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1 2 3 4 5	Models for drug absorption from the small intestine: where are we and where are we going?
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12 13 14	<i>Keywords</i> : Drug permeability; absorption models; biopharmacy; pharmacokinetics.
15 16 17 18	<i>Teaser</i> : We offer a critical analysis of the most widely used absorption models and the current trends in the development of new efficient and relevant models.
10	
19	The small intestine is a complex organ with movements, flora, mucus and flows. Despite this, the
20	most widely used absorption models consider the organ a cylindrical monoepithenal tube. This
21	mut physiology. The most commonly encountered issues are ethical ( <i>in vivo</i> models) and
22	differences in drug transport as a result of a modified expression of drug transporters or metabolic
23 24	enzymes compared with human ( <i>in vitro</i> and <i>in vivo</i> models). Finally, this review discusses the
25	way forward to reach an ideal equilibrium between reproducibility predictability and efficiency
26	for predicting permeability. The features of an ideal model are listed as a guideline for future
27	development.
28	

29 Glossary

30 ABC: ATP-binding cassette

- 31 API: active pharmaceutical ingredient
- 32 BCS: biopharmaceutical classification system
- 33 CAT: compartmental absorption and transit model
- 34 CYP: cytochrome P450
- 35 DMPC: 1,2-dimyristoyl-sn-glycero-3-phosphocholine
- 36 EGF: epithelium growth factor
- 37 FAE: human follicle-associated epithelium
- 38 GST: glutathione S-transferase
- 39 MATE: multidrug and toxic compound extrusion transporters
- 40 MD: molecular dynamics
- 41 MDCK: Madin–Darby canine kidney
- 42 MGS: metagenomic shotgun sequencing
- 43 MM: molecular modeling
- 44 NAT: *N*-acetyltransferase
- 45 OAT: organic anions transporters
- 46 OATP: organic anions transporting polypeptides
- 47 OCT: organic cations transporters
- 48 OCTN: zwitterion transporters
- 49 P-gp: P-glycoprotein
- 50 PAMPA: parallel artificial membrane
- 51 PB-PK: physiology-based pharmacokinetics
- 52 PEPT: peptide transporters
- 53 PVPA: phospholipid vesicle-based permeation assay
- 54 QSAR: quantitative structure–activity relationship
- 55 Ro5: Rule of Five
- 56 SLC: solute carrier family
- 57 SULT: sulfotransferase
- 58 TEER: transepithelial electrical resistance

- 59 TMD: transmembrane domains
- 60 UGT: UDP-glucuronosyltransferase
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62 Highlights:

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- It is of primary importance to obtain relevant models in drug discovery
- Physiology and biology of the oral route is complex to model
- In silico models allow high-throughput screening but can be less relevant
- *In vivo* models raise ethical issues
- In vitro complex models are a good compromise between relevancy and throughput
- 68 69 70

## 71 Introduction

72 The oral route is the most common and practical way to administer drugs to the body; even if 73 certain problems remain, especially for anticancer agents [1]. Unfortunately, not all drugs are 74 good candidates for oral administration. The Biopharmaceutical Classification System (BCS) 75 proposed by Amidon et al. in 1995 [2] shows that solubility and permeability can be used to 76 determine whether a drug is a good candidate for oral administration. Similarly, the Rule of Five 77 (Ro5; see Glossary for list of abbreviations used in this review) proposed by Lipinski et al. in 78 1997 [3] is also a quick way to assess the suitability of a drug for the oral route. The BCS and 79 Ro5 are related to chemical properties of drugs. They are ways to predict a good absorption 80 process, helping to reach a better bioavailability of the drug and often a low interpatient 81 variability, which means reliability. These positive features are coined in the term drugability, 82 which reflects the fact that the drug is a good candidate for the oral route. Then, the active drug 83 must be formulated to obtain an oral dosage form. In the early stages of drug development, in 84 vitro and/or in vivo models are extensively used to determine the best formulation of the drug 85 product. Ideally, those models must be easy to implement, relevant, simple, cost effective, 86 accurate and compatible with high-throughput screening. Some of those features are difficult to obtain altogether. As a matter of fact, the complexity of the absorption process makes it 87 88 impossible for the models to be relevant and to remain simple. These models must also be 89 suitable to assess the absorption of new formulations such as nanomedicines. Besides predicting 90 the extent of drugs absorbed, models are also used to explore the very different barriers to cross 91 and the complex mechanisms of this transport process. Models are also used to study the stability

92 and the behavior of the formulation. A lot is therefore expected of the absorption models, which 93 is why many techniques are used to construct these models from *in silico* models, based on 94 mathematical analysis and on chemistry properties, to in vivo models, often based on molecular 95 imaging. In vitro models based on cell cultures are a good compromise between simplicity and 96 relevance and are therefore widely used. In the present study, using the physiology and molecular 97 biology of the gastrointestinal tract as a starting point, we would like to propose a critical analysis 98 of the most widely used in vivo, in vitro and dynamic absorption models. Subsequently, the 99 current trends in the development of new, efficient and relevant models will be explored to 100 propose the crucial points to consider in the way of innovation in this field. The features of the 101 ideal model to study drug absorption will be presented as a conclusion to this work.

102 Where are we?

103

#### 104 *Physiology and pharmacology of the small intestine*

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106 *Physiology and motility of the small intestine.* The main drug absorption steps occur in the small 107 intestine. This organ is a complex tube that can be divided into three different parts with different 108 absorptive capabilities. The first part, the duodenum, is 25–30 cm long and the passage of the 109 drugs through this part is relatively quick, resulting in a poor net absorption of drugs. The second 110 part is the jejunum. Unlike the duodenum, the jejunum is characterized by a highly active 111 peristalsis, favoring absorption. Finally, drugs that have not been absorbed in the jejunum might 112 be absorbed in the ileum (given that the site of absorption mainly depends on the 113 physicochemical properties of the drug). The ileum reveals fewer villi than the jejunum but has a 114 similar absorption capability. Mucus is another fundamental part of the gastrointestinal tract, 115 acting as a mechanical and physical barrier, but also performing the role of a niche for the 116 microbial cells. Microbiotic flora are an essential part of the gut. It is now clear that the gut 117 microbiome plays a key part in digestion but also in the production of enzymes and vitamins and 118 in the regulation of the immune system. Despite the increasing interest in the topic (the number of 119 papers on Pubmed with the keyword 'microbiota' reached 5028 in 2015 versus 245 10 years 120 earlier), the microbiota, its metabolic activities and its interactions with the digestive epithelium 121 are still not fully understood. In each part of the intestinal tube, the commensal flora composition

and the mucus bilayer show a high variability. The main characteristics of the small intestine aresummarized in Table 1.

124

125 Impact of drug transporters. Drug absorption is mainly subject to significant transporters, even if some drugs can be absorbed by passive diffusion, and to the effects of metabolism. The fate of 126 127 these drugs is represented schematically in Figure 1a. The paracellular transport, which is related 128 to molecules below 3.6 Å or 250 Da, occurs through tight junctions between epithelial cells along 129 the intestinal mucosa and shows an important intra- and inter-individual variability [4]. However, 130 it has been previously shown that bigger structures such as nanoparticles can cross the tight 131 junction structures [5]. Nevertheless, several current drug classes cross the epithelial cells by 132 transcellular transport, either by passive transcellular transport (only small lipophilic drugs) 133 and/or by carrier-mediated transport (antivirals, penicillins, statins, etc.) [6].

