD). The next 558 step is to begin using feather concentrations to determine relationships between 559 contaminants and physiological endpoints that may be affected by exposure. This line of 560 research is limited by the fact that feathers represent exposure concentrations at the time 561 of feather growth, and tissue and other data collection cannot always be collected simultaneously in the field. However, the use of feathers in this manner is highly attractive for studies on wild birds because they can provide a minimally invasive and non-destructive means for determining contaminant body burdens. To the best of our knowledge, this has not yet been attempted with respect to POPs in any species in captivity or in the wild.

567 Our second objective was thus to determine if feather concentrations may be 568 related to physiological endpoints known to be affected by HBCDD, to determine if they 569 may be useful for this purpose. In vitro studies identified HBCDD isomers as strong to 570 medium thyroid disruptors [19, 45], which is supported by *in vivo* studies. Reductions of 571 circulating T_4 following exposure to HBCDD have been noted in rats [46-48], rainbow 572 trout (Onorhynchus mykiss) [49] and adult male kestrels [22], with disruption of thyroid 573 function observed in kestrel nestlings exposed to HBCDD from a larger sample including 574 the present individuals (K. Fernie, unpublished data). Additionally, wild beluga whales 575 (Delphinapterus leucas) with greater exposure to HBCDD demonstrated lower 576 concentrations of thyroid hormones in plasma [50]. In the current study, we show that α -577 HBCDD concentrations are negatively correlated with the FT_3 : FT_4 ratio in plasma 578 collected when nestlings were 20 d of age. This suggests that those nestlings having 579 higher feather HBCDD concentrations also had higher plasma concentrations of T_3 , the 580 biologically active thyroid hormone converted from T₄, which could indicate changes in 581 thyroid gland function and/or metabolism of these hormones [51]. Interestingly, however, 582 neither β - nor γ -HBCDD feather concentrations were correlated with this thyroid ratio, 583 which may be because they were not directly related to *in ovo* exposure concentrations 584 and may have been subject to selective uptake into feathers. Similarly, none of the three isomers were associated with the individual plasma concentrations of the two thyroid hormones. Though our sample size in the present study is small, and these results should be considered preliminary, the use of feathers, here to determine concentrations of α -HBCDD which were directly correlated with *in ovo* exposure concentrations, show promise in determining how contaminant body burdens may relate to physiological effects of exposure.

591

592 Conclusions

593 This study demonstrates that HBCDD isomers can be deposited and measured in 594 the feathers of nestling kestrels exposed only *in ovo* to maternally transferred HBCDDs. 595 Concentrations of HBCDDs in feathers were much lower than in ovo sibling egg 596 concentrations, as expected, however, a shift from an α -HBCDD to a γ -HBCDD 597 dominated isomer profile represents a novel finding. We hypothesize that feather 598 concentrations of α -HBCDD may reflect the internal body burden, while β - and γ -599 HBCDD may have undergone selective uptake into the tail feathers. We suspect that this 600 may have been influenced by the rapid growth of these kestrel nestlings. Further studies 601 on how POPs are deposited into feathers in conjunction with internal concentrations in 602 growing birds, as well as in adult birds in which toxicodynamics may differ, is thus 603 important. Additionally, feather α -HBCDD was positively correlated with the plasma 604 FT₃:FT₄ ratio in this small group of kestrels. While these could be considered preliminary 605 results, our findings demonstrate for the first time that when feathers accurately reflect 606 exposure regimes, as was the case for α -HBCDD, they can be used as a non-destructive 607 means to assess the possible effects of contaminant exposure on physiology in wild birds.

608

609 Acknowledgements

610 We thank D.M. Bird, I. Ritchie and Katrina Sullivan for kestrel husbandry and assistance

- 611 with fieldwork. Lisa Mattioli and Shaogang Chu in the Letcher/Organic Contaminants
- 612 Research Lab are thanked for the chemical analysis of the kestrel egg samples. We thank
- 613 France Maisonneuve for analyzing the thyroid hormones at the National Wildlife
- 614 Research Centre, (Environment and Climate Change Canada).
- 615 Funding: Funding was provided by the Chemicals Management Plan of Environment and
- 616 Climate Change Canada (to K.J. Fernie and R.J. Letcher), the Natural Science and
- 617 Engineering Research Council of Canada (Discovery Grant to R.J. Letcher: 189079) and
- 618 the University of Antwerp and FWO Flanders (to A. Covaci and M. Eens).

