

Associations between autoantibodies against apolipoprotein B-100 peptides and vascular complications in patients with type 2 diabetes

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Abstract

Aims/hypothesis Oxidation of LDL in the arterial extracellular matrix is a key event in the development of atherosclerosis and autoantibodies against oxidised LDL antigens reflect disease severity and the risk of developing acute cardiovascular events. Since type 2 diabetes is associated with increased oxidative stress, we tested the hypothesis that autoantibodies against oxidised LDL antigens are biomarkers for vascular complications in diabetes. **Methods** We studied 497 patients with type 2 diabetes without clinical signs of coronary heart disease. Oxidised LDL autoantibodies were determined by ELISA detecting IgG and IgM specific for native and malondialdehyde (MDA)-modified apolipoprotein B-100 peptides p45 and p210. The severity of coronary disease was assessed as the coronary artery calcium score.

Results Patients affected by retinopathy had significantly higher levels of IgG against MDA-p45 and MDA-p210. In contrast, high levels of autoantibodies against the

corresponding native peptides were associated with less coronary calcification and a lower risk of progression of coronary disease.

Conclusions/interpretation Our observations suggest that LDL oxidation is involved in the pathogenesis of diabetic retinopathy and that autoantibodies against apolipoprotein B peptides may act as biomarkers for both micro- and macrovascular complications in diabetes.

Keywords Antibodies · Low-density lipoprotein · Oxidation · Peripheral neuropathy · Retinopathy

Abbreviations

Apo	Apolipoprotein
CAC	Coronary artery calcium
CRP	C-reactive protein
MDA	Malondialdehyde
MPS	Myocardial perfusion scintigraphy
IMT	Intima–media thickness

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Introduction

The role of immune responses against modified self-antigens in atherosclerosis has attracted increasing attention during recent years [1, 2]. Hypercholesterolaemic mice deficient in components of the innate [3, 4] and adaptive [5–8] immune systems are generally characterised by decreased plaque formation, suggesting that immune responses against self-antigens modified by hypercholesterolaemia are pro-atherogenic. Oxidised LDL is considered the most important self-antigen generated by hypercholesterolaemia and autoantibodies against oxidised LDL are abundant in both hypercholesterolaemic animals and in humans [9–11]. However, unexpected findings of decreased atherosclerosis development in hypercholesterolaemic animals immunised with oxidised LDL have demonstrated that atheroprotective immune responses also exist [12–16]. Collectively, these studies imply that the initiation and progression of atherosclerosis is modulated by the balance between protective and pro-atherogenic immunity [17].

The immunogenic properties of oxidised LDL depend on the formation of oxidised phospholipids, fragmentation of the LDL protein apolipoprotein (Apo) B-100 and the aldehyde modification of these Apo B fragments [10, 18]. We have previously identified several native and aldehyde-modified ApoB peptide sequences that are targeted by autoimmune responses in humans [19]. Immune responses against the ApoB amino acids 661–680 (p45) and 3136–3155 (p210) have been found to be of particular importance and pilot vaccines based on these peptides significantly inhibit the development of atherosclerosis in experimental animals [20, 21]. People with high levels of IgG against the native forms of p45 [22] and p210 [23] have a lower risk of development of acute myocardial infarction, whereas high levels of IgM against aldehyde-modified p45 and p210 are associated with more advanced carotid atherosclerosis [19, 24]. An inverse relation between IgG against native p210 and the severity of coronary atherosclerosis has also been reported recently [23].

Type 2 diabetes is associated with both increased vascular oxidative stress and the presence of LDL with increased susceptibility to oxidation [25]. However, the possible relations between autoimmune responses to modified self-antigens in oxidised LDL and vascular disease in diabetes remain largely unexplored. The aim of the present study was to determine whether there is an association between autoantibodies against the ApoB antigens p45 and p210 and vascular complications in patients with type 2 diabetes.

