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30 Environmental Monitoring and Assessment

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Abstract

Size-related differences in subcellular biomarker responses were assessed in *Dreissena bugensis* mussels inhabiting harbours moderately affected by pollution with complex mixtures of heavy metals and polycyclic aromatic hydrocarbons (PAHs). Adult *D. bugensis* samples were collected from three harbours of Lake Balaton (Hungary) characterized by moderate shipping activity, and as reference site, from a highly protected remote area of the Lake. Biomarkers of exposure (metallothioneins (MT), ethoxyresorufin-o-deethylase (EROD)), oxidative stress (lipid peroxidation (LPO), DNA strand breaks (DNAsb)) and possible endocrine disruption (vitellogenin-like proteins (VTG)) were analyzed in whole tissue homogenates of different size groups of mussels in relation to environmental parameters and priority pollutants (heavy metals and polycyclic aromatic hydrocarbons). Integrated Biomarker Response (IBR) indices were calculated for biomarker responses gained through *in situ* measurements to signalize critical sites, and to better distinguish natural tendencies from biological effects of contaminants. Biomarker responses showed close positive correlation in case of MT, EROD, LPO, DNAsb and negative correlation with VTG levels with mussel shell length in autumn, when higher levels of biomarkers appeared, possibly due to natural lifecycle changes of animals.

Keywords: *Dreissena bugensis*, integrated biomarker response, Biochemical markers, metallothionein-like proteins, ethoxyresorufine-O- deethylase (EROD), DNA damage, lipid peroxidation (LPO)

1. Introduction

Over the last decades the application of biomarker based assessment schemes has gained increasing interest in evaluating the environmental implications of anthropogenic pollution in aquatic ecosystems. These investigations rely on the assessment of a range of biomarkers of exposure and effects in selected bioindicator organisms, and proved to be efficient tools in identifying the pattern and level of contamination and its implications to biota (Astley et al. 1999; Galloway et al. 2002; van der Oost et al. 2003; O'Neill et al. 2004; Contardo-Jara and Wiegand 2008).

A major challenge of the biomarker investigative approach however, is to properly link harmful effects induced by often complex contaminant mixtures to ecological consequences at population- and finally to community level (Cajaraville et al. 2000; Narbonne et al. 2005; Voets et al. 2006; Hagger et al. 2010). The biomarker techniques are further complicated by a range of natural environmental and biological factors and processes (e.g. seasonality, reproductive cycle, body mass, quality of available food etc.) potentially interfering with the effects of contaminants on the biological responses of monitored organisms (Viarengo et al. 1991; Astley et al. 1999; Shaw et al. 2004; Lesser 2006; Faria et al. 2014).

1 Size related differences in bioaccumulation, uptake, elimination and/or leaching of chemical
2 stressors both organic and inorganic have been extensively reported (Mills et al. 1993; Bruner
3 et al. 1994; Gossiaux et al. 1996; Rutzke et al. 2000; Richman and Sommers 2005; Matthews
4 et al. 2015). These data also suggesting, that size-related variability of biochemical markers
5 may also be expected in samples from polluted waterbodies, including Lake Balaton.

6 For *in situ* pollution assessment of freshwater habitats bivalves, including the zebra mussel
7 (*Dreissena polymorpha*) proved to be suitable bioindicator organisms due to their widespread
8 distribution, sedentary and filter-feeding nature and their fairly good tolerance to physico-
9 chemical stresses of both natural and anthropogenic origin (de Lafontaine et al. 2000;
10 Klobucar et al. 2003; Binelli et al. 2006; Châtel et al. 2015). The suitability of *D. polymorpha*
11 for integrated biomarker assessment studies has also been well demonstrated (de Lafontaine et
12 al. 2000; Minier et al. 2006; Contardo-Jara et al. 2009; Faria et al. 2010). The widespread
13 invasion of quagga mussel (*Dreissena bugensis*) in the last decades which shifted their
14 dominance over the formerly established zebra mussel populations (Mills et al. 1996; Bij de
15 Vaate et al. 2014), therefore, the already established biomarker assays should be performed on
16 this new species as well.