- 620 **Table 1**: Mean concentrations (±SEM) of HBCDD isomers in the right central rectrix
- 621 feathers of captive American kestrels exposed *in ovo* to mean concentrations of 127 ± 21
- 622 ng/g ww, 12 ± 2 ng/g ww and 2 ± 0.5 ng/g ww of α -, β and γ -HBCDD concentrations,
- 623 respectively.
- 624

		Concentration (pg/g dw)			% of Σ HBCDD detected:			
	Б	<i>a</i> -	β-	γ-	Σ	a-	β-	γ-
	ID	HBCDD	HBCDD	HBCDD	HBCDD	HBCDD	HBCDD	HBCDD
Exposed	4412	533	368	2785	3685	14.45	9.98	75.57
(<i>n</i> =11)	4420	1002	400	1666	3069	32.66	13.05	54.29
	4431	636	512	1300	2447	25.97	20.90	53.13
	4441	524	<150	317	841	62.33	0.00	37.67
	4446	1033	466	695	2195	47.09	21.22	31.69
	4453	<400	400	2094	2493	0.00	16.03	83.97
	4462	574	301	1009	1885	30.45	15.98	53.57
	4466	503	<150	494	996	50.45	0.00	49.55
	4471	1257	430	1238	2925	42.97	14.71	42.31
	4478	773	556	1366	2695	28.70	20.62	50.68
	4491	606	424	2198	3228	18.76	13.14	68.09
		694.64	364.27	1378.36	2405.36	32.17	13.24	54.59
		90.14	47.74	229.29	267.42	5.36	2.25	4.76
Control	4414	<400	<150	385	385	0.00	0.00	100.00
(<i>n</i> =6)	4434	1333	297	500	2130	62.60	13.94	23.46
	4488	703	245	<300	948	74.20	25.80	0.00
	4496	625	<150	617	1242	50.32	0.00	49.68
	4504	<400	<150	<300	n/a	0.00	0.00	0.00
	4507	<400	<150	458	458	0.00	0.00	100.00
		443.65	90.23	326.56	860.44	31.19	6.62	45.52
		222.29	57.47	107.75	310.58	14.28	4.46	18.78

625 The limits of quantification were 400, 150, and 300 pg/g dw for α-, β- and γ-HBCDD

respectively and non detects are indicated as <400, <150 and <300. Isomer proportions

are calculated using values above the detection limit only.

629
630 **Table 2.** HBCDD body burden concentrations (pg/g ww) of *in ovo* exposed kestrel
631 nestlings (n = 11) at hatching (day 1) and fledging (day 30) estimated by statistical
632 modelling of the growth dilution of the initial *in ovo* exposure.

633

day 1	day 30
1800 (940 - 3700)	160 (84 - 360)
190 (140 - 320)	17 (12 - 32)
22 (5.4 - 96)	2.0 (0.44 - 9.7)
2000 (1100 - 3900)	180 (100 - 400)
	1800 (940 - 3700) 190 (140 - 320) 22 (5.4 - 96)

634

636 **Table 3:** Factors affecting the deposition of α -, β - and γ -HBCDD concentrations in the

637 right central rectrix feathers of American kestrels exposed in ovo to known HBCDD

638 concentrations (127 \pm 21 ng/g ww, 12 \pm 2 ng/g ww and 2 \pm 0.5 ng/g ww for mean α -, β -

- 639 and γ -HBCDD concentrations, respectively).
- 640

	В	<i>∆AIC</i> _c	Wi	R^2
Feather α-HBCDD				
<i>in ovo</i> β-HBCD	80.31	0.00	0.50	0.61
<i>in ovo</i> γ-HBCD	139.29	1.03	0.30	0.57
tibiotarsus d 10	115.38	4.08	0.07	0.43
<i>in ovo</i> ΣHBCD	3.07	4.67	0.05	0.40
retrix length d 10	137.35	5.36	0.03	0.36
in ovo α-HBCD	3.06	5.46	0.03	0.36
tibiotarsus d 30	128.88	6.22	0.02	0.31
Null		7.54		
Feather β-HBCDD				
retrix length d 30	34.96	0	0.61	0.53
tibiotarsus d 10	62.49	1.56	0.28	0.46
retrix length d 10	66.88	4.53	0.06	0.29
Mass d 10	10.91	4.89	0.05	0.27
null		5.51		
Feather y-HBCDD				
growth asymptote	83.03	0	0.70	0.31
mass d 25	81.31	1.72	0.30	0.24
null		1.90		

641

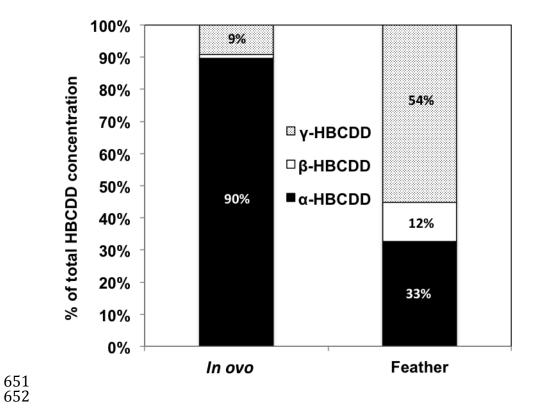
642 Statistics from the Generalized Linear Models: B = partial regression coefficient from the

643 parameter estimate (when positive, it indicates a positive relationship and vice versa),

644 ΔAIC_c = difference in Akaike's Information Criterion corrected for small sample sizes, w_i

645 = Akaike weight. Statistic from linear regression: R^2 = coefficient of determination.