134

135 Role of transporters in the absorption of drugs. Transporters are usually classed into two 136 categories. The first category is the solute carrier (SLC) family, which mediates the uptake of 137 drugs. The ATP-binding cassette (ABC) family is the second category and gathers efflux 138 transporters (Figure 1b). Most of the SLC transporters are secondary active transporters, for 139 which transport is driven by various energy-coupling mechanisms [7]. This category is divided 140 into the SLCO superfamily (former SLC21), which gathers the organic anions transporting 141 polypeptides (OATP), the SLC22 superfamily, which gathers organic cation transporters (OCT) 142 and zwitterion transporters (OCTN), the SLC47 superfamily, which gathers the nucleotide 143 transporters (ENT and CNT), and peptide transporters (PEPT).

Few members of the SLCO superfamily are found in the intestine. Although OATP2A1
 and OATP4A1 are ubiquitous and transport mainly prostaglandins and bile salts,
 respectively, only OATP1A2 can have a role in transporting drugs. Situated at the apical
 side of the enterocytes, its substrates are bile salts, thyroid hormones and xenobiotics
 (antibiotics, anticancer drugs, antifungals, β-blockers, statins).

In the SLC22 superfamily, all the members share a common structure: 12 α-helical transmembrane domains (TMDs). This family actively participates in small intestinal absorption but also in hepatic and renal excretion of drugs. In the intestine, the most common SLC22 transporters are OCT1, OCT2, OCT3, OCTN1, OCTN2 and Octn3.

- OCT1 is a well-known transporter of metformin, quinidine and type 1 cations
   (such as dopamine, choline and *N*1-methylnicotinamide) by sodium-independent
   transport. However, its location in enterocytes is still unclear [8,9]. OCT3
   mediates the uptake of histamine, epinephrine and norepinephrine and cationic
   drugs together with OCT1 in the intestine.
- o The OCTN family includes three transporters. OCTN1 and OCTN2 have been
   found in humans, whereas Octn3 has been found only in mice. OCTN1 and 2
   uptake organic cations and zwitterions by Na<sup>+</sup>-dependent or -independent
   transport. The most common substrates are oxaliplatin, gabapentin, verapamil,
   doxorubicin and quinine for OCTN1 and oxaliplatin, ipratropium and tiotropium
   for OCTN2.
- Nucleoside transporters are a major concern in the development of anticancer and antiviral drugs because they transport nucleosides and a large variety of nucleoside-derived drugs. Three transporters of this family are commonly studied in the intestine:
   CNT1, ENT1 and ENT2. Like the nucleoside CNT1 transporter, located in the apical membranes of polar cells, ENT1 transporters are located predominantly on the apical side, whereas ENT2 is present on the apical and basolateral sides in Caco-2 cells.
- PEPT1 encoded by the *SLC15A1* gene is responsible for the influx of di- and tri-peptides
   in enterocytes. It can also transport peptide-like drugs (i.e., angiotensin-converting
   enzyme inhibitors, β-lactam antibiotics) and drugs coupled to amino acids (i.e.,
   valganciclovir or valacyclovir).
- 174 Once inside the cell the drug must be transported to the basolateral side to reach the blood 175 circulation. In parallel, some transporters can also efflux drugs on the apical side, thus regulating 176 the intracellular concentration of xenobiotics and decreasing the absorption rate. Efflux 177 transporters are ATP-dependent pumps and are responsible for a wide number of drugs and/or 178 metabolite transport. To date, there are seven subfamilies of ABC gathering 51 transporters. 179 Among those transporters, four are responsible for the elimination of drugs from cells into the 180 lumen: P-glycoprotein (P-gp), MDR2/3, MRP2 and breast cancer resistance protein (BCRP). 181 These transporters reduce the uptake of their substrates and are located at the apical side of the 182 enterocyte. By contrast, five transporters are responsible for the efflux of the drugs toward the

blood and the liver: MRP1, MRP3, MRP4, MRP5 and MRP6. They are preferentially located atthe basolateral side of the enterocyte.

- The *ABCB1* gene encodes for P-gp, the most well-known efflux pump. It pumps the xenobiotics from the cell back into the lumen. Current recommendations for testing MDR1 during drug development are based on its role in intestinal absorption. Moreover,
   P-gp has a role in modulating CYP3A4 expression, thus contributing to pharmacological resistance [10].
- The *ABCB4* gene encodes for the MDR2/3 protein. Smith *et al.* reported an increased directional transport of several MDR1 P-gp substrates, such as digoxin, paclitaxel and vinblastine, through cells expressing *ABCB4* [11].
- The *ABCC2* gene encodes the MRP2 efflux protein. MRP2 is mainly located in the liver,
   in kidney and intestine, supporting a major function in the elimination and detoxification
   of xenobiotics, and particularly glutathione conjugates.
- BCRP exhibits broad substrate specificity with a considerable substrate overlap with
   ABCC1 and ABCB1. BCRP is highly expressed in the small intestine, colon, blood-brain
   barrier, placenta and liver.
- *ABCC1* and *ABCC3* encode for two basolateral efflux transporters. The main roles of
   these transporters are the efflux of xenobiotic and endogenous metabolites and the
   transport of inflammatory mediators.
- ABCC4 and ABCC5 encode for MRP4 and MRP5, which are ubiquitous efflux
   transporters. They transport mainly nucleotide analogs such as antivirals and anticancer
   drugs.
- Not much is known about *ABCC6*. This gene is expressed in the duodenum, colon and
   liver, but its substrates (endogenous and exogenous) are not known.
- 207

Obtaining an exhaustive list of substrates for each transporter would be worthwhile, but laborious. However, transporters seem to be more class-specific rather than drug-specific. As such, drugs are commonly grouped into classes with similar physicochemical properties, which renders the screening of hypothetical drug transporters easier (Table 2).

212

213 Impact of intracellular and microflora metabolism. Drug metabolism takes place in the

- 214 intracellular milieu and depends on two classes of enzymes. Phase I enzymes are responsible for
- the functionalization of the drugs (i.e., hydroxylation, amination, etc.). Phase II enzymes tend to
- 216 conjugate the metabolites by glycosylation, glucuronidation, transmethylation or acetylation and
- 217 sulfoconjugation (Figure 1c). Phase I enzymes are cytochromes. Owing to their broad specificity,
- 218 high abundance in the intestine and powerful capacity for oxidizing xenobiotics, cytochrome
- 219 P450 (CYP) proteins are the most often studied. CYP3A and CYP2C represent the major
- 220 intestinal CYPs, accounting for ~80% and ~18%, respectively, of total immunoquantified CYPs
- 221 [12]. Phase II metabolism implies UDP-glucuronosyltransferases (UGTs), glutathione S-
- transferases (GSTs), *N*-acetyltransferases (NATs) and sulfotransferases (SULTs).
- 223

UGTs are a superfamily of enzymes that catalyze the glucuronidation of endogenous and exogenous molecules. Among the 21 different UGT proteins that have been identified in humans, ten are expressed in the small intestine: UGT1A1, 1A3, 1A4, 1A6, 1A10, 2B4, 2B7, 2B10, 2B11 and 2B15 [13]. Each enzyme encoded by a UGT gene reveals a unique but usually overlapping substrate specificity, tissue localization and regulation [14]. Human UGT1A1 is the most highly expressed UGT in the small intestine, with activities even greater than in the liver [15]. UGT1A enzymes conjugate endogenous and exogenous substrates.