Methods

Patients The participants in the present analysis were derived from a cohort of type 2 diabetic patients without

history or symptoms of coronary heart disease who were participating in a study of the ability of coronary calcium score to predict silent myocardial ischaemia and short-term cardiovascular events [26]. Patient recruitment, inclusion and exclusion criteria have been reported previously [26]. The study patients were prospectively recruited from four diabetes clinics in secondary care. The study was approved by the local research ethics committees of participating institutions and the Administration of Radioactive Substances Advisory Committee and all participants gave informed consent. A total of 510 individuals were prospectively enrolled in the study. Symptoms of peripheral neuropathy were recorded and sensation (using a 10 g monofilament) and knee and ankle reflexes were assessed. Retinopathy was assessed by annual retinal examination according to national guidelines [27]. Fasting blood and urine samples were obtained for DCCT-aligned HbA_{1c}, lipid profile, urea, creatinine and the urine albumin/creatinine ratio. Microalbuminuria was defined as a urine albumin/creatinine ratio >2.5 mg/mmol for men and >3.5 mg/mmol for women.

Coronary calcium imaging and myocardial perfusion scintigraphy The protocol for coronary artery calcium (CAC) imaging and myocardial perfusion scintigraphy (MPS) have been described previously [28]. In the present study CAC scores were classified into two categories: low to moderate coronary calcification (≤ 400 Agatston units) and severe to extensive (> 400 Agatston units) [28, 29]. MPS was performed according to a 2 day stress–rest ^{99m}Tc -sestamibi protocol using symptom-limited treadmill exercise.

ELISA against the malondialdehyde-modified ApoB-100 peptide Polypeptide corresponding to the amino acids 661–680 in human ApoB-100 (p45; IEIGLEGKGFPEPTLEALFGK) and the 3136–3155 amino acid sequence of human ApoB-100 (p210; KTTKQSFDSLVAQYKK NKH) were synthesised (KJ Ross Petersen, Horsholm, Denmark) and modified by 0.5 mol/l malondialdehyde (MDA) for 3 h at 37°C. They were subsequently used in ELISAs for the determination of peptide-specific antibodies, as described previously [19].

Statistical analysis Differences regarding baseline characteristics were tested with the *t* and χ^2 tests, as applicable. Skewed variables were log-transformed before statistical tests. Student's *t* test was used to test for the significance of differences between group means. Spearman correlation coefficients were used to examine relationships among continuous variables. A logistic regression model was used to determine independent associations of various risk factors with retinopathy, peripheral neuropathy and coro-

nary calcification. A p value of <0.05 was considered significant.

Results

The patients included in the present analysis were recruited from a cohort of patients with type 2 diabetes participating in a study of the ability of coronary calcium score to predict silent myocardial ischaemia and short-term cardiovascular events [26]. Of the original 510 individuals enrolled, 13 were excluded from the present study because plasma samples were no longer available. Of the remaining 497 diabetic patients, 114 (22.9%) had retinopathy, 90 (18.1%) had peripheral neuropathy and 71 (14.4%) had microalbuminuria. Since patients with clinically manifest coronary artery disease, cerebrovascular disease or peripheral artery disease were excluded from the initial study, we used coronary calcium scores and ischaemia as assessed by myocardial perfusion scintigraphy as surrogate markers for diabetic macrovascular complications. The clinical characteristics of the study cohort have been published previously [26, 30].

Autoantibodies against native and MDA-modified ApoB peptides p45 and p210 were detected by custom-made ELISAs. The highest antibody levels were found against the p210 peptide. Antibody levels against MDA-modified peptides were generally higher than against the corresponding native peptide. This was particularly evident for p210, for which both IgG and IgM levels were threefold higher for the MDA peptide (Fig. 1).

Autoantibodies against ApoB peptides and microvascular complications Patients with retinopathy had significantly higher levels of IgG against MDA-p45 and MDA-p210 than patients without retinopathy (Fig. 2). They also had significantly higher levels of IgG against native p210 and a

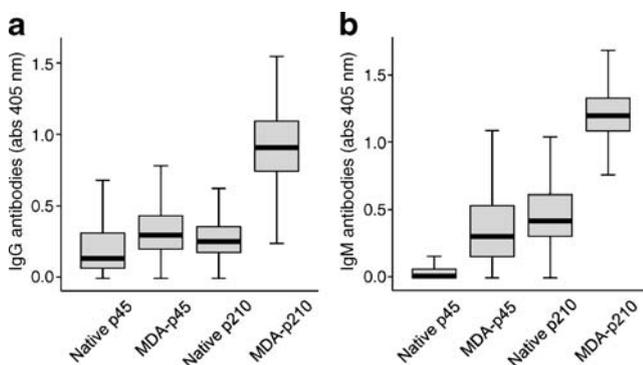


Fig. 1 Box plots showing plasma levels (absorbance [abs] units measured at 405 nm) of **a** IgG and **b** IgM against native and MDA-modified ApoB peptides p45 and p210 in the study cohort

