
Updates in Clinical Dermatology

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Evidence-Based Psoriasis

Diagnosis and Treatment

 Springer

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Preface

Psoriasis is a chronic, inflammatory condition with an estimated prevalence of 3–4% in the US population. It is a systemic disease with many known serious comorbidities including psoriatic arthritis, cardiovascular disease, and diabetes. In addition, psoriasis is associated with depression, anxiety, and self-consciousness, which causes patients to limit social interactions and prevents them from forming close, intimate relationships with others.

Although there are many other textbooks focusing on dermatologic treatments, there are very few specific books with the aim of guiding physicians through the diagnosis and treatment of psoriasis in a practical and evidence-based manner. Given the multitude of new treatment options for this disease including topicals, phototherapy, oral systemic therapy, and injectable biologics, the treatment of psoriasis has truly become an art of individualizing treatments to each patient based on the available evidence. This book will attempt to pass on this art to practicing physicians in a very practical and easy to use form in the hopes of improving care of psoriasis patients around the world.

San Francisco, CA, USA

Tina Bhutani
Wilson Liao
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