Materials in particulate form for tissue engineering. 2. Applications in bone

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Abstract

Materials in particulate form have been the subjects of intensive research in view of their use as drug delivery systems. While within this application there are still issues to be addressed, these systems are now being regarded as having a great potential for tissue engineering applications. Bone repair is a very demanding task, due to the specific characteristics of skeletal tissues, and the design of scaffolds for bone tissue engineering presents several difficulties. Materials in particulate form are now seen as a means of achieving higher control over parameters such as porosity, pore size, surface area and the mechanical properties of the scaffold. These materials also have the potential to incorporate biologically active molecules for release and to serve as carriers for cells. It is believed that the combination of these features would create a more efficient approach towards regeneration. This review focuses on the application of materials in particulate form for bone tissue engineering. A brief overview of bone biology and the healing process is also provided in order to place the application in its broader context. An original compilation of molecules with a documented role in bone tissue biology is listed, as they have the potential to be used in bone tissue engineering strategies. To sum up this review, examples of works addressing the above aspects are presented. Copyright © 2007 John Wiley & Sons, Ltd.

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1. Materials in particulate form and bone tissue engineering (TE)

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Regarding materials for use in bone TE, severalapproaches have been shown to be effective in stimulating

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20 bone regeneration, and ceramics especially excel in this regard(Degroot, 1993; Hench, 1998; Ducheyne and Qiu, 21 22 1999). Notwithstanding the stimulatory effect of bioactive 23 ceramics on bone tissue formation, there is a continuous 24 need to explore avenues in which materials, cells and bio-25 logically active molecules are combined. This is critical, 26 since cells and growth factors are the two key elements 27 when discussing bone biology/healing, their interaction 28 being fundamental for an effective regeneration process. 29 Although continuous progress is being made in under-30 standing osseous healing process, these new insights have 31 not readily found their way into effective TE approaches. 32 The combination of materials, cells and growth factors 33 seems to be the recipe for a truly effective bone TE strat-34 egy. Therefore, the present review focuses on the role that 35 particle-based systems can play in bone TE, emphasizing 36 the combination of materials with cells and their role as 37 carriers for biologically active molecules. 38

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¹ 2. Requirements for an effective bone ² TE strategy

4 The skeletal system has been described as a dynamic, 5 mineralized, vascular tree that serves as a metabolic 6 reservoir of calcium as well as a structural scaffold for 7 neurovascular distribution and muscular function(Roberts 8 and Hartsfield, 2004). Important properties that are part 9 of the skeletal system (Canalis, 1983; Hauschka, 1990; 10 Tenembaum, 1990; Yaszemski et al., 1996; Roberts and 11 Hartsfield, 2004) are: 12

- 13 It is the reservoir of calcium in the body, containing
 99% of the body's calcium.
- Its homeostasis is regulated to a large degree by systemic influences expressed through the endocrine system, but also controlled at the local level.
- 18
 Its structural function derives from its nature as mineralized tissue.
- It is an anisotropic material (the mechanical properties vary according to the direction).
- Its physiological efficiency is evidenced by maximal strength with minimal mass.
- It has a relative high turnover (remodelling) rate in young individuals.

The ultimate goal of bone TE is to recapitulate the structure and function of the native tissue it is designed to replace (Schneider *et al.*, 2003). Therefore, the following principles apply to scaffolds for bone tissue engineering:

1. Bone TE scaffolds require not only a material 32 with adequate composition, but also mechanical 33 stability, precise shapes and tailored pore distribution 34 (Gross and Rodriguez-Lorenzo, 2004; Rodríguez-35 Lorenzo and Ferreira, 2004). Osseous tissue is 36 an exquisitely structured composite material: it is 37 composed of organic and inorganic components 38 and also contains water. The inorganic component 39 is apatitic calcium phosphate, which comprises 40 60-70% of the bone dry weight. The organic 41 component contains materials such as collagen, 42 extracellular matrix proteins (osteocalcin, osteonectin, 43 bone sialoprotein), tissue-specific cells and water (Jain 44 and Panchagnula, 2000). Having this in mind is crucial 45 for the design and fabrication of an adequate scaffold. 46 The adult skeleton consists of cortical (or compact) 47 and trabecular (or cancellous, spongy) bone, which 48 are present in various ratios and geometries to form 49 the individual bones of the body (Buckwalter et al., 50 1996; Mundy, 2000; Davies, 2003). Both cortical 51 and trabecular bone tissue types are essential for the 52 ability of skeleton to provide structural support that 53 can simultaneously withstanding torsion and bending. 54 A minimum pore size is required for tissue growth, 55 56 interconnectivity for access to nutrients and transport of waste products, pore shape and roughness for better 57 cell spreading and pore throat size for passage of 58 59 tissue throughout the scaffold (Ranucci and Moghe,

1999; Zeltinger *et al.*, 2001; Gross and Rodriguez-60Lorenzo, 2004). The lack of adequate porosity can61lead to failure, as inner areas of the scaffold will lack62adequate nutrient and oxaemic conditions to allow63cells to populate those areas (Gross and Rodriguez-64Lorenzo, 2004).65