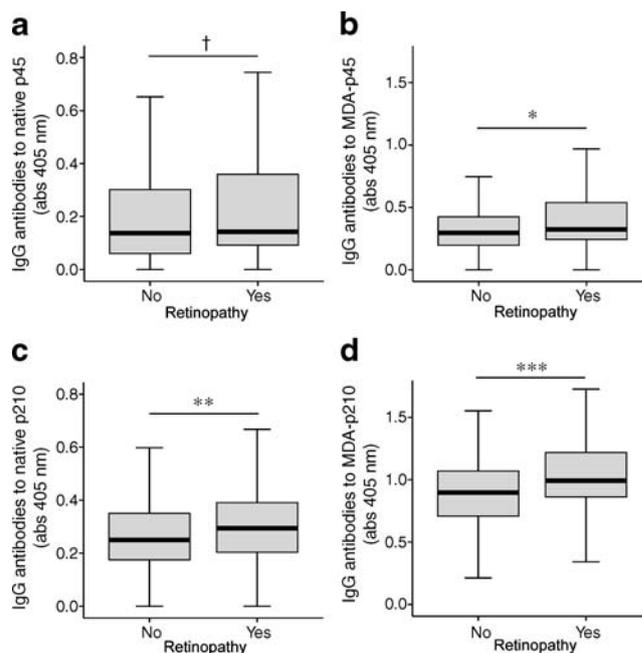


Fig. 2 Box plots showing plasma levels of IgG (absorbance [abs] units measured at 405 nm) against **a** native p45, **b** MDA-p45, **c** native p210 and **d** MDA-p210 in diabetic individuals with and without retinopathy. † $p<0.1$, * $p<0.05$, ** $p<0.01$, *** $p<0.001$

similar trend could be observed for IgG against native p45 (Fig. 2). There were no differences in p45 or p210 IgM levels between patients with and without retinopathy (data not shown). Compared with patients without retinopathy, patients who had developed retinopathy were older, had a longer duration of diabetes, increased HbA_{1c}, had a moderately elevated HDL-cholesterol level and were more frequently on insulin treatment (Table 1). When all of these variables were entered into a logistic regression model, MDA-p210 IgG (β coefficient 1.98, $p<0.001$), age (β coefficient 0.04, $p=0.005$), duration of diabetes (β coefficient 0.06, $p=0.001$) and HbA_{1c} level (β coefficient 0.22, $p=0.001$) remained as independent predictors of the presence of retinopathy. To further control for the possible influence of the duration of diabetes we restricted the analysis to subjects with duration of disease less than 10 years ($n=333$). Increased levels of MDA-p210 IgG were found in patients with retinopathy ($n=53$) also in this subgroup (1.05 ± 0.24 vs 0.89 ± 0.26 absorbance units, $p<0.001$).

MDA-p210 IgG levels increased with age, blood pressure and LDL level (Table 2). High levels of MDA-p210 IgG were also associated with low triacylglycerol and HDL-cholesterol levels, unexpectedly suggesting that antibody levels are increased in states of good metabolic control. However, there was no association between the MDA-p210 IgG and HbA_{1c} level or the duration of diabetes.

Table 1 Clinical characteristics of diabetic patients with and without retinopathy

Characteristic	No retinopathy (n=383)	Retinopathy (n=114)	p value
Age	52.2 ± 8.2	55.2 ± 8.3	<0.001
Male sex (%)	60.6	61.4	0.87
Duration of diabetes (years)	7.4 ± 5.7	10.4 ± 6.5	<0.001
HbA _{1c} (%)	8.1 ± 1.6	8.6 ± 1.6	0.001
BMI (kg/m ²)	28.5 ± 4.8	28.5 ± 5.4	0.97
Systolic BP (mmHg)	136 ± 16	138 ± 18	0.29
Diastolic BP (mmHg)	83 ± 12	85 ± 14	0.15
Total cholesterol (mmol/l)	4.8 ± 0.9	4.8 ± 1.0	0.99
LDL-cholesterol (mmol/l)	2.7 ± 0.8	2.7 ± 0.9	0.94
HDL-cholesterol (mmol/l)	1.2 ± 0.4	1.4 ± 0.4	0.019
Triacylglycerol (mmol/l)	1.9 ± 1.1	1.8 ± 1.2	0.33
C-reactive protein (mg/l)	8.2 ± 33.2	8.1 ± 14.8	0.98
Current smokers (%)	20.9	14.0	0.17
Insulin therapy (%)	18.5	29.8	0.01
Statin therapy (%)	39.9	36.8	0.55