231 GSTs occur in three cellular compartments and can be divided into cytosolic GSTs, 232 mitochondrial GSTs and microsomal GSTs. The most expressed GSTs in the human enterocytes 233 are GSTP1, GSTA1 and GSTA2 [16]. GSTA1 and GSTA2 catalyze the conjugation of 234 glutathione with electrophiles whereas GSTP1 inactivates toxic and carcinogenic compounds by 235 conjugation of glutathione. Most studies focus on the role of GST in pathogenic, mainly 236 cancerous, tissue. Although GSTs are found in enterocytes, their behavior in this tissue has been 237 poorly explored. NAT1 and NAT2 can be found in the intestine. They catalyze the acetyl 238 conjugation from acetyl-CoA to various arylamine and hydrazine substrates. There is an 239 increasing interest in SULTs, because they seem to contribute significantly to drug clearance 240 [17]. They catalyze the transfer of a sulfate group to several pharmacologically important endo-241 and xeno-biotics.

The human microflora contains obligate anaerobes (i.e., *Bacteriodes, Clostridium, Lactobaccillus, Bifidobacterium, Eschericia*), together with a variety of yeasts and other

microorganisms, forming a complex ecosystem of thousands of species. About 90% of the 244 245 intestinal microbiota is composed of the *Bacteroides* and *Firmicutes* (i.e., *Clostridium*, *Bacillus*) 246 families. The microbiota can metabolize drugs, thus decreasing or favoring the absorption of 247 drugs and/or their metabolites. Although most of these mechanisms remain unknown, this 248 knowledge is crucial for new drug development. For example, some studies have revealed that 249 the microflora mediates the reduction [18] and hydrolysis [19] of drugs, but also the removal of 250 succinate groups, dihydroxylation, (de)acetylation, proteolysis, (de)conjugation and N-251 demethylation [20], thus activating prodrugs such as lovastatin or inactivating drugs such as 252 digoxin [21,22]. In parallel, flora can influence cell behavior, for example by increasing the 253 activity of CYP phase II enzymes in the gut or even in the liver [23,24]. To illustrate, in germ-254 free mice, mRNA of Cyp3a has decreased by ~87% compared with control mice with normal 255 flora, GSTs from 32% to 66% and SULTs from 52% to 68%, thus leading to a significant 256 decrease in drug metabolism [25]. It is clear that flora can significantly contribute to drug 257 metabolism in beneficial and deleterious ways. Some bacteria can also reduce or induce drug-258 related toxicity. For example, bacteria expressing β-glucuronidase (i.e., *Escherichia coli*) increase 259 significantly the number of ulcers in mice receiving nonsteroidal anti-inflammatory drugs 260 (NSAIDs) [26,27] and enhance the formation of toxic compounds in humans undergoing 261 chemotherapy [28]. The development of new-generation sequencing techniques to replace the 262 classical culture techniques, which failed at identifying most of the species, makes it possible to 263 study the minor species that can also have a role in drug absorption and metabolism. Currently, 264 microbiotic flora are explored by targeting the highly conserved 16S ribosomal RNA gene 265 sequences or metagenomic shotgun sequencing (MGS) [29]. Combining the modern, highly 266 sensitive analytical approaches with 16S rRNA and metagenomic data makes it possible to detect 267 and quantify the metabolites that are derived or modified from the gut microbiota and to identify 268 the species involved.

At this stage, it is easy to understand that drug absorption depends on several steps: reaching the apical side of the enterocyte, transport by several different proteins and metabolism by many more of enzymes before reaching the liver. Such a complex pathway involves risks relating to drug-drug interactions or even food-drug interactions, for example when the transporters or enzymes are saturated, thus rendering the accurate prediction of drug absorption impossible

among individuals. Drug permeability could also be affected by genetic polymorphisms among
previous genes and disease states.

276

#### 277 Current models

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In vivo models. In vivo models are of great interest because currently these are the only models to potentially contain all the physiological parameters. Among these models, intestinal perfusion is the most common experiment used to study the *in vivo* drug permeability and intestinal metabolism in different regions of the intestine.

283 Animal intestinal perfusion. Briefly, intestinal perfusion consists of: (i) exposing the small 284 intestine and ligating the part of interest for perfusion; (ii) rinsing the cannulated segment; 285 (iii) perfusing the solution of interest and collecting the perfusate. Figure 2 illustrates the 286 in vivo perfusion system. In this system, the mesenteric vein is cannulated and blood is 287 collected. During this experiment, special care should be taken to maintain an intact blood 288 supply. Finally, the animal must be euthanized. Another variation is the closed loop 289 model. In this model, the gut remains in the animal and each extremity of the part of 290 interest is ligatured. The drug is then injected in the isolated part. At the end of the 291 experiment, drug concentration is measured inside the gut and the absorption rate is 292 deducted from the initial concentration. It presents several advantages over the previous 293 method, such as the exploration of the effects of inhibitors or drug interactions, and can be 294 used to study drugs that are poorly permeable. Because the variation in the quantity is 295 extremely insignificant, this method requires an analytical method with a very low limit 296 of quantification.

297 Although the permeability of passively absorbed drugs correlates well with human data 298 [31], this is not as clear for drugs absorbed by active transport. To specifically study the 299 impact of a transporter, however, several knockout models have been developed in recent years. The first model was developed by Schinkel et al. using mice without P-gp (Mdr1a<sup>-/-</sup> 300 ) [32]. Subsequently, several other models appeared, such as  $Bcrp1^{-/-}$  mice [33] and  $Oct1^{-/-}$ 301 mice [34]. Despite this attempt, it has been observed that genes of the same family of the 302 303 knocked-out gene are overexpressed in a mechanism of compensation, thus obtaining 304 puzzling results [35]. To conclude, this method is relatively easy to set up, quick and 305 cheap, which in part explains its notoriety.

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314

Loc-I-Gut<sup>™</sup>. A method to determine intestinal permeability in humans has been developed by Lennernäs *et al.* [36]. This system is based on a jejunal perfusion system composed of a multichannel tube with two inflatable balloons (Loc-I-Gut<sup>™</sup>). The obtained permeability results can be further used as a gold standard to compare different models. However, permeability studies using volunteers are limited because of ethical issues and cost. Nevertheless, this is perhaps the most realistic and predictive permeability model ever developed.

315 Pharmacokinetic study. Individuals take the drug orally and venous blood is sampled at 316 different times post-dose. Although it seems like one of the easiest, most reliable and 317 simplest methods to study drug absorption, a pharmacokinetic study can have several 318 drawbacks. The observed drug concentrations are extremely variable – inter-individually 319 and intra-individually. This can be partially explained by different rates of gastric 320 emptying, differences in gut and liver metabolism, differences in transporter expression and in elimination. A pharmacokinetic study of population can overcome these 321 322 variabilities but would involve a large number of individuals.

323

324 Although drugs absorbed by passive transport show a good correlation between animals and 325 humans [37], there are huge discrepancies between the different animal models and humans in 326 terms of metabolism, drug transport, flora and of course the surface area of the gastrointestinal 327 tract. For example, while using intestinal perfusion for five passively transported drugs in 328 humans, the apparent permeability was 3.6-times higher than observed in rats but results were 329 similar to those of mice [38]. Moreover, although moderate correlation ( $r^2 > 0.56$ ) was found in 330 the expression levels of transporters in the duodenum of humans and rats, no correlation was 331 found in the expression of metabolizing enzymes between the rat and human intestine [31]. This 332 explains why a reliable scaling from animal models to humans is often absent. Another common 333 limitation of the *in vivo* approach is that it is not suitable for high-throughput screening, it 334 presents a low sensibility and recovery of drugs, which makes analysis by mass spectrometry 335 indispensable. With regard to these advantages and drawbacks, these models might be

336 preferentially used to study actively transported drugs. Drugs that are absorbed passively can be 337 studied using less expensive and simpler models, such as *ex vivo* and *in vitro* models.