66 2. The material should act as a permissive environment into which bone cells would be enticed to migrate 67 and begin the process of depositing bone matrix in 68 the carrier template (Li and Wozney, 2001). Bone, 69 being a mineralized tissue that is incapable of internal 70 expansion or contraction, can only be remodelled 71 along the surface via anabolic and catabolic modelling 72 (Roberts et al., 2004). Bone is resorbed by osteoclasts 73 and formed by osteoblasts, and the coupling of these 74 two processes underlies bone remodelling. Figure 1 75 depicts the bone healing process, which the repair 76 using scaffold materials attempts to mimic. Briefly, 77 upon fracture and formation of a blood clot, the 78 fibroblast layer of the periosteum begins a period of 79 active division in order to generate enough cells to 80 close the gap at the surface. In the central zone of the 81 bone, haematopoietic precursors in the bone marrow 82 differentiate into osteoclasts that start the process of 83 resorbing the end bone of the defect, and mesenchymal 84 cells within the bone marrow are stimulated to migrate 85 to the healing site. These cells originate chondrogenic 86 cells that produce an intermediate cartilaginous matrix 87 that mineralizes. This cartilaginous phase is then 88 replaced by new bone synthesized by osteoblasts. 89 This newly formed bone is the so-called 'woven 90 bone', which possesses an unorganized structure 91 and still needs to be remodelled by the normal 92 osteoclast-osteoblast process (Davies, 2003; this 93 scheme does not incorporate the vascularization 94 process). To be successful, a scaffold material must 95 be capable of allowing a similar process to occur. 96 Ideally, the scaffold would degrade at a similar rate to 97 that at which the tissue is healing, and the new tissue 98 would fully replace the space once occupied by the 99 scaffold. 100

3. A system designed for bone repair would ideally com- 101 bine osteoconductive and osteoinductive properties, 102 in a way that new bone formation can be enhanced 103 through an adequately shaped three-dimensional (3D) 104 scaffold (osteoconduction) and by a biological stimulus 105 (osteoinduction) (Luginbuehl et al., 2004). Ceramic 106 materials, due to their inorganic nature and ionic com- 107 position, are adequate for bone applications. Examples 108 of ceramic materials are calcium phosphates, such 109 as hydroxyapatite, tricalcium phosphate and bioactive 110 glasses, known for their ability to bond to and stimu- 111 late bone regeneration (Ripamonti, 1991, 1996; Klein 112 et al., 1994; Ducheyne and Qiu, 1999; Yuan et al., 113 2001). From these, bioactive glass has been shown to 114 stimulate osteogenesis (Jun Yao, 2005; Radin, 2005) 115 via surface-mediated and solution-mediated mecha- 116 nisms (Radin et al., 1997). Other materials besides 117 bioactive glasses have been extensively used, such as 118

3 4 Hematopoieti c cell

> MSC Mesench ym stem cell / Bone ma rro stromal cel

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Figure 1. Healing process• of bone, depicted in a simplified diagram. After the defect and formation of a blood clot, haematopoietic precursors (H) in the bone marrow differentiate into osteoclasts (OC), which start the process of resorbing the end bone of the defect. Mesenchymal cells (MSCs) within the bone marrow are stimulated to migrate to the healing site. These cells originate chondrogenic cells (CB), which produce an intermediate cartilaginous matrix that progressively mineralizes. This cartilaginous phase is then replaced by new bone synthesized by osteoblasts (OB). Not depicted is the role of vascularization. Based on Simmons and Grynpas (1990) and Rydziel *et al.* (1994)

1 β -tricalcium phosphate (TCP) (Zerbo *et al.*, 2005) and 2 hydroxyapatite (Paul and Sharma, 1999; Sari et al., 3 2003), but there are also some reports of the use 4 of composite materials (ceramic-polymer) (Shikinami 5 and Okuno, 1999). Composite ceramic-polymer mate-6 rials have the advantages of combining bioactivity, 7 ability of adequate control of the scaffold degradation 8 rate, and enhancement of the mechanical properties 9 and structural integrity of scaffolds (Day et al., 2004). 10

4. Some biologically active molecules act locally and 11 therefore must be delivered directly to the site of 1213 regeneration via a carrier matrix (Li and Wozney, 14 2001). The system should be able not only to 15 provide structural support but also to serve as carrier 16 for biologically active agents that can enhance the 17 regenerating potential of the system. These agents can 18 be of different natures, as listed in Table 1. Since the 19 identification of bone morphogenetic proteins (BMPs) 20

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by Urist (1965), several other growth factors, as well
 as hormones and other biologically active agents, have

3 been identified as acting in bone, and have recently

4 been of interest for bone tissue engineering strategies.

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Two groups of molecules (growth factors and steroids)with well-documented effects over bone, and considered

relevant to the field of bone tissue engineering, are 8 described below. 9

2.1. Growth factors

Among all available growth factors, PDGF, IGF, VEGF, 13 TGF β and BMPs appear to have the closest association 14

Table 1. Some molecules and trace elements with a brief description of their role/effect on bone, compiled in the scope of this review