Values are mean ± SD or percentage

Patients with clinical manifestations of peripheral neuropathy had higher levels of MDA-p210 IgG than patients without signs of neuropathy (1.02±0.26 vs 0.89±0.27 absorbance units, $p<0.001$), whereas there were no differences between patients with or without neuropathy for any of the other ApoB peptide autoantibodies analysed. Patients with neuropathy were also characterised by a longer duration of diabetes and were more often on insulin treatment than patients without neuropathy (Table 3). When duration of diabetes, insulin treatment and MDA-p210 IgG were entered into a logistic regression model, only MDA-p210 IgG remained as an independent predictor of the presence of neuropathy. When the analysis was restricted to individuals with a duration of diabetes of less than 10 years, increased levels of MDA-p210 IgG were found in patients with neuropathy ($n=54$; 1.05±0.22 vs 0.89±0.27 absorbance units, $p<0.001$).

There were no differences in autoantibodies against p45 and p210 in patients with or without microalbuminuria.

Autoantibodies against ApoB peptides and coronary heart disease Patients were stratified as having low to moderate (≤ 400 Agatston units, $n=438$) or severe to extensive (>400 Agatston units, $n=59$) coronary calcification [28]. Patients with low to moderate coronary calcification had higher plasma levels of both IgG and IgM against native p45 (0.26±0.31 vs 0.19±0.23 absorbance units, $p<0.05$, and 0.062±0.11 vs 0.048±0.111 absorbance units, $p=0.005$, respectively) and native p210 (0.29±0.174 vs 0.24±0.14 absorbance units, $p<0.01$, and 0.48±0.24 vs 0.39±0.18 absorbance units, $p=0.005$, respectively; Fig. 3). When we controlled for age, systolic blood pressure, duration of diabetes, LDL cholesterol, HDL cholesterol, triacylglycerol and HbA_{1c} in a logistic regression analysis,

Table 2 Correlations between risk factors and plasma levels of IgG against p45 and p210

Variable	Antibody			
	p45	MDA-p45	P210	MDA-p210
Age (years)	-0.01	0.03	0.06	0.12**
Duration of diabetes (years)	0.04	0.01	0.01	-0.05
HbA _{1c} (%)	0.05	-0.01	-0.02	-0.07
BMI (kg/m ²)	-0.06	-0.02	0.01	0.02
Systolic BP (mmHg)	0.03	0.04	0.02	0.09*
Diastolic BP (mmHg)	0.07	0.07	0.02	0.13†
Total cholesterol (mmol/l)	0.00	0.02	0.00	0.08
LDL-cholesterol (mmol/l)	0.02	0.01	0.05	0.11*
HDL-cholesterol (mmol/l)	-0.02	0.03	0.12*	0.16**
Triacylglycerol (mmol/l)	0.01	0.33	-0.16†	-0.14†
C-reactive protein (mg/l)	0.01	0.01	0.01	-0.01

Values are Spearman rank correlation coefficients

* $p<0.05$; ** $p<0.01$; † $p<0.005$

Table 3 Clinical characteristics of diabetic patients with and without peripheral neuropathy

Characteristic	No neuropathy (n=407)	Neuropathy (n=90)	p value
Age (years)	52.4±8.5	53.9±7.9	0.14
Male sex (%)	60.4	62.2	0.75
Duration of diabetes (years)	7.8±5.7	9.2±7.1	0.04
HbA _{1c} (%)	8.2±1.8	8.2±1.5	0.73
BMI (kg/m ²)	28.3±4.8	29.4±5.6	0.06
Systolic BP (mmHg)	137±16	136±18	0.52
Diastolic BP (mmHg)	83±12	85±13	0.18
Total cholesterol (mmol/l)	4.8±0.9	4.8±0.9	0.56
LDL-cholesterol (mmol/l)	2.7±0.8	2.8±0.7	0.48
HDL-cholesterol (mmol/l)	1.3±0.4	1.3±0.4	0.63
Triacylglycerol (mmol/l)	1.9±1.1	1.9±1.3	0.64
C-reactive protein (mg/l)	8.6±33.9	6.2±7.5	0.50
Current smokers (%)	18.9	21.1	0.56
Insulin therapy (%)	18.7	47.5	0.004
Statin therapy (%)	38.8	41.1	0.69

