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## Heat Induced Radiolabeled Nanoparticles Allow PET-derived Monocyte Tracking

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### Abstract

Heat induced radiolabeling (HIR) yielded <sup>89</sup>Zr-Feraheme (FH) nanoparticles (NPs) used to determine NP pharmacokinetics (PK) by PET. Standard uptake values indicated a fast hepatic uptake that corresponded to blood clearance and a second, slow uptake process by lymph nodes and spleen. By cytometry, NPs were internalized by circulating monocytes and monocytes in vitro. Using an IV injection of HIR <sup>89</sup>Zr-FH (rather than in vitro cell labeling), PET/PK provided a view of monocyte trafficking, a key component of the immune response.

#### Keywords

drug; heat; nanoparticle; PET; pharmacokinetics; imaging

We continue the development of the heat induced radiolabeling (HIR) technique, <sup>[1]</sup> which uses Feraheme (FH) NPs, approved for treating iron anemia in the US and EU by bolus injection of 500 mg Fe, for radiolabeling. HIR uses heat rather than covalent modification to tightly bond <sup>89</sup>Zr to FH NPs and, as we show here, does so without modifying the drug's physical and biological properties (except for the binding of trace amounts of <sup>89</sup>Zr to a far larger amounts of iron). FH has been used off-label as a MRI contrast agent, to determine macrophage activity in clinical neuroinflammation <sup>[2]</sup>, CNS neoplasms <sup>[3]</sup>, type I diabetes,<sup>[4]</sup>

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Conflict of interest: The authors declare they have no conflict of interest.

Supporting material includes Experimental Methods and additional data comprising (i) TLC of HIR reaction mixes, (ii) TLC of HIR NPs stability, (iii) Relativities of FH in mouse serum and, (iv) sagittal PET/CT images showing both spleen and liver.

and myocardial infarction <sup>[5]</sup>. FH has also been used to determine the metastatic status of normal-sized lymph nodes (LNs) <sup>[6]</sup>.

Our goals were (i) using physical and biological techniques, demonstrate the equivalence of the FH drug and HIR generated <sup>89</sup>Zr-FH and, (ii) using PET-derived standard uptake values (SUVs), model NP pharmacokinetics (PK) in normal mice. Based on the propensity of a fluorescent FH NP to be internalized by monocytes, we propose that the trafficking of <sup>89</sup>Zr-FH loaded monocytes accounts for the slow uptake of <sup>89</sup>Zr-FH by the spleen and lymph nodes. Hence HIR generated <sup>89</sup>Zr-FH and PET/PK modelling was used to image monocyte trafficking, the source of macrophages for normal lymph nodes and inflammatory pathologies. Previous methods of cell tracking employ an in vitro cell labeling step that can modify the function of cells when tracked by imaging. <sup>[7]</sup>

For pre-clinical PET imaging research, the HIR method offers the use of a widely available NP (FH) and radiolabels it with a simple heating procedure. In the clinical arena, HIR generated FH and PET has the potential advantages over the FH/MRI of iron dose reduction and the use of standard uptake values (SUVs) to obtain a quantitative PK analysis. These goals further the long-term goal of using HIR generated NPs to image monocyte trafficking in clinical settings, permitting an argument for minimal toxicology studies and assisting in planning additional pre-clinical or clinical PK studies.

The HIR procedure shown in **Figure 1a** consists of heating a radioactive metal ion (e.g. <sup>89</sup>Zr<sup>4 +)</sup> with FH NPs (120°C, 2 h, "Loading Step"), followed by incubation with deferoxamine (DFO) to remove loosely bound cations ("Stripping"), followed by size exclusion chromatography (SEC) to separate DFO:metal complexes for the <sup>89</sup>Zr-FH NPs ("Purification"). Thus, DFO is used to strip away loosely bound ions and does not participate in the bonding of the radiometal to the NP. The HIR method can employ three cations used in imaging: <sup>89</sup>Zr, <sup>111</sup>In or <sup>64</sup>Cu, giving radiolabeled NPs of high purity and stability, see **Figures S1 and S2**.

