Body Sensor Networks

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Second Edition



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Preface

Use body as the medium, inspiration and a source of energy to provide continuous sensing, monitoring and intervention

Since the first edition of this book, the field of Body Sensor Networks (BSNs) has advanced rapidly. The original motivation of BSN was to harness allied technologies that underpin the development of pervasive sensing for healthcare, wellbeing, sports and other applications that require "ubiquitous" and "pervasive" monitoring of physical, physiological, and biochemical parameters in any environment without activity restriction and behaviour modification. The ultimate aim of BSN is therefore to provide a truly personalised monitoring platform that is pervasive, intelligent and context-aware, yet "invisible", with applications ranging from managing patients with chronic disease and care for the elderly, to general well-being monitoring and performance evaluation in sports. To ensure its wide-spread use, there are many technical challenges that need to be tackled. These include the need for better sensor design, MEMS integration, biocompatibility, power source miniaturisation, low power wireless transmission, context awareness, secure data transfer and integration with smart therapeutic systems.

In this second edition of the book, we have updated the chapters with the latest developments in the field, addressing sensor design, micro-electronics and information processing aspects of the system. Since its inception, the development of BSN has been focussed on both wearable and implantable sensors. In the last few decades, we have seen rapid advances in both chemical and biosensor developments. The emergence of new biological sensing modalities is fundamentally changing the way we apply biomeasurements in vivo. In terms of implantable sensing, many of the issues associated with the extension of biosensor technology from in vitro to in vivo applications have long been appreciated, and a number of practical issues are addressed in this book. In a BSN with limited bandwidth and power constraints, the conventional method of data acquisition and analogue-to-digital data conversion with signal processing taking place after transmission is no longer optimal. A BSN represents a prime candidate for bio-inspired local processing to take place at the sensor front-end before transmission. This processing

vi Preface

could include spatial and temporal averaging for drift and failure tolerance. The key principle of bio-inspired engineering in this application area is that biology does not often deal in absolute values, but in relative changes from a given norm.

From a sensor data processing and inferencing point of view, the development of the BSN has introduced a whole range of challenging research issues in pattern recognition, behaviour profiling and machine learning. The pursuit of low-power, miniaturised, smart sensing embodied either as a wearable or implantable device has also imposed significant challenges on integrating information from what is often heterogeneous, incomplete and error-prone sensor data. In practice, it is therefore desirable to rely on sensors with redundant or complementary data to maximise the information content and reduce both systematic and random errors.

One important aspect of the book is the introduction of bio-inspired concepts both for hardware design and for developing software components that possess the self-* properties of autonomic sensing. We have discussed the use of artificial neural networks for performing context-aware sensing, and the use of autonomic principles of self-healing, self-organisation and self-protection for developing BSNs with effective fault tolerance and self-protection.

As mentioned in the first edition of this book, advances in science and medicine are intimately linked. In current clinical practice, ranging from prevention to complex intervention, we rely heavily on early, accurate and complete diagnosis followed by close monitoring of the results. Attempts so far, however, are still limited to a series of snapshots of physiological, biomechanical and biochemical data. Transient abnormalities cannot always be reliably captured. The concept of BSN is therefore an important ingredient for the future development of pervasive healthcare because technological developments in sensing and monitoring devices will not only change chronic disease management in a home or community setting, but also reshape the general practice of clinical medicine.

With demographic changes associated with the aging population and the increasing number of people living alone, the social and economic structure of our society is also changing rapidly. In a population consisting of several vulnerable groups, such as those with chronic disease and the elderly, the need for effective individualised health monitoring and delivery is the primary motivation for the development of BSNs. There is little doubt that for the development of the BSN, a panoply of technologies will need to be combined in new and previously unsuspected ways. However, the rewards for success, in terms of the quality and duration of life in the case of many of those suffering from chronic conditions, will be substantial.