Values are mean ± SD or percentage

IgG against p210, but not against p45, remained independently associated with the severity of coronary calcification. Follow-up CAC imaging was performed in 398 participants (age 52±8 years, 61% male, HbA_{1c} 8±1.5%) [30]. The mean follow-up time was 2.5±0.4 years. Progression of CAC was defined as a change of ≥2.5 between the square

root-transformed values of baseline and follow-up volumetric scores. Patients with coronary calcium progression (n=119) had lower plasma levels of IgG against native p45 than patients without progression (0.19±0.21 vs 0.29±0.33 absorbance units, $p<0.001$), whereas there was no association between antibodies against p210 and CAC progression. Native p210 IgG levels were significantly related to higher HDL-cholesterol and lower triacylglycerol levels, suggesting an association with good metabolic control, whereas there was no significant association between IgG against native p45 and age or metabolic measurements (Table 2).

During the follow-up studies, 20 events occurred (three cardiac deaths, nine non-fatal myocardial infarctions, three non-haemorrhagic strokes, four late revascularisations and one below knee amputation) [30]. No differences were observed in antibody levels between patients who suffered from a cardiovascular event and those who remained event-free (data not shown). MPS data were available for 174 patients. There were no significant differences in antibody levels among patients with normal myocardial perfusion and those with varying degrees of myocardial ischaemia (data not shown).

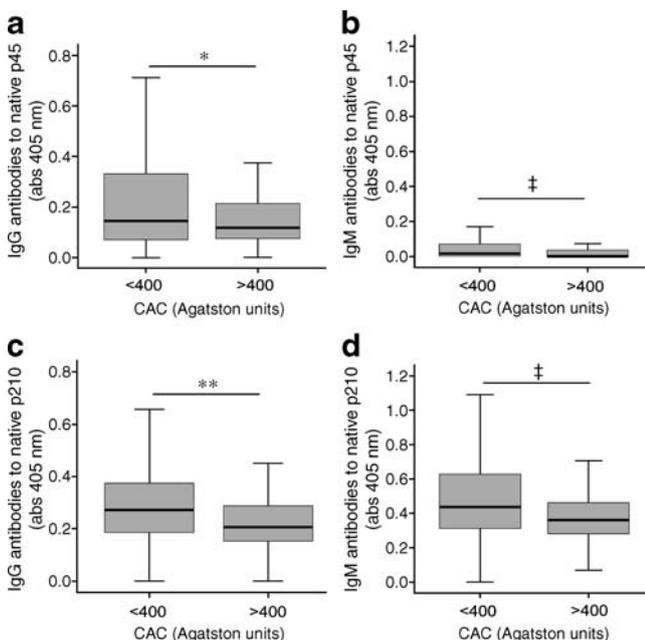


Fig. 3 Box plots showing plasma levels of **a** IgG against (absorbance [abs] units measured at 405 nm) native p45, **b** IgM against native p45, **c** IgG against native p210 and **d** IgM against native p210 in diabetic individuals with low to moderate (≤ 400 Agatston units) and severe to extensive (>400 Agatston units) coronary calcification. * $p<0.05$, ** $p<0.01$, ‡ $p=0.005$

Discussion

In the present study we found increased levels of IgG against the MDA-modified ApoB epitopes p45 and p210 in type 2 diabetes patients suffering from retinopathy and peripheral neuropathy. This suggests that oxidation of LDL may be involved in the development of diabetic microvascular complications and that autoantibodies against MDA-

p210 represent potential biomarkers for diabetic retinopathy and peripheral neuropathy. We also demonstrate that individuals with high antibody levels against the native form of these peptides have less coronary calcification as well as less progression of coronary disease. This observation is well in line with previous studies demonstrating a lower cardiovascular risk in patients with high levels of autoantibodies against native ApoB peptides [22, 23]. Our findings provide evidence for a role of immune responses against LDL-associated antigens in diabetic complications but suggest that these may be different between micro- and macrovascular complications.