17 Based on the wealth of knowledge of previous researches of the field, the main goal of our
18 study was to provide data by the *in situ* assessment on: i. the seasonal variability of selected
19 biomarkers, known to be influenced by reproductive cycle, temperature, food availability and
20 quality. ii. provide data about the natural differences in biomarker levels/responses related to
21 mussel size, revealing effects of the life stage of mussels, which may influence the responses
22 to environmental impacts, including chemical stress. iii. the relevance of impacts exerted by
23 moderate to low level contamination on established *D. bugensis* populations in the littoral
24 zone of Lake Balaton based on the measurement of a set of biomarkers of defence and
25 damage, and the calculation of IBR indexes. By the application of the Integrated Biomarker
26 Response (IBR) approach, seasonal- and site specific biomarker responses are expected to
27 become more highlighted.

28 Seasonality and size dependent variation of biomarkers of defence (metallothionein (MT),
29 ethoxyresorufine-O-deethylase (EROD)), biomarkers of damage (lipid peroxidation (LPO)
30 and DNA damage (DNAsb)) and reproduction (vitellin-like proteins (Vtg)) were examined in
31 *D. bugensis* from three harbours historically known as moderately affected by pollution due to
32 ship traffic, and compared them with data measured in mussels collected from a highly
33 protected remote area. EROD is considered as a specific bioindicator responding to organic
34 contaminants like PAHs and PCBs in fish, nonetheless in case of bivalves it was considered
35 as an ambiguous method to assess exposure to organic compounds (Viarengo et al. 2007).
36 However, EROD activity assessment was included in this study based on evidences of
37 significant induction of CYP-like enzymes and associated mixed function oxidase
38 components in mussels either in *in situ* studies (de Lafontaine et al. 2000; Binelli et al. 2005)
39 and laboratory experiments (Faria et al. 2009; Martin-Diaz et al. 2009; Sapone et al. 2016).

40 Studies applying the Integrated Biomarker Response (IBR) approach with mussels (Damiens
41 et al. 2007, Zorita et al. 2008; Raftopoulou and Dimitriadis 2010; Dabrowska et al. 2013) and
42 fish *L. aurata* and *Cyprinus carpio* (Oliveira et al. 2009; Kim et al. 2010), emphasize the

1 potential use of this index as an integrated view on biological effects of contaminants and
2 signal critical areas. IBR can also be used as an indicator of environmental stress, and as a
3 simple method for the qualitative evaluation of stress degree along contaminated sites (Kim et
4 al. 2010; Raftopoulou and Dimitriadis 2010). In order to better distinguish natural tendencies
5 from anthropogenically sourced stress related effects, integrated biomarker response (IBR)
6 indexes were calculated for biomarker responses gained through *in situ* measurements.

7 8 **2. Materials and Methods**

9 10 *2.1. Site selection and sampling*

11
12 Three harbours were selected as sampling sites for the biomarkers assessment of established
13 *Dreissena bugensis* populations, and as negative reference a highly protected littoral zone of
14 the Lake. These sites were chosen on the basis of previously published contamination data of
15 the bottom sediments (Hlavay and Polyák 2002; Bodnár et al. 2005; Nguyen et al. 2005; Ács
16 et al. 2015). The above investigations have revealed a moderate pollution within- and in the
17 close vicinity of harbor areas by heavy metals and polycyclic aromatic hydrocarbons
18 predominantly resulting from the local shipping activities (Ács et al. 2015, Table 1, Figure 1).
19 By sediment quality criteria (McDonald et al. 2000) none of the investigated contaminants
20 exceeded the threshold effect concentration (TEC), but a distinct enrichment of contaminants
21 was still observed in the harbours sediments compared to the sediments from remote
22 (protected from any vehicle transport) or open areas.