338

Ex vivo and in vitro models. As in the case of the above-mentioned *in vivo* models, everted intestinal sac techniques are used to determine drug permeability. The intestine is removed from dead animals and cut into small segments, also making it possible to evaluate the permeability in different parts of the intestine. These segments are sutured at one end, filled with a drug solution, sutured at the other end and immersed in an oxygenated medium at 37°C. This model presents the advantage of a relatively large surface for permeability and the presence of a mucus layer. However, one limiting parameter of this model is tissue viability [39]. Moreover, no *in vivo* 

346 correlation has been established through this method but results from everted intestinal sac

347 models have been consistent with *in vivo* findings [40]. As for *in vivo* methods, the major

drawback is the poor screening rate. Nevertheless, these models should be preferred to *in vivo* 

349 models if anesthetic drugs might interfere with the analysis.

350 Cellular models have been widely used to study drug permeability in the small intestine. 351 Although most cellular models are simple monocellular layers, complex models have also been 352 developed, for example in including a liver-like compartment composed of microsomes [30]. 353 First, Caco-2 cells represent the reference model in the prediction of drug permeability and are 354 routinely used for studying enterocyte transport for the passive transcellular 355 route, paracellular route, carrier-mediated route and transcytosis [41]. Caco-2 cell lines, derived from a human colorectal carcinoma, are cultivated on semipermeable filters (Transwell<sup>®</sup> system) 356 for 21-23 days. After differentiation, the cells form a polarized monolayer with apical and 357 basolateral sides displaying a brush border, microvilli and tight junctions, and expressing P-gp 358 359 and several relevant efflux transporters and enzymes [42]. Subclones of Caco-2 cells (TC-7) are 360 also used and have different levels of transporters and enzyme expressions, closer to human 361 levels than classic Caco-2, are also used [43]. Although a good correlation between in vitro permeability (Papp) of drugs and their in vivo bioavailability was found [44,45], the Caco-2 cell 362 363 model is not perfect. Indeed, paracellular transport is lower than the *in vivo* permeability [41]. 364 Consequently, alternative cells were put forward [IEC-18 (rat small intestine cells) and 2/4/A1 365 (fetal rat intestine cells), which display higher paracellular permeability]; however these cells 366 contain few carrier-mediated transport systems compared with Caco-2 cells [46,47]. Moreover,

Caco-2 cells express a low amount of CYP3A enzymes, which are major metabolizing enzymes 367 368 for many drugs. In this way, CYP3A4-transfected Caco-2 cells with higher levels of CYP3A4 are 369 developed [48]. Moreover, other disadvantages of this model include the long differentiation 370 period, the wide variation with passage number of cells and the inter- and intra-laboratory 371 variability. As a result, two other cell models are also used for permeability transport: Madin-Darby canine kidney (MDCK) I and II derive from canine kidney cells; and Lewis lung 372 373 carcinoma-porcine kidney 1 (LLCPK1) derived from pig kidney epithelial cell line. MDCK cells 374 exhibit a shorter culture time (3–5 days) and lower transepithelial electrical resistance (TEER) 375 values compared with Caco-2 cells (MDCK values are much closer to the in vivo TEER of the 376 small intestine). The MDCK model also presents polarized cells, with brush border and tight 377 junctions, but this model expresses some transporters, such as P-gp, with lower levels compared 378 with Caco-2 cells [49]. Nevertheless, MDCK cells transfected with the human MDR1 gene 379 (MDCK II) have been developed to express P-gp.

380 Another limitation of these cellular models is the absence of a mucus layer and M cells, which 381 also constitute the intestinal barrier. In this way, co-culture models comprising different cells 382 have been proposed to represent the heterogeneity of the intestinal epithelium. First, HT-29-H or 383 HT-29-MTX cells that are mucus-secreting cells have been co-cultivated with Caco-2 cells. 384 Different methods of culture (cell culture time, Caco-2/HT-29 ratio, culture medium, time of HT-385 29 addition, etc.) have been developed, and representative models in terms of mucus layer, P-gp-386 mediated efflux expression and paracellular permeability have been obtained [44–46]. Moreover, 387 these co-culture models make it possible to evaluate absorption enhancers and mucoadhesive 388 systems on the permeability of drugs [42]. Moreover, Raji cells have been added to Caco-2 cells 389 to take into account human follicle-associated epithelium (FAE), which represents less than 1% 390 of the total intestinal surface but shows an impressive propensity to transcytose small inert 391 particles such as nanoparticles and large molecules from the lumen to the lymphocytes. Finally, 392 triple co-culture cell models with Caco-2, HT-29 and Raji B cells have been put forward to obtain 393 a more physiological, functional and reproducible in vitro model [54,55]. Antunes et al. 394 demonstrated that this triple co-culture cell model is the most efficient model in predicting insulin 395 permeability, as compared with permeability values obtained from *ex vivo* experiments [54].

To enhance the relevance of models other modifications have been put forward to improve correlations between absorbed drugs *in vitro* and *in vivo*. For example, 3D *in vitro* models have

398 been proposed to reproduce intestinal villi [56] and epithelial-stromal interactions [57]. 399 Moreover, studies have been performed with simulated gastrointestinal fluid apposed on the 400 apical side to mimic luminal conditions in the gastrointestinal tract, but no effect of simulated 401 media was demonstrated as compared with a classical medium [58,59]. The main characteristics of each model are summarized in Table 3. From these data, two cellular models seem of great 402 403 interest owing to their similarity with human permeability. First, the Caco-2 cell clone TC-7 404 improves significantly the initial Caco-2 model in terms of transporter expression and 405 metabolism, but still shows important inter- and intra-laboratory variations. Second, the 2/4/A1 406 model demonstrates the potential to make reliable permeability predictions – even more reliable 407 than Caco-2 TC-7 cells. Unfortunately, there are scarce data available concerning this model. 408 Moreover, Caco-2 TC-7 cells are easier to grow than 2/4/A1 cells, which require an 409 overexpression of the antiapoptotic protein Bcl-2 to be maintained in culture. Moreover, passive 410 transport is more suitable for IEC-18 cells than Caco-2 cells, whereas no carrier transport can be 411 determined in IEC-18 in comparison to Caco-2 cells [46]. To date, no in vivo correlation with the 412 IEC-18 cell model has been published.

413 Consequently, although all of these cellular models show good or moderate correlations with 414 human passively absorbed drug permeability, correlations with actively transported drugs are 415 variable and mainly low. This lower active transport obtained with the Caco-2 cell models could 416 be explained either by the underexpression of carrier-mediated transporters in Caco-2 cells when 417 compared to *in vivo* or by the saturation of the carriers [60]. However, even if *in vivo* correlation 418 is slow in the Caco-2 cells, this is an interesting model to determine the drug transport 419 mechanism, and identifying the relevant carrier used and active transport mechanism need to be 420 extensively studied [61]. With regard to these advantages and drawbacks, these models might be 421 used to study several passively transported drugs and to predict, in some but not all cases, carrier-422 mediated transport of drugs.