Molecule	Role/effect on bone tissue	Reference
Bone morphogenetic proteins (BMPs): BMP-2, BMP-4, BMP-3, BMP-5, BMP-6, BMP-7(OP-1)	Expressed in bone generation, regeneration, modelling and remodelling. Stimulate differentiation of osteoblasts and inhibit differentiation of muscle cells. Induce endochondral bone formation in ectopic sites	(Urist, 1965, 1997; Urist <i>et al.</i> , 1979; Cheifetz <i>et al.</i> , 1996; Yeh <i>et al.</i> , 1997; Wada <i>et al.</i> , 1998; Wozney and Rosen, 1998; Chen <i>et al.</i> , 2001; Reddi, 2001)
Epidermal growth factor (EGF)	Stimulates chondrocyte proliferation while decreasing the ability of cells to synthesize matrix components	(Caplan and Boyan, 1994)
Basic fibroblast growth factor (bFGF)	Mitogenic effects on cells from the mesenchymal lineage. Promotes proliferation and inhibits differentiation. Involved in fracture repair	(Pitaru et al., 1993; Caplan and Boyan, 1994; Lockin et al., 1999; Mundy, 2000)
Insulin-like growth factor (IGF)	Enhances osteoblast activity and chemotaxis, type I collagen production, decreases collagen degradation, stimulates growth in various cell types and blocks apoptosis. Induces bone formation. Enhances VEGF expression in osteoblasts	(Goad e <i>t al</i> ., 1996; Mundy, 2000; Meinel <i>et al.,</i> 2001)
Platelet-derived growth factor (PDGF)	Potent mitogen and chemotactic factor for cells of mesenchymal origin. Anabolic action on bone formation <i>in vivo</i>	(Kim and Valentini, 1997; Hsieh and Graves, 1998; Park <i>et al.</i> , 2000)
Transforming growth factor- β (TGF β)	Mitogenic and chemotactic effects; increase in collagen and extracellular matrix synthesis. New bone formation. Involved in fracture repair. May promote osteoclast apoptosis. Overexpression leads to osteoclast-mediated resorption. Potent inhibitor of terminal differentiation of epiphyseal plate chondrocytes	(Marcelli et al., 1990; Centrella et al., 1994; Erlebacher and Derynck, 1996; Hugues et al., 1996; Kim and Valentini, 1997; Ripamonti et al., 1997; Duneas et al., 1998; Lockin et al., 1999; McCarthy et al., 2000; Mundy, 2000; Schmidmaier et al., 2003; Kahai et al., 2004; Li et al., 2005)
Hepatocyte growth factor (HGF)	Contributes to fracture repair by upregulating	(Imai et al., 2005)
Vascular endothelial growth factor (VEGF)	Induces vascularization	(Mohle <i>et al.</i> , 1996; Vu and Werb, 1998; Asahara <i>et al.</i> , 1999; Gerber <i>et al.</i> , 1999)
Calcitonin	Secreted by the thyroid gland. Controls the levels of calcium and phosphorous in the blood. When administered, inhibits bone resorption by decreasing the number of osteoclasts and their resorptive activities. Effectively inhibits the manifestations of metabolic bone disorders, such as Paget's disease and osteoporosis by frequent and relatively high dosage	(Overgaard and Christiansen, 1991; Lee and Sinko, 2000; Patton, 2000; Inzerillo <i>et al.</i> , 2002)
Melatonin	Increased proliferation of osteoblastic cells and increased procollagen type I c-peptide production. Augmented gene expression of sialoprotein and other bone marker proteins, e.g. alkaline phosphatase and osteocalcin in bone cells. Modifies bone remodelling after ovariectomy in close relation with estradiol	(Roth <i>et al.</i> , 1999; Ladizesky <i>et al</i> ., 2001)
Parathyroid hormone (PTH)	In low dose causes increase in bone density and cancellous/trabecular bone volume without impairing normal bone architecture and has a direct effect on recruitment/proliferation of osteoblasts	(Stewart, 1996; Morley <i>et al.</i> , 1997; Watson <i>et al.</i> , 1998; Mohan <i>et al.</i> , 2000; Patton, 2000; Rattanakul <i>et al.</i> , 2003; Schneider <i>et al.</i> , 2003)
Thyroxin	Thyroid hormone which stimulates osteoclastic bone resorption	(Buckwalter et al., 1996)
Cortisol Interleukin-6 (IL-6)	Influences PTH-responsiveness of bone. Inhibitor of the stimulatory effect of IGF-I Stimulates the differentiation of osteoclasts	(Ng and Heersche, 1978; Tam <i>et al.</i> , 1979; Chyun <i>et al.</i> , 1984) (Ishimi <i>et al.</i> , 1990; Migliaccio <i>et al.</i> , 1991)
	from haematopoietic precursors	