23 The harbours around Lake Balaton are characterized by relatively shallow water with depths
24 varying between 1.0 – 3.5 m. The harbours have wide openings enabling an intense water
25 exchange, and the water level fluctuations are relatively small, no significant differences can
26 be recorded in temperature, dissolved oxygen, salinity, pH and total dissolved solids
27 compared to the values found in other, open areas (Tátrai et al. 2008; Szabó et al. 2011).
28 Consequently, our selected sampling sites were also characterized by relatively low variations
29 in basic environmental parameters as median summer temperatures (19 – 22 °C), pH (8.5 –
30 8.6), salinity (280 – 450 mg L⁻¹), dissolved oxygen (around 10 mg L⁻¹), conductivity (600 –
31 700 µS cm⁻¹), redox potential (400 – 600 mV).

32 Specimens of *Dreissena* sp. were collected and the biomarker measurements performed in
33 June and October 2014, considered as the beginning and the end of the main spawning period
34 of mussels. Recently, the littoral zone of the lake is predominantly populated by *Dreissena*
35 *bugensis*, with significantly lower incidence (10 – 30%) of *Dreissena polymorpha*.

36 Mussels were sampled randomly at mid shore level from each area. Overall, three groups of
37 mussels tied on rocks with an approximate plane surface area of 20 – 50 cm² were
38 photographed per site (distance between replicates was ca. 10 – 15 m) in the presence of a
39 ruler, of which one randomly selected group was separated from the substrate by byssus
40 excision and used for biomarker analysis (approx. 400 - 600 individuals). The mussels
41 transported to laboratory in containers filled with lake water from the same site were cleaned

1 of shell debris, then kept overnight in aerated filtered lake water in 200 L flow-through
2 system aquaria allowing to flush their sediment and gut contents.

3 Specimens of *D. bugensis* were identified by the morphological characteristics described by
4 May and Marsden (1992) and Claudi and Mackie (1994). Within 24 hours after collection,
5 live mussels were separated into four size groups based on their relative shell length (11 – 13
6 mm, 14 – 16 mm; 17 – 19 mm; 20 – 22 mm; referred later as 12, 15, 18, 21 mm size category
7 respectively). Ten to twenty individuals in each size category were blotted dry and then
8 weighed to obtain whole wet weight. For each individual the length (maximum anterior-
9 posterior axis) to the nearest 0.1 mm was measured using Vernier callipers. Then mussels
10 were immediately frozen and stored at -80 °C until biomarker analyses were performed on
11 whole tissue homogenates of 10 – 20 pooled individuals.

12 13 *2.2. Tissue preparation*

14
15 Whole soft tissues for biochemical measurements were homogenized on ice in a general
16 buffer (25 mM HEPES-NaOH, 130 mM NaCl, 1 mM EDTA, 1 mM dithiothreitol, pH 7.4) at a
17 weight to volume ratio of 1:5. Subsamples of homogenate were frozen at -80 °C for analysis
18 of DNA damage (DNA), lipid peroxidation (LPO) and total protein content. The remaining
19 homogenate was centrifuged at 12,000 g for 10 min at 4 °C, and aliquots of the supernatant
20 (S12) were frozen at -80 °C for evaluation of metallothioneins (MT), ethoxyresorufine-O-
21 deethylase (EROD), vitellin like proteins (Vn) and total protein content. The values of each
22 biomarker were normalized against the protein content of either the homogenate or
23 supernatant (S12) determined according to Bradford (1976).

24 25 *2.3. Metallothionein-like proteins*

26
27 Metallothionein like proteins (MT) were quantified by partial purification of MTs according
28 to Viarengo et al. (1997), followed by the reaction of the MT-containing fraction with the
29 Ellman's reagent and spectrophotometrical quantification using reduced glutathione as
30 standard. Blanks of re-suspension buffer and standards of glutathione (GSH, Sigma-Aldrich)
31 were included in each run. The results were expressed as nMol metallothionein mg⁻¹ of
32 protein.