Finally, because drug permeability can also be related to passive diffusion, one static model, parallel artificial membrane (PAMPA), was used to study this transport. This model involves adding a mixture of phospholipids and organic solvent onto a porous hydrophobic filter support to form a lipid membrane. There are different types of PAMPA models based on the nature of the filter, lipids and transport media used [62]. Several factors influence PAMPA permeability performance, such as incubation temperature, pH conditions and lipid membrane composition.

429 Indeed, the lipids in these PAMPA models were mainly commercially available lipids or 430 extracted from natural tissues. Different lipid compositions are now available: PC-PAMPA 431 (phosphatidylcholine-PAMPA), DS-PAMPA (a dodecane solution of lecithin mixture-PAMPA), 432 DOPC-PAMPA [a dodecane solution of highly purified dioleyoylphosphatidylcholine (DOPC)-433 PAMPA], HDM PAMP (a hexadecane solution of DOPC-PAMPA) and BML-PAMP (a 434 biomimetic lipid membrane based on а mixture of phosphatidylcholine, 435 phosphatidylethanolamine, phosphatidylserine, phosphatidylinositol, cholesterol, 1,7-octadiene 436 membrane-PAMPA) [63]. Moreover, with cell models cultivated on the Transwell<sup>®</sup> system, a 437 filter separates one side containing the test molecule (donor side) from a receiver side (initially 438 free of the molecule). PAMPA is a high-throughput screening technique, but makes it possible to 439 study only passive permeability. A comparison of DS-PAMPA with a rat in situ close-loop technique showed an acceptable correlation ( $r^2 = 0.87$ ) for 17 fluoroquinolone drugs [64]. 440 Similarly, at pH 5.5 or 6.5, BML-PAMPA also demonstrated an acceptable correlation ( $r^2 = 0.86$ ) 441 442 for more than 25 compounds [65]. Moreover, passively transported compounds, other than acidic 443 compounds, also demonstrate a good permeability on HDM-PAMPA at pH 7.4 [66].

444 Nevertheless, this model presents limited effectiveness and applicability owing to the absence of 445 stirring conditions, the presence of solvent and the difficulty to reach sink conditions during 446 transport studies. Consequently, other artificial models are developed to overcome these disadvantages. The phospholipid vesicle-based permeation assay (PVPA) is another artificial 447 membrane model. This model consists of a deposition of liposomes on a filter [67]. Like the 448 449 PAMPA model, PVPA can be used to study the transport of passive drugs and, owing to an 450 excellent correlation with data obtained for the Caco-2 cell model, it represents a valuable 451 alternative to cell models [68]. As such, even though a good *in vivo* correlation was obtained with 452 artificial models (PAMPA and PVPA), these models can only be used for drugs passively 453 transported, compared with cell models that make it possible to study all types of drug transport. 454 In silico approaches (see below) can now simulate pure passive transport, thus limiting the 455 interest in PAMPAs.

456

457 *Dynamic models*. Dynamic models have been put forward to avoid the limitations of static

- 458 models and potentially enhance correlation with *in vivo* studies. As such, Caco-2 cells have been
- 459 cultivated on permeable filters, as previously described. Subsequently, filters were mounted into

diffusion systems, such as the Ussing chamber [69] or a multicompartment model (membrane

bioreactor) to simulate flow-mediated transport through the biological membrane [70]. For

462 dynamic artificial membrane models, an impregnated membrane with a lipid mixture is inserted

463 into a diffusion cell connected to a donor and receiver compartments, where liquid circulation is

464 maintained using a peristaltic pump. This dynamic artificial membrane demonstrated an excellent 465 correlation ( $r^2 = 0.95$ ) with permeability data in humans for highly absorbed hydrophobic drugs

466 [71]. Of course, such systems are not useful when studying actively transported drugs.

467 The Ussing chamber technique was also used with excised human or animal intestinal segments. 468 Similarly, there are two diffusion compartments between the intestinal segments. The diffusion 469 chambers can be filled with a physiological buffer solution (Krebs-ringer-bicarbonate buffer), 470 which can also contain glucose, glutamate, fumarate, or with a simulated intestinal fluid (into the 471 donor chamber). The system is kept at 37°C and the solution is constantly gassed with oxygen 472 and carbon dioxide to maintain tissue viability and to create a fluid movement [69]. This model 473 provides a good prediction for intestinal drug permeability, interaction with efflux transporters 474 and drug metabolism [72]. Moreover, using this model, permeability could be determined at 475 different parts of the intestine (jejunum, ileum and colon). Indeed, depending on the part of the 476 intestine used and the origin tissue, in vivo correlation might be different. Comparison from in 477 *vivo* and excised rat jejunal segments showed a high correlation ( $r^2 = 0.95$ ) for drugs transported by passive diffusion with high or low permeability, whereas drugs transported via carriers 478 479 displayed certain differences [73].

480 However, this model reveals several drawbacks: it shows a relatively low throughput and 481 recovery, and it requires several human or animal biopsies that: (i) are difficult to obtain (for 482 human samples); (ii) present important intraindividual or interspecies variabilities (for animal 483 versus human) thus contributing to a poor reproducibility [74]; (iii) have a viability beyond 2 h; 484 and (iv) decrease the functionality of their active transporters. Unfortunately, there is no comparison between these models and the Loc-I-Gut<sup>™</sup> model. Although they seem easier to set 485 486 up, present fewer ethical questions and can be used to test more drug than the *in vivo* methods, 487 they lose several physiological aspects partially (i.e., mucus, active transport, flux and 488 microbiotic flora) or totally (i.e., chyme and blood environment and peristalsis). Nevertheless, despite these issues, the model is, undoubtedly, after the Loc-I-Gut<sup>m</sup> approach, the current most 489 490 reliable model to simultaneously study passive and active drug absorption in animals and in

491 humans.

Another interesting dynamic model is the TIM gastrointestinal model<sup>™</sup> (TNO). The TIM system. 492 493 originally developed for food digestion research, is a kind of ancestor of the body-on-a-chip 494 approach [75]. It reveals several compartments mimicking the stomach, the small intestine and 495 the large intestine. Moreover, some other important physiological parameters are either integrated 496 (such as body temperature, peristaltic movements) or can be parameterized (such as acidity, 497 enzymes, bile salt, etc.). These interesting features make the TIM system very interesting for 498 studying gastric digestion and absorption. Nevertheless, the intestinal barrier is made of a 499 semipermeable membrane, which makes it impossible to reproduce in vivo processes such as 500 active transport and intestinal metabolism. Other drawbacks remain: the model is large and 501 complex in its use, despite the development of a simplified tiny-TIM (which merges the 502 duodenum, jejunum and ileum into a single compartment).

503

#### 504 Where are we going?

#### 505

# 506 In silico models507

508 In silico approaches are extremely appealing mainly because they require less living material, 509 consumable and personal material than classical approaches. However, they also require heavy 510 computational resources for the different simulations, which are directly related to the accuracy 511 of the desired model. Among *in silico* models, two classes emerge. The first group of mechanistic 512 models focuses on interactions between drugs and their receptor, transporter or direct 513 environment, through molecular modeling (MM) or QSAR approaches. A second group of 514 models, the physiology-based pharmacokinetics (PB-PK) models, integrates the behavior of a 515 drug in different physiological compartments and pharmacokinetics modeling. At this stage, one 516 can easily understand that the choice of the model depends on the objective of the study -517 mechanistic models are more suitable for exploration at a small scale (i.e., passive diffusion or 518 active transport, drug-drug interactions, etc.) and PB-PK models are more suitable for 519 explorations on a bigger scale (behavior of the drug in tissues, organs or systems).