In order to identify the cells internalizing FH by flow cytometry (see **Figure 4**), we synthesized a fluorescent FH (Cy5.5-FH, **Figure 1b**) and compare Cy5.5-FH with FH (**Figures 1c** and **1d**).

By light scattering, FH, HIR FH and Cy5.5-FH were not significantly different (p > 0.05) with diameters of 20.1±0.5, 21.8 ± 1.2 nm, and 19.5±0.4 nm, respectively (Figure 1c). Values were consistent with the manufacturer's range of 17 to 31 nm (Package Insert). Relaxivities (Figure 1d) were also not significantly different. The PK of <sup>89</sup>Zr-FH and FH were also compared (Figure 2).

To determine the PK of <sup>89</sup>Zr-FH, PET/CT images were taken after injection of normal mice at 30 min, 4 h, 24 h, 72 h and 144 h post injection, examples of which are shown in **Figure 2.** At 30 minutes (**Figure 2a**), <sup>89</sup>Zr-FH was evident in the heart blood pool and carotids. At 4 h, hepatic and splenic uptake was dominant, with the hepatic uptake of <sup>89</sup>Zr-FH seen in the coronal image (**Figure 2b**) and both hepatic and splenic uptake evident on sagittal images (**Figure S3**). At 24 h (**Figure 2c**), <sup>89</sup>Zr-FH was apparent in the renal, popliteal and axillary

lymph nodes (LN's), with LN uptake further increasing over the next six days (see Figure 2d, 7 day image).

Standard uptake values (SUVs) for the liver, spleen, popliteal and axillary nodes were similar in all four mice, so the means and standard deviations as a function of time after injection are shown in **Figure 2e**. (Mouse to mouse variation is discussed below.) <sup>89</sup>Zr-FH uptake by popliteal and axillary LNs fit a single exponential, but liver and spleen required a biexponential with fast and slow uptake phases.

To compare the PET-derived PK with blood levels of <sup>89</sup>Zr-FH, blood samples were analyzed for radioactivity as shown in **Figure 2f.** Data fit a single exponential with a halflife of 1.02 h (**Table 1**). The blood half-life of the FH NP radiolabeling precursor was also obtained using blood spin-spin relaxation rates (1/T2) as a measure of FH blood concentration, a procedure used to obtain half-lives clinically <sup>[8]</sup>. The similar blood halflives for <sup>89</sup>Zr-FH ( $t_{1/2}$ = 1.00 h) and FH ( $t_{1/2}$ = 1.02 h), together with the lack of change in NP size and relaxivity produced by the HIR procedure (**Figure 1c and 1d**), indicate that the HIR does not change the FH NP, save for the addition of trace amounts of Zr. (The ratio of radiometal to nonradioactive iron is discussed below.) A summary of the half-lives obtained from PET (**Figure 2e**) and blood clearance (**Figure 2f**) is given in **Table 1**.

To account for the fast and slow uptake of <sup>89</sup>Zr-FH, we propose that the fast <sup>89</sup>Zr-FH NP uptake process of liver and spleen results from a direct NP phagocytosis while the slow uptake process results from the uptake of <sup>89</sup>Zr-FH by blood borne monocytes, followed by slow trafficking to the lymph nodes (LNs) and spleen as depicted in **Figure 3**.

#### Fast <sup>89</sup>Zr-FH Uptake

A fast clearance process was evident from blood derived half-lives of 1.02 h and 1.00 h, for <sup>89</sup>Zr-FH and FH, respectively (**Figure 2f**). For liver and spleen the biexponential fit of SUVs versus time (**Figure 2e**) yielded a fast uptake half-lives of 1.27 h and 1.24 h respectively, with 60.7% ID and 2.16 % of injected dose found the liver and spleen, respectively, at 24 h. Thus the fast uptake processes of <sup>89</sup>Zr-FH seen with PET corresponded to the clearance of <sup>89</sup>Zr-FH from blood and resulted from NP phagocytosis by resident splenic and hepatic macrophages.