There has been tremendous effort from all contributors of this book in making this 2nd edition possible. I would like to express my sincere thanks to all the contributing authors. Without their enthusiasm, support, and flexibility in managing the tight publishing schedule, this book would not have become possible. In particular, I would like to thank Su-Lin Lee, Emily Yang, Benny Lo, and Surapa Thiemjarus, for all their hard work in providing essential editorial support, as well as being actively involved in the preparation of some of the technical chapters. I would also like to thank the editorial staff of Springer, the publisher of

Preface vii

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This work would not have been possible without the financial support from all the funding bodies that supported our work, particularly the Engineering and Physical Sciences Research Council (EPSRC), UK. Their generous support has allowed us to establish and promote this exciting field of research – a topic that is so diversified, and yet brings so many challenges and innovations to each of the disciplines involved.

I do hope this book will act as a valuable resource to a very wide spectrum of readers interested in, or inspired by, this multifaceted and exciting topic.

London November 2013 Guang-Zhong Yang

About the Editor



Guang-Zhong Yang (PhD, FREng) is Director and Co-founder of the Hamlyn Centre, Deputy Chairman of the Institute of Global Health Innovation, Imperial College London, UK. Professor Yang also holds a number of key academic positions at Imperial College – he is Director and Founder of the Royal Society/Wolfson Medical Image Computing Laboratory, co-founder of the Wolfson Surgical Technology Laboratory, Chairman of the Centre for Pervasive Sensing. He is a Fellow of the Royal Academy of Engineering (RAEng), fellow of IEEE, IET, MICCAI, AIMBE, IAMBE, City of Guilds and a recipient of the Royal Society Research Merit Award and The Times Eureka 'Top 100' in British Science.

Professor Yang's main research interests are in medical imaging, sensing and robotics. In imaging, he is credited for a number of novel MR phase contrast velocity imaging and computational modelling techniques that have transformed in vivo blood flow quantification and visualization. These include the development of locally focused imaging combined with real-time navigator echoes for resolving respiratory motion for high-resolution coronary-angiography, as well as MR dynamic flow pressure mapping for which he received the ISMRM I. I. Rabi Award. He pioneered the concept of perceptual docking for robotic control, which represents a paradigm shift of learning and knowledge acquisition of motor and perceptual/cognitive behaviour for robotics, as well as the field of Body Sensor Network (BSN) for providing personalized wireless monitoring platforms that are pervasive, intelligent, and context-aware. Professor Yang is a Distinguished Lecturer for IEEE Engineering in Medicine and Biology Society and Editor-in-Chief, *IEEE Journal of Biomedical and Health Informatics*.

Contents

1	Intr	duction	1
	Gua	g-Zhong Yang, Omer Aziz, Richard Kwasnicki,	
	Rob	t Merrifield, Ara Darzi, and Benny Lo	
	1.1	Wireless Sensor Networks	1
	1.2	BSN for Healthcare and Wellbeing	6
		1.2.1 Monitoring Patients with Chronic Disease	7
		1.2.2 Monitoring Hospital Patients	9
		1.2.3 Monitoring Elderly Patients	11
			12
	1.3	The Need for Pervasive Health Monitoring	13
	1.4	Technical Challenges Facing BSN	17
		1.4.1 Improved Sensor Design	18
		1.4.2 MEMS and BioMEMS	19
		1.4.3 Biocompatibility, Integratability and Resorbability 2	21
		1.4.4 Energy Supply and Demand	23
		1.4.5 Wireless Data-Paths, Antenna Design, System	
		Security and Reliability	29
		1.4.6 Context Awareness	31
		1.4.7 Integrated Therapeutic Systems	33
	1.5	From Wellbeing to Personalised Healthcare	34
	1.6	Finding the Ideal Architecture for BSN	36
	1.7	The Future: Going from "Micro" to "Nano"	38
	1.8	The Scope of the Book	12
	Refe	ences	16
2	Bios	nsors and Sensor Systems	55
	Dan	y O'Hare	
	2.1	Introduction	55
	2.2	•	57
		2.2.1 Some Jargon	57