520

521 *Molecular dynamics*. MM is a tool that describes the position of the particles in a system using 522 classical physics. Briefly, MM considers a molecule to be a complex structure made of atoms, 523 (considered as balls) and bonds (considered as springs). To obtain an accurate model, the

524 parameter determination must be based on results obtained from experiments or calculated by 525 high-level quantum methods. High-level quantum methods refer to quantic chemistry, which is 526 more accurate than MM, but is completely unsuitable for big structures (>10 000 atoms) such as 527 proteins and membrane bilayers.

528 MM helps find the most stable structure from a given 3D structure (mainly obtained by 529 crystallography) – the calculation time depends on the size and the number of the studied 530 molecules and requires powerful computer hardware. These methods give a realistic, but static, 531 model. The evolution of the system can be estimated using molecular dynamics (MD) for 532 timescales from 100 ns to 1  $\mu$ s. This is of major interest while studying the behavior of drugs 533 toward membranes or proteins (i.e., transporters or cytochromes).

To study proteins, the first step is to obtain their experimental X-ray crystallography. Subsequently, MM simulations provide more-realistic conformations (i.e., the protein in aqueous solution). Finally, MD simulations provide atomistic insights of dynamic processes. More precisely, MD can help determine or confirm binding sites, the different conformations of transporters and the effect of phosphorylation or ATP on the protein conformations, further predicting the effect of a change in the amino acid sequence [76].

540 Drug membrane crossing depends on many parameters including (i) size, (ii) charge and (iii) 541 lipophilicity of the molecule. Even if membrane crossing can be evaluated by parameters such as 542 logP or logD, an atomistic description is required to fully deal with the mechanisms of action. 543 MD helps determine the orientation and locations of drugs and even their metabolites in the 544 membrane [77]. A common important issue is the composition of the membrane bilayer. Most 545 studies have considered the membrane to be a single phospholipid membrane bilaver (mainly 1,2-546 dimyristoyl-sn-glycero-3-phosphocholine; DMPC). Previous studies have demonstrated in vitro 547 and in silico that this assumption is far away from reality. The reason is twofold: the membrane 548 bilayer contains different lipids (such as triglycerides, sphingomyelin, cholesterol, etc.) in various 549 percentages (depending on the cell type and side) but it is also because of the presence of proteins 550 embedded in the membrane that can interact with the drug of interest [78]. In conclusion, MD 551 simulations are currently capable of predicting the behavior of drugs in simple lipid membranes. 552 Nevertheless, the number of publications exploring the functioning of transporters using a MD 553 approach is considerably increasing. The number and type of membrane components remain 554 limiting for making more-realistic predictions. Thanks to a perpetual improvement of calculation

power, new complete models should appear, paving the way toward a highly predictive *in silico*pharmacology.

557

558 **QSAR** approach. QSAR methods attempt to establish quantitative relationships between the 559 structure of a molecule and its activity. Briefly, QSAR uses a library of molecules with well-560 known structures and activities and relates a biological effect on a new molecule with unknown 561 biological effects. QSAR methods might be useful tools to predict passive drug absorption or 562 interaction with regions of interest in influx or efflux proteins involved in active drug absorption 563 [79]. The interest in QSAR methods is growing thanks to the European Registration, Evaluation, 564 Authorization and Restriction of Chemicals (REACH) protocol, which strongly incites to use 565 QSAR methods rather than living models to evaluate chemical toxicity.

As for MM, QSAR approaches are inadequate to deal with highly complex molecules (mainly because of low predictive power owing to a poor library and because of the difficulty to associate a combination of several pharmacophores with an effect). Although recent developments in QSAR approaches make it possible to study noncovalent field (3D-QSAR) and the ensemble of ligand configuration (4D-QSAR) and further even to put forward rough toxicity predictions [80], these approaches suffer from a lack of parameters that describe drug–receptor interactions.

572 Ensemble learning methods are powerful tools for SAR approaches owing to their unique 573 advantages in dealing with small sample sizes, high dimensionality and complex data structures 574 [81]. Ensemble learning methods are particularly adapted to model drug permeability when the 575 sample size is small or when the relationships between predictors and the dependent variables are 576 not clear. Briefly, ensemble learning is based on the computer choice of the most suitable 577 algorithms to solve a complex problem. In this case, ensemble learning helps choose the best 578 algorithms to relate an activity to a complex structure. Ensemble learning methods have not yet 579 been applied to absorption prediction modeling [82].

580

581 **PB-PK modeling.** The above methods sequentially describe the transport of drugs. Whole kinetic 582 studies are still unpredictable when using the previously described *in silico* methods. By contrast, 583 PB-PK enable the simultaneous study of drug absorption and metabolism using realistic 584 physiological models. These models aim at predicting the target tissue dose(s) for different 585 exposure situations and to evaluate the disposition of drugs within the body. The first step is to

586 obtain the animal PB-PK of the drug. Briefly, after dose administration, drug concentrations are 587 measured in each organ of interest. Then, the PB-PK approach models the whole body as a closed 588 compartment with several subcompartments representing an organ (i.e., the gut, the liver, etc.) or 589 a tissue. All these subcompartments are connected with mathematical equations such as rate 590 constants, clearance, among others. Simulations provide the equivalent human model using 591 mathematical techniques, parameterized with known physiological features of the organs in 592 animals and in humans (blood flow, organ mass, enzymes activity, etc.). Finally, PB-PK 593 simulations provide physiological and pharmacokinetics insights into the behavior of a drug. 594 More precisely, PB-PK can help to determine or confirm accumulation sites and rates, and can 595 contribute to the study of efficacy and toxicity.

596 A model widely used to study drug absorption is the compartmental absorption and transit (CAT) 597 model. The CAT model views the gastrointestinal tract to be a series of compartments ruled by 598 mathematical absorption equations. A more complete model (ACAT) has been proposed by 599 Agoram et al. [83]. The major feature is the addition of the hepatic first pass metabolism to the 600 CAT model. In literature, there are several physiologically based models that consider other 601 covariates developed to predict oral drug absorption. An exhaustive list has been summarized by 602 Huang et al. [84]. To conclude, although the CAT model can estimate accurately the rate of drug 603 absorption and is easily coupled with compartmental pharmacokinetics models, it seems limited 604 to passively transported drugs.