#### Slow <sup>89</sup>Zr-FH Uptake

A second, slow uptake process was evident from the accumulation of <sup>89</sup>Zr in axillary and popliteal lymph nodes (LNs) that fit a single exponential function with half-lives of 21.2 h and 20.2 h, respectively. Two distinct uptake processes are indicated because the lower bound 95% confidence limits for the slow process were 12.2 h and 12.3 h, far above the upper bound 95% limit for clearance of <sup>89</sup>Zr-FH from blood (2.63 h). The slow uptake process for the spleen ( $t_{1/2} = 36.3$  h) did not differ significantly from the slow uptake process of popliteal and axillary lymph nodes.

We propose the model of **Figure 3**, where the post-injection fast uptake process reflects phagocytosis by tissue macrophages (e.g. hepatic Kupffer cells) while the slow uptake

process results from a fast internalization by blood monocytes, followed by the slow trafficking of <sup>89</sup>Zr loaded monocytes. Support for this view is provided by similar half-lives of our slow uptake processes (~20-40 h) and half-lives of mouse blood monocytes (~24-48 h) by other techniques, and by monocyte biology, where blood monocytes traffic into LN dendritic cells and tissue macrophages (with replacement of circulating monocytes by the bone marrow).<sup>[9]</sup>

To obtain direct support for our model we sought to detect FH in circulating monocytes after the injection of a fluorescent FH (Cy5.5-FH, Figure 1b). We then examined its presence in monocytes by dual wavelength flow cytometry (Figures 4a, 4b), where a fluorescein (FITC) labeled anti-CD11b was used to identify monocytes (x-axis) and a Cy5.5-FH was used to identify cells internalizing FH (y-axis). For in vivo monocyte labeling, mice were injected with either PBS (-Cy5.5-FH) or Cy5.5-FH (+Cy5.5-FH) and buffy coats prepared and analyzed (Figure 4a). Cy5.5 fluorescence was seen in quadrant iii (Figure 4a, CD11b positive cells), but not in quadrant iv (CD11b negative cells), indicating circulating monocytes were the only cells bearing Cy5.5-FH. A similar result was obtained with ex-vivo labeling, when PBS or Cv5.5-FH was added to heparinized mouse blood (Figure 4b). However, with in vivo loading, some  $4.8 \pm 4.4\%$  of monocytes were Cy5.5-FH positive, compared to 31.9±1.9 % positive for ex vivo loading, see Figure 4c. The higher fraction of Cy5.5-FH bearing monocytes achieved with in vitro labeling is expected from the ability of that protocol to maintain a constant, high NP concentration (3 h, 60 ug Fe/mL) and from the closed nature of the system (a lack of monocytes entering and leaving the pool being labeled).

The percent of total white cells that were monocytes (**Figure 4d**) was consistent with reports<sup>[10]</sup> and not significantly different (*in vivo*= $3.3\pm1.7\%$  vs. *ex vivo*= $4.0\pm1.1\%$ , p>0.05). Thus Cy5.5-FH was internalized by CD11b positive monocytes, after injection or in heparinized blood, consistent with the proposal that the trafficking of <sup>89</sup>Zr-FH loaded monocytes yields the slowly increasing SUVs of spleen and LNs.

In contrast to the uniform SUVs for <sup>89</sup>Zr-FH uptake by liver, spleen, axillary and popliteal LNs (**Figure 2**), uptake by renal and lumbar LNs showed high inter-animal variability, **Figures 5a and 5b.** Variable SUVs were seen over the four mice studied and at all times after injection (**Figures 5c, 5d**). Seven day SUVs for lumbar LNs ranged from 28 (**Figures 5b & 5c**) to 4 (**Figures 5a & 5c**). Seven day SUVs for renal LNs ranged from 16 (**figures 5b & 5d**) to undetectable (**Figures 5a & 5d**). The variable SUVs for renal and lumbar LNs may reflect variable LN anatomy <sup>[11]</sup> or subclinical, individual immune responses to the environment.

