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Modulation of GITR for cancer immunotherapy

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Abstract

Modulation of co-inhibitory and co-stimulatory receptors of the immune system has become a promising new approach for immunotherapy of cancer. With the recent FDA approval of CTLA-4 blockade serving as an important proof of principal, many new targets are now being translated into the clinic. Preclinical research has demonstrated that targeting glucocorticoid-induced tumor necrosis factor (TNF) receptor related gene (GITR), a member of TNF receptor superfamily, by agonist antibodies or natural ligand, can serve as an effective anti-tumor therapy. In this review, we will cover this research and the rationale that has led to initiation of two phase 1 clinical trials targeting GITR as a new immunotherapeutic approach for cancer.

Introduction

Although evidence has suggested for well over 100 years that the immune system could detect and eliminate neoplastic growth, immunotherapeutic approaches have only very recently become an option for cancer therapy. Immunotherapy has now reached a new level of application since the first approved immunotherapies (adjuvant IFNa and high dose IL-2 monotherapy) with the recent FDA approval of the CTLA-4 blocking antibody ipilimumab (discussed in this issue by Allison and Sharma). While ipilimumab is the first agent to ever demonstrate improved overall survival in patients with advanced metastatic melanoma, additional options are needed to extend therapeutic benefit beyond the 20-30% of patients who have durable disease control with CTLA-4 blockade. Fortunately, the validation of checkpoint blockade as a viable cancer therapy has added new vigor to the development of additional immunotherapies. Blockade of co-inhibitory checkpoint PD-1 and its ligand (PD-L1, B7-H1) along with agonistic therapies of the co-stimulatory tumor necrosis factor (TNF) receptor family members OX40 and 4-1BB have already demonstrated promise in early phase trials. In this review, we will discuss an additional pathway of immune modulation through activation of glucocorticoid-induced TNF receptor related gene or 'GITR'. This additional target was listed by the National Cancer Institute in 2006 as the 12th most promising immunotherapy for cancer and two phase 1 trials modulating GITR have opened in the past year. Below we will discuss the role of GITR in the immune system along with

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Conflict of interest statement

the evidence of immunotherapeutic potential, which has supported translation of GITR ligation therapy into the clinic.

GITR is a co-stimulatory receptor

GITR was originally discovered by Nocentini et al. as a gene upregulated in dexamethasonetreated murine T cell hybridomas [1]. The human ortholog was subsequently characterized in human lymphocytes and shown to share 55% identity with murine GITR. Although dexamethasone treatment played a role in the discovery of GITR, it was subsequently shown that glucocorticoid treatment has no impact on GITR expression in human cells and is unnecessary in mice [2,3]. GITR has low basal expression on naïve murine CD4+ and CD8 T+ cells, and very low expression on human T cells, similar to TNFR family members 4-1BB and OX40 [4-7]. This is in contrast to murine and human regulatory T cells (Tregs) which constitutively express GITR and to varying degrees OX40 and 4-1BB. Upon activation, naïve T cells and Tregs upregulate GITR 24-72 h after an initial stimulus, with expression lasting several days [8] (Table 1). This delayed expression pattern on effector T cells (Teff) somewhat mirrors 4-1BB and OX40 and suggests that GITR does not play a predominant role in early T cell priming, but rather exerts its effects at later time points [9]. In fact, GITR knockout mice have intact T cell development and display relatively normal priming [10]. Consistent with the ligands of OX40 and 4-1BB, GITR ligand (GITR-L) is expressed at low levels by antigen-presenting cells such as macrophages, dendritic cells (DCs), and B cells and is upregulated upon activation [7,8,11•,12]. GITR-L has also been found on endothelial cells and activated T cells; however, the role GITR-L expression plays on these cells is unclear [13]. Like most TNFR family members, human GITR-L binds GITR in a trimeric fashion while the murine GITR:GITR-L interaction is thought to be dimeric [14,15]. Currently, the significance of the differential ligand binding between human and murine GITR-GITR-L and whether it translates into differential functions of the receptor has not been described.

Multiple studies have shown that GITR can provide a co-stimulatory signal to both CD4+ and CD8+ naïve T cells, enhancing proliferation and effector function, particularly in the setting of suboptimal T cell receptor (TCR) stimulation [5,8,16,17]. Additionally, GITR-/-T cells are more prone to activation-induced cell death (AICD), suggesting that GITR stimulus may protect T cells from AICD. Conversely, in the setting of very strong TCR stimulus, GITR ligation can actually enhance AICD of CD4+ effector T cells [8,16,18].