605

#### 606 In vitro models

607

608 *Culture of human digestive epithelium.* As previously seen, huge discrepancies can be observed 609 in drug permeability between cultured cells and intestinal cells. Similarly, data obtained from 610 animal models do not adequately describe permeability or absorption in humans. The culture of a 611 human digestive epithelium can help overcome the limitations of these models. Recently Barker 612 et al. isolated stem cells in the human digestive epithelium [85]. These cells express a specific G-613 protein-coupled receptor called Lgr5. In the intestinal crypts, stem cells and Paneth cells are in 614 close contact and collaborate actively. For example, Paneth cells can secrete the epithelial growth 615 factor (EGF) and WNT3A (a protein involved in embryogenesis and oncogenesis) [86]. Exposing these Lgr5<sup>+</sup> cells to defined culture conditions results in perpetual stemcellness. To date, there are 616

617 no consensual guidelines on how to culture these cells, but most methods used the following 618 growth factors: WNT-3A, R-Spondin and Noggin. WNT-3A and R-Spondin are ligands of 619 LRP5/6-Frizzled and Lgr4/5, respectively, both of which activate the Wnt–catenin pathway [87]. 620 Briefly, the Wnt pathway consists in an accumulation of  $\beta$ -catenin in the cytoplasm, which finally 621 enters the nucleus to act as a transcriptional factor to promote stemcellness. Noggin is the 622 inhibitor of the BMP receptor, which is involved in cell differentiation. Moreover, this inhibition 623 tends to lead to the appearance of crypt-like structures along the flanks of the villi [88]. Isolated, 624 stem cells have the capacity to self-renew and differentiate into several specialized intestinal cells. From a single  $Lgr5^+$  cell, Sato *et al.* established a long-term culture (>1.5 years) of 625 intestinal epithelium [89]. Consequently, human stem cell gut organoids can be obtained when 626 627 cultured in Matrigel<sup>®</sup> with subtle changes in the culture conditions. Moreover, all the cells present naturally in the gut can be found in this organoid model: Paneth cells, enterocytes, 628 629 enteroendocrine cells and goblet cells [90].

Such epithelium could provide a highly relevant model to study permeability. This model might also be useful for drug screening and tissue regeneration. Adding the chyme flux and blood flux could contribute to recreating physiological conditions. Currently, there are several limitations: (i) models are cultured 3D in Matrigel<sup>®</sup>, making drug transport studies difficult; (ii) stem cells are commonly obtained from patients admitted to the surgical department for a bowel disease, thus limiting interpretation; (iii) the model is complex and expensive to set up; and (iv) there is little control over the morphogenesis and composition of the epithelium.

637

638 3D models: organ-on-chip models. Several 3D models have been developed, such as organ-on-639 chip devices or organoids. Organoids are structure-like organs that present several drawbacks, 640 which limits their use for drug absorption modeling. Given that they are cells grown in a 3D 641 matrix, it is difficult to observe them, to inject the drug into the lumen without altering the 642 membrane or even to quantify the drug in the matrix. The most promising system is the 643 microengineered biomimetic systems, which can be used to culture key functional units of human 644 organs. Microengineered biomimetic systems make it possible to mimic epithelium-endothelium 645 interfaces, along with complex organ-specific physiological microenvironments in a simple and 646 well-controlled environment (Figure 3). For example, organ-on-chip models can reproduce gut 647 3D tissue architecture with the chyme and the blood flux [91].

Microfluidic systems can generate controlled concentration gradients to be integrated with cultured intestinal cells. These biomimetic microdevices can mimic physiological gradients of drugs, oxygen, growth factors and hormones in the gut. Such models can offer more-predictive models to study drug transport. For example, using Caco-2 cells, Kim *et al.* demonstrated that cell genetic profiles evolved toward a more reliable model; preliminary studies have shown that such flux led the Caco-2 epithelium to form villi-like structures [92]. More interestingly, these authors have added bacteria on the cells, thus improving the model.

655 Some studies have already used a microsystem approach to evaluate cell permeability [93]. These 656 models are mainly made of glass or transparent polymer (i.e., PDMS, polycarbonate and 657 polyester), contain microchannels, are easy to sterilize and composed of a membrane similar to the Transwell<sup>®</sup> membrane. Cell viability is maintained on these membranes, with different 658 659 culture medium and flow rates. Similar methods have been used to integrate polarized epithelium 660 with living vascular endothelium in organ-on-chip devices that reproduce tissue interfaces in 661 organs (mainly the lung, eye, breast and brain) [94]. Using this approach, some studies showed 662 that it is possible to generate *in-vivo*-like epithelial or endothelial tissues and to study their 663 interactions [95].

664 One of the limitations of microsystem approaches is the necessity to use different culture media, 665 especially if more-accurate models must be developed (human epithelium and endothelium). 666 Moreover, their use is further restricted because they require skills in microfluidics and 667 biomaterials. Another drawback is the difficulty to perform classical cell culture on these devices. 668 For example, it is extremely challenging to harvest or passage cells. Nevertheless, these models 669 reveal several advantages: reproducibility, high throughput and control over physiological factors 670 such as flow rates. Moreover, different tissues can be used, such as Caco-2 cells, but also 671 HUVECs to study the permeability to the blood or even the intestinal stem cells to reproduce a 672 human intestinal epithelium. Such systems are not restricted to a specific organ but have the 673 possibility to integrate several organs, such as the gut and liver, to study multiorgan interactions. 674 This is an interesting new challenge that could promote more-advanced and -accurate predictions 675 relating to drug permeability and even drug absorption. This also reveals a great interest in 676 personalized medicine: an intestinal biopsy grown in such a system could predict the required 677 dose to be administrated, overcoming a part of the intraindividual variability in drug response. 678 For more information on organ-on-chip models, we refer the reader to the work of Skardal et al.

[91]. To conclude, gut-on-chip microdevices offer a more physiological model than classic staticmodels but are also more complex to set up.

681

#### 682 Concluding remarks

683 Modeling complex processes such as drug absorption is a great challenge. In fact, the more 684 relevant the model the more difficult it is to implement and to validate. The trend of new model 685 development in pharmacology can be divided into two main categories. First, there are the very 686 simple, high-throughput in silico models that can screen the active pharmaceutical ingredient 687 (API) candidates in the early stages of development. Second, there are the more sophisticated in 688 vitro or ex vivo models, which can predict (with a high accuracy) the bioavailability of the API 689 and study the mechanisms of absorption and the impact of biological parameters. In silico models 690 will continue to grow because mathematical processing of data becomes faster every day. 691 Modeling in 3D is now performed routinely and can help design drugs able to reach a higher 692 bioavailability and to diffuse as requested in the organism. However, to take into account the relative impact of many biological parameters on the fate of an API in the human body, 693 694 sophisticated models are necessary. In vivo models are still the only models able to predict active 695 uptake. Nevertheless, for some poorly absorbed API, animal models, formerly used as the gold standard, offer poor predictions of permeability compared with the human Loc-I-Gut<sup>TM</sup>. For *in* 696 697 vitro models, although organs-on-chips are very promising, classical 2D models (cell cultures) 698 will remain the most widely used tools for many years owing to their low cost and ease. 699 Modeling is always a problem of choice. It is impossible to find a model that corresponds 700 perfectly to the reality. In our field of pharmacology and pharmacokinetics the task is even more 701 difficult because reality is versatile and depends on the genetics of the subjects. Modeling, therefore, is choosing what might be taken into account to predict a phenomenon while leaving 702 703 other parameters aside. It is important to keep this in mind while interpreting the results of the 704 experiments and to understand that models only give what they are designed for. By definition, 705 models can give false-positive or false-negative results. As such, it is wise to associate different 706 models to obtain a better prediction of the fate of the API. We are convinced that, in the coming 707 decades, 3D models will be increasingly implemented and will be followed by the rise of highly 708 predictive in silico models.