Our HIR technique exploits several features of FH. FH has extremely high temperature stability, evident from the use of the terminal sterilization step used in its manufacture. The extraordinary heat stability of iron oxides coated with carboxyl alky polysaccharides was first noted by Maruno <sup>[12]</sup> and then by Groman <sup>[13]</sup>, leading to the development of FH. Second, HIR exploits the pH dependent stability of FH to chelators. At the neutral pH HIR employs for "Stripping," DFO binds <sup>89</sup>Zr<sup>4+</sup> without NP dissolution, evident by the lack of change of FH size or relaxivity (**Figure 1c**). On the other hand, in the mild acid of the

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phagolysosome, FH is digested and its iron joins normal iron pools relieving anemia. HIR also exploits the ability of the macrophage/phagocytes to clear large amounts of injected NPs, with our mice receiving injections 5 mg Fe/kg.

HIR employs a high molar ratio of NP iron to radiometal, with 1 mg of FH iron (17.9 µmoles Fe) and 1 mCi of <sup>89</sup>Zr @ 4000 mCi/µmole, see Supplement. <sup>89</sup>Zr binds to an extremely small number of high affinity sites on the NP. With 5874 Fe atoms per NP (manufacturer's insert), there is less than one mole of Zr per mole of NP. Magnetic NPs of Molday <sup>[14]</sup>, which use a dextran coating, can be radiolabeled by HIR, suggesting the carboxyl groups of FH's CMD coating are not involved in radiometal binding <sup>[1]</sup>.

There was no elimination of <sup>89</sup>Zr during our one-week observation period. Consistent with this, radioactivity in the intestine, kidney or bladder was not seen with PET. In addition, analyses of decay corrected PET data summed over the entire imaging field of view indicated that radioactivity at 7 d was  $92\pm2$  % that at 24 h. Finally, no radioactivity was detected in the animal waste or bedding. Once injected, FH is too large for renal elimination and is phagocytosized and digested in the mild acid of phagolysosomes. The iron joins normal body iron stores (alleviating anemia) and the highly charged <sup>89</sup>Zr<sup>4+</sup> cation is tenuously retained, likely by binding to negatively charged biomolecules.

The most common method of radiolabeling magnetic NPs is by the covalent attachment of chelates <sup>[16]</sup>. However, surface chelates can be "poisoned" by leachable metal ions, if storage of chelate-bearing NPs prior to radiolabeling is attempted. NPs can also be radiolabeled by surface adsorption <sup>[17]</sup> or by incorporation of a radiometal into the NP during synthesis.<sup>[18]</sup> However, adsorption may be reversible in biological media and incorporation during synthesis requires short synthetic procedures relative to the radioisotopic half-life. The HIR procedure employs a two-hour high temperature incubation, followed by short stripping and purification steps, with a total time of about 2.5 hours. Radioisotopes with half-lives like <sup>64</sup>Cu (half-life =12.7 h), <sup>111</sup>In (half-life = 67.3 h) and <sup>89</sup>Zr (half-life = 78.4 h) are have been used, **Figure S1**.

Using HIR NPs and PET derived PK, we describe for the first time fast and slow NP uptake processes, with the slow process is due to the trafficking of NP loaded monocytes. We also describe for the first time inter-animal variability of NP LN uptake in normal mice. The simplicity of the HIR procedure and availability of FH NPs may speed the adaptation of HIR generated NPs in pre-clinical or clinical imaging research and lead to further insights in the metabolism of nanomaterials.

#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1. Nanoparticle Synthesis

a) HIR steps are heat induced "Loading", DFO "Stripping", and size exclusion "Purification". FH consists of a superparamagnetic iron oxide core (blue ball) and coating of carboxymethyldextran (CMD, gray). b) Synthesis of Cy5.5-FH. The carboxyl groups of FH's carboxymethyldextran are reacted with ethylene diamine (EDA) and the resulting amino-FH is reacted with an NHS ester of Cy5.5. c) Sizes of the FH, HIR-FH and Cy5.5-FH. d) Relaxivities of the FH, HIR-FH and Cy5.5-FH NPs.