33 34 *2.4. EROD activity*

35
36 EROD activity was determined by means of the method of Burke and Mayer (1974). The
37 method is based on determining the efficiency of a given biological sample to hydrolyze the
38 ethoxyresorufin substrate to its fluorescent product resorufin (Grzebyk and Galgani, 1991).
39 Calibration was performed with serial dilutions of 7-hydroxyresorufin (Sigma-Aldrich).
40 Results were expressed as pmol min⁻¹ mg⁻¹ protein.

41 42 *2.5. Lipid peroxidation*

43

1 Lipid peroxidation was determined by quantifying the levels of malondialdehyde (MDA) in
2 tissue homogenates by the thiobarbituric acid method (Wills, 1987). Since malondialdehyde is
3 a degradation product of peroxidised lipids, levels of MDA serves as an index for determining
4 the extent of lipid peroxidation from the breakdown of polyunsaturated fatty acids.
5 Calibration was performed with serial dilutions of tetramethoxypropane (Sigma-Aldrich), and
6 results were expressed as $\mu\text{mol TBARS mg}^{-1}$ protein.

7 8 *2.6. DNA damage (strand breaks)*

9
10 DNA damage was determined by the alkaline precipitation assay developed by Olive (1988).
11 The assay is based on the alkaline precipitation of protein-linked genomic DNA leaving
12 protein-free DNA strand breaks in the supernatant (Bester et al., 1994). The number of DNA
13 strand breaks results from the DNA repair of DNA adducts and alkali-labile sites. The results
14 were expressed as μg of DNA mg^{-1} protein. Calibration was performed with salmon sperm
15 DNA (Sigma-Aldrich).

16 17 *2.7. Vitellogenin-like proteins*

18
19 Vitellogenin-like proteins (Vn) were determined by the indirect alkali-labile phosphate (ALP)
20 technique developed by Blaise et al. (1999). This assay is based on the determination of labile
21 phosphates released by vitellin-like proteins after hydrolysis with alkali. Rainbow trout
22 vitellogenin was used as positive control and samples substituted with NaOH were used as
23 blanks. Vn levels were expressed as μmoles of ALP mg^{-1} protein.

24 25 *2.8. Integrated biomarker response (IBR) index calculation*

26
27 The integrated biomarker response (IBR) was computed for each mussel size group from each
28 sampling site according to the method of Beliaeff and Burgeot (2002) with modification by
29 Broeg and Lehtonen (2006) to evaluate the overall mussel status. Briefly, calculation of the
30 mean and standard deviation for each biomarker and each group, was followed by
31 standardization of data for each sampling site so that the variance = 1 and the mean = 0. This
32 was achieved by calculating a standardized value of biomarker using a formula of $x_i' = (x_i -$
33 $x)/s$, where x_i = standardized value of the biomarker; x_i' = mean value of a biomarker from
34 each group, x = mean value of the biomarker for all groups, s = standard deviation for the
35 station-specific values of each biomarker. Biomarker scores (B_i) were then calculated by
36 summing the standardized value obtained for each group and the absolute minimum value in
37 the data set ($B_i = x_i' + |x'_{\min}|$). The calculation of the star plot areas was performed then by
38 multiplying the scores of each biomarker (B_i) with the score of the next biomarker ($B_i + 1$)
39 and dividing each calculation by 2. Finally, the IBR index was calculated by summing of all
40 star plot areas $\{(B_1 \times B_2)/2\} + \{(B_2 \times B_3)/2\} + \dots + \{(B_{n-1} \times B_n)/2\}$. This sum was divided by the
41 number of biomarkers measured to yield a normalized IBR (Broeg and Lehtonen 2006).