The possibility that oxidation of lipoproteins entrapped in the extracellular matrix of retinal vessels may contribute to the development of diabetic retinopathy remains largely unexplored. Oxidised LDL is proinflammatory and potentially cytotoxic for endothelial cells [31, 32]. It may also activate autoimmune responses that cause further damage to the affected tissue [1]. Dysregulation of lipoprotein metabolism in type 2 diabetes leads to the formation of small, dense LDL particles with increased susceptibility to oxidation [33]. Accordingly, the present observation of increased levels of autoantibodies against the oxidised LDL-specific antigens MDA-p45 and MDA-p210 in patients with diabetic retinopathy is compatible with the notion that the combination of increased retinal endothelial oxidative stress and the presence of LDL particles with increased oxidation susceptibility contributes to increased local oxidation of LDL. This possibility is in line with epidemiological data demonstrating that hyperlipidaemia increases the risk of development of maculopathy in diabetes and with the observation that statin therapy may protect against the development of age-related macular degeneration [34–36]. The possibility that autoimmune responses against modified self-antigens in oxidised LDL is of functional importance for the development of diabetic retinopathy requires evaluation in appropriate animal models.

Diabetic neuropathy has many different clinical manifestations and is one of the most common complications of diabetes [37]. Like proliferative retinopathy, its severity parallels the degree and duration of hyperglycaemia and the pathophysiology is believed to involve increased intracellular stress. Its possible association with LDL oxidation remains essentially unexplored. Again, the present observations argue that this concept should be explored in appropriate animal models.

Another possibility is that the elevated levels of MDA ApoB peptide autoantibodies in patients with diabetic retinopathy and peripheral neuropathy only act as markers of the disease. There are relatively few studies of the association of oxidised LDL autoantibodies with diabetes and its complications. Festa et al. [38] have reported

increased anti-oxidised LDL IgG levels in patients with type 1 diabetes compared with controls, but also that antibody levels were decreased in patients with a long duration of diabetes and high HbA_{1c} levels. The latter observation was explained by increased formation of oxidised LDL-specific immune complexes. An increased level of oxidised LDL-specific immune complexes has also been linked to both micro- and macrovascular complications in diabetes [39–41].

The associations between oxidised LDL autoantibodies and cardiovascular disease have been extensively studied but with inconsistent results [42–47]. The reason for this remains to be elucidated but may involve technical difficulties in standardising ELISAs based on a complex and poorly defined antigen such as oxidised LDL. One way of circumventing this problem has been to use more precisely characterised oxidised LDL antigens such as native and MDA-modified peptide fragments of ApoB [19]. The limitation of this approach is that only some of the antibodies generated against oxidised LDL are detected, but at the same time it offers the advantage of improved specificity and reproducibility. Here we demonstrate that high antibody levels against the native p45 and p210 ApoB peptides are associated with less severe coronary calcification. Moreover, we show that patients with high baseline plasma levels of native p45 IgG have reduced progression of coronary calcification. These observations are in good agreement with previous studies demonstrating that individuals with high levels of IgG against native p45 and p210 are at lower risk of developing acute cardiovascular events [22, 23]. An inverse association has also been found between IgG against native p210 and coronary atherosclerosis [23]. Studies evaluating the functional role of immune responses against native ApoB peptides have shown that immunisation of hypercholesterolaemic mice with the p45 and p210 peptides inhibits the development of atherosclerosis, suggesting that it may be possible to develop ApoB peptide-based vaccines for the prevention of cardiovascular disease. The present observations provide some indirect support for the notion that such vaccines could be effective also in patients with diabetes.

There has been increasing interest in identifying novel biomarkers that can be used to predict the risk of development and to monitor treatment for diabetic vascular complications. The present observations suggest that autoantibodies against the MDA-modified ApoB peptide p210 are possible biomarkers for diabetic retinopathy and peripheral neuropathy, while antibodies against the corresponding native peptides are potential biomarkers for macrovascular complications. These possibilities need to be addressed in appropriate animal models and in large prospective clinical studies.

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Duality of interest P. K. Shah and J. Nilsson are signed as co-inventors on patents for the use of apo B peptides in vaccines for atherosclerosis.

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