xii Contents

		2.2.2	Bioanalysis – What Does Chemical Concentration	
			Mean in Biology?	59
	2.3		cular Recognition	61
	2.4		ochemical Sensors	65
		2.4.1	Potentiometry	66
		2.4.2	Amperometry and Voltammetry	79
		2.4.3	Instrumentation	94
		2.4.4	Signal Processing and Data Analysis	97
	2.5	_	ple Sensors and Microsensor Arrays	99
		2.5.1	Microelectrode Arrays for Primary Mammalian	
			Cell Culture	101
		2.5.2	Assessing Biocompatibility	102
	2.6		Materials	106
	2.7		e Perspectives and Research Challenges	108
	Refe	erences		109
3	Bios	ensor l	Design with Molecular Engineering	
_			echnology	117
	Tha	T. Le.	, Christopher J. Johnson, Jakub Trzebinski,	
			y E.G. Cass	
	3.1		uction	117
	3.2		olecular Engineering for Biosensors	118
		3.2.1	Engineering Proteins by Rational Design	118
		3.2.2	Engineering Proteins by Evolutionary Design	121
		3.2.3	Nucleic Acid Aptamers	121
	3.3	Biosei	nsor Applications	123
		3.3.1	The Signal Transduction Module	124
		3.3.2	The Molecular Recognition Module	125
		3.3.3	Immobilisation Module	127
	3.4	Nanot	echnology	130
		3.4.1	Miniaturisation and Scaling Laws: Nanoscale Devices	
			and Performance Enhancements of Biosensors	131
		3.4.2	Graphene	134
		3.4.3	Nanoelectrochemical Sensors	136
		3.4.4	Graphene Electrochemical Sensors	139
	3.5	Bioco	mpatibility and Implantable Biosensors	141
	3.6		usions	147
	Refe			148
4	Wir	elecc C	ommunication	155
T		ry Higg		133
	4.1		uction	155
	4.2		tive Coupling	156
			ommunication in the Rody	157

Contents xiii

	4.4	Implan	ted Transceiver	159
	4.5	Antenn	a Design	161
	4.6	Antenn	a Testing	165
		4.6.1	Antenna Impedance and Radiation	
			Resistance Measurement	165
		4.6.2	Quarter Wave Line Impedance Measurement	166
	4.7	Matchi	ng Network	168
		4.7.1	Transmitter Tuning	168
		4.7.2	The L Network	170
		4.7.3	The π Network	171
		4.7.4	The T and π – L Networks	172
		4.7.5	Parasitic Effects	173
		4.7.6	Network Choice	174
		4.7.7	Radio Frequency Losses in Components	
			and Layout Issues	175
		4.7.8	Receiver Tuning	176
		4.7.9	Base Station Antennas	177
	4.8	Propag	ation	177
	4.9	Materia	als	179
	4.10	Enviro	nment	180
	4.11		al Transceiver (Base Station)	180
	4.12		Considerations	181
	4.13	Miniatu	urised Construction	181
		4.13.1	Battery Challenges	182
	4.14	Defibri	llation Pulse and X-rays	183
	4.15		udget	184
	4.16		-stimulation: A Non-MICS Example	184
	4.17	Conclu	sions	187
	Refer	ences		187
5	Netw	ork Ton	ologies, Communication Protocols,	
J			ls	189
			a, Thomas Falck, Athanasia Panousopoulou,	10)
		-	, Oliver Mülhens, and Guang-Zhong Yang	
	5.1		rk Topologies	189
	5.2		Sensor Network Application Scenarios	192
	3.2	5.2.1	Stand-Alone Body Sensor Networks	192
		5.2.2	Pervasive Sensor Networks	195
		5.2.3	Global Healthcare Connectivity	197
	5.3		andardisation of Wireless Personal and Body	177
	5.5		fetworking	198
		5.3.1	The Wireless Regulatory Environment	199
		5.3.2	Wireless Communication Standards	201
		5.3.3	IEEE 802.15.1: Medium-Rate Wireless Personal	201
		5.5.5	Area Networks	202
			1 11 CM 1 (CUT) CIRCU	202