42 43 *2.9. Statistical analysis*

1 Four groups of 10 – 20 mussels each (depending on size) were analysed at each site and
2 subjected to biomarker analysis ($n = 4$). Data are expressed as site means per size class with
3 standard deviations (mean \pm SD). Data were tested for normality and variance using
4 Kolmogorov-Smirnov and Levene's tests, respectively. Data that passed these tests were
5 analysed via parametric analysis. Data that failed normality and/or variance assumptions were
6 analysed using non-parametric statistics. A two-way ANOVA with mussel size (shell length)
7 and season as the two factors were performed to assess their individual and interactive
8 influence on the biomarker datasets. The results of this analysis are summarized in the
9 Supplementary Material. The significance of differences in biomarkers was assessed by
10 pairwise multiple comparisons performed using the Tukey or Dunn's tests. Relationships
11 between endpoints and mussel shell length were examined using regression analysis. The
12 level of significance was set at $p \leq 0.05$. The effect of site contamination on biomarker
13 datasets was investigated for the two seasons individually by two-way ANOVA with mussel
14 size and site contamination (expressed by either Σ Me or Σ PAHs concentrations in the
15 sediments) as the two factors. The significance of site related differences in parametric
16 biomarkers was assessed by pairwise multiple comparisons performed using the Tukey or
17 Dunn's tests. For biomarker data where no significant correlations related to size were found,
18 site specific differences were assessed by the Mann-Whitney U -test, at a significance level of
19 $p \leq 0.01$. Analyses and graphical plotting were conducted using Origin Pro 9.0 software.

20

21 3. Results

22

23 In the whole soft tissue homogenates of mussels collected in June 2014, insignificant spatial
24 variability in biomarker levels was evidenced moreover, insignificant size related differences
25 were detectable (Table 2). By October a relevant increase for each biomarker endpoint was
26 observed, with significantly higher elevation in the mussels inhabiting the harbours.

27 Regarding the two biomarkers of defence (MT and EROD), significant positive correlation
28 with the size of mussels was evident at each sampling location ($p < 0.001$; Table 2). Overall,
29 the level of metallothionein like proteins and EROD activity were 2.5 – 3-, and 1.5 higher
30 respectively, than the means recorded in mussels from the pristine site (Figure 2). In the
31 mussels populating the reference site, significant rise was recorded only for metallothioneins
32 by October (Table 2).

33 For the biomarkers of damage (LPO, DNAsb, VTG) at the beginning of the shipping season
34 in June insignificant spatial- or size related variability could be observed in the mussel
35 populations investigated. By autumn in turn, an overall high elevation was observed for the
36 content in VTG-like proteins in mussels. This rise in VTG concentration was observed at each
37 sampling location, and revealed a strong negative correlation with the size of mussels
38 ($p < 0.001$; Table 2, Figure 3). Rise in the VTG content of mussels was distinctly higher for the
39 individuals collected from harbour areas (10 – 25 fold increase). Additionally by autumn, in
40 the mussels inhabiting harbor sites significant rise in LPO (1.5 – 3 fold increase) and DNA
41 damage was also observed. For both LPO and DNAsb in general significant positive
42 correlation with size was evidenced ($p < 0.001$; Table 2, Figure 3) except for DNAsb in the
43 mussel population inhabiting the H₁ harbor, where this endpoint showed a strong negative
44 correlation with the size of mussels ($p < 0.001$; Table 2, Figure 3).

1 Biomarker scores and IBR indices computed for each mussel size class per site and season
2 revealed low spatial variability in mussels in June (Table 3). Differences in the constitutive
3 levels of biomarkers were apparent for the mussels inhabiting the H3 harbour area for the
4 smallest size group (12 mm), characterized by increased EROD and LPO activity. By
5 October, an elevation of biomarker levels are recognisable, with significantly higher intensity
6 in mussels inhabiting harbour areas, also suggesting site specific effects. In case of R and H1
7 October values, the most powerful effects are apparent for the smallest size groups (15 and 12
8 mm respectively) characterized by increased levels of VTG and DNA. In case of H2 harbour
9 site, pronounced elevation of biomarkers by October were evidenced for the largest size
10 groups (18 and 15 mm), and biomarker scores for these size sets are very similar. The three
11 different size groups of mussels show a very different biomarker pattern in case of H3, also
12 size related differences and biomarker level changes are not so pronounced like in case of
13 other harbour sites.