1 Table 1. (Continued)

Molecule	Role/effect on bone tissue	Reference
Interleukin-1 (IL-1)	Stimulates the effect of IL-6. Most potent inducer of bone resorption	(Gowen <i>et al.</i> , 1985a, 1985b; Hoffmann <i>et al.</i> , 1987; Hauschka, 1990)
Tumour necrosis factor (TNF)	Stimulates the effect of IL-6. Stimulates bone resorption and suppresses its formation	(Bertolini <i>et al</i> ., 1986; Bockman <i>et al</i> ., 1987; Canalis, 1987; Stashenko <i>et al</i> ., 1987)
Prostaglandin E2 (pE2)	Potentates the effect of IGF-I. Concentration-dependent actions (regulation of the expression of other molecules). Increases expression of BMP-7 (OP-1)	(Chyun and Raisz, 1982, 1984; Dewhirst <i>et al.</i> , 1987; Paralkar <i>et al.</i> , 2002)
Interferon- β (IFN- β)	Suppresses osteoclastogenesis and bone resorption	(Nakamura <i>et al</i> ., 2005)
Interferon- γ (IFN- γ)	Suppresses bone resorption induced by IL-1	(Nakamura et al., 2005)
Bi-phosphonates Etidronate	Considered stable analogues of pyrophosphate,	(Ezra and Golomb, 2000; Patton, 2000;
Clodronate	a physiological regulator of calcification and	Roschger et al., 2001)
Pamidronate	bone resorption. Decrease bone	
Ibandronate	resorption/increase bone mass	
Risedronate		
Zolendronate		
Tiludronate		
TH 529 Icadronate		
Olpadronate		
Neridronate		
EB-1053	Decreases the level of turner as an in fact of	(hurse et al. 2002)
1KK-300	Decreases the level of tumour necrosis factor alpha (TNF α) in the bone marrow of rats with	(Iwase et al., 2002)
	adjuvant arthritis	
Ipriflavone (Isoflavone)	Synthetic flavonoid derivative that improves	(Brandi, 1993; Civitelli, 1997; Perugini et al.,
	osteoblast cell activity inhibiting bone	2003)
Anthraquinones	Anti-inflammatory and anti-osteoclastic activity	(Savarino et al. 2005)
Vitamin D and analogueues	Regulates osteoblast differentiation by either	(Brandi, 1993; Drissi <i>et al.</i> , 2002)
<u> </u>	activating or repressing transcription of	
	numerous bone phenotypic genes. Increases	
TAK-778 [(2R AS)-(_)-N-(A-	IGF β levels TAK-778, a henzothienin derivative, increased	(Hoshino et al. 2000)
diethoxyphosphorylmethyl-phenyl)-1.2.4	1.5- cellular alkaline phosphatase activity, an index	
tetrahydro-4-methyl-7,8-methylenediox	y-5- of bone formation, in a culture of rat bone	
oxo-3-benzothiepin-2-carboxamide]	marrow stromal cells, and enhanced the action	
TP508 (thrombin pentide)	of BMP in mouse osteoplastic cell line MC313-E1	(Bietal 2001: Wang et al 2001 2002:
n soo (monsin peptide)	femoral fracture healing. Regulates BMP-2 and	Li et al., 2003; Sheller et al., 2004)
	-7 expression by human osteoblasts. Enhances	
testes en the de	bone formation	
indomethacin	round to innibit osteoclasts and to decrease the resorptive area	(Auachi et al., 1991)
Corticosteroids (glucocorticoids)	Excess generally associated with net bone loss,	(Heersche and Aubin, 1990)
	due to decrease in bone formation and increase	
Station	In bone resorption	(Mundy 2000)
3(a)(1)	reductase (rate-limiting step in cholesterol	(manay, 2000 <i>)</i>
	synthesis).	
0	Enhance transcription of BMP-2 in bone cells	
Uestrogen/testosterone	Deficiency results in high turnover of bone remodelling in which the accelerated hone	(Capian and Boyan, 1994; Kaye et al., 1997; Ladizesky et al., 2001; Sikavitcas et al., 2001)
	resorption and formation simultaneously occur.	Ludizesky et al., 2001, Sikavitsas et al., 2001)
	but with resorption exceeding formation.	
	Protective effect on bone tissue mass	
Trace elements		
Fluoride	Anabolic effects on bone, but has a narrow	(Simmons and Grynpas, 1990; Brandi, 1993; Mundy, 2000)
Strontium	Potential increase in bone mass	Manay, 2000)
Aluminium	Causes mineralization deficit by inhibiting	
	hydroxyapatite crystal formation. Interferes	
Boron Tin	locally with osteoblast maturation	
	magnesium metabolism. Interact with calcium	
	and other ions	
Zinc	Significant for coupling–uncoupling of the	
	remodelling process	

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1 with bone regeneration. PDGF plays an important role 2 in inducing the proliferation of undifferentiated cells in 3 mesenchymal tissues. It can enhance bone regeneration 4 in conjunction with other growth factors, viz. IGF, $TGF\beta$ 5 or BMP, but is unlikely to provide entirely osteogenic 6 properties itself (Schliephake, 2002). IGFs have an 7 important role in general growth and maintenance of 8 the body skeleton, and appear to integrate and extend the 9 effects of both BMPs and TGF β s (McCarthy *et al.*, 2000). Equally important is VEGF, which couples ossification 10 11 and angiogenesis during bone formation (Gerber et al., 12 1999; Street et al., 2002). BMPs are thought to have their 13 major effects on early precursor bone cell replication and osteoblast commitment. In contrast, TGF β s are thought 14 15 to be the most potent inducers of committed bone cell replication and osteoblast matrix production (McCarthy 16 17 et al., 2000).

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¹⁹ 2.1.1. Bone morphogenetic proteins

21 Growing interest in the clinical use of BMPs as means 22 of promoting bone formation has led to extensive 23 studies on this group of growth factors. In brief, BMPs are hydrophobic, low molecular weight, dimeric 24 molecules with two polypeptide chains held together 25 by a single disulphide bond (Ozkaynak et al., 1990; 26 27 Wang et al., 1990; Reddi, 2001). The name stems from 28 the demonstration of a hydrophobic non-collagenous glycoprotein that induced mesenchymal-type cells to 29 differentiate into a spherical ossicle with a medulla 30 31 containing haematopoietic bone marrow (Urist et al., 32 1979).

This family of secreted growth factors forms a subgroup 33 of molecules within the transforming growth factor-34 β (TGF β) superfamily. The history of BMP evolved 35 from observations of allogenic bone matrix-induced 36 cartilage and bone development in mammalian species. 37 38 In embryogenesis, BMPs appear to be omnipresent, being 39 observed in nearly all developing visceral and somatic organs (Urist, 1997). At least two distinct pathways 40 mediate BMP signalling: the •Smad pathway and the 41 mitogen-activated protein kinase (MAPK) pathway (Yoon 42 43 and Lyons, 2004). 44

45 2.1.2. Platelet-derived growth factor

Effects by platelet-derived growth factors (PDGFs) are 47 generally limited to situations associated with inflamma-48 tion and repair (McCarthy et al., 2000). However, PDGFs 49 have been shown to be involved in the chemotaxis of 50 osteoblast precursors to the site of bone regeneration 51 (Mundy et al., 1982; Hsieh and Graves, 1998). In vitro, 52 they have been shown to stimulate migration and to 53 increase the proliferation rate of osteoblasts, reducing 54 55 alkaline phosphatase activity and inhibiting bone matrix 56 formation (Centrella et al., 1989, 1991; Hock and Canalis, 1994). 57