Signaling downstream of GITR results in the activation of NF- κ B and along with members of the MAPK pathway including p38, JNK and ERK [1,5,19]. The downstream events in turn are believed to enhance T cell survival by upregulating IL-2Ra, IL-2 and IFN γ [5]. Although the three cysteine-rich extracellular domains and cytoplasmic tail of GITR share significant homology with 4-1BB and OX40, recent research has demonstrated that GITR signals through different TNF receptor associate factor (TRAF) proteins [20,21••]. Meticulously reviewed by Snell et al., GITR signals through a trimer consisting of a single TRAF5 and a two TRAF2 proteins [11•]. This was found to contrast with 4-1BB which combines a TRAF1 with two TRAF2s [11•]. How the differential use of TRAF1 and TRAF5 results in the non-redundant roles of GITR and 4-1BB has yet to be determined.

Role in immune activation

The lack of a profound phenotype in GITR–/– mice had for some time confounded the understanding of the physiological role of GITR in the immune system. Recently, research has begun to elucidate its role comparing the immune response to various pathogens. Studies of murine responses to influenza found that GITR–/– mice were able to resist a mild challenge of influenza X31, but succumbed to infection with the more virulent influenza A/

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PR8 [21••]. Even though GITR-/- mice could reject the X31 infection, GITR-/- CD8+ cells displayed reduced expansion and survival compared to wild type CD8+ T cells. Interestingly, lack of GITR did not appear to change the percentage of CD8+ T cells that became IFN γ + [21••]. This finding was similar to a previous one by the same group demonstrating reduced survival of 4-1BB-/- mice challenged with the PR8 strain [22•]. Thus, although GITR and 4-1BB may be similar, they seem to serve non-redundant roles. Both appear to be equally important for enhancing T cell persistence necessary to reject complex immune challenges. Different from CD8-mediated influenza responses, GITR does not play a major role in CD4+ Th2 responses to Helminth infection. While the GITR agonist antibody DTA-1 was able to enhance typical Th2 responses, blockade of the GITR:GITR-L interactions in vivo did not appear to alter Th2 priming [23]. Furthermore, the ability of GITR to enhance Th2 responses was short-lived, whereas Th1 responses remained elevated 60 days after treatment [23]. Studies of several inducible inflammatory disease models have provided additional clues to how GITR stimulus may normally be intercalated during activation of the immune response. GITR-/- mice have less severe phenotypes in models of splanchnic artery occlusion shock, collagen-induced arthritis, bleomycin-induced and carrageenan-induced lung injury, TNBS-induced colitis, and cerulein-induced pancreatitis [24-30]. In these extreme models of inflammatory diseases, GITR-/- mice exhibited decreased levels of proinflammatory cytokines in the affected tissues along with reduced expression of adhesion molecules such as ICAM-1, P-selectin, and E-selectin on the vasculature [25,26,29]. This in turn appears to alter the recruitment of innate immune cells to sites of tissue damage. Taken together, current evidence suggests that GITR may play a role skewing immune responses toward Th1 instead of Th2 (Figure 1).

In addition to T cells, NK cells express high levels of GITR. Studies investigating the roles of GITR, OX40, and 4-1BB on NK cells have shown that engagement of these TNFR members leads to increased cytotoxicity and IFN γ production [31,7,32]. However, a consensus for the role of GITR in NK cells has not been reached. In one study, human NK cells exhibited increased cytotoxicity and cytokine production when cultured with target cells transfected with GITR-L [33]. Conversely another group showed that an anti-human GITR agonist antibody inhibited proliferation and cytokine production in human NK cells [34]. Subsequent research using the same anti-human GITR antibody has confounded the story further, showing that NK cell-mediated lysis of GITR-L expressing human tumor cells was increased [35]. Though the later work was attributed to blocking of GITR–GITR-L ligand interaction by the antibody, it is unclear if this was due to blockade or stimulation of GITR. Further studies are needed to fully determine the role GITR in the NK cell-mediated immune response. It is entirely possible that the GITR–GITR-L interaction has opposite effects on mouse and human NK cells, as has been shown for 4-1BB [36].

Modulation of GITR for tumor immunotherapy

Interest in GITR as a target for cancer immunotherapy developed from reports showing that agonist anti-GITR antibodies (the rat monoclonal DTA-1 and goat polyclonals) could overcome self-tolerance and reverse *in vitro* Treg suppression [37,38]. Originally, both groups attributed this to direct effects on Tregs; however, it was subsequently shown with the use of GITR–/– T cells that GITR ligation worked primarily by making Teffs resistant to Treg suppression [39•].