14 By October the IBR values tended to increase compared to values computed for June. IBR
15 values showed no considerable seasonal difference in case of remote site. Given that the IBR
16 is an indicator of environmental stress, elevated IBR values for harbour sites, and low values
17 with no seasonal change in case of remote area confirm the higher level of pollutant load in
18 harbour sites. Size related change of IBR values seemed also to be present: IBR values for H1
19 site suggest a negative correlation with mussel size. IBR values computed for H3 site suggest
20 only very weak seasonality, since values are in closely similar magnitude for both seasons, in
21 contrast to other harbour sites, where IBR values show two and three orders of magnitude
22 increase.

23

24 4. Discussion

25 *Seasonal variation in stress marker values* of mussels have often been related to changes in
26 food availability and quality, changes of ambient temperature (Leiniö and Lehtonen 2005;
27 Bocchetti and Regoli 2006; Rank et al. 2007; Ochoa et al. 2012; Nahrgang et al. 2013). More
28 recently, Faria et al. (2014) suggested reproductive cycle as the major factor affecting
29 variation of biomarker values in *D. polymorpha*. Several studies are reporting peaking of
30 antioxidant defence system activities in Dreissenid species in late winter, when gonads are in
31 early spawning stage (Faria et al. 2010; Palais et al. 2012; Parolini et al. 2013), and reach their
32 minimum levels in summer. Levels of lipid content, the putative substrate of lipid
33 peroxidation, are reported to increase later from March and peak in June, in most cases in
34 parallel to LPO values. Seasonal changes in DNA replications (and thus DNA damage/strand
35 breaks), and VTG values can also be associated to lifecycle changes of mussels. Since the
36 method of measuring DNA strand breaks measures the abundance of single DNA strands, it is
37 also a measure of DNA replication and transcription (Faria et al. 2010). VTG-like proteins are
38 precursors of vitellin synthesis in vertebrates and in some invertebrates also, including bivalve
39 molluscs (Pipe 1987; Suzuki et al. 1992). Thus, besides indicating exposures to substances
40 perturbing endocrine functions, or causing DNA damage, elevation in DNAsb is also
41 influenced by the reproductive cycle of mussels. MTs are regarded as specific bioindicators
42 responding to trace metals however, previous studies pointed out that MTs play a role also in

1 heavy metal cation homeostasis, ROS scavenging activity and are found to be induced also by
2 organic aromatic compounds (Sato and Bremner 1993; Viarengo and Nott 1993; Viarengo et
3 al. 1999). Moreover, during gametogenesis increased MT levels in molluscs have been
4 detected, irrespective of temperature regime (usually elevated temperature in the warm
5 season) or ambient metal bioavailability (Raspor et al. 2004; Geffard et al. 2005; Bochetti et
6 al. 2008). Seasonal variability of EROD activity has been reported also, being high in autumn,
7 and declining during gametogenesis (Kirchin et al. 1992; Sheehan and Power 1999).