58 There are three isoforms, characterized by the com-59 bination of A- and B-chains, featuring two homodimeric

(PDGF-AA and PDGF-BB) and one heterodimeric isoform 60 (PDGF-AB) (Hock and Canalis, 1994; Rydziel et al., 61 1994). PDGF-BB and PDGF-AB are systemically circulat-62 ing isoforms contained in α -granules of platelets, whence 63 they are released after adhesion of platelets to injured 64 sites of vessel walls, whereas PDGF-AA is secreted by 65 unstimulated cells of the osteoblastic lineage (Canalis 66 et al., 1992; Rydziel et al., 1994). 67

The biochemical effects of the different isoforms appear 68 to be graded according to their binding characteristics 69 to the surface receptors. In osteoblast-enriched environ-70 ments, receptors that favour binding of PDGF-BB chains 71 72 preferably mediate these effects (Centrella et al., 1991). 73 PDGF may thereby contribute to recruitment of bone 74 cells during remodelling and repair, as it is deposited 75 in bone matrix, from where it is released during matrix degradation (Fuiji et al., 1999). 76

The effectiveness of PDGFs on osteoblasts is rapidly 77 modulated by inflammatory cytokines, causing changes 78 in specific PDGF receptors (McCarthy *et al.*, 2000). The 79 activated receptors lead to activation of the MAPK 80 cascade, resulting in the transcription of important genes 81 related to bone formation (Schlessinger, 1993). 82

2.2. Corticosteroids

Corticosteroids are a class of steroid hormones that are 87 produced in the adrenal cortex. They are involved in 88 a wide range of physiological systems, such as stress 89 response, immune response and regulation of inflamma-90 tion, carbohydrate metabolism, protein catabolism, blood 91 electrolyte levels, and behaviour. This class of molecules 92 is often used as part of the treatment for a number of 93 different diseases, such as severe allergies or skin prob-94 lems, asthma or arthritis. Within corticosteroids there 95 are mineralocorticoids and glucocorticoids, and a brief 96 description of the latter follows. 97

2.2.1. Glucocorticoids

Glucocorticoids such as cortisol control carbohydrate, fat 101 and protein metabolism and are anti-inflammatory by 102 preventing phospholipid release, decreasing eosinophil 103 action and a number of other mechanisms. 104

Physiological amounts of glucocorticoid tend to have 105 permissive effects on •osteoblasts45. However, either 106 when endogenously in excess or when administered 107 exogenously, glucocorticoids lead to a dramatic decrease 108 in bone mineral density. Whereas chronic glucocorticoid exposure suppresses bone formation and disrupts 110 resorption and the bone remodelling cycle, major detri-111 mental effects on the skeleton occur from a decrease 112 in osteoblast replication, bone matrix protein synthesis, 113 marked decrease in osteoblast gene transcription and 114 skeletal tissue loss (McCarthy *et al.*, 2000; Kumar, 2001). 115 Pharmacological doses of the glucocorticoids cortisol 116 and dexamethasone directly lower basal IGF-I expression 117 (McCarthy *et al.*, 1990), and *in vitro* studies have revealed 118

that high excess glucocorticoid suppresses the expres-2 sion of IGF-I and the type TGF β receptor (TGF β RI•) by 3 osteoblasts, consistent with decreases in specific aspects 4 of osteoblast function (McCarthy et al., 2000).

5 Dexamethasone is a synthetic member of the glucocor-6 ticoid class of hormones. It acts as an anti-inflammatory 7 and immunosuppressant, with potency about 40 times 8 that of hydrocortisone (Barnes and Adcock, 1993; Almawi 9 et al., 1998; Saklatvala, 2002). In vitro, dexamethasone 10 has been employed as a differentiation agent for bone 11 marrow cells to progress into the osteoblastic lineage 12 (Maniatopoulos et al., 1988). Within this last role, strate-13 gies employing the incorporation of dexamethasone in polymeric materials to be used as carriers for the differ-14 15 entiation of cells into the osteoblastic lineage have been described in the literature (Silva et al., 2005), which con-16 17 fers on dexamethasone a highlighted role in bone TE 18 approaches.

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3. Materials in particulate form: 21 22 towards bone TE 23

24 In recent years there has been interest on the fabrication 25 of 3D systems using a microsphere-based approach 26 for a TE scaffold possessing a porous interconnected 27 structure (Devin et al., 1996; Botchwey et al., 2001), 28 with the incorporation of ceramics to control the 29 mechanical properties of the sintered scaffold (Borden 30 et al., 2002a, 2002b). This is an extremely interesting 31 strategy, as it provides a potential to overcome normally 32 encountered problems associated with porosity of the 33 scaffold. Additionally, with particle-based systems shaped 34 as scaffolds, the surface area for more chemical and 35 biological reactions to take place is greatly increased 36 (Mushipe et al., 2002).

37 The formation of 3D scaffolds from materials in 38 particulate form creates the potential for these systems 39 to be used either in an acellular strategy (implanting 40 of the scaffold and colonization of it by surrounding 41 cells) or combining it with cells in vitro, creating a 42 hybrid cell-material construct. Simultaneously, these 43 scaffolds can also be used as delivery systems, having a 44 multifunctional purpose - support and release of bioactive 45 agents - enhancing the regenerative potential of the 46 system.