xiv Contents

		5.3.4	IEEE P802.15.3: High-Rate Wireless Personal	
			Area Networks	207
		5.3.5	IEEE 802.15.4: Low-Rate Wireless Personal	
			Area Networks	208
		5.3.6	IEEE 802.15.6: Wireless Body Area Networks	215
		5.3.7	Comparison of Technologies	220
	5.4	Interfe	erence and Coexistence	222
	5.5	Health	ncare System Integration	225
		5.5.1	ISO/IEEE 11073 Personal Health Device	
			Communication	226
		5.5.2	Continua Health Alliance	230
	5.6	Concl	usions	231
	Refe	erences		232
6	Ene	rgv Ha	rvesting and Power Delivery	237
			an and Paul Mitcheson	
	6.1		luction	237
		6.1.1	Sensor Node Power Requirements	238
		6.1.2	Batteries and Fuel Cells for Sensor Nodes	240
		6.1.3	Ambient Energy Sources	241
	6.2	Inertia	al Energy Harvesters: Principles and	
			mance Limits	242
		6.2.1	Energy Extraction Mechanisms for Inertial	
			Generators	242
		6.2.2	Performance Limits	247
	6.3	Inertia	al Energy Harvesters: Practical Examples	251
		6.3.1	Electrostatic Harvesters	251
		6.3.2	Electromagnetic Harvesters	256
		6.3.3	Piezoelectric Harvesters	256
	6.4	Power	r Electronics for Energy Harvesters	258
		6.4.1	Electrostatic Harvester Interfaces	259
		6.4.2	Electromagnetic Harvester Interfaces	260
		6.4.3	Piezoelectric Energy Harvester Interfaces	261
	6.5	Wirele	ess Power Delivery	262
		6.5.1	Near Field Inductive Power Transfer	263
		6.5.2	Ultrasonic Power Delivery	266
		6.5.3	Radiative Power Transfer	267
	6.6	Discus	ssion and Conclusions	268
		6.6.1	What Is Achievable in Body-Sensor	
			Energy Harvesting?	268
		6.6.2	Future Prospects and Trends	269
	Refe	erences	·····	270

Contents xv

7	Tow	vards U	Itra-low Power Bio-inspired Processing	273
	Leil	a Sheph	nerd, Timothy G. Constandinou, and Chris Toumazou	
	7.1		uction	273
	7.2	Bio-in	spired Signal Processing	274
	7.3	Analo	gue Versus Digital Signal Processing	275
		7.3.1	Quantised Data/Time vs. Continuous	
			Data/Time	275
		7.3.2	Analogue/Digital Data Representation	276
		7.3.3	Linear Operations	278
		7.3.4	Non-linear Operations	278
		7.3.5	Hybrid System Organisation	279
	7.4	CMO	S-Based Biosensors	280
		7.4.1	Ion-Sensitive Field-Effect Transistor (ISFET)	282
		7.4.2	ISFET-Based Biosensors	284
		7.4.3	Towards Biochemically-Inspired Processing	
			with ISFETs	286
		7.4.4	An ISFET-Based ASIC for Rapid Point-of-Care	
			Gene Detection	290
	7.5	Future	e Outlook	294
	Refe	erences		296
8	Mul	lti-sens	or Fusion	301
Ü			ng Yang, Javier Andreu-Perez, Xiaopeng Hu,	501
			Thiemjarus	
	8.1		uction	301
	0.1	8.1.1	Information Interaction	302
		8.1.2	Levels of Processing	303
	8.2		Data Fusion	305
	0.2	8.2.1	Optimal Averaging for Sensor Arrays	305
		8.2.2	Source Recovery	307
	8.3		re-Level Fusion	312
		8.3.1	Feature Detection	314
		8.3.2	Distance Metrics	315
		8.3.3	Instance-Based Learning	316
		8.3.4	Distance-Based Clustering	317
	8.4	Dimei	nsionality Reduction	320
		8.4.1	Multidimensional Scaling (MDS)	321
		8.4.2	Locally Linear Embedding (LLE)	322
		8.4.3	Laplacian Eigenmaps	323
		8.4.4	Isometric Mapping (Isomap)	324
	8.5		re Selection	326
		8.5.1	Feature Relevance	330
		8.5.2	Feature Relevance Based on ROC Analysis	333
		8.5.3	Feature Selection Based on ROC Analysis	335
		8.5.4	Multi-objective Feature Selection	338
		8.5.5	Feature Redundancy	341