In collaboration with Shimon Sakaguchi, our group was the first to demonstrate that DTA-1 could be used for immunotherapy in a model of concomitant immunity to B16 melanoma. Unlike other models, secondary B16 tumor challenge tumors cannot be rejected during the early stages of primary tumor growth, unless CD4+CD25+ Tregs are depleted [40,41•]. Consistent with the ability of DTA-1 to interfere with Treg suppression *in vitro*, 100% of

mice treated with DTA-1 (0 and 7 days after primary B16 tumor challenge) rejected the secondary tumor challenge [41•]. We recently expanded on this observation, demonstrating that a single dose of DTA-1 could cure small established B16 tumors when administered 4 days after challenge [42••]. Additionally, the Sakaguchi group independently reported that a single treatment with DTA-1 could cure 8-day established Meth-A sarcomas [43]. The effect of DTA-1 on tumor immunity was long-lived, as mice were resistant to a secondary challenge 70 days later [43]. Therapeutic effects of DTA-1 have also been shown in multiple tumor models including CT26 colon tumors, A20 lymphoma and various vaccine models discussed below [44,45] (Cohen A, unpublished).

GITR can also be modulated through the therapeutic use of GITR-L; however, most evidence in murine models suggests that this approach works best when combined with tumor antigen vaccination and not as monotherapy. Boczkowsk et al. observed that vaccination with DCs expressing melanocyte differentiation antigen TYRP-2 provided only a short delay in tumor growth after B16 tumor challenge. When combined with DCs engineered to secrete either a GITR-L-Fc fusion protein or DTA-1, tumor survival was enhanced to 50% [46••]. Likewise, combining DNA vaccines encoding tumor antigens from the CMS5 sarcoma with DNA encoding GITR-L dramatically delayed tumor growth [47•]. In a similar fashion, DTA-1 improved protection of xenogeneic DNA vaccines against B16 melanoma from 20-40% to 80-100% [48]. DTA-1 can also extend the effectiveness of prophylactic vaccines into therapeutic settings. Treatment with an adenovirus HPV vaccine alone only causes temporary regression of TC-1 tumors, with 90% of tumors reappearing [49]. The addition of DTA-1 8 days following vaccination prevented tumor recurrence [49]. These additive effects have also been demonstrated when DTA-1 was combined with adoptive T cell therapy or CTLA-4 blockade, synergistically enhancing tumor regression of CMS5 fibrosarcoma and CT26 tumors, respectively [43,50•,51]. Pruitt et al. has recently shown that addition of DCs expressing anti-CTLA-4 to their original GITR-L and TYRP-2 expressing DC vaccine further enhanced the efficacy of this approach [52•].

Mechanisms of GITR tumor immunotherapy

The extensive studies on GITR immunotherapy in tumor models have helped develop a model of how GITR modulation enhances anti-tumor immune responses. As might be expected, depletion of CD8+ and CD4+ T cells abrogates or reduces the effects of both GITR-L and DTA-1 on tumor growth in CMS5, CT26, A20 and melanoma tumor models, with NK or NKT depletion having an effect in some models as well [44,47•,53]. Although a role for the humoral anti-tumor response has not been demonstrated, B cells, possibly as APCs, appear critical for the DTA-1-mediated anti-CT26 response [54]. In most cases, GITR ligation results in enhanced effector responses as measured by IFN γ and activation phenotypes [42••,47•]. Additionally, DTA-1 appears to enhance the polyclonality of the tumor antigen-specific response [53,55•]. It is interesting to note that in the setting of vaccination, immunization with concurrent DTA-1 results in reduced responses compared to use of GITR-L [47•]. Our group has observed a detrimental effect on tumor protection if DTA-1 is given together with the first of three xenogeneic melanoma vaccines, instead of being delayed until the second vaccination [48]. Likewise, when administered on the day of tumor challenge, DTA-1 provides only ~30% tumor-free survival with B16 melanoma, compared to 80% when a single dose was administered at day 4 following challenge [42••]. This shows that the method, timing and strength of GITR ligation can dramatically influence the outcome.

The question of whether GITR ligation directly affects Tregs has remained a source of contention. We and others have demonstrated that Tregs isolated from the periphery of mice treated with DTA-1 or GITR-L remain suppressive *ex vivo* [42••,47•]. Instead, antigen-