#### Figure 2. PET PK

a) A representative maximum intensity project (MIP) PET/CT image of a mouse at 30 minutes after injection, with <sup>89</sup>Zr-FH in heart blood pool and carotid arteries. b) A 4 h hepatic phase image where <sup>89</sup>Zr-FH is predominately in the liver, with limited uptake in the renal node. With 24 h (d) and 7 d (e) images, nodal radioactivity has increased further. e) Time dependent SUV's for organs shown as means and standard deviations, n=4. Nodal SUV's fit to a mono-exponential equation, while liver and spleen fit a biexponential with constants given in Table 1. f) Blood radioactivity (following an injection of <sup>89</sup>Zr-FH) and blood 1/T2 relaxation rates (following an injection of FH) as a function of time after injection.



#### Figure 3.

A model for the fast and slow uptake of <sup>89</sup>Zr-FH seen with PET SUV analysis. a) Fast uptake by liver and spleen results from the direct <sup>89</sup>Zr-FH phagocytosis from the plasma. The slow uptake process results from the trafficking of <sup>89</sup>Zr-FH loaded monocytes. b) SUVs for fast uptake of liver and spleen from Figure 2e. c) Slow uptake by spleen, popliteal and axillary nodes from Figure 2e.



Figure 4. Flow cytometry for Cy5.5-FH uptake of CD11b expressing monocytes in vivo (injection) and ex-vivo (heparinized mouse blood)

a) Exemplary scattergrams for mice injected with PBS (-Cy5.5-FH) or Cy5.5-FH (+Cy5.5-FH) for white cell buffy coats are shown. Scattergrams (e.g. Figure 4a) have four quadrants: (i)CD11b negative (non-monocytes), Cy5.5-FH negative; (ii)CD11b positive (monocytes), Cy5.5-FH negative; (iii)CD11b negative, Cy5.5-FH positive; (iv)CD11b negative, Cy5.5-FH positive. Cells from a PBS injected control mouse (-Cy5.5-FH) had no Cy5.5 fluorescence. Two populations of CD11b cells are seen in the (ii) quadrant. b) Ex vivo monocyte labeling with Cy5.5-FH. c) Fraction of Cy5.5-FH positive monocytes (iii/(ii + iii)) from in vivo labeling (Figure 4a) and ex-vivo labeling (Figure 4b). Results are mean  $\pm 1$  SD, n=4. d) Monocyte fraction of total white cells, that is (ii + iii)/total cells).



**Figure 5. Inter-animal variability in <sup>89</sup>Zr-FH Uptake in renal and lumbar lymph nodes** MIP PET images for renal and lumbar nodes are shown for mouse 4 (a) and mouse 1 (b) at 7 d post injection. The time dependence of lumbar and renal lymph node SUVs are shown in (c) and (d), respectively.

#### Table 1

Kinetic Constants (K<sub>fast</sub>, K<sub>slow</sub>) and Corresponding Half-llives ( $t_{1/2,fast}$ ,  $t_{1/2,slow}$ ) For <sup>89</sup>Zr-FH Pharmacokinetics

	K <sub>fast</sub> h <sup>-1</sup>	t <sub>1/2,fast</sub> (h)	K <sub>slow</sub> (h <sup>-1</sup> )	t <sub>1/2,slow</sub> (h)	Figure
Clearance by $T2^{[a]}$	0.69 1.00 0.7 to 1.67		Single Exponential		2f
Clearance by <sup>89</sup> Zr <sup>[a]</sup>	0.68	1.02 0.70 to 2.63	Single Exponential		2f
Axillary LN <sup>[a]</sup>	Single Exponential		0.033	21.2 12.3 to 77	2e
Popliteal LN <sup>[a]</sup>	Single Exponential		0.034	20.2 12.2 to 57.8	2e
Liver <sup>[a]</sup>	0.55	1.27 1.03 to 1.64	5.×10 <sup>-5</sup>	$1.16{\times}10^4$ 47.5 to $\infty$	2e
Spleen <sup>[a]</sup>	0.56	1.24 0.074 to 3.73	0.0191	36.3 26.1 to 59.3	2e

[a] 95% confidence limits are given in italics for half-lives