709

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- 970 Figure 1 Fate of drugs in contact with intestinal wall. (a) Main pathways for drug absorption. (b)
- Main transporters involved in drug absorption. (c) Main enzymatic paths involved during drugabsorption.
- 973 **Figure 2** *In vivo* perfusion: example of the rat.
- 974 Figure 3 Proposal for a controlled microenvironment to measure drug permeability in a gut-on-
- 975 chip platform.
- 976
- 977 Table 1 Comparison of the physiological parameters in different parts of the gut

Region	Average	Absorbing	<b>pH</b> [97]	Residence	Mucus	Bacterial cells
	length (m)	surface		<b>time</b> [97]	thickness (µm)	(cells/ml) [98]

	[96]	area (m <sup>2</sup> )			[98] <sup>a</sup>	
		[96]				
Duodenum	0.25-0.30	0.09	5.7-6.8	~40 min	FAL: 16 ±3	$10^{1}-10^{4}$
					LAL: 154 ±39	Aerobes and
						facultative anaerobes
Jejunum	3	60	6.6–7.0	2–3 h	FAL: 15 ±2	$10^4 - 10^8$
					LAL: 108 ±5	Facultative anaerobes
						and aerobes
Ileum	3	60	7.0–7.3	3–4 h	FAL: 29 ±8	$10^4 - 10^8$
					LAL: 447 ±47	Facultative anaerobes
						and aerobes
Colon	1.5	0.3	5.7 (caecum)	16.6–19.0	FAL: 116 ±51	$10^{10} - 10^{12}$
			to 6.6	h	LAL: 714 ±109	Facultative aerobes to
						strict anaerobic
						bacteria (mainly
						Clostridia)

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996	<sup>a</sup> Study performed in rats.
997	Abbreviations: LAL, loosely adherent layer; FAL, firmly attached layer.
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#### **Table 2 Influx and efflux transporters of the gut**

Nomenclature	Gene	Common	Function	Intestinal	Substrates	Inhibitors
	name	abbreviation		localization		
Organic anions	SLCO1A2	OATP1A2	Uptake of	Apical	Antibiotics, anticancer	Naringin [100]
transporting			bile acids,		drugs, antifungals, $\beta$ -	
polypeptide 1A2			thyroid		blockers, statins	
			hormones			
			and PGE2			
Organic cation	SLC22A1	OCT1	Uptake of	Not clear	Metformin, quinidine,	Clonidine [101
transporter 1			organic		dopamine, choline, PGE2,	
			cations		acyclovir, N1-	
					methylnicotinamide and	
					type 1 cations	
Organic cation	SLC22A3	OCT3	Uptake of	Not clear	Amantadine, atropine,	Quinine
transporter 3			organic		epinephrine, histamine,	
			cations		metformin, norepinephrine	
					and cationic drugs	
Organic	SLC22A4	OCTN1	Uptake of	Apical	Verapamil, pyrilamine,	-
cation/carnitine			organic		oxaliplatin, gabapentin,	
transporter 1			cations		doxorubicin, quinine,	
			and		organic cations and	
			zwitterion		zwitterions	
			s, L-			
			carnitine			

Organic	SLC22A	OCTN	Uptake	Apica	Verapamil, pyrilamine, L	
cation/carnitin	5	2	8fgani	1	carnitine, oxaliplatin,	
e transporter 2			Eation		ipratropium, tiotropium,	
			an		organic cations and	
			d zwitterio		zwitterions	
			р Ş			
Concentrativ	SLC28A	CNT	Uptake	Apica	Nucleotides	
e nucleotide	1	1	əf	1	Nucleotides	
transporter 1			nucleosid		analogs	
			¢1 Na			
Equilibrativ	SLC29A	ENT	+ Uptake/E	Apica	Nucleotides	KF24345, NBM
e nucleotide	1	1	flu of	1	Nucleotides	
transporter			nucleotid		analogs	
1			§			
Equilibrativ	SLC29A	ENT	Uptake/E	Apical/basol	Nucleotides	KF24345, NBM
e nucleotide	2	2	flu of	a teral	Nucleotides	
transporter			nucleotid		analogs	
2			§			
Peptid	SLC15A	PEPT	Uptake	Apica	Di and tripeptides Peptide	Lys[Z(NO2)]
fransporter	1	1	8f an	1	like drugs	Pr [103]
1			tripeptide		Drugs coupled to	4
			۶		amino acids,	AMBA [104]
			$2H^+$		cephalosporins,	Glycylsarcosin
Р	ABCB	MDR1, P	Efflux	Apica	penicillins xenobiotic	Yalspodar
glycoprotein	1	gp	fydropho	1	lanticance <sup>s</sup> drugs	[106]
			ŀc.		Łigoxin,	
			amphipat		)	
			he or			
			cationi			
			molecules			
			steroi			
	l		d	l	1	<u> </u>

			hormones,			
			bile salts			
MDR2/3	ABCB4	PGY3	Efflux of	Apical	Ivermectine, daunorubicin,	-
			phosphatid		digoxin, paclitaxel,	
			ylcholine		vinblastine	
MRP2	ABCC2	cMOAT	Efflux of	Apical	Organic anions,	MK- 1 (specif
			bile salts		glutathione and	group)
					conjugates, anticancer	
					drugs (methotrexate),	
					etoposide, sartans,	
					bromosulfophthalein,	
					nucleotide analogs	
BCRP	ABCG2	BCRP	Efflux of	Apical	Overlap with P-gp	Ko143 [107]
			porphyrins		substrates	
			,			
			flavonoids			
			, estrones			
			and bile			
			acids			
MRP1	ABCC1	MRP1	Transport	basolateral	Antivirals, anticancer	MK571
			of		drugs, quinolones,	
			hydrophob		glucuronide conjugate	
			ic drugs,			
			estrogens			
			and			
			prostaglan			
			dins			
MRP3	ABCC3	MRP3	Transport	Basolateral	Organic anions, anticancer	MK571
			of		drugs, glucuronide	
			glutathion		conjugate	
			e			

			conjugates			
MRP4	ABCC4	MRP4	Nucleotide	Basolateral	Cephalosporins, antivirals	MK571
			s,		anticancer drugs	
			prostaglan			
			dins			
MRP5	ABCC5	MRP5	Cyclic	Basolateral	Statins, antivirals	MK571
			nucleotide		anticancer drugs	
			s, folates			
MRP6	ABCC6	MRP6	Not clear	Basolateral	?	MK571

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#### Table 3 Characteristics of monoculture models

Cells lines		Caco-2/TC-7 [43]	2/4/A1 [47]	IEC-18 [48]	MDCK [108]
Origin		Derived human colon cells	Rat fetal intestinal epithelial cells	Rat fetal intestinal epithelial cells	Dog kidney epithelial cells
Morphologies		Polarized monolayers with tight junction, brush border and apical microvilli	Polarized monolayers with tight junction, brush border and few microvilli	Polarized monolayers with tight junction, brush border and apical microvilli	Polarized monolayers with tight junction, brush border and apical microvilli
Paracellular transport (TEER values)		Underpredicted (higher values of TEER)	Close to <i>in</i> <i>vivo</i> (TEER values close to <i>in vivo</i> )	Close to <i>in</i> <i>vivo</i> (TEER values close to <i>in</i> <i>vivo</i> )	Close to <i>in</i> <i>vivo</i> (TEER values close to <i>in vivo</i> )
Passive transcellular transport	Transport of drug with low permeability	Underpredicted	Close to in vivo	Close to in vivo	Underpredicted but higher than Caco-2 cells

	Transport of drug with high permeability	Close to <i>in vivo</i>	Close to in vivo	Close to in vivo	Close to in vivo
Active transcellular transport	Carrier and efflux transporter (e.g., P-gp, MRP-1, BCRP)	High and variable	Absence	Absence	Low
Culture time		3 weeks	3–4 days	3 weeks	3–4 days

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