specific CD8+ T cells treated in vivo with GITR-L were resistant to Treg suppression during subsequent co-culture, without additional ex vivo GITR stimulation [47•]. A recent study also showed that DTA-1-mediated concomitant immunity was maintained in Teff and Treg reconstituted Rag-/- mice even when donor Tregs came from GITR-/- mice, suggesting that DTA-1 exerts its protective effects primarily through modulation of Teff cells [55•]. However, it is evident that GITR, like OX40, can have different effects on intra-tumor and peripheral Tregs [42••,56,57]. Agonist OX40 therapy had been shown to cause loss of intratumor Tregs in combination with chemotherapy, and also to directly alter intra-tumor Treg suppressive function [57,58]. While GITR has not been directly shown to alter *in vivo* Treg suppression in a similar fashion, we have shown that treatment with DTA-1 can cause intratumor Tregs to become unstable and lose expression of Foxp3, which is required for their suppressive ability [42••]. This results in an enhanced intra-tumor Teff:Treg ratio, correlating with therapeutic benefit, similar to what has been reported with OX40 and CTLA-4, [42., 57, 59]. A recent report by Coe et al. has suggested that DTA-1 directly depletes Tregs as part of its mechanism. We believe that the phenotype described may be related to Treg stability, as we have not seen evidence of antibody-mediated depletion in our experiments [42...,60] (Schaer, unpublished). Still, the effect of DTA-1 on Tregs appears to be important. RAG-/- reconstitution experiments in the DTA-1 monotherapy setting, in contrast to the concomitant immunity model, show that optimal treatment of melanoma requires both Teffs and Tregs to express GITR [42...]. Thus, while it is clear in some models that GITR ligation primarily modulates Teffs, there is developing evidence that effects on Tregs, which express GITR constitutively, may also play an important role (Figure 2).

The road ahead; translating GITR immunomodulation to the clinic

In collaboration with Tolerx Inc, we opened a phase I dose escalation trial in melanoma testing the safety of the humanized anti-human GITR mAb, TRX518. TRX518 has been shown to have similar agonist activity on human T cells compared to DTA-1 on murine T cells *in vitro* [61,62]. Duke University has also opened a phase I trial in melanoma patients testing DC vaccines alone or in combination with DCs expressing GITR-L, anti-CTLA-4 or both. Pruitt et al. have recently demonstrated the ability of this approach to enhance the generation of anti-tumor CTLs from human PBMCs *in vitro* to melanoma or breast cancer antigens [52•]. Safety is a primary concern in consideration of experiences with OX-40 and 4-1BB antibodies which have already entered the clinic. The phase I trial of mouse anti-human OX40 completed in 2009 was reported to have low toxicity; however trials of 4-1BB agonist antibodies were put on hold after the occurrence of fatal hepatic adverse events [63,64•]. Although GITR therapy can aggravate mice predisposed to autoimmune diseases including colitis, diabetes and experiential autoimmune encephalitis, when DTA-1 has been used in mice that are not predisposed to autoimmunity, the same effect is not generally seen [17,42••,43,46••,65-67].

Conclusion

Preclinical evidence has demonstrated that signaling through GITR can enhance activation of Teff and modulate the activity of intra-tumor Tregs during immunotherapy. The preservation of peripheral Treg function during GITR agonist therapy may make widespread loss of tolerance and immune related adverse events resulting from *in vivo* GITR ligation less likely. However, differences in both the physical structure (trimer vs. dimer) and the cellular expression pattern between human and murine GITR make it difficult to predict the exact *in vivo* results. In consideration of this and the valuable clinical lessons of 4-1BB agonist antibodies and co-inhibitory blockade of CTLA-4, we have entered the phase 1 GITR trials with heightened vigilance regarding immune-related adverse events. Only

through the current clinical trials together with careful immune monitoring will we learn whether targeting GITR will emerge as a therapeutic option for treating human cancer.

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Figure 1.

Model of GITR function during an immune response. During the initial phase of priming, naïve T cells are activated by interactions between the TCR and MHC molecules, receiving co-stimulation through CD28 binding to either CD80 or CD86. After passing this checkpoint, activated T cells enter secondary rounds of priming and expansion, upregulating GITR 24–72 h after this initial activation. If GITR-L is expressed by DCs, it alters both the quality and the quantity of the ensuing immune response. The net result of which is enhanced inflammatory response, with increased persistence of the antigen-specific T cells.



Figure 2.

Modulating GITR to enhance immunotherapy. Under steady-state conditions, this immune response is insufficient to mediate tumor regression. Teff generated are unable to overcome an inhibitory tumor environment and remain vulnerable to regulatory T cell (Treg)-mediated suppression. Provision of additional GITR stimulus during the secondary stages of priming and expansion, through agonist anti-GITR antibody, soluble GITR ligand or DC vaccines expressing soluble GITR modulates the outcome of both Teff and Treg tumor responses. Teffs demonstrate greater proliferation, effector function, and resistance to suppression, while Tregs show decreased tumor infiltration and stability, with loss of foxp3 expression. This results in augmented intra-tumor Teff:Treg ratio which favors tumor immunity and regression.

Table 1

GITR is expressed on many immune cell types and is often upregulated upon activation.

Cell type	GITR expression	
	Naïve	Activated
Regulatory T cells	High	Very high
T cells (CD4/CD8)	Intermediate	High
NK cells	Intermediate	High
Granulocytes	Intermediate	High
Mast cells	Intermediate	Intermediate
Eosinophils	Intermediate/low	
Basophils	Intermediate/low	
Monocytes/macrophages	Low	Intermediate