xvi Contents

	8.6	Decision-Level Fusion	343
	8.7		345
	8.8		346
	8.9	· · · · · · · · · · · · · · · · · · ·	347
	8.10	· · · · · · · · · · · · · · · · · · ·	347
			350
	Kelei	ences	550
9	Conte	ext Aware Sensing	355
	Surap	a Thiemjarus and Guang-Zhong Yang	
	9.1	Introduction	355
	9.2	Application Scenarios	357
	9.3	Preprocessing for Context Sensing	360
			360
			361
			362
	9.4		363
	· · ·		363
		2 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	373
		· · · · · · · · · · · · · · · · · · ·	380
		1 \ /	383
	9.5	1	385
	9.5	8	385
		ϵ	387
		8	390
		9.5.4 A Distributed Inferencing Model for Context	201
	0.6	\mathcal{E}	391
	9.6		395
	Refer	ences	397
10	Auto	nomic Sensing	405
		y Lo, Athanasia Panousopoulou, Surapa Thiemjarus,	
		buang-Zhong Yang	
	10.1		405
	10.2		409
	10.2	\mathcal{E}	411
	10.5		+11 412
			+12 414
		1 6	
	10.4	5	420 424
	10.4	ε	124 125
		3	125
		•	431
		11 2	134
	10.5	•	139
			139
		10.5.2 Viral Infection	142

Contents xvii

		10.5.3	Secured Protocols	444
		10.5.4		451
	10.6	Conclu	sions	455
	Refer			456
11	XX72	I C	W. W. A. Davidson A. Davidson I.	
11			sor Microsystem Design: A Practical	463
				403
		-	avid R.S. Cumming, Paul A. Hammond,	
			Cooper, Erik A. Johannessen, and Kamen Ivanov	162
	11.1		ction	463 465
	11.2		doscopic Capsule	
	11.3		ations for Wireless Capsule Devices	469
	11.4		ology	471
		11.4.1	Design Constraints	471
		11.4.2		472
		11.4.3	Integrated Sensors	474
	11.5		nics System Design	478
		11.5.1	Analogue Electronic Front-End	
			Acquisition Design	479
		11.5.2	Digital System Design	481
	11.6	Wireles	ss Transmission	482
	11.7		Sources	484
	11.8	Packag	ing	487
	11.9	Conclu	sions	489
	Refer	ences		489
12	Wear	able Sei	nsor Integration and Bio-motion Capture:	
			Perspective	495
			ang, Athanasia Panousopoulou,	
			thong Yang	
	12.1	_	ction	495
		12.1.1	Optical Tracking Systems	495
		12.1.2	Mechanical-Based Tracking Systems	497
		12.1.3	Wearable Inertial-Sensor Based	
			Tracking Systems	498
	12.2	Orienta	ation Representation: Quaternion	500
	12.2	12.2.1	Quaternion Definition	500
		12.2.2	Quaternion Algebra	501
		12.2.3	Quaternion and Rotation Matrix	503
		12.2.3	Quaternion Integration	505
	12.3		an Fusion for Orientation Estimation	506
	12,3	12.3.1	Bayesian Fusion Theory	507
		12.3.1	Dynamic and Measurement Model	508
		12.3.2	Kalman Filtering	510
		12.3.3	Temporary Interference and Processing	513
		14.3.4	remporary interference and ribeessing	213

xviii Contents

12.4	Human Body Motion Reconstruction	515
	12.4.1 Human Biomechanical Model	517
	12.4.2 Posture Estimation	518
12.5	Applications of Bio-motion Analysis	519
12.6	Network and Quality-of-Service for Bio-motion Analysis	521
12.7	Conclusions	524
Refer	ences	524
Appe	ndix A: Wireless Sensor Development Platforms	527
Benn	y Lo and Guang-Zhong Yang	
A.1	Introduction	527
A.2	System Architecture	528
	A.2.1 Processor	537
	A.2.2 Wireless Communication	537
	A.2.3 Memory	538
	A.2.4 Sensor Interface	538
	A.2.5 Power Supply	539
A.3	Conclusions	540
Refer	rences	540
	ndix B: BSN Software and Development Tools	543
	a Ellul, Benny Lo, and Guang-Zhong Yang	
B.1	Introduction	543
B.2	BSN Requirements and Issues	544
B.3	Operating Systems for BSNs	545
B.4	BSNOS – An Operating System for BSN	547
Refer	rences	550
ex		551

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xx Contributors

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