8 Our results demonstrated distinct alterations by October (versus conditions in June) in both
9 the biomarkers of damage (LPO, DNAsb and VTG) and in the biomarkers of defence (MT
10 and EROD) for *D. bugensis* inhabiting harbour areas. In mussels inhabiting the pristine site
11 distinct rise was evident only for metallothionein- and vitellogenin like proteins. In interpreting
12 the seasonal variations of biomarkers in the mussels from the pristine area we have based first
13 on the fact that exposure to ubiquitous anthropogenic contaminants as metals and polycyclic
14 aromatic hydrocarbons generally induce ROS production and may overwhelm the antioxidant
15 capacity or decrease the function of the antioxidant defence system. Both mechanisms may
16 lead to excessive ROS formation and oxidative damage to DNA, proteins and lipids
17 (Livingstone 2001). This cascade of toxic effects was reported in both field surveys and
18 laboratory exposures when moderate pollution pressure by metals and PAHs triggered the
19 elevation of metallothioneins content and EROD activity in aquatic invertebrates and fish.
20 Such induction of the antioxidant system was accompanied also by alterations in DNA
21 damage and lipid peroxidation (La Fontaine et al. 2000; Gagné et al. 2012; Gagné et al. 2015).
22 As in the mussels inhabiting the pristine area just moderate elevation in DNAsb with
23 unaltered LPO status were observed by autumn. We therefore hypothesize that the rise in MT
24 and VTG levels were most probably related to the higher metabolic rate during the summer
25 season and also reflects the progression of gametogenesis. The incidence of anthropogenic
26 pressure in the pristine area is very unlikely, as the site is located at reasonably high distance
27 by any populated settlement, within a highly protected natural reserve area. The low
28 anthropogenic influence of the pristine area was demonstrated by the low metal and PAH
29 concentrations sequestered in the bottom sediments reported previously (Ács et al. 2015).

30 Biomarker scores and IBR values computed for sampling sites mirror the different feature of
31 habitats: In June, the set of biomarker scores and IBR values computed for mussels from
32 remote site differs only slightly from the characteristics recorded in October, suggesting
33 virtually unaltered status in environmental stress. Biomarker scores draw a very different
34 picture of harbour areas regarding their seasonal fluctuations and environmental impacts. The
35 pattern of biomarker scores in June are very similar to that established for the remote site,
36 only in mussels from harbour H3 slightly elevated LPO and EROD level were observed. By
37 October, however, a remarkable increase of biomarker values is obvious for all mussels
38 inhabiting harbour areas, although in site H3 this increase less remarkable compared to H1
39 and H2 harbours.

40 *Size related differences in biomarker responses* of Dreissenid mussels, to our best knowledge,
41 were not investigated until now, although some marine and freshwater mussels such
42 phenomenon were described before, but the size-dependent responses of mussel species are
43 much less investigated, than for example in case of fish (Lau and Wong 2003). Size reflects

1 the life stage of an organism, which may influence the responses to environmental impacts,
2 including chemical stress. While size effects can be easily minimized or eliminated in
3 laboratory studies, this may not be the case in field studies employing organisms for
4 monitoring purposes. Thus, size is always a factor to be addressed in case of field sampling.
5 Most biomonitoring studies employing field-collected Dreissenid mussels are aware of the
6 size factor reporting size ranges with 1 to 5 mm precision of the mean shell length of the
7 animals applied (de Lafontaine et al. 2000; Binelli et al. 2006, 2010; Faria et al. 2010, 2014).
8 The mean shell length range, however varied on a relatively wide scale from app. 10 mm to
9 30 mm, in different studies, mostly depending on the available animal sizes, and not on a pre-
10 desired size range deliberately set out. As a consequence, it is hard to make a direct
11 comparison of the results obtained in different studies.

12 In the present study, the biomarker responses of different size ranges were normalized to
13 protein concentrations of the sample, and graphical presentations suggested correlation with
14 shell length. However, for spring samples statistics did not confirmed correlation of
15 biomarker responses with animal size. In contrast, the samples collected in autumn showed a
16 rather unified picture of size-dependent biomarker responses: all values strongly correlated
17 with shell length of the mussels, with a correlation factor around or above 0.9 in absolute
18 values. MT, EROD, LPO, DNA assays displayed positive correlation, and VTG values
19 decreased with growing shell length. The only exception was the level of DNA strand breaks
20 for mussels from site H1 in October, which showed a negative correlation to animal size. Sets
21 of biomarker scores of different size groups of *D. bugensis* showed a very toned picture for
22 the mussel samples collected in October: in case of H1 site environmental stress seemed to
23 affect more the smaller mussel groups and the disturbing effects appeared to be reduced with
24 growing shell length. The opposite of this apparent correlation is shown in mussels from
25 harbour H2, where larger mussels seem to be more affected by environmental effects. In
26 addition, size dependent variation also appears to relate to gametogenesis and spawning stage
27 of mussels, as reported previously by Faria et al. (2014).