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3.1. Microparticle-based systems in 3D scaffolds 49 50

Materials in particulate form in bone applications have 51 as first examples the filling applications of ceramic 52 particulate materials. Schepers et al. (1991, 1993) and 53 54 Schepers and Ducheyne (1997) described the ability of 55 bioactive glass particulates within a narrow size range to act as fillers for bone lesions. When implanted in the jaws 56 of beagle dogs, the particulates were capable of acting 57 as nucleation sites for further bone repair, eliciting bone 58 tissue formation throughout 5 mm defects in the beagle 59

mandible as soon as 1 month after implantation (Schepers 60 et al., 1991, 1993; Schepers and Ducheyne, 1997). 61

However, as cells in the body grow in three dimensions, 62 anchored onto a network of extracellular matrix, a scaffold 63 is needed to recreate the 3D environment (Yu et al., 64 2004). Classical examples of materials shaped for bone 65 tissue engineering involve 3D porous structures obtained 66 by conventional processing methods that, in an conductive 67 68 approach, are implanted at an injury site and allow progenitor cells from the surrounding tissue to populate 69 the wound site (Nof and Shea, 2002). 70

Given that porosity, pore size and interconnectivity are 71 72 very important parameters for the success of a bone 73 TE system, the strategy based on µm-sized particles 74 for fabrication of 3D scaffolds seems to be promising, 75 as a means of achieving more control over the above 76 parameters. So far, the following strategies have been 77 studied to fabricate scaffolds from materials in particulate 78 form: 79

- Combining particulate materials with gels/glues. In 80 bone reconstruction, the combination of particulate 81 ceramics and fibrin glue may result in the synergy 82 of their properties, as the physical properties of the 83 composite can be enhanced. The initial stability of 84 the ceramic-fibrin glue composite may be achieved 85 through its adaptation and adhesion to the walls of 86 the bone defect. The biological properties might also 87 be enhanced due to fibrin, which acts positively on 88 angiogenesis, cell attachment and proliferation (Le 89 Nihouannen et al., 2006). The problem associated with 90 this type of approach is the lack of porosity. Although 91 cell adhesion would be greatly enhanced by fibrin glue, 92 the penetration of cells into the interior of the scaffold 93 is limited by this lack of porosity. 94
- Dispersing microparticles within ceramic phases for 95 posterior creation of porosity. Other strategies have 96 focused on dispersing microparticles within ceramic 97 phases, where the rationale for this is that the 98 microspheres will initially stabilize the graft but can 99 then degrade to leave behind macropores on the 100 calcium phosphate cement (CPC) for colonization by 101 osteoblasts. The CPC matrix could then be resorbed 102 and replaced with new bone (Simon et al., 2002). 103 This relies on the degradation of the microparticles, 104 which depends greatly on the material from which the 105 microparticles are produced, as well as the implant 106 site. It creates difficulties for osteblast colonization, 107 particularly to the inner areas of the scaffold, as the 108 particles might not degrade as fast as necessary to 109 avoid the failure of the implant. An interesting way of 110 overcoming these problems might be the incorporation, 111 within the matrix of microparticles, of enzymes that 112 can degrade them and thus speed the process of pore 113 formation, as described by other researchers (Martins 114 et al., 2004a, 2004b). 115
- Incorporating polymer microspheres with polymeric 116 scaffolds. This approach permits the incorporation 117 of growth factor-containing polymeric microspheres 118

during polymer scaffold fabrication (Meese et al., 1 2 2002). The basic principle of this approach is to 3 transiently protect the microspheres with a water-4 soluble coating that resists the organic solvents used during scaffold fabrication. The incorporation of 5 6 microspheres in scaffolds not only allows the protection 7 of the growth factor during fabrication of the scaffold, 8 but also allows the scaffold to provide both structural 9 support and controlled release properties.

Sintering microspheres together. The previous app-10 • roaches have paved the way for the use of microparticles 11 as scaffolds. Microparticles can be used to form 3D 12 13 scaffolds by utilizing the heating energy of a laser beam to sinter polymer microparticles, allowing the 14 fabrication of 3D scaffolds with a controlled architecture 15 and a fully interconnected network (Botchwey et al., 16 2001; Ciardelli et al., 2004; Yao et al., 2005). By 17 18 modifying processing parameters, such as sphere diameter and heating time, it is possible to tune the 19 properties of the scaffold. It was found that increased 20 microsphere diameter resulted in decreased modulus, 21 as well as a positive correlation between sphere 22 diameter and pore diameter (Borden et al., 2003). 23 24 Heating time modifications showed that compressive modulus was dependent on the period of heating, 25 with longer heating times resulting in higher moduli, 26 while the heating time did not affect the pore structure 27 (Borden et al., 2003). These scaffolds can be further 28 29 tested, not only in static but also in dynamic conditions, such as those found in bioreactors. 30

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32 3.2. Microparticle-based systems in hybrid 33 cell-material constructs

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35 Materials in particulate form have been used for
36 combination with cells in two main approaches: the
37 encapsulation of cells for site-specific delivery, or the
38 combination of scaffolds and cells in hybrid constructs in
39 *in vitro* approaches.