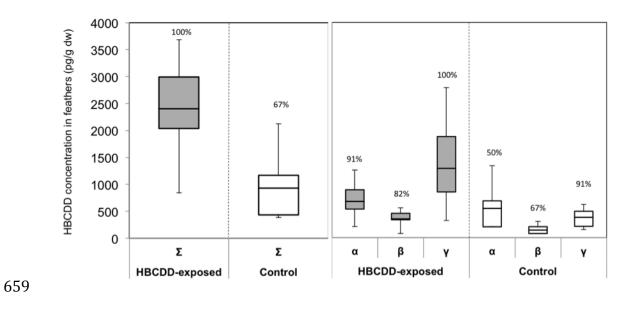
Figure 1: The composition of the HBCDD isomer profile (mean percentages) in sibling
eggs and right central rectrices of American kestrels exposed *in ovo* to known HBCDD
isomer concentrations (n=11).



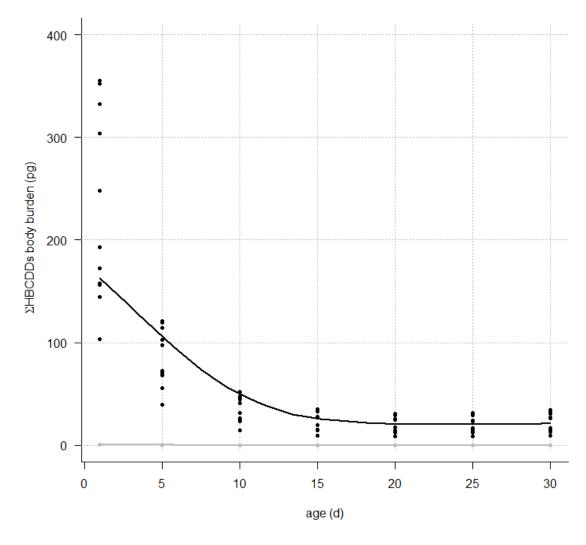
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Figure 2: Concentrations of HBCDD isomers deposited in the right central rectrix feathers of captive American kestrels exposed *in ovo* by maternal transfer to environmentally relevant levels of HBCDD isomers (n=11) and of control kestrels (n = 656 6). The detection frequency is depicted as the percentage of individuals with measurable concentrations of HBCDD isomers.

658

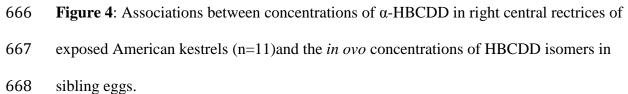


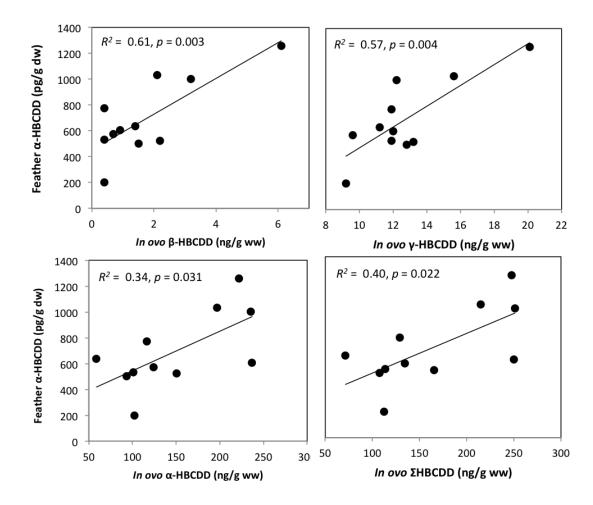
- **Figure 3: Estimated** dilution of ΣHBCDDs throughout growth of American kestrel
- 662 nestlings exposed *in ovo* by maternal transfer to environmentally relevant levels of
- 663 HBCDD isomers (n=11) generated by a logistic growth model.

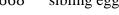


growth dilution of ΣHBCDDs

664

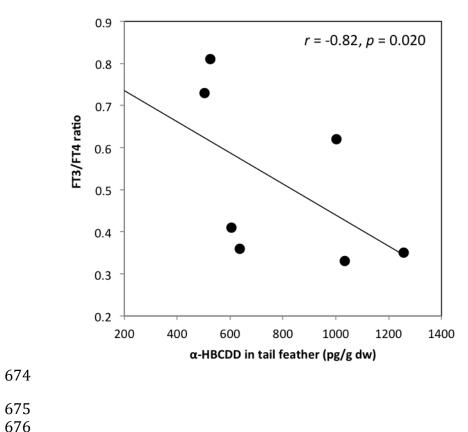








671 Figure 5: The ratios of free triiodothyroinine to free thyroxine $(FT_3:FT_4)$ measured in 672 plasma of kestrel nestlings exposed in ovo to HBCDD isomers by direct maternal transfer (n=7), in relation to feather concentrations of α -HBCDD. 673



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