28 Taking into account local characteristics of the sampling sites, due to relatively low variations
29 of basic environmental parameters (Tátrai et al. 2008; Szabó et al. 2011), the selected sites
30 may differ only in the contamination status mainly deriving from the temporal ship traffic
31 present from spring to late autumn. The sampling areas, according to previous sediment
32 quality studies, are slightly polluted by metals and PAHs as none of the investigated
33 contaminants exceeded the threshold effect concentration (TEC) below which no biological
34 effect can be expected. Size dependent results could also be attributed to size related
35 differences in metabolic-, uptake-, and loss rates of contaminants. Larger individuals may
36 compensate for higher metabolic demands by increasing their respiration rates, thereby
37 increasing their exposure to waterborne contaminants (Bruner et al. 1994). This may cause
38 additional energetic stress to larger individuals resulting the higher impact of the chemical
39 stress, compared to smaller exemplars. In literature, positive correlation with the size/age of
40 mussels was recently reported by Izagirre et al. (2014) for several stress biomarkers in *Mytilus*
41 *galloprovincialis*. In interpreting these results we have to count also with the specific
42 depuration rates of contaminants that for ex. for metals as cadmium and mercury are
43 particularly low (Merian ed., 1991). This implies that larger/older mussels even at relatively

1 low pollution pressure are more affected by chemical stress than smaller individuals.
2 Additionally, at relatively low concentration of pollutants the higher growth dilution
3 characteristic for younger individuals may partially reduce the accumulation rates of
4 pollutants as reported by Richman and Somers (2005).

5 Biomarker responses of *D. bugensis* samples obtained from the slightly polluted habitats of
6 Lake Balaton showed strong seasonality and size-dependent correlation in October,
7 coinciding with the end of the shipping season. These site and season-related differences in
8 biomarker values were properly demonstrated by the IBR indices, and facilitated the
9 comparison of biomarker changes between different mussel colonies. The alteration patterns
10 of biomarkers in mussels by October may also suggest different short-term environmental
11 stress routes, and/or natural change of biomarker levels. Therefore, in order to properly reveal
12 environmental stress related alteration in biomarker responses and to eliminate natural size-,
13 and seasonal variations, our results also suggest further studies after the main spawning
14 season and/or before the very start of gametogenesis.

15

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17

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21

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1 **Figure legends**

2 **Fig. 1** Localization of sampling sites along Lake Balaton (R= reference site; H1, H2, H3= harbour sites)

3 **Fig. 2** Responses of biomarker of defence (a= metallothionein-like proteins (MT); b= ethoxyresorufin-O-
4 deethylase (EROD)) recorded in whole tissue homogenates of *Dreissena bugensis* inhabiting the four study sites
5 (R = pristine area, H1-3 = harbours). Empty symbols represent the median and standard error of data recorded in
6 June, solid filled symbols represent the median and standard error of data recorded in October. Dashed lines
7 reveal significant correlation patterns within data sets. For each set of data normality and homogeneity of
8 variances were met (Shapiro-Wilk, Levene's test, $p < 0.05$)
9

10 **Fig. 3** Responses of biomarkers of damage (a= vitellogenin-like proteins (VTG); b= DNA strand breaks
11 (DNAsb); c= lipid peroxidation (LPO)) recorded in whole tissue homogenates of *Dreissena bugensis* mussels
12 inhabiting the four study sites (R = pristine area, H1-3 = harbours). Empty symbols represent the median and
13 standard error of data recorded in June, solid filled symbols represent the median and standard error of data
14 recorded in October. Dashed lines highlight significant correlations between variables. For each set of data
15 normality and homogeneity of variances were met (Shapiro-Wilk, Levene's test, $p < 0.05$).