40 Examples of the former include the encapsulation of specific quantities of cells together with bioactive glass 41 into alginate beads (Keshaw et al., 2005). Alginate beads 42 43 have been extensively used for the encapsulation of 44 several cell types (Shoichet et al., 1996; Chandy et al., 45 1999; Papas et al., 1999; Lu et al., 2000; Read et al., 2001; Orive et al., 2003; Zimmermann et al., 2005). 46 The study in question (Keshaw et al., 2005) showed 47 that the encapsulated cells remained viable and secreted 48 significantly more VEGF compared with beads containing 49 no glass particles. This demonstrates that cells can be 50 encapsulated for delivery and with the appropriate stimuli 51 (here conferred by bioactive glass) can serve at the same 52 time as the delivery vehicles for growth factors. With 53 further optimization, this technique offers a novel delivery 54 55 device for stimulating therapeutic angiogenesis, the lack of which in bone TE has been regarded a contributory 56 factor for implant failure (Keshaw et al., 2005). 57

Temporary encapsulation of cells in microparticles mayprotect the cells from short-term environmental effects,

such as those associated with the delivery to the regen-60 eration site. To overcome certain problems encountered 61 in cell therapy, particularly cell survival and lack of cell 62 differentiation and integration in the host tissue, Tatard 63 et al. (2005) developed pharmacologically active micro-64 carriers (PAM). These biodegradable particles, made with 65 poly(D,L-lactic-coglycolic acid) (PLGA) and coated with 66 adhesion molecules, may serve as a support for cell culture 67 and may be used as cell carriers, presenting a controlled 68 delivery of active protein (Tatard et al., 2005). They can 69 thus support the survival and differentiation of the trans-70 ported cells as well as their microenvironment (Tatard 71 et al., 2005). 72

However, for bone applications, approaches that use 73 the materials in particulate form, not only to deliver and 74 temporarily protect the cells, seem to be more adequate, as 75 they can also provide structural support while necessary. 76 Ceramic materials, such as hydroxyapatite particles (both 77 dense and microporous), have been evaluated both 78 in vitro and in vivo as carriers in an injectable tissue-79 engineered bone filler (Fischer *et al.*, 2003). After seeding 80 and culturing goat mesenchymal progenitor cells on the 81 different types of particles, several layers of cells and 82 ECM held the particles together in a 3D arrangement. 83 The subcutaneous implantation of the constructs (with 84 individual particle size of 212-300 µm) in nude mice 85 revealed abundant bone formation by 4 weeks (Fischer 86 et al., 2003). 87

An important issue in bone TE concerns the possibility 88 of limited tissue ingrowth in TE constructs because 89 of insufficient nutrient transport (Yu et al., 2004). To 90 overcome such limitations, Ducheyne and co-workers 91 (Qiu et al., 1998, 1999, 2000, 2001) envisioned a strategy 92 using the HARV bioreactor and microcarriers to engineer 93 constructs that could be used for bone TE purposes. 94 In a first approach, the authors used bioactive glass, 95 Cytodex-3 beads and rat stromal cells for assessing 96 the feasibility of culture using a HARV bioreactor (Qiu 97 et al., 1998). It was observed that 3D multicellular 98 aggregates consisting of multiple cell-covered Cytodex-3 99 microcarriers bridged together, as well as mineralization 100 taking place, and the expressions of alkaline phosphatase 101 activity, collagen type I, and osteopontin were shown (Qiu 102 et al., 1998). The authors further developed bioactive 103 ceramic hollow microspheres with an apparent density in 104 the range 0.81.0 g/cm³ as microcarriers for 3D bone 105 tissue formation in rotating-wall vessels (RWV). Cell 106 culture studies using rat bone marrow stromal cells and 107 osteosarcoma cells showed that the cells attached to and 108 formed 3D aggregates with the hollow microspheres in a 109 RWV. Extracellular matrix was observed in the aggregates 110 (Qiu et al., 1999). Similarly, polymer-glass-ceramic 111 composite microspheres, composed of modified bioactive 112 glass (MBG) powders in a polylactic acid (PLA) matrix, 113 were shown to possess adequate properties for bone TE 114 purposes (Qiu et al., 2000). Yu et al. (2004) have used a 115 similar approach, but mixing lighter-than-water (density 116 <1 g/ml) and heavier-than-water (density >1 g/ml) 117 microspheres of 85:15 poly(lactide-co-glycolide) and 118

1 constructing the scaffold prior to cell seeding by sintering 2 of the microspheres. When rat primary calvarial cells were 3 cultured on the scaffolds in bioreactors for 7 days, the 3D 4 dynamic flow environment affected bone cell distribution 5 and enhanced cell phenotypic expression and mineralized 6 matrix synthesis within the tissue-engineered constructs, 7 compared with static conditions (Yu et al., 2004). It has 8 been found that with the stress stimulation inside the 9 fluid in the RWV, the active expression of ALP can be 10 increased and the formation of mineralized nodules can 11 be accelerated (Song et al., 2004). These studies show

12 that 3D fabrication of engineered bone seems an adequate

- 13 strategy.
- 14 15

16 3.3. Microparticle-based systems as scaffolds17 and carriers for bioactive molecules

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19 By far the major field of application of particle-based 20 systems (in both the micro- and the nano-range) is as 21 drug delivery systems, as described in detail in the first 22 part of this review (Silva *et al.*, 2006). Their small size 23 but high surface area renders them attractive for a whole 24 range of applications, including bone TE.

In bone tissue regeneration, the use of conductive 25 scaffolds in combination with the delivery of bioactive 26 factors to direct cellular responses and subsequent 27 tissue formation is a very attractive strategy to enhance 28 regeneration (Nof and Shea, 2002), but parameters such 29 as instability and rapid clearance (short plasma half-life) 30 of these molecules after in vivo bolus delivery have led 31 to the need for advanced vehicles for localized release 32 (Baldwin and Saltzman, 1998; Li and Wozney, 2001; 33 Norton et al., 2005). The physicochemical properties 34 of many peptides and proteins make their entrapment 35 difficult, because inactivation is possible during their 36 incorporation (Couvreur and Puisieux, 1993). Stability, 37 solubility and sensitivity to light, heat, moisture and pH, 38 intermolecular interactions following co-precipitation or 39 gelling, and adsorption and interaction with excipients 40 are parameters that should be investigated in order to 41 succeed in producing a stable association of peptides with 42 particle-based systems (Couvreur and Puisieux, 1993). 43 While encapsulation of peptides and small molecules into 44 biodegradable microspheres can be achieved using several 45 techniques and with different polymers, the encapsulation 46 of proteins still poses major difficulties with respect 47 to obtaining 'infusion-like' or continuous-release profiles 48 with minimal initial burst and sufficient protein loading 49 within the microspheres (Kissel et al., 1996; Morlock 50 et al., 1998). 51

Drug delivery systems for bone applications have 52 been mainly focused on 3D porous scaffolds processed 53 by conventional techniques, which present additional 54 difficulties, due to the possibility of destroying the 55 56 bioactive agent. Some researchers have focused on the incorporation of microparticles loaded with bioactive 57 agents into 3D scaffolds, in an attempt to protect the 58 bioactive agent and still maintain the 3D structure 59

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of the scaffold, as described by Mikos and co-60 •workers, which have added poly(D,L-lactic-co-glycolic 61 acid)/poly(ethylene glycol) (PLGA/PEG) microparticles 62 loaded with the osteogenic peptide TP508 to a mixture 63 of poly(propylene fumarate) (PPF), poly(propylene 64 65 fumarate)-diacrylate (PPF-DA) and sodium chloride (NaCl), for the fabrication of PPF composite scaffolds 66 that could allow for tissue ingrowth as well as for 67 the controlled release of TP508 when implanted in an 68 orthopaedic defect site (Hedberg et al., 2002). Other 69 authors have used a 3D chitosan scaffold, which was 70 combined with transforming $TGF\beta1$ -loaded chitosan 71 microspheres (Lee et al., 2004a). 72

However, the incorporation of bioactive agents into 73 µm-sized systems and using them simultaneously as 74 scaffolds and release systems seems an extremely 75 interesting alternative. Examples include the use of 76 dextran-derived materials, which possess hydrophilic 77 properties and the ability to control drug disso-78 lution and permeability. Dextran-glycidylmethacrylate 79 (Dex-GMA)/poly(ethylene glycol) (PEG) microspheres 80 with entrapped recombinant human bone morphogenetic 81 protein-2 (rhBMP-2) showed full preservation of its bio-82 logical activity. rhBMP-2 microspheres have good biolog-83 ical effects on cultured periodontal ligament cells, and 84 could achieve a longer action time than concentrations 85 of rhBMP-2 solution. These properties make those micro-86 spheres interesting osteoconductive BMP carriers, allow-87 ing the amount of implanted factor required for tissue 88 regeneration to be decreased (Chen et al., 2005, 2006). 89 Similarly to BMPs, insulin-like growth factor I (IGF-I) 90 exerts an important role during skeletal growth and bone 91 formation. Therefore, its localized delivery appears attrac-92 tive for the treatment of bone defects. To prolong IGF-I 93 delivery, this molecule was entrapped into biodegradable 94 poly(lactide-co-glycolide) microspheres and the system 95 evaluated in two defect models of ovine long bones, a 96 metaphyseal drill hole and a segmental tibia defect. New 97 bone formation was observed within 3 weeks in the drill 98 hole and bridging of the segmental defect within 8 weeks. 99 The authors showed that the IGF-I delivery system down- 100 regulated inflammatory marker gene expression at the site 101 of bone injury, induced new bone formation and reduced 102 bone resorption (Meinel et al., 2001). 103

Other approaches try to combine further properties 104 within a single system, such as the one in which *in situ* 105 hardening composites are formed, based on an alginate 106 hydrogel matrix formulated with β -TCP granules and 107 poly(lactide-*co*-glycolide) microspheres loaded with the 108 osteoinductive growth factor insulin-like growth factor 109 I (IGF-I) (Lee *et al.*, 2004b; Luginbuehl *et al.*, 2005). 110 This approach combines release properties, structural 111 support and a ceramic material with osteoconductive 112 properties for enhanced bone regeneration. Materials 113 such as collagen–chitosan composite microgranules were 114 fabricated as bone substitutes for the purpose of obtaining 115 high bone-forming efficacy. The microgranules have 116 the flexibility to fill various types of defect sites with 117 closer packing. The interconnected pores formed spaces 118

3 incorporated into the microgranules in order to improve 4 bone-healing efficacy. The TGF β 1-loaded microgranules 5 demonstrated a higher bone regenerative capacity in 6 rabbit calvarial defects after 4 weeks than the TGF β 1-7 unloaded microgranules (Lee *et al.*, 2006).

¹⁰₁₁ **4. Conclusions**

12 Bone repair has been the subject of intensive research. 13 Approaches in clinical use aim to regain function, using 14 materials that replace the damaged tissue rather than 15 regenerating it. Currently, the approach of research 16 regarding bone TE is to induce regeneration rather than 17 just functional repair. Thus, TE can now be simply defined 18 as the 'science of persuading the body to heal by its 19 intrinsic repair mechanisms' (Agrawal and Ray, 2001).

20 The complexity of skeletal tissues has been hindering 21 the development of an effective regeneration system. 2.2 Nevertheless, huge steps are being taken regarding the 23 use of progenitor/stem cells, adequate scaffold materials 24 and growth factors/bioactive agents. The combination in 25 a single system of such properties - structural support, 26 cell support and controlled release - is the way to go, and 27 materials in the particulate form have all the potential 28 needed for achieving such a